

Kildarepost

YOUR **FREE** LOCAL NEWSPAPER

Thursday, August 29, 2019 www.kildarepost.com NEWS • ENTERTAINMENT • SPORT

KITCHENWORLD
 TEL: 045 409 020
 VISIT: kitchenworld.ie

VISIT OUR **NEWBRIDGE SHOWROOM**

Unit W8 D Tougher Business Park, Newbridge, Co. Kildare



SALE NOW ON
 UP TO 40% OFF SELECTED KITCHENS AND WARDROBES*

*TERMS & CONDITIONS APPLY. SEE IN-STORE FOR DETAILS

NEED A SKIP?

045 896 369

DOLLY SKIP HIRE
 "Service you can rely on"

NAAS FOCUS

Naas Special

Focus on continued growth in Naas: Retail and commercial growth, population increase, and more
 Pages 35 - 53



BUMPER SPECIAL ON THE COUNTY TOWN Pages 35-53

Biker injured in crash

By **Conor McHugh**

The busy R409 road between Caragh and Prosperous was closed for 18 hours yesterday after a two-vehicle collision.

Gardaí are investigating the incident which occurred near Mondello between a motorbike and a tractor on Tuesday night, August 27.

Both vehicles were travelling towards Prosperous at 11.20pm when the collision occurred.

The route was immediately closed and diversions were put in place for traffic.

A local eye witness and a garda source said that the motorcyclist was seriously injured.

Gardaí remained at the scene yesterday where a full forensic investigation was carried out.

The R409 road was later reopened to traffic yesterday afternoon.

Gardaí appealed for information from anybody who may have travelled the road at the time or who can assist with this investigation.

Meanwhile, summer months are

a busy time for tractors and agricultural machinery on the roads and gardaí and the Road Safety Authority (RSA) have previously advised all road users to be patient and to take extra care on their journeys.

The RSA also urged tractor drivers to ensure vehicles are fitted

with lights, reflectors and indicators and to be wary of road conditions such as low bridges, overhanging trees or overhead cables. In County Meath in late May, a motorcyclist aged 26 died from his injuries when his vehicle was in a collision with a tractor at Balrath Cross near Kells.

Naas 045 871771
 Maynooth 01 6288259

NAAS OIL . IE

McKenna Haulage Limited

SUPPLIER OF SAND, STONE, PEBBLE, SCREENED TOPSOIL & SITE CLEARANCE

© Derrymullen, Allenwood, Naas
 045 845839 / 045 845011
 info@mckennahaulage.ie
 www.mckennahaulage.ie



First Day at School



Nora and Kate enjoying their very first day at Scoil Bhríde in Kill yesterday — see page 19 for more. Picture: Aishling Conway



Every dog needs a licence

Purchase your licence **ONLINE**

or any **POST OFFICE**

Fee €20/year or €140/lifetime

Kildare County Council Tel.: 045 980588



www.licences.ie



Inside this week

- **New restaurant scoops national awards** Page 9
- **Back to School at Scoil Bhríde in Kill** Page 19
- **Special Focus on Naas** Pages 35-53
- **House and Home** Page 54



Plus all our regular weekly columns: Stylicious, Cookery, Motors, Sport, and more

Get back in the saddle with new bike scheme



Contact us

EDITORIAL

Rose Barrett O'Donoghue
News Editor / Multimedia Journalist
editor@kildarepost.com



Senan Hogan
Content Manager
senanhogan@kildarenow.com



Louise McCarthy
Senior Multimedia Journalist
louisemccarthy@kildarenow.com



Aishling Conway
Photographer
photos@kildarepost.com



COMMERCIAL TEAM

Anna Fortune
Commercial Manager
086 728 8898
anna.fortune@kildarepost.com



Cathryn Kelleher
Multimedia Account Manager
086 7288 778
cathryn.kelleher@kildarepost.com



Michael McHugh
Multimedia Account Manager
045 408 200
michael@kildarepost.com



GENERAL ENQUIRIES

Kildare Post
Unit WD5,
Tougher Business Park,
Newbridge, Co Kildare.
T: 045 408 200
www.kildarepost.com
www.kildarenow.com

Kildare Post Newspaper Kildare Now KildareNow
@KildareNowNews

The scheme is being promoted by Cycling Ireland which is the national governing body for cycling on the island of Ireland. With almost 30,000 members, 800 events and 450 clubs, cycling is one of Ireland's largest participation sports. Pictured are cyclists at the launch of the AXA Community Bike Rides. PICTURE BY:

Cycling Ireland has partnered with AXA Insurance to create AXA Community Bike Rides, an new programme that inspires people all over Co Kildare to get out on their bikes.

AXA Community Bike Rides are free social leisure rides for adults of all ages and abilities.

A trained Ride Leader will ensure your cycle is both safe and enjoyable. Participants can choose from 'Easy Going' or 'Challenging' rides meaning there is a distance and pace to suit everyone.

Participants can earn free rewards when they take part in AXA Community Bike Rides. Rewards include buffs, water bottles and technical t-shirts and you can claim your first reward after just 10 rides.

Safe environment

Speaking about the programme Matt McKerrow, Cycling Ireland CEO commented: "AXA Community Bike Rides are a fantastic way for new and

returning cyclists to enjoy the sport in a safe and supportive environment.

"We are looking forward to working with AXA to grow the AXA Community Bike Rides programme over the next 3 years and inspire even more people to enjoy the benefits of cycling."

AXA Community Bike Rides participant, Dermot Gaynor is encouraging people to sign up for a local ride: "It's great fun and a fantastic way to get regular exercise.

You don't have to be an accomplished cyclist to join in, once you are comfortable on the bike you will enjoy it.

Physical activity

Participants can benefit by increasing your physical activity, joining a social network and gaining confidence and competence. To find a ride near you visit www.axacommunitybikerides.com.

Kevin Cronin ELECTRICAL

- Rewires
- Fuseboard Upgrades
- Extra Sockets
- Security Lighting
- Outdoor Sockets & Garden Lighting



Fully insured for all your electrical needs

All areas covered
No job too big or small
SAFE ELECTRIC Registered Electrical Contractor

Contact Kevin on 087 2545568
Email kevincroninelectrical@gmail.com

Glennons Funeral Directors

Est 1996 NEWBRIDGE & Allenwood
Our Family Caring for Yours

PH: John Glennon - 045 860110
Jim O'Connor - 086 8093492
Patsy Denagher - 087 6957595
Ian Glennon - 086 8979456



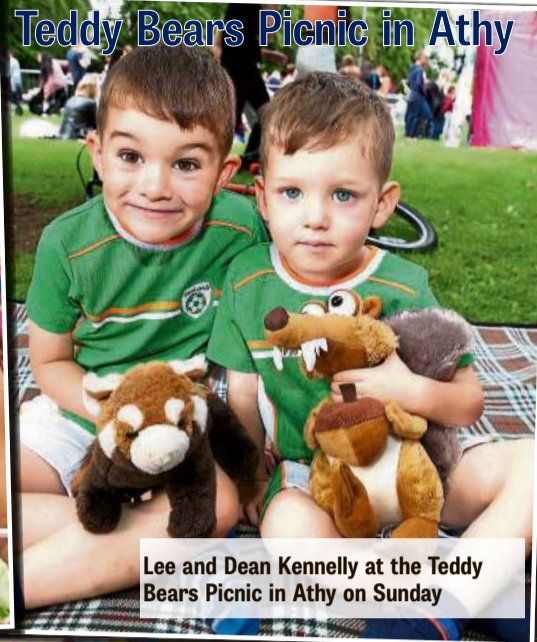
Complete Funeral Service - 24 HOURS 7 DAYS A WEEK
Servicing NEWBRIDGE - Milltown - Allenwood and Surrounding Areas
With new funeral home in Newbridge

Getting ready for Back to School



Mia Megjuani enjoying the Back to School Healthy Lunches display at Monread Shopping Centre, Naas on Saturday

Teddy Bears Picnic in Athy



Lee and Dean Kennelly at the Teddy Bears Picnic in Athy on Sunday



FIRST DAY at school: Emily with parents Stephen Moran and Sarah Perrin at Scoil Bhríde in Kill yesterday morning. All photos by Aishling Conway

CRIMEBRIEFS

Car stolen in Kildare town

Gardaí in Kildare town are appealing for information after a car was stolen from outside a home last week. It is understood that a home at Ruanbeg Manor in Kildare town was burgled between approximately 5am and 8am on the morning of Wednesday, August 21. The keys of a 2006 blue Volkswagen Golf were taken during the burglary and the car was subsequently stolen. Anyone who may have seen any suspicious activity in the area or who may have witnessed the car leave the area is asked to contact Gardaí in Kildare Town on 045 527 730.

contact gardaí in Prosperous.

Break-in at Johnstown home

A homeowner in the Johnstown area returned to their property last week to find it had been ransacked with cash stolen. The property located at St John's Grove in Johnstown was forcibly entered with a door damaged in the break-in which occurred on the evening of Thursday, August 22. The home was ransacked and cash was stolen. Anyone with information is asked to contact Naas Garda Station on 045 884 300.

Cash stolen in Prosperous

Gardaí in Prosperous are investigating after a significant amount of cash was stolen from a home recently. On Wednesday, August 21, a property in Downings, Prosperous, was broken into at around 7.15pm in the evening. It is understood that windows were also smashed by the culprits as they gained entry to the home. The culprits fled the scene with a significant amount of cash. Anyone with information is asked to

Gardaí warn homeowners not to leave cash at home

Kildare Gardaí are urging homeowners to not leave large amounts of cash in their property unattended due to several break-ins. Homeowners are being advised to leave their cash in a bank account rather than in their homes. People are also advised not carry significant amounts of cash on their person.

Charity car wash in Naas on Saturday

Naas firefighters will this weekend host a charity car wash at Naas fire station this Saturday, August 31, to raise funds for charity. Funds raised will go to Aoibheann's Pink Tie, the national children's cancer charity, which was set up in 2010 by Mick Rochford and Jimmy Norman following the tragic loss of Jimmy's eight-year-old daughter Aoibheann to cancer. Car owners

are asked to support the event between 10am and 6pm. Meanwhile, the Emergency Services Gala Concert is taking place this Saturday from 7.30pm in the National Concert Hall in Dublin. The event will be attended by the Garda Band, Pipes and Drums of the National Ambulance Service, the Sea of Change Choir, and much more. Tickets cost €20.

GILL SKIP-HIRE



Servicing: Dublin, Kildare, Offaly & Surrounding Areas

Mini, Midi, Standard & Maxi Available

4 Yard • 6 Yard • 8 Yard
10 Yard • 12 yard • 14 Yard

All Major Credit Cards Accepted

Grab Hire Available
Site Clearance Undertaken
Sand & Gravel Supplied
Very Keen Rates

NEED A SKIP? Call John 087-1905000



Contact John ☎ 087 1905000 / 087 1833253 / 046 9015624

✉ gillskiphire1@gmail.com

Meet new Rose of Tralee at Curragh where she will have race in her honour!

The newly-crowned Rose of Tralee will attend one of her first public engagements when she visits the final Summer Sounds event at the Curragh Racecourse tomorrow evening — where a race will be named in her honour.

Limerick Rose Sinéad Flanagan (27) will be very familiar with County Kildare as she was part of the group of 32 Irish and international Roses that toured the county for several days and visited attractions such as Castletown House and Kildare Village.

The eight-race card at the Curragh tomorrow will include the Rose of Tralee Apprentice Handicap at 7.20pm.

Racing will be followed by live music by 1980s tribute band Springbreak.

New Rose of Tralee Sinéad said she regards herself as a modern Irish woman and she praised the competition for showcasing all different types of people from different

backgrounds.

In her first interview on RTE's Morning Ireland, Sinéad said: "At those early stages in Limerick I thought it was just fantastic to be representing my locality and county."

"Obviously someone wins, and it's a fantastic year ahead, but I feel, for us, a lot of the prize is just being involved in the festival and the few fantastic weeks we have."

"We've just had such an amazing time the last ten days to two weeks. It's definitely a prize in itself."

Gates at the Curragh open at 3pm and the first race is at 4.20pm. Shuttle buses will run from Newbridge, Naas, Kilcullen, Monasterevin and Ballybrittas.

Kildare Rose

There wasn't a dry eye in The Dome on Monday night when Kildare Rose Emer Fogarty dedicated a deeply emotional version of The Parting Glass sing to her late father Mick, who passed away

aged 54 after a heart attack.

Psychologist Emer, who was the last Rose of the opening night on RTÉ One, spoke about how her father, a keen GAA man, died at a very young age and how her local community and friends from all over Ireland turned up to pay their respects at his funeral.

Speaking to host Dáithí Ó Sé, Emer said: "Dad passed away suddenly in 2016 and he was only 54, and I think like most people you don't expect it will ever happen to you."

"But we were fortunate: we have an amazing family and amazing support and I think that naturally gets you through it."

"We've always been involved in the GAA and one of the memories that really stands out at the funeral was when we entered the church behind the coffin"

"On either side of our car were players from all over Ireland who had links to our family and they had jerseys over their shoulders."



New Rose of Tralee Sinéad Flanagan on stage in The Dome after she was announced as the 2019 winner on Tuesday night



Weatherseal Insulation Ltd.
Johnstown Business Centre,
Johnstown, Naas, Co. Kildare

SAVE UP TO **40%**
ON HEATING COSTS

- WARM COSY HOME
- REDUCE HEATING BILLS
- IMPROVE BER RATING
- ALLOWS ROOF TO BREATHE
- CERTIFIED TO IRISH REGS
- GRANTS AVAILABLE



SPRAY FOAM YOUR HOME

Over 12,000 homeowners have trusted Weatherseal



T: 01 5143190 / 045 844 231
M: 086 0405758
E: info@weatherseal.ie W: weatherseal.ie



FREE ELECTRICAL RECYCLING DAY 2019

Naas

Naas Racecourse

Sat. September 7th 10am - 4pm



Any household waste electrical items, batteries or energy saving lightbulbs accepted, large or small! From Fridges to Phones, Laptops to Lawnmowers, Toys to Power Tools, and everything in-between, **WEEE recycle anything with a plug or battery!** Electrical, battery and lighting waste can also be recycled at your local authority recycling centres and other recycling points, visit weeireland.ie

Proudly Supported by Kildare County Council

Newbridge swim school trying to find new venue

A swimming school that ran classes for dozens of children in Spin Activity Centre in Newbridge said it has been forced to close due to circumstances out of its control.

However instructor Johanna Tilley-Rock (pictured) said she will continue to run courses for Swim Ireland and was working hard to find a new venue.

Spin Activity Centre, which employed 20 people, closed on Sunday last, telling staff and customers it had been unable to get adequate insurance cover up to that point to continue in business.

JTR Swim School, which operated out of the facility on Station Road in Newbridge, also said it was with "huge sadness" that it had to cease classes.

Operator Johanna Tilley-Rock said: "It is with huge sadness that we regret to inform all our swimmers and parents that as from Saturday, August 24, due to circumstances beyond JTR Swim School control, that Spin Activity Centre, will close their doors and therefore JTR Swim School will no longer have a building or a pool to work out of."

Johanna added: "As I only returned from holidays on Monday, this has all happened very fast."

"JTR Swim School has been well and truly put on the map and our reputation as a leading swim school was going from strength to strength."

"We would like to thank particularly parents and schools, for their commitment in allowing us to reach our goal, to improve the standard of swimming in our children."

Spin Activity Centre offered rollerskating, swimming in a 20-metre pool, dance and fitness-based activities.

In a statement, Spin Activity Centre said that due to an inability to get a renewal on its insurance policy, it would close "while it continued to try and source alternative cover." It said it continued to try and source cover "but the closest we have come so far is 'a possibility of cover' at a price of approximately €100,000 per annum, which is more than four times what we have been charged to date." It has been seeking insurance for the last six weeks.



Johanna Tilley-Rock

Fianna Fáil Kildare South, TD, Fiona O'Loughlin has criticised the Government for its lack of action on tackling the rising costs of insurance saying small businesses up and down the country have been crippled by massive increases.

It has been told that its insurer for the last three years, Leisure Insure, along with a number of other leisure insurance providers, have now completely withdrawn from the Irish leisure market.

"Despite already paying very high premiums for the last three years and not having a single claim on our policy over

that period we have not been able to secure a single quotation for insurance to date," added the company.

While it is not legally a requirement for it to have a policy in place it said it would be "irresponsible and possibly even negligent for us to trade while we don't have a policy in place."

It said: "We are extremely saddened and frustrated by the current leisure insurance situation here in Ireland especially having spent the last three years building a business here within the Newbridge community and we are working hard to try and minimise the impact of the current situation."

HAVE YOU A STORY OR A SALES QUERY?

Kildare Post
River Media Unit WDS,
Tougher Business Park,
Newbridge, Co Kildare

TELEPHONE:
045
408 200

HAVE YOU A STORY OR A SALES QUERY?

Kildare Post
River Media Unit WDS,
Tougher Business Park,
Newbridge, Co Kildare

TELEPHONE:
045
408 200

LAST OF THE SUMMER FUN!

JOIN US AT WHITEWATER FOR TWO WEEKENDS OF ENTERTAINMENT AND FUN FOR ALL THE FAMILY!

SATURDAY 31st
AUGUST, 2-5 pm

FLOWER CROWN CRAFTS
JAZZ BAND
FACE PAINTING

SUNDAY 1st
SEPTEMBER 2-5 pm

MAGIC SHOWS
HONEYDEWS SWING BAND
POUND FIT DANCE

SATURDAY 7TH
SEPTEMBER, 2-5 pm

ZUMBA FOR KIDS
LIVE PIANIST

SUNDAY 8TH
SEPTEMBER, 2-5 pm

SHELDON'S BIRTHDAY PARTY
KIDS DISCO
SLIME WORKSHOP
FAMILY SHOW



White Water Shopping

Designated Local Area Hackney Service

Looking for a way to add to your income and provide a part-time service to your community?

NTA is offering a grant to operate a **localised licensed hackney** service in 15 areas nationwide.



This one-year pilot scheme will help advise NTA's future local transport plans.



This grant is aimed at rural areas where a full-time taxi or hackney service is not feasible.

This service may not replace or displace current drivers.

Grant funding of €6,000 is now available for one local area hackney service in the Kilberry area, Co. Kildare.



To apply, you and your vehicle must meet specific criteria set down in the Taxi Regulations.

Please read all the information, terms and conditions by visiting www.DLAH.ie

For further information, call the SPSV Information Line on 0761 064 000 or your Local Link Kildare, South Dublin office on 045 980 281.

Applications must be received by September 30th 2019



Newly-refurbished pool opens at K Leisure Athy



Kim O'Leary

K Leisure in Athy undertook a major refurbishment project on its swimming pool this summer, and the new-look pool opened to the public at the start of this week.

A spokesperson for K Leisure said: "We are happy to announce that we have completed the project in the two month schedule, and reopened to members and the public on Monday.

"In addition to retiling the swimming pool, we have

retiled the changing area, and renovated the showers, bathrooms and accessible shower room and changing cubicles."

K Leisure thanked its members and guests for their patience during the two-week-long works at the pool in Athy.

The spokesperson added: "We hope you enjoy the new and improved facilities."

Kildare Sports and Leisure Facilities Ltd operates three facilities in the county: K Leisure Naas, K Leisure Athy and K Leisure Newbridge. The two K Leisure sites offer

swimming pools, fitness classes, state-of-the-art gyms, sauna and steam rooms. K Leisure Newbridge is a dry site, without a pool, but with wide range of training leisure facilities including an indoor hall, astro pitches and coffee dock.

These ultra-modern, multi award-winning clubs have activities for every level of ability and age. Facilities are available as membership or also as pay as you go.

All rates and information can be found online at www.kildareleisure.ie



JOHNSTOWN, NAAS, CO. KILDARE • 045 882 670 **OPEN: Mon-Thurs 10am- 5pm & Fri-Sun 10am-6pm**

THE PLAYBARN

Book your party today

From **€12** per child

LIMITED TIME ONLY (September 2019)

BACK TO SCHOOL PARTY DEAL €12 per child includes:

hot meal & unlimited juice for each child, return voucher for the birthday child, **FREE** party bags for each child, complimentary tea or coffee for the parents of the birthday child.



Children's Indoor Adventure Playground
www.theplaybarn.com

The Playbarn caters for children 0-12 years old by offering 3 age defined play frames for all to enjoy.

Birthday Parties
Our Party Packages are the Best Value Around!

Toddler Mornings
Only €5 comp. tea /coffee
School Tours

Parent's Corner TV & FREE WiFi • Barista Coffee at the Cafeteria • Fresh Food

JOHNSTOWN, NAAS, CO. KILDARE • 045 882 670 **OPEN: Mon-Thurs 10am- 5pm & Fri-Sun 10am-6pm**

SUMMER SOUNDS

LIVE RACING. LIVE MUSIC

AT
THE CURRAGH

FRIDAY 30th AUGUST

SPRING BREAK

TICKETS ONLY €15 SENIORS / STUDENTS, ADULTS €20

UNDER 18'S FREE WITH AN ADULT

WWW.CURRAGH.IE | ON THE GATE (3.30PM)

FREE SHUTTLE BUSES FOR 30th AUGUST

**KILDARE, NEWBRIDGE, NAAS, KILCULLEN
MONASTEREVIN, BALLYBRITTAS & PORTLAOISE**

Leaving Kildare & Newbridge Train Stations at

15:00, 15:35, 16:10, 16:45, 17:20, 17:55, 18:30,
19:05, 19:40, 20:15, 20:50, 21:25, 22:00

Newbridge Bus Stops:

Newbridge Train Station, White Water (Bus Eireann Stop),
The Curragh Racecourse

Kildare Bus Stops:

Kildare Train Station, The Silken Thomas,
The Curragh Racecourse

Last bus leaves The Curragh at 22:00.

Routes Take 35 mins (depending on traffic)

Portlaoise

Portlaoise - JSL Avenue
(Outside Laois Shopping Centre) – 1.45pm
Ballybrittas – The Final Furlong – 2.05pm
Monasterevin – Stacks Pharmacy – 2.20pm

Naas

Naas – Naas Post Office 2pm



Remediation works to commence immediately on closed road

Rose B O'Donoghue
editor@kildarepost.com



Monday last, August 26, saw the signing of the contracts between Kildare County Council and Coffey Construction Ltd for remediation works at the L6048 Coughlanstown Road (Ballymore Eustace to Kilcullen road).

The road was officially closed in August 2016 — three years to the day on Sunday last, after a small hole appeared on the surface. Kildare County Council then identified a 'slope failure' along the road above the River Liffey and officially closed the road, in the interest of public safety.

Initially, the cost of the reinstatement of the road was quoted as being in the region of €3-4m.

Deputy Martin Heydon, Chair FG Parliamentary Party, welcomed the signing of the contract and thereafter, the commencement to carry out slope remediation works at Coughlanstown.

Deputy Heydon met initially with residents in 2016 after a burst water main resulted in serious subsidence of the road foundation and adjacent river bank which forced the closure. Thereafter, he met with Kildare County Council and local residents every six

months to keep the pressure on for restoration works and to reinstate the road.

"While it has taken longer than expected" said Deputy Heydon. "I'm delighted that we are finally at the signing of the contracts."

Cllr Kelly, Mayor of Naas also welcomed the advancement of the project: "This is great news for residents in the Coughlanstown, Mullaboden and Dunhsane areas," she said. "I attended the signing of the contract yesterday, along with Peter Carey, CEO Kildare County Council, Niall Morrissey, Director of Roads and representatives from Coffeys. Remediation works to commence immediately and are expected to take 6 months with estimated costs €1.7m approximately."

Already, much of the surveying has been done in advance and residents are hopeful that the road will be reopened in the next six to 12 months.

One such resident is Mary Campbell, who lives with her family at Coughlanstown and found the duration of the road closure "unbearable".

"A round trip for us was a total of just over five kilometres, a straight drive in and back from the village. I used to go to Ballymore Eustace every day, was up to date with local news, loved shopping in the village at my leisure". Since the closure of

the L6048 on the Ballymore side, the family found themselves taking the round towards Kilcullen, turning onto the Mullaboden Road, which was in poor repair, and then onto the R411 Naas to Ballymore road.

"It's nearly 9.5kms round trip and gradually, we reduced our trips to Ballymore village to only one or two visits max a week. The forty-odd families affected from the Coughlanstown, Mullaboden, Harristown and Dunshane areas will welcome the re-opening of the road. I, for one, will be ecstatic when the road is restored, as we feel so alienated!"

Mary also noted how overgrown and wild the road edgings had become, and sadly, how it has been abused for fly tipping and illegal dumping.

"Shame to note even last Saturday's dumping had goods which could have been donated to a charity shop".

Works will include realignment of the River Liffey, slope re-stabilisation, road maintenance, and provision of a reinforced concrete wall in sections with stone cladding, etc.

Cllr Evie Sammon, a native of Ballymore Eustace who lives a mere 200 yards from the entrance to Coughlanstown Road stated she raised the slope remediation works at her



Back row, l-r Kathleen Finnegan A/SSO, Roads Dept.; Noel Fennelly EE, Roads Dept.; Jim Malone EE, Roads Dept.; John Coppinger SE, Roads Dept.; Rory Donnelly, Coffey Construction Ltd.; Brigitte Rea SEE, Roads Dept.; Niall Morrissey, Director of Services; Front, l-r Peter Carey, Chief Executive; Mayor of Naas, Cllr Carmel Kelly; Mark and Sean Coffey, Coffey Construction Ltd at the signing of contracts on Monday, 26 August last



Over the past three years, the road at Coughlanstown has been subject to regular fly tipping and illegal dumping

first meeting of the Naas Municipal District in July last, and received confirmation that work would begin before the end of September.

"With the granting of planning permission for 80 houses at lands accessed by the Coughlanstown Road, I

am delighted that we are finally at this stage. It's positive news for the village which badly needs more residential housing, for local traders and for local residents having ease of access to their village again." Kildare County Council stated: "This project was

designed by the Roads, Transportation & Public Safety Department in conjunction with O'Connor Sutton Cronin, Consulting Engineers, is important from an economic and local access perspective for Ballymore Eustace, Coughlanstown and the surrounding areas."

☆☆☆ **SUPERSTARS OF** ☆☆☆
WRESTLING
GREAT FAMILY ENTERTAINMENT

MOAT THEATRE NAAS
SUNDAY OCTOBER 13TH
DOORS 2.30PM / SHOW 3.00PM
TICKETS €13 - SUITABLE FOR ALL AGES - SEATING NUMBERED
BOX OFFICE: 045-88 3030 / WWW.MOATTHEATRE.COM

MEET THE WRESTLERS AFTER THE SHOW FOR FREE!

Anderson & Leahy

FUNERAL DIRECTORS

Henry Street, Newbridge

Family run business for 3 generations providing a professional & caring service to the people of Newbridge, Milltown, The Curragh, Suncroft & surrounding areas.

COMPLIMENTARY MEMORIAL CARDS ON THE DAY OF THE FUNERAL

Phone: 045 431742 (24/7) Daniel: 087 9560294
Michael 087 2545072 Seamus 087 7985240
www.andersonandleahyfuneraldirectors.ie
email: michaelleahyfunerals@eircom.net

Restaurant open since May picks up top national awards

Aimsir — the restaurant on the grounds of Cliff at Lyons that opened in May — won three awards at this week's 2019 Food and Wine Awards.

The awards ceremony in association with Rémy Martin was held at The Shelbourne in Dublin.

Aimsir, located near Celbridge, was highly commended in another two categories.

The restaurant is led by Cornwall-born chef Jordan Bailey, former head chef at three Michelin-starred Maaemo in Oslo, and his Danish front of house manager and wife Majken Bech-Bailey, along with a team of chefs, front of house staff, cocktail and drinks specialists and sommeliers.

Cathryn Steunenbergh, Aimsir's sommelier, won Sommelier of the Year at the



Awards.

Aimsir's chef Jordan Bailey also won Best Chef in Leinster, with the citation reading "The former chef at three Michelin-starred Maaemo in Norway, Jordan Bailey, opened Aimsir earlier this year and has been wowing visitors with his unique take on Irish food ever since."

Jordan Bailey was also Highly Commended as Rising Star of the Year and Majken Bech-Bailey was Highly Commended as Host of the Year at the awards ceremony

in The Shelbourne on Monday afternoon.

Jordan said: "We are delighted to have made such an impact at this year's Food and Wine Awards having only opened in May.

"I'm so proud and happy for the whole team, especially for Cathryn's brilliant win as Sommelier of the Year, and it's a lovely achievement to celebrate at these awards with the rest of our industry so soon after opening."

Hundreds of restaurants entered the 19th annual Food and Wine Awards.



Head Chef Jordan Bailey at work in the kitchen at Aimsir restaurant in Cliff At Lyons

PEUGEOT 5008 7-SEAT SUV

NOW AVAILABLE FROM STOCK



MOTION & EMOTION



PEUGEOT

CONLANS PEUGEOT, Rathangan, Co Kildare. Tel: 045 524345 Web: conlanspeugeot.ie

PEUGEOT RECOMMENDS TOTAL WLTP (Worldwide Harmonised Light Vehicle Test Procedure) combined fuel consumption (l/100km): 5.3 to 7.8. WLTP combined CO2 emissions (g/km): 141 to 175.

LOCAL
EVENTS

Fan pics from Eadestown v Sarsfields, Joe Mallon Renault SFC, Saturday, August 24 at St Conleth's Park

PHOTOS: Pat Tinsley



A little Sash man: Bubbly young Sash supporter Paddy Geraghty was thrilled with Sarsfield's win in the SFC last weekend



Sarsfield's Maor Uisce extraordinaire, Darragh Murphy, seems to be telling Brian Fogarty a tall tale about the one that got away...



Thirsty work for Moorefield Maor Uisce Cully Hayden



An anxious moment for young Sash supporter Joe Byrne



A big thumbs up for their team from dedicated Eadestown fans Grace and Louis Dowling with Misha McGee



A super smile from Sashette Molly Geraghty

Kieran Moore
Heating & Plumbing Ltd.

REGISTERED RGI GAS INSTALLER
OFTEC

We're a name that you can trust
With over 10 years experience working on heating and plumbing systems, you can be sure we will get the job done right - first time!

SERVICES

- General Plumbing
- Oil & Gas Boiler Servicing and Installation
- Renewable Heating Systems
- Bathroom Fitouts
- Disability Bathrooms
- Property Maintenance

T: 01 4853240 / 045 579027 M: 087 767 8238
E: plumbfast16@gmail.com W: mooreheatingplumbing.ie

LEINSTER SENIOR COLLEGE NEWBRIDGE

A centre of excellence for learning

Leaving Cert and Junior Cert grinds courses available at Leinster Senior College.

Commencing in September 2019.

For information on courses or to book a place, please call (045) 487 811 or visit the school website: www.leinsterseniorcollege.ie

Go to www.leinsterseniorcollege.ie for more information

DISCOUNT VOUCHER



1 HOUR BOWLING FOR €22

Ladytown Business Park, Naas, Co. Kildare
Tel: 045 408144 www.kbowl.ie Monday-Friday only
Offer expires 31st December 2019
Must show this voucher to avail of this offer. Max 6 players per lane.
Prebooking is advised. Cannot be used for group/part of a group booking.
Full T&C apply, details at reception. Not valid on bank holidays



Heard. Not seen.

Discover our range of
invisible hearing aids

If you think all hearing aids are big, beige and behind the ear then let bonavox show you what you've been missing!

Our range of CIC (Completely In Canal) and IIC (Invisible In Canal) hearing solutions look great and provide a very discreet way to help you hear better again. Custom made to fit your ear, you'll forget you're wearing them thanks to how comfortable they are, and their small size doesn't mean you have to compromise on performance either as they deliver a truly natural sound.

To hear how something so small can make such a big difference and to arrange a free hearing test, call in or phone us on 045 433983.

Please quote BX KP 03 when calling.

Moorefield Road, Newbridge, Co. Kildare W12 PN80
www.bonavox.ie



bonavox
hearing specialists

New documentary on the Irish Derby to air on Wednesday, September 4

Senan Hogan
editor@kildarepost.com



Set against the backdrop of relevant historical events in Ireland, the new

TG4 documentary *The Irish Derby — Níos Mó Ná Rása (More Than a Race)* captures the essence of one of Ireland's greatest sporting traditions, the

Irish Derby, from its humble beginnings in 1866 to becoming a top international race and attracting some of the leading racehorse owners

in the world.

With unique access to the Curragh racecourse, training yards, stud farms and rare archive footage, the fascinating one-hour documentary merges its colourful and inspirational past with its exciting future, through the new multi-million-euro redevelopment.

The programme will air at 9:30 pm, on Wednesday next, September 4, on TG4.

The programme explores the big turning points in the history of this iconic race including the great Orby, the first horse to win both the Epsom and the Irish Derby in 1907 and Joe McGrath's influence in the revitalisation of the race in 1962, when it became the richest race in the world.

It also showcases other giants of the turf that came and conquered such as Galileo, Nijinsky, Shergar, Windsor Slipper and some not as fortunate like Sir Ivor in 1968— but that defeat proved 'an ill wind can blow some good'.

Revealing accounts come from trainers Aidan O' Brien, Charles O' Brien, Dermot Weld, Jim Bolger, John Gosden, John Oxx, Joseph O' Brien and Michael Stoute, jockeys Frankie Dettori and Seamie Heffernan, former jockeys Lester Piggott, Michael Kinane and Pat Smullen and John Magnier Coolmore Stud to name but a few.

There are also significant sound bites from Vincent O' Brien. Renowned for its characters and celebrities, including show business legend Bing Crosby, this big day out at the historic Curragh racecourse is one of the most important dates on the social calendar. Former top fashion designer Ib Jorgensen played his part in the glamour stakes, by



Vintage photo of ladies at Derby Day, likely in the 1960s

making sure his clients didn't turn up in the same outfit.

The documentary was made with the support of the Broadcasting Authority of Ireland, and will air on Wednesday, September 4 at 9.30pm.



At the TG4 Irish Derby documentary launch, jockey Seamie Heffernan and former jockey Lester Piggott



Lester Piggott on Shergar after winning the Irish Derby in 1981 at the Curragh Racecourse. PICTURE: HEALY RACING



At the TG4 Irish Derby documentary launch, trainer John Oxx, former jockey Lester Piggott, trainer Jim Bolger and broadcaster Ted Walsh

A STEP TOWARDS YOUR FUTURE CAREER



Open Evenings

Your future is full of infinite possibilities! Whether you want to study Creative Digital Media, Business, Computing, Engineering, Horticulture or more, the courses you need are here at TU Dublin.

Take a big step forward on your career path and explore the possibilities at our Open Evenings:

TU Dublin - Blanchardstown
Wednesday 4th September
5pm - 7pm

TU Dublin - Tallaght
Thursday 5th September
4pm - 8pm

WEEKLY SPECIALS

MONDAY BEAT THE BLUES
and enjoy 10% off carvery

TUESDAY AVAILABLE ALL DAY!
enjoy a burger and
a pint of beer - €15

WEDNESDAY ONLY MEANS ONE THING...
WINGS!
2 wings, 2 chips, 2 drinks
€30 #datenight

THURSDAY ALL PINTS €4.50
available all day!

FRIDAY FRIDAY FEELING
gin of the week served with
club tonic €5

SATURDAY COCKTAIL O'CLOCK
All cocktails €8

SUNDAY FUNDAY
free kiddies Ice-cream with
every kids main course #yum



WHAT'LL IT BE?

OSPREY
BAR

Devoy Quarter, Naas | T 045 881111
info@osprey.ie | www.ospreyhotel.ie

T&C's apply and subject to change – Valid Aug - Sept

Out & About

PHOTOS: Aishling Conway

Teddy Bears Picnic in the People's Park, Athy, on Sunday, August 25



Garda Sean O'Mahony with Athy Promoters Group and the organisers of the Teddy Bears Picnic



Dean, Lee, Shannon, Deirdre and Ian Kennelly



Ruby and Molly Hughes



Keith, Jessica and Tommy Doherty with Melissa Whelan



Katie and Abbie Bambrick Mulhall



Katie Bambrick Mulhall and Simone Bambrick

Emerald Windows LTD

Caragh, Naas, Co. Kildare

T: +353 (0)45 879564

F: +353 (0)45 896454

W: www.emeraldwindows.ie

E: info@emeraldwindows.ie



- COMPOSITE DOORS
- CONSERVATORIES
- FRENCH DOORS
- PATIO DOORS
- SUNROOMS
- PORCHES
- UPVC WINDOWS
- ALUCLAD WINDOWS
- TIMBER WINDOWS

Call for
your **FREE**
QUOTE
today

Family run company established 35+ years.
We strive to ensure all our customers get the personal touch while ensuring we use top quality products.

**100's More
Offers
Instore**

HARDWARE HEAVEN

Where Prices Are Heavenly

(059) 86-23814 Crookstown Retail Park, Ballitore, Athy, Co. Kildare

CHECK OUT OUR WEBSITE WWW.HARDWAREHEAVEN.IE

 1kg Fast Grow Lawn Seed €8.99	 1lt Hammerite €19.99	 2 x 6w Fly/Wasp Killer €24.99	 5 Lt Roundup XL €49.99	 5lt sprayer €9.99	 6ft Heavy Duty Folding Table €49.99
 7.5lt Weathershield €29.99	 10lt Masonry Paint €32.99	 10w Slim Led Floodlight €6.99	 11lt Weathershield €44.99	 Chimney Clean Set €25	 100lt galvanized wheelbarrow €50
 Smoke Alarm & Battery €6.99	 Dirty Water Pump €60	 Dunlop Wellies €20	 Everyready Led Bulb €2.99	 Garden Cart €90	 Gripster Gloves 12 Pair €10
 Airer From €14.99	 Large Incinerator Bin €24.99	 Large Lined Log Basket €19.99	 Large Sash Truck €35	 Soft Sheen colours 2.5Lt €19.99	 Solar Dymmy Cctv Camera €10
 Solar Floodlight & Pir €24.99	 Spinning Mop Set €14.99	 16'' Fire Grate €14.99	 Timco Tub Wood Screws €12.99	 12pc Drain Rod Set €19.99	 5kg Peanuts €14.99

Open: Monday-Saturday 8.00am-6.00pm Sunday 12-5pm

Out & About

PHOTOS: Aishling Conway

Teddy Bears Picnic in the People's Park, Athy, on Sunday, August 25



Levi Maher Theresa Maher, Geraldine Murphy and Niamh O'Donnell



Kasia Pietrowska, Nikola Pietrowska, Jake Dalton, Alyssa Buckley, Naomi McHugh and Jason Buckley



Clara Rose Bolger



Isabelle Chapman and Georgie McHugh



Molly O'Keeffe, Cole Walsh O'Keeffe and Allyanna Mulhall



Sean Griffin

NEED A SKIP?

NEED MORE SPACE? SKIP THAT WASTE!



DOLLY SKIP HIRE

"Service you can rely on"

045 896 369 | www.DollySkipHire.ie

GONE MAD!! FOR AUGUST ONLY!

Over 65s get a **€25** one4 all voucher for getting their hearing checked.

BLACKBERRY
HEARING



Get your hearing checked by a qualified audiologist in a local clinic. Call our friendly Irish team today on **01 6978470** to book a FREE test!

Terms & Conditions: Offer applies to New Customers Only. Limited to 1 Voucher per Customer. Bookings to be made before August 31st 2019. Subject to availability.

Local Kildare clinics

Orchard Medical Centre, Celbridge - The Village Centre, Two Mile House, Naas.



Blackberry Hearing is Ireland's favourite hearing aid company! Who says so? Hundreds of our customers have taken the time to post positive comments on Facebook describing the life changing impact of Blackberry Hearing's aids. These validated testimonials may be viewed at www.blackberryhearing.com/testimonials.

As the only Irish owned nationwide supplier of hearing aids, Blackberry Hearing was founded in 2015 by John Ryan and Dave Gleeson. With already over 50 clinics nationwide, the company has grown quickly due its strong customer care philosophy, including:

- Transparent and affordable pricing. All prices and grant details are shared with you before you visit the clinic and prices start at an incredible €499 per aid with the grant.
- Friendly and professional staff. For example; our audiologists are highly qualified (BSc or MSc degree)
- The best products. For example; the Evoke 440 is the World's first smart" hearing aid and probably the world's most advanced hearing aid.
- Excellent Customer Care. For example; We offer guaranteed satisfaction or your money back and 4 years Free follow ups.

The customer comment below is an example of the hundreds of comments left on our Facebook page:

"The difference these made for me was night and day! An absolutely stellar difference. Truly, half the cost of anything remotely equivalent. Saving every cent for my pair! Thank you for hope."

Micheal O'Coinin

The picture shows the full team including the founders and general manager, the audiologists and the dedicated customer care team.



KWWSPCA ANNUAL WAG & BONE DOG SHOW

Sunday, 1 September at PuncHESTOWN Racecourse

Just a reminder that the KWWSPCA's Annual Fun Wag & Bone Dog Show will take place on Sunday, September 1, in the Parade Ring of PuncHESTOWN Racecourse. Registration starts from 1pm and the show starts at 2pm. Every type of dog is welcome, especially rescue dogs.

There are categories for all types of dogs and their owners, including Child with a Dog, Senior Citizen with a Dog, Waggiest Tail, Dog Most Like its Owner, Fanciest Female Dog and Handsomest Male Dog and there is also a High Jump Competition. Light refreshments will be served, there will be a barbecue and there will be a chance to buy books from our Book Stall and gifts for your dog from the Dog Product Stall.

Another cruelty case - Yvette

Yvette came into the care of the KWWSPCA last week from the Kildare Dog Pound. She is a small Jack Russell/Chihuahua cross, we



think, and she is heavily pregnant. Her pups are due in just a few days. She was found as a stray, having been abandoned by her owner, and because of her condition, the Pound let us take her straight into foster care, after being



Dumped and abandoned, pregnant Yvette

checked by the vets. She is a real sweetheart, although a little nervous and has become very attached to her foster mother, which is very understandable, given her condition.

Kitten of the Week - Marty

Marty is a super affectionate and playful male kitten. He has been litter trained and is used to living with dogs and other cats. He has been neutered, vaccinated, wormed and treated for fleas and is ready to go to his new home. He is living in a foster home just outside Kildare and you should call Rachel on 086 390 5792 if you would like to meet him. There is a rehoming fee of €80 to partly cover his veterinary costs and a home visit applies

Dog of the Week - Little Boo

Boo is a lurcher puppy who is about 11 weeks old. He is waiting patiently at the KWWSPCA Animal Shelter outside Athgarvan in Co Kildare for a nice family to come along and offer him a home. He is a happy, playful

little chap who has learnt to walk well on a lead. As he is a puppy, he will need to be house trained therefore his new family must have the patience to help him with this. Also, his new home must have someone who is at home with him during the day.

This is important for his socialisation and wellbeing, and is also important in order to provide him with the training he needs. He is fine with other dogs. He has not been introduced to cats, but as he is a puppy it should be possible, with careful introduction and monitoring, to introduce him to a home where there is a cat.

As puppies can nip in play, we do not want him to go to a home where there are very small children. Boo has been microchipped and vaccinated, and it is a condition of his adoption that he be neutered at 6 months old.

This cost is covered by the KWWSPCA provided that he is brought to a vet with whom



Little Boo, dog of the week

A very special Puppy!

we have an account. For re-homing we ask for a minimum donation of €150 to partly offset the dog's veterinary expenses. A dog collar tag and a dog licence are required to complete the adoption, a secure garden with high surrounds is essential, and a home visit applies. Contact 087 127 9835 or kwwspca@gmail.com.

KILDARE & WEST WICKLOW SOCIETY FOR THE PREVENTION OF CRUELTY TO ANIMALS

The Kildare & West Wicklow Society for the Prevention of Cruelty to Animals (KWWSPCA) is a Registered Charity (Number CHY 6280) that investigates and deals with reports of cruelty and neglect to animals of all sorts; family pets, wild animals and birds, and horses, ponies and donkeys, throughout County Kildare and West Wicklow. The Society is run entirely on a voluntary basis, there are no paid employees.

KWWSPCA HELPLINE-087 127 9835
KWWSPCA Community Cat Care Group-087 251 7381
Email-kwwspca@gmail.com
Website-www.kwwspca.ie



Say hi to Marty!

Marty, kitten of the week

THE BOYS ARE BACK

CHAIN ★ GANG

GREENISLE HOTEL
CONFERENCE · LEISURE

8 · NOV · 2019
SPECIALITY COCKTAILS
DJ TILL LATE

DINNER & SHOW | €45 | 7.30PM
DINNER, SHOW, B&B | €85 PPS
SHOW ONLY | €25 | 9.30PM

Call 01 412 3700 or Book online WWW.GREENISLEHOTEL.COM OR EVENTBRITE

IPASS
Professional Tax Training

Enhance Your Career with an IPASS Qualification

ENROL NOW!
Classes starting in September
Certificate in Payroll Techniques
QQI Level 6, Higher Education, Special Purpose Award

Tel: 01 408 9100 **Email: ask@ipass.ie**

One evening per week at a venue near you

Distance/Online Learning Option available
Full list of venues at www.ipass.ie

For a brochure, text **PAY** followed by your email address to **51444**

LOCAL
EVENTS

PHOTOS: Aishling Conway

First Day of School at Scoil Bhríde, Kill



Fodhla with her grandad Andy O'Byrne before her first day at school on Wednesday, August 28



Ethan, Eoghan and Aidan



Alex and Daniel with their mothers Sandra Grey and Anna Bilka



Amy getting set to enjoy her first day at school



Elliott with his parents Yvonne and Geoff Massey



Toby with his mam Laura Maguire

INSTYLE FURNITURE

Est. 1996

Newbridge Road, Naas (Beside Aldi) Tel 045 894605

SALE NOW ON

Mattresses
from
€95



3' 0" €295
4' 0" €395
4' 6" €395

Price includes Mattresses
Also available in White.



www.instylefurniture.ie

Opening Hours: Tuesday-Saturday 10am-5.30pm, Sunday 2pm-5pm

• Beds • Mattresses • Leather & Fabric Suites • Wardrobes • Tables and Chairs • Chest Drawers • Lockers

LOCAL
EVENTS

PHOTOS:

Kildare's 1919 All-Ireland victory centenary celebrations during Heritage Week



Sammon family, Maureen and Fergus with kids Ryan and Erin, relatives of Michael Sammon, Clane, who played midfield in 1919



Kildare Co. Board Chairman, Ger Donnelly, with Aileen Saunders holding a photo and medal of Joe O'Connor from Timahoe, and Martin Murray, at the 1919 Kildare All-Ireland Final Win commemoration in Newbridge Library on Wednesday, August 21



Sarah and Jim Healy, Pat Murphy, Rosemarie Healy, Celbridge

RIGHT: Co. Kildare Librarian, Marian Higgins with Mary Weld wearing her grandfather, Tommy Kelly's 1905 Leinster Medal, and Dermot Magan, whose dad, George played on the 1919 team



Alexander Earley the great great grandson of Frankie Joyce Conlan, Newbridge, with Kildare Library Service mascots in the Galway and Kildare colours

Leinster Leader
Kildarepost
NEWS - ENTERTAINMENT - SPORT

Multi-Media Account Executive

Competitive salary • Kildare

Starting a career in multi-media Advertising Sales could prove to be your launch pad into a long-term, successful future in the media sector. And if you have the communication skills to present well and persuade customers of the immense value of advertising, it could be both highly lucrative and personally rewarding.

About us

Iconic is Ireland's largest independently owned newspaper group, with an unrivalled audience in print, online and mobile. As part of the group's development strategy, we are now seeking Sales Executives to join the advertising sales team working on the Leinster Leader and Kildare Post and digital platforms.

About the role

We're looking for both experienced and junior multi-media representatives to join us. Our Account Executives sell and develop high-performance print and online marketing programme for local businesses. They are tasked with servicing existing accounts and developing new business.

About you

The successful candidate will be assertive, keen to get ahead of the competition, innovative in their approach and disciplined about holding themselves accountable for results. Outgoing and friendly with the ability to adapt sales techniques, you will ideally possess excellent communication and negotiation skills and able to build strong relationships with existing and potential customers. Professional, personable and able to inspire others, you'll also need to demonstrate the confidence to hit the ground running. You must have at least two years of successful B2B advertising /sales experience including digital/online. A full driving licence is required.

We offer a competitive salary and massive career progression for the right fit.

To apply please email your CV with a covering letter to ckelly@iconicnewspapers.ie

Strictly No Agencies

An iconic business

National Learning Network
Investing in People, Changing Perspectives

Finished school but don't know what to do next?

Want a qualification, but not sure about college?

If you needed an SNA or extra supports in school then NLN could be for you.

NLN offers a range of free flexible courses to help you get a job or go on to further education and training. Courses at NLN do not affect your social welfare allowance.

Find out more:

- 045 988 400
- kildare@nlm.ie
- www.nlm.ie
- [facebook.com/NLNireland](https://www.facebook.com/NLNireland)

Courses are funded by the HSE or Kildare and Wicklow Education and Training Board. Eligibility criteria apply.

Free life changing courses and supported training

HAVE YOU A STORY OR A SALES QUERY?

Kildare Post
River Media Unit WD5,
Tougher Business Park,
Newbridge, Co Kildare.

TELEPHONE:
045 408 200

NAAS NISSAN

**KILDARE'S LOCAL NISSAN DEALER
FOR SALES, SERVICE, WARRANTY & PARTS**



Innovation
that excites



€6,000 Discount
While stock Lasts

191 Nissan Qashqai
All 6 Months Old

Order NOW for start of September Delivery
PRICE WON'T BE BEATEN



191 Nissan Micra SV

All only 6 months old
Grey, White, Blue & Red available

Was €19,645

NOW €15,245

Sallins Dramatic Society presents Wake In The West at the Bridgewater Inn

Sallins Dramatic Society are proud to present *Wake In The West* by Michael J Ginnelly in early September.

The play is set during the wake of Tom Healy who has drank himself to death and now wishes his grave to be a watery one by requesting cremation and the scattering of his ashes at sea.

The comedy begins when a neighbour decides that Tom is not entitled to take it all with him — and so sets in motion a series of hilarious events.

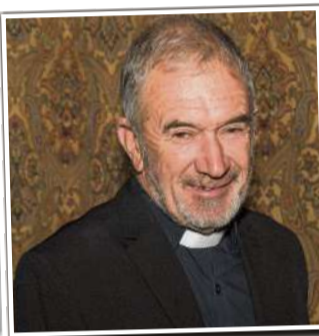
“We are very excited to have Ciaran O’Shea directing assisted by David Dunne in what is our very first production,” said a spokesperson for Sallins Dramatic Society.

The play will take place in the Bridgewater Inn in Sallins from September 4 to 7, and it promises fun-filled evenings of entertainment for all.

Tickets are €12 and can be purchased from Sarah McCormack on 087 6746458



Directors Ciaran O’Shea and David Dunne.



and Fiona Humphreys on 086 0268015, or see the group’s Facebook page for more information.

ABOVE LEFT: Len O’Connor as ‘Dr John Murphy’
ABOVE RIGHT: Martin Walsh as ‘Fr Cassidy’



Caroline Brennan as ‘Margaret McCullough’ and Dave Sharkey as ‘Barney McCullough’ in Sallins Dramatic Society’s upcoming production of *Wake In The West*. Pictures: Tony Keane

SOCIAL DANCING AT

Toughers

SEPTEMBER

31ST AUGUST DAVE LAWLER
7TH SEPTEMBER UNITY
14TH SEPTEMBER IMAGES
21ST SEPTEMBER MICHELLE MURPHY
28TH SEPTEMBER SPARKLY NIGHTS

EVERY SATURDAY

Toughers

Steakhouse, Bar & Function Rooms

NAAS

www.toughersrestaurant.ie

DOORS OPEN 8.30PM ADMISSION €10

PHONE 045 488046

Naas Co. Kildare • T: 045 409192 • W: magiccastle.ie

Tricky Tricksters Magic Castle

BIRTHDAY PARTIES
 FREE Tea & Coffee
 for Party Child Parents
UNLIMITED PLAY TIME
 (until closing)

FREE
 pass for the birthday child’s next visit

10% DISCOUNT
 when you book your second party
 before the end of the year if you have
 your first party in Sept

LASER STORM
LASER TAG

Laser Tag Parties
 Best Selling Party for children aged 8+

BOOK EARLY TO AVOID DISAPPOINTMENT
 TEL: 045 409192 • EMAIL: bookparty@magiccastle.ie

expert Electrical



BACK TO SCHOOL

LG
TV 55UM7100PLB/SJ3
55" LG ULTRA HD 4K TV

FREE SOUNDBAR!

€679

lenovo
LAPTOP
LENOVOV145-81MT0015UK

15.6" HD Screen, AMD A9 Processor, 8GB RAM, 256GB SSD, Windows 10 OS, DVD/RW.

€399

ASUS
LAPTOP
ASUS-X540MA-G0231T
ASUS CN4000/1.1GHZ
4GB 1TB 15.6" W10
HOME 64 BIT CHOC BLK.

€299

lenovo
TABLET
ZA470032GB

10.1" HD Screen, Quad Core Processor, 1.3GHz Snapdragon 210, 16GB HDD, Android 8.1 OS, WiFi Built In, Bluetooth 4.0.

SAVE €30

€109

ACCESSORY PACK

€99

SAVE €60

APPLE AIRPODS

€179



POWERBANK

€29



USB 64GB FLASH DRIVE

€19



expert Electrical



Expert Naas

Unit 3, Globe Retail Park, Monread Road,
Naas, Co. Kildare. Tel: 045 895 670



FIND US ON FACEBOOK

LOCAL
EVENTS

PHOTOS: Aishling Conway

Back to School Healthy Lunches Day at
Monread Shopping Centre, Naas



Melita and Diana Kraniauskaite at the Back to School Healthy Lunches Day at the Monread Centre, Naas, on August 24



Bella Rose



Zahara and Valentinna Gessa



Chef Bruno Malof



Audrey Corrigan and Emanuel Babic



Isla and Kim Costello



Leo and Yuna Cahill



Katelyn and Declan Bolger



Back to School Healthy Chefs Eva Grace, Danny Keogh and Bruno Malof



Free Parking Available

www.monreadshoppingcentre.ie

Find us on Facebook

LOCAL
EVENTS

PHOTOS: Aishling Conway

Back to School Healthy Lunches Day at Monread Shopping Centre, Naas



Erin and Andrew Maguire



Aliza Saeed



Malaika and Amita Gessa



Sophia Delaney



Rosie Costello



Free Parking Available

www.monreadshoppingcentre.ie

Find us on Facebook 

LOCAL
EVENTS

PICTURES: AISHLING CONWAY

Little Hill Animal Rescue Sanctuary Open Day in Ballymore Eustace



Volunteers manning the stalls of the LittleHill Animal Rescue Sanctuary Open Day in Ballymore Eustace last Sunday



Shane and Ella May Byrne with guest of honour, actress and author Pauline McLynn



Little Hill Animal Sanctuary Volunteers Ian Darmody, Dave Cahill and Eithne O'Flaherty



One of the ponies at the sanctuary



Pauline McGlynn and Rose Barrett O'Donoghue, editor of the Kildare Post, who supports the sanctuary



Shane Byrne and Ella May at the Little Hills Animal Sanctuary



Evie Baxter Leen and Alison Baxter



Edward, Noah and Isla Delmer



Hannah and Saoirse Delmar



Your home and gift store

**FURTHER REDUCTIONS
In Store & Online**

SALE ENDS

SATURDAY 7TH SEPTEMBER

FREE Delivery for each online order over €50 with promo code

SALE06

athlone carlow kilkenny limerick

www.allens.ie

follow us on  

Out & About

PHOTOS: Ben Kelly

Fun in the sun at The Playing Fields music festival in Clane GAA last weekend



Leonie Wilson, Cara Ronan, Lynda Ennis and Ronda Doyle



Wendy Martin and Siobhan Gaffney



Robyn Lee from Naas and Rachel Duffy from Straffan



Katie Fitzgerald from Robertstown and Sophie O'Dea from Clane



Yvonne and Deirdre Callan



Lead singer Brendan Murphy of The Four of Us band

SCOIL MHUIRE COMMUNITY SCHOOL - CLANE

ADULT EVENING / DAY COURSES - AUTUMN TERM 2019



FURTHER INFORMATION
Telephone: 045-868255
Email: info@clanesm.com
Website: www.clanesm.com

MONDAY

- Accounting Technician CAT Year 2 - Cert. (Contd)
- Aerobics & N'Tone
- Alexander Technique
- Autocad Revit
- Baking & Desserts
- Ballroom & Latin American Dancing
- Bodhran Lessons
- Bookkeeping Manual & Computerised
- Care Skills - (Level 5)
- Care Support - (Level 5)
- Chakradance - Beginners
- Cognitive Behavioural Therapy
- Computers - Ipad & Tablet (Getting Started)
- Counselling - Introduction
- Crochet to Designer Wear
- Cyber Security - Introduction
- Digital Marketing
- Drawing the Portrait
- Early Childhood Care & Education (Major Award)
- Early Childhood Education & Play (Level 5)
- Fitsteps - Strictly Dance Fitness
- French - Beginners
- Hand Built Pottery
- Healthcare Support - Major Award (Certified)
- Leaving Cert Maths - Higher for 5th Years
- Leaving Cert Maths - Higher for TY students
- Leaving Cert Maths - Higher Level
- Leaving Cert Maths - Ordinary Level
- Leaving Cert Oral Irish
- Make-Up Artist (Introduction)
- MICROSOFT® Excel Office Specialist
- Online & Digital Marketing
- Ornamental Glass
- Photography Workshop
- Pilates
- Piping Skills for Cake Decorating
- Relax with REIKI
- Sales Techniques
- Social Studies (Level 5)
- Spanish - Improvers
- Special Needs Assisting - Certified (Level 5)
- Trace the Family
- World of Wine - Introduction
- YOGA

TUESDAY

- Accounting Technician CAT Year 1 - Cert. (Contd)
- Business Administration Skills
- Cake Decorating
- Child Development - (Level 6)
- Computers - Beginners
- Computers - Improvers
- Computers Improvers - Pre ECDL
- Creative Writing
- Creative Photography & Techniques
- DIY
- Early Childhood Care & Education (Level 6)
- Early Childhood Curriculum - (Level 6)
- Flower Arranging
- French - Conversational
- German - Improvers
- German - Beginners
- Hairstyling
- Irish - Conversational
- Italian - Beginners
- Jewellery Making
- Keyboard Piano - Beginners
- Keyboard Piano - Improvers
- Leaving Cert Irish - Higher Level
- Make - Up (ITEC Certified)
- Oil Painting
- Psychology - Introduction
- Psychology (NUI Maynooth - Certified)
- Public Speaking
- Quilling - Beginners
- Sign Language - Beginners
- Singing & Music Theory - Beginners
- Speaking with Confidence
- Special Needs Assisting - (Level 6)
- Start & Grow Your Own Business
- Tendering for Public Sector Business
- Total Body Tone (TBT)
- YOGA

WEDNESDAY

- Accounting Technician CAT Year 2 - Cert. (Contd)
- Autocad
- 10-Week Change Your Body Challenge
- Art, Craft, Print & Design
- Autumn in the Garden
- Bootcamp
- Bridge - Beginners
- Cake Icing & Decorating
- Care of the Older Person - (Level 5)
- Child Psychology
- Digital Photography
- Dressmaking - Beginners
- Environmental Management & Agriculture
- Furniture Restoration
- Guitar Lessons
- Hatha Yoga - Beginners
- Indian Head Massage
- Infection, Prevention & Control - (Level 5)
- Leaving Cert Agricultural Science - Higher Level
- Line Dancing
- Mindfulness Meditation
- Online Business Development & Marketing
- Philosophy - Introduction
- Piloga
- Practical Interior Design
- Sports Psychology - Introduction
- Sugarcraft & Cake Decorating
- Ukulee Improvers
- Watercolour Painting
- Web Page Design (First Steps)

ENROL ONLINE
clanesm.com

Courses Begin
Monday
23rd September

FITNESS PROGRAMME

- Beginner All Over Fitness (all levels) Mon - Sat
- Couch - 5K (All Fitness Levels) Sat
- Personal Training Session Mon - Sat
- Strength & Conditioning Class Mon - Sat
- Sustainable Weight Loss Class Mon - Sat
- 8 Special Training Sessions - Special Offer

THURSDAY

- Accounting Technician CAT Year 1 - Cert. (Contd)
- ECDL - Base Modules
- Accounting Manual & Computerised
- Barbering
- Bee Keeping
- Bridge - Improvers
- Building Personal Resilience
- Canine Obedience Training
- Choice Theory
- Computer Programming - Introduction
- Cuban Salsa - Beginners
- Developing Resilience & Coping Skills through Laughter
- Dog Grooming
- Drawing Techniques
- ECDL - Advanced Modules
- ECDL - Data Protection Essentials
- Fashion Design - Introduction
- Golf - Beginners / Improvers
- Information & Administration
- Italian - Improvers
- Jewellery Making - Intermediate
- Joys of Cooking
- Leaving Cert Biology - (Higher)
- Medical Terminology
- Nursing Theory & Practice
- Painting - Acrylics
- Payroll Manual & Computerised
- Photoshop for Photographers
- Piloga
- Practical First Aid
- Resilience Building
- Scriptwriting
- Somatic Movement Education
- Sound Wellness
- Spanish - Beginners
- Tai Chi
- Tenor Banjo / Mandolin
- The Law of Attraction
- Training Delivery & Evaluation / Train the Trainer
- Ukulee
- Upholstery - Traditional
- Web Design Using Wordpress
- Woodcarving
- Woodworking - Basic

ENROL IN PERSON
THURSDAY
12TH SEPTEMBER
2019
7.30 - 9.30PM

COURSES BEGIN ON

- Monday 23rd September
- Tuesday 24th September
- Wednesday 25th September
- Thursday 26th September
- Friday 27th September

DAY COURSES

- MONDAY**
- Cognitive Behavioural Therapy 10.30 - 12.30
 - Creative Writing 9.30 - 11.30
 - Drawing - Introduction..... 9.15 - 11.15
 - Make-Up Artist - Introduction 2.00 - 4.00
 - Piloga 9.30 - 10.30
- TUESDAY**
- Building Personal Resilience..... 9.30 - 11.30
 - Mindfulness 11.30 - 1.30
 - Special Needs Assisting 10.00 - 1.00
 - YOGA 9.30 - 10.30
- WEDNESDAY**
- Care Of The Older Person 10.00 - 1.00
 - Learning the Guitar Primary School Students 3.45 - 4.45
 - Somatic Movement Education 9.30 - 11.00
 - Spanish - Beginners 9.30 - 11.30
 - Spanish - Improvers 11.30 - 1.30
 - Watercolour Painting 11.15 - 1.15
- THURSDAY**
- Conversational Irish 9.30 - 11.30
 - Creative Photography & Techniques 11.30 - 1.30
 - ECDL (New) - Base Modules 9.30 - 12.30
 - Oil Painting 11.30 - 1.30
- FRIDAY**
- Canine Obedience Training 9.30 - 10.30
 - Computer Training - Getting Started. 9.30 - 11.30
 - Dog Grooming 10.30 - 11.30
 - Flower Arranging 9.30 - 11.30
 - MICROSOFT® Excel Office Specialist 11.30 - 1.30
 - Tendering for Public Sector Business 10.30 - 1.30

TWO DAY COURSES (FRIDAY)

- Boomsprayer Pesticide Application 9.00am - 5.30 pm
- Hand Held Pesticide Application (Knapsack) 9.00am - 5.30 pm

ENROLMENT DETAILS

TO ENROL ON-LINE LOG ON TO: www.clanesm.com
By Telephone: 868255 Day-time from Monday 2nd September 2019 9.30 am - 4.30 pm
Evening: One evening (In Person) Thursday 12th September 2019 7.30 pm - 9.30 pm

Talented Kids Performing Arts School & MVW Talent Agency

Talented Kids Performing Arts School and MVW Talent Agency, Ireland will recommence classes from Friday, September 13, and Saturday, September 14 in Scoil Mhuire School Hall, Convent Road, Clondalkin, and also, at Kilcullen Community Centre on Saturday, September 14.

All classes are open to boys and girls from aged 3 years up to 18 plus adult classes are facilitated at the Clondalkin venue.

Classes are varied and include

- Singing
- Dance
- Drama
- Modelling
- Musical Theatre

Our classes are taught by experienced and qualified professionals. Students of all ages will enjoy our classes which are taught in a friendly and encouraging atmosphere, where they will meet new friends, be encouraged to participate and perform in shows, events, tours and competitions, but most importantly they will develop a strong confidence which is needed to get ahead, not only in the world of showbiz but is also an essential tool for life.

For more information, please contact Artistic Director and Agent, Maureen V Ward on 087-248 0348 email: mvwtalent@gmail.com See websites for enrolment forms and term details: www.talentedkidsireland.com and www.maureenwardtalentagencyireland.com

MVW Talent Agency

Students of all ages (babies to adults) can also avail of being represented by our extremely successful top agency.

Credits include students and clients of All Ages in leading roles in:

DANCING WITH THE STARS IRELAND: Johnny Ward made it to the Grand Finals TELEVISED LIVE this year with his Pro Dance Partner Emily Barker. We also had some of our young students dance as part of the Musical Theatre Pro Dance Mary Poppins, which featured one of our dance teachers Shauna Finn as Mary Poppins.

Johnny and Emily will be one of the five featured acts on the DWTS LIVE TOUR this coming November at the INEC Killarney.

FEATURE FILMS including new feature "Beards", "The Man Who Invented Christmas" (starring Christopher Plummer and Dan Stevens), "The Professor & The Madman" (starring Mel Gibson and Sean Penn), "I Kill Giants" (starring Zoe Saldana), "Dublin Old School", "Don't leave home", "Metal Heart", "Michael Inside", "Seize", "Muse".

SHORT FILMS including many award winning shorts: "Don't Go", "Writing

Home", "Toma to Can", "God's Own Children", "A Nation holds its breath", "Heartbreak", "Lily", "Gridlock", multi award Winning "Deep Shock".

TV SOAPS: included Fair City, new series Darklands, Little Women starring Angela Lansbury, Paula, Rebellion 2, CBBC's, Little Roy, RTE juniors, Abrakidabra and Tir na nOg.

Many students have already been recruited for major commercial TV and web advertising: Vodafone, Bord Gais, Apple Beats, Lidl, McDonalds, Ballygowan, Liberty Insurance, Kerrygold (USA & Canada), Avonmore, Smyths, Calor, Direct Line, Ford, Plusnet, Tesco, Iarnród Éireann, Lyons Tea, St Vincent De Paul, Energia, Elvery's, Dunnes, Grants Boilers, Chill Insurance, Miwadi and many more!

ANIMATIONS including Upcoming Amazon Prime series "Jessy and Nessy", worldwide animated release "Captain Morten and the Spider Queen", "LUIS and his friends from Outer Space", "YOYO, Let's Go!", New "Purple Turtle", "Brewster the Rooster", "390" and Nickelodeons "Beccas Bunch". Also photoshoots and campaigns for leading Irish and international ventures.

MUSICAL THEATRE PRODUCTIONS including "Copper Face Jacks The Musical", "Tinder the Musical", Westend Tour "Miss Saigon" (Bord Gais), Westend Touring "Once the Musical" (Olympia), "Oliver", "Big" and "CHITTY Chitty Bang Bang" (Bord Gais), "Annie", "Sound of Music", "Christmas Carol", "Wizard Of Oz", and many more. Also pantos by Liberty Hall, Gaiety,

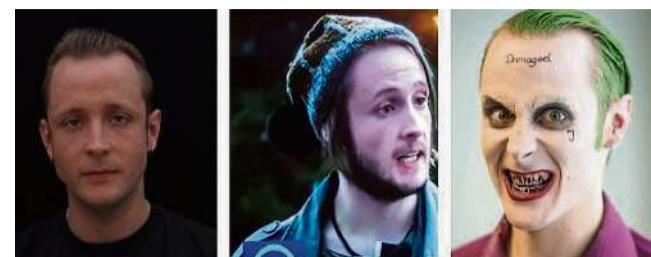
Olympia, Helix and Limerick.

VARIETY SHOWS: Gaiety Theatre, Olympia Theatre, The Helix, Bord Gais, Belfast Opera House, Cork Opera House, Her Majestys Theatre London. Fashion shows and leading catwalk show.

SCHOLARSHIPS:

Our students are multiple winners and recipients of scholarships for full and part time training including: Millenium Dance Complex Usa, New York Conservatory Of Drama and New York Film Academy.

Maureen added: "We have had actors and actresses win and or/be nominated for best actor/actress for film and TV drama. We also have had participants in Oscar and Golden Globe award winning



Aaron Lockhart, another client of Talented Kids, best known for his roles in Red Rock and Fair City

films, with clients in leading roles in "Philomena", "Alber Nobbs", etc."

Amongst the successful videos, clients have starred with Riff Shop, Pillow Queens, Frankie Swain, The Script, The Coronas, Sinead O Connor, Paddy Casey, Hozier and others.



Johnny Ward, who starred in Fair City, also a finalist with dance partner Emily Barker in last year's Dancing with the Stars



Aleah Lennon, a student of MTW, has been in several major productions including The Man Who Invented Christmas and BBC's Little Women, along with starring in a SVP campaign ad

Talented Kids

Performing Arts School & MVW Talent Agency Ireland

MVW
Maureen V Ward
Talent Agency Ireland

TALENTED KIDS PERFORMING ARTS / MVW TALENT AGENCY FOR ALL AGES ENROL NOW FOR CLASSES IN DRAMA, SINGING, DANCE, MODELLING & MUSICAL THEATRE

CLONDALKIN CLASSES: Starting back on Friday 13th September & Saturday 14th September '19 in Scoil Mhuire School Hall, Convent Road, D.22

KILCULLEN CLASSES: Starting back on Saturday 14th September '19 in Kilcullen Community Centre, Kildare

ONLINE ENROLMENT FORMS CAN BE FOUND AT:
<http://maureenwardtalentagencyireland.com/2019-2020-online-class-enrolment-form/>
or on facebook: www.facebook.com/MVWTALENTAGENCYIRELAND/

NEW ENROLMENTS CURRENTLY BEING TAKEN

For further details please feel free to contact us:
M: 087 248 0348 | Email: mvwtalent@gmail.com
www.maureenwardtalentagencyireland.com www.talentedkidsireland.com

The **Other Side** of the **Coin**

The Acupuncture Treatment of Endometriosis

Sharing the ancient wisdom that is Chinese medicine



Endometriosis has become an increasingly common health condition worldwide. One American doctor has labelled it "the career woman's disease" because there seems to be a strong correlation between endometriosis and the increased stress levels experienced by so many working women today. "Endometrial tissue occurs naturally in the endometrium – a layer of tissue lining the uterus. With endometriosis, however, this tissue "migrates" to other parts of the reproductive system, or outside of the reproductive organs altogether. The main clinical manifestation of endometriosis is a recurrent, generally cyclical, lower abdominal pain that gets progressively worse. Up to 50 percent of infertile women may have endometriosis, and some studies suggest that this oestrogen-sensitive disease may also cause infertility.

Symptoms and Signs

Endometriosis can begin with unusual menstrual pain

during the period, the menstrual pain can become severe, spreading to the vagina, anus, hips, and inner side of the thigh. A "sinking" sensation in the anus, with abdominal pain and back soreness can accompany the menstrual pain. Often, the pain can be severe enough to trigger bouts of nausea and vomiting, and the person can become desperate for relief. Usually in these severe cases most women will get referred to a gynaecologist by her doctor. A pelvic examination, magnetic resonance imaging and laparoscopy can or will confirm the diagnosis to be endometriosis.

The gynaecologist may suggest a hysterectomy, or hopefully recommend Acupuncture and Chinese herbs for this condition. After a few months' of weekly treatment with Acupuncture and Chinese herbal medicine, endometriosis should be very well improved increasing energy and blood flow through the uterus, paving the way for pregnancy to take place. Because Acupuncture and Herbal Medicine are

natural forms of therapy devoid of any side effects, the improvements can sometimes be slow building over many months. If the disorder improves slowly naturally following the body's bio-rhythms then there is less likelihood that there will be any rebound affect after a course of treatment is complete. Usually its also good to do a maintaince course of treatment (say 6 treatments per year) after the Endometriosis has been resolved, just to keep the body's energy flow at its optimal and to prevent the re-occurrence of the condition.

Surgery is often only a temporary measure, simply because endometriosis recurs in most women. Treatment with synthetic hormones will suppress the symptoms of endometriosis, but the disease itself is not cured, and symptoms will often return after discontinuing the hormone therapy. Besides, the side effects with these drugs can be quite significant.

Stress

Endometriosis also happens to be exacerbated by stress, which can also cause the disorder to flare up and worsen. Indeed stress is a major factor and precursor to most diseases. As the sufferer gets more stressed the disease will simply get worse. The pain can be absolutely paralysing. This also wears down the person inducing depression, low mood and stress which then can contribute to a weakened immune system. Endometriosis causes pain, pain then causes increased stress and that can only in turn weaken the immune system even more and this cycle goes on and on unless intervention in the form of Acupuncture is instigated.

Blood Stasis and Acupuncture

In Traditional Chinese Medicine (TCM), the primary pattern, or mechanism, that causes endometriosis is Blood Stasis. Blood Stasis can be caused by emotional disturbance, chronic illness, and exposure to cold temperatures, surgery, and genital infections. When the

Chinese pattern of disease is Blood Stasis, the objective of the treatment is to invigorate Blood and remove stasis, using both acupuncture and Chinese herbal medicine. Acupuncture alone or along with the Chinese herbal formula Tong Jing Wan is most frequently used for dispersing Blood Stasis. In addition to Blood Stasis, there are often other disease-causing factors, which are part of the patterns of endometriosis. Cold, Heat, Deficiency, or Excess patterns are frequently part of the mix, and are differentiated based on the clinical manifestations associated with each case of endometriosis. The timing, location, nature, and severity of pain are taken into account; along with associated symptoms. Scientific studies are suggesting that endometriosis is a neuro-immuno-endocrine related disease. Acupuncture can improve the functioning of the immune system, warm the womb and increase the flow of energy through the meridians, or energy pathways, in the body.

Acupuncture can also stimulate the nervous system to release hormones, and is very effective at relieving pain. For these reasons, acupuncture is a viable and effective treatment modality for dealing with endometriosis. The use of specific acupuncture points and herbal formulas for each pattern of endometriosis can produce dramatic improvements.

Kim- Dip.Ac. Lic.Ac. C.Ac. China MQP is a registered licensed practitioner of Chinese Medicine. Treatments are VHI, LAYA healthcare, Irish Life, St Pauls Garda Medical Aid Society, and HSF Healthplan approved.

E mail kim@naturalhealthireland.com or write to the Natural Health Centre, Millfield, Buncrana, Tel. 074/9362606, From North 00353749362606 or to the The Traditional Chinese Medical Practice, 5 Academy Court, Oliver Plunkett Rd., Letterkenny, Tel. 0863981882, from North 00353863981882. Visit the Website www.naturalhealthireland.com



Education and Training

FOR WORK AND LIFE



2019 Evening Classes

NOW ENROLLING

www.kwetb.ie • www.fetchcourses.ie

KILDARE

- Piper's Hill College, Kilcullen Road, Naas
Enrolment evening: Wednesday 11th September, 7.00–9.00pm. Alternatively you can enrol online at www.kwetb.ie or call 045-898 923

- St. Conleth's Community College, Station Road, Newbridge, Co. Kildare
Enrolment evening: Tuesday 10th September, 7.00–9.00pm. Alternatively you can enrol online at www.kwetb.ie or call 045-431 417 before 4.30pm or 045-437 505 after 4.30pm.

- Athy Community College, Monasterevin Road, Athy, Co. Kildare
Tel: 059-8631663.
Email: nightclasses@athycollege.ie
Online enrolment at www.kwetb.ie

- Ardscoil Rath Iomgháin, Rathangan, Co. Kildare.
Tel: 045-528196.
Contact the Centre directly Online at www.kwetb.ie

Further Education and Training Services

YOUR STEPPING STONE TO SUCCESS

KILDARE OFFICE
KWETB Administrative Offices, Áras Chill Dara, Devoy Park, Naas, Co. Kildare
Email: adulteducation@kwetb.ie / trainingcourses@kwetb.ie
Tel: 045 988 000

WICKLOW OFFICE
KWETB Administrative Offices, Church Street, Wicklow Town, Co. Wicklow
Email: adulteducation@kwetb.ie / trainingcourses@kwetb.ie
Tel: 0404 60 500

twitter.com/kwetb [fbl.me/kwetb](https://fb.me/kwetb)

Check out the full list of our courses online at www.kwetb.ie and/or www.fetchcourses.ie





Some programmes are co-funded by the Government of Ireland and the European Social Fund as part of the ESF Programme for Employability, Inclusion and Learning 2014-2020.
Youthreach is co-funded by the Government Ireland, the European Social Fund and the Youth Employment Initiative as part of the ESF Programme for Employability, Inclusion and Learning 2014-2020.

See www.kwetb.ie for more details or call to one of our centres today

LOCAL
EVENTS

PHOTOS: Tony Keane

Newbridge Musical Society Fun Run in aid of the Marie Keating Foundation



Edel McGann and Declan Kelly, at the Newbridge Musical Society Fun Run 2019, at the Curragh, in association with the Marie Keating Foundation, on Sunday, August 25



The Wrafter family: Logan, Sayer, Bryce, Kolbe, Cecilia, T.J., and Brook



Lucy Harkin, Sarah Jane O'Neill, Rose and Sky Harkin



Leon Carrick and 'Jeffrey'



James and Killian Burke



Eric and Georgina O'Neill



Áine Kilduff, Sharon and Anne McNamara



Bebhinn Brennan, Michelle Jennings

STYLICIOUS :Your weekly Fashion and Beauty News fix! For PR or general enquiries, contact us at editor@kildarepost.com

STYLE FILE

Sylicious with
Rose Barrett O'Donoghue

PARFOIS put the focus on patterns

Be bold and extravagant with your prints!

This summer into autumn, PARFOIS is putting one trend in the spotlight; patterns. PARFOIS wants you to fill your wardrobe with a blend of classic and extravagant prints. From bold jewellery and statement sunglasses, to dazzling sundresses with bright shoes to match, all available from PARFOIS.

PARFOIS goes further than the classic floral pattern, incorporating more abstract modern designs as well as vintage and ethnic looks to suit all styles. Choose from PARFOIS' large selection of brilliant bags to create a pattern clashing look, or even to brighten up a subtle vibe.

PARFOIS boasts a beautiful selection of earrings, bracelets and necklaces to compliment the collection of printed dresses, shirts and skirts for a fresh and exciting vibe this summer.

Drop into Whitewater Shopping Centre, Newbridge to peruse the vibrant selection instore or shop for the latest Parfois look at www.parfois.com



PARFOIS Patterned Shirt €24.99



PARFOIS red dress retails at €49.99



PARFOIS Leaf Print Dress €39.99

+ Bergin's Pharmacy

All about you...

DUTY FREE PRICES
ON PREMIUM FRAGRANCE AT BERGINS



7 Courtyard Shopping Centre, Moorefield Rd, Newbridge
T: 045 438 525 | www.berginspharmacy.ie

OPENING HOURS: 8am-9pm Mon-Fri, 9am-6pm Sat,
12noon-6pm Sun & Bank Holidays

Kildarepost
YOUR FREE LOCAL NEWSPAPER

Leinster Leader

Telesales Executive

ATTRACTIVE SALARY PACKAGE
KILDARE

Are you looking for an opportunity to take your sales experience and skills to the next level? Then why not join Iconic Newspapers as a Telesales Executive and use your talent to sell across a market leading newspaper and associated websites.

Iconic is Ireland's largest independently owned newspaper group, with an unrivalled audience in print, online and mobile. As part of the group's development strategy, we are now seeking an enthusiast Telesales Executive to join the advertising sales team working on the Leinster Leader and Kildare Post press and digital platforms.

About the role

As a Telesales Executive you will be responsible for a portfolio of existing customers and for developing new relationships with potential advertisers. You'll be part of an experienced and dedicated team and will be fully supported in understanding the role and how to achieve targets.

About you

Previous customer facing or telesales experience (retail or call-centre) would be desirable but is not essential for this role. Above all else we are seeking ambitious people with excellent communication and negotiation skills who can build strong business relationships. To be a success you'll need to be energetic, self-motivated and able to think on your feet. Professional, personable and able to inspire others, you'll also need to demonstrate the confidence to hit the ground running.

Our growing portfolio includes many iconic, market-leading newspaper titles and websites. If you have the drive, determination and initiative to succeed in a developing multi-media organisation, then we would like to hear from you.

To apply, please email your CV to ckelly@iconicnewspapers.ie

Sylicious with
Rose Barrett O'Donoghue



PARFOIS Scarf €24.99



PARFOIS Leaf Earrings €7.99



PARFOIS Black Patterned Bag €39.99



PARFOIS Cactus Print Top €29.99



PARFOIS Multicolour Bag €34.99



PARFOIS heels: €29.99

spin boot camp zumba



First Step Fitness



FITNESS CLASSES IN KILDARE TOWN

Full Week - Gym & Classes only €18

CMWS Hall, St Brigids Square, Kildare Town. Tel: 085 71 52674
Gym Opening hours: Weekdays: 9am-2.30pm & 4.30pm-9.00pm Saturday: 10am - 2pm



Gail's Style Studio is back in Kildare!

Charity event at Celbridge Manor on Sunday, October 6

"Fashion guider, not influencer" — this is Gail's motto and she brings a show with a difference! Gail's Style Studio is the perfect girly day out, filled with fashion shows, hair and make up tutorials and

so much more. Each guest will receive a jam packed goody bag, full of amazing treats.

Gail is a qualified image consultant and a busy mother of two so she knows exactly what modern busy women

need and this is the focus of her show. Her trademark style talk enables women to dress for their shape and look effortlessly stylish without a hefty price tag.

The fashion show in Gails Style Studio includes looks

that will suit every budget and will focus on sustainable fashion helping you create the perfect capsule wardrobe... the things that real women need to see!

Her journey to success has been an incredible one, going

from zero followers to almost 75,000 across all platforms in just three years. This is Gail's third show but this time round, she is doing it for charity — 100% of proceeds go to The National Council for the Blind of Ireland (NCBI). Her previous shows in March 2018 and January 2019 at the Opsrey Hotel, Naas were sellouts and

had amazing reviews from women of all ages.

Get your tickets!

An event not to be missed! NCBI Gail's Style Studio at Celbridge Manor, Sunday, October 6 from 2-6pm. Tickets available from www.retail.ncbi.ie/events.



Gail's Style Studio models and the NCBI team



Gail with Linda Doyle Beauty (LBD) who will be demonstrating a simple makeup look on stage and will be giving tips and tricks at the event.

Out & About

PHOTOS: Tony Keane

Launch of The Secret Serial Killer book at Barker & Jones, Naas

Author and journalist Robert Mulhern launched a thrilling new book in front of a packed house at Barker & Jones bookstore in Naas last Thursday evening, August 22.

The Secret Serial Killer: The True Story of Kieran Kelly, tells the story of a Rathdowney man who may have murdered some 31 people during his lifetime.

Born in Laois in 1929, Kelly emigrated to England in the 1960s, where he married and worked as a labourer.

He was convicted of murder in 1984 and sentenced to life in prison — but subsequently confessed to having committed many more murders.

Robert, who made a highly-regarded documentary on Kelly for RTÉ radio, returned to Kelly's childhood home in Laois to research the beginning of his criminal career — and the disturbing discoveries he made there are revealed in this exciting read.

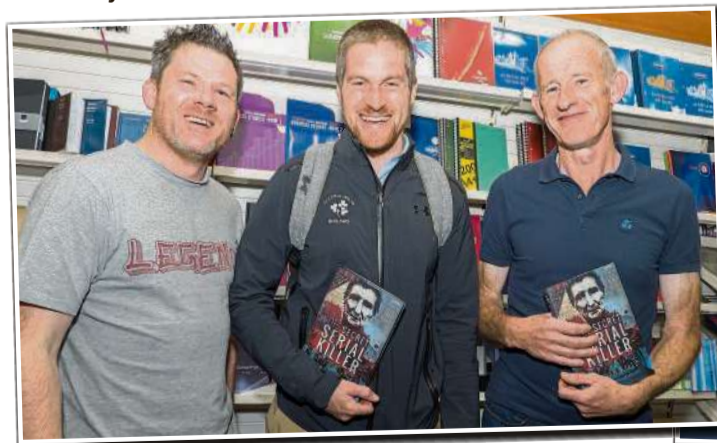
The Secret Serial Killer, published by Pen&Sword, is available at Barker & Jones, Naas.



Author Robert Mulhern, left, in discussion with special guest Ronan Kelly of RTÉ at the launch



Donal and Cormac Browne, Richard Hayden and Philip Kelly



Daragh Ó Concheóir, Brendan Coffey and Sean Conway



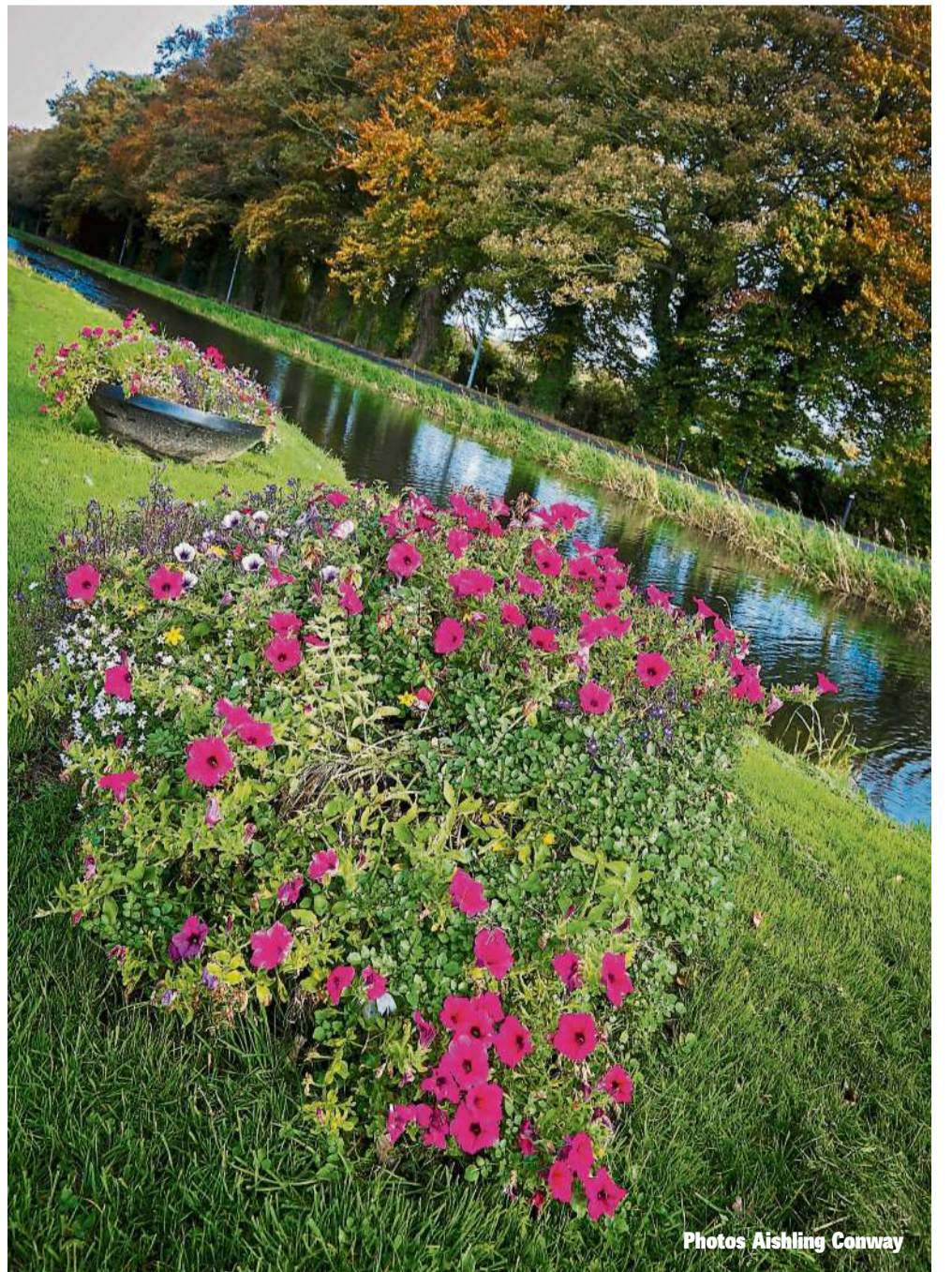
Declan McArdle, Alan Ward and Stephen Walsh



Angela Ryan and Eunice Lavelle at the launch of The Secret Serial Killer at Barker & Jones

Naas Special

Focus on continued growth in Naas:
Retail and commercial growth, population increase, and more
Pages 35 - 53



Positive outlook for Naas in residential and commercial growth

Rose B O'Donoghue
editor@kildarepost.com



Whilst the lack of residential properties for sale across the country continues to dominate media debate, Naas is one of the few Irish towns where supply actually exceeds demand.

Citing the developments in Naas by major developers Cairn (Elsmore and Oak Park), Ballymore (Bellingsfield, Piper's Hill, Longstone and Stoneleigh) and Ardstone (Castle Farm, Furness Wood and Bluebell Farm), Gerry Prendergast, Strategic Development Director at Millennium Park, Naas welcomed the continued growth in the residential sector.

"We're getting it right here in Naas at the moment. Our unrivalled ability to provide accommodation for residents and a labour force puts Naas at the top of sought-after destinations.



Longstone, Naas

"Furthermore, we are one of only two towns in Leinster (Athlone being the other) where more people come into work in the morning, than the number that leave to

make the commute to Dublin and elsewhere. Therefore Naas is no longer seen as a dormitory town for people commuting to work in Dublin".



The canal is seen as a great amenity to be developed via the Naas to Sallins Grand Canal Greenway

He continued: "In the 2016 Census, it was confirmed that over 1,200 more people come to work in Naas every morning than the number who exit for work elsewhere".

With Kerry Group and Dawn Farm Foods, Queally Group, IFS State Street, etc all located on the shoulder of Naas, Mr Prendergast welcomed the recent planning application for an excess of 400 housing units at Millennium Park by Glenveagh Properties PLC.,

another of Ireland's largest residential builders.

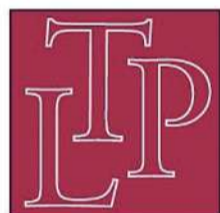
As new businesses open in the town, Dunnes Stores being the most recent, the continued upgrading of the M7 along with the massive supply of residential property will ensure the population growth of Naas in years to come. Census figures showed a growth from 2011 (20,713) to 21,597 persons in Naas (Electoral Division of Naas Urban and Legal Town) which represents a 4.2% (884 persons) increase in

population over the previous five years.

The population age profile was broken down in the 2016 Census as including a high percentage of children, young people and those at work. The 0-24 age cohort makes up 34.5% of the population which is higher than the national average of 33.2%, while the 25-64 age cohorts make up 55% of the population compared to 53.3% nationally.

In contrast, there is a lower proportion of the population over 65 years (10.5%) compared to 13.4% nationally.

The last local area plan for Naas and its environs clearly identified the need for increased leisure and recreational facilities as the population continues to rise. A publicly accessible parkland amenity is identified as a priority with the lands straddling the Grand Canal from Naas to Sallins zoned as a Future Park/Green Wedge identified for such an amenity.



The Leinster Partnership

accountants & business advisors

Accountants & Business Advisors

Naas Town Centre, Sallins Road, Naas, Co. Kildare.

Tel: 045 901900 | E: info@leinsterptnrs.ie

John Leddy FCCA | Catherine O'Reilly-Leddy AITI

Mary O'Connell BA FCA

www.leinsterptnrs.ie



15, Friary Road, Naas, Co. Kildare

€5 FRIDAYS EVERY FRIDAY

(Choose from one of the following)

Eyebrow wax / tint, Lip Wax, Underarm or Chin Wax

Open Mon, Tues & Wed 9.30am-6pm

Thurs 9.30am-8pm | Fri 9.30-6pm | Sat 9.30-5pm

Appts on request Wed & Fri 6pm-7pm by appt only.

Gift Vouchers available

www.amazonsbeauty.ie



Dublin Road, Naas, Co. Kildare

Tel 045 879761



Self Service maxWash
the ultimate carwash experience



Mervyns Maxol
Service Station
Kilcullen Road,
Naas



'Naas town experiencing a surge of optimism' — Kildare Chamber CEO

Rose B O'Donoghue
editor@kildarepost.com



Naas town is going through a new level of optimism, as new businesses open and more residential development continues. So claims Kildare Chamber CEO Allan Shine.

"A surge of optimism is very evident in our capital town over the past few weeks with job announcements, new retail openings and the derelict shopping centre on the main street due to go on the market next month for sale," he said.

"The road widening on the N7, the opening of the interchange into Millennium Park and the bypass of Sallins coupled with the 80 jobs announced with Open Sky Data Systems, 100 jobs with Go Ahead in Naas Enterprise Park and new exciting retail shop openings ensures that Naas is open for business," he added.

"Naas is a great town to do business in and this has been shown over the past few



Tommy Fletcher, soon to retire, photographed outside the iconic Commercial House, Thomas Fletcher's, which was sold recently to the owners of the Lemongrass PHOTO AISHLING CONWAY

months with the sale of Fletcher's pub to the owners of Lemongrass; the owners of Rustic restaurant are opening their second restaurant in the town whilst Lawlor's Hotel is undergoing a multimillion euro redevelopment and expansion".

Mr Shine has repeatedly denounced the continuous negativity aired on social media regarding parking issues in Naas.

The investment of so many

new companies in Naas was, the Kildare Chamber CEO stated, a clear validation of their belief in Naas as a growing commercial centre.

He concluded by noting "The Chamber are embarking on a five day trade visit to Boston next month; 14 Kildare companies are travelling with the main aim being to promote Kildare as the location of choice for potential business enterprise.

"Over the course of the five



Mark from Sheridan's Cheesemongers was in demand at last week's official opening of Dunnes Stores, Naas as customers queued to sample some of their delicious fare. Picture: Ben Kelly

days, we will be have meetings with the Mayor of Boston, IDA Ireland, Irish Consulate, Boston Chamber, Quincy Chamber, Boston

Irish Business Association and several tourism stakeholders in the city.

"Furthermore, we will be promoting Millennium Park

as the ideal location for companies seeking to set up their EU base in Ireland," concluded the Kildare Chamber CEO.

Multi-award winning
Asian fusion cuisine



LEMONGRASS
fusion

Lunch Menu
Early Bird Menu
A La Carte Menu
Japanese Menu

Kids Menu
Full Bar Facilities
Corporate Dining
Event Catering





Our food promise to you:
No MSG, No Preservatives, No Artificial Colouring.

www.lemongrassfusion.ie





Lemongrass Fusion @ Citywest Hotel, Saggart, Co. Dublin. T: (01) 4588193 / (01) 4588207 E: citywest@lemongrassfusion.ie
Lemongrass Fusion Naas, Abbey St., Naas, Co. Kildare Tel: (045) 881004 / (045) 881005 E: naas@lemongrass.ie

Naas Country Market has relocated to the Moat Theatre — and it's still going strong after 67 years!

Rose B O'Donoghue
editor@kildarepost.com



Home producers, crafts people, home growers — that's the backbone of Naas Country Market. Not just members of the farming community, women from all sectors bring their diverse talents to the tables at the weekly market now located at the Moat Theatre, Naas (just around the corner from the Town Hall).

Sixty-seven years is not bad for any business to survive and compete against the trends of massive shopping malls and online buying but survived they have, and not only do they provide an outlet to sell their wares, but it is also a social outlet and a connection hub for women across the county.

Naas Country Market has 30 members who contribute to the weekly market, and a regular weekly attendance of 200 plus customers.

In July, I popped into visit the ladies at their new Friday morning 'hub'. Outside, customers were enjoying a leisurely cup of tea and some purchased goodies. From the fresh flower stand outside, I chose plants — a mature, tall geranium at €3.50 ready to go straight into an outdoor pot, good value as were some healthy nasturtium at €1.50 per portion. The fresh flowers were divine, and bunches varied from €3.50 — great value, lovely scents and a diverse selection from wild flowers to elegant lilies.

Inside, the market was buzzing, a very social hub with more guests enjoying some light refreshments and confectionery at the seating area. On sale were free range eggs, and a massive selection of gluten free breads, biscuits



Cathy Fisher and Bridie Loughlin counting the takings!



Some of the produce on offer at Naas Country Market

and cakes. One member is a regular 'forager', that is, she takes many of nature's ingredients such as seaweed and brings in prepared seaweed products ready for cooking, along with keifer (a cultured dairy product, rich in probiotics, with incredible medicinal benefits) and savouries made without salt or any additives.

Lots of vegetables and fruits in season for sale; also preserves, jams and delicious sauces, all home made. If you're organising a family barbeque or party, it's the ideal spot to shop, with pavlova cases, fruit cakes, tarts, buns and absolutely every type of cake you can imagine on sale.

Lots of crafts including tea cosies, hand made cards, knitwear and crocheted goods, and giftware available. It really was a very sociable experience — quality goods to choose from, guaranteed home-made, and you can sit and have a cuppa in the Moat Café or outside, weather permitting.

Open every Friday morning from 9.45am-12.30pm at The Moat Theatre, Naas. Well worth a visit, quality goods amidst the unique atmosphere of a country market.



Mick Wall, Anna Sage and Lisa O'Brien of Naas Country Market



NAAS COUNTRY MARKET

Every Friday from 9.45am-12.30pm

Don't Forget - All your fresh, local Homemade Produce
Free Range Eggs-Baking-Vegetables
Flowers-Crafts..... and much more!
Available every Friday at our new location

The Moat Theatre, Naas (Behind Naas Town Hall)








Daniela and Graciela Coleman



DALY'S PHARMACY

17, Sth Main Street Naas
Tel. 045897239
Co. Kildare




MUTTZ FOR CUTZ DOG GROOMING SALON

Opening hrs Mon-Fri 9.30am-4.30pm
Sat 9am-4.30pm

For appt contact 0866038808 or
Find us on Facebook.
17 Wolfe Tone St, Naas, Co. Kildare 

Fabucci

FOOTWEAR



Exclusively available at Fabucci!

INSTORE & ONLINE

We accept

www.fabucci.ie



10, The Moat Mall, Naas, Co.Kildare

T: 045 874721



Dunnes Stores opening

Rose B O'Donoghue
editor@kildarepost.com



Last Thursday's opening of Dunnes Stores in Naas generated a level of excitement I can't remember since the Kildare senior team and Mick O'Dwyer brought the Leinster Cup to the town in 1998.

The town was absolutely buzzing as the wider community turned out in force to see the all new Dunnes Food Hall. I met people from Kildare, Kilcullen, Ballymore Eustace, Clane and beyond, even a family who came up from Portlaoise "to have a gawk!"

The location of Dunnes at the former site of Superquinn is a great boost to local retailers on North Main Street. Before Superquinn, it was Farrington's, one of the early supermarkets who offered a good butcher's and hardware store.

Former matron of Naas Hospital Ann Croke was the first to greet me as I entered Café Sol. "Isn't this just great for the town!" she enthused. "Take that woman's photo!" called out John McNiff (one of the management team at



Dunnes Stores).

A festival atmosphere abounded as more and more customers arrived to peruse the new retail centre in the hub of Naas. "I remember leaving the kids in next door to a creche. Was that where the Grandstand was?" asked a lady from Kilcullen. "Is that going to re-open as a creche for shoppers?" she asked.

Alas no; the premises will be developed as a retail outlet

with accomodation on the top two floors, as confirmed by John O'Reilly of Sherry Fitzgerald O'Reilly Auctioneers, Naas. Inside, I met with Tommy Fletcher, soon to retire from the family's iconic pub just a few doors up the road on North Main Street (No 13 to be precise).

Stan Hickey of Naas Historical Society was busy taking photos with locals, the



James Whelan Butcher's, Fran, Niall, Ling, Paul, Colm and Niall. All pictures by Ben Kelly



Kaci and Konor Curtis from Naas



Orlaith Delaney and Róisín Gallagher



Call in and See our Wide Variety of Fresh Fish & Shellfish

DAILY SPECIALS AVAILABLE

ORDERS WELCOME

WIDE VARIETY OF READY MADE MEALS IN STORE



Open Tues - Fri 9am - 6pm | Sat 9am - 4pm
Friary Business Park, Friary Rd, Naas | Tel: 045 875502



laundrette - dry cleaners
ironing service - alteration service

<p>Sunny Shop 1</p> <p>Unit 5 Friary Business Park Friary Road Naas</p> <p>045 895296</p>	<p>Sunny Shop 2</p> <p>Unit D8 Southern Link Business Park Beside Power City Naas</p> <p>045 897472</p>
--	--

www.sunny.ie



Artistik

www.artistikstone.ie

Unit 3,
The Courtyard Lawlors Hotel
Poplar Square, Naas, Co. Kildare

Ireland's Leading Suppliers of

- Natural Stone • Marble • Quartz
- Porcelain & Ceramic Tiles • Worktops & Vanity Unit Tops

Sale
Now On

Our SHOWROOM
is based in Naas, Co. Kildare.
OPEN SIX DAYS A WEEK.

Sale
Now On

Offering Premium Products to Our Clients.



CONTACT RICHARD FLEMING 087 9171000

Showroom 045 875629 email: info@artistikstone.ie

day causes great excitement in Naas!



the two dine-in food options. Cafe Sol was positively jammers, with free WiFi available throughout the store.

Present to celebrate the official opening of the Food Hall in the town centre were a host of Ireland's top food producers including Pat Whelan of James Whelan Butchers, Kevin Sheridan of Sheridans Cheesemongers and Sheila Fitzpatrick, founder of ABC Bread Company — all of whom have stores within the new Food Hall and who were delighted to meet so many old and new customers and chat with them as they sampled and shopped their award winning products.

Cutting the ribbon, store manager Padraic Carney stated: "Today has been such a proud day for myself and my team, as we opened our doors to the Naas community for the first time. I would like to thank my team who have been working night and day to make this happen, as well as all of the producers' teams. It was so fantastic to have everyone working together as a team to create this very special store".

Padraic added: "The feedback from customers has

been phenomenal and living in the area I know first hand how important it is to have a retail experience such as this in the town. I'm looking forward to the weeks and months ahead, welcoming so many new customers and showing them first hand what we have to offer — all under one roof."

I could move into Sheridan's Cheesemongers, I loved the selection of cheeses so much! Great to see the diversity of other retailers such as Nourish, who provide wholesome food, health and wellbeing product, and on hand to give advice; James Whelan's Butchers, the Alternative Bread Company and also Baxter & Greene deli market. Diarmuid Gavin's Outer Spaces gardening was extremely popular on the day, as was the Fishmongers stand which attracted lots of attention.

With 45 parking spaces, including 3 wheelchair spaces and some bicycle racks, shoppers can park for up to two hours, free of charge. Open 7 days a week, 8am to 8pm, Monday to Wednesday and on Saturday; 8am to 10pm Thursday and Friday, and 9am to 8pm on Sunday.

event being major enough he merited to be captured for future generations.

Management at Dunnes Stores can be well pleased with the footfall on opening day, only the Sam Maguire coming to Kildare could have drawing a bigger attendance!

As well as shopping and browsing, visitors were able to relax in the Food Hall, enjoying a Barista coffee, snack or full meal in one of



Jude Murray receiving a doughnut from staff member Mitesh



Bakery staff Monika and Janis



Alternative Bread Company staff Claire, Shelia and Ana



Student or parent can apply!

LOWEST EVER STUDENT RATE

BORROW €3,000 FOR ONLY €21 PER WEEK

€3,000 Student Loan over 3 years
156 weekly payments of €21.03
Representative APR 6.16%
Total Amount Payable €3,278.67

6%

POP IN AND HAVE A CHAT WITH US TODAY!

Loan examples are for illustrative purposes only. Information correct as at 12/08/19. Terms & Conditions apply. WARNING: If you do not meet the repayments on your loan, your account will go in to arrears. This may affect your credit rating.

North Main Street, Naas | Monread Shopping Centre | Edward Street, Newbridge | Main Street, Maynooth
www.lifecu.ie 045 879 622 Life Credit Union Ltd is regulated by the Central Bank of Ireland

NAAS OPEN 24 HOURS

NAAS FARMER'S MARKET

Friary Road, Naas
Every Saturday, from 10am-3pm

Our weekly traders include:

- Fishmonger TJ
- 087-9496126
- Castleruddery Organic Farm - 045 404925
- Dee4candles - 0868219878
- Bramble Cottage Kitchen
- A&K Real Foods - Agneska (045) 406 809
- ChocOneill Chocolates - 086 2128067
- Aghaboe Farm Foods
- Seccotto Coffee - Local Roaster
- Mr. Noodles 087 660 0791
- Jane Russell Sausages - 086 8196387
- Grannies Kitchen John - 083 3000876
- The Scarlett Olive - Neville 087 9980919
- Dave's Bretzel Bakery
- Food Junkie Pizza - Luke 085 782 5748
- Leaf & Petal
- Jane Sellers Honey
- Many more regular craft traders.

Please visit
www.naasfarmersmarket.ie/contact.html
for further information



Food Junkie Woodfired Pizza a real crowd favourite on Saturdays at Naas



The Scarlett Olive, a popular stand at the Naas Venue





Every Saturday
10am - 3pm





Outside Trax Brasserie
Friary Road, Naas





Skips Ideal for...

COMMERCIAL AND DOMESTIC USE

- House & Garden clearouts
- Home Improvements & Renovations...

045 888700 Naas.
01 2787080 Dublin.
Unit 74 Naas Ind. Est. Naas, Co. Kildare

LONGSTONE

NAAS, CO. KILDARE



**3 AND 4 BEDROOM
STYLISH FAMILY HOMES
FROM €350,000**

**SHOW HOUSES ON VIEW
SAT 31st AUGUST & SUN 1st SEPTEMBER
FROM 1pm-2:30pm**

**REGISTER YOUR INTEREST:
WWW.LONGSTONENAAS.COM**



PSRA No.002183
01 667 1888



PSRA No.003008
045 897 711



ballymore.



CASTLE FARM

NAAS, CO.KILDARE

**Final Release of 2, 3 & 4 Beds
31st August & 1st September**

**Show Homes On View
Saturday & Sunday 12 - 2pm**

2 Bedroom End of Terrace Houses from €290,000

3 Bedroom Terraced Houses from €305,000

3 Bedroom Semi-detached Houses from €340,000

4 bedroom Semi-detached Houses from €380,000



DNG

NEW HOMES

PSL NO. 002049
TEL: (01) 491 2600

DNG

DOYLE

PSL NO. 001393
TEL: 045 874795

FOR MORE INFORMATION: WWW.CASTLEFARMNAAS.IE





Elsmore, Naas

Launching Saturday, 31 August and Sunday, Sept 1

Location is key in beautiful Elsmore, a new development of three and four-bedroom family homes, along with two and three-bedroom apartments and duplexes from Cairn PLC.

Situated perfectly next to Naas town centre and close to all access routes, Elsmore is marketed as being "the ideal choice for people who need to

be close to the action but want to be part of a close and growing community".

Located on the South Ring Road, with easy access to Naas Town itself but also only a short drive to Kilcullen, Newbridge, etc.

Amenities in the area are ace, from leisure facilities including K Leisure, Killashee and the Osprey offering swimming pools,

gyms, fitness classes, etc, there are also soccer, GAA, athletics, hockey and rugby clubs in abundance, along with a cinema in Naas, a superb library and of course, great shopping and dining.

Find out more

Contact Hooke & MacDonald or Coonan Property for further details.

Bellingsfield, Piper's Hill, Naas

Phase 3 Launching this weekend:
Saturday, August 31 and Sunday, September 1

Bellingsfield is an exquisite collection of three and four bedroom semi-detached and four bedroom detached family homes conveniently located beside Naas with excellent transport links to Dublin and beyond.

The homes at Bellingsfield are exceptional in design and build, integrating the very best in space-planning and energy efficiency. The development is set within richly landscaped, expansive green spaces and is perfect for families of all ages and stages. Naas is a thriving market town with an abundance of sporting clubs, restaurants and retail offerings. With daily coach and train services travelling to and from Dublin, Naas is an ideal location for commuters. The M7 also provides a gateway to the greater regions of the country.

Bellingsfield is being developed by Ballymore, one of Ireland's leading developers. The award



winning company has an unrivalled reputation for producing the very finest homes, with a particular emphasis on the quality of construction, exceptional design and superb presentation. Contact CME Estate Agents, Naas for further enquiries.

3 & 4 Bedroom Family Homes -

3 Bed Semi-Detached House Price: €300,000

3 Bed Semi-Detached House Price: €345,000

Bed Semi-Detached House Price: €385,000

4 Bed Detached House Price: €485,000

WE'RE YOUR LOCALS
in Kildare **THINKING OF SELLING?**
CONTACT US TODAY

T: 045 866466
E: info@sfor.ie
PRSA NO: 001057

Sherry
FitzGerald
O'Reilly



Roseview
THE ORCHARD
SALLINS ROAD NAAS

Roseview at The Orchard Sallins Road, Naas.

Apartments enhanced by the finest design and craftsmanship by Springwood Ltd.

Only 2 ground floor apartments remaining!
Extends 83m2 approximately.

Price €280,000

Phone 045 866466 info@sfor.ie

www.sherryfitz.ie

Equity House, North Main St, Naas, Co. Kildare

Naas Insurance & Finance

**BROKERLINE
DIRECT**

PROVIDING MORE OPTIONS
FOR COMMERCIAL INSURANCE,
PERSONAL INSURANCE,
MORTGAGE PROTECTION
& PENSIONS

www.naasinsurance.ie

We are in business since 1946



"Welcome to Dunnes Stores and
may the Renaissance of Main Street
Naas Continue"

15, Sth. Main St., Naas, Co Kildare. W91 Y580
Tel: (045) 874444 | Email: info@naasinsurance.ie

Member of Brokers Ireland

**Naas insurance Consultants Designated Activity
Company t/a Naas Insurance and Finance is regulated
by the Central Bank of Ireland.**

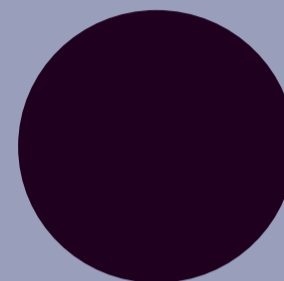
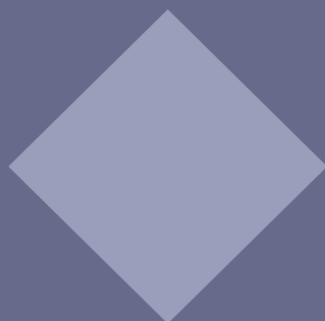
Registered in Ireland No. 81466.

Managing Director: T. O'Keeffe.

CAIRN
PLC

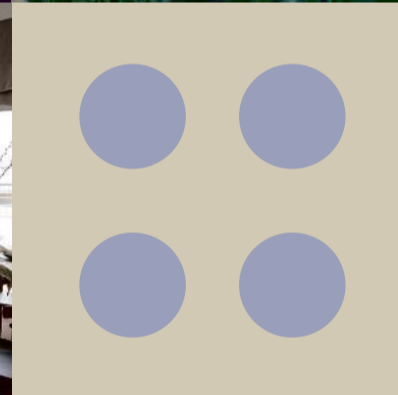
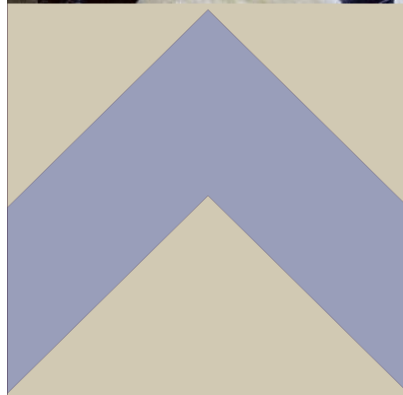
DESIGNED FOR LIVING
BUILT FOR LIFE.

MODERN HOMES IN THE HEART OF VIBRANT NAAS



Elsmore.

NAAS • CO. KILDARE



New apartment and duplex showhomes launching Saturday 31st August and Sunday 1st September from 2.30pm to 4.00pm.

Located right next to Naas town centre and close to all access routes, Elsmore is ideal for busy professionals and families who want to be close to the action while still being part of a welcoming and growing community.

2-bedroom apartments from €249,000
3-bedroom duplexes from €285,000
4-bedroom houses from €349,950
Eligible for the Help to Buy scheme.

LOCATION: Take Exit 10 off the M7 and take the R445 towards Naas Town Centre. After 1.5km turn right onto the Naas Southern Ring Road (R447). Proceed along this route, taking the first exit off the first roundabout.

GPS: 53.209605, -6.678443 Google Map Code: 686C+7G



EPI range is 25-50 KWH/M2/YR
BER numbers can be viewed with the agent

elsmorebycairn.com

Joint Agents



01 631 8402
PSRA No. 001651



045 832 020
PSRA No. 003764

LOCAL
EVENTS

PHOTOS: Aishling Conway

Naas Musical Society Open Night at the Town House Hotel



Liam Corridan, Gemma Lehane, Theresa O'Donovan, Brona Dunne, Ciara Dooley and Niamh Irwin



Sarah O'Driscoll, Cathriona Convooy, Dearbhail Downey, Holly Maher and Aishling Butler



Mona Conroy and Margaret Rowe



Lynne Howard, Fiona Allen and Yvonne Ramsey



Helen Mahon and Mary Foxe



Grace McGrath and Yvonne Ramsey

2019 AUTUMN/WINTER

THE MOAT THEATRE

www.moattheatre.com booking: 045 883 030   

New events calendar out now



MYKUL
BRAM

Leading provider of "A" Rated Windows & Doors in Kildare, Dublin & Meath



Abbey Road, Naas, Co. Kildare
T: 045 - 875454 E: info@kwindows.ie
W: www.kwindows.ie



COME
AND VISIT OUR
SHOWROOM ON
ABBEY ROAD,
NAAS

Why Choose Us

Professional Service

We know how important great customer service is especially when work is being carried out on your home. We provide a full professional service from initial consultation, through manufacturing to final installation.

10 Year Guarantee

All our products are manufactured to the highest quality standards and comply with the NSAI Regulations. All windows & doors are manufactured locally and are covered by our 10 year guarantee.

Quality Products

Our pvc windows & doors are made from the highest quality systems giving you modern looks and exceptional energy efficiency. We use the highest quality hardware and include high security options as standard.



Over 35 years experience in supplying the most elegant designs offering impeccable customer service from start to finish.

Naas Wild Food Festival – September 5, 6 and 7

Events to take place in Naas Town Centre, Poplar Square and The Harbour

Another colourful and tasty event to highlight the eateries, local produce and food services available in Naas, Naas Wild Food Festival will provide a fabulous day of food, entertainment and fun on Saturday 7 September.



What's on the Menu?

Participating restaurants and stalls can sell 'normal' food but they must also sell something 'wild'. It should be fun, quirky and unusual. The list of possible wild food is endless. The festival will provide delicacies destined to exercise the taste buds of both the discerning and daring! Below is a sample list of what you might expect to find on the Menu:

Spit roast rare breed pig, garlic Irish snail's, venison, hare, mountain oysters (sheep's testicles), local cheese on toasted fried grass hopper, grubs, wild boar,

goat, rabbit burgers, scallops, seagull razor clams, locust clams, lamb kebabs, African babotie, and much more.

Unique Food Festival

Naas Wild Food Festival will focus on rare and unusual foods from both the immediate locality as well as distant lands! Local businesses/community groups/clubs and individuals are invited to set up a stall at the festival and sell food and drink. The whole community can therefore get involved.

One could expect to find a stall manned by say – the GAA

Club, the Scouts Club, a local solicitor's firm, a local restaurant, the Mens Shed, etc. At last year's event, a 13 year old was awarded the Young Entrepreneur Award. She sold 100 crepes topped with a homemade, locally sourced, strawberry coulis.

Stalls for everyone!

There will be community stalls run by voluntary groups/official non profit clubs, groups using voluntary labour for fundraising. Individuals or families may run private stalls and local businesses will also run



Gerry Keogh, event organiser Naas Wild Food Festival

commercial stalls, promoting company name and/or products in any way. Email naaswildfood@gmail.com to book or make enquiries. **The aim is, over time, to make Naas the ultimate food destination for real foodies, at home and abroad.**

A similar festival has been running in New Zealand for the past 20 years or so, entitled the Hokitika Wild

Food Festival. Given the town has a population of 3,500, their Wild Food Festival now regularly attracts approximately 15,000 visitors into the town for the festival weekend (peaking at 20,000 in 2010).

Events:

Wild Food Trails – Gourmet Food Trails. Guided tour around Naas visiting its finest eateries. Thursday, Friday and Saturday nights

(tickets available from the Moat Theatre).

Free Street Parties at Poplar Square on Friday 6 and Saturday 7, from 6-11pm.

Featuring: Sharon Shannon and Mundy, Abbalicious, Kila, Sina Theil, Kevin Moran, Men's Shed and lots more.

Wild Food Festival on Saturday, September 7, 12 noon to 5pm in the Harbour area, Naas. See Naas Wild Food Festival on Facebook for more.

Continued Success to the Kildare LGFA from George Mullins

FUNERALS

Serving the Community for over a decade

The Funeral Home, Kilcullen Road, Naas, Co. Kildare

Tel 045 894123 or 087 2557299 (24 hrs)



Members of Irish Association of Funeral Directors.

NAAS OIL.ie
Telephone
045 871771

Delivering to Kildare, Dublin, Wicklow, Carlow, Laois, Offaly & Meath
Visit our website on www.naasoil.ie
Visit our Facebook page [@naasoilgroup](https://www.facebook.com/naasoilgroup)
We can provide tank Top-Ups including large or small quantities
SERVICE, QUALITY & UNBEATABLE PRICES

Spring has sprung at Naas Oil

Check out our competitive prices in home heating oil this Spring and Agricultural Diesel for the start of a busy farming season!
Naas Oil Fast, Friendly and Efficient

More time to read: Naas Library announces extended opening hours

From Monday, September 2, Naas Community Library will operate with increased opening hours, from 33 hours per week to 48 hours per week. This will allow for greater accessibility and improved library service delivery to our patrons.

Naas Library is a place of education, entertainment and a community resource for people of all ages. Through our stock collection of books and audio visual material, online resources, eBooks, eMagazines, study areas, exhibition space and our various events such as clubs, computer classes, storytimes, author visits, workshops, talks, arts & crafts and writing groups we offer something for everyone.

Kildare Library Service offers a range of programmes such as Parenting, Secondary Schools, TTT (Toys, Technology & Training), OWL Age Friendly, Healthy Ireland and Work Matters.

These programmes offer talks, workshops and resources for borrowing and are all available in Naas Library.

We are very proud of our Kildare Readers Festival which celebrates its tenth anniversary and will run from October 1 to 20, with events taking place in all the main libraries including Naas and in the Riverbank Theatre, Newbridge.

All of our services are free, and to borrow any items from our collections and use the online resources, you just need to become a member.

If you would like to receive our monthly newsletter of events please contact your library to sign up for this service.

Contact us on social media:
[facebook.com/KildareCountyLibraryService](https://www.facebook.com/KildareCountyLibraryService)
twitter.com/kildarelibrary
www.kildare.ie/library



Naas library is a hub of activities for all ages

September Schedule

Booking required for most of our courses: please contact Naas Library on 045 879111/naaslib@kildarecoco.ie.

Art Exhibition — Advance, Choices Transitions: a Catalogue of Art

Exhibition will be launched on Tuesday, September 3, 7 to 8pm and exhibition will

continue until Friday, September 13. By students within the National Learning Network.

Summer Stars Graduation Party, Osprey Hotel, Naas

Saturday, September 7, from 11am to 1pm.

For all the Summer Stars Readers who participated in our Summer Reading Challenge, please join us in the Osprey Hotel for the Mad Professor Science Show followed by medal and certificate presentation and a photo opportunity with our library mascots Rua the Squirrel and Oíche the Owl.

Culture Night:

African Drumming Workshop with Thomas of Jabba Jabba Jembe. Friday, September 20, 4pm to 5pm.

Kilteel Eadestown Comhaltas Recital. Friday, September 20, 7pm to 8pm.

Naas Memories on Film, by Stan Hickey. Friday, September 20,

8.30pm-9.30pm. Take a trip down memory lane and glimpse old Naas in 1969 with this short film shot by Stan Hickey.

Parenting Programme 2019

The Fifteen Minute Parent, by Joanna Fortune (accredited psychotherapist and author). Thursday, September 5, 7pm to 8pm.

Helping your child to behave well, by Sinead McGrath (HSE Primary Care Psychology Service). Tuesday, September 17, 7pm to 8pm.

Parent & Toddler Yoga, with Yo-Yo Yoga, Thursday, September 19, 10am to 11am.

Stress Control Class, by Emma Maloney (HSE Primary Care Psychology Service). Thursday, September 19, 6.30pm to 8pm. Week one of a six-week com.

For a full programme of upcoming events, contact Naas Library.

Naas Lions Club provides valuable local community services



Why not drop your unwanted and no longer used spectacles to Naas Lions Club during the Naas Wild Food Festival

Naas Lions Club will be promoting their local community services at the Naas Wild Food Festival on Saturday, September 7, in the Harbour area.

Free information leaflets will be available covering the following topics: suicide prevention, bullying awareness, local and national telephone numbers for vulnerable people.

They will also be handing out free balloons for the

children, free medical emergency containers and information about the local schools' peace poster competition.

Unwanted Spectacles

Also on the day, they will be collecting any unwanted spectacles that you may have lying around your house. The donated eyeglasses collected will be sent to a recycling

centre and when checked and fixed, they will be then sent to help improve the quality of life for children and adults living in low and middle income communities around the world. Many will experience corrected vision for the first time, enabling them to lead productive working lives, support their families, attend school and advance their education.

Please call by and drop off any unwanted spectacles.

HUGH STATHAM
Jeweller & Goldsmith
22a South Main Street, Naas, Co. Kildare +353 (0) 45 875418 info@stathamjewellers.ie

HUGH STATHAM GOLDSMITH & JEWELLER

Naas Community Library NEW OPENING HOURS FROM 2ND SEPTEMBER

Monday: 10.00AM - 5.00PM
Tuesday: 10.00AM - 8.00PM
Wednesday: 10.00AM - 5.00PM
Thursday: 10.00AM - 8.00PM
Friday: 10.00AM - 5.00PM
Saturday: 10.00AM - 5.00PM
Sunday: CLOSED

From Monday 2nd September Naas Community Library will operate with increased opening hours, from 33 hours per week to 48 hours per week. This will allow for greater accessibility and improved library service delivery to our patrons.

Naas Library is a place of education, entertainment and a community resource for people of all ages. Through our stock collection of books and audio visual material, online resources, study areas, exhibition space and our various events such as clubs, computer classes, storytimes, author visits, workshops, talks, arts & crafts and writing groups we offer something for everyone.

Look out for Culture Night events in Naas Library on 20th September and contact the library to book a space.

African Drumming Workshop by Jabba Jabba Jembe
Kilteel Eadestown Comhaltas Recital
Naas Memories from 1969 on Film by Stan Hickey



Kildare County Council
Library and Arts Services
Comhairle Condae Chill Dara
Seirbhísí Leabharlainne Agus Ealaíon

Phone: 045 879111
Email: naaslib@kildarecoco.ie

Dunnes Stores opens its doors



Pictured at the opening of the new Dunnes Stores in Naas on Thursday morning, August 22, were, clockwise from top: Ruairi and Jeffrey Gunning from Naas; May Garvey; and local shoppers Anne O'Neill and Esther Doyle. PICTURES: TONY KEANE



DMC Restorations Ltd

KITCHENS BY DESIGN



Limited only by our imagination

Located in the Moat Mall, Main St, Naas, Kitchens By Design has taken the construction sector to the high street by allowing you to purchase your construction and home improvements needs as you would any other retail purchase.

Shane, one of their home design consultants, describes how customers love having a shop that can provide you everything you could need from plastering to plumbing, carpentry to tiling and everything in between.

From designing your new kitchen to building that dream extension, they have the management and professionals needed to bring your dreams to reality.

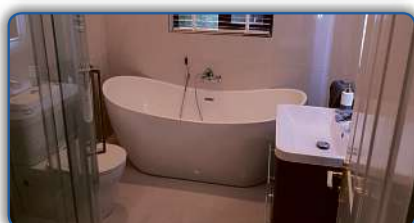
Martina in Prosperous loved that she could buy her new bathroom suite elsewhere and Kitchens By Design could fit it for her in her newly modelled wet-room designed by Shane.

Their first branch opened in Moat Mall Naas in November 2018 with plans for a second branch opening in Dublin next year.

Ask in store about our attic conversion and extension combinations package for January 2020 taking bookings now.

Open 10am - 5pm Monday to Saturday,
The Kitchens By Design team will cater to all your home improvement needs.

Visit them on www.dmcrestorations.ie
Tel: 045 888285



Whirlpool
SENSING THE DIFFERENCE

RECEIVE A
FREE
DISHWASHER
WHEN YOU PURCHASE
A WHIRLPOOL
W COLLECTION
OVEN, COMBI & HOB

PURCHASE AN OVEN, COMBI & A HOB FROM THE BELOW LIST. GET A FREE DISHWASHER							
OVEN	RSP	COMBI	RSP	HOB	RSP	DISHWASHER	YOUR PRICE
WPCW1318A	€345.00	WPCW1318A	€395.00	WPCW1318A	€395.00	WPCW1318A	€399.99
WPCW1318A	€345.00	WPCW1318A	€395.00	WPCW1318A	€395.00	WPCW1318A	€399.99
WPCW1318A	€345.00	WPCW1318A	€395.00	WPCW1318A	€395.00	WPCW1318A	€399.99

Whirlpool
SENSING THE DIFFERENCE

GET
€200
OFF
A DISHWASHER WHEN
YOU PURCHASE A
WHIRLPOOL ABSOLUTE
OVEN, COMBI & HOB

PURCHASE THE OVEN, COMBI & A HOB FROM THE BELOW LIST. GET A €200 OFF A DISHWASHER							
OVEN	RSP	COMBI	RSP	HOB	RSP	DISHWASHER	YOUR PRICE
WPCW1318A	€345.00	WPCW1318A	€395.00	WPCW1318A	€395.00	WPCW1318A	€1,800.00
WPCW1318A	€345.00	WPCW1318A	€395.00	WPCW1318A	€395.00	WPCW1318A	€1,800.00
WPCW1318A	€345.00	WPCW1318A	€395.00	WPCW1318A	€395.00	WPCW1318A	€1,800.00

ONE NEW ROW

Christmas is Coming



What we can offer

Finger Food
Reserved Areas
Private VIP Bar
Drinks Tokens
Club Access
Private Hire

Contact us to
tailor-make
a package
that suits your
needs



Gorgeous four-bedroom family home in Naas with landscaped gardens on the market for €465,000

Kim O'Leary

This modern four-bedroom detached home in Naas will ideally suit a family as it boasts plenty of space inside and outside, as well as proximity to local amenities, including schools, for an asking price of €465,000.

DNG Doyle are delighted to present No 4 Gleann Na Riogh Drive, Naas, to the market. This beautifully decorated, superbly spacious, four bedroom, detached home is nestled on a large corner site with landscaped gardens to front and rear.

Gleann Na Riogh Drive is a well-established and much sought after location in Naas, and is only minutes from the Main Street with all social and necessary amenities just moments away including; schools, shops, supermarkets, churches, bars, restaurants, health,



leisure and public transport facilities.

Inside the spacious and well-proportioned accommodation briefly comprises of an entrance porch, hallway, guest w.c., living room, dining room, kitchen, family room, office,

4 bedrooms including (master en-suite) and a main bathroom.

Outside the property benefits from fully walled and superbly maintained front and rear gardens. The cobble-blocked driveway to front provides ample off

street parking for several cars and there are two side passages to rear for easy access.

The rear garden is landscaped and laid to lawn with a walled, raised patio area and raised flower beds with lighting. There is also a

water feature and a steel shed with electricity supply.

No.4 Gleann Na Riogh Drive is situated within easy walking distance of all local amenities in Naas town centre, and is also ideal for commuters who need to travel to Dublin with the

N7/M7 motorway and the Arrow train station in Sallins.

Viewing of this property is strictly by appointment only and for more information contact DNG Doyle on 045 874 795.

WE'RE YOUR LOCALS

in Kildare

THINKING OF SELLING?

CONTACT US TODAY

T: 045 868412
E: INFO@SFREILLY.IE
PSRA NO: 001284

Sherry
FitzGerald
Reilly



Castlebrown, Clane, Co. Kildare AMV €550,000

25.2 ha / 61.8 acres approximately of land in four divisions.

For Sale By Public Auction (Unless Previously Sold)

On Wednesday 18th September 2019 at 3pm in

Lawlors Hotel, Naas, Co. Kildare

The land is in an idyllic area of Clane village i.e.

Castlebrown, a townland within easy walking distance

(140m approximately) of the village boundary of Clane,

with all services and amenities - schools, shops etc.

Sean Reilly Snr FIPAV



Loughanure, Clane, Co. Kildare, W91 Y9Y4 AMV €600,000

Residence on 8 Acres

For Sale By Public Auction (Unless Previously Sold)

On Thursday 19th September 2019 at 3pm in

Lawlors Hotel, Naas, Co. Kildare

An imposing property with an attractive brick façade, approached through electronic entrance gates, along a sweeping driveway, that enjoys a tranquil setting, set within some eight acres approximately of mature grounds.

BER No 112402706

Sean Reilly Snr FIPAV

nobilia®

German kitchen excellence at  Timbercraft



Contemporary kitchens for every lifestyle



NEWBRIDGE, Co. Kildare
DEANSGRANGE, Co. Dublin

Phone 045 432100 / 434340
Phone 01 2070713 / 2070801

Email : info@timbercraft.ie Web : www.timbercraft.ie

Showrooms Open : Mon-Fri 9.30-5.30; Sat 10-5



Travel Glam from GLAM DOLL



Boulevard Hollywood mirror from GLAM DOLL



Ring Light from GLAM DOLL



Hollywood Ultra Glam 'The Capri' with Bluetooth



Hollywood PRO XL 'The Uptown' from GLAM DOLL

Bringing Hollywood Glam to Kildare

This week I met up with Kildare entrepreneur Andrea Griffin, founder of GLAM DOLL, who shared some great tips on designing the perfect makeup station.

Andrea is taking Instagram by storm with her fabulous range of interior products and storage solutions to help you achieve the perfect Hollywood makeup station in your home.

Designing high quality makeup stations are growing in demand in Ireland as clients are looking to create a luxurious yet quality dressing room either for their own enjoyment or for their work as a blogger / influencer.

Why did you start GLAM DOLL?

"I've always had the dream to build a brand and create my own business. Following a redundancy from my long career in Aviation, I decided to take the leap and GLAM DOLL was born," said Andrea.

"The idea came to me as we were upgrading our daughters' bedrooms and could not find a Hollywood-style mirror within Ireland. Knowing there would be a demand for this type of product by other women, I went about researching, designing and producing top quality lighting products to bring to the Irish market".

What's so special about your Hollywood glam mirrors?

"It was very important for us to create a top-quality product and offer it at an affordable price.

"Our products are made with the best materials, are low-voltage and we have included innovative features, so each product provides a dual-function.

"For example, all our mirrors have optional Bluetooth speakers so you can connect your phone and listen to music while you get ready".

Any tips to designing the perfect makeup station?

Andrea replied: "Having everything easily accessible and organised really helps with speeding up your daily routine.

Our Glam Boxes provide a

VALUE BLINDS

Suppliers of Irishmade Roller, Venetian, Vertical, Velux & Wood Slat Venetian Blinds

Email: info@valueblinds.ie
website: www.valueblinds.ie

SUMMER DISCOUNTS!!!
60% MULTIROOM DISCOUNT!!!

Order 2 or more standard roller blinds, standard blackout blinds or Fauxwood Venetians and receive a **60% discount** off the RRP. Prices include fitting and we'll take your old blinds away for free!

Call now for a no obligation quotation.
We call to you in the comfort of your own home.
Local: 1850 490099 / 087 9896466
Info@valueblinds.ie
Www.valueblinds.ie



WE CREATE BEAUTIFUL LANDSCAPES COUNTRYWIDE

Imagine the sound of laughter on a warm summer's evening

we design / supply / fit

fencing
paving
planting

extend your home to the outdoors

GET IN TOUCH!

email | info@4sl.ie
Phone | 045 241980
text | 083 1432315
website | www.fourseasonslandscaping.ie



four seasons landscaping

great storage solution for all your cosmetic products and the clear acrylic makes your makeup easy to find. This paired with excellent lighting creates the perfect glam station”.

Why is it so important to have good lighting when applying makeup and how do your mirrors help with this?

“Lighting is the key,” answered Andrea with conviction. “Regardless of how much space you have, if you have bright, safe lighting you will be able to apply flawless makeup. With the long dark Irish winters, our mirrors are a life saver when natural light is not available. They all feature cool touch, dimmable LED bulbs which are energy efficient and don’t heat up. Our mirrors all provide cool, crisp light which is ideal when applying makeup as it most closely resembles natural daylight”.

What is your favourite item from your vast range of vanity furniture and mirrors?

“My favourite product would be our Hollywood PRO XL mirror ‘The Uptown,’” continued Andrea.

“It’s unique in that the portrait design makes it perfect to fit in narrower spaces such as between two



Gigi Mirror from GLAM DOLL



Bella Mirror from GLAM DOLL



Burbank Glam Station from GLAM DOLL

windows. The side socket allows me to use my hairdryer easily as well as charge my phone with the integrated USB ports. I just love the clean edge design, its elegance simplified”.

In our world of bloggers and influencers do you see a growth in quality vanity tables and makeup stations?

“We have experienced great demand for quality glam stations as most girls are inspired to design their room

like that of their favourite Blogger or YouTuber. Especially with global influencers in America which have these massive rooms with the latest makeup stations. We wanted to make that same look available to the Irish market by offering a variety of sizes so no matter your space, you can achieve the same effect”.

Are there any celebrities that endorse your products?

“Our products are being

used throughout Ireland by leading makeup artists, beauty salons, fashion designers and influencers as well as TV, film and event crews” said Andrea.

Have you a shop in Kildare or how do potential customers purchase your products?

“We are based in Celbridge, just off the N4 where you can visit our showroom and view our full range of products, available to purchase in-store. We also sell on our

website www.glamdoll.ie and offer Next Day Delivery with DPD which includes Insurance & Tracking. We sell throughout the UK and Europe as well”.

15% Discount for all Kildare Post readers!

Andrea has kindly offered all our Kildare Post readers a 15% discount when shopping online at www.glamdoll.ie. Simply enter the code Kildare15 at checkout to avail of this generous discount. You can also follow GLAM

DOLL on Instagram at [@glamdoll.ie](https://www.instagram.com/glamdoll.ie) and like their facebook page GLAM DOLL Ireland or email your queries to andrea@glamdoll.ie

I hope you found this column informative and are feeling empowered to create your own glamorous Hollywood makeup station.

If you have any suggestions for future columns, then please drop me an email to info@aspiredesign.ie or phone 045 982 265 / 086 399 9926. Thanks, Louise!

JORDAN



Auctioneers, Estate Agents
& Chartered Valuation Surveyors

JORDAN - TRUST THE FOX

**Riverfield
Newbridge**



Detached 4 Bed Bung on c. 0.4 Acre
Guide €450,000

**13 Moore Park
Newbridge**



Detached 3 Bed Bung on Large Site
Guide €280,000

**Oakglade Hall
Naas**



Ground Floor 2 Bed Apartment
Guide €200,000

**Sunnyhill
Kilcullen**



Det. 5 Bed Dormer with Garage & Workshop on c. 0.45A. Guide €350,000

**38 The Close
Curragh Grange, Newbridge**



3 Bed Semi-Detached, Residence
Guide €240,000

**Village View
Johnstown, Naas**



Det. 4 Bed Bung with Shop on c. 0.4 Acre
Guide €475,000

**Millfield
Newbridge**



3 Bed Terraced Residence
Guide €200,000

**Baroda Court
Newbridge**



4 Bed Detached Bungalow
Guide €395,000

Liam Hargaden, FSCSI, FRICS (Director) – 086 2569750 Email: liam@jordancs.ie | Mark Neylon, BSc(Surv), MSCSI, MRICS – 085 1226720 Email: mark@jordancs.ie

Tel: 045 - 433550

PSRA Licence No. 001536.

Web: www.jordancs.ie



Pick fruit quickly, and avoid those angry little wasps!

So what is with all the wasps? I know its the time of year but this year there seems to be an exceptional amount of them, they're everywhere and is it just me or do they seem to be very aggressive little devils!

One of things that is really enticing them is the fruit on our trees so I'm trying to pick them super quick to ensure that they are kept to a minimum. To be honest, picking the fruit as soon as it is ripe is always a good idea as any fruit that drops is the worst thing for attracting vermin to our garden so do pick up any fallen fruit and quickly!

This year, we have had a great crop of fruit and once again its trying to use all the fruits. We've plums, apples and pears ready and the figs look like they are ripening nicely. We keep a wide variety of apple trees, three pear varieties and two plum. We only keep the one fig but it is a good one for our climate. We also have some more mature fruit trees so that they are producing well already and will fit right into an orchard planting scheme well.

Don't prune too early

Don't be tempted to prune your fruit trees in the

autumn, leave that until the early spring, about the end of February is best for that. Leave any fertilising until at least then too as a guide for that Patrick Day is best. That goes for most things, hedges, trees and evergreens.

How to use the fruit

So how am I going to use all this fruit? I've always loved Clodagh McKenna's Christmas Chutney, it keeps unto 6 months nicely so you can give it as gifts to friends & family or even teachers

Here is the recipe

- Pat of butter
- 2 onions sliced
- 2 1/4lb apples (a variety suitable for cooking, peeled, cored and diced)
- 2 1/2 cups brown sugar
- 10 whole cloves
- 1 tbsp. chilli powder
- 3/4inch piece of fresh ginger, peeled and grated
- 1 3/4 cup cider vinegar
- 1 tsp. sea salt
- 1 tsp. freshly ground black pepper
- 1 tbsp. turmeric powder

Melt the butter in a heavy-bottomed saucepan and add the onions and apples. Stir well, cover and let cook for five minutes.

Stir in the sugar, cloves, chilli powder, fresh ginger, cider vinegar, salt and pepper and turmeric powder. Mix well. Cover the saucepan and let simmer over medium heat for 20 minutes.

Remove the lid, turn down the heat to low, and let cook for a further 30 minutes or until the apple has broken down and the chutney has turned a rich golden brown colour. Remove from the



Pick up your ripe and fallen apples from the orchard, in order to keep down the wasps and vermin!

heat and let cool before putting in sterilised jars.

She also has a fantastic glut of lemons! As the recipe for Lemoncello if you come to find yourself with a saying goes, if life gives you lemons! — Jo



Making advance Christmas chutney is a great way to use up ripe fruit



Pruning of trees with secateurs but don't prune until spring



Big Enough to Cope Small Enough to Care!

Quinn Trees & Landscaping

TREES

- ❖ Tree Felling
- ❖ Pruning
- ❖ Hedge Trimming
- ❖ Stump Removal

PATIOS

- ❖ Patios & Driveways
- ❖ Block Paving
- ❖ Fences
- ❖ New Lawns

FREE ESTIMATES • ALL WORK GUARANTEED • FRIENDLY SERVICE
Professional and Reliable Service with many years of Experience



All types of trees expertly topped, pruned or felled & chipped on site.



Tel: 045 844233 (Office Hours 9am - 5pm) Call Michael Direct 083-0560617
Johnstown Business Centre, Johnstown House, Naas Co. Kildare W91 C99T
www.quinntreesandlandscaping.ie • Email: quinnpaving87@gmail.com

Naas PAVING & PATIO Centre



• SUITABLE FOR ALL GARDEN SIZES

• VERY COMPETITIVE PRICES

• CALL IN TO SEE OUR DISPLAYS IN STORE!

NOW STOCKING THE AWARD WINNING AVOCA ARTIFICIAL GRASS RANGE

Naas Paving & Patio Centre, Newhall, Naas Co Kildare

☎ 045 879930 📠 087 2582931 🌐 naaspatiocentre.com ✉ info@naaspatiocentre.com

**FOR ALL YOUR SKIP NEEDS SERVING KILDARE,
DUBLIN, WICKLOW, OFFALY, LAOIS & MEATH**

CALLAN SKIP HIRE



FREE PHONE
1800 528543



CALL US FOR A QUOTE TODAY ON
045 528543 | 045 528682

Email: callanskip@gmail.com
www.callanskips.com

By Breda Corrigan
Member of Irish Motoring
Writers' Association (IMWA)



Vehicle history and data expert Cartell.ie announced last week the findings from the latest market report in conjunction with BAC Auto Consulting. Used car sales for the first seven months of 2019 were down 4.2% including imports and down 4.4% excluding imports, claims the report.

Used car sales have fallen every month this year over the same period in 2018 except for March, where the fall in used car sales in March 2018 helped deliver a 9% increase in total used car sales in March 2019, 6.3% increase

Used car sales down 4.2%

excluding imports.

Car imports sharply rise

Total used car imports hit 22.9% of all used car sales to the end of July 2019. This is up from 21.9% of all used car sales in 2018. The figure of 22.9% constitutes a record since Cartell has started recording this figure. This increase of imports impacting used car sales is expected to continue whilst the UK border stays open and the euro remains strong against the pound.

The Brexit impact

"While the issue of an open

or closed border between Ireland and the UK is seen as the biggest issue facing Brexit, there is some irony that a closed border could actually be a good thing for parts of Ireland's automotive industry according to the latest data from Cartell.ie Carstat database" stated the report.

Back in 2013, with a relatively strong euro against the British pound imports were flooding in at a rate of 2 for every 3 new cars sold. The collapse of the Euro in 2015 saw this drop to a ratio of 1:3 before rising again to a record of almost 4 imports for every 5 new cars sold in 2018.

However, the UK stumbling over Brexit saw UK businesses stockpiling in the run-up to the original March 2019 Brexit data which boosted UK GDP growth and strengthened the pound against the euro." Despite the pound weakening since March total imports remain 5.4% down over the first six months of last year.

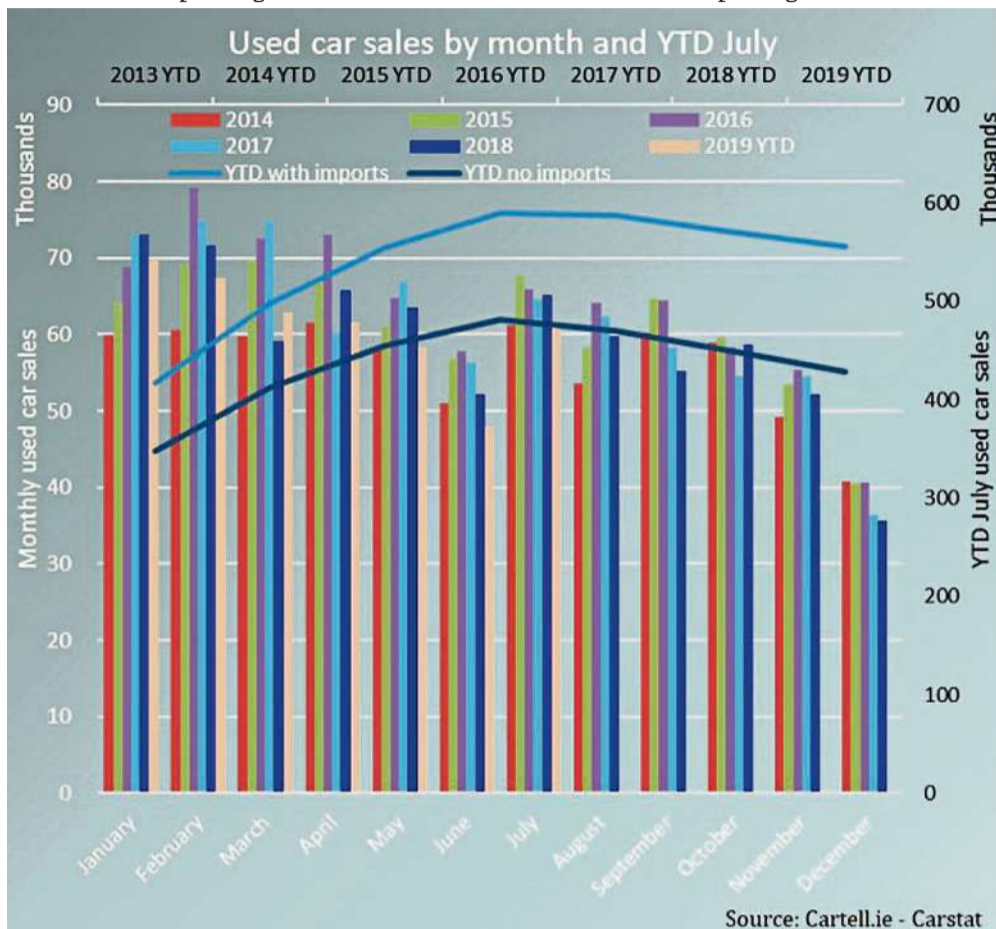
Drop in UK Market

The UK car market fell by 4.3% for the first half of 2019 compared to the same period last year. Both markets are


also seeing the introduction of the Real Driving Emissions (RDE) test. This could see some UK dealers and manufacturers pushing new

car sales in the run-up to September to clear out stock before the new regulations are mandated and to recover some lost sales.


The political brinkmanship over Brexit could also keep the pound weak, adding to the attractiveness of importing.



Cartell.ie reports that used car sales are down 4.2% whilst car imports are up by 21.9%



JOHN ADAMS



CAR SALES LTD

Year	Make/Model	Price	Year	Make/Model	Price
DEMOS					
192	CITROEN DISPATCH MWB 1.6 DIESEL VAN (CHOICE)	*POA	172	Honda Civic 1.0i-TECH SMART 5DR, Road Tax €190	€19,950
192	CITROEN BERLINGO ENTERPRISE BLUEHDI 650KG	€17,850 + VAT	172	Honda Civic 1.5 S-DESIGN 5DR, Road Tax €200, Brilliant Sport Blue	€22,000
192	CITROEN BERLINGO LX BLUEHDI 75 650KG	€15,850 + VAT	171	Honda Civic 1.0i-TECH SMART PLUS 5DR, ONLY 12,000 MILES!	€20,950
192	CITROEN C5 AIRCROSS 1.6 FEEL DIESEL SUV	€33,450	171	Honda Civic 1.0 PREMIUM 5DR, ONLY 11,000 MILES!	€25,950
192	CITROEN C3 AIRCROSS 1.2 FEEL PURETECH	WAS €24,000 NOW €22,000	162	Honda CR-V 1.6i-DTEC 4WD ES DIESEL – Road Tax €270	€25,950
192	CITROEN C3 1.1 FEEL PURETECH 68 4DR	WAS €19,500 NOW €17,500	162	Citroen C4 Picasso VTR+ 7-SEATER DIESEL	€18,950
191	CITROEN C3 FEEL PURETECH 4DR, Road Tax €190	WAS 19,500 NOW €17,500	162	Hyundai i30 1.6 DELUXE 5DR DIESEL - Road Tax €180	€12,500
191	CITROEN C4 GRAND PICASSO EXCL 7-SEATER DIESEL	WAS €36,000 NOW €32,000	161	Honda CR-V 1.6i-DTEC 4WD EX DIESEL MANUAL, Leather	€31,000
191	CITROEN DISPATCH LWB 2.0 BLUEHDI 120 VAN	€28,000 less €5,000 Scrappage (Incl. VAT)	161	Honda CR-V 1.6i-DTEC ES 2WD DIESEL SUV, Urban Titanium	€19,950
192	HONDA CIVIC 1.0 Premium 5DR with Leather/Sat Nav	€29,950	161	Honda Civic 1.6i-DTEC ES DIESEL with SAT NAV, Black	€14,950
AUTOMATICS					
192	ALL-NEW HONDA CR-V HYBRID 2.0 2WD COMFORT AUTO	€40,900	161	Renault Kadjar 1.5 DYNAMIQUE DIESEL with SAT NAV	€17,950
181	Honda CR-V 1.6i-DTEC ES AWD DIESEL SUV, AUTOMATIC	€33,950	161	Seat Ibiza 1.4TDi 5D 4DR DIESEL, Road Tax €190	€13,500
181	Honda Civic 1.0 SMART AUTOMATIC 5DR, Road Tax €190	€22,900	151	Honda CR-V EXECUTIVE AWD, DIESEL SUV, Sat Nav, Leather	€17,950
161	Honda CR-V 1.6 EX AWD AUTOMATIC DIESEL, Road Tax €280	€29,950	151	Honda Civic 1.6i-DTEC SPORT DIESEL 5DR, Road Tax €180	€15,500
141	Honda CR-V 2.2i-DTEC EX AUTO AWD DIESEL, Silver	€19,950	151	Honda Civic 1.6i-DTEC COMFORT DIESEL 5DR, Road Tax €180	€15,500
2011	Honda Jazz 1.4i-VTEC EX 5DR AUTOMATIC, Black	€9,950	142	Honda Civic 1.6i-DTEC SPORT DIESEL 5DR, Air Con, Camera	€13,500
2010	Honda Civic HYBRID 4DR AUTOMATIC, ONLY 46,000 MILES!	€8,500	141	Honda CR-V 1.6i-DTEC ES 2WD SUV DIESEL, Silver	€16,500
182	Honda Civic 1.0 SMART PLUS 5DR, Road Tax €200, CHOICE	€24,500	141	Honda Civic 1.6i-DTEC ES 5DR DIESEL, Road Tax €180	€12,950
181	Honda Civic 1.6i-DTEC SMART PLUS DIESEL 5DR, CHOICE	€25,950	141	Nissan Qashqai 1.5 DIESEL SUV - Road Tax €180!	€13,950
181	Ford Kuga TITANIUM 1.5 TDCI 120BHP DIESEL SUV	€25,950	141	Nissan Juke 1.5 SV 4DR DIESEL, Air Con, Phone, Cruise	€12,500
			131	Honda Civic 1.6i-DTEC SE DIESEL 5DR, Tax €180, Orchid White	€11,500
			2012	Skoda Octavia AMBI 1.6 TDI 105BHP DIESEL, 70,000 MILES!	€9,950
			2011	Honda Jazz 1.4i-VTEC EX 5DR, ONLY 80,000 MILES!	€7,500
			2007	Volkswagen Caddy VAN MAXI TDI BLUE TECH, White	*POA
				Nissan Qashqai 1.5 Petrol SUV	€2,500

*POA – Price on Application

Ballymacken, Portlaoise, Co.Laois | Tel: 057 8621613 | E: sales@johnadamshonda.ie | www.johnadamshonda.ie | www.citroen.johnadamscarsales.ie

New Mercedes-Benz Pick-Up has the 'X-Factor'

By Breda Corrigan

Member of Irish Motoring
Writers' Association (IMWA)



The new Mercedes-Benz X-Class is graced with the ability to turn heads wherever it goes, and with a supreme switchable four-wheel-drive system onboard, it really can go virtually anywhere. The X-Class shares its platform with the Nissan Navara, but Mercedes-Benz have injected their premium-brand magic into the X-Class in order to make it rather special indeed.

Distinctive Styling

The distinctive Mercedes-Benz design of the X-Class consists of a centrally-positioned Mercedes star, simulated underguard, powerdomes on the bonnet, and a striking headlamp design, thereby providing the pick-up with a dominant appearance.

Capable of towing trailers weighing up to 3,500kg, and capable of carrying loads in excess of 1,000kg, the new X-Class is robust through and through. Underneath the stylish bodywork of the X-Class lies a solid ladder-type frame, which is made of high-grade steel, and ensures that the pick-up will make good headway in off-road terrain. Thanks to the fact that the X-Class is only available in a double-cab format, up to five people can travel in style – on or off road.

Generous Ground Clearance

When the X-Class is switched from rear-wheel-drive to 4MATIC (four-wheel-drive) in "Low" all-wheel mode, demanding terrain is tackled with ease. The generous ground clearance of 202mm – and, optionally up to 222mm – leaves plenty of space for rough ground under the vehicle. The second all-wheel-drive mode, "High", can be activated when driving

in less demanding off-road terrain, or in trickier road conditions. In terms of gradient performance, the X-Class can maintain stable handling at angles of up to approximately 49.8 degrees for ultimate go-anywhere ability.

Trim and Engine Options

Three trim levels are available in the new X-Class – PURE line, PROGRESSIVE line, and range-topping POWER line, with all trim levels powered by a 2.3-litre 4-cylinder twin-stage turbo-diesel engine with either 163bhp (badged X220d) or 190bhp (badged X250d). The X220d comes with a six-speed manual gearbox, while the X250d is available with a choice of six-speed manual, or seven-speed automatic when ordered in two-wheel-drive mode, or in automatic guise only when ordered with the 4MATIC drivetrain.

My Test Vehicle

My test vehicle was an X-Class 220d 4MATIC PROGRESSIVE line, and was finished in Diamond Silver metallic paint. An impressive array of standard equipment is fitted to this mid-spec trim level, with key features including items such as 17" six-spoke alloy wheels, reversing camera, traffic sign assist, lane keeping assist, hill start assist, downhill speed regulation, comfort suspension, air-conditioning, cruise control, front fog lamps, heat insulating glass, Mercedes-Benz emergency call system, a compass in the rear view mirror, along with a host of comfort, convenience and connectivity features.

With 163bhp and a healthy 403Nm of torque available, the X220d is capable of sprinting from 0-100km/h in 12.9-seconds, on its way to a top speed of 170km/h (where permitted). Mercedes-Benz claim fuel consumption as low as 7.3l/100km is possible on an urban driving cycle, but



this figure will vary depending on the load being carried, or pulled.

Outstanding Drivability

Where the X-Class really stands out is with the way it drives. Engineers have gone to great lengths to give the X-Class a better ride quality than any other pick-up trucks on sale, and the suspension has been tuned and upgraded over the Nissan Navara to provide ride comfort that puts all other pick-up's to shame. While the cosmetic changes have moved the X-Class upmarket, it's the way that it drives that really impresses. Enhanced springs and dampers help to ensure that occupants of the new X-Class remain composed at all times, while additional sound insulation keeps the cabin as serene as possible. Coil spring suspension at the rear of the new X-Class helps ride comfort immensely, and contributes to the overall carrying capability.

Pricing and Verdict

Mixing on-road composure, with off-road ability (with the optional 4MATIC drivetrain), and a high quality interior, the new Mercedes-Benz X-Class really is a premium

pick-up in a class of its own. Pricing for the new X-Class starts at €39,950 (including VAT), while a host of optional extras are available for ultimate personalisation-Breda.

Contact Fitzpatrick's
Mercedes-Benz Kildare
Dublin Rd, Kildare
Phone: 045 533 333



Fact Box: The New Mercedes-Benz

- 1) Premium-Level Pick-Up
- 2) Powerful Diesel Engine
- 3) Choice of Power Output
- 4) 2WD or 4WD (4MATIC)
- 5) Priced From €39,950 (inc VAT)



FAIR DEAL TYRES

RING FOR BEST DEALS ON TYRES, NCT
REPAIRS & SERVICING ON 045-409218

MASSIVE TYRE SALE NOW ON!

FREE WHEEL ALIGNMENT WITH EVERY 4 TYRES PURCHASED!

OPENING HOURS: MON - FRI 9.00am - 6.00pm & SAT 9.00am - 1.00pm

• TYRES • BRAKES • WHEEL ALIGNMENT • CAR SERVICING • PRE NCT CHECK/REPAIRS •

TOUGHER BUSINESS PARK, NEWHALL, NAAS

T.P. Waters
Est. 1971

CAR VALETOR

Required for busy Garage in Kildare Town

- Must have experience in preparing cars for Sales and After-sales Departments.
- Work in a friendly environment
- 5 Day week Monday to Friday.
- Excellent pay and conditions.

Please send C.V to marie@tpwaters.ie or telephone 045-521400.

SUITES OF FURNITURE PROFESSIONALLY CLEANED FROM €60
Contact Pat 086 8561548

HAVE YOU A STORY?
Kildare Post
River Media Unit WD5,
Tougher Business Park,
Newbridge, Co Kildare.
045 408 200

Super Clean Contract Services

- Carpets
- Suites of furniture
- Car valeting
- Floor polishing
- Window cleaning,
- Mobile turbo power washing
- Patios • Fascias etc.

Phone Pat on 0868561548 or 045434404

Mobile Power Washing

- Driveways-Patios-Roofs
- Walls and Pre Paint Wash
- Garden Maintenance
- Lawns Mowed

Contact Pat (045) 434404 or (086) 8561548

Part Time Butcher Required or experience cut and Display Person



For Busy South Kildare / Athy Area Butchers

For Details Contact 087 7671718 or mail jobs@kildarepost.com

McKenna Haulage Limited

Derrymullen, Allenwood, Naas
045 845839 / 045 845011
info@mckennahaulage.ie

MITCHELL CHIMNEY SPECIALISTS

WE ARE HIRING

- REPAIRED • RELINED
- KNOCKED • REBUILT

For all your Chimney Needs

- Nationwide Service • Insurance Claims
- Keenest Rate • CCTV Survey

Contact 045 810072 | 086 3451807 www.mitchellchimneys.ie



SUPPLIER OF SAND, STONE, PEBBLE, SCREENED TOPSOIL & SITE CLEARANCE

www.mckennahaulage.ie

OVER 30 YEARS EXPERIENCE IF IT CAN BE REPAIRED WE WILL DO IT

PROBLEMS WITH ALUMINIUM

Repairs to aluminium and pvc doors and windows

- LOCKS • HINGES
- ROLLERS
- DOUBLE GLAZED UNITS

And much more

Email keiranoneillofpwa@gmail.com
Call Kieran on 0872572723 or 045 524997

KildareNow.com



AS THE NEWS HAPPENS

MICK SAMMON & CO HEATING & PLUMBING CONTRACTORS



- Complete Bathroom Renovations
- Easy Access Shower Rooms
- Oil and Gas Heating Systems / Stoves and Back Boilers
- Repair Service – All large or small heating & plumbing repairs
- Solar Panel Installations
- Fully Insured / C2 / RGII registered gas installer
- Kildare County Council / SEAI Grants available



CALL US TODAY FOR A QUOTE!

CUTLERY ROAD, NEWBRIDGE, CO. KILDARE
E: micksammonltd@hotmail.com
www.micksammonheatingandplumbing.ie

T. 045 431049
M. 087 2070803

PLANNING NOTICES

KILDARE COUNTY COUNCIL

Significant Further Information Michael Maguire development on this site at Grange, Kilcock, Co. Kildare. Planning register number 19/550. Significant Further Information has been submitted.

The development applied for (A) Erection of single storey type house, (B) garage / fuel store for domestic use, (C) the installation of a proprietary wastewater treatment plant with polishing filter percolation area. This proposed house is being served by an existing private Right of Way access roadway with an existing recessed entrance onto the public road.

Significant changes proposed consist of: Revised red line boundary. Significant further information is available for inspection or purchase at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during public opening hours of the Planning Department.

A submission or observation in relation to the significant further information may be made in writing to the Planning Authority on payment of the prescribed fee within two weeks, from receipt of new notices by the Planning Authority (this fee is not applicable to persons who made original observations/ submissions).

KILDARE COUNTY COUNCIL

We Cill Dara Housing Association, intend to apply for planning permission for development at this site, No. 1 & 2 Cleamore Terrace, Kildare Town, Co. Kildare. The development will consist of the construction of 2 no. 2 storey extensions to the rear of the existing dwellings, alterations and renovations to existing dwellings and all ancillary site works. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of Kildare County Council, Áras Chill Dara, Devoy Park, Naas, Co. Kildare, during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee, €20, within the period of 5 weeks beginning on the date of receipt by the authority of the application, and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission. Signed on behalf of the applicant by Daly Hudson Building Surveying & Architecture www.dalyhudson.com 045-530766

KILDARE COUNTY COUNCIL

Planning permission sought for the construction of single storey dwelling with Oakstown waste treatment system , and all site works at Corduff, Coill Dubh , Co. Kildare .The planning application may be inspected ,or purchased at a fee not exceeding the reasonable cost of making a copy ,at the offices of the Planning Authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application Signed : Dean O'Regan

PLANNING NOTICES

KILDARE COUNTY COUNCIL

We, Mark and Jacqueline Lenehan intend to apply for Planning Permission for a development on this site at Grangeclare West, Killeague, Naas, Co. Kildare. The development consists of

(A) Demolition of existing lean-to extension to rear of existing cottage and demolition of existing galvanised roofed outbuilding,

(B) Single storey extension to rear (north west) elevation,

(C) Alterations to existing window fenestration on front (south east) elevation, with new slate roof over existing cottage and internal alterations and

(D) the installation of an Oakstown BAF wastewater treatment system with tertiary treatment in a Ecoflow coco filter percolation area.

That the planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the planning authority during its public opening hours and that a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

PLANNING NOTICES

KILDARE COUNTY COUNCIL

I, Darren Naughton, intend to apply for permission for development at this site 21 Willow View, Primrose Gate, Celbridge, Co. Kildare. The development will consist of a proposed two-storey extension to the side of the house, and proposed single-storey extensions to the rear of the house, and all ancillary site works. The planning application may be inspected, or purchased, at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours, and a submission, or observation, in relation to the application may be made to the authority, in writing, on payment of the prescribed fee, within the period of five weeks beginning on the date of receipt by the authority of the application. D.C. Turley & Associates, Planning Consultants 045-876220.

PLANNING NOTICES

KILDARE COUNTY COUNCIL

Application is being made for FULL PLANNING PERMISSION for the following: Single storey domestic garage and store and associated site development works.

All at 9 Brownstown Manor, The Curragh, Co. Kildare.

For Dmitriy Pakhomenko The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the planning authority during its public opening hours and that a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

PLANNING NOTICES

KILDARE COUNTY COUNCIL

I, Ann Moran intend to apply for permission for a development on this site at Mooneycooley, Maynooth, Co. Kildare. The development consists of a new recessed vehicular entrance for agricultural use and all associated site works.

That the planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the planning authority during its public opening hours and that a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

PLANNING NOTICES

KILDARE COUNTY COUNCIL

Planning permission sought for the construction of 2 No. Four bedroom , two-storey, detached dwellings, access driveway and all site works at Curryhills , Prosperous , Co Kildare .The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application. Signed : Charlie Devine

PVC ALUMINIUM Maintenance & Repairs

- Window Hinges, Locks
- Handles, Seals
- UPCC Multi Point Locking System
- Door Handles & Letterboxes
- Double Glazing
- Foam Insulation around window frames and doors



WINDOW RESTRICTORS

STOP THE DRAUGHTS FROM COMING IN...

PHONE CHRISTIAN

086 0581102

KildareNow.com



LOCAL NEWS SUPRISINGLY FAST



**PARKE HOUSE
NURSING HOME**



This is an excellent opportunity to join Parke House, one of the largest residential nursing homes in Ireland. We are HIQA and JCI accredited and a centre of excellence in the delivery of quality care for over 15 years.

We are offering applicants the opportunity to join our highly motivated and skilled team.

Healthcare Assistants & Senior Healthcare Assistants

The successful candidate will work as part of an experienced clinical team to deliver a high standard of hands on nursing care to our residents in accordance with their assessed individual needs.

Full or partial FETAC/QQI Level 5 Healthcare Support Course or similar is preferable

Caring nature sympathetic to the needs of the resident

Why work for us?

We offer very competitive rates of pay and Sunday shift allowances

Paid breaks

Investment in your education and training

Support with your career development

Opportunity for career progression and internal promotion

Full and part time hours

Flexible shift patterns

Free Parking

Day or night shifts available. Full time or part time roles

Applications to deborahsaunders@parkehouse.ie



Boycetown, Kilcock, Co. Kildare

Phone: 01 6103585 Email: info@parkehouse.ie Website: www.parkehouse.ie

Location: 53°24'32.9"N 6°41'54.9"W R148 just off M4 motorway

expert
Electrical



We currently have a Full Time vacancy for a candidate with experience in retail sales.

The ideal candidate will have a knowledge of electrical appliances and will be extremely customer focused.

Responsibilities will include but are not limited to:

- Ensuring a high level of customer service.
- Answer customer questions and closing sales.
- Organising repairs and service calls.
- Managing both store and warehouse cleanliness.
- Work as part of a team to achieve store targets.

Requirements for role:

- Experience in retail sales environment.
- Ability to meet sales targets.
- Knowledge of white and brown goods, small appliances and computers/tablets.

Job Type: Full-Time

Job Types: Full-time, Permanent

Email Details to naasmanager@expert.ie

KildareNow.com



AS THE NEWS HAPPENS

KildareNow.com



LOCAL NEWS SUPRISINGLY FAST

RACING with Horse Racing Ireland

Clane's Mark Walsh back to a winning start after injury

Mark Walsh is clearly determined to make up for lost time and the Clane star returned to action with an incredible 100% strike-rate across this four comeback rides late last week.

He made a winning return to race riding when partnering the Pdraig Roche-trained Act In Time to land the 2m1f handicap chase at Killarney on Thursday. Absent since breaking his leg at the Punchestown festival, the Clane jockey had to work hard on his first ride back as the 9/2 favourite was chased all the way to the line by the locally trained Smithscorner. Act In Time won the same race under Walsh last year and the pair were also successful in a maiden hurdle at the track in 2017. It got better for Walsh who followed up on the Enda Bolger-trained Movewiththetimes in the beginners' chase. The 7/4 second favourite made most of the running as he beat Shane Nolan's Charlie Stout by six lengths.

Walsh continued his strong comeback from injury with his third winner in two days as 11/2 chance Air Of Supremacy won for him, trainer Joseph O'Brien and owner J.P. McManus in the 2m7f handicap hurdle at Killarney on Friday. A few hours after the death of the Walsh-ridden and McManus-owned Champion

Hurdle winner Espoir D'Allen was announced, this was certainly a welcome winner for connections. Espoir D'Allen's trainer Gavin Cromwell saddled the runner-up Spades Are Trumps, also for McManus.

Walsh made it four winners from as many rides during the week when partnering the Joseph O'Brien-trained Top Moon to a ready success in the 2m maiden hurdle at Kilbeggan on Saturday. The 1/3 favourite went clear from the final flight to win by all of 11 lengths from the Denis Hogan-trained Zayriyan.

Kildare jockey Gary Carroll helped County Tipperary trainer Joe Murphy to another winner as Angel's Amy, second on her first three starts, gained a deserved success in the to make the breakthrough in the seven-furlong maiden at Roscommon on Monday. The strong 15/8 favourite made most of the running to beat the Andy Slattery-trained Dedillon by five lengths. John Oxx and Andrew Slattery recorded their second winner together as Dromana scored a runaway success in the concluding Sean Cleary Memorial Handicap. The 7/2 favourite chance recovered quickly from a tardy start and powered clear inside the final two furlongs to beat the luckless Greenpanda by all of 13 lengths and her racing career might be at an end with that success as she is on



Mark Walsh (Centre with blue cap) made a winning return to action on the Pdraig Roche-trained Act In Time at Killarney Races on Thursday

her way to stud.

Mark Bolger landed a winner for County Dublin trainer Peter Cluskey as Ciankyle took the 2m1f handicap hurdle. The 20/1 chance got home by a short head from Jazz Ranger. The gambled-on Unexpected Depth landed the 2m5f maiden hurdle for trainer Oliver McKiernan and high-flying conditional rider Darragh O'Keeffe. Sent off the

4/5 favourite, the five-year-old won by four and a quarter lengths. Curragh trainer Pdraig Roche won the 2m5f handicap hurdle with Walking On Glass which ran out the easiest of winners at odds of 4/6 favourite. Owned by the Fivers & Tanners Syndicate, the four-year-old won by four and a quarter lengths under Jody McGarvey.

Gary Carroll and trainer Joe

Murphy were winners again on the opening day of the August festival at Killarney on Wednesday where Queen Amidala landed the 8f maiden. Carroll got the 11/4 favourite up in the dying strides to w the Dermot Weld-trained Time Tunnel by half a length.

Navan-based trainer Pat Martin landed the bumper at Killarney on Thursday with newcomer Double Talkin Jive for owner Nigel Carolan. The 12/1 shot comfortably held off the late run of the Joseph O'Brien-trained Slige Dala under Declan Lavery.

Whelan at the meeting, the pair combining to win the 8f maiden with the 9/1 chance Sinawann and the 6f maiden with Sendmylovetoyou, owned and bred by Michael Enright, which was returned at more generous odds of 25/1. Dermot Weld landed the 12f fillies' handicap with 5/2 favourite Kastasa which was ridden by Andrew Slattery. She made up loads of ground late on to deny the front running Effernock Fizz by three quarters of a length.

Kevin Prendergast

Troop Commander won the nursery handicap at Killarney on Saturday for Curragh trainer Kevin Prendergast and Chris Hayes, the 9/1 chance the first of three winners for the Limerick rider on the day. He went on to win the Listed Ruby Stakes on the Fozzy Stack-trained Lady Wannabe and the opening division of the 8f handicap on Richard O'Brien's Cautious Approach.

For local racegoers, action returns to the Curragh tomorrow evening with the Summer Sounds series.

Jessica Harrington

Jessica Harrington's fine season with her juvenile crop continued apace at the Curragh on Friday night as Alpine Star, a well-backed 2/1 chance, managed to just get up to defeat Petit Mustique in the Group 2 Debutante Stakes. Ridden by Shane Foley, Alpine Star is a half-sister to Alpha Centauri, who Harrington trained to win four Group 1s before injury ended her career last year. Michael Halford shared two winners with Ronan

OTHER RACING NEWS



Oisin Murphy (above) wins the Listed British EBF & Sir Henry Cecil Galtres Stakes at York on Thursday on Search For A Song for trainer Dermot Weld. A half-sister to Free Eagle, who did so well for Weld and Moyglare Stud, Search For A Song was sent off the 3/1 favourite and was punched out to win by Oisin Murphy. Weld said: "She did that very nicely. Oisin did a nice job getting her in behind the speed and she's a nice staying filly. I was quite relaxed throughout the race. We'll see how she comes out of the race before we decide where she goes. She'll definitely be in Group company next, but I really see her coming into her own as a four-year-old."

Racing Fixtures

Bellewstown - Thursday August 29 (First Race 4.05)

Tipperary - Thursday August 29 (First Race 4.55)

Curragh - Friday August 30 (First Race 4.20)

Down Royal - Friday August 30 (First Race 4.35)

Down Royal - Saturday August 31 (First Race 1.40)

Cork - Sunday September 1 (First Race 2.20)

Haven Hire SHC Group B Rd 3

Celbridge dig deep to grind out victory over Confey in SHC

Celbridge 1-14
Confey 1-13

By Robert Cribbin

Celbridge will play Éire Óg Chorrachoill in the quarter final of the Kildare Senior Hurling Championship after the defending champions overcame near neighbours on Friday night. Confey will be furious with themselves for letting this huge opportunity slip as it seemed they had a less than inspiring Celbridge side where they wanted them but they couldn't finish the job.

After trailing at the break, a Sam White goal turned the tide in Celbridge's favour and as much as Confey tried they couldn't reel in the Champions who keep their hopes of back to back titles alive.

Despite the wides and missed opportunities racking up early doors, Confey led by 0-4 to 0-1 after 13 minutes, with Pauraic Keegan (3) and Frank Bass both finding their range; Sam White (free) broke Celbridge's duck after nine minutes.

But like the flicking of a switch, Celbridge, without Leo Quinn and Tom Fitzgerald, but who included dual star, Fergal Conway at wing-forward – stepped on the gas sufficiently to restore parity at 0-4 apiece after 17 minutes, that after White landing two frees and one from play.

And as if he was never away from the small ball game, Conway then nudged Celbridge in front for the first time when he pointed from the right a minute later, before wing-back Kevin Murphy made it 0-6 to 0-4 after 19 minutes to make it

five points without response in the space of six minutes.

Yet, with many of their more established players driving Confey on, it was one of those, Michael Divilly – who was centre-back when the club won their first senior county championship title back in 2007 – who landed the first meaningful blow when he goaled after 22 minutes when he showed great technique in controlling a low ball in from Keegan before dispatching past goalkeeper, Niall Lanigan to the net.

Subsequent points from his brother, Paul Divilly (free) and Eoin Lynch, propelled Confey 1-6 to 0-6 to the fore after 30 minutes, while a White free just before the short whistle narrowed the arrears slightly going into the break.

It was somewhat more of the same in the second half, albeit roles slightly reversed. Celbridge flew out of the

blocks following the restart and hit Confey for 1-4 with the concession of just 0-1 during the opening ten minutes to move 1-10 to 1-7 in front and seemingly take full control. Tom Finnerty, last year's victorious captain, former county man Mark Moloney and White (2) all pointed, while the latter also goaled in the 39th minute to turn the game on its head.

Celbridge, though, were just not able to fully put Confey away despite retaining leads of two and three points. Paul Divilly, Kieran Divilly and Paul Keegan turned in strong performances for the losers who, had they as much desire and quality at the other end, could well have asked more questions of a Celbridge team who are yet to convince.

As the clock struck the hour mark, a point from Marcus Kinsella left matters at 1-13 to 1-10 in favour of Celbridge but

with referee Alan Lagrue signalling for a minimum of five additional minutes, hope remained for Confey who knew it was win or bust.

Niall Glennon and Bass both pointed to leave the minimum between the sides (1-13 to 1-12) once again but it was a goal that Confey needed most. Jamie Connolly then pointed for Celbridge but again Confey came, only for their efforts to be rewarded with just a point which mattered little when the full-time whistle was sounded moments later.

SCORERS – Celbridge: Sam White 1-5 (0-3f), Mark Moloney 0-3, Kevin Murphy 0-1, Billy White 0-1 (1f), Tom Finnerty 0-1, Marcus Kinsella 0-1, Fergal Conway 0-1, Jamie Connolly 0-1; Confey: Frank Bass 0-5 (1f), Michael Divilly 1-1, Pauraic Keegan 0-3 (2f), Niall Glennon 0-1, Paul Divilly

0-1 (1f), Fiachra Lynch 0-1, Eoin Lynch 0-1.

CELBRIDGE: Niall Lanigan; Patrick Curtin, Fiachra O Muineachain, Sean O'Sullivan, Kevin Murphy, Niall Muineachain, Michael O'Donovan; Aaron Doran, Billy White; Fergal Conway, Mark Moloney, Sam White, Tom Finnerty, Marcus Kinsella, Jamie Connolly.

CONFHEY: Shane Quinn; Cathal Jennings, Paul Keegan, Paul Feerick, Niall Glennon, Sean Leamy, Kieran Divilly; Paul Divilly, Anto Hoare; Philip Quigley, Michael Divilly, Frank Bass, Fiachra Lynch, Pauraic Keegan, Eoin Lynch.

Subs: Kevin Chan for Kieran Divilly (45 mins), Aidan Ryan for Lynch (55 mins), Eamon McQuillan for Michael Divilly (57 mins), Ian Baker for Feerick (59 mins).

Ref.: Alan Lagrue.



Kilcock who defeated Rathangan in the Junior A



Junior C Champions Raheens



Intermediate Champions Carbury

LGFA FOOTBALL CHAMPIONSHIPS

At Sallins GAA, Saturday, August 24

Junior C
Raheens 2.18 Castledermot 2.10

Junior A
Kilcock 0.11 Rathangan 1.07

Intermediate
Carbury 1.08. Kilcullen 0.08

Upcoming fixtures

“Well done to all our finalists” said Donal Fitzpatrick, LGFA PRO. “We have our Senior and Junior B championship finals this Saturday afternoon at Kilcullen GAA grounds. Our senior final is at 5pm contested by Confey and Leixlip. Our Junior B Final is at 2pm, between Kill and Milltown”.

All supporters welcome.

JOE MALLON RENAULT SFC GROUP 2 RD 2

Second half flurry sees Maynooth seal quarter

By Robert Cribbin

Maynooth	0-16
Castledermot	1-12

Maynooth rubberstamped top spot in Group 2 of the Senior Football Championship with a one point victory over Castledermot on Saturday afternoon.

Maynooth looked in a degree of trouble when trailing by two points at the break but for the second game in a row they produced a stirring second half to turn things around.

Neil Flynn and Mark Donnellan were once again their main scorers in chief while the return of Danny O'Sullivan gave them an extra dimension.

A converted 50th minute

penalty for Castledermot from David Keating gave them a lifeline but Maynooth had the class to see out the game.

The result remarkably sees Naas now ruled out of contention for the rest of the Championship and after two losses in a row they must now face up to a battle against relegation.

Fresh from a victory over League Champions Naas a fortnight ago Castledermot were quickly into their stride with two early points as the midfield pairing of Gavin Farrell and David Keating both got on the board with scores.

Maynooth got on the scoresheet with a 4th minute free from John McAndrew but in a tight and tactical affair Castledermot were keeping their noses in front

as a Gavin Keating free had them leading 0-3 to 0-1.

Maynooth's McAndrew followed up his earlier free with an excellent score from play with the outside of his left foot but again Castledermot in their organised fashion always had a response with both Gavin and David Keating pointing to maintain a three point advantage for Damien Hendy's outfit.

Mark Donnellan was stationed at full forward for the second successive game and again he had a huge impact and he almost goaled in the 14th minute when he flicked on a dropping Danny O'Sullivan shot but he had to be content with a point.

Keating kicked a free from distance afterwards but points from Donnellan and O'Sullivan had Maynooth

back to within a point entering the final few minutes of the half.

Neil Flynn was relatively quiet at that stage even though he fired an effort into the sidenetting.

Despite Maynooth's big goal threat it was Castledermot who had a two point lead at the break after Keating kicked his fourth point of the half.

David Dooley pushed that gap out to three points when a goalbound effort was pushed over the bar by Odhran Cussen to make it 0-8 to 0-5 but instead of kicking on scoring only two points over the next twenty minutes heavily affected them.

Back to back Neil Flynn frees got the ball rolling for Maynooth and although Castledermot replied with a point from Keating, the

Maynooth steam train was only getting into motion.

Six points in a row turned the tide in the North Kildare side's favour as in similar fashion to the St.Laurences game they piled the pressure on their opposition.

Flynn contributed three to that devastating period with Kildare teammate Donnellan also getting a pair of points. Kevin Dunne got in on the act too and if he was more clinical he would have had a goal as well when he had a palmed effort well saved by Shane Nolan.

Castledermot did get a lifeline entering the final ten minutes however when an Emmet O'Keefe pass found Paddy Whelan and after breaking clear the forward fouled in the square and a penalty duly awarded which was dispatched by David Keating.

The converted penalty got Castledermot back to within a point of Maynooth before Flynn and Dan Gray exchanged efforts.

Successive points from Bankole Agunoye and Danny O'Sullivan edged Maynooth back three ahead but Castledermot again responded with scores from

Keating and Paraic Murphy with both coming from frees.

Castledermot even had one last chance to snatch a draw when Gavin Keating stood over a 45 but when he dragged his shot wide the game was up but unlike in Naas's case it's not fatal as Maynooth look ahead to the Quarter-Finals.

Maynooth: Odhran Cussen; James Murray, Sean Kennedy, Conor Coyle, Sean Higgins, Darren Maguire, Ruadhan O'Giollain, Bankole Agunoye 0-1, John McAndrew 0-2 (0-1f), Kevin Dunne 0-1, Neil Flynn 0-6 (0-5fs), Chris Canning, David Bonass, Mark Donnellan 0-4, Danny O'Sullivan 0-2.

Subs used: Conor Lynch for Bonass 42 mins, Sean Sinclair for Canning 56 mins.

Castledermot: Shane Nolan; Jack Flood, Barry Nolan, Thomas Murphy, William Kelly, Paraic Murphy 0-1 (0-1f), David Dooley 0-1, Gavin Farrell 0-1, David Keating 1-2, Anthony Lawlor, Emmet O'Keefe, Brian Nolan, Gavin Keating 0-6 (0-5fs), Paddy Whelan, Conor Nolan. Subs used: Dan Gray 0-1 for Nolan 42 mins, Liam Cosgrave for Lawlor 55 mins, Niall Dooley for D.Dooley 58 mins.

Tulfarris Hotel and Golf Resort hosts PREM Group Irish Masters

Rose B O'Donoghue
editor@kildarepost.com



Tulfarris Hotel and Golf Resort are currently hosting the 2019 PREM Group Irish Masters at the stunning venue in West Wicklow. Having visited the venue and course over the weekend, I can testify as to the immaculate conditions of the greens and fairways. Preparations for the PGA EuroPro Tour event have been ongoing in recent months, with no expense spared throughout the grounds also. Running from August 28-30, this is the second hosting of the PREM event.

Set across three peninsulas the stunning 18-hole championship golf course was designed by celebrated course architect Patrick J. Merrigan. The renowned golf course should present plenty of challenges to competitors, with several holes flanked by the beautiful Blessington Lakes presenting many a player with a watery grave should they miscalculate their shot. Since PREM Group purchased Tulfarris over €6 million has been spent on the property by the international hospitality giant with over €1 million being spent on the golf course alone. Further improvements include the addition of a brand new contemporary, cedar clad

clubhouse which enjoys stunning vistas onto the course and lakes, the renovation of many of the Manor House bedrooms whilst the lobby, bar and restaurant have also been reimagined.

Jim Murphy, CEO of PREM Group stated: "A two-hour highlights package hosted by Sky Sports Presenter and former USA PGA Tour Professional John E Morgan and golf Journalist Kit Alexander will be broadcast on Sky Sports. The show will air in 138 countries and will allow

our brand and property to be beamed into an incredible 500 million homes. Viewers can expect to see some competitive play and stunning vistas of the Blessington Lakes allowing an excellent tourism promotional opportunity not just for Tulfarris but for the region and indeed Ireland."

Among the competitors to tackle the course will be former professional Irish footballer, Stephen Hunt who played in the Pro Am on Tuesday, August 27, long with some well known touring professionals.



Niall Quinn competing in the PGA Euro Pro Tour PREM Group Pro Am. PHOTOS: JAMES CROSSBIE/INPHO



Simon Thornton, golf pro at Tulfarris, with Stephen Hunt, former international soccer player, Aileen O'Brien of O'Brien PR and Jim Murphy, CEO PREM Group



Simon Thornton, Stephen Hunt with Niall Quinn and Jim Murphy at Tulfarris on Tuesday last.

GAA

PHOTOS: Pat Tinsley

Tracey's late point secures victory for Straffan over Nurney

Straffan 3-09
Nurney 1-14

**Pittman Traffic IFC
Group 2 Round 2**

By Robert Cribbin

In something of a surprise when Straffan got the better of Nurney in Round 2 of the Intermediate Championship at St Conleth's Park on Sunday afternoon. It was a game full of incidents and after scoring three goals, Straffan had the ability to

see the result through with John Tracey kicking a stoppage time winner.

Nurney had their chances to get a share of the spoils but a late missed free from Mikey Conway put pay to their efforts. It was a toing and froing opening to the Round 2 clash with a brace of frees from Nurney by Andrew Behan being cancelled out by Straffan points from play courtesy of Rob Kelly and Rory Byrne.

Nurney then got on a bit of a spurt with points from Behan and Darren Byrne edging them 0-4 to 0-2 clear.

Straffan's John Tracey reduced the deficit in the 15th minute when pointing even though it was something of a goal chance but Nurney quickly replied via fisted effort from Cathal Hagney.

Behan and Rob Kelly duly shared scores a few minutes afterwards but Nurney were dealt a huge blow when Andrew Behan went down with a hamstring injury and Straffan took full advantage of their opponents woes with a goal in first half stoppage time. Austin Allen palmed home when a ball inside broke to Tracey and he released Allen who helped Straffan to a 1-4 to 0-6 interval lead.

The second half began in style from a Straffan point of view when they won an opening minute penalty after Tracey was fouled in the square and the full forward who had played over 100

minutes for Straffan in the Lumsden Cup Quarter-Final beforehand coolly slotted home as he showed little sign of fatigue.

Nurney got four of the next five points to remain in touch, however, as Hagney and Brian Cahill firstly pointed and while they were briefly interrupted by an effort from Aaron Kiernan the duo of Cahill and Mikey Conway had the deficit back to just a point.

Straffan settled themselves with a pair of points from Austin Allen from play but they couldn't quite shrug off Nurney and last year's semi finalists were level entering the final ten minutes through scores from Mikey and Kevin Conway.

The tie looked like it would finish all square when former Kildare stars Conway and Kelly both scored but Nurney were desperate for victory



Straffan's John Tracey scores a very skillful point despite the best efforts of Eoghan Fitzpatrick.

and they looked like they sealed it when a ball inside from Brian Conway dropped short and Mikey was there first to palm the ball past Matthew Duggan in the Straffan goal.

It's said a team is at their most vulnerable after scoring a goal, and Straffan proved that when Kelly kicked in a goal of his own just three minutes later. Tracey then kicked Straffan in front when the game entered stoppage time but Nurney still had a number of chances which they squandered including Conway, who missed a late free as Straffan hung on for a crucial victory.

Straffan: Matthew Duggan; Alan Byrne, Cian Gaynor, Rory Byrne 0-1, Niall Devane, Niall Gaynor, Anto Devane, Paul Donovan, Aaron Kiernan 0-1, Declan Reilly, Andy O'Neill, Tom

McGoldrick, Austin Allen 1-2, John Tracey 1-2, Rob Kelly 1-3.

Subs: James Devane for N.Gaynor 42 mins, Colin Canny for A.Devane 60 mins, Glenn Bryan for Kiernan 60 mins.

Nurney: Shaun Conway; Darragh Conway, Adam Talbot, Brian Reilly 0-2, Niall Whelan, John Merrins, Steven Conway, William Heffernan, Peter Sunderland, Eoghan Fitzpatrick, Cathal Hagney 0-2, Darren Byrne 0-1, Michael Conway 1-4 (0-3fs), Andrew Behan 0-3 (0-3fs), Brian Cahill.

Subs: Kevin Conway 0-1 for A.Behan 22 mins, Eoin Kelly for Whelan 40 mins, Brian Behan for S.Conway 40 mins, Brian Conway for Heffernan 48 mins.

Ref: Billy O'Connell



Straffan's Rob Kelly did just enough harrying to prevent Peter Sunderland from slotting over a last gasp equaliser for Nurney in injury time.

GAA FIXTURES

Thu 29 Aug

2019 Joe Fox Tool and Plant Hire Reserve C Football Championship Semi Final
Venue: Manguard Plus, Hawkfield Pitch 2, Rathangan V Celbridge 19:30, Ref: John Knight (2 x 10 mins ET if Required)

2019 Manguard Plus Minor C Football Championship
Venue: Eadestown, Ballymore Eustace V Naas 19:00, Ref: Paul Donnelly

2019 Pittman Traffic Intermediate Football Championship Group 3
Venue: Manguard Plus, Hawkfield Pitch 1, Suncroft GFC V Allenwood 20:00, Ref: David Coady

2019 Tom Cross Transport Junior Football Championship Section A
Venue: Ballyteague, Ardclough V Caragh 20:00, Ref: Alan Lagrue

Fri 30 Aug

2019 Tom Cross Transport Junior Football Championship Section B

Venue: Manguard Plus, Hawkfield Pitch 1, Cappagh V Rheban 20:00, Ref: Jack O Connell

Venue: Raheens GAA, Robertstown V Ballykelly 20:00, Ref: Paraic Mc Givern

Sat 31 Aug

Venue: St Conleth's Park

2019 Joe Mallon Renault Senior Football Championship Group 2

Venue: Newbridge, Castledermot V St. Laurence's GAA 13:00, Ref: Kieran Harris

2019 Joe Mallon Renault Senior Football Championship Group 4

Venue: Newbridge, Athy V Johnstownbridge 14:45, Ref: Brendan Cawley

2019 Joe Mallon Renault Senior Football Championship Group 3

Venue: Newbridge, Confey GAA V Celbridge 16:30, Ref: Billy O Connell

2019 Joe Mallon Renault Senior Football Championship Group 1

Venue: Newbridge, Moorefield V Eadestown 18:15, Ref: Paddy Mc Dermott

Venue: Manguard Plus Hawkfield

2019 Joe Mallon Renault Senior Football Championship Group 2

Venue: Manguard Plus, Hawkfield, Maynooth V Naas 13:00, Ref: Colin Kearney

2019 Joe Mallon Renault Senior Football Championship Group 4

Venue: Manguard Plus, Hawkfield, Clane V Round Towers 14:45, Ref: Liam Herbert

2019 Joe Mallon Renault Senior Football Championship Group 3

Venue: Manguard Plus, Hawkfield, Raheens V Carbury 16:30, Ref: Henry Barrett

2019 Joe Mallon Renault Senior Football Championship Group 1

Venue: Manguard Plus, Hawkfield, Two Mile House V Sarsfields 18:15, Ref: Conor Daly

Venue: Conneff Park, Clane

2019 Pittman Traffic Intermediate Football Championship Group 1

Venue: Conneff Park, Rathangan V Clogherinkoe 14:00, Ref: Raymond Kelly

2019 Pittman Traffic Intermediate Football Championship Group 2

Venue: Conneff Park, Nurney V Leixlip 15:45, Ref: Niall Colgan

Venue: Ballymore Eustace

2019 Pittman Traffic Intermediate Football Championship Group 3

Venue: Ballymore Eustace, Sallins V Miltown 14:00, Ref: Fergal Barry

Venue: Robertstown

2019 Pittman Traffic Intermediate Football Championship Group 1

Venue: Robertstown, St Kevin's V Ellistown 14:00, Ref: Alan Archbold

Venue: Rathcoffey

2019 Pittman Traffic Intermediate Football Championship Group 2

Venue: Rathcoffey, Straffan V Kill 15:45, Ref: Matthew Redmond

2019 Haven Hire Minor Hurling Championship Group A

Venue: Coill Dubh, Éire Óg Corra Choill V St Patrick's 18:00, Ref: Owen Murphy

Venue: Ardclough, Maynooth V Naas 18:00, Ref: Paul Donnelly

2019 Haven Hire Minor Hurling C'ship Group B

Venue: EOCC Donore, Leixlip V Moorefield 18:00, Ref: Brian Kearney

Tue 03 Sep

Minor C + D Quarter finals TBC

Wed 04 Sep

2019 Manguard Plus Minor A Football Championship

Venue: Robertstown, Leixlip V Naas 19:30, Ref: Sham Moran

Venue: Manguard Plus Hawkfield Pitch 1, Sarsfields V Clane 19:30, Ref: Billy O Connell

Venue: Raheens GAA, St. Laurence's GAA V Celbridge 19:30, Ref: Liam Herbert

Venue: Ballykelly, Kilcullen V Athy 19:30, Ref: David Coady Minor C + D Quarter finals TBC

Thurs 05 Sep

2019 Joe Fox Tool and Plant Hire Reserve E Football Championship Semi Final (2 x 10 mins ET if Required)

Venue: Manguard Plus Hawkfield Pitch 2, Round Towers V Kilcullen 19:30, Ref: Ryan Moran

Goals do the trick for Monasterevean as they edge out Kilcock in IFC Rd 3

Monasterevean 2-06
Kilcock 1-08

Pittman Traffice IFC Group 4 Round 3

Despite star forward Pdraig Nash only playing half the game, Monasterevean had enough about them to seal a one point win over Kilcock in the final group game in the Intermediate Championship on Sunday evening.

Goals in each half from Paul Maloney and John O'Toole gave Brian Lonergan's team the edge and despite fierce pressure from their opposition they were able to hold out.

Nash appeared as a sub for the black carded Gavin Worrell which led to Shane O'Rourke's goal for Kilcock and his knee was heavily strapped but appeared to be moving ok and kicked a second hal point. In a slow burner of a contest, it took eight minutes for the opening score with Darren Acton kicking Kilcock in front with a lovely effort from play.

Shane O'Rourke missed a rather routine looking free afterwards and Monasterevean then found their flow with three points in a row as Paul Maloney, John O'Toole and Ryan Bannon all found the target with O'Toole's score particularly striking as he powered clear of a number of defenders.

Kilcock soon refound their mojo, however, when Shane O'Rourke was brought down inside the square for a penalty which resulted in

Monasterevean full back Gavin Worrell getting a black card and Daragh McArdle made no mistake is stroking the kick home.

McArdle's midfield partner Mark Durkan then kicked Declan Gibbons's side back into the lead but it didn't last long as right on the stroke of half-time Monasterevean found the net when a long sideline ball from Ryan Bannon hovered over the square and Maloney was there to fist home and give his side a 1-4 to 1-2 advantage at the break.

Bannon with his second free kicked Monasterevean three clear at the beginning of the second period before goalkeeper Aaron Bannon brilliantly denied Sean Maguire from close range as Kilcock had to be content with a point.

O'Rourke from a free had the deficit back to a point and Kilcock looked primed to strike before Monasterevean got one of the goals of the Championship thus far when Pdraig Nash who came in for the black carded Worrell offloaded to O'Toole and he rattled a shot into the top corner past the stricken Fionn Talbot.

Kilcock didn't throw in the towel though and a brace by O'Rourke from play as well as a score from sub David Duke had just the minimum separating the teams once more. Monasterevean were always capable of keeping their noses in front though as Nash kicked his first point of the game with three minutes remaining.

O'Rourke replied with a



Kilcock's Shane O'Rourke glides past Monasterevean's Gavin Worrell.

64th minute free and the forward had one last chance to level the game but he screwed his effort wide as Monasterevean took the win which means Kilcock will now join Ballyteague in the preliminary quarter finals.

Monasterevean: Aaron Bannon; Rhys Heavey, Gavin Worrell, Cormac Stapleton, Kevin Dunne, Tristan Kennedy, DJ Earley, Dylan Kavanagh, Eoin Stapleton, Adrian Lawless, Paul Maloney 1-1, John O'Toole 1-1, Kevin Fitzpatrick, Ryan Bannon 0-3 (0-3fs), Mark

Kelly.
Subs; Pdraig Nash 0-1 for Worrell (Black Card) 29 mins, Sean Kavanagh for Lawless h-t, Adam Kavanagh for Dunne 46 mins, James Melia Byrne for Kelly 52 mins.

Kilcock: Fionn Talbot; Luke Sheridan, Eamonn Fitzpatrick, Cormac Divilly, Marcus Duke, Jason Gibbons, Mark Durkan 0-1, Daragh McArdle 1-0, Paul O'Brien, Jonathan Connolly, Sean Maguire 0-1, Daniel Courtney, Darren Acton 0-1, Shane O'Rourke 0-4 (0-2fs).



Monasterevean's Eoin Stapleton makes a gallant effort to stop Eoghan Powderly from scoring



Kilcock's Marcus Duke gets a pass away despite the best efforts of Paul Maloney



Monasterevean's Kevin Fitzpatrick prepares to pass the ball.



Kilcock's Daniel Courtney gets a shot away despite a late challenge from Monasterevean's DJ Earley

GAA

PHOTOS: Pat Tinsley

Moorees back on track — but TMH still impressive, even in defeat

Moorefield 2-19
Two Mile House 1-15

Joe Mallon Renault
SFC Group 1 Round 2

By Robert Cribbin

After uncharacteristically going down to back to back defeats, Moorefield got their year back on a level footing with victory over a gallant Two Mile House side in St Conleth's Park on Saturday evening. With Eanna O'Connor and James Murray both sitting out the game Ross Glavin had to change up his team by giving Eamonn Callaghan his first championship start as he finished with three points while Niall Hurley Lynch also returned to something like his old self with five points from play.

If anything, the scoreboard may have been a bit unkind to Two Mile House as they were hugely competitive in defeat with just a late penalty from Mark McDermott pushing the Moores ahead. Moorefield weren't showing any ill effects from their previous performances as they went 0-5 to 0-1 clear after ten minutes with points from Eddie Heavey and Niall Hurley Lynch registering and while Chris Healy hit back for the House, Hurley Lynch, Adam Tyrrell and Ronan Sweeney soon struck again.

Matthew Kelly and Aidan Casey added on scores for Two Mile House but Moorefield always had an answer during that period

with Eamonn Callaghan landing two fine points from play before Tyrrell and Hurley Lynch made it a six point game. To their immense credit though, Two Mile House roared back into the game with six points in a row between the 23rd and 29th minutes to level up the game.

Tony O'Connor and Niall Browne produced a brace of efforts with Casey and Caomhan Doolan also getting on the scoreboard. That brought the teams level at 0-9 apiece but Moorefield soon wrestled back control with a point from Hurley Lynch followed by a goal from Ronan Sweeney.

Chris Healy then kicked the last point of the half for Two Mile House as Moorefield took a three point lead into the break after an end to end half of football. Tyrrell and Sweeney extended the advantage at the start of the second half for the Moores and while Peter Kelly reduced the gap to four, the Newbridge side soon kicked on again with points from Callaghan, Hurley Lynch, Eddie Heavey and Aaron Masterson pushing them into a 1-16 to 0-12 lead.

The game looked to be creeping away from Two Mile House but in the 49th minute, they had a lifeline with sub Gavin Burke latching onto a pass from Peter Kelly to round Tom Kinsella and find the net. Tony O'Connor had a shot brilliantly saved by Kinsella just before that goal with Aidan Casey pointing moments earlier to leave just four points between the



The chase is on. Moorefield's Mark McDermott vies for possession with Andy May while William Burke and Matthew Kelly bring up the rear in the SFC Group 1 Round 2 clash

sides.

Moorefield replied via Tyrrell, Eoin O'Connor and Mark McDermott but Two Mile House were being real plucky underdogs as Healy, Casey and Browne kept them in touch.

It was a game full of goal chances that saw Niall Hurley Lynch and Gavin Burke going close for their sides and the result was eventually put to bed in stoppage time when Moorefield's Mark McDermott converted a late penalty after Hurley Lynch was originally fouled.

Moorefield: Tom Kinsella; Mark Dempsey, Liam Healy, Liam Callaghan, Kevin Murnaghan, Anthony Durney, Sean Healy, Aaron Masterson 0-1, David Whyte, Eamonn Callaghan 0-3, Eddie Heavey 0-2, Adam Sweeney, Adam Tyrrell 0-4, Ronan Sweeney 1-2 (0-2fs), Niall

Hurley Lynch 0-5.

Subs used: Eoin O'Connor 0-1 for A.Sweeney 33 mins, Mark McDermott 1-1 for Heavey 39 mins, Daryl Flynn for Whyte 41 mins, Cian O'Connor for R.Sweeney 44 mins, Ciaran Kelly for E.Callaghan 53 mins, Ryan Moore for Murnaghan 55 mins.

Two Mile House: Joe Darcy; Finnian Breen, Nathan Sherry, Andy May, Brian Byrne, Matthew Kelly 0-1, Andy Cregg, Niall Browne 0-3, Peter Kelly 0-1, Tony O'Connor 0-2, Chris Healy 0-3 (0-1 45), Jack Collins, Aidan Casey 0-4 (0-3fs), Caomhan Doolan 0-1, Liam Coleman.

Subs used: Gavin Burke 1-0 for Collins h-t, William Burke for Breen h-t, Glen Burke for Byrne 44 mins, Christy Burke for Coleman 59 mins.

Ref: Ryan Moran



Moorefield's David Whyte watches closely as Kevin Murnaghan attempts to dispossess Peter Kelly



A balletic aerial battle for possession between Moorefield's Niall Hurley Lynch and TMH's Andy May.



Glen Burke (Two Mile House) under severe pressure from Adam Tyrrell and Cian O'Connor

Sarsfields secure second win in SFC

Sarsfields 2-15
Eadestown 1-09

Joe Mallon Renault
SFC Group 1 Round 2

By Robert Cribbin

Sarsfields are into the knockout stages of the senior football championship after getting the better of Eadestown on Saturday afternoon. Goals in either half from Ray Cahill and Declan McKenna set the Sash up for victory but it was the performance of Alan Smith at full forward that really stood out as he finished with five points from play.

Without being overly impressive, Sarsfields were good value for the nine point success and they seem to be improving the longer the season goes on. Eadestown will be disappointed with the defeat but it's a marked improvement on a year ago when they were heavily beaten by the same opposition and the influx of a couple of talented young players has certainly aided their cause.

Cian Bolton got the scoring underway with a free in the opening minute for Eadestown but Sarsfields responded in style with points from Ray Cahill, Alan Smith and Matty Byrne giving them a two point advantage. Bolton hit back with a well taken free from distance but Smith's second point from play when he cut inside well before shooting extended the Sarsfields lead at 0-4 to 0-2.

On the break, Eadestown looked a threat and in the 17th minute, they were just out of luck when Pdraic Tuohy

pulled a shot just wide from a difficult angle. That miss came back to haunt Eadestown as minutes later Sarsfields added on 1-3 without reply to push ahead.

Smith, Cahill and Caoimhin McDonnell added on the points before the Newbridge side won a penalty when an attempted Ray Cahill pass squirted up into the air and although Shane Doyle lost control of the ball Cian Costigan was there to sweep up and he was duly taken down for the spot kick which Cahill finished with aplomb.

The game could have went either way for Liam McLoughlin's Eadestown at that stage but they battled on with a John Lawler point from play, followed by a fine individual goal from Bolton when he powered through the Sarsfields defence.

Bolton and Conor McCarthy then kicked over frees before the end of the half as Sarsfields went into the break leading 1-7 to 1-5. Sarsfields powered clear at the beginning of the second half when they hit another spurt of scoring with 1-2 on the trot before Eadestown got on the board.

Whatever Davy Burke said at half-time certainly worked for Sarsfields as they created three goal chances in that period with Shane Doyle having a shot well saved by Mark Murphy before Alan Smith elected to fist over with the goal at his mercy.

Cahill also kicked his third free while in the 40th minute Smith found sub Declan McKenna free in the square for him to palm a shot to the net. Eoin Conneff stemmed the flow with an Eadestown point but Sarsfields always had a response with Conor Hartley and Ciaran McEnerney Aspell kicking

scores from play.

That left Sarsfields ahead on a 2-11 to 1-6 scoreline at the halfway mark of the half and it was fairly routine from there after when Smith and Byrne added on points.

Bolton kept Eadestown in touch with a point from play and he also saw a goalbound effort deflect wide but they couldn't get any closer as the teams swapped efforts with McKenna and Cahill extending their tallies in response to Eadestown scores from McCarthy and Pdraic Tuohy.

There was still late drama with Cian McQuillian and Eoin Cummins getting in an altercation on the sideline and after the McQuillian swung back at Cummins the Sarsfields man was given a straight red card with Cummins escaping with yellow and the full time whistle was blown by Pdraic McGivern moments later with Sarsfields running out commanding winners.

Sarsfields: Paddy O'Sullivan; Alan Scully, Sean Campbell, Tom Aspell, Cian McConnell, Ciaran McEnerney Aspell 0-1, Con Kavanagh, Matty Byrne 0-2, Caoimhin McDonnell 0-1, Shea Ryan, Cian Costigan, Darragh Ryan, Shane Doyle, Alan Smith 0-5, Ray Cahill 1-4 (0-4fs)

Subs used: Diarmuid Hartley for Scully (Black Card) 30 mins, Conor Hartley 0-1 for McDonnell h-t, Declan McKenna 1-1 for D.Ryan 36 mins, Karl Hartley for Doyle 50 mins, Dave Shalvey for Byrne 53 mins, Cian McQuillian for McEnerney Aspell 56 mins.

Eadestown: Mark Murphy; John Lawler 0-1, Eoin Cummins, Adam Fitzsimons, Ronan Slattery, Eddie Conroy, Emmet Bolton, Rian



All eyes on Pdraic Tuohy who's shot resulted in a point for Eadestown



Eadestown's Pat O'Sullivan thought the best way forward was to make one pass back

Boran, Pat O'Sullivan, Paul Doherty, Pdraic Tuohy 0-1, Johnny Deane, Cian Bolton 1-4 (0-3fs), Conor McCarthy 0-2 (0-2fs), Eoin Conneff 0-1.

Subs used: Callum Fitzsimons for Conroy 38 mins, Eoin Woods for Slattery 50 mins, Cian Malone for Deane 56 mins.

Ref: Pdraic McGivern



Eadestown's Cian Bolton about to pull the trigger on his trusty left foot



Eadestown's Emmet Bolton escapes the clutches of Alan Smith



Diarmuid Hartley (Sarsfields) goes low to get possession ahead of Eadestown's Conor McCarthy



Racing, page 65

Robert Cribbin covers some action in the IFC and SHC and SFC campaigns, pages 66-72

Thursday, August 29, 2019

www.kildarepost.com

Naas ease themselves into hurling semis with Sheridan on song

Naas 2-20
Éire Óg Chorrachoill 0-14
SHC Group A Round 3

By Robert Cribbin

Naas rounded off on a 100% record in the winners group of the senior hurling championship with a commanding victory over Éire Óg Chorrachoill at St. Conleths Park on Sunday afternoon.

Éire Óg only scored five points from play and were largely dependent on the free taking exploits of Liam Dempsey whereas Naas were able to get scores from all angles but it was Jack Sheridan who really stole the show as he scored 1-8 with 1-3 from play as well as landing two sideline cuts in an impressive showing where he showed all his class.

The win gives Naas a semi-final spot while Éire Óg will have to make do with a quarter-final against Celbridge in a couple of weeks.

Éire Óg were in Naas's faces early on and the game was close at the beginning as the Donore based outfit went into a 0-2 to 0-1 lead with a free from Liam Dempsey and a score from play by Barry Cormack.

Naas's solitary score during that period came from the stick of Brian Byrne and the dual star then knocked over two further points to give his side the lead for the first time which was then extended to three points by Shane Ryan and Philip Cocoman.

Naas only scored one point between the 12th and 24th minutes though as Éire Óg regained control through efforts from Dempsey, Tim Hennessy, Rory O'Neill and Garry Johnson. Naas steadied the ship through Sheridan and Cathal Dowling to level the game at 0-7 apiece before Éire Óg went back in front with another free from



Jack Sheridan (Naas) plunges bravely to block a puck out by EOC's Garry Johnson



TOP: Paul The Cat Dermody makes an acrobatic attempt to save a penalty for Naas taken by Jack Sheridan.

LEFT: Shane Ryan (Naas) in action
ABOVE: EOC's goalkeeper Paul Dermody is the picture of concentration as he takes his puck out
PHOTOS: PAT TINSLEY

Dempsey.

It would turn out to be the last time they had their heads in front as after Sheridan equalised with a sublime sideline cut himself and Ryan increased their totals to give Naas a 0-10 to 0-8 interval lead after an action packed half of Hurling.

Despite Dempsey reducing the deficit at the beginning of the second half it was a thirty minutes that almost exclusively belonged to Naas with Sheridan calmly landing another sideline cut on the back of his own free and a

James Burke score from play after Shane Ryan was brilliantly denied for goal by Paul Dermody.

A Dempsey free soon followed for Éire Óg to leave just three between the sides but that soon changed when a Cocoman score came a few moments before James Burke was fouled in the square by Cathal McGrath for a penalty which Sheridan rattled home.

Barry Cormack then knocked over Éire Óg's last score from play in the 42nd minute and from there Naas

just went through the gears with Sheridan, Ryan, Shane Broderick and Mark Nevin all knocking over points at their leisure.

Dempsey responded with three frees for the beaten side but Naas finished in style and after Dermody denied him on a number of occasions corner forward Shane Ryan finally got his goal in stoppage time to bookend the twelve point success.

Naas: Cormac Gallagher; Conor Gormley, Richard Hogan,

Donal McSweeney, Paul O'Sullivan, Rian Boran, Simon Lacey, Shane Broderick 0-1, Brian Byrne 0-3 (0-2fs, 0-1 65), Jack Sheridan 1-8 (0-3fs), Philip Cocoman 0-2, Conor Dowling, Shane Ryan 1-2, Cathal Dowling 0-2, Evan Nolan.

Subs used: James Burke 0-1 for Byrne h-t, Mark Nevin 0-1 for Nolan 50 mins, Darach MacDonnacha for Conor Dowling 52 mins, Sean Gainey for Broderick 56 mins, Kevin Aherne for McSweeney 57 mins.

Éire Óg Chorrachoill: Paul Dermody; Cathal McGrath, Paddy Burns, Niall Connolly, Kevin Connor, Danny Boyle, Ollie O'Neill, Conor Kieilty, Garry Johnson 0-1, Tim Hennessy 0-1, Barry Cormack 0-2, Paul Kennedy, Liam Dempsey 0-9 (0-8fs, 0-1 65), Joe Dempsey, Rory O'Neill 0-1.

Subs used: JP Crotty for Johnson h-t, Murray O'Byrne for J.Dempsey 37 mins, Alan Lagrue for O'Neill 48 mins, Ben Noone for Kieilty 54 mins, Daniel Murray for R.O'Neill 59 mins. Ref: Conor Daly