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Thursday, September 26, 2019

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 LIVING Pages 33-37

## JOGGER'S CAR STOLEN

Warning to Curragh users to be vigilant while exercising

Kim O'Leary

The theft of a car while its owner was jogging in the Curragh has been condemned as "heartless".

Gardaí in Newbridge have launched an investigation after cruel thieves took the vehicle on Thursday morning of last week.

Joggers have also been strongly advised to be cautious where they park their cars.

It is understood that the vehicle — a blue Audi saloon car with a 151 D registration numberplate — was stolen between 7.45am and 8.05am on Thursday morning last.

The owner of the vehicle was out for a jog around the Curragh Plains at the time and returned some time later to find the vehicle was stolen. This is despite the fact that she was still in possession of the car keys.

The vehicle has not yet been recovered, a garda spokesperson confirmed.

The theft has been condemned by the

owner of a a well-known Kildare running club.

Brendan McLoughlin of Brendan's Running Club yesterday said: "This is absolutely terrible. You often hear about valuables taken from cars of joggers and walkers in the Curragh but to take the actual car is a new low."

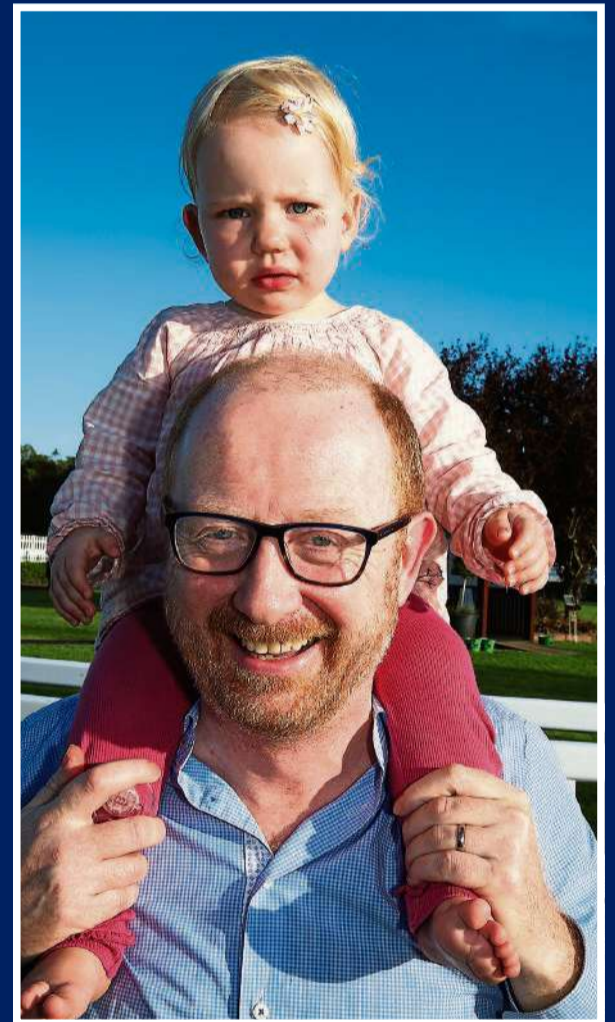
He added: "I hope incidents like this don't discourage people from getting out and taking exercise and enjoying the wonderful amenity of the Curragh plains."

Brendan also said that people should become more vigilant in recreational areas and park their cars in well-lit and busy places if possible.

In recent months there has been a surge in the number of so-called "keyless car thefts" reported in Ireland, with many makes of vehicles stolen by thieves using relay devices which copy radio signal being emitted from electronic car keys.

Motorists are advised to install a tracking system on their vehicles as a measure against such thefts.

## Bird's Eye View!



Little Elle Travers gets a good view of the races at Naas Racecourse on Wednesday of last week, thanks to dad Alan.  
 PHOTO: AISHLING CONWAY.

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## Inside this week

- **Kilteel man drowns in Cavan canal tragedy** Page 5
- **Council to build over 70 Traveller housing units** Page 4
- **Curragh Racing and Newbridge Parish Day** Page 12
- **Lots of PICTURE SPECIALS**



Plus all our regular weekly columns: Stylicious, Cookery, Motors, Sport, and more

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# Homeowners hit with hefty hike in property tax

By Henry Bauress

**Kildare County Council has voted to increase its Local Property Tax (LPT) by 7.5% on the base rate in 2020.**

Following extensive debate at last Monday's monthly meeting, the council finally opted for the rise, after various motions were submitted to introduce increases by 5% and 10%.

What does this mean for Kildare home owners? For example, a property owner in the €200,001-€250,000 bracket, paid €405 on the standard base rate, and will now pay €435.38 in 2020.

A home owner in the €250,000 to €300,000 house

price band, close to the average in the county, paid a base rate of €495. For 2020, this home owner will pay €532.13, an increase of €37.13.

Owners of a house valued between €350,000-400,000 paid €675 at the base rate — this will go up to €725.63, a rise of €50.63.

September 24 was the last time they passed a resolution not to vary the base rate of local property tax for 2019.

In 2015 and 2016, Kildare County Council reduced the local property tax by 7.5% but since 2017, it has voted not to vary the base rate of LPT.

At Monday's council meeting, there was an initial proposal by Cllr Padraig McEvoy (Ind), supported by Cllr Ivan Keatley (FG), Cllr

Rob Power (FF), Cllr Vincent Martin (Greens) and others to increase the base rate by 10%, but Cllr Ide Cussen (Ind) proposed the full 15% reduction.

Cllr Fiona McLoughlin Healy proposed not to vary the charge. Cllr Mark Wall (Labour) said they had agreed to a 5% increase, as did his party colleague, Cllr Ciara Galvin.

A debate took place on the issue and the council adjourned for a short while to facilitate private party discussions.

When the meeting resumed, Cllr McEvoy and others withdrew the 10% rise proposal and Cllr Keatley's proposal of a 7.5% rise won the day with 19 voting for it, 5

against and 13 abstaining.

The vote was taken not by a roll call vote, councillors supporting the motions were asked to stand up.

A proposal by Cllr Cussen for a 15% reduction was defeated.

A proposal not to change the rate from last year was defeated 19-14 with five abstentions.

The council retained €3,251,075 of the LPT to fund projects in the municipal districts for this year.

The public had until August 9 last to make submissions to Kildare County Council on whether to raise or lower its local property tax (LPT) in the county.

Some 27 submissions were received on the issue.



**RIGHT:** Following extensive debate, the council finally opted for the rise, after various motions were submitted to introduce increases by 5% and 10%.

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## House of Hair

Owner Maria Sweeney with her husband Gary and daughter Dakota at the House of Hair, Newbridge, first anniversary party. See pages 38-39 for more. All pics: Aishling Conway



## Clanard Court Wedding Fair

All smiles from Céire Keogh at last weekend's Clanard Court Wedding Fair. See page 44 for more



## Clanard Court Wedding

Alan and Zara Chester



## Double Scoops

Sundae Scoop Staff members Sarah Keatley and Kate O'Toole as the ice cream parlour celebrated their first anniversary recently in Newbridge. See page 48 for more

## CRIMEBRIEFS

### Van with power tools stolen in Newbridge

Gardaí in Newbridge are appealing for information after a van containing valuable power tools was stolen on Monday, 23 September. It is understood that a white Ford Transit van was stolen from the Moorefield Road between 6am and 8am on the morning of Monday 23 September. The van has a registration of 152 D 21016. The van contained valuable power tools which were stolen also. Anyone with information is asked to contact Newbridge Garda Station on 045 431 212.

### Homes burgled in Naas

Gardaí in Naas are appealing for information and warning homeowners not to leave valuables in homes following two burglaries. A house located in Johnstown Manor was broken into on Monday, September 24, at around 7.30pm. The house was ransacked and a substantial amount of jewellery was stolen from the property. A property in Millbridge Court at Mill Lane in Naas was forcibly entered on the night of Wednesday, September 18, at around 10pm. The culprits gained entry by forcing open the front door and jewellery was stolen from the property. Anyone with information in relation to these incidents is asked to contact Naas Garda Station on 045 884 300.

### Charity box stolen from shop

Gardaí in Maynooth are investigating after a charity box was stolen from a small business. It is understood that three men forcibly entered the shop on Straffan Road last Wednesday, September 18, at around 2.45am. The culprits escaped on foot with a charity box. Anyone with information is asked to contact gardaí in Maynooth.

### Bike owners urged to get locks

Gardaí in Kildare are urging bicycle owners to ensure that they have a lock for their bicycle following recent thefts from train stations and a college. In recent weeks a spate of bicycle thefts have been reported at train stations including Sallins and Maynooth and a bicycle was also stolen from the Maynooth University Campus last week. Bicycle owners are also urged to take note of their bike's model and serial number.

### Gardaí warn unlicensed firearms will be seized

Gardaí in Co Kildare are warning that they may seize guns if they are not fully licensed. Application forms are available from local garda stations. All firearms must be licensed under firearms legislation, and owners without a valid licence will be prosecuted. All new firearms certificates cost €80 and will remain valid for the next three years.

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# Council to build over 70 Traveller housing units

The Traveller community have been disproportionately affected by the national housing shortage, according to officials

By Henry Bauress

**Kildare County Council has agreed to build 73 new housing units for the Traveller community over the next five years.**

Following consultation and submissions from three groups, councillors agreed the plan at their monthly meeting on Monday in the light of an increase in the number of Travellers in the county since 2015.

The council said Traveller specific units will include eight units at Tankardsgarden, Newbridge, in 2020; five in Naas in 2021; five in Athy in 2022 plus five

more in 2023 and five in Celbridge in 2023. The survey indicated that there was strong support among Travellers for the development of temporary sites that could be used by families living on the road and awaiting an offer of permanent accommodation.

But they were against the idea of transient sites and “uncomfortable with families that they did not know coming into the area.”

There were 225 Traveller households in 2015 and 302 in 2018 — an increase of 34% with the number of individuals up 26%, increasing from 813 to 1026.

The plan said this year’s

figures indicate an increase in roadside families since last year and a steady decline in the number in private rented houses over the past four years, in line with declining availability all over the county.

The report said these figures echo the views and experiences voiced by Traveller families during the consultation process as they described difficulty in accessing private rented accommodation and increasing instances of living in roadside caravans due to a lack of accommodation availability.

The council said it had a target of creating 76 units in

the 2014 plan, including 55 standard houses and 21 traveller specific sites.

It delivered 58 houses, three above target, and 13 traveller specific accommodation units, a shortfall of 38% in this area. It said it delivered 93% of its target, “against a backdrop of the worst housing crisis in modern Irish history” where “the Traveller community have been disproportionately affected by the national housing shortage”.

During the period of the 2014-2018 Traveller

Accommodation Programme in Kildare, the number of Travellers families on the roadside fell from 23 to 15.

Those in Traveller specific



accommodation rose from 25 to 31 and the numbers in standard housing doubled from 56 to 112.

Those in rented accommodation fell from 106

to 80 but the numbers of the Traveller community homeless rose from zero in 2014 to 19 in 2018, when a survey was done in November of that year.

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# Final farewell for tragic Kilteel man Daniel

Senan Hogan  
editor@kildarepost.com



Relatives and friends yesterday bid a final farewell to a young man from Kilteel who died tragically in County Cavan at the weekend.

Daniel Grimes (26) from Kilteel lost his life after the car in which he was travelling with two others entered a canal at Ballyheady Bridge on the Ballinamore to Ballyconnell road on Saturday evening last.

Daniel's remains reposed at his home on Tuesday evening and the removal to Terenure College Chapel took place yesterday afternoon.

A funeral service took place afterwards in the Victorian Chapel at Mount Jerome,

Harold's Cross.

A GoFundMe campaign — set up to help friends of Daniel living abroad to get home for his funeral — had raised several thousands of euro.

According to the page, the fund was earmarked towards paying for the cost of international flights.

Any excess donations are going to a nominated charity.

### Touched lives

The page added: "Dan has touched a countless amount of people's lives and it's important to bring as many of us together as possible to give him the send off he deserves."

Two other young men survived the tragedy on Saturday evening. The vehicle was recovered

from the river on Sunday, while the surrounding area was closed off by Gardaí investigating the fatality.

The scene is a number of kilometres from the Ballinamore to Ballyconnell road and not ordinarily used by traffic.

It is believed the laneway was constructed for access during restoration works on the canal.

### Investigation

Gardaí said in a statement: "Gardaí in Cavan are investigating an incident this evening Saturday, September 21, on the Ballinamore to Ballyconnell Rd, Co Cavan.

Gardaí and emergency services attended the scene following reports that a car had entered the water.



The car involved in the tragedy being hoisted out of the water in Co Cavan. Photo: Virgin Media News



Daniel Grimes from Kilteel lost his life in a tragic accident last weekend

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# Action packed programme of events planned for this year's Sallins Trad Fest

**It's that time of year again when the Sallins Trad Festival swings into action.**

Sult na Sollán proudly presents the seventh year of Féile na Sollán with an exciting programme of events filled with music, song and dance for all age groups.

"Many of our festival events are bilingual (English and

Gaeilge). This presents a great opportunity to use whatever Irish you may have, be it a lot, a little, or none — we aim to include everyone," said a committee spokesperson.

"On Friday evening in The Bridgewater Inn we have our main concert event which has proven to be a sell out in recent years. This year's concert features Bunoscionn,

a local traditional music group who have enjoyed success internationally in recent years.

"Special guests on the night are Luascadh, a four piece Irish traditional music and vocal group."

One of the highlights of this year's festival is a talk by Linda Ervine. Linda is a language rights activist from

East Belfast. She is a speaker and supporter of the Irish language and is the project leader of the Turas Irish language project which 'aims to connect people from Protestant communities to their own history with the Irish language'.

"We have masterclasses in fiddle and accordion with Michael Harrison and Janine Redmond of trad band Full Set, a singing workshop with Antaine Ó Faracháin, a history walk on the Grand Canal with Liam Kenny, and a barge trip.

"On Saturday we have a dance extravaganza with the Sutton school of Irish Dancing, DDI Fashionistas-African Dance Group, World Champion Irish dancer Danielle Walshe and a Ceili with Rita Doyle and Hayden's set dancers," added the spokesperson.

This year's Tradfest runs from Thursday October 3 to Sunday 6.

For further details or bookings please visit [www.feilenasollan.com](http://www.feilenasollan.com) or contact 0871834406



**ABOVE: A barge trip is planned again this year  
BELOW: Lots of music and entertainment planned**



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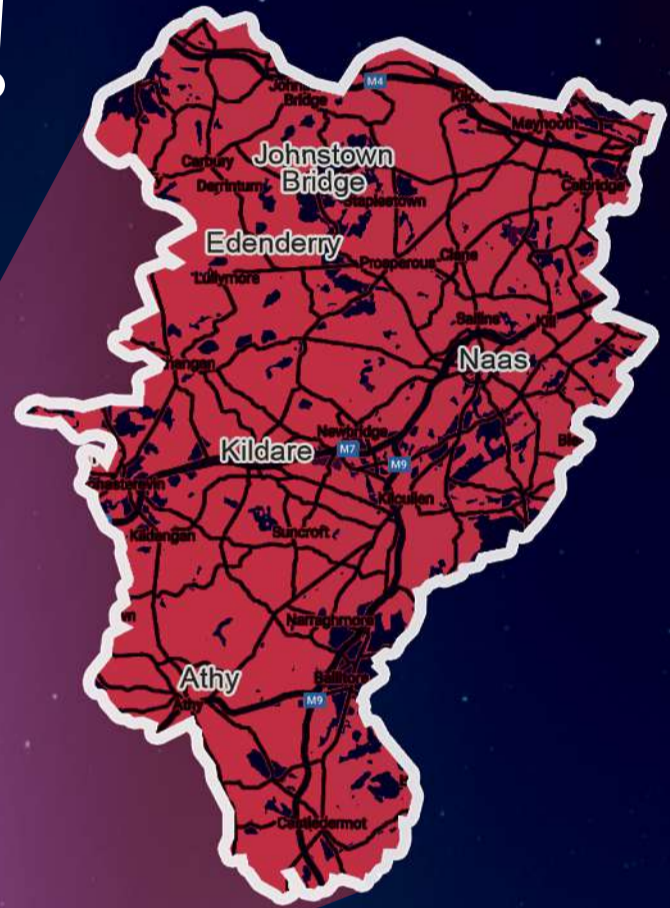
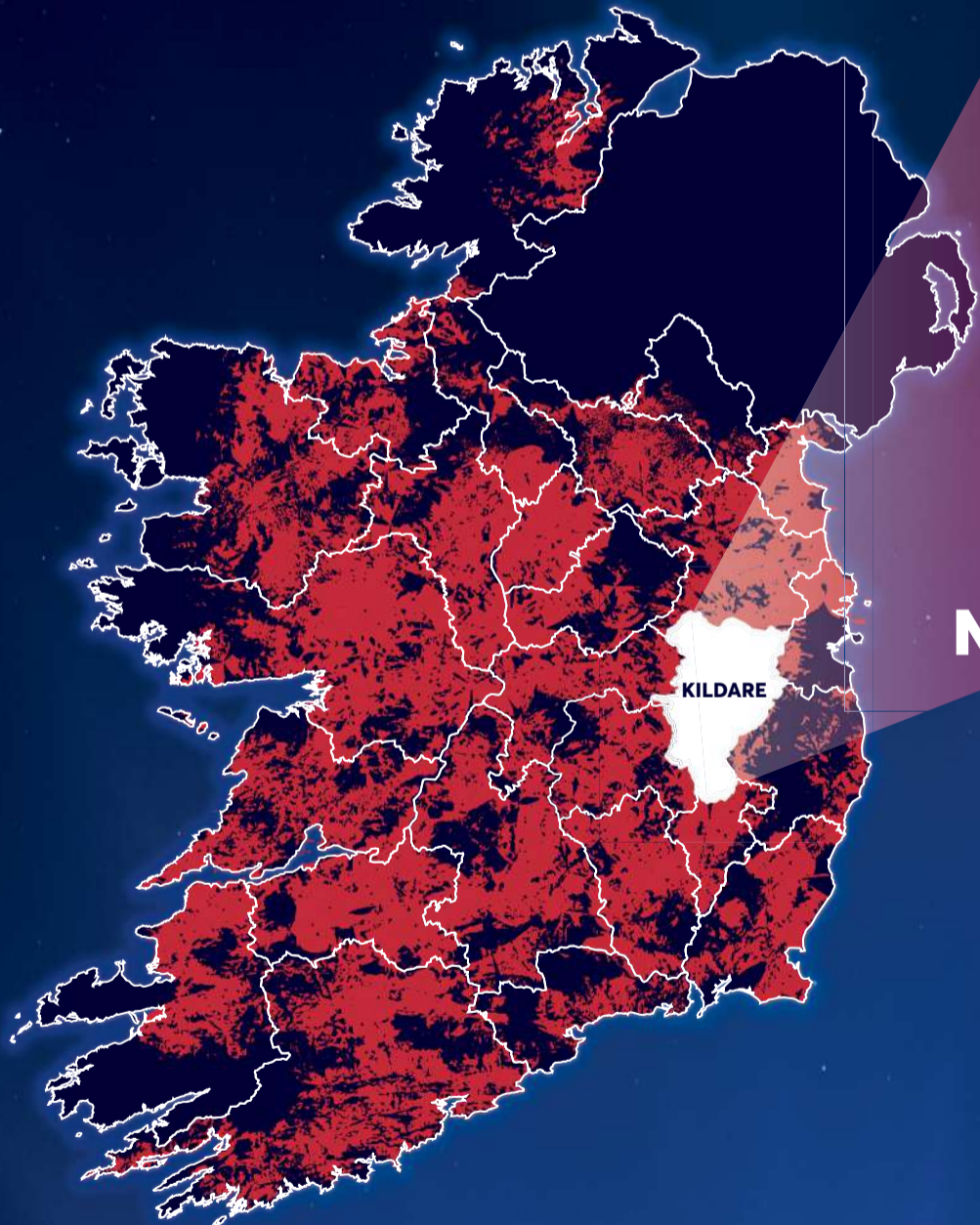
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# Heavy garda presence expected on roads for Day Without Death campaign

**The European Day Without A Road Death Project, EDWARD, takes place today across Kildare, Ireland and Europe.**

This aim is to have a day without fatalities on Europe's roads.

There is expected to be a heavier than usual garda presence on the roads network in County Kildare.

An Garda Síochána will be supporting the campaign and are calling on road users to sign up to an online pledge to improve road behaviours.

Transport Minister Shane Ross TD offered his support for Project EDWARD and encouraged everyone to get behind this year's event.

He said it's an opportunity for road users across Europe to work together to aim for one day where there is no loss of life.

Organised by TISPOL, the European Traffic Police Network, Project EDWARD seeks to bring together everyone with an interest in

reducing the number of people killed on our roads.

Project EDWARD has taken place on a single day over the past four years.

The campaign has the support of 28 European countries, as well as European Commission and an increasing number of partners from the public and private sectors.

## Raising awareness

A TISPOL spokesperson commented: "A day without a road death is of course the vision we should strive for every day.

"But we have seen that Project EDWARD is a simple yet highly effective awareness-raiser, whether or not we achieve zero deaths on the day itself.

"Casualty reduction must remain a priority for all national governments. There were some excellent reductions in road deaths and serious injuries in the first decade of this century, but

they have largely stalled in the past five years.

"It is therefore vital that we re-focus our attention on the efforts needed to bring about significant and long-lasting reductions.

"We believe strongly in the value of setting targets, and we believe that the support from all industry sectors and from individuals can make a massive difference in reducing the number of people killed and seriously injured on our roads.

"We need to make clear that a zero figure is very unlikely. But if we aim for zero and end up with a daily tally far below the European average of 70 fatalities, then Project EDWARD will have succeeded, and will add further weight to the real value of casualty reduction targets. So we urge drivers, riders, pedestrians, cyclists and other road users can pause for a moment on 19 September to reflect on one simple question: What can I do for road safety today?"



A total of 25 European countries are working together to raise awareness of road safety

## Don't miss the FIRST DAYS AT SCHOOL 2019 supplement (part 2) out with this week's Leinster Leader.

Featuring JUNIOR INFANTS from Newbridge, Athgarvan, the Curragh, Nurney, Kildangan, Ballyshannon, Halverstown, Brannoxtown, Kill and Kildare town.

September 2019  
Leinster Leader

Gaelscoil Chill Dara

Part 2  
**First Days at School**

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# Some 61 families currently in emergency accommodation in County Kildare

By Henry Bauress

**Over 60 families are currently in emergency accommodation in Kildare due to homelessness, Kildare County Council has confirmed.**

Following an information request from Cllr Aidan Farrelly (Social Democrats), the Council said at its monthly meeting on Monday last that there were 61 households with dependents in emergency accommodation. Just 10 of those families are in accommodation with their own front door.

In a report to members, Annette Aspell, director of Services, Housing and Corporate Services, said that just over half (32) of those households were in emergency accommodation for up to six months, with a further 15 there for between 6-12 months.

Another 11 families were there for between 12 and 18

months, while one family was between a year and a half and two years in that situation.

Two were so affected for between 24-30 months. The 61 households are made up of 94 adults and 136 dependents.

The 10 households with dependents in "own front door" emergency accommodation comprised 17 adults and 36 dependents.

Ms Aspell said that homelessness is a standing item on the agenda for the Housing Strategic Policy Committee and monthly reports are provided to the Department of Housing, Planning and Local Government, and are published on their website.

Cllr Farrelly, who thanked Ms Aspell and her team, claimed the Council Housing Strategic Policy Committee was currently not sitting.

He said the housing crisis continues to worsen month by month.

"Since the election the vast majority of people contacting

me do so with a housing query. They do so because they are under threat of eviction — they and their families are at risk of, or have become homeless.

Cllr Farrelly said 27% of these children have been in emergency accommodation between 12 and 30 months. "Two and a half years in a child's life... spent in a hub or hotel room.

"Our Minister for Housing Eoghan Murphy managed to put a positive spin on these by claiming that there's fewer children in emergency accommodation today than this time last year.

Cllr Farrelly said that they had also learned that there are 61 vacant homes in the county, many of which require considerable works in order to be allocated.

He suggested that the work needed to be done on these houses quickly and that those children who are living in emergency accommodation must be prioritised for allocation.



File Photo of Kildare County Council's headquarters at Áras Chill Dara in Naas

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# The Curragh set for Autumn Festival this weekend

A packed programme of 8 races on both this Saturday 28 and Sunday 29 September will ensure two very competitive race days at the Curragh.

Saturday's highlights include the Group 3 AES Renaissance Stakes with Cape Byron, Perfection and True Mason representing British-based trainers Roger Varian, David O'Meara and Karl Burke, while Gordon Lord Byron, Beckford and Speak in Colours are among the Irish trained contenders.

The 2017 Dubai Duty Free Irish Derby winner Capri is one of 13 entries in the Holden Plant Rental Loughbrown Stakes, which also features Falcon Eight, Kastasa and Barbados. Another highlight will be the Keadeen Hotel Ladies Invitational Race attracting lady jockeys from across the world.

Sunday's Future Champions themed day features all races for two-year olds. The Beresford Stakes takes centre stage with 21 entries following this morning's final forfeit stage with seven trained by Aidan O'Brien who has landed the Group 2 contest eighteen times. His entries include Innisfree, Persia, Wichita



Gemma Gleeson, Geraldine Walsh and Celestine McCoy with little Hope Gleeson in front, taken at the Longines Irish Champions Weekend at the Curragh

and Santiago.

Blissful, Auxilia and Albigna are among the 18 fillies entered for the Weld Park Stakes, while Dermot Weld, who sponsors the race

in memory of his late parents, has entered Tasalka, Mazara, Shehreen

Saturday is also Newbridge Parishes Family race day with lots of free activities in the



Evan Arkwright, Racing Manager at the Curragh with John Richardson, Area Manager AES, onors of Newbridge Parish Race Day next Saturday, September 28

Kids Zone marquee, while children from local sports clubs will take part in exhibition games between races on the track.

The Irish Pony Club will also celebrate their year with a Musical Ride performance on the track and Exhibition Ride for 10 Pony Club members after racing. Well in excess of €500,000 euro has been

raised for worthwhile projects benefiting the local community since it was launched 34 years ago.

Declared runners Friday at 10am.

Ground conditions - yielding (round) and yielding to soft, soft in places (straight)

The first race will take place on Saturday at 1.25pm and

Sunday at 1.50pm

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## Army officers agree to new deal

The association representing officer grades in the Defence Forces has voted to accept the Public Service Pay Commission proposals aimed at addressing acute staff shortages.

The Representative Association of Commissioned Officers (RACO), voted in favour of the €10 million package of allowances at its annual conference in the Killashee Hotel in Naas.

However RACO General Secretary Conor King said that if any other group had been treated so badly, it would have taken industrial action.

Commandant King said the decision to accept the proposals by around a two thirds majority had been taken after a lot of "robust" debate.

He said RACO was placing its faith in the Government to meet the deadlines in the implementation plan "Strengthening Our Defence Forces".

Commandant King said the fact that RACO was unwilling to take industrial action, and would never let the State down, should not be exploited.

He said that what members were seeing in the Defence Forces was a "permanent form of industrial action" — whereby people were voting with their feet and leaving the jobs they loved never to return.

He said the proof of the pudding would be in the month to month figures indicating the strength of the Defence Forces, adding that those figures are currently "going south".

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# Athy junction and N81 noted among Ireland's worst accident blackspots

Rose B O'Donoghue  
editor@kildarepost.com



Recent research by Gamma Location Intelligence has identified Ireland's worst accident blackspots, and among them is a junction in Athy town and two areas on the N81, one on the Kildare Wicklow border and another near Rathvilly, Co Carlow.

Whilst an area on the N59 to Galway, east of Kylemore Lough, recorded an incredible 1131 incidents, and a junction in Enniscorthy town reported 588 incidents, Athy town was listed in the top 20 with 115 accidents at the Duke Street and Leinster Street junction in Athy. The report was compiled from TII statistics from 2015 to 2017, just under three years in total.

Commenting, Cllr Mark Wall said: "I have been concerned about this road over a period of time and have

raised it continuously at Council level. I am glad to report that following representations, we were informed at our recent area meeting that TII are to carry out and fund a number of safety audits right along these streets, including a resurfacing programme due to start in the coming months".

He continued: "Unfortunately there have been a number of accidents on this road including fatalities and I welcome the safety surveys from TII and urge them to carry them out urgently"

The N81 featured in a second list of road segments reporting with a high number of accidents recorded. Poulaphouca Bridge, which borders the Kildare and Wicklow borders is a notorious blackspot. The Gamma report cites 76 accidents on the stretch of road near the bridge on the N81, 1.8km north of junction with R411, just east of Kildare



ABOVE LEFT: A section of road on the N81 close to Poulaphouca Bridge (close to Kildare Wicklow border) was listed as the highest collision area in Co Wicklow, RIGHT: A notorious blackspot in Athy, the junction of Duke Street and Leinster Street



border.

The second area on the N81 is north of Rathvilly, Co Carlow, at the Yellowford Cross Roads, with 46 incidents recorded. Five collisions were cited for Exit 5 along the M50.

The N81 Action Group met with Minister for Transport, Shane Ross, TD in August 2018, along with farming and community groups after the Dept of Transport

announced the deferment of the N81 upgrade.

Minister Ross told the groups and local representatives in attendance that the N81 did not have a higher average of accidents, and this was, he claimed, verified by Transport Infrastructure Ireland (TII). Cllr Gerry O'Neill, Chair of the N81 Action Group was surprised at the Minister's claim, as

previous statistics from Kildare County Council and traffic studies showed stretches of road along the N81 had a higher level of collisions, and single vehicle incidents.

At the time, Cllr O'Neill stated all the prep work, engineering and traffic research for the upgrade of the N81 over the previous 9-10 years contradicted the Minister's findings, and were

a waste of resources.

The report provides location-based insights to insurance companies and local authorities, and incorporates data from the TII's own data, based on vehicle numbers using the road segment, its length and the number of road accidents (injury collisions) recorded. It further takes in contributory factors such as fog, weather conditions, road works, etc.

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# Tycoon with Kildare links is bidding for €80m K Club resort

Senan Hogan  
editor@kildarepost.com



A businessman who owns a nursing home in Maynooth is the front-runner to buy the K Club in Straffan, it emerged this week.

The sprawling hotel and golf resort (pictured on right) was put on the market last year by owner Michael Smurfit who was seeking up to €80 million.

And in recent weeks, low-profile nursing homes

operator and hotelier Michael Fetherston has emerged as the preferred bidder to buy the landmark property.

It is understood that two foreign-based investors still remain interested in buying



the five-star resort that famously hosted the Ryder Cup golf tournament in 2006.

Mr Fetherston's main business interest is the TLC nursing homes group, which owns and operates five facilities in the greater Dublin area, including Santry, Citywest and Maynooth.

Bishopscourt Investments, which was a 50-50 venture between Mr Smurfit and property developer Gerry Gannon, bought the K Club for €97 million in 2005.

Mr Smurfit bought Mr Gannon's interest in the club in 2011. The complex, which includes two championship courses and a five-star hotel, lost €3.1 million in 2017, its accounts show.

The K Club Hotel was Ireland's first ever AA 5 Red Star Hotel when it opened in 1991.

It boasts 140-bedrooms and the resort is set amid 550-acres of parkland on a mile long private stretch of the River Liffey.

A restored 19th Century Georgian mansion estate, the

K Club is set on the former site of Straffan House, which was originally modelled after a French chateau by Hugh Barton in 1832, the grandson of legendary winemaker Thomas Barton.

The K Club is home to two Championship Golf Courses — The Palmer Ryder Course, venue for the 2006 Ryder Cup and The Palmer Smurfit Course, host to the European Open from 1995 to 2007.

The K Club also has a 20,000 square foot K Spa which is attracting customers from Kildare and further afield.

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# Consumers spent almost €600m in Leinster hotels in 2018

Consumers spent an estimated €550m in restaurants and pubs in Leinster last year, excluding Dublin, new figures show.

The data was contained in a Hospitality and Tourism Outlook report for 2019 published by AIB.

At the launch of the Outlook report, a cheque for €2,000 was presented to the Jack & Jill Children's Foundation by AIB to support their on-going work with children and families in communities all over Ireland.

According to the

publication, consumers spent in the region of €338m in restaurants last year, while pubs took in about €212m.

It is estimated that consumer spending in hotels in Leinster was €596m in 2018, with domestic spend making up the majority of this figure, at 71%.

## Busy month

December is the busiest month for restaurants and pubs in Leinster, while August is the busiest month for hotels, according to the Outlook.

The report for 2019 gives an

holistic view of the industry using card spending data across the subsectors of accommodation, restaurants, pubs and attractions.

David McCarthy, Head of Hospitality and Tourism at AIB said: "AIB, as the largest lender to the hospitality sector in Ireland is backing the industry by providing key insights across drinking, accommodation, eating, and attractions sectors. We have attempted to take a holistic view to hospitality in the Leinster and have taken a seasonal view of each

subsector in order to assist informing the industry."

"Last year was an unprecedented year for the industry which saw the highest levels of international visitors and spend on record and AIB are proud to have played a part in contributing towards that and will continue to support the industry into the future. We urge businesses in Leinster to take social, environmental and economic responsibility seriously, which will create a more sustainable national hospitality sector."



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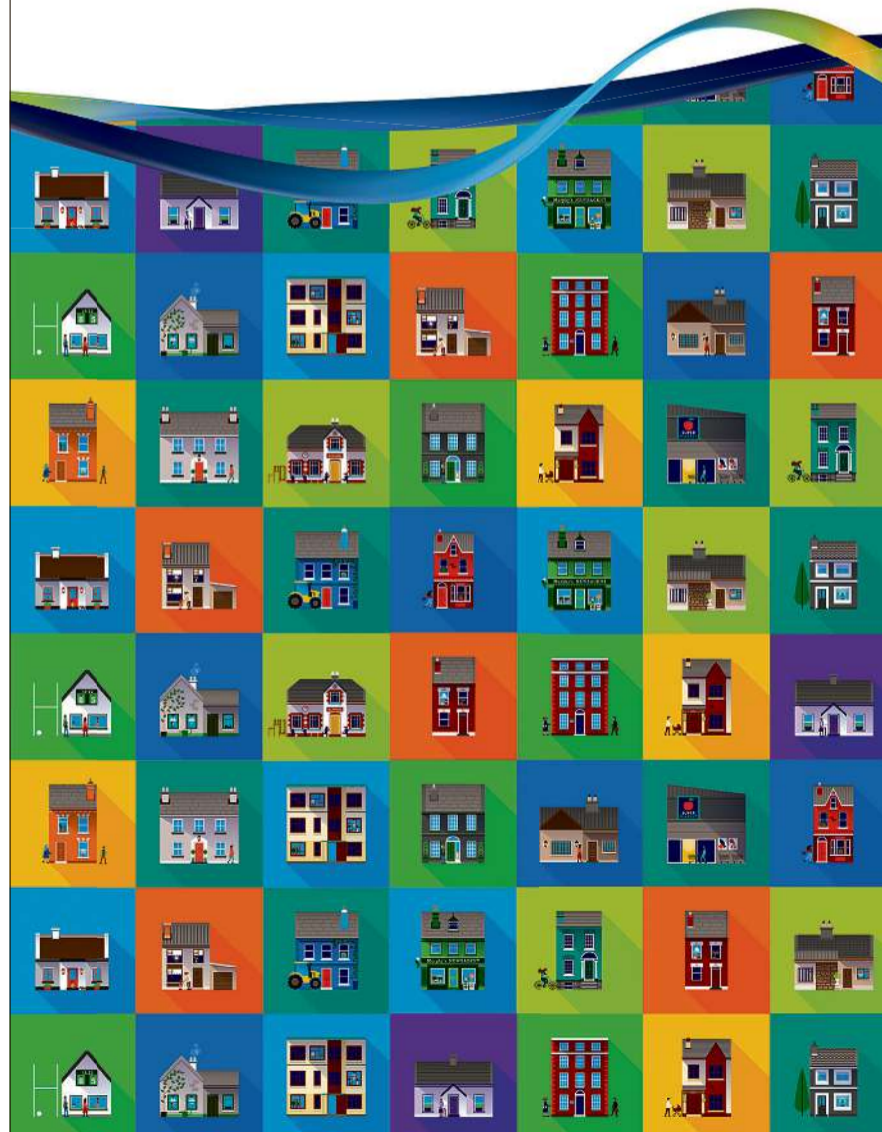
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# Kildare cyclists warned not to travel alone via popular West Wicklow route

Rose B O'Donoghue  
editor@kildarepost.com



An experienced cyclist from the UK was badly shaken after an incident on Monday, September 16, as he was cycling via the Sally Gap towards Ballymore Eustace to visit friends. Mike Amiss had arrived from Dublin Port that day and set off on his journey via the scenic West Wicklow route.

Around 4pm, as he cycled in thick fog along the Sally Gap, he noticed a car travelling slowly behind him for up to two minutes.

"At first I thought it was just the driver being careful, as it is a windy road and there was heavy fog. But then the car appeared to overtake me but pulled alongside me, dangerously close and then the passenger door was swiftly pushed open.

"There is no doubt in my mind the intention was to knock me off my bike. But miraculously, I held onto the

bike. I quickly jumped off and got a good look at the car, and rang the emergency number and reported the car reg and vehicle description."

Mr Amiss, who has cycled across the world, is currently in County Cork and hoping to head North next, "when the weather improves!"

"I can't say for sure if their intention was to knock me off my bicycle and steal the bike; it's a Giant Defy model, and would cost me £4,000 sterling to replace it. I was seriously worried they would turn around and come back again. There appeared to be two to three people in the vehicle."

Last month, Dublin Live reported a similar incident, in which a cyclist claimed he was deliberately knocked off his bike on August 24, also at the Sally Gap. The bike was then stolen, a Trek valued at €2,000 and the cyclist left stranded. Subsequently, solo cyclists taking the Sally Gap route across the Wicklow mountains have been warned to be vigilant, and dissuaded from



UK cyclist Mike Amiss who felt intimidated by his experience on the Sally Gap

cycling alone.

Dublin Cycling shared a post on Twitter on June 19, of another cyclist who claimed he was attacked by three men in a white Ford transit van. His attackers he claimed tried to steal his bike and phone. "Don't

go up the Sally Gap or via Kippure or Laragh way on your own," he wrote, "as they are targeting that road because they know cyclists are using good carbon bikes".

Sinead Burke of Ballymore Eustace, a friend of Mr Amiss,



File Photo of a Garda checkpoint at the Sally Gap: Several incidents involving cyclists have been reported to Gardai in recent months

stated: "As we are very close to the Sally Gap and Wicklow Mountains, it is common for me and my friends to direct overseas visitors to the area as a must-see beauty spot. It appears that this route is becoming increasingly unsafe — not to mention the fact that someone could get seriously injured or killed. In this context, I have informed a number of cycling groups so

they can be vigilant (including Ballymore Mountain Peddlers and Blessington's Reservoir Cogs)."

Gardai confirmed they received reports of an incident involving a cyclist on the Sally Gap on September 16 albeit no complaint was made. Gardai are investigating the theft of a bicycle that took place on August 24, also at the Sally Gap junction.



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## Wedding Fair at the Clanard Court

Laura Knowles and Killian Hyland were pictured at the Wedding Fair at the Clanard Court Hotel, Athy, last Sunday, September 22. Picture: Aishling Conway

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# Dunlavin & District Forum launches Hive@W91

Rose B O'Donoghue  
editor@kildarepost.com



Dunlavin & District Forum celebrated a very special event on Friday last with the official launch of Hive@W91.

This brings an innovative service/facility to the West Wicklow village, with the introduction of this 'co-working space' seen as a very exciting development for Dunlavin. Chairperson of Dunlavin & District Forum, Aisling Grace, said that this project came about following many discussions among the group as to how they could best support employment opportunities for community members.

## Innovation

The group sees co-working as an innovative approach to this. Group secretary, Antoinette Whelan, said that Hive@W91 would hopefully serve to breathe life into the village, support environmental sustainability and stimulate the local economy and business community.

"This fresh new co-working facility is ideal for anyone who works alone, remote



Jimmy Whittle, James Whelan, Margaret Healy, Aisling Grace, Stephen Ward and Antoinette Whelan, sub-committee of Dunlavin & District Forum who worked to bring Hive@W91 to fruition

employees, business start-ups or freelancers" said Antoinette. "For example, meeting room facilities are also available for hire".

Dunlavin & District Forum were delighted to have local man, Eddie Whelan, on hand to cut the ribbon on this facility and he was a very popular guest on the evening. Eddie and his family ran a busy fruit and veg shop on Stephen Street, Dunlavin, for over 32 years. The shop only

closed in recent weeks and Eddie also ran a home delivery service. The group extended good wishes to Eddie and family on his 'retirement', knowing he will always be a busy man.

Aisling Grace was keen to add her thanks to the hardworking group who put this project together on behalf of Dunlavin & District Forum.

"Our thanks to each person who brought their talents to

the table to deliver a high quality product we can all be proud of," she said.

Aisling also took the opportunity to thank their lead sponsors for this project — Dublin Products Ltd, Doyle Print and JW Construction.

"We look forward to see how this development grows in Dunlavin" said Aisling.

"Contact [coworkdunlavin@gmail.com](mailto:coworkdunlavin@gmail.com) with any queries, we'd be delighted to hear from you!"



Afriam (Dion's Takeaway), Margaret Healy, Eddie Whelan and Mag Lynott.



Eddie Whelan, recently retired business man, officially cut the ribbon of the new Hive@W91 in Dunlavin

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# KWWSPCA to host annual pet blessing on Sunday, October 6

The Annual Pet Blessing Service will take place this year on Sunday, 6 October, at 3.30 pm at Christ Church, Celbridge.

The church is located near the gates to Castletown House, close to Celbridge village. All pets and their owners are very welcome. Refreshments will be served after the Service and the collection will go to the KWWSPCA.

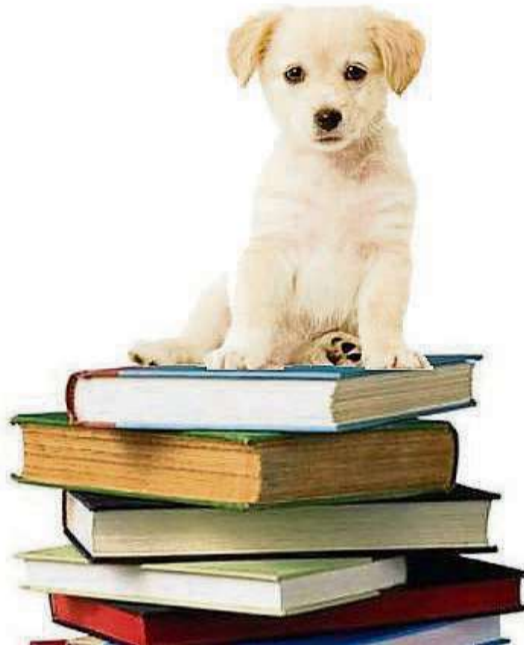
**Thank You**

The KWWSPCA would like to thank the Pyrenean Mountain Dog Club of Ireland for their very generous donation of €500 to the KWWSPCA Shelter Fund. Anna O'Loughlin from the

Club came to our present Shelter last week and handed over the Club's very generous gift to one of our volunteers, Cathal Moore.

**Massive Book Sale — Friday, 4 and Saturday, 5 October, Kilcullen**

The KWWSPCA will be hosting another massive book sale in the Heritage Centre/Town Hall, Lower Main Street, Kilcullen, on Friday 4 and Saturday 5 October from 11am-5pm each day. A wide range of books will be on sale - fiction, non-fiction and children's books, as well as DVDs - at very reasonable prices (adults - €5 for any six books, children - €2 for five books). All



## Kitten of the week

Could you adopt Emily the kitten?

## Pet Blessing SERVICE



proceeds from the Book Sale will go directly to the KWWSPCA.

**Kitten of the Week — Emily**

We are keeping our fingers crossed for baby Emily who was rescued when she was

just three days old. Her mother was only a kitten herself and had left her dead sister on a door step. We felt it was best to remove the baby and give Mama a chance to recover and mature. She has been spayed and will live out her life in peace and not having litter after litter of kittens.

Thank you to our first time foster mother, Emma, who has jumped in the deep end to bottle-feed Emily. We wish her the best of luck and hope she succeeds. If Emily survives, she will be ready for rehoming in about eight weeks' time. For information about other kittens in our care who are ready for rehoming now, please call 087 251 7381.

**Dog of the Week - Lily the Lurcher**

This gorgeous lurcher is Lily. She's three years old and has come into our care from the ISPCA. She is living in a

foster home with another lurcher and a 12 week old pup.

She's extremely easy going and laid back, and, after her walk, all she wants to do is laze around on a soft bed or couch, or on a comfortable rug at your feet. She's very good on the lead and excellent with other dogs. She is also house trained. She's happiest when she is with humans or lazing around indoors. If she is left on her own outside she could jump out over an 8ft fence, so it's important that she has company for a good part of the day and is not left alone outdoors.

Lily is spayed, microchipped and vaccinated and you can meet her by appointment if you contact 087 127 9835 or email [kwwspca@gmail.com](mailto:kwwspca@gmail.com). A minimum adoption donation of €150 is required, a collar tag and dog licence need to be purchased to complete the

adoption, and a home visit applies. A €50 deposit is required to secure a booking.

The Kildare & West Wicklow Society for the Prevention of Cruelty to Animals (KWWSPCA) is a Registered Charity (Number CHY 6280) that investigates and deals with reports of cruelty and neglect to animals of all sorts; family pets, wild animals and birds, and horses, ponies and donkeys, throughout County Kildare and West Wicklow. The Society is run entirely on a voluntary basis, there are no paid employees.

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# Kildare farm chosen for launch of new milk promotion campaign

Senan Hogan  
editor@kildarepost.com



A County Kildare farm was chosen as the location for a launch by Avonmore of a campaign to raise awareness to consumers of where their milk comes from.

Irish households are among the highest consumers of fresh milk in the world — using 138 litres per head per year.

However, recent research revealed that one in three adults haven't visited a farm in the past five years, and one in 10 have never been on a farm!

Avonmore has now launched its Farmfulness on-pack initiative is an effort to connect farm life with families all over Ireland, particularly those living in urban areas.

By using a QR code on milk packs, customers can listen to soothing farm sounds including a dawn chorus, soft



Aoibhinn Garrihy down on the farm in Ballitore



Aoibhinn with Ballitore farmer Larry Hannon

rain falling and a happy herd grazing in lush meadows.

The launch of the campaign took place on the farm of local dairy farmer Larry Hannon in Ballitore last week.

June Dowling, Senior Marketing Manager for Avonmore Fresh Milk said: 'The average household in

Ireland consumes 6.6 litres of milk a week.

### Making a connection

"We want to make a connection between the product and its journey from farm to fridge."

Speaking about her

involvement in the campaign, actress and Avonmore Fresh Milk brand ambassador Aoibhinn Garrihy said: "As a family growing up in Ireland we always had Avonmore Fresh Milk in the fridge, that was a given, but because my mum's family are dairy farmers from County Clare

we never took for granted where the milk in the fridge came from.

"We were acutely aware of the labour of love and dedication from farmers all around Ireland to produce the delicious nourishing milk. I love what Avonmore have done to bring

farmfulness into the hearts and minds of consumers and right to their kitchen table and I am delighted to be involved in this campaign.'

The Avonmore Creameries Federation was founded in 1966 when 36 smaller co-ops joined forces to form what we now know as Avonmore.

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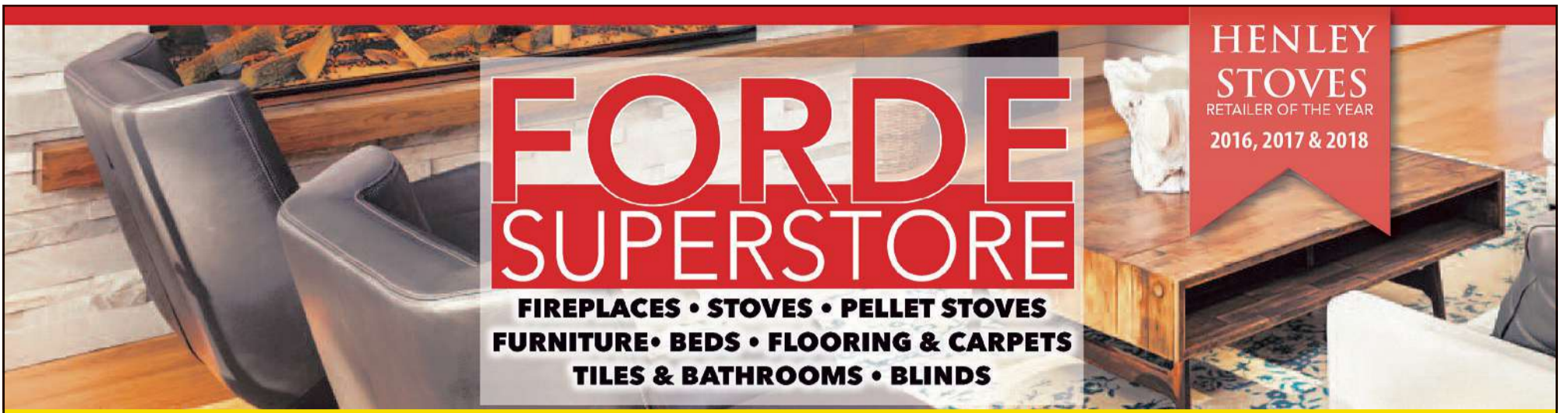
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• Athy Community College,  
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Email: [nightclasses@athycollege.ie](mailto:nightclasses@athycollege.ie)  
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The Maynooth Salon first opened in 2005. The salon was 689 sq feet with 9 sections and an amazing team of talented stylists that continued to grow. The proud owners knew that one day they would need to expand the business and this is now the realisation of their dreams. The new and improved salon located next to sports direct is just metres away from the previous site.

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# Brave Kilcock woman hosts canoe club event to raise funds for breast cancer

By Niamh O'Donoghue

**An inspirational Kildare woman, who is battling breast cancer for the second time in her life, has organised a special event to raise funds for Breast Cancer Ireland.**

This Sunday, September 29, the inaugural Mahon Cup is taking place in Kilcock Harbour.

It has been spearheaded by Trish McCormack of Kilcock Canoe Polo Club as a way to promote awareness about the disease and the sport of canoe polo.

"Well its 2019 now and I've had a recurrence of breast cancer after 10 years. I've sat in many doctors waiting rooms and it was always a very gloomy place. I wanted to send a message to all women out there touched by cancer, that life can go on, that there can be a life after cancer," she said.

"I knew I could with the amazing support of my

family, friends and friends in the club. I wanted to do something special. I decided I would run a women's competition and invite people to come and try for paddles with the proceeds going to Breast Cancer Ireland."

Trish explained she's had surgery and chemotherapy now looms. "It is important to fight this disease. I have four children, 10 grandchildren, a beautiful family, lots of friends and plenty of support. I thought I had to do this alone but the fundraiser has made me realise this is not the case."

She said that many people comment that she is very positive in the way she has dealt with her diagnosis.

"What does positive look like, you might ask. Well I think it is an overused word. Well picture this. You have just been diagnosed with cancer and all anyone can think to say is 'be positive'. I continue to live, is that not positive? Just because I need

to say I'm scared, or I am having a bad day doesn't mean I'm not positive. It just means I'm human.

"So I thought let's take this overused word 'positive', and use it to make a difference. So I'm running the Mahon Cup in memory of my sister and anyone in my family with cancer."

Set up in 1998, Trish first got involved with Kilcock Canoe Polo Club that year after her sons wanted to take up a new sport. She did a course in the harbour and the family were hooked.

Thus began her 21-year journey of developing the club and the sport of canoe polo. Her sister Marion was hugely involved in the running of the European Championships in Kilcock. Unfortunately she died of breast cancer in 2006 after a 10 year battle of her own.

"The club has been a great part of my life. It is a strong community, which I love being a part of. As part of a committee I work with the



Trish McCormack making a presentation to Kilcock Canoe Club winner, Alex Murray

National Canoe Polo Committee, Canoeing Ireland, Waterways Ireland, Kildare County Council and local groups. This makes the club an integral part of the

Kilcock community," she said.

The Mahon Cup for women will run from 10am to 4pm in the harbour and will cater for all levels including beginners.

Log on to [www.eventbrite.com/e/mahon-cup](http://www.eventbrite.com/e/mahon-cup) to register. It costs €10 to take part and equipment will be supplied for beginners by Kilcock Canoe Polo Club.

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# Physio in Kildare town welcoming new patients and reaching out to the local community



The Waterfall Clinic on Claregate Street in Kildare Town. PHOTOS: TONY KEANE

**Senan Hogan**  
editor@kildarepost.com



**A physiotherapist in Kildare town is specialising in neurological physiotherapy and rehabilitation at the recently-opened Waterfall Clinic.**

Chartered practitioner Johanne Murphy is skilled in treating people with conditions such as Stroke, Parkinsons, Multiple Sclerosis and Motor Neuron disease as well as head injuries and concussion.

She also sees patients with Vertigo, Dizziness and balance issues. Johanne also spends time working with local shops and businesses to help them become more dementia-friendly.

September is World Alzheimer Month and it is estimated that there are over 1,750 people living with dementia in Kildare, while more than 4,000 people newly develop the condition across Ireland each year.

And the number of people with the condition is expected to double in the next 20 years due to our ageing population.

Johanne has been working with local businesses to understand the condition of dementia and to make society more friendly towards

sufferers.

Johanne said: "There are many families in Co Kildare touched by dementia.

"There may be a stigma attached to dementia but I urge people not to be afraid of the condition but to understand it as best they can in order to live as full a life as possible.

"As a society we need to be more aware of the condition and to reach out to people with the condition and to help them in everyday life.

"I also talk to shops like SuperValu has been very helpful in creating awareness of the condition and helping people who need assistance when shopping."

Johanne said she welcomes anybody into her clinic in Kildare Town to discuss the issue of dementia.

Dementia: Understand Together is a public support, awareness and information campaign during September led by the HSE in partnership with the Alzheimer's Society of Ireland and Genio. Although a dementia diagnosis can be frightening, there are many treatments, including medications, and cognitive exercises and rehabilitation, which can slow the decline in symptoms.

There is also a range of community supports for the person and their family, such

as educational programmes, peer support groups, and support for making practical adaptations to the person's life and home.

Where needed, care is available through day centres and home care support.

Family, friends and the community can play a massive role in helping people to live with dementia.

By showing understanding and engaging with people affected by dementia, people can help to eliminate the stigma associated with the condition.

## SuperValu Monasterevin

Meanwhile SuperValu Monasterevin have engaged with the Understand Together campaign.

Store staff recently attended dementia awareness training.

Employees are completing further training sessions shortly so that more front line staff can be trained to recognize and understand the symptoms and challenges that a person with dementia when shopping.

This will enable them to have the skills to support a person with dementia in every day tasks such as shopping promoting independence and socialisation.

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Johanne Murphy pictured in her clinic

# Picture perfect weddings at Tulfarris Hotel & Golf Resort Wedding Showcase, October 6 from 1pm – 4pm.

Tulfarris Hotel and Golf Resort, Blessington, Co Wicklow, has multiple spaces, indoor and outdoor, to cater for all wedding types.

Located just 40 minutes from Kildare, Tulfarris Hotel and Golf Resort has exquisite surroundings against the spectacular backdrop of the Blessington Lakes and Wicklow Mountains making the resort a picture-perfect wedding destination.

### The Manor House

Couples with larger wedding numbers can have their reception in the two main banqueting suites adjoining the 18th century Manor House; The Russborough and The Poulaphouca. Both suites are bright, spacious and have natural daylight along with their own private bar area. The Poulaphouca Suite comes complete with stunning chandeliers, cream carpet and Bo-Peep lanterns. The Russborough Suite can cater for up to 250 guests to celebrate the 'traditional', larger Irish weddings. The suite has been newly refurbished and includes a pleasant balcony area



Tulfarris offers superb backdrop and photographic opportunities

overlooking the beautiful grounds of the resort. When weather permits, the resort contains a beautiful terrace overlooking the 18th green and fairway where barbecues can be held to cater for up to 150 people, perfect for the day after a wedding.

### Intimacy at the Lime Tree

Couples looking for a more intimate or relaxed reception can opt for The Lime Tree Restaurant, located in the main hotel, which boasts spectacular views over the golf course and Wicklow Mountains. The room can hold between 60 and 80 guests. The Lime Tree Restaurant makes use of natural lighting with large windows making it a bright,

open space. The versatility of the Lime Tree Restaurant means that it can be transformed to suit individual tastes. The room is also adaptable to include a dance floor, space for your desired musical entertainment, and a private bar. Further to this the Manor House Bar also offers a light and spacious space for wedding parties up to 80 people.

### Civil and humanist ceremonies

Tulfarris Hotel and Golf Resort offers unique, beautiful settings to take your vows. The resort can host civil ceremonies and humanist celebrations. A growing number of people



Ballroom dressed for wedding



Bridal suite

are also choosing to have Celtic weddings and the exterior grounds of the resort lends itself particularly well to this. Couples can also exchange vows in the beautiful Poulaphouca ceremony suite complete with a balcony overlooking the Wicklow Mountains, perfect to capture those first magical moments as a married couple. The stunning view of the lakes along with the Wicklow Mountains in the horizon creates the ideal backdrop making Tulfarris Hotel and Golf Resort the ultimate destination for a wedding.

### Two Wedding Co-ordinators

Tulfarris Hotel and Golf Resort have two specialised



Tulfarris Hotel

wedding coordinators available to make your day unique and magical, Honora Carberry and Kate Hannigan.

### Wedding Showcase

The next wedding showcase at Tulfarris Hotel and Golf Resort is on October 6 from 1pm – 4pm. Enjoy a glass of wine and sample Chef's

Canapés. Banqueting Suite, Ceremony Room and Manor House available for viewing on the day, with local suppliers on hand also.

**For more information, or to make a booking see [www.tulfarrishotel.com](http://www.tulfarrishotel.com) or [www.tulfarrisweddings.com](http://www.tulfarrisweddings.com) call (045) 867 600**



Tulfarris Hotel and Golf Resort, Blessington, Co. Wicklow has multiple spaces, indoor and outdoor, to cater for all wedding types. Featuring two main banqueting suites and a stunning 18th century Manor House, the luxurious resort, 40 minutes from Kildare has exquisite surroundings set against the spectacular backdrop of the Blessington Lakes and Wicklow Mountains.

Couples looking for a more relaxed reception can opt for the AA Rosette Lime Tree Restaurant or the Manor House's light and versatile reception rooms.

## Autumn Wedding Showcase Packages from €59 per person Sunday, 6th October | 1-4pm

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Photos: Pat Tinsley

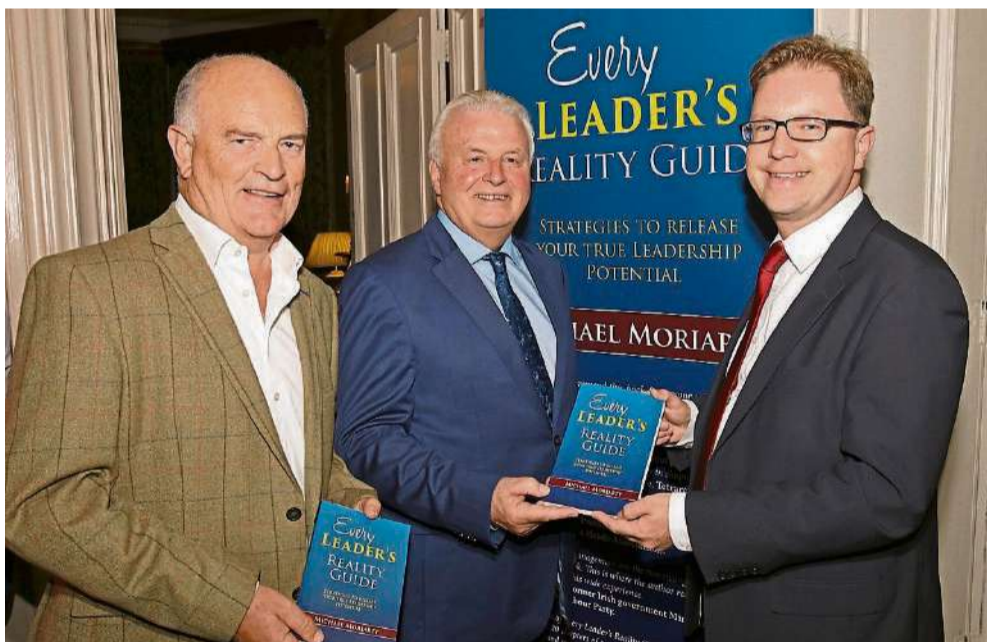
Launch of new book by former Education and Training Boards Ireland (ETBI) boss Michael Moriarty at Killashee Hotel, Naas



Michael Moriarty with former ETBI colleagues Claire McMahon, Siobhan Magner, Seamus Convoy, James Eustace, Joan Russell and Nessa White at the launch of Michael Moriarty's book Every Leader's Reality Guide at the Killashee Hotel, Naas, last Tuesday evening



Michael Moriarty signing a copy of his book Every Leader's Reality Guide for Ger Melia at the Killashee Hotel, Naas, last Tuesday evening



Ambrose Keeley, Michael Moriarty and Kildare North FF TD James Lawless at the launch of Michael Moriarty's book Every Leader's Reality Guide at the Killashee Hotel, Naas, last Tuesday evening



Margo Doyle and Rachel Murray at the launch of Michael Moriarty's book Every Leader's Reality Guide at the Killashee Hotel, Naas, last Tuesday evening



Susan Rouine and Val O'Hanlon at the launch of Michael Moriarty's book Every Leader's Reality Guide at the Killashee Hotel, Naas, last Tuesday evening



Michael Moriarty with Aileen O'Beien of O'Brien PR at the launch of Michael's book Every Leader's Reality Guide at the Killashee Hotel, Naas, last Tuesday evening



Carol Gartland and Shannen Doyle at the launch of Michael Moriarty's book Every Leader's Reality Guide at the Killashee Hotel, Naas, last Tuesday evening

# BREXIT BLUES!

Murdock argues we need to work with Britain, as we are very similar to our British counterparts

We are all sick to our teeth and watching the ongoing saga of Brexit. Although it is the British economy, the British Parliament and the British people embroiled in a mightily tangle, it certainly will have a serious impact for the Republic of Ireland.

If a hard Brexit crashes in on us, it means that Ireland have to undertake to look after the border because Britain are loud and clearly stating that they will not do anything except walk away like a 'soldier's goodbye'.

This would be an expensive and time consuming exercise for Ireland as well as a training and security issue. Our army is not prepared, our special Garda force is not prepared and our customs are not prepared as it has been over twenty years since the Good Friday Agreement. It was never anticipated that this would ever happen again and it is ridiculous from a commercial point of view that they Britain should do this.

Although Britain would maintain that an open border is not an issue, it still is in contravention of us being part of the European Union. If Britain is crashing out, or about to crash out, or may never crash out, or take their time crashing out, there is negative sentiment creeping in leaving aside the obvious commercial issues.

### Farmers will hurt

Farming is going to hurt. The price of sterling is going down to next to nothing (although exports from Britain would appear to be cheaper for them than imports to Ireland). In early 2017, the British economy began to produce at a high rate of inventory for stock



After the UK Supreme Court deemed Boris Johnson's advice to the Queen to disband the British Parliament as being 'unlawful', comedian Neil Delamere likened Boris's defence to that of Ross in Friends; "We were on a break!"

piling. A lot of Irish companies who are dealing in Britain and importing did the same thing. They are actually using mainland UK companies to do this. This will mean, of course, that as soon as Brexit happens and no more will need to be produced for the foreseeable future. This is going to have a big effect on employment, especially in Britain, and in warehousing in Ireland. This will hurt transportation as well.

The agriculture sector is already reeling over the beef crisis and the fall in the value of sterling. To put tariffs on export or import products for food supplies will have an immediate short term negative impact.

No amount of statistics can work out the true loss to the economy as there are different and variable schools of thoughts. However, the negative sentiment is creeping into people's minds and we are either greed based or fear based. We have gone

through the greed up to the middle of last year and with house prices slipping back, it means that the negative impact is settling in. This means that savings will commence and after that, consumer growth will slow down. Then you have a loss of employment from the high level it is at at the moment.

### Work with Britain!

To avoid all this we should be working hard with our British counter parts, even with Boris Johnson, who is flip flopping. We must make sure that our interests are best protected, and our export market, which is substantial in the UK. We need to get back in there and get stuck in and realise that Europe, although we are an important part of it, could leave us out in the cold as we are a small player in an island nation and we are not too dissimilar to our British counterparts.

The blues may lift but it will take time.

k.p.murdock@hotmail.com



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# Kilcullen company set for major US expansion

A county Kildare leather manufacturer is hoping that its upcoming business trip to Boston will see US exports increase dramatically. CarveOn, which specialises in personalised and customised leather accessories, from its base in the Kilcullen Industrial Estate, has seen its star rise since it commenced production in 2011.

Founded by Brothers Gary and Alan McCormack, the firm now employs nine full-time staff and one part-time employee, and exports to more than 50 countries across some 6 continents.

The company is currently in an expansionary phase and plans to develop a second warehouse in Kilcullen early next year as demand for its high end products increases.

In particular it is experiencing huge growth in US markets where demand for its premium leather



accessories is increasing month on month.

Both Alan Creative Director of CarveOn, and Sales Director, Robert Kennedy from Naas, will next week travel to Boston as part of a Co. Kildare Chamber of Commerce delegation, in what is year one of a five year commitment by the Chamber to travel to that city.

Alan says "We're excited about this trip; we hope to expand significantly in the US, focusing on the Kildare Diaspora and the Irish in general. We have seen a big



Wallet €129. The only accessories and gifts that get better with age

spike in our exports with much of them coming from the US and we want to build on it. This trip will help us do that. We have received incredible support from the Local Enterprise Office here in Co. Kildare from day one and I would urge any fledgling business to contact them".

CarveOn is a previous winner of the National Enterprise Awards Best Export Business and counts The University of Notre Dame, Facebook, Google, LinkedIn, the K Club and Adare Manor amongst its top notch clients.

President Michael D Higgins personally



Document MacBook Folio with tan front, an ideal corporate gift



A5 Notebook and pen €84. A perfect accessory for business people.

commissioned products to present to the Presidents of Columbia and Chile.

CarveOn is a member of the Craft Council of Ireland. Their range is made with the highest quality Italian

leather and is all vegetable tanned, with five colour finishes to choose from: tan, black, dark brown, navy and burgundy. All packaging is made from recycled material.

## Out & About

PHOTOS: TONY KEANE

## Fun at Kildare town Harvest Festival on Saturday, September 21



Anne Sweeney of Kildare Tidy Towns pictured juicing apples at Kildare Town Harvest Fair 2019, an initiative of Kildare Heritage Centre



Tom McCutcheon of Kildare Heritage Centre



Max and Bernard Gibney and Joseph Moran



Pat O'Sullivan of Kildare Tidy Town and Elizabeth Duffy



Heather and Martha Hanlon, Síle O'Sullivan of Kildare Tidy Towns, and Marie Hopkins



Nathan and Sheila Bright



# STYLICIOUS

**ANIMAL PRINT,  
TARTANS, LEATHER  
LOOK LEGGINGS  
AND SILKS -  
GOLDEN  
SPIDERWEB  
AW 2019 HAS IT ALL!**

**White knit €49 & Stretch  
Waist Jersey Tartan Skirt €45.  
bag €47 Golden Spiderweb.ie  
and 8 locations nationwide**



STYLICIOUS :Your weekly Fashion and Beauty News fix! For PR or general enquiries, contact us at [editor@kildarepost.com](mailto:editor@kildarepost.com)

# STYLE FILE

Sylicious with  
Rose Barrett O'Donoghue

## Animal print, tartans, leather look leggings and



Khaki hoodie €49, cream shirt €39 and trousers €49

**Autumn is officially here, with winter on the way, and Golden Spiderweb aim to layer up into oversized knits, tartans on trend, leather look leggings and khaki slacks.**

Golden Spiderweb is all about comfort and style but also being on trend, hence tartan and animal prints feature amongst the range. These are pieces that you will wear autumn-after-autumn and can carry through into other seasons too.

GS sumptuous knits are the perfect wardrobe addition to transition into the colder, wintery weather.

### Tartan is back!

Tartan is having a moment — it might be down to the Duchess of Cambridge wearing a tartan skirt recently.

The Golden Spiderweb version comes in a classic black and contemporary mustard tartan design. GS tartans are perfect for pairing with knee high boots for a smart casual daytime look or layering with a jumper, tights and chunky winter boots.

### Animal Prints

Dresses in green and pink animal prints offer a modern and wearable take on this lively trend, along with trendy skirts but it's the silk tops that shine though. This white 100% silk top comes up trumps in the cost

per wear stakes — at €65, it's fantastic value. Wear this soft and subtle staple over and over.

It's the shapes that sell the collection though. Gently tailored with soft waistlines and flattering silhouettes, Golden Spiderweb is perfect for its target market — mature women — but the pieces are ideal for all ages so stylish ladies from 20 upwards, check out the collection.

### Stretch waistlines

Trouser waistbands are gently ribbed and stretch. Dresses are wrap so give a waistline, even if you don't have one. Tops gently skim over tummies with neckline details to draw the eye upwards. Recent mums or mums to be, these are also ideal for you!

Golden Spiderweb is an Irish company with an online store — [goldenspiderweb.ie](http://goldenspiderweb.ie) and 7 stores nationwide: Whitewater Shopping Centre Newbridge (Kildare); Laois Shopping Centre (Portlaoise); Stillorgan Shopping Centre (Dublin); The Square Shopping Centre, Tallaght; Galway Shopping Centre; City Square Shopping Centre (Waterford) and the Crescent Shopping Centre (Limerick).



Faux leather leggings €22 and layered Silk piint top €65

## The Other Side of the Coin

### The Treatment of Repetitive Strain Injuries

Sharing the ancient wisdom that is Chinese medicine



Repetitive strain is now today a very common injury among the workforce, it manifests over a period of time and goes unnoticed but gradually increases with intensity of pain until the joint can no longer function properly.

Rest and seeking out the services of a Traditional Chinese Medical (TCM) practitioner is the way to go if you want to get rid of this debilitating and chronic injury.

Most of us who do manual labour—and make no mistake, computer work is manual labour—we take our hands for granted.

Whenever we get those little aches and pains—tight wrists or fingers, sore necks, or stiff lower backs—we tend to shrug them off.

Or perhaps we do a little self-massage or rub in some arnica cream. But these minor discomforts are actually the first signals that our muscles, tendons, and nerves have weakened.

The crippling pain that comes with a full-blown repetitive strain injury (RSI) may not manifest for years. RSI has become one of the most pervasive conditions in the modern workplace, accounting for two-thirds of all nonfatal work-related injuries.

### What is RSI?

RSI is actually an umbrella term for several cumulative trauma disorders caused by overuse of the hand and arm, RSI can prove particularly difficult for medical professionals to treat. RSI can affect the fingers, wrists, forearms, upper arms, shoulder, and neck.

The “repetitive” or “cumulative” tag means that the motion, when done in isolation, isn't severe enough to cause damage. But when done repeatedly, without sufficient recovery time, it fatigues muscles and tears soft tissues, causing swelling and pain, and it leads to conditions like carpal tunnel syndrome, tennis and golfer's



elbow, tendonitis, and Blackberry and Nintendo thumb, ohh and lets not forget iphone thumb.

### Proper Positions

Because people are continually becoming more and more reliant on computers these days, here is some useful information regarding good hand position.

Learn and maintain a neutral position, with your middle knuckle and the centre of your wrist in a straight line. Your fingers should curve slightly, but

your wrists should stay straight. If you sit in a relaxed position and let your hands gently drop to your sides, they will naturally fall into a neutral position.

Now, maintaining this position, bring your hands to the keyboard.

As you type, keep your wrists straight and let your hands float over the keys while you move your arms to position your fingers. Let your elbows relax by your sides instead of “winging” outward.

Do not rest your wrists as

you type, and do not stretch your fingers or twist your hands to reach keys—move your entire hand.

Get up every now and then and clasp your hands together (palms facing outwards) and push your hands out in front of you stretching your fingers and wrists.

Do this a few times throughout the day to get the blood flowing back into those areas and this will also loosen out the joints.

### Treatments

Some Western doctors say that RSI is irreversible, that is only because they do not have access to the age-old wisdom from China that is Acupuncture!

I regularly treat this condition in my clinics, the most common one's being tennis elbow, golfer's elbow and carpal tunnel syndrome.

Tennis elbow usually affects the manual labour worker more whereas carpal tunnel the person on a computer. In the case of

carpal tunnel syndrome (inflammation at the wrist) Western doctors usually recommend an operation to widen the carpal tunnel, this is a quite drastic approach for a problem that can be quite easily resolved with a course of acupuncture.

I have seen over the years many people who have had this operation and the carpal tunnel syndrome slowly returned several months or so after the procedure.

I see this problem quite often and it really does respond very well to acupuncture treatment, but the big question as always is; “how many treatments do I need”?

Well this all depends on the severity of the problem and how long the person has been suffering, but in saying all that there should be quite good improvements after 5-6 treatments, enough to encourage the patient to continue with the treatment until a complete cure is achieved.

Sylicious with  
Rose Barrett O'Donoghue

# silks — Golden Spiderweb AW 2019 has it all!



Top €65, leggings €22



Jacket €49, Top €45 trousers €42. All Golden Spiderweb



Bell Sleeve Silk Lace Top €65 and leggings €22.



Pink scarf €25 cream lace dress €65. GoldenSpiderweb.ie and 8 stores nationwide



ABOVE:Scarf €20 Hoody Side Pockets Zip Jacket €49, Striped Top €45 and straight trousers €42  
LEFT: Snake Print Wrap Midi Dress €65 in green

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# FASHION FIX



Animal frill shell top €44; tan faux leather skirt €47; tan xbody bag €33; black slingback shoes €37



Collarless FAUX leather jacket €67; animal spot pleated skirt €46; Adeline scallop neck knit €38; chocolate xbody bag €33; sling back shoes €37



Lightweight Parka jacket €98; animal print knit €52; faux leather leggings €50; animal print saddle bag €37; black leather ankle boots €98

**WHITEWATER**  
NEWBRIDGE, CO. KILDARE

THE SUN ALWAYS SHINES AT  
WHITEWATER SHOPPING CENTRE

DEBENHAMS M&S ZARA H&M ODEON

**oasis**  
ireland

# FASHION FIX



Teddy coat €111 with tiger crew knit €51; faux leather skirt €47; black leather boots €98



Jade Denim Jeans €52; grey Turtle neck knit €65; leather ankle boots €98; leopard print scarf €23



Check dress €72; black turtleneck top €23; foldover xbody bag €37; black slingback shoes €37

# WHITEWATER

NEWBRIDGE, CO. KILDARE

THE SUN ALWAYS SHINES AT  
WHITEWATER SHOPPING CENTRE

DEBENHAMS M&S ZARA H&M ODEON

LOCAL  
**EVENTS**

PHOTOS: Aishling Conway

**House of Hair celebrates  
first anniversary in Kildare town**



Debbie Foran and Linda Keogh



Owner Maria Sweeney with her daughter Dakota



Owner Maria Sweeney with Louise Talbot



Chloe O'Carroll and Claire Cassidy



Owner Maria Sweeney with Joyce Bailey and Lisa Gahan



Owner Maria Sweeney with Debbie Foran



Owner Maria Sweeney and Dani McGovern

*Home* **COOKING** by Barbara Collins

**AVOCA Chicken & Broccoli Crumble**

**INGREDIENTS**

- 6 chicken breasts
- 1 Spanish onion, peeled and chopped
- 2 carrots, peeled and chopped
- 2 celery sticks, chopped
- A few sprigs of parsley
- 1 bay leaf
- A few black peppercorns
- 300ml/ ½ pint double cream
- 110g/4oz roux- flour and butter cooked together.
- 1 large head of broccoli, divided into florets
- 15g/ ½ oz butter
- 50g/2oz strong cheese, grated
- 110g/4z breadcrumbs

Try this recipe for dinner mid-week. It's really comforting and plus you get lots of your 5-a day. Thank you, Avoca!



**METHOD**

- Place the chicken in a large saucepan with the onions, carrots, celery, parsley, bay leaf, peppercorns, and enough water to cover. Bring slowly to the boil, then reduce the heat and simmer until the chicken is cooked – about 20 minutes. Remove the chicken from the pan and leave to cool, then dice and set aside.
- Strain the cooking liquid into a saucepan and boil until reduced to 600ml/1 pint. Add the cream, return to the boil and then whisk in the roux a little at a time to form a thick sauce.
- Blanch the broccoli in boiling salted water until just tender, then drain and refresh under cold water.
- Stir the diced chicken and broccoli into the sauce and season to taste with salt and pepper. Pour this mix into an ovenproof dish.
- Melt the butter and mix with the cheese and the breadcrumbs. Spread over the chicken mixture and bake in an oven preheated to 180°C/350°F/gas mark 4 for 20 minutes until brown and bubbling.

LOCAL  
EVENTS

PHOTOS: Aishling Conway

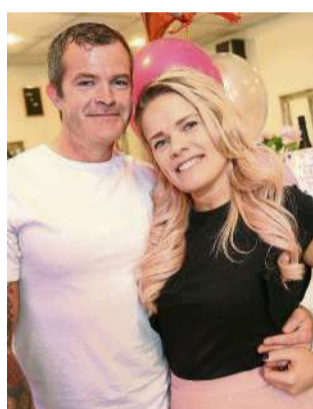
# House of Hair celebrates first anniversary in Kildare town



Owner Maria Sweeney with staff members Debbie Foran, Claire Cassidy and Louise Talbot



House of Hair, Kildare Town



Owner Maria Sweeney with her husband Gary



Owner Maria Sweeney outside House of Hair, Kildare town



Owner Maria Sweeney with Ciara Callan and Emma Fox



Maria Sweeney with her mother Mary Kavanagh



Owner Maria Sweeney with her sister Heather O'Reilly



Emma Fox and Ciara Callan



Owner Maria Sweeney with Gwen O'Brien

## House Of Hair



Unit 2, Dunmurray Road,  
Kildare Town

Tel 089 4155481

📍 HouseofHair82

♥♥ STUDENT SPECIAL Full - Head Hi-Lites, Cut & Blow-dry €60 ♥♥

### House of Hair 1st Anniversary Offers

Wash, cut and blow-dry €25

Full-head of hi-lites €75

Root Touch up with cut €45

Full Colour with cut from €50



Opening Hours: Tuesday/Wednesday 9.30am to 5pm

• Thursday: 9.30am to 6pm • Friday: 9am to 8pm

• Saturday: 9am to 5.30 • Closed: Sunday/Monday

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## Casual Christmas Party Night

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# Christmas

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## CHRISTMAS PARTY TIPS

It may only be September, but preparations are already getting underway for Christmas parties across the county! No matter how far away December, seems, there will always be someone who has already started planning their own event.

This task is often dumped on people with little previous knowledge of organising large-scale events, but there are several key tips on how to get started:

### Set the date:

Christmas is a busy period, the busiest of the year for many people when it comes to social events, so diaries fill up fast. That means you want to get a date pencilled in as early as possible, so make sure to send potential options around the office to get a feel for the preferred date, while the responses will also give you an indication of numbers for the event. Typically, Thursdays and Fridays are most popular, so earlier days in the week tend to work out cheaper.

### Find out the budget:

The size of your budget will ultimately have a huge impact on the type of Christmas party you organise,



determining everything from the food and booze to the entertainment and choice of venue. Speak to your fellow co-workers as early as possible to find out how much they are willing to spend on organising the festivities and also set aside some money as a back-up.

### Establish the type of Christmas party:

There is almost endless variety when it comes to the type of Christmas party that you can plan. It will be depend on many factors, including the location, budget, numbers attending and how much you want to be directly involved in planning and managing the event.

The main types of parties include a bespoke Christmas party (starting from scratch and finding a venue, booking, organising and bringing together different suppliers for activities), and a packaged Christmas party, which is organised by an organiser or a specific venue to take the stress out of planning the party.

### Source the venue:

The earlier you book the venue, the better – unsurprisingly, good venues go quickly. Identify suitable venues that have availability, are within budget and easily accessible for guests. Request a quote from each based on your requirements.

## Sensational Christmas Party Lineup 2019

CARLTON  
HOTEL  
BLANCHARDSTOWN  
\*\*\*\*



Beatles Tribute  
BEATLES FOR SALE



MID-TERM BREAK



Abba Tribute  
BJORN IDENTITY

Each Event Night includes:  
4 COURSE SCRUMPTIOUS DINNER,  
CARLTON COCKTAIL ON ARRIVAL,  
LATE NIGHT DJ, PREFERENTIAL ROOM RATES

MAIN EVENT

|        |                                     |       |
|--------|-------------------------------------|-------|
| NOV 29 | THE BJORN IDENTITY<br>Abba Tribute  | €54pp |
| NOV 30 | THE BJORN IDENTITY<br>Abba Tribute  | €54pp |
| DEC 07 | THE BJORN IDENTITY<br>Abba Tribute  | €54pp |
| DEC 13 | BEATLES FOR SALE<br>Beatles Tribute | €54pp |
| DEC 14 | MID-TERM BREAK                      | €54pp |

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# KILDARE HOUSE HOTEL

*Christmas Party Nights*  
7th, 13th, 14th & 20th of December

## *Christmas Party Nights Menu*

**Brie & Citrus Stew in a Filo Basket**  
Brie & Citrus fruits in a filo pastry



**Winter Vegetable Soup**  
Homemade Soda Bread



**Roast Turkey & Baked Honey Glazed Ham**  
Sage Stuffing & Traditional Gravy

**Seared Fillet of Salmon**  
With Winter Beets Ratatouille

**Spinach & Courgette Lasagne**  
Served with Garlic Bread



**Kildare House Hotel Assiette of Desserts**  
Baileys Cheesecake, Chocolate Tart,  
Bannoffi Pie & Profiteroles



**Freshly Brewed Tea or Coffee**  
Served with Mince Pies

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per  
person

**Dance the night away with a live band**  
**Followed by a D.J until 1:30pm**

**Arrival Reception at 7:30pm Dine for 9pm**

**Contact Conference & Banqueting on P:045.520002**

LOCAL  
EVENTS

Photos: Aishling Conway

Fun in the sun at Naas Races  
on Wednesday, September 18



Alice Freaney, Mary Darker and Sheila Gallagher



Residents from Craddock House Nursing Home, Naas - Alice Freaney, Sheila Gallagher, Carmel Kavanagh, Betty O'Shea, Doreen McCabe, Cecil Doyle, Fran Burke, Winnie Jeaney, Alice Kelly and Mary Darker (staff Craddock House Nursing Home)



Pauline and Gary Hanna at the races



Pat Hibbitts with Marian and Seamus Hall



Betty O'Shea and Doreen McCabe



Nuala and Peter Kavanagh with Mary and Eamonn O'Sullivan



MJ, Jack and Mark Gittins



Rita Keating and Vanessa Jameson



Nancy Keogh and Kathleen Webster



Cecil Doyle and Alice Kelly

# Network Ireland Business Women of the Year Awards 2019



## Margaret Mary McGrath, Rising Star Finalist

Rose B O'Donoghue  
editor@kildarepost.com



**You'd be forgiven if at a glance, you thought Margaret Mary was just out of college. Her youthful looks bely a confident and competent young woman, who has progressed her profession in HR like an Olympic gold sprinter!**

Mary Margaret joined Kerry in June 2014 as a HR Graduate and over the last 5 years, she has progressed and stepped up to undertake four additional HR roles. Aged 26, she was promoted to the role of HR Services Team Lead to manage the HR Services centre and team in the Kerry Global Headquarters in Tralee, Co Kerry. "This role was my first step up to be an acting manager with the centre serving over 4,000 employees in the Republic of Ireland. Following this role, I was promoted to HR Advisor supporting the Global ICT function in Naas, Co Kildare (over 380 employees), to then be further promoted

to HRBP earlier this year". This make Margaret Mary the youngest HRBP in Kerry, Naas, Co Kildare.

"In this role I have launched an employee well-being incentive for the Global ICT population, developed an ICT line manager upskilling training bootcamp, been a supportive partner in the development of an ICT Career Framework and I have increased employee engagement and morale across the function by implementing social events and relocating the ICT function to their own ICT Competency Centre in Hawthorn House, Naas.

"I continue to act as a coach and advisor to senior ICT leaders, directors and line managers daily and I manage critical HR incentives and projects for the ICT function as required. I am currently undertaking a reverse mentoring programme with a Senior Vice President in Kerry and I have previously been a mentor to fellow HR Graduates. To continue to further my own self-development and

knowledge this year, I am studying a Diploma in Mind Coaching with the Irish Institute of NLP and a Certificate in CV Preparation and Interview Skills. I like to live a healthy and balanced lifestyle and I have a keen interest in fitness, travelling to different countries, exploring new cultures and spending time with my family and friends".

Margaret Mary has free time? I don't believe it!! I had the pleasure of interviewing her for the Network Kildare awards; her energy, focus and competence shone through. She is undoubtedly a 'Rising Star' as an employee and an absolute gem for Kerry, no doubt Margaret Mary described Kerry Group as a world leader in taste and nutrition serving the food, beverage and pharmaceutical industries, and a leading supplier of added value brands and customer branded foods to the Irish, UK and selected international markets. The Kerry Global headquarters

are located in Tralee, Co Kerry; the group employs over 25,000 people, supplies over 16,000 products in over 140 countries worldwide and operates 130 manufacturing locations across 33 countries.

"The Kerry Global Technology and Innovation Centre was opened in 2015 in Millennium Park, Naas" said Margaret Mary. "An investment of over €100 million went into the centre, which brought together a significant amount of Kerry's people talent and expertise to one location. The centre employs over 900 employees, 37 different nationalities, over 200 RD&A professionals, 14 innovative and developmental labs, three customer suites, a fitness centre and a wellness room" she added.

For sure, Kerry Group is a significant 'mover' in the food and beverage industry and has given a significant boost to the economy in Kildare which has seen serious growth in the food manufacturing sector in recent years. Best wishes to



Margaret Mary McGrath of Kerry Group, Shining Star (Employee) finalist

Margaret Mary, a Rising Star in every sense. Network Ireland Kildare is supported by Kildare Post/Kildare Now, AIB and the Local Enterprise Office.

## Jane Asple of Emma by Jane, Emerging Business Finalist

**Our sixth and final Kildare business women in the national awards is Jane Asple of Emma by Jane which was founded in 2017. Now the first question everyone asks is "Where did the name come from?"**

Jane replied: "I lived in London with my best friend Emma and like all girls, we shared everything. One day when I met Emma after work she had robbed/borrowed half of my wardrobe and accessories and someone said 'It's like you're styled by Jane, it's like Emma by Jane' - and hence, the brand was born!"

Jane's background has always been in retail, having studied Business and Retail in college, she went on to do a Masters in Fashion Buying and Retail at the London College of Fashion.

"From there, I got a job as a buyer with Primark in the UK. I always knew I wanted to own my own fashion business but wasn't sure in what exactly so I created a career for myself that would give me the best knowledge and experience so that when I started my own business, I could eliminate elements of risk and be a few steps

ahead".

She continued: "I moved back from London in 2015 and in the background began working with a jewellery supplier, testing quality, pricing and design - but still wasn't exactly sure what I would do with it. In 2016, a good friend opened a boutique in Kilkenny, Lady Lorna Designer Emporium, and she asked me to stock the boutique with my brand. I quickly realised that with the process in the place and packaging, I could scale this out to other boutiques. So I took a week off work and started cold calling boutiques. Within the week, I had stocked two more boutiques".

Clearly her experience as a buyer and her contacts in the fashion trade stood to Jane.

"In February 2017, I then pitched my plans and on RTE's Dragons Den, the opportunity came up and I knew it would be great publicity for the brand. From that, I was offered investment; however, later I decided it was not right for the business and I decided to go it alone and keep the business self-funded".

Brave some would say whilst

others would think Jane had passed a golden opportunity. But her self belief and initiative stood to her.

"We've had an incredible two and half years in business, having been featured in British Vogue as a 'Brand To Watch' three times no less! We export all over the world, I won the Local Enterprise Office Best Start Up within the first 9 months of the brand and have now, won Network Kildare's Best Emerging Business for the Kildare branch".

The accolades have been incredible for the brand and

its growth, and Jane maintains "have given our customer so much trust in us".

Emma by Jane is both online at emmabyjane.com and in boutiques around the country including Kalu in Naas and Seagreen in Monkstown and Ranelagh.

"I always looked jewellery and accessories and how they could transform a basic outfit, I saw a gap in the market for high quality, fashion quality but at a more affordable price. I am a big supporter of women and everything we are achieving and I believe that you should



Jane targets her range for women of all ages, available online and at select outlets in Leinster



Inspiring Jane Asple who in two and a half years has a thriving and award winning jewellery company

be able to treat yourself, rather than having to wait for Christmas or a birthday so it was really important for us to reach like minded women". Clearly the judges were impressed with Jane's level of entrepreneurship, always looking for the next opportunity, her self belief and ability to eliminate risks whilst progressing the company."

With outlets in Naas, and

several in Dublin, also Waterford and Wexford, Emma by Jane's customer base is mainly women between the age of 28 and 45. "However, from doing shows, we also have fabulous women in their 60's and 70's buying from us as they are looking for something a bit different too". Best wishes to Jane on Friday night at the national finals in Cork.

LOCAL  
EVENTS

PHOTOS: Aishling Conway

Clanard Court Wedding Fair  
on Sunday, September 22



Karen Brennan and Blaitthin Rainsford (Elegance Wedding Stationery, Athy)



Sive Dunney-Folan (Love Sive's Flowers)



John Forde from 52nd Street Wedding Band at the Clanard Court Wedding Fair in Athy



Eva and Janis Heather



Margaret Gilleece, Christine Hutchings, Antoinette Coleman Keelelen, Antoinette Coleman Kelly (Celebrant), Jackie Caulfield and Cayeleen Caulfield



Wedding Photographer Mario Vaitkus from Athy



Celebrant Antoinette Coleman Kelly



John, Brenda and Caoimhe O'Shaughnessy with Emmett Becirovic and Marie Phelan



Aoife O'Loughlin with Daniel, Macy and Cain Cauley



Padraig and Emily Maher with Bernice Perse



Michael Coady (Creative Cakes)

# LOCAL EVENTS

PHOTOS: Aishling Conway

## Ballyshannon National School raise €500 for St Brigid's Hospice Services

The pupils of fifth and sixth class in Ballyshannon National School recently took part in Ireland's biggest coffee morning for hospice services, sponsored by Bewleys.

The pupils hosted their coffee morning on Friday, September 20 last in the newly renovated Ballyshannon Community Hall beside their school.

The coffee morning has become a popular annual event and it is well attended by parents, grandparents and friends of the school.

This year, Deputy Fiona O'Loughlin also attended. The school choir entertained and sang some of their new songs under the guidance of Mary Healy on guitar and Ms Sullivan conducting.

Pupils and parents provided delicious home baking for the event and almost €500 was raised which will go directly to St Brigid's Hospice, The Curragh.

RIGHT: Ava Rock, Shauna Finnegan and Ciara Dempsey



Jamie and Paul Dillon



Students Zoe King, Zoe Moran, Ava Rock and Ciara Dempsey with TD Fiona O'Loughlin, Principal Lisa Sullivan and Teacher/organiser Theresa Nurse



Ballyshannon NS Choir who sang for the parents and teachers at the Coffee Morning in aid of the Hospice

# MOVIE OF THE WEEK

## Ready Or Not

**DIRECTOR:**  
Matt Bettinelli-Olpin

**STARRING:**  
Samara Weaving,  
Adam Brody,  
Andie MacDowell

**GENRE:**  
Thriller

**RUN TIME:**  
95 minutes

**RELEASE DATE:**  
September 25

Grace couldn't be happier after she marries the man of her dreams at his family's luxurious estate. There's just one catch -- she must now hide from midnight until dawn while her new in-laws hunt her down with guns, crossbows and other weapons. As Grace desperately tries to survive the night, she soon finds a way to turn the tables on her not-so-lovable relatives.



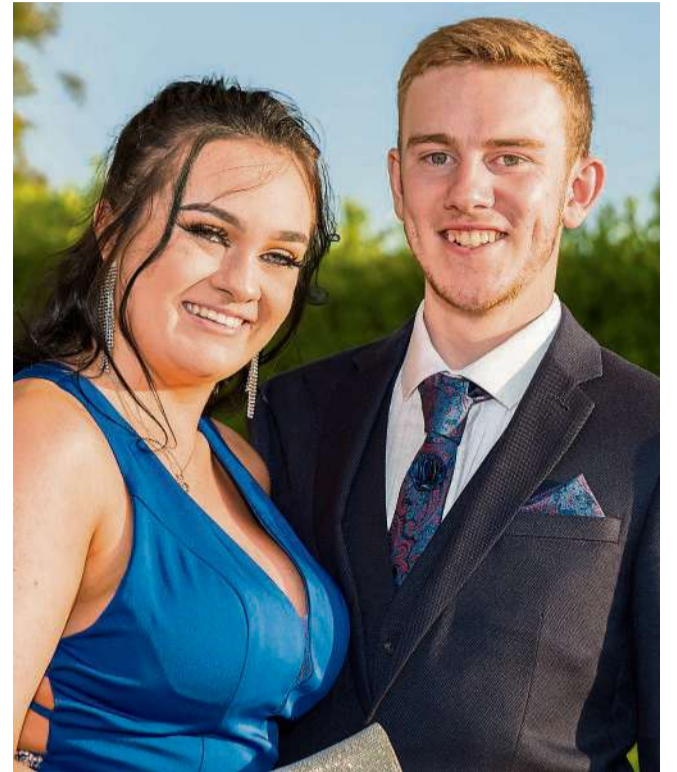
LOCAL  
EVENTS

PHOTOS: TONY KEANE

Piper's Hill, Naas, debbs on  
Thursday, September 19



Mofe Awomewe, Annmarie Massango, Ellen Walsh, Theres Cunman, Christopher Foy, pictured before the Piper's Hill College, Naas, debbs on Thursday, September 19



Shauna O'Toole, Joseph Carroll



Lauren Byrne, Eleonora Climenco



Shauna Rowan, Ethan Cullen, Ava Finan



Sam O'Neill, Erin Farrell, Tobi Falade, Zana Kelugh



Leon Doyle, Sarah Malone



Ryan Moriarity, Wikioria Wawsiewicz, James Delaney, Leah Cox



Amber Melia-Kelly, Cian Kelly

# Emotional farewell for parish priest of Ballymore Eustace

Rose B O'Donoghue  
editor@kildarepost.com



**An emotional mass for Monsignor John Wilson took place on Saturday night as members of both churches in the parish of Ballymore Eustace and Hollywood turned out to acknowledge the contribution he has made during his ten years service as parish priest.**

Assisted by Fr Jimmy Prendiville, there were several presentations and many tributes made to Monsignor John, who was somewhat taken aback at the level of support and attendance on the night. With a full host of altar boys and girls and the choir in full voice, both the Parish Pastoral Council of the Church of the Immaculate Conception and representatives from St John's Church of Ireland made special presentations to Monsignor John.

Gus Kavanagh of the Pastoral Council was first to address the attendance and stated this was a special evening, "an occasion to say 'Cheerio', rather than goodbye to our lovely parish priest, Monsignor John Wilson".

He added: "He came to us from Athy ten years ago and we'd like to thank Bishop Eamon for sending him to us.

He is kind and finds time to talk to all parishioners from the youngest to the oldest among us." Gus also acknowledged Monsignor's rapport with Scoil Mhuire, and noted there was no less than three principals of Scoil Mhuire present for the mass - Mairead O'Flynn, Alan Hobbins and recently appointed principal, Peter Roche.

Fr Prendiville was next up on the pulpit and his 'tribute' had the congregation in stitches! "I'm a little hoarse, having been shouting for 'the other side' in the recent All Ireland football finals, seeing as Monsignor John is a Dub!"

Fr Prendiville noted the Monsignor was the third parish priest he worked with, and he found the latter to be "always a gentleman, always helpful, worked with sincerity and noted for his gentleness. The altar servers used to love serving with him, as it seems he parted with more fivers and tenners. A Hollywood child recently said to me 'Why can't we swap and you go to Ballymore!' The honesty of a child...I wish him all the best - he is not retiring, just stepping back from parish duties so I wish Monsignor John every blessing for the future".

Grania Glancy spoke with warmth of Monsignor Wilson's support and ecumenical services with St John's Church of Ireland.

"You've always supported us and been the best promoter of our fundraising events. As I live close to the church, I often come over for 10am mass. I feel part of this church as much as I do with COI."

Grania then described the bond Monsignor has with the school children at Scoil Mhuire, and how the altar servers love serving with him.

"I sincerely hope you get to spend time doing the things you enjoy in your retirement" added Grania "As you've done a wonderful job here in Ballymore Eustace with both churches".

Grania's granddaughter Holly Dowling then presented a gift to Monsignor Wilson from St John's.

Maureen Evans and Martina Byrne of the Pastoral Council added further tributes to the above, endorsing the Monsignor's quiet but consistent support in parish matters and his kindness and support to grieving families. It was further noted he traveled to visit parishioners in nursing homes, near and far, in hospital, etc.

Sean Horan presented Monsignor with a painting by Martin Gale of a mare in foal, as the Monsignor has a love of racing and Mrs Eithne Daly, as Ballymore's oldest citizen, made a second presentation. Monsignor was then called on to address the congregation



Sean Horan with Monsignor John Wilson, Martina Byrne, Maureen Evans and Gus Kavanagh of the Parish Pastoral Council with Grania Glancy representing St John's COI and Holly Dowling who made a special presentation to the Monsignor on Saturday last.

and he recalled the joke about the widow who was listening to an over zealous priest speaking at her last husband's funeral mass. The widow poked her teenage daughter and said "Go up there and see if that's your father in the coffin and who he's talking about!"

Monsignor Wilson thanked primarily the regular church goers and mass attendees, the altar servers and noted it was lovely to see some present on the night, especially those who've gone on to secondary level. To parents, he added:

"Thank you for your confidence in letting your children serve with me. They're fun and quickly figure out the difference

between serving at funerals and weddings!

"If children have had a good grounding in church beliefs, should they lose their way in later life, the foundations given by parents and church will help them find their way back...."

Monsignor noted his 10 years service in this parish was his longest stint as parish priest, having served two years in Dundrum, then as secretary to an Archbishop, with some years in Rome; two to three years in Greystones before going to Athy and then finally to Ballymore Eustace for the last 10 years.

"I don't believe I've ever had a disagreement with a parishioner in my ten years

here" concluded Monsignor Wilson "but thank you all, mass goers, altar servers and all those on the Pastoral Council".

A reception was hosted in the Resource Centre afterwards, with a packed hall. Sadly, earlier today, Monsignor officiated at the funeral mass of the late Mrs Kathleen Boland, who was in her 101st year, and it was her wish that the Monsignor would host her funeral mass. God bless to Kathleen and best wishes to Monsignor John in his 'retirement'.

Fr Joe Connelly, formerly of Donabate parish, will take up duties in Ballymore Eustace and Hollywood parish later this week.



Members of the church choir gathered to bid farewell to Monsignor John Wilson



Pupils of Scoil Mhuire with Julie Molloy, Martina Byrne, former school principal Mairead O'Flynn and Anne Clarke



Tea ladies, Laura Campbell, Maggie Dowling and Claire Doyle

LOCAL  
EVENTS

PICTURES: AISHLING CONWAY

# Sundae Scoops ice cream parlour, Newbridge, celebrates first year in business



Ava Dowling, Trish McMahon, Gillian Dowling and Cora Graham



Donal McMahon (Owner) with his mother Rosaleen, Sister Trish and co-owner Carl Wilson



Leah and Paula Carruth



Sundae Scoops, Newbridge



Lara and Caroline Harte



Staff member Kate O'Toole



Sundae Scoops Owners Donal McMahon and Carl Wilson and staff Kate O Toole, Andrea White, Jemima Moore and Sarah Keatley



Sundae Scoops Owners Carl Wilson and Donal McMahon



Molly Kenny and Laura Sheahan



Staff member Sarah Keatley



Bridie McKenna, Bernie McManus, Theresa Fitzpatrick and Stella Armstrong



Jade Hogan and Brian Agar



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# Vivacious Velvets

If you strive to create a luxurious cosy interior, then opulent velvets are the perfect choice. Velvets are a great way to add warmth to an interior as their plush textured fabric is the height of sophistication.

Whether your considering draping your windows in velvets or upholstering your sofa then you'll love this column which highlights some of our favourite velvet collections. With design houses like Ralph Lauren, Designers Guild, Romo, Kobe and Voyage there are plenty of stunning velvets in our extensive fabric library.

### Forenza by Romo

A classic cotton velvet woven with a fine combed cotton yarn; Forenza's updated palette sees an extended range of neutrals sit amongst trend inspired blues and greens and warmer tones of spicy reds. Luxurious and versatile with a stain repellent finish, Forenza is suitable for upholstery and drapes.

### Signature English Riding Velvet by Ralph Lauren

Beautiful quality and in colours with an air of English heritage but with a few contemporary flashes.

We have lots of complimentary stripes and florals to complete the look from our Ralph Lauren wallpaper and fabric collections.

### Tatiana by Romo

A sumptuous velvet with a charming, subtly mottled appearance is presented in a sophisticated palette of neutral shades and rich tones.

An alluring sheen and luxurious soft texture give Tatiana velvet an added touch of elegance and opulence.

### Meadwell velvet By Voyage

This stunning Arts and Crafts inspired all over thistle design is beautifully coloured using a boundless range of tones and shades. Digitally printed onto luxurious velvet to perfectly capture the very essence of the original artwork.

### Torrington velvet By Voyage

A striking pheasant design, overflowing with stunning detail and personality. Hand painted with intricate detailing before being digitally printed on to luxurious velvet.

### Cassia by Designers Guild

A very practical and handsome velvet, created with a distinctive matt finish for a particular mood. Robustly woven with crease-release structure to ensure the velvet finish is enduringly sleek. Stunning collection of 57 colourways.

### Galatea Velvet by Voyage

An alluring dreamscape of irregular horizontal stripes digitally printed on to luxurious velvet, perfectly capturing the elegance of the original painting in six tranquil colour palates.

### Alaska by Ashley Wilde

A luxurious velvet in an array of 38 glorious colours. With its lovely soft handle, Alaska creates a beautiful drape. Extremely durable and hardwearing, it is also

ideal for upholstery.

### Moorehaven velvet by Voyage

This stunning thistle design has a lovely trailing quality with the addition of playful dragonflies. Available in four beautiful colour ways. Digitally printed onto luxurious velvet to perfectly capture the very essence of the original artwork.

I hope you found this column enjoyable. Please contact us if you would like me to order you any fabric samples or if you would like to arrange an appointment to view the fabrics in person at our studio. We also provide a measure, make and fitting service to ensure your curtains dress your windows perfectly.

If there is a topic that you would like covered in one of my weekly columns then please drop me an email with your suggestions. Many Thanks, Louise - winner of TV3's Showhouse Showdown, 0863999926 info@aspire design.ie



TOP: Curtains in Torrington Velvet from Aspire Design



LEFT: Torrington Velvet from Aspire Design

BOTTOM: Cushions in Moorehaven Velvet from Aspire Design



ABOVE: Cushions in Moorehaven Velvet from Aspire Design  
BELOW: Velvet curtains in Alaska fabric by Ashley Wilde



TOP LEFT: Velvet Headboard and bedroom design by Aspire Design

TOP RIGHT: Galatea velvet from Aspire Design

LEFT: Forenza velvet by Romo

RIGHT: Romos Tatiana crushed velvet from Aspire Design



PROPERTY FOCUS



# Clonmoyle - superb 5 bed on Carlow Road, Athy - asking price - €395,000

Jordan Auctioneers are bringing to the market a superb detached 2,370 sq.ft residence on circa 1 acre in Athy, Co Kildare. 'Clonmoyle' is superbly located, set within its own private grounds and yet within walking distance of the town centre (500 metres) & the train station (1km).

The property is also a short distance from the M9 motorway and accessible to a range of locations.

This charming home was built in the 1960's and has been in the same ownership since that date. It is set back from the road and surrounded by mature gardens and numerous trees giving great privacy on all sides. The accommodation is laid out over two floors comprising bright and spacious reception rooms in



addition to 5 bedrooms (1 enuite).

The house was recently upgraded including full rewiring, plumbing with the roof completely replaced and a new boiler inserted (certs for all work available on request).

Approached by a tarmac drive with recessed gates (suitable for electrification) the gardens are a real feature of the

property with superb mature trees, shrubs and hedges all interspersed with various flower beds and lawns. There is also a large shed ideal for conversion into a home office, gym or studio.

The property is for sale by Private Treaty and Jordans are quoting €395,000 for the entire and additional information is available from Clive Kavanagh of the selling agents on 045 433 550.



# JORDAN



Auctioneers, Estate Agents & Chartered Valuation Surveyors

## JORDAN - TRUST THE FOX

### 15 Greenmount Park Newbridge



Extended 4 Bedroom Detached Residence  
Guide €395,000

### Millfield Newbridge



3 Bed Terraced Residence  
Guide €200,000

### 156 Aylmer Park Naas



3 Bed Semi-Detached Residence  
Guide €270,000

### Riverfield Newbridge



Detached 4 Bed Bung on c. 0.4 Acre  
Guide €450,000

### 2 The Crescent Johnstown, Naas



Extended Detached 4 Bed Residence  
Guide €490,000

### 38 Baroda Court Newbridge



Detached 4 Bed Bungalow  
Guide €395,000

### 5 Wallace Court Newbridge



Terraced 2 Bed Residence  
Guide €170,000

### Sunnyhill Kilcullen



Det. 5 Bed Dormer with Garage & Workshop on c. 0.45A. Guide €350,000

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# 500,000 items for sale at Kilkea Castle Antiques Fair

County Kildare and County Carlow residents and clients of Kilkea Castle are in for a major treat on the weekend of October 5 and 6.

The doors of the magnificent Baronial Hall in the magnificent setting of Kilkea Castle will be thrown open to a display of antiques second to none.

For the first time ever, County Kildare and Kilkea Castle will be the setting for the most amazing antiques, art and vintage event

ever held in the county. Antique dealers, antique shops, art galleries and vintage dealers from all over Ireland will be here for two days only, with in excess of 500,000 items priced and ready for sale.

Several members of Ireland's leading antique organisation the IADA will be here.

This is not an auction — it's hundreds of times bigger than any auction. It is a gathering of everything antique and old you can possibly think of, including jewellery from the top end, engagement rings to die for and, affordable costume jewellery of every description from €10 upwards.

It will feature furniture from the 18th and 19th century for both the larger and smaller homes, coins and bank notes, medals, militaria, etc, china and porcelain, glass and crystal, books, clocks and watches, vintage fashion and vintage of every description.

In total, there will be in excess of 30 dealers present. If you are a lover of the Antiques Roadtrip, Antiques Roadshow, Cash in the Attic, Deal or no Deal, then you

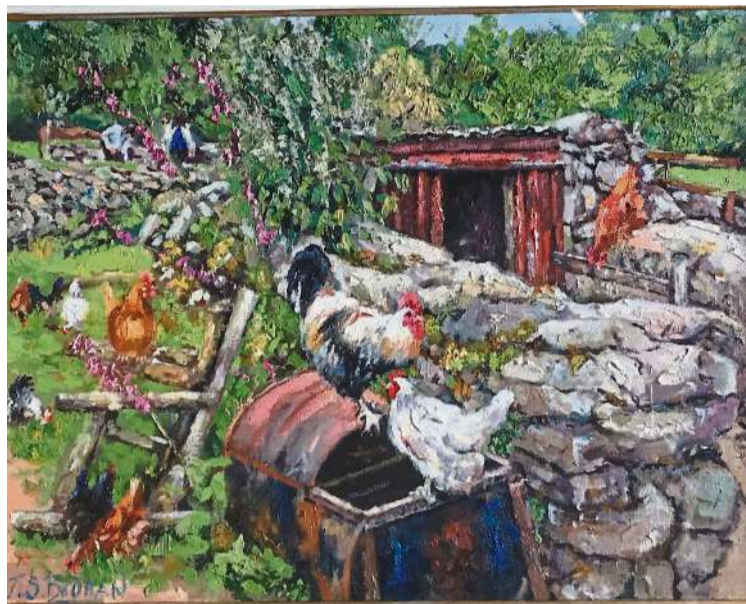
would be mad to miss this spectacle.

The Baronial Hall in the Castle will be full to bursting with temptation. "We promise you, you will not be disappointed!" said a spokesperson from the event advertisers.

Doors open to the public on

Saturday 5 from 12 noon - 6pm and on Sunday 6, from 11am - 6pm. Admission per adult is €5 for a visit on both days including raffle and children go free.

Further details on Facebook Hibernian Antique Fairs or from robinodon@gmail.com



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AND CHILDREN FREE

FURTHER DETAILS ON FACEBOOK, HIBERNIAN ANTIQUE FAIRS  
OR [robinodon@gmail.com](mailto:robinodon@gmail.com)

# Plant your boundary foundations or tree planting — at the same times as the foundations of your house begin!



Landscap design plans can be drawn up with your architect or engineer

**I'm not sure if it's that the councils are granting more planning permissions or that confidence is good but more people seem to be building their own houses, as we have receiving more than our fair share of customers coming to us with their plans for new houses and wanting to get our advice.**

Some of these we have worked with the architect and/or the engineer to put the garden and landscape elements together for planning purposes. For the more straightforward planning applications, this isn't usually necessary.

Future homebuilders are then looking for advice on how the schedule should run, taking into account seasonality of planting, our advice is always the same: don't worry about lawns or beds or even stonework until the house is built.

The two key things that we advise you do at the earliest possible stage is plant a boundary hedge and invest in some trees. Depending on your budget, go for the most mature ones you can afford -you won't regret this piece of advice, I promise!

When the house is built (we have seen it so many times) and sits on the site with no cover or maturity to help it sit into the landscape nicely. When you have built a house, funds tend to be getting tight towards the end especially when that new kitchen has cost more than you had anticipated, those tiles that pushed you over budget and then when it comes to landscaping you have to wait to get what you need.

That is when you will be thankful that you planted those handful of trees that now give the space some maturity, help the house sit in this position nicely and not



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Beech hedging is one of my all time favourite boundary planting

## HAVE YOU A STORY?

---

Kildare Post

045 408 200



stick out as unfinished.

The boundary hedging marks your site, gives you just that—a boundary which says “this is our home”. The benefit of putting it in before building starts is that it has the extra time to grow and mature; even better if you’ve planted early, should the build take longer than anticipated.

The trees or hedging will grow nicely in that time and I’m sure you have much more to spend the money you can save there!

#### Hedging plants

Hedging plants are another thing we get asked about on a very regular basis, what hedge gives privacy but doesn’t need much maintenance and won’t cost a fortune,

To be honest all those things are contradictory because if a hedge gives you the best privacy at the least cost then its fast growing so will need more cutting to keep it at the height you are looking for.

The cheapest evergreen option is usually common laurel, its grows fast, gives great privacy but the cons are that it can grow very wide, taking up space in your

garden and does need twice annually cutting to keep it in shape.

Portuguese laurel is easier to maintain but doesn’t grow as fast so tends to be more expensive the first day.

Beech hedging is one of my favourites, it is the least expensive of the household hedges but it is very slow growing, semi-deciduous and you need some patience with it but if you are starting a build process getting that in at the very early stages is a great idea.

This will give you a real head start but don’t forget it will lose most of its leaves the first year and then unless you are in a windy or wet site, in which case chose something hardier, it will retain a good percentage of its copper leaves through subsequent autumn/winters.

Once the hedging and trees are planted then you can get on with the house itself the lawns and planting will all come when the builders have completely finished and then you can look at all the lovely stone materials, water features and beautiful planting

— Jo



Plant your trees or hedging at the same time as your put down your house foundations. By the time the house is built, you will have privacy and it will feel more sheltered

## PROPERTY FOCUS



# Quaint cottage in Laois countryside can be yours for only €80k

Kim O’Leary

**Clement Herron Real Estate is bringing to the market this quaint two-bed cottage.**

This property is in need of total refurbishment, according to the estate agents.

The asking price is €80,000 and certainly is a good investment for a starter home for a young family.

It may also suit apartment dwellers who would like to trade-up.

The cottage comprises two bedrooms, a living room, a kitchen and a shower room.

Ballylinen Village is a five-minute drive away.

The property consists of: Hall: 3m x 1m; Living Room: 4m x 3m; Kitchen, Bedroom No 1: 3m x 2m; Bedroom No 2: 2m x 2m and Shower Room 2m x 1m.

Call 057 8666344





Living Room - Akina Flat Weave Rug from Aspire Design



Dining Room - Tobi Flat Weave Rug from Aspire Design



Hallway - Akina Carbon Flat Weave Rug from Aspire Design



Entrance Hall - Haldon Hand Tufted Rug from Aspire Design

# Vibrant rugs from

## Vibrant Rugs

We are delighted to introduce one of our latest rug collections from Villa Nova to join our existing rug library. This eye-catching collection of rugs has been created in collaboration with renowned rug makers Louis de Poortere. The Villa Nova brand has a philosophy of creating stylish fabrics, wallcoverings and accessories for modern living and these superb rugs are the perfect addition to their interiors brand.

When choosing a rug there are two options available from this rug range;- the flat weave rug or the hand tufted rug. Here is a little overview of the differences between the two.

## Flat Weave Rugs

These flat weave rugs are woven with soft chenille. The flat weave collection incorporates subtle variations of colour and interesting textures. Using intricate woven details, these rugs perfectly capture the essence of the original villa nova fabric. The flat weave rugs are available in sizes small, medium and large with special orders for XL and XXL available on request.

Ideal locations for the flat weave rugs are bedrooms (either a large rug placed under the bed to help anchor the space or a small rug beside the bed for warmth underfoot) dining rooms (can create a real wow statement when placed in a formal dining setting under the dining table) or living rooms.



Sudare Flat Weave Rug from Aspire Design

## Hand Tufted Rugs

Hand Tufted rugs are by their nature thicker in depth and have a rich, deep, luxurious pile that is comfortable and sumptuous underfoot. The Villa Nova hand tufted rug collection introduce warmth, luxury and statement design to any home. They are available in sizes medium and large with special orders for sizes XL and XXL.

Here's a glimpse at some of my favourite rugs from this stunning collection

## Akina Rugs

Featuring a stunning,

oversized floral design with linear detailing, the Akina Rug has a beautiful wash of colour that echoes the style of a batik fabric. Woven with soft, cotton chenille, subtle variations in tone give this statement rug a casual, time-worn appearance. Available in two colourways.

## Tobi Rugs

A characterful flat weave rug combining cotton chenille and wool yarns, featuring a contemporary geometric pattern that takes influence from traditional folk textiles. Available in four



# Villa Nova



Living Room - Hana Jewel Hand Tufted Rug from Aspire Design

colourways.

### Marit Rugs

A folk art inspired pattern with a modern twist, the Marit design was originally created using irregular hand painted marks. Intricately woven with subtly textured, cotton chenille yarns, the

Marit rug perfectly captures the handcrafted aesthetic of the original artwork. Available in five colourways.

### Sudare Rugs

Inspired by Japanese artisan lattice work, this distressed geometric pattern is woven with soft

chenille creating interesting textural details. Available in three colourways.

### Haldon Rugs

A bold, geometric, hand tufted rug that has a luxurious texture and feel, incorporating subtly

contrasting lush viscose and wool yarns. Available in four colourways.

### Hana Rugs

A sumptuous, hand tufted pure wool rug adorned with trailing wisteria with bursts of blossoming flowers, the Hana rug blends soft and

rich tones creating an eye-catching focal point to a room. Available in three colourways.

You can view our extensive rug collection through our online shop at [www.aspiredesign.ie](http://www.aspiredesign.ie) or you are also welcome to make an appointment to view them in

person at our Aspire Design Studio. Thanks again for reading my weekly column.

**Louise, winner of TV3's Showhouse Showdown, 045982265 or 0863999926 [info@aspiredesign.ie](mailto:info@aspiredesign.ie) or [info@perfectheadboards.ie](mailto:info@perfectheadboards.ie)**



Bedroom - Marit Bramble Flat Weave Rug from Aspire Design

## PROPERTY FOCUS



# Spacious home in Sallins with games room on the market for €698,000

**Kim O'Leary**

**This wonderful four-bedroom detached home in Sallins benefits from unique features such as a games room and a vegetable garden for an asking price of €698,000.**

Sherry FitzGerald O'Reilly are proud to present Meadow View, Rahandoon, Sallins, Naas to the market, a wonderful detached home standing on an elevated site with panoramic views of the surrounding countryside.

This substantial property has been extended and is now flooded with light enjoying views as far as the eye can see. This house has been maintained to a superior level and the owners have created a home filled with warmth and character.

The accommodation in this fine property briefly comprises of an entrance hallway, lounge, family room, dining room, sunroom, kitchen, utility room, family bathroom, 4 bedrooms (one en-suite), office, and a games room. The apartment comprises of a hallway, living /dining/kitchen area, bedroom and bathroom.

The gardens of Meadow View are a delight, surrounding the house with lawns on two

levels, perennial borders, flowering shrubs, fruit trees, hedging and evergreens such as sitka and spruce. To the rear is a vegetable garden with an abundance of rhubarb, potatoes, onions and herbs.

There is also an outside garage, shed, carport, tool shed and a boiler house.

While in a rural setting this home is conveniently located just 1 km approximately from Sallins with many shops, bars, restaurants, creches, primary school, playground, canal walks and GAA club. Naas is just a few minutes away offering further shops, schools and leisure facilities.

Early viewing is highly recommended and for more information contact Sherry FitzGerald O'Reilly Naas on 045 866 466.



# Fourth generation VW Caddy van means business

By Breda Corrigan  
Member of Irish Motoring  
Writers' Association (IMWA)



**The Volkswagen Caddy is a small light commercial van which drives like a car.**

VW has equipped its medium-sized panel van with an array of technology including advanced safety kit and up-to-the-minute infotainment options. With the Caddy drivers will experience a generation of engines that are especially smooth running and economical. Every engine includes BlueMotion Technology as standard and complies with the Euro 6 emission standard, enabling VW Caddy drivers to look forward to more power and less fuel consumption.

## BlueMotion Engine Technology

Volkswagen models with BlueMotion Technology are in line with the "Think Blue" concept. That is why every single one of the Euro 6 engines is equipped with a start/stop system, regenerative braking, Hill Start Assist and roll resistance-optimised tyres.

The stop/start system helps you to drive economically, and switches off the engine when in neutral. This can reduce fuel consumption especially in urban traffic or stop-and-go situations. With the regenerative braking, frictional energy is stored during braking, and converted into electrical energy by a generator. This is then stored in the car battery and available for electricity consumption and acceleration, while the roll resistance-optimised tyres are manufactured from a special rubber compound which minimises deformation from driving. This contributes to reduced



fuel consumption.

## Choice of wheelbase

The VW Caddy is not just a panel van, as it is also offered as a Caddy Life Multi-Purpose Vehicle (MPV). The Caddy Life is a more family-focused version, which comes in both five and seven-seat options. For Caddy Panel Van buyers there is a choice of wheelbases, with the longer version known as the Caddy Maxi. The external design of the Caddy has been face-lifted, although it will take a close look to immediately pick the fourth generation from the third.

However, the improvement in the interior will be instantly obvious. The van is designed as a working vehicle, with a large open tray in the top of the dash, a lockable glove box and an open compartment in front of the passenger. Additional storage compartments can be found under the front seats

and there's a huge roof shelf behind the windscreen. Heater controls are logical and simple to use, as are the controls for the Infotainment system.

## Three trim levels

The VW Caddy Panel Van model line-up comprises of Startline, Trendline, and range-topping Highline specifications, and all come with a generous amount of standard equipment including driver's seat height adjustment, DAB radio/cd player, electric windows and mirrors, a near-side sliding door, remote locking and class-leading safety features including ABS, Brake Assist, 4 Airbags, EBD, EDL, ESP, HHC, seat belt warning and post-collision warning.

The Caddy Trendline adds cruise control, Parking Distance Control, Driver Alert, twin sun visors with vanity mirrors, 8-way adjustable driver seat, plus body-colour bumpers,

mirrors and door handles to replace the standard black items. The Caddy Highline moves things further upmarket, with climatic air-conditioning, leather steering wheel, auto lights and wipers, Composition Media infotainment system, heated windscreen, front fog lamps and the all-important alloy wheels.

## My test vehicle

My test vehicle was the Caddy Highline Panel Van with a six speed manual gearbox, and was finished in striking Acapulco Blue metallic paint for maximum impact. Power was provided by a 2.0-litre TDI Euro 6 engine with 150bhp. This engine produces a healthy 340Nm of torque and can sprint from 0-100km/h in as little as 9.2-seconds.

The cargo area in the standard wheelbase van is 3.2 cubic metres and the towing capacity (with a braked trailer) is 1500kg's. The load

length from bulkhead to the rear doors is 1,779mm, while the overall width is 1,556mm (1,170mm between the wheelarches), and the height from floor to roof is 1,244mm. The LWB Caddy Maxi increases the cargo area cubic capacity to an impressive 4.2 cubic metres, while bringing the load length up to 2,249mm.

Other engines available in the Caddy are 75bhp and 102bhp, and all engines are 2.0-litre TDI's, while all Caddy vans come with Volkswagen's SCR (Selective Catalytic Reduction) technology that provides the Caddy with impressive NOx emissions by injecting AdBlue solution into the exhaust gasses. Economy figures are excellent across the range, with a spread of between 4.6-litres/100km and 5.1-litres/100km depending on the engine chosen. A payload of up to 814kg is available in the

Caddy Panel Van – depending on the model chosen.

## Pricing

The current VW Caddy Panel Van is a stylish, high quality load carrier, while it's passenger car-derived running gear and technology has done a lot to keep the van at the head of the pack. On-the-road prices start from just €18,945 (incl. Vat) and represent excellent value for money.

**Contact Sheehy Volkswagen Naas at 045 (045) 906 600 for all your VW enquiries – Breda.**

## VW Caddy Panel Van Fact Box

- 1) Car-Like Driving Dynamics
- 2) Cutting-Edge Technology
- 3) Three Trim Levels
- 4) Up to 814kg Payload
- 5) Excellent Value For Money.



# All-new exciting Nissan JUKE redefines compact crossovers



By Breda Corrigan  
Member of Irish Motoring  
Writers' Association (IMWA)



**Almost a decade after it set the bar for compact crossovers through its distinctive personality and emphasis on fun, the next-generation Nissan JUKE arrives to reinvent the segment once again.**

Fun to drive as ever, the all-new JUKE delivers new levels of performance and technology, within a striking yet roomier coupe crossover body. With almost one million on the road in Europe, the Nissan JUKE has resonated with European customers thanks to its stand-out design.

The next-generation JUKE — which was unveiled on September 3 last in London, Paris, Milan, Barcelona and Cologne — appeals to European drivers, who value design, technology and performance, in addition to practicality, in the crossover segment. With ProPILOT and striking connectivity, JUKE brings Nissan Intelligent Mobility — Nissan's vision for changing how cars are powered, driven and integrated into society — one step further.

"Nissan JUKE is back with its unique identity, even more character, exciting performance and advanced technology that responds to drivers' needs," said Ponz Pandikuthira, Nissan Europe Vice President, Product Planning. "The new design and exciting driving experience will appeal to the growing number of customers opting for compact crossovers. The JUKE has grown up, while still retaining the fun-to-drive qualities that have always made it stand out."

## Athletic Design

Nissan JUKE returns to set a new standard in the B-crossover segment with larger dimensions and an athletic stance, striking 19-inch alloy wheels and coupe style 'floating roof' design. Equipped with full LED technology as standard, the latest JUKE retains its iconic circular headlamps with a new Y-shaped signature which complements Nissan's V-Motion grille. An exclusive body colour, Fuji Sunset, now completes the line-up of 11 colours.

Transformed on the inside as well, new JUKE is roomier for both passengers and their belongings, with rear-seat

knee room increased by 5.8 cm, rear head room by 1.1 cm and a boot capacity of 422 litres — providing 20% more storage room. A reimagined interior offers style and comfort boosted by improved driver positions, increased rear roominess and more user-friendly controls and storage. New soft-touch materials on the dashboard, door trim and footwells offer a premium feel, complemented by standard monoform sporty seats and optional Alcantara® or leather upholstery.

Offering a new level of personalisation, the all-new N-Design grade package ensures that customers can truly make their JUKE their own. Multiple colour combinations for body, roof and interior upholstery are available — bringing out the urban, premium and sporty character of the JUKE. Exterior personalisation is also offered, with customisable bumpers, side sills and 19-inch alloy wheels.

## Agile Performance

The sporty JUKE is designed for agility, but the all-new coupe crossover has also grown up. Dimensions are now 4,210 mm length; 1,595 mm height; and a width of 1,800 mm for better roominess while remaining compact and lighter by 23 kg. Thanks to high strength steel, the new model features a more rigid platform that offers better stability, performance and cornering capabilities, and new levels of confidence and control.

The JUKE is powered by an efficient 1.0-liter three-cylinder DIG-T turbocharged petrol engine with 117 PS, giving drivers improved performance, fuel economy and refinement. Available with an engaging 6-speed manual or sporty 7-speed dual-clutch (DCT) paddle-shift transmission, and a driving mode selector (Eco, Standard, Sport), drivers can effortlessly match their driving style to any driving scenario for maximum fun on the road.

## Advanced Technologies

The JUKE is now loaded with Nissan's infotainment and driver assistance technology. Featuring Nissan Intelligent Mobility technology, the new model is the most connected Nissan ever.

## Nissan Intelligent Mobility

Nissan's advance ProPILOT technology, which offers electronically assisted steering, acceleration and



braking, will be available on the JUKE for the first time. Designed for highway use in single-lane traffic, the ProPILOT system accelerates and slows down for the driver to maintain the right distance and speed and also keeps the car centred within the lane.

In addition, JUKE offers a full package of safety technologies, including Intelligent Emergency Braking with Pedestrian and Cyclist Recognition, Traffic Sign Recognition, Intelligent Lane Intervention, Rear Cross Traffic Alert, and Blind Spot Intervention as a Nissan premiere that is unique to the segment. Blind Spot Intervention warns the driver when a car gets into its blind spot and brings JUKE back in the lane.

## Infotainment

With the new NissanConnect infotainment system, customers can use Apple CarPlay and Android Auto to mirror their favourite smartphone apps on the 8-inch touch screen display. Drivers can also access TomTom Maps and Live Traffic or activate their In-Car WiFi to allow passengers connecting their laptops or tablets. The NissanConnect Services app is the perfect mobile companion, offering customers control over multiple aspects of their car. Nissan JUKE owners can now check the door-lock status of their vehicle and lock or unlock their Nissan directly from their smartphone.

For increased safety, drivers can also check their tyre pressure and oil level before departing on a trip.

To make JUKE drivers' lives

even easier, Google Assistant compatibility gives them control over functions including vehicle lights and sending destinations to the car's navigation system by talking to their smart device.

Drivers and passengers can also play louder with the Bose Personal Plus sound system.

With eight powerful speakers — including two sets of Bose UltraNearfield speakers integrated into both front seats headrests — listeners can enjoy immersive music in ultra-clear definition.

The all-new Nissan JUKE will continue to be

produced at Nissan's manufacturing plant in Sunderland, UK. The first customer deliveries will take place at the end of November in European markets. Contact Naas Nissan at Newhall, Naas for all your new and used Nissan enquiries — Breda

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**PLANNING NOTICES**

**KILDARE COUNTY COUNCIL**

I Alexander Traynor intend to apply for planning permission at Deerpark, Calverstown, Kilcullen, Co. Kildare. The development consists of the following works, planning permission for a) the subdivision of an existing site and erection of a new boundary b) construction of a new storey and a half dwelling, c) new vehicle entrance, d) treatment system & percolation area along with all associated site development and facilitating works. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of Kildare County Council, Aras Chill Dara, Devoy Park, Naas, Co. Kildare during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee, €20, within the period of 5 weeks beginning on the date of receipt by the authority of the application, and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission. The planning application was prepared & submitted by: MARTIN MURPHY MURPHY DESIGN & BUILD SOLUTIONS LTD, Knockbounce, Kilcullen, Co. Kildare Tel: 087 6857909 www.murphydesign.ie

**PLANNING NOTICES**

**KILDARE COUNTY COUNCIL**

We Studio One Film Exhibitors Ltd., intend to apply for planning permission for development at this site, Virginia Lodge, Market Square, Kildare Town, Co. Kildare, R51DP63. The development will consist of alterations to protected structure including change of use from existing residential dwelling (Protected Register Number B22-19/NIAH Reg. 11817100) to guest house accommodation, plaque advertising signage to main entrance, associated minor internal alterations to accommodate bedrooms to ground and first floor levels and all ancillary works. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of Kildare County Council, Áras Chill Dara, Devoy Park, Naas, Co. Kildare, during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee, €20, within the period of 5 weeks beginning on the date of receipt by the authority of the application, and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission. Signed on behalf of the applicant by Daly Hudson Building Surveying & Architecture www.dalyhudson.com 045-530766

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**PLANNING NOTICES**

**KILDARE COUNTY COUNCIL**

We, Shared Access Limited, intend to apply to Kildare County Council for planning permission at Naas Lawn Tennis Club, Naas East, Naas, County Kildare. The development will consist of the erection of a 21m monopole to support telecommunications antennae for use by eir and other operators, which together with the installation of dishes and ground based equipment cabinets will provide 2G, 3G and 4G mobile electronic communication services. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

**PLANNING NOTICES**

**KILDARE COUNTY COUNCIL**

MOYCRRAFT DEVELOPMENTS LTD intend to apply for RETENTION PERMISSION for development at this site at 13,14,15 16 BARRACK STREET CLOSE, BALLYMORE EUSTACE, CO. KILDARE. The development will consist/consists of:

Retention of 4 number 3 storey, 4 bedroom dwellings as constructed on site and all associated site development works as constructed. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application. Prepared by DEREK WHYTE planning/engineering /architecture 0866001194

**KILDARE COUNTY COUNCIL**

Padraig Nolan, Principal, intends to apply for retention planning permission for a development at Scoil Mhuire Community School, Clane, Co. Kildare. The development consists of retaining 5 no. 12m high floodlights, and all associated ancillary site-works. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of Kildare County Council, Áras Chill Dara, Devoy Park, Naas, Co. Kildare, during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee, €20, within the period of 5 weeks beginning on the date of receipt by the authority of the application, and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

**PLANNING NOTICES**

**KILDARE COUNTY COUNCIL**

Application is being made for FULL PLANNING PERMISSION for the following; Two storey dwelling house, domestic garage, stable building, new site entrance, effluent treatment plant, landscaping and all associated site development works All at, Curryhills, Maynooth Road, Prosperous, County Kildare For Samantha Dempsey The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the planning authority during its public opening hours and that a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

**PLANNING NOTICES**

**KILDARE COUNTY COUNCIL**

I RAY KAVANAGH intend to apply for RETENTION PERMISSION for development at this site at STEPHENSTOWN SOUTH, TWO MILE HOUSE, NAAS, CO. KILDARE. The development will consist/consists of:

Retention of 2 No. Agricultural Sheds as constructed and all associated site works. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application. Prepared by DEREK WHYTE planning/engineering /architecture 0866001194

**PLANNING NOTICES**

**KILDARE COUNTY COUNCIL**

We Guy & Sarah de Bromhead intend to apply for full planning permission for a development at Lisnaree, Blessington road, Naas, Co. Kildare.

The development will consist of constructing a single storey extension to the rear of existing bungalow and all ancillary site works.

The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of Kildare County Council, Áras Chill Dara, Devoy Park, Naas, Co. Kildare, during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee, €20, within the period of 5 weeks beginning on the date of receipt by the authority of the application, and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

**PLANNING NOTICES**

**KILDARE COUNTY COUNCIL**

Conleth McCarthy intends to apply for retention planning permission and full planning permission for a development at Garavogue, Prosperous, Naas, Co. Kildare. The development consists of retaining the conversion of a domestic garage & shed approved in planning file ref. no. 07/1512 as constructed to form a dwelling, full planning permission to construct a new recessed vehicular entrance, and all associated ancillary site-works. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of Kildare County Council, Áras Chill Dara, Devoy Park, Naas, Co. Kildare, during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee, €20, within the period of 5 weeks beginning on the date of receipt by the authority of the application, and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

**KILDARE COUNTY COUNCIL**

I TREVOR MACKEY intend to apply for RETENTION PERMISSION for development at this site at FULLERS COURT, BALLITORE, CO. KILDARE. The development will consist/consists of:

Retention of 2 No. 3 Bed Two Storey Semi-Detached dwellings as constructed on site and all associated site development works as constructed.

The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application. Prepared by DEREK WHYTE planning/engineering /architecture 0866001194

**KILDARE COUNTY COUNCIL**

We, Kevin & Julie Hickey, intend to apply for permission for development at this site Bawnogues, Boreen Road, Straffan, Co. Kildare. The development will consist of removal of existing stone arch and chimney to form new entrance feature with side window, replacement of all windows, attic conversion with 4 no. rooflights, small rear extension and internal modifications. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

**PLANNING NOTICES**

**KILDARE COUNTY COUNCIL**

Application is being made for FULL PLANNING PERMISSION for the following; (A) Single storey dwelling house, effluent treatment plant, garage and all associated site development works. The site is accessed from existing family home site entrance (B) Removal of condition 2 of permitted permission 03/2666 to be replaced under the subject application with a new condition relating to the sterilization of lands in the ownership of the applicant and her family. All at Ballykelly, Monasterevin, County Kildare For Pauline Byrne The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the planning authority during its public opening hours and that a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

**THANKSGIVING**

**THE MIRACULOUS PRAYER**

Dear Heart of Jesus in the past I have asked for many favours. This time I ask you for this very special one, take it, dear Heart of Jesus and place it within your own broken heart where your father sees it. Then, in his merciful eyes it will be come your favour not mine. Say this prayer for 3 days and promise to publish. Prayer will be answered after the third day. PM

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**Closing Date for receipt of application forms is 1pm on Monday 7th October 2019.**

To apply online or download an application pack, please visit [www.inspirewellbeing.org/work-with-us](http://www.inspirewellbeing.org/work-with-us) or send a large SAE quoting the appropriate reference (IR-CW-19-49) to:

**HR Department • Creative Spark • Clontygora Drive • Muirhevnamore • Dundalk**

Please note if you provide an email address on your application form all correspondence regarding the recruitment campaign will be sent via email. *Inspire is committed to equality of opportunity and to selection based on merit.*



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**AS THE NEWS HAPPENS**



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**LOCAL NEWS SUPRISINGLY FAST**

# The Curragh host 'Go Racing Kids Club' Education Day

By Kildare Post Reporter

Over 500 pupils from ten local primary schools across Co Kildare visited the Curragh last Friday for a behind the scenes tour of the racecourse. This was in advance of Newbridge Parishes Race Day which takes place on Saturday, 28 September next.

Pupils met with local trainer Dick Brabazon who gave the pupils an insight into his day-to-day routine and life in racing, whilst Curragh track foreman Richard Brophy explaining how the Curragh team prepare for a raceday.

The children also watched live demonstrations from farrier Donal Bennett and students from the Irish Farrier Schools and from RACE (Racing Academy & Centre of Education) using the racehorse simulator. Dave Fox spoke about the routine of a valet on race days and the equipment used by jockeys at the races.

Evan Arkwright, Racing Manager at the Curragh, commented: "We were delighted to welcome over 500 children from the locality who enjoyed learning about the Curragh and horse racing, and also for many of them to experience their first visit to the racecourse since the completion of

the new grandstand. We now look forward to welcoming them back with their families for the Newbridge Parishes raceday on Saturday, September 28."

Participating schools included: Curragh BNS and the Curragh GNS; Newbridge Educate Together, Green Road and Gaelscoil Chill Dara, Green Road, The Curragh; Scoil Bhríde, Athgarvan and Scoil Bhríde, Milltown; Scoil na Naomh Uilig, Rickardstown, Newbridge; St Patricks National School, Morrinstown, St Conleth and Mary's NS and Scoil Mhuire, Ballymany, the latter three from Newbridge.



Over 500 pupils from across Co Kildare participated in the Go Racing event at the Curragh

## LOCAL EVENTS

Pictures: Tony Keane

## Newbridge Town FC marks 50 years with clubhouse celebration



Sam, Ethan, and John Donohoe.



'50's Committee' members, Peter Whyte, Chairman, and Shane Smyth, pictured at Newbridge Town FC 50th Anniversary Celebration Day, Sunday, September, 22.



Philip and Mary Duane.



Isabel Cassells, Hazel Devlin, Grace Malone, u-11's Larkview FC.



Carol, Hazel, John, Valda, Edel, and Aislinn Egan, family members of founder member, the late Mick Egan, pictured at Newbridge Town FC 50th Anniversary Celebration Day, Sunday, September, 22.



Marie and Seamus Egan.



Club plaque dedicated to founding members for Newbridge Town FC, celebrating 50 years. Sunday, September, 22.



Club Chairman, Leo Dunne lays a memorial wreath at the club plaque dedicated to founding members for Newbridge Town FC celebrating 50 years.



Racing with Horse Racing Ireland

# Success in Galway and Dundalk for local trainers

**Clane trainer Shane Nolan was on the mark at Galway on Monday where Charlie Stout kept a trio of owners happy with a battling success in the 2m2f beginners' chase.**

A 4/1 co-favourite of three, the eight-year-old travelled well under Eamonn Corbett into the straight and picked up nicely in the closing stages to deny the front-running Stormey by a length.

The winner carries the colours of Barry Potts, Patrick Walsh and Michael Mulligan and was adding to three previous hurdle victories.

Dermot Weld landed a double at Galway on Tuesday where he shared winners with Chris Hayes and Oisín Orr.

The Comer Group International Irish St Leger winning combination of Weld and Hayes were on the mark with 6/4 favourite Bashiyr in the rated race and Oisín Orr was once again seen to great effect when winning the median auction fillies' maiden with 6/5 chance Shehreen which beat the well-backed even money favourite Soineanta by a head.

Weld's fellow Curragh

trainer Michael O'Callaghan landed a winner a little closer to home when taking the fillies' maiden with the well-backed Deidra at Naas on Wednesday. The 5/2 second favourite ran out a cosy winner under Leigh Roche as she beat the Jessica Harrington-trained Allez Allez Allez by a length and three quarters.

After two second placings in earlier races, Jessica Harrington enjoyed a change of luck when Valeria Messalina just held on to win the 7f maiden.

The 9/1 chance saw off the O'Callaghan-trained Now The King to win by a nose under Naas apprentice Tom Madden. Ronan Whelan partnered the easiest winner of the day as the Brian Nolan-trained Danielles Diamond won the 5f maiden by all of six lengths at odds of 5/1.

Peter Fahey and Derek O'Connor combined to land the finale of the 2019 at Ballinrobe on Friday evening with China Princess. Owned by the Winning Ways Athena Syndicate, the 8/1 chance came from well off the pace to win by a length and half from Bob Pebble.

Trainers Ken Condon and



Danielles Diamond and Ronan Whelan wins the 5f maiden in Naas. Photo: Patrick McCann/Racing Post

Johnny Feane dominated the finish of the 6f median auction maiden at Dundalk on Friday night. Condon's Believe In Beauty, ridden by Niall McCullagh, got the better of the Feane-trained Turbo Command by a length and a quarter for owner David Kelly. Simsir ran out the very well-supported winner of the conditions' race for Michael

Halford and Ronan Whelan. The Aidan O'Brien-trained Dunkirk Harbour was favourite to win the race when betting opened but as that one drifted in the betting, Simsir was backed into 4/5 favourite and scored a comfortable success from Yuften as the Ballydoyle hope could not finish fourth of the six runners.

## Upcoming Fixtures

Gowran Park - Thursday September 26 (First Race 1.40)  
Downpatrick - Friday September 27 (First Race 1.35)  
Dundalk - Friday September 27 (First Race 5.45)  
Navan - Saturday September 28 (First Race 1.45)  
Curragh - Saturday September 28 (First Race 1.25)  
Curragh - Sunday September 29 (First Race 1.50)

## Horse Racing digs deep as donations to Cancer Trials exceed €2.5m

**Pat Smullen's quest to raise money for pancreatic cancer trials and awareness of pancreatic cancer research has seen a sum in excess of €2.5m raised.**

The nine-time Irish champion jockey was at the centre of an incredible fund-raising drive by Irish horse racing over Longines Irish Champions Weekend, which culminated in the Pat Smullen Champions Race for Cancer Trials Ireland at the Curragh on Sunday last.

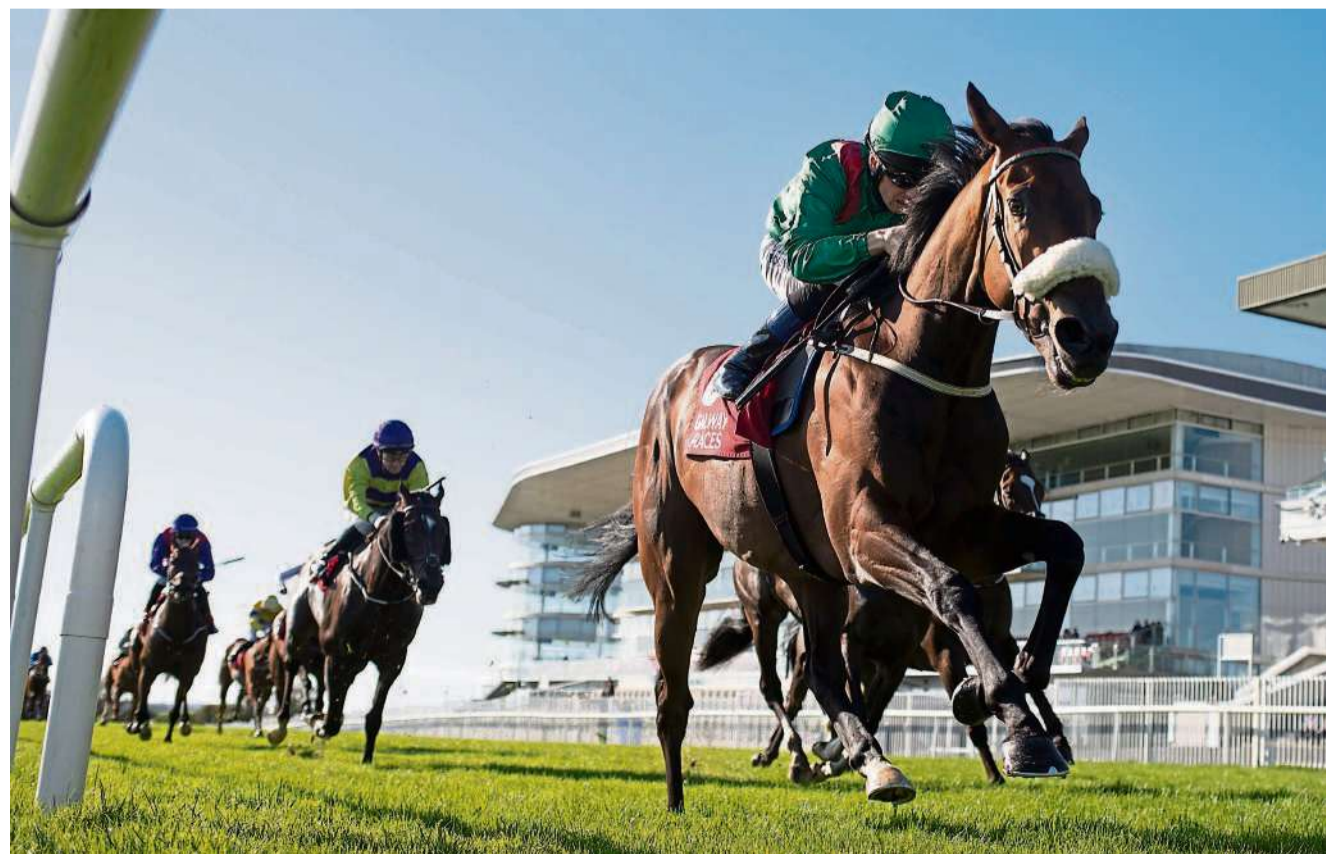
The weekend of charity events included a charity dinner, an on-line auction in which items were donated by the racing and breeding community, specially-designed souvenir cups were on sale at both Leopardstown and the Curragh, while donations have continued to flood into cancertrials.ie, the charity's website, even after the dust settled on a special weekend.

The Champions Race was won in dramatic and emotional circumstances by 20-time British jumps champion Tony McCoy, riding Quizical for Smullen's good friends Sheila and John Lavery.

And now, with two cancer trials ready to be put into operation by Cancer Trials Ireland, the generosity shown will make a difference very quickly.

Donations are still welcome to cancertrials.ie and a small number of the limited-edition reusable cups can be purchased.

Pat Smullen said: "I never dreamed that we would reach a figure like this and it is a tribute to the kind nature of everyone in the racing and breeding industry - I am overwhelmed! Sunday at the Curragh was a special day and a huge thank you to everybody who came along. I don't think we'll ever see a race like that again and I owe so much to my good friends, the nine champion jockeys, who came out of retirement to ride in it, as well as the race sponsors, owners and trainers who made the race possible."



Bashiyr and Chris Hayes wins the Donnelys Of Barna Rated Race in Galway. Photo: Patrick McCann/Racing Post

LOCAL  
EVENTS

PHOTOS: MARTIN CONNELLY

Round Towers GAA Club in Kildare Town  
promoting underage participation



Kildare hurler Paul Divilly signs hurleys for Round Towers' underage players including Alannah Pearson, Beibhinn Donlon, Mya Gilroy and Sophie Hughes



The winning Under 11/12 Team with Paul Divilly and Declan Brett from Brett's Centra



Under 7/8 Hurling Team



Under 6 camogie team and mentors



Kildare goalkeeper Tanya Johnson with Round Towers chairman Frank McMahon

# Naas and Coill Dubh to battle it out for 2019 decider

By Robert Cribbin

**It's a first county final in four years for Coill Dubh as they move a step closer to completing a league and championship double.**

They were 1-15 to 1-14 winners over Ardcrough and despite the scoreline it was a bit more comfortable than that with a late Tony Spain goal clouding judgement.

Coill Dubh selector Chris Byrne knows what a tough test it was though and they were just happy to come through.

"We knew we were never going to shut Ardcrough out and they were always going to be in the game. We left them in the game too long and should have had them dead and buried earlier but luckily we held

on and got over the line in the end."

"Ardcrough are a very good team and have been working very hard the last few years while we have been in relegation in 2017 and 2018 and now we are back in a county final for the first time in four years".

"We are happy enough with that and we know we have work to do as that performance won't win you a county final but we know that".

The final against Naas will at least enable Coill Dubh to have their players full time as its been a tough balance the last few weeks.

A lot of the team are involved with the Ballyteague, Allenwood and St. Kevins Football teams but their campaigns are at an end now so its full go for a decider where they

know they will have to improve.

"A lot of our players are dual stars and they have been playing football for the last month or so and the legs aren't back yet but hopefully now with two weeks to the final we hope to get things right.

"It was hard to get the balance right with training and we only had a full session once a week and we just couldn't get the training in.

"We won't complain though as Naas gave us a big beating in the opening round of the Championship and now we are in a county final.

"We aren't back to where we were for the League Final and we have a lot of work to do over the next two weeks as that performance won't be good enough."

In years gone by it's the type of game that Naas may have lost but not this time as they got the better of Eire Og by five points in the Senior Hurling Championship semi-final at a rainswept St. Conleths Park.

Jack Sheridan's goal late on put the seal on a result that was very pleasing for manager Colm Rourke as they went one step further than a year earlier and he was also full of praise for the opposition.

"Eire Og are an excellent team and I know Johnny Enright well so I have to pay tribute to his men.

"We saw them beating Celbridge and we knew it was going to be a massive battle and fair play to them they are only going in one direction but we are delighted to get over the semi-final hurdle unlike

last year."

Jack Sheridan hitting 1-8 and the subs bench providing 0-3 were some of the positives for Naas but the boss refused to single anyone out and instead concentrated on praising his teams workrate all over the pitch.

"Jack Sheridan worked very hard and that was the most pleasing aspect of his performance to be honest with you and we are very proud of all of our forwards with their workrate and of all the subs that came on.

"Brian Byrne and Mick Purcell have both had injuries recently and we've had some year in using 29 players in the Senior Championship which is an amazing stat and it shows we have a good squad that we can bring in players when others are out injured. Everybody knows

their role and we are very pleased with that."

It all means that Naas now have a chance to end a famine of seventeen years without a senior title when they take to the field for the showpiece final on Sunday week.

Asked about the opponents in the final, O'Rourke was notably coy and whether tongue in cheek or not he knows the task at hand, "We will be going in to the final as massive underdogs after Coill Dubh did a massive job on us in the league final.

"They were more impressive in the semi-finals than we were as well and we will have it all to do to match them but we are looking forward to going in as underdogs. We will work hard and hopefully we will have enough on the day."

## Tom Cross JFC Final Preview

# Ballymore favourites to land another Junior title

By Robert Cribbin

**The first major football championship silverware in Kildare will be given out this weekend when Ballymore Eustace and Robertstown contest the Tom Cross Junior Football Championship Final.**

For Ballymore they are aiming to make it two wins in three years while Robertstown are back in their first final since 2011.

After suffering a shock drop back to this grade last term when defeated by Ellistown in the Intermediate Championship Relegation play-off, Ballymore are eager to get back to that level and this final gives them the ideal opportunity.

It's also not that long ago that Ballymore were competing in the Senior Championship after winning the Intermediate in 2010 with a two point victory over Confey.

They weren't at Senior for too long but with a talented bunch of youngsters now coming through of which a lot have played with the

successful Naas CBS' teams in recent years hope springs eternal that they can get back to that top table at some stage.

If someone had said to you after the 2017 decider in which Ballymore defeated Caragh on a 3-18 to 1-4 scoreline that they would be back at this level this soon they would have got some strange looks.

It hasn't been a campaign that has gone straight forward either, granted they had big wins over the likes of Ardcrough and Castlemitchell but their old compatriots Caragh got the better of them in the group stages so they had to be content with second spot.

It wasn't a game Ballymore lost too much sleep over either as they were without a number of players and they showed in their 2-26 to 1-5 demolition of Rathcoffey in the semi-final that things are beginning to peak at the right time.

Ballymore have some fine players in their ranks including Kildare All-Ireland under 20 winners Mark Barrett who is ultra consistent at full back and Niall Murphy who



Robert Cribbin gives Ballymore the nod as favourites

has been racking up the scores up front.

The likes of Michael Stewart Byrne who was the 2017 captain, Caolan Halpin and Shane Barrett are all capable footballers as well and they will be difficult to stop.

Ballymore have been raging hot favourites to land the Noel Moran Cup since the start of the year and the last team aiming to stop them achieving it are Robertstown.

Robertstown are looking for a first success in eight years and before that final victory over Two Mile House they had lost four further deciders so that 2011 victory definitely shook off a bit of a

bridesmaid tag.

There has been nothing bridesmaid about their form this year and manager Aidan Dunne is delighted to be in a final especially in their centenary year.

"We won the Junior in 2011 and then we were in Intermediate for a few years and it's our first time in a county final since then.

"The club is going 100 years and regardless of winning stuff like that is important, especially in a small rural club and the GAA is often everything to everyone in the locality and to give people that bit of joy and happiness through football and sport is just brilliant and I'm just delighted I was able to



Ballymore may be favourites but Robertstown have other ideas

manage these players to get there."

Those comments came on the back of Robertstown's last gasp semi-final victory over Caragh where a Damien Leeson point in the 64th minute sealed their place in the final.

Caragh nearly played that whole game with 14 men but you have to take the chance when it comes in front of you and that's exactly what happened for Dunne's team with Danny Scully and Joe Kavanagh not for the first time being their twin threat.

The two lads got the goals on that occasion and they have been finding the net with great regularity throughout and it's

something that may be needed on Sunday once more.

Robertstown are also in the fortunate position of being able to call on players who have given service to other clubs in the past including Robbie Dunne (Clane) and Noel Byrne (Raheens).

When you look at it Robertstown have plenty of strings to their bow including goal scoring but Ballymore are still one of the best teams to have plied their trade at this grade and they should be too strong in the end.

**Verdict: Ballymore Eustace**

GAA - Haven Hire SHC Semi-Final

PHOTOS: PAT TINSLEY

# Coill Dubh hold off late comeback to pip Ardcloyh

Coill Dubh 1-15  
Ardclough 1-14

By Robert Cribbin

**The scoreline was slightly misleading as Coill Dubh booked a place in the Senior Hurling Championship final with a one point success over Ardcloyh.**

Coill Dubh were the better team throughout with an opening half goal from Mark Delaney giving them a nice lead.

John Byrne's men led by four at the break and that increased to seven at the start of the second half as the likes of Delaney, Ryan Casey and Johnny Byrne led them towards the finish line.

Coill Dubh did go through somewhat of a sticky patch in the third quarter but even at that they still led by four points entering stoppage time.

In injury time Ardcloyh battled back with Tony Spain getting a goal but it arrived too late in the day as Coill

Dubh held out for a fully merited win.

Coill Dubh opened the scoring with a Ryan Casey point. Ardcloyh replied with a pair of Martin Fitzgerald frees but a Johnny Byrne score on the turn ensured the teams were level at 0-2 apiece.

Ardclough then began to get a bit of momentum going with Fitzgerald leading the charge and he notched his third point of the half before Sean Whelan burned Joseph Kenny for pace and scored to give the Cloughs a two point advantage.

Both Fitzgerald's could have extended the lead but they were uncharacteristically off colour in letting a few chances pass them by and from there Coill Dubh began to grind back control of the contest.

Four points in as many minutes gave the League Champions the lead with a brace of Delaney frees levelling things originally before Ryan Casey x2 put them two clear.

A long range free from his

own half by Ardcloyh's Richie Hoban narrowed the deficit to one but their attacking play wasn't really functioning and Coill Dubh with 1-2 on the bounce pushed ahead.

Points from Delaney and Johnny Byrne registered before a bizarre goal transpired in the 29th minute when a Delaney sideline cut evaded everyone from Ardcloyh and ended up in the net.

Ardclough did at least get the last two points of the half courtesy of Paul Fitzgerald and Tony Spain which left Coill Dubh 1-8 to 0-7 to the good at the interval.

Coill Dubh continued to dominate on the resumption and consecutive points from Byrne, Delaney and Tom Brady had them seven clear on the scoreboard.

Ardclough were in dire need of a response but they showed all their never say die attitude when getting the gap back to three with four of the next five points.

Martin Fitzgerald with three frees and points from



Ross Carew (Coill Dubh) under pressure.

play by Paul Fitzgerald and Niall Delahunt had the game in the melting pot as Coill Dubh went through a barren couple of minutes.

A Delaney free from deep in his own half steadied Coill Dubh as they held a tentative 1-12 to 0-12 advantage before the quiet up till then Declan Flaherty pucked over a wonderful score on the sideline.

Delaney also missed a couple of frees during that spell for Coill Dubh but Johnny Byrne really stood up for them winning two dispossessions in his own half as well as putting his side five clear with his third effort of the day.

Ardclough looked dead and buried as stoppage time approached but there was a full six minutes played and pair of attempts from sub Declan Molloy had them

within range again.

Alas Byrne got Coill Dubh away for a four point game but a storming run from Drew Costello set up the experienced Tony Spain moments later and he fired in a last gasp goal for Ardcloyh to get them within the minimum.

There was still one more play in the game but after Coill Dubh won possession referee Fergus Devereux blew his whistle, much to the relief of the winners as they held on to qualify for their first county final in four years.

**Coill Dubh:** Owen Lenehan; Diarmuid Cahill, Dylan Brereton, Joseph Kenny, Barry Mullins, Mark Grace, Conor Gordon, Ross Carew, Luke O'Reilly, Ryan Casey 0-3, Declan Flaherty 0-2, Tom Brady 0-1, Mark

Delaney 1-5 (0-5fs), Jonathan Byrne 0-4, Ruairi Hayden.

**Subs used:** Ronan Guilfoyle for O'Reilly 28 mins, Shane Kenna for Hayden 47 mins, Steven Ryan for Brady 61 mins, Eoin Dodrill for Gordon 64 mins.

**Ardclough:** Ruairi Morrissey; Eoghan Walsh, David Collins, Ben Reddan, Drew Costello, Ronan Maguire, Richie Hoban 0-1 (0-1f), Niall Delahunt 0-1, Liam Hanley, Aran Kelly, Tony Spain 1-1, Paul Fitzgerald 0-2, Niall Jonathan Reeves, Martin Fitzgerald 0-6 (0-5fs), Sean Whelan 0-1.

**Subs used:** Robbie Spain for Reddan h-t, Fionn Kelly for A.Kelly 37 mins, Declan Molloy 0-2 for Reeves 45 mins, Mark Lynam for Whelan 47 mins, Cillian Burke for Hanley 47 mins.

**Ref:** Fergus Devereux



Coill Dubh's Shane Kenna battles hard to break free



The sliotar slips past Martin Fitzgerald (Ardclough) and Ross Carew (Coill Dubh)

Haven Hire SHC Semi-Final

PHOTOS: Pat Tinsley

# Sheridan the star as Naas book final spot

**Naas** 1-15  
**Eire Og Corra Choill** 1-10

By Robert Cribbin

**A blistering final ten minutes where they scored 1-6 helped Naas get the better of Eire Og Corrachoill in the second Senior Hurling Championship semi-final in St. Conleths Park on Sunday afternoon.**

It was a fast finish that was badly needed for Naas as an Eire Og goal from Liam Power in the 42nd minute looked like it was going to give the Donore based outfit a shock victory.

Eire Og only scored three

points after that goal though with Naas reeling them in and Jack Sheridan was the main protagonist in that role. Superb Sheridan finished with 1-8 to his name.

Conditions were absolutely horrendous throughout with rain coming down for almost the entirety and as a result scores were very much at a premium.

The sides shared the first two points with Cathal Dowling scoring from distance for Naas with Tim Hennessy responding for Eire Og.

A couple of points including a well take sideline from Jack Sheridan then pushed Naas ahead on the scoreboard at 0-3 to 0-1 but Eire Og

responded with three Liam Dempsey points in a row.

Cathal Dowling with his second of the half levelled things up in the 12th minute but once more Eire Og had an answer in Dempsey and Liam Power.

Naas had plenty of the ball but the combination of poor attacking play and a defiant Eire Og defence was frustrating Colm Rourke's outfit, and a point from play by Dempsey left Eire Og three clear approaching the break.

Sheridan responded with his first free of the day and the last puck of the half meant Eire Og had a two point buffer as they went into the dressing rooms.

Naas got the first four points

on the reset, Sheridan with a quickfire free and 65 levelled the game at 0-7 apiece before both Mick Purcell and Simon Leacy scored from play as Naas moved 0-9 to 0-7 ahead.

There was a thought that Naas might kick on from that position but it never transpired as twelve minutes into the second half Liam Power rather brilliantly won a ball near goal and after going round one defender he did the same with keeper Cormac Gallagher and whacked a shot home to put Eire Og back in front.

Sheridan missed a scorable free afterwards and when both Dempsey and Paul Kennedy scored Eire Og looked in the driving seat with three points at their back.

Naas rallied brilliantly inside the final quarter though with a pair of Sheridan frees getting the gap back to one.

The Naas bench had a huge impact as they scored 0-3 and after Purcell pointed earlier Brian Byrne followed suit to equalise with five minutes left.

Purcell and Sheridan added further points and the three point deficit had been turned into a two point lead in a matter of minutes.

A grandstand finish was then averted as Brian Byrne found Sheridan and although the forward had two men facing him he took them both on successfully before shooting past Paul Dermody for a wonderful individual goal.

Eire Og replied with a free from Dempsey who was very good for the beaten side but Naas had the last say with Shane Ryan knocking a fine score from distance that



Jack Sheridan (Naas) about to skillfully raise the sliotar

rounded off on an incredibly hard fought win for his team.

**Naas:** Cormac Gallagher; Conor Gormley, Richard Hogan, Donal McSweeney, Paul Sullivan, Rian Boran, Simon Leacy 0-1, Shane Broderick, Cathal Dowling 0-2, Jack Sheridan 1-8 (0-4fs, 0-2 65's), Ross Kelly, Phillip Cocoman, Conor Dowling, James Burke, Shane Ryan 0-1.

**Subs used:** Mick Purcell 0-2 for Conor Dowling 36 mins, Sean Gainey for Cocoman 49

mins, Brian Byrne 0-1 for Sullivan 53 mins, Mark Nevin for McSweeney 64 mins.

**Eire Og Corra Choill:** Paul Dermody; Cathal McGrath, James Dolan, Ben Noone, JP Crotty, Kevin Connor, Danny Boyle, Conor Kielty, Brian Fitzpatrick, Tim Hennessy 0-1, Barry Cormack, Paul Kennedy 0-1, Liam Dempsey 0-7 (0-4fs), Liam Power 1-1, Rory O'Neill.

**Subs used:** Murray O'Byrne for Crotty 43 mins.

**Ref:** Ray Kelly



Conor Dowling (Naas) raises more than the sliotar with this sideline cut



Both eyes on the ball as Philip Cocoman (Naas) prepares to unleash a mighty puck towards the Eire Og Corra Choill goal



Jack Sheridan (Naas) stretches to block Barry Cormack's clearance

## Haven Hire JHC Final

# Carroll hits 1-10 as Naas land Junior hurling title

Naas 1-13  
Broadford 1-11

By Robert Cribbin

**Emmet Carroll got all but three of Naas' points as they ran out two point winners over Broadford in the Junior Hurling Championship final at St. Conleths Park.**

Carroll who formerly played senior hurling with Dublin finished with 1-10 in total as Naas claimed a first Junior crown in over twenty years.

Naas looked to be cruising when a Carroll goal had them 1-8 to 0-6 ahead in the opening minutes of the second half but the introduction of David Ryan helped Broadford back into the game as he scored 1-3.

Broadford could never quite get their noses in front though, and points from Carroll and John Gavigan eventually settled the game in Naas' favour as Broadford missed a couple of late chances.

Broadford were lining out with a number of footballers from both Johnstownbridge and Clogherinkoe and they showed all their skills with the feet when late entrant to the team Aaron Smyth kicked an opening minute score.

Naas replied in the following two minutes with back to back frees from Emmet Carroll but Broadford were right in their opponents faces, went level and retook the lead with efforts from Caelum Flanagan and Dean Hanley.

Bernard Reilly's Broadford outfit were 0-3 to 0-2 to the good as a result but Naas weren't behind for long with a lovely point near the sideline by John Gavigan bringing the sides level for the third time.

The forecast rain then began to fall in St. Conleths Park but Hanley was proving ice cool on the frees and a shot from the middle of the field as well as Mikey Barrea striking from a difficult angle ensured Broadford were back two points clear.

Naas did look an ongoing threat in attack though, and after Carroll knocked over his third free in the 20th minute he found the net only a couple

of minutes later as full forward Alex Maher showed great pace to evade the stricken defenders and layoff for Carroll to power a shot home.

Carroll and Hanley both added to their free tally before the half was up as Naas went into the break leading on a 1-5 to 0-6 scoreline.

Naas maintained their superiority at the beginning of the second half with three unanswered points as a couple of Carroll frees came the other side of a well worked Ben O'Reilly score from play.

Naas looked in control five points to the good with six minutes of the second half played but Broadford turned to sub David Ryan and his introduction proved a masterstroke as the full forward quickly garnered 1-1 after coming on.

Ryan firstly knocked over a point from a difficult angle in the 38th minute and he then found the net just two minutes later.

That left just the point separating the sides but Hanley soon changed that with a free to leave the sides deadlocked at 1-8 each entering the final quarter.

Carroll added on three more points to give his side the lead again after they cancelled out Broadford efforts from Ryan and Luke Flynn.

Broadford then had a chance for goal when Flynn again caused chaos before assisting Mikey Barrea but he mishit his shot and the danger was averted.

Carroll with a 65 doubled the Naas lead to two points in the 52nd minute but Broadford were very stubborn with Ryan knocking over his third point of the half.

Dean Hanley had a couple of chances to at least get level in the dying minutes but they all went amiss and John Gavigan put the seal on the Naas success with a stoppage time insurance score.

Naas: Sean Whelan; Shane Murphy, Tom Crosbie, Shane Kelly, Cormac Wren, Colm O'Connor, David Murphy, Declan O'Neill, Niall O'Leary, Mark Hennessy, Niall Aherne, Ben O'Reilly 0-1, John Gavigan 0-2, Alex Maher, Emmet Carroll 1-10



Broadford Luke Flynn gets caught up in the challenge of Naas Tom Crosbie during the Haven Hire Junior Hurling Championship final played at St Conleths Park, Newbridge

(0-8fs, 0-1 65).

Subs used: Matt Faughnan for O'Neill 38 mins, Brian Aherne for Hennessy 51 mins, Peter Purcell for O'Reilly 54 mins, Alan Browne for

N.Aherne 62 mins.

Broadford: Thomas Reilly; David Fox, Shane Flanagan, Walter McKeon, David Carroll, Gavin Scanlon, Jamie Boyle, Killian Galligan, Elian

Scanlon, Caelum Flanagan 0-1, Luke Flynn 0-1, Jack Sutton, Mikey Barrea 0-1, Aaron Smyth 0-1, Dean Hanley 0-4 (0-4fs).

Subs used: David Ryan 1-3 for Smyth 37 mins, Jack Donegan for C.Flanagan 55 mins.

Ref: Brian Kearney

## GAA FIXTURES

### Thu 26 Sep 2019 Haven Hire Minor B Hurling Championship Semi Final

Venue: Manguard Plus Hawkfield Pitch 2, Moorefield V St Patricks 19:30, Ref: David Coady 2 x 10 mins' extra time if required

### 2019 Haven Hire Minor A Hurling Championship Semi Final

Venue: Manguard Plus Hawkfield Pitch 1, Naas V Éire Óg Corra Choill 19:45, Ref: Niall Colgan 2 x 10 mins' extra time if required

### Fri 27 Sep

### 2019 Joe Fox Tool and Plant Hire Reserve C Football Championship Final

Venue: Ballyteague, Naas V Rathangan 19:45, Ref: John

Enright 2 x 10 mins' extra time if required

### 2019 Joe Mallon Renault Senior Football Championship Relegation Final

Venue: Manguard Plus Hawkfield, Raheens V Two Mile House 19:45, Ref: Liam Herbert 2 x 10 mins' extra time if required

### 2019 Haven Hire Minor A Hurling Championship Semi Final

Venue: Naas, Leixlip V Maynooth 19:00, Ref: Alan Lagrue 2 x 10 mins' extra time if required

### Sat 28 Sep

### 2019 Pittman Traffic Intermediate Football Championship Semi Finals

Venue: Newbridge, Leixlip V Sallins

14:00, Ref: Henry Barrett  
Venue: Newbridge, Clogherinkoe V Monasterevan 15:45, Ref: Brendan Cawley

### Sun 29 Sep

### 2019 Manguard Plus Minor D Football Championship Final

Venue: Newbridge, Athgarvan V O'Tooles 13:45, Ref: Paul Donnelly

### 2019 Tom Cross Transport Junior Football Championship Final

Venue: Newbridge, Ballymore Eustace V Robertstown 15:30, Ref: Kieran Harris

### Sat 05 Oct

### 2019 Jack Higgins Cup Final

Venue: Naas, Sarsfields 2 V Ballymore Eustace / Robertstown 19.00, Ref: TBC

Haven Hire IHC Final

# Second half goals seal win for Naas

**Naas** 3-13  
**Maynooth** 1-13

By Robert Cribbin

**Naas completed a League and Championship double for the third consecutive year as a battling second half performance got them over the line against Maynooth in the Intermediate Hurling Championship final.**

In what was a closely fought affair for the majority, second half goals from Richie Ryan and Emmet Carroll who already starred in the Junior decider helped them seal the deal.

As well as Carroll and Ryan, Rian Monaghan also found the net in the first half which helped keep them in touch with Maynooth after they went seven ahead at one stage.

As well as the scores from play, Eoin O'Hehir was uber accurate on the frees as he finished with 0-8 but for Maynooth it's another final they will feel they let slip as they were 1-5 to 0-1 ahead at one stage, and if they didn't concede that Rian Monaghan goal just seconds after Kevin Dunne's effort then the result could have been different.

In a high tempo end to end clash, Maynooth started the better and moved into an early two point lead with scores from the brotherly duo of Tadhg and Cian Forde.

Eoin O'Hehir responded with a free from distance but Maynooth were near top form in the opening ten minutes and another 1-3 without reply moved them seven points clear.

Tadhg Forde with his second from play, Matthew Melia and Graham Kenny got the points while a careless mistake from Sean Burke in the Naas goal allowed Kevin Dunne to pounce and find the net.

Dunne's opportunistic effort arrived in the 10th minute but barely sixty seconds later when the game threatened to be getting away from Naas Rian Monaghan got a goal when placing past Sean Behan on the back of a pass across the field by Luca Conroy.

A pair of frees from O'Hehir followed and Naas had the deficit down to two points by the halfway mark of the half.

Cian Forde with his second converted placed ball of the half extended Maynooth's advantage to three in the 16th minute but Naas were slowly but surely finding their feet

and two more O'Hehir frees kept them in touch.

Naas also saw Ian Blackburne lash a shot into the side netting from a difficult angle but in the aftermath Maynooth owned the ball for a period and although Cian Forde missed a couple of chances he did score a 65 to increase his side's advantage.

Naas thought they had their second goal when Luca Conroy shot past Behan at the beginning of stoppage time but the ball was adjudged to have gone wide earlier in the move and it was disallowed but the three in a row chasing county town weren't down for long with Ian Blackburne and Richie Ryan levelling up the game by the break.

The second half wasn't as chaotic to begin with anyway with Naas outscoring Maynooth 0-4 to 0-1 over the first quarter as O'Hehir x3 and Rian Monaghan from play pushed Naas ahead.

Maynooth replied via Cian Forde with another free and Kevin Dunne nearly doubled his goal tally but he had a shot well blocked.

That missed opportunity was keenly felt a couple of minutes later when sub Emmet Carroll who scored 1-10 in the curtain raiser Junior final emerged to get a goal in this game as well when he turned his marker before finishing and that enabled Naas to coast clear on a 2-10 to 1-8 scoreline.

Over the next few minutes Maynooth got back within arms length of Naas with points from Dunne, Tadhg Forde and Fergal Molloy but again just as Maynooth got close the winners went up a gear.

O'Hehir got his 8th point in the 52nd minute to end his scoring for the day and the game was done as a contest with five minutes left on the clock as Richie Ryan got a much-deserved goal.

Carroll added on two more points before the end and while Cian Forde knocked over a free for Maynooth it arrived much too late as Naas ran out six point winners.

**Naas:** Sean Burke; John McKeon, Rob Byrne, Niall Murphy, Ruairi Goodfellow, Diarmuid Greene, David Delahunty, Tommy Hennessy, Sean MacDonnacha, Eoin O'Hehir 0-8 (0-8fs), Ian Blackburne 0-1, Al Bergin, Rian Monaghan 1-1, Richie Ryan 1-1, Luca Conroy.

**Subs used:** Kevin Kelleher for Delahunty 21 mins, Emmet Carroll 1-2 for Conroy 40 mins, Liam Walsh

for O'Hehir 61 mins, Conor Nolan for Monaghan 61 mins.

**Maynooth:** Sean Behan; Graham Kenny 0-1, Joe Brennan, Conor Nolan, Matthew Doran, Ronan Dunne, Alan O'Brien, Fiachra Lohan, Michael Hogan, Matthew Melia 0-1, Mikey Gillick, Tadhg Forde 0-3, Kevin Dunne 1-1, Neil Delaney, Cian Forde 0-5 (0-4fs, 0-1 65).

**Subs used:** Fergal Molloy 0-2 for Delaney 36 mins, Harry Dunne for O'Brien 43 mins, Joe Millett for R. Dunne 47 mins, Philly Murphy for Melia 59 mins.

**Ref:** Conor Daly



Naas' Sean MacDonnacha breaks clear from the hold of Maynooth Kevin Dunne during the Haven Hire Intermediate Hurling Final 2019 played at St Conleths Park, Newbridge



Naas Rian Monaghan blocks down the clearance of Maynooth Fiachra Lohan during the Haven Hire Intermediate Hurling Final played at St Conleths Park, Newbridge

# Kildarepost SPORT



Hurling, Pages 68- 71

Racing,  
Page 64  
Tom Cross JFC,  
Robertstown v  
Ballymore  
Eustace,  
Page 67

Thursday , September 26, 2019

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## IFC semi-finals should throw up intriguing battles

By Robert Cribbin

**The first of the Pittman Traffic IFC last four ties sees Sallins and Leixlip pitted against each other in what is something of a surprise pairing.**

Leixlip in their first year at this level in many years are hoping to make an immediate return to the Senior ranks while Sallins are hoping to cause an upset.

Leixlip have breezed through this year's campaign so far and dealt with any challenges that have come their way. In truth, they haven't really been tested and they have rather comfortably beat the likes of Nursey and Straffan to get one step away from a Final.

This will be a major step up on anything the North Kildare side have faced so far and it will be interesting to see how they deal with it but the fact that they played in Division 1 this year is sure to be an advantage. Their opponents Sallins have been heavily road marked in comparison with three very competitive games against Allenwood.

They lost the original group game by a couple of points but in the last eight tie against the same opposition they were very competitive with a Luke Kelly stoppage time goal earning them a replay. Sallins with goals from Conor Herbert and Fergal Swan and a last gasp winner from Jack Sharkey really turned things up in the second game and they will go into the semi final with great confidence as a result of the 2-8 to 0-13 success over Allenwood.

They are a side that is heavily backed by the Minor B winning side of a couple of years ago where the likes of Cian Sharkey, Paul Farrelly, and David Foley are really coming to the fore. That youth is really pushing them

on but it indeed may prove to be their downfall as well with a more experienced Leixlip side brilliantly led by Tommy Moolick fancied to get the win but it will be close. Game commences at 2pm.

**Verdict: Leixlip**

**Clogherinkoe v Monasterevan**

The second game at Kildare HQ is a real mouth-watering affair with two fine teams coming together in Clogherinkoe and Monasterevan. Whoever comes through will be fancied to go all the way and both were pushed to the pin of their collar in the Quarter-Finals.

Clogherinkoe overturned a five point half-time deficit to overcome St Kevins while a Mark Kelly goal deep into injury time helped Monasterevan sucker punch Kilcock. Monasterevan have been the Championship favourites from the outset after making last years County Final and winning Division 3 in the League and with the likes of Pdraig Nash, DJ Earley, Paul Maloney and Ryan Bannon they are certainly stubborn opposition.

Incidentally, Kilcock were in the same group as Clogher and they beat them on both occasions by a point but they'll need to step it up on Saturday against a much vaunted Clogherinkoe outfit. The Cloughs have been knocking on the Intermediate door profusely for the last few seasons including when they were beaten by subsequent winners Raheens in 2017 after being ahead at the break.

As forward lines go this Clogherinkoe team takes a bit of beating with the likes of CeinMcMonagle, Mark Nolan and Jack Robinson all more than capable of scoring. Robinson like Nash on the



other side are two of the more exciting youngsters in Kildare currently and don't be surprised if it turns into a shootout between the two.

Some of the matchups will be fascinating as a result and whether Earley or John O'Toole will tackle Robinson or if Gavin Scanlon will take on Nash but how the two marquee forwards perform

will certainly contribute to the result.

It's a game that could really go either way and the winners will certainly take a hell of a beating in the Final but the Cloughs stock may be slightly higher and after a titanic struggle they can get over the line

**Verdict: Clogherinkoe**

Sallins Conor Herbert keeps tight hold of procession as Allenwood Daragh Malone close in during the Pittman Traffic Intermediate Football Championship quarter final replay.

**VENUE: St Conleths  
Park on Saturday 28  
September**