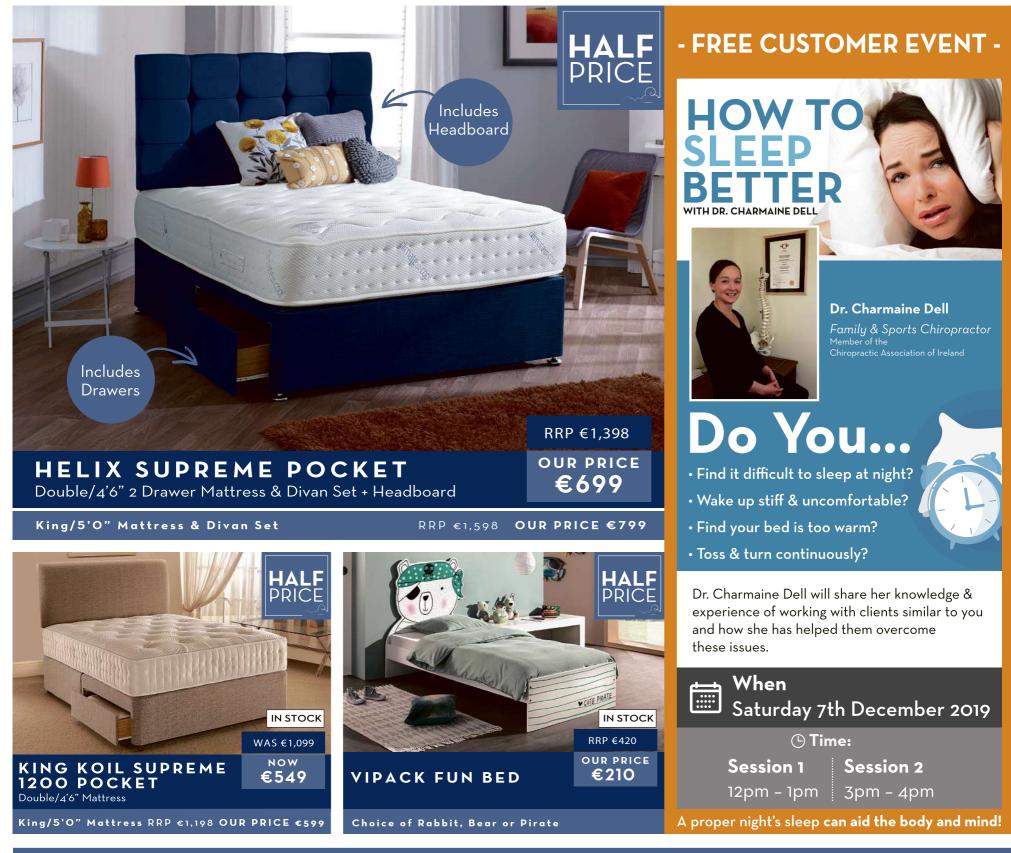




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AMBER Kilkenny gets Active for a worthy cause **P13**



Pat Moore remembered at charity's Tea Party P32 & 33



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Carol service with leading soprano at St Mary's Cathedral

MARY CODY

An uplifting and festive evening will take place at St Mary's Cathedral on Sunday, December 22.

Christmas carols will be performed in the stunning surrounds of the cathedral in what promises to be a magical night of song and music.

The popular carol service will take place at 7.30pm and is a free event and is open to all. As in previous years the combined choirs of St Mary's Cathedral and the Unity Singers will lead the congregation in a programme which will include some of the well known traditional carols.

For the second year in a row the choirs will be joined on the night by the Kilkenny Youth Orchestra under the direction of Philip Edmondson.

Kilkenny-born mezzo soprano, Tanya Sewell, will sing some of her favourite carols.

Tanya is a graduate of Trinity College and has been a recipient of multiple prizes in the Feis Ceoil. She has given recitals in the Mansion House, Dublin, in St. Anne's Church, Dawson Street, in the Bank of Ireland Arts Centre and in the John Field Room of the National Concert Hall. She has performed in the Castalia Hall, Ballytobin, Kilkenny, and also at the Kilkenny Arts Festival.

Tanya has been a soloist with many choral societies around the country performing works that include Handel's Messiah and Dixit Dominus, Mozart's Requiem, Mendelssohn's Elijah and St Paul, Bach's Magnificat, Easter Oratorio and St John Passion and Beethoven's Mass in C and Choral Fantasia. Her performance with the Guinness Choir in Bach's B Minor Mass received critical acclaim.

YOUTH ORCHESTRA

For the second year in succession the choirs will be joined on the night by the Kilkenny Youth Orchestra under the direction of Philip Edmondson.

The carol service, which has been held for almost 30 years, has always attracted large crowds to the cathedral on the night.

The congregation will be encouraged to join with the choirs and orchestra in singing some of their favourite carols. The night is always a highly enjoyable occasion and will help set the mood for the Christmas festivities.

Admission is free and there will be a collection for the upkeep of the cathedral.



Lights! Climate! Action!

Muireann Greene leads the chanting at the climate action protest. The protest saw students from all over Kilkenny march from the Tholsel to the Parade to raise awareness of climate change **PICTURE CHRISTOPHER DUNNE**

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Silent disco at the Medieval Mile Museum

MARY CODY

A silent disco will take place in one of Kilkenny's most unique and ancient spaces later this month.

Revellers will have the unique opportunity to enjoy the Architecture of Sound inside the former 13th Century church turned award-winning museum later this month.

Described as an "immersive sound experience", Architecture of Sound will see attendees given a set of individual headphones to participate in the first such event of its kind in a heritage building in Kilkenny.

The two gigs will be delivered by Seems Legit, run by Kilkenny DJ Eddie Galavan, alongside special guests on the night who are promising "modern electro with medieval instrumentation in response to the unique architecture of the 13th century building."

A record collector of 20 years, Eddie has gigged nationally and in Europe. In the last few years he has run parties in Central Arts, Waterford with the likes of John Heckle, Prosumer, Ikeaboy, Myler, Cailin, Lee Holman, TR One, DJ Wool



and Lee Kelly as well as playing his own gigs in London, Amsterdam, Berlin and Liverpool.

While the idea may seem unusual to some, Medieval Mile Museum – which took the Culture Heritage & Tourism Award at the recent Kilkenny Business Awards - is following in the footsteps of London's Natural History Museum, Newcastle's Great North Museum, Birmingham Museum and Art Gallery and Museum of Contemporary Art (MOCA) who have all hosted silent discos inside their revered spaces in a move to provide greater accessibility to the public.

While the idea may seem unusual to some, the Medieval Mile Museum is following in the footsteps of many iconic building across Europe who have all hosted silent discos in a move to provide greater accessibility to the public.

"In the last couple of years we've been consciously opening up the museum to the public through a programme of events that includes family-friendly exhibitions, dining events, LEGO hunts, torchlight tours and now a silent disco," said Anne Marie Hallinan, Business Development Director for Kilkenny Civic Trust.

"The Medieval Mile Museum is designed to enrich the cultural life of Kilkenny city and we hope Architecture of Sound will be as well received in Kilkenny as other contemporary music events have been in other cultural spaces around the world."

The alcohol-free event will take place on December 13 and 14 from 9pm to 11pm. Entry is €15.

For bookings see www.medievalmilemuseum.ie





National Wedding

Langton House Hotel, the jewel in Kilkenny's medieval crown, is now Ireland's top wedding venue.

The four-star hotel, which is situated on the city's vibrant John Street in Kilkenny City centre, has scooped the title of Top Rated Venue in the 2019 Wedding Dates awards. hotel has four venues to choose from - Langtons Ballroom, Set Theatre, Harry's Bar and the Garden Room.

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Kilkenny Santa Run

The ninth annual Kilkenny Santa Run will take place in Kilkenny Castle Park on Sunday, December 15 at 11am. Registration from 9.30am in the Left Bank. There is a 2km race

and a 5km race and a dog and owner race also. All proceeds to ISPCC. Entry fee is €10 for adults, €5 for children, family entry is €20.

Lions Club Concert

Kilkenny Lions Club will hold their annual Christmas Concert in St Canice's Cathedral on Thursday, December 12 starting at 7.30pm.

The stars of the show are the many schoolchildren from around the city who represent their schools by singing in the choir or playing in their bands. All funds raised will help local causes.

Larkin in Book Centre

One of Ireland's most successful hurlers, Eoin Larkin will sign copies of his autobography, Camouflage, in The Book Centre, High Street, Kilkenny on Saturday from 12 noon. The holder of eight

All-Ireland senior medals and a handful of All Stars, he has been a great servant to James Stephens.



Concert this Sunday

The Kilkenny Choir will perform its annual Christmas concert this Sunday, December 8. The event will take place in St John's Church, Kilkenny City, from 4.30pm.

The group will be performing works by Vivaldi,



Lauridsen, and Praetorius/ Sandsrom. All , welcome €15/10.

10



Charity Single

Mickey Joe Harte and fellow Donegal singer Rory Gallagher have recorded a Christmas charity song to

McVerry Trust. The song will be on sale from Friday, December 6.

raise funds for

the Peter

erm 48 monthly payments of €394. APR 2.01%. Total cost of credit €493 inc fees of €75. Offer is made under a hire purc APR hire purchase agreement with Renault Bank of €18,500 over 48 months versus a fixed interest rate personal loan of €18 µlt.ie **(Warning: You will not own these goods until the final payment is made).** Renault Bank is a trading name of RCI Bar



Christmas Castle fair



A Christmas Fair will take place at Clomantagh Castle on Saturday, December 7 from 10.30am.

Quality local crafts, festive atmosphere, charity raffle, homemade Christmas cake and much more to be had! Santa Claus will also

be in the medieval tower from 2.30pm. All are welcome to

come along and enjoy.



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Paul and his team would like to wish their customers a Happy Christmas. For more see the listings on pages 46 and 47.





Pupils from Castlecomer Presentation Primary School on stage at the launch of the Kilkenny Music Generation Programme PICTURE: MICHAEL BROPH

New music education programme launches

SAM MATTHEWS

A new music programme for Kilkenny was officially launched at a special event in the Springhill Court Hotel, featuring music and song from primary school students last week

Music Generation is Ireland's national music education programme, initiated by Music Network and co-funded by U2, The Ireland Funds, the Department of Education and Skills and Local Music Education Partnerships. The programme seeks to transform the

lives of children and young people ages 0-18 by creating access to high quality, affordable music tuition in their localities.

Music Generation Kilkenny commenced its first singing programmes in primary schools in Castlecomer and Thomastown in September this year, with further expansion to follow in January 2020. As part of these programmes, full class groups already enjoy the opportunity to engage in inclusive, creative music-making experiences with skilled professional musician educators.

Last week's launch was attended

by the Mayor of Kilkenny Martin Brett, Eileen Curtis, Chief Executive of Kilkenny and Carlow Education and Training Board (KCETB), which leads the Music Generation programme for County Kilkenny, Chairman of KCETB and Cathaoirleach of Kilkenny County Council Peter Cleere, councillors, and Rosaleen Molloy, National Director of Music Generation.

"I am inspired by the richness in music making by these young people. It brings joy, fun, creativity, confidence, teamwork, dedication -there is no greater gift than musical possibility," said Ms Molloy.

Joy for local groups at Pride of Place awards

Ballyhale

SAM MATTHEWS

Kilmacow Pride of Place Group and Development Association were honoured at the All-Ireland 2019 Pride of Place Awards held in Lyrath Estate Hotel on Saturday night. The village took stop spot in the Community

Commu. Wellbeing car `a Ballyhale in t category, came runners-up in the Best Village category with a population up to 300 people.

Around 00 from representatives counties across Ireland gathered in the Lyrath Estate Hotel for the awards.

Sponsored by IPB, the Pride of Place competition was initiated 18 years ago to celebrate the work done by people and those involved in local community

development. It has grown into the largest

competition recognising community development achievements on the island of Ireland.

Final lunchtime talk takes place on Friday in St Canice's

The fourth and final talk from this years series of 'October Talks In November' will take place on Friday at 1pm.

Cathedral conservation consultant Frank Keohane, will give his talk on 'Sir Thomas Deane's 1860s restoration of the cathedral' in the cathedral library. Frank is a chartered building surveyor and architectural historian who has specialised in the surveying, recording, repair, refurbishment and conservation of historic buildings in Ireland for the last 20 years.

Previously an associate at Paul Arnold Architects, a prominent RIAI Grade 1 Conservation Architecture Practice, his extensive experience includes the inspection, repair and refurbishment of town and country houses, commercial and public buildings and churches. He is a member of the Society of Chartered Surveyors Ireland (SCSI) and Royal Institute of Chartered Surveyors (RICS).

This 1pm talk costs €5 and that includes a light lunch afterwards.

Opening hours: Monday-Friday: 8am-7pm Saturday 9am -6pm



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with Siobhan Donohoe Out and about with the Reporter's ambassador

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Kilkenny serves up a Taste of the Island

ilkenny Design Centre, treated us to an evening of 'Taste the Island' in their award-winning Anocht restaurant in association with Failte Ireland.

'Taste the Island' is all about encouraging people to utilise the wonderful food and drink produce available in Ireland and support their local communities.

It was lovely to meet Marian O'Gorman, CEO Kilkenny Group, her husband Michael and her daughter Michelle who is Head of Retail at the Kilkenny Group.

Listening to Marian O'Gorman talk about buying Irish and shopping local was inspiring. She has worked from the age of 16, when she started selling Aran sweaters and Irish souvenirs to tourists from a thatch cottage at the side of the road in Blarney alongside my father Christy Kelleher.

Today Marian O'Gorman is CEO of the Kilkenny Group. Last year, the Kilkenny Group acquired the Kilkenny Design Centre when the fabulous Kathleen Moran retired.

Marian spoke passionately on the night about the power of supporting Irish and shopping local. She told her guests that ε_5 billion is spent on line, with 70% of that going out of the country, she added "we need to think about our children because they are going to come into towns and villages someday and there will be no shops." She finished by saying "a little more spent on Irish goods can only be good for the economy." **LOCAL PRODUCE**

The 'Taste of Island' bespoke menu produced by head chef Rory Nolan was full of local Kilkenny produce, with each producers on hand to tell us about their love of growing nutritious Kilkenny food.

The first course of Riversfield Organic Farm was baby leek, mushroom with cured egg yolk and truffle and served with Smithwick's Blonde. Goatsbridge trout with traditional Kilkenny Draught was the second pairing of the night.

The third course of braised top rib of Kilkenny prime Hereford beef, from Kenna's Butcher, Riversfield Organic Farm, buttermilk potato, savoy cabbage with onion and beef sauce and was accompanied by Smithwick's Original.

Have I made you hungry yet?! To finish, a bitter chocolate tart with passion fruit and cocoa nib was served alongside Guinness Draught.

Well known Kilkenny chef Anne Neary of Ryeland House Cookery School was on hand as MC. She did a fabulous job with her knowledge of the Kilkenny food on offer.



Marian O'Gorman, CEO Kilkenny Group and Siobhan Donohoe at the Taste the Island event in Kilkenny Design Centre PICTURES: DYLAN VAUGHAN





ABOVE: Kathleen Moran and Leo Fonseca, Kilkenny Design Centre

LEFT: Helen and Michael Kenna, Food Producer Kenna's Family Butchers at Taste the Island in Anocht Restaurant



HERO OF The Week



Seamus Nugent

Seamus Nugent from Kilkenny Recreation & Sports Partnership really deserves this week's Hero of the Week.

Seamus organised the most amazing Medieval Mile Run on Friday evening through our medieval city.

There's something special about running in the dark with Santa hats on this time of year.

Just over 1,000 people took part in the third year of this magical run. It was so well organised and enjoyable with proceeds going to Pieta House.

Hats off to Seamus, Yulfest and all the team.



Anne Neary and Marian O'Gorman

SOCIAL SCENE



Festive fare from Friends of Cois Nore

The annual Friends of Cois Nore Lunch proved to be a mouth-watering success at Zuni Restaurant.

The annual lunch was another great success and enjoyed by all who attended. Cois Nore would like to extend a special thanks to Paul, Shane and all the team at Zuni Restaurant for organising such a fabulous lunch. Frances Walsh from the Honest Project was honoured on the day. This lunch would not take place with this lady driving it forward from the very start.

Funds raised at the lunch go to Cois Nore Cancer Support Centre in Walkin Street in the heart of Kilkenny city. Cois Nore provides compassionate, practical and emotional support for local people and their families who are dealing with the challenges of a cancer diagnosis. All services provided at the Centre are free of charge.

"We are most grateful to everyone who attended the lunch for their ongoing support of Cois Nore," said Dee Hennessy, Manager of Cois Nore.



LEFT: Cois Nore Committee Members at the Christmas Lunch

ABOVE: Shirley and Gail Johnston

BELOW: Mags Bowen and Siobhan Donohoe





Supporting Amber Women's Refugee – Kellie Mullan, Manager of Kilkenny Active Club; Mary Slattery, Yoga Instructor; Siobhan Donohoe and Sonia Coady, Fitness Instructor at Kilkenny Active Club in Hotel Kilkenny

Yoga Zen for Amber

I jumped onto my yoga mat on Saturday for Amber Women's Refuge '16 days of activism 2019', in Kilkenny Active Team of Hotel Kilkenny. The fitness team there

The fitness team there have been pushing to meet various challenges over 16 days to help raise awareness about violence against women.

Mary Slattery, yoga instructor brought us through some gentle breathing exercises, which I think we can all take note from at this busy time of year. **BALANCE**

Mary explained how the body benefits from stillness while it also benefits from movement. Yoga is about finding the balance. So let's keep

supporting each other #ViolenceAgainstWomen #SupportingWomen #HaveEachOthersBacks #Yoga #Wellbeing.



We go the Mile for Medieval challenge!

A few of us from the newsroom laced up our running shoes for Friday night's Medieval Mile run.

I have to admit when I signed up for it, I had a bit of a blonde moment (I can say that because I am blonde!). I thought I was running 1km, until I realised 1 mile is in fact 1.61km!! **FIRST ATTEMPT**

However it wasn't bad

for my first attempt, coming in just over 10 minutes. While Trevor Spillane, our Production Editor came in at the fast time of 6 minutes 53 seconds. Not bad since Rory Morrissey - the winner's time was 4 minutes and 49 seconds. I actually sound like I've caught the running bug! Here's to beating Trevor someday!





Cois Nore helping families

SIOBHAN DONOHOE

siobhan.donohoe@i

The facilities in Cois Nore are available not just for people with a cancer diagnosis, but also for anyone who is affected with the diagnosis, such as children, parents, spouses and siblings. At Cois Nore they offer many important services for families, including the CLIMB programme and Writing For The Future. CLIMB stands for 'Children's Lives include Moments of Bravery'. This programme is for children between the ages of 6 and 11 who are experiencing the impact of a parent or other significant adult's cancer diagnosis. Majella O'Neill and Mary Leahy are the two facilitators of the programme which they run once or twice yearly depending on demand. The Writing For The Future Project facilitates young parents who are terminally ill the opportunity to create a printed memory book which documents the key life events of the parent, their work, travels, hobbies and likes. The book especially documents the lives of their children, fun times, holidays and special memories. with lots of photos included. It gives the parent the opportunity to put in writing their love for their children and their wishes for their children going forward.

For further information call into Cois Nore Cancer Support Centre on 8 Walkin Street, Kilkenny, call them on 056-7752222 or visit www.coisnore.ie



Dee Murphy, Lisa Fitzgerald, Roisin Gilroy, Mary Fennelly and Dee Hennessey



Tim Kiely and Siobhan Donohoe



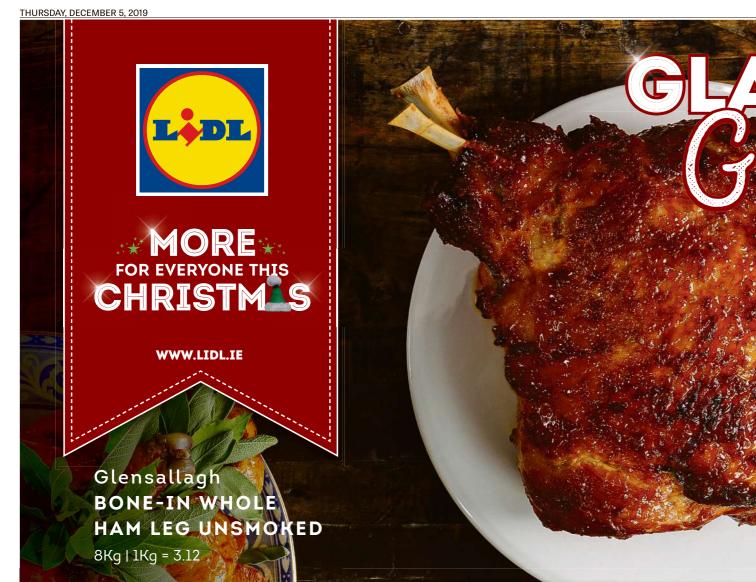
Mayor Martin Brett, Siobhan Donohoe and Martin Rafter



Siobhan Donohoe, Liam Hickey, Ita Ward and Gráinne Lahart at the Cois Nore lunch in Zuni



Siobhan Donohoe and Mary Leahy at the Cois Nore lunch



I'M NEW

THE KILKENNY REPORTER



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Caothaoirleach Peter Chap Cleere, Garda Andy Neill, Tom Kelly, Bobbie Webster, Paul Deegan, Molly and Tom Trait, Davy Ryan and Family, Carl Parker, Margaret Raggett and Sean Manicle at Kilkenny Castle for the Launch of the Threecastles GAA Tractor Run Launch "Plough through Kilkenny" in aid of Down Syndrome Ireland PICTURE: HARRY REID

Streets to be thronged for Drive Thru City

A parade of Christmas themed tractors, trucks and vintage cars will go through Kilkenny City on Sunday. As part of Yulefest, and the

As part or vulerest, and the Christmas season, the vehicles will be decorated with Christmas lights of all shapes and colours. There is a competition for the

entrants (with a significant cash

prize) judged to be the brightest, best dressed, Christmas themed vehicle. The event is being organised by Threecastles GAA Club with Down Syndrome Ireland (DSI) Kilkenny Branch as their charity partners.

Registration takes place in Daltons, Chancellors Mills, Talbots Inch, Freshford Road from 2pm. Entry fee is €20. The cavalcade will leave there at 3.30pm and head into Kilkenny via The Ballyragget Road and on to the Ring Road.

It will go over St. Francis' Bridge and on into the city. Once the "Run" arrives in the city the route goes through Irishtown, on to High Street, down Rose Inn Street and up John Street. It is a fantastic opportunity for owners to show off their vehicle.

Get into the city early to get a good viewing place. The Kilkenny Branch of Down Syndrome Ireland (DSI) is a voluntary parent run organisation, providing access to a range of different supports and activities. All funds raised go directly towards funding them.

Successful Kilkenny Jobs Club to close in city

SEAN KEANE

The Fr McGrath Family Resource Centre (FRC) will not re-apply for a contract to run the very successful Kilkenny Job Club on the city's Friary Street from the end of the year.

The project, which supports job seekers, has been managed by the FRC since 2011 under contract to the Dept of Employment Affairs and Social Protection.

Kilkenny Job Club operates on Friary Street, Kilkenny and has funding for two full time staff positions.

Stephen Murphy, Director of Services at the Fr McGrath FRC said he was aware the service had played a pivotal role in assisting many hundreds of people to secure employment within the county and wider region since the FRC's involvement in 2011.

"However, due to a strategic review of our core mission and reading the tea leaves on government policy on contracted employment services, we have decided to call time on our involvement, to focus on our core work with children and families who experience social challenges," he said.

Mr Murphy and chairperson, Mike Kelly, paid tribute to the Job Club staff and volunteers for their unswerving commitment to supporting clients into employment. "We all know that being unemployed can be a

very lonely experience in a very challenging time of our life," Mr Kelly said.

"I know from meeting people who have used Job Club services and training that they were made feel welcome, were treated with dignity and respect and knew they were not alone in their search for work," he said.

In expanding on the decision to discontinue their role with the Job Club, Stephen Murphy explained that over the years the FRC supported the club and employed the core funded staff and that as a result, the voluntary board of the Fr McGrath FRC had accrued a redundancy liability of €14,000.

"Our voluntary management Board find it deeply disappointing that the Department accepts no responsibility for this," he said.

"This is a very significant amount of money for our organisation and is one of the issues that, unfortunately, forced our hand as running for a further year would just have added to that obligation."

Mr Murphy said the absence of any cost of living pay increase over eight years for staff was also a major factor in their decision to not tender.



The Jobs Club on Friary Street, Kilkrnny

Great news for Glanbia on two fronts

Planning authorities have granted approval to Glanbia Ireland and Royal A-ware to build a ϵ_{140} million continental cheese facility in Belview, Co Kilkenny.

Glanbia Ireland has welcomed the latest phase of the planning process. Kilkenny County Council approved the plan to build the continental cheese manufacturing facility which will create approximately 80 full-time jobs. The facility is scheduled for commissioning in 2022.

The facility is a joint venture between Glanbia Ireland and a leading global cheese and dairy producer in The Netherlands.

Kilkenny County Council has also granted approval to Glanbia Ireland to extend their Research and Development capabilities at Ballyragget.

This December, only at The Watershed...



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Sign up today so you can enjoy a swim with your family over Christmas!

THURSDAY, DECEMBER 5, 2019

Kilkenny School Project dreaming of a Green Christmas Fayre

The Kilkenny School Project (KSP) of Springfield, has put on its festive best as it gets ready for its annual Christmas Fayre.

The Fayre, which will be held on Sunday from 12 noon to 2pm, is one of the many ways in which the school celebrates the children who make up the student body, with arts, crafts and games and it is an important fund-raising event for the school.

Organised by the Parent Teacher Association, the bustling event will see a range of activities to entertain and delight the whole family including delicious handmade cakes, hot and cold food, a nearly-new stall, books, a children's craft room, games room plus movies and pop-corn. There will be the chance to enjoy a cup of tea and a festive treat in the Café or pay a visit with Santa. People will also have the chance to win a bike from South East Cycling Safety in the penalty shoot-out, which is among the highlights.

A LETTER FROM FIFTH CLASS

The PTA received a letter from fifth class of the KSP ahead of the Christmas Fayre asking the committee to consider banning single use plastic for the Christmas Fayre.

"By cutting out plastic we will help the environment, reduce waste and show a good example," the impassioned letter explained. "Here in this Green School we can show the way to everybody of how we can have lots of fun without plastic.



Inspired by the students, the PTA have pledged to make the 2019 Fayre its greenest event yet with a number of initiatives taken to reuse items and reduce waste. The committee has invested in reusable beakers, taken measured to reduce packaging Pictured at the Kilkenny School Project in the lead up to its Christmas Fayre were Ryan Yalnazov (9), Tiger Kazzaz (9) and Daran Yalnazov (12). All are welcome to a fun-filled family afternoon at the School, which runs from 12 noon until 2pm this Sunday

throughout the Fayre, sourced its items for sale and prizes within the local community, the crafts offered will be largely from up-cycled materials and it has banned the use of single use plastic, with the exception of food packaging. WHEEL OF FORTUNE

The Fayre also has a Wheel of Fortune and Raffle. Top-prizes include a 16" Lenovo Tablet, a Nicholas Mosse bowl, dining voucher for Rinuccini, Afternoon Tea at Newpark Hotel, Tassimo Coffee maker courtesy of DID Electrical and many more vouchers, local craft and hampers kindly donated by local businesses. All the money raised by the Fayre goes towards the education of the children.

All are welcome to come along and enjoy the KSP School Fayre and to enjoy the fun and games, activities and chance their luck in the raffle. The café will serve tea, coffee a selection of sandwiches and scrumptious handmade treats.

For more see Kilkenny School Project PTA on Facebook.





'Tis the Season...

As seen on Ireland AM & Xposé. Warm wools, sumptuous suede and luxurious leathers are all taking centre stage this season. Clothing, footwear & accessories, all from Red Mills in Kilkenny. Shop online at www.redmillsstore.ie







Leather boots, €399, Pure wool coat, €399

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Festive shoppers waste food worth €1m

MARY CODY

A new independent survey from Aldi has found that Irish shoppers waste 50% more food during Christmas week than compared to the

rest of the year. Households in Kilkenny throw out €1m worth of food each year, peaking at Christmas when time, households waste half as much again - the equivalent of thousands of Christmas dinners.

shoppers Despite reporting an increased propensity to help charities during the festive season (with 69% responding that they were more likely to give to charity at Christmas), only 21% of those surveyed donated excess Christmas food to those in need last

year. The news comes as supermarket Aldi launches its Food For Good campaign with FoodCloud, whereby customers can purchase and

leave food donations in their local store, so that it can be distributed to local charities. The campaign has seen

Aldi stores pair with partnered charities who visit their local Aldi store to pick up donated food dailv for the duration of

the campaign. The

charity in Kilkenny that will benefit is the Kilkenny Community Church. The following

non-perishable items are requested as donations to the 'Food For Good' Christmas Campaign:

- Tea Bags Instant Coffee
- Biscuits
- Sugar
- Breakfast Cereals
- Tinned Goods
- Pasta and Pasta Sauces
- Jam
- Rice and Rice Pudding Soft Drinks
- Sweet Treats
- Selection Boxes
- Christmas Cake
- Christmas Pudding Crackers

er Gallery Bene

Pictured at the first annual Butler Christmas Benefit Party & Auction were Caroline Sutherland and Suzanna Crampton. The event, which was held in Kilkenny Castle, raised more than €35,000 for the completion of the development of Evans' Home where Butler Gallery is taking up permanent residence in spring 2020. See pages 36 & 37 for more pictures from the event PICTURE DYLAN VAUGHAN

Kilkenny companies attend Tourism Ireland marketing launch

MARY CODY rkleaderie

Tourism Ireland has launched details of its new three-year strategy for 2020-2022 and its marketing plans to promote the island of Ireland overseas next year, at an event attended by Tourism Minister Brendan Griffin and around 500 tourism industry leaders from around the country - including Hotel Kilkenny and Jerpoint Park.

The aim is to grow overseas tourism revenue to $\notin 6.54$ billion (+13%) and visitor numbers to 12 million (+7%), by 2022.

The 2020-2022 strategy has been designed to be both flexible and sustainable - while delivering further growth in overseas tourism and supporting the industry across Ireland.

Tourism Ireland aims to spread the benefits of tourism more broadly across Ireland on a year-round basis and to address the issues of capacity, to ensure the visitor experience continues to be world-class. The new strategy is built on set of sustainable destination

marketing principles. Phase two of Tourism Ireland's global campaign – 'Fill Your Heart With Ireland' – was revealed at the launch. As in phase one of the campaign, the new ad features less visited attractions and locations (including Trim Castle, Waterford Greenway, EPIC - the Irish Emigration Museum and Rathlin Island). From January 2020, the 'Fill Your Heart With Ireland' campaign will be rolled out in over 20 markets around the globe.

The period 2020-2022 will see

Tourism Ireland transform its digital platforms and re-develop its entire suite of Ireland.com websites - which attracted more than 23 million visits this year - to ensure its digital marketing continues to be 'best in class' in the 2020s.

2019 has been a very mixed experience for Irish tourism, with weaker demand and the continued uncertainty around Brexit giving rise to consumer concern in Britain and some Mainland European markets. There's also been a deterioration in air access capacity this year. Latest estimates indicate that, by year end, revenue generated by international visitors will be around €5.78 billion (-1.4% on last year), with some 11.17 million people having visited the island of Ireland (0%).



Fiona Nugent, Tourism Ireland; and Joe O'Connell, Jerpoint Park. at the launch



EARING

BLACKBERRY

We've gone mad for Christmas!!

THE LARGEST IRISH OWNED PROVIDER OF HEARING AIDS!



Over 65s get a €25 One4All voucher when they come in for a **FREE** Hearing Test with Blackberry Hearing.

Clinics in every county!

Get your hearing checked by a qualified audiologist in a local clinic. Call our friendly Irish team today on **01 6978470** to book a test!

Terms & Conditions: Offer applies to New Customers Only. Limited to 1 Voucher per Customer. Bookings to be made before December 31st 2019.

Modern hearing aids change people's lives yet only 1 in 7 people with hearing loss wear them!

According to the World Health Organization correcting hearing loss may be the single biggest contribution to positive mental health in the over 60s.

Startling statistics!

Blackberry Hearing was established in 2015 by Dave Gleeson and John Ryan to address the issues around people not acting on their hearing loss. These have been identified as

- The long finger syndrome- or putting it off for too long!
- Expense Typically up to 40% less than other longer established providers
- Transparency How to go about checking it out!
- Quality and customer care Ensuring people get the most out of their hearing aids

By addressing these concerns, Blackberry Hearing has quickly become the country's largest Irish owned provider of quality hearing aids. The company employs BSc and MSc qualified audiologists and combines that with the latest technology hearing aids at much more affordable prices. Hundreds of Blackberry Hearing customers have left comments on Facebook commenting on the difference their Blackberry Hearing solution has made to their lives! These may be seen on Blackberry Hearing's website.

With over 50 clinics nationwide there will be one close to you. If you are concerned about you or a loved one missing out on life due to hearing loss simply call us at **01-6978470** and we will outline your options.

One of hundreds of customer comments below:

We also have a special Christmas offer on accessories such as a TV streamer with a pair of our Widex Evoke 440 model or a remote control with a pair of our Unique Widex 440s.

Blackberry Hearing has been chosen by the Irish Men's Shed Association and the ICA as their preferred hearing aid provider !

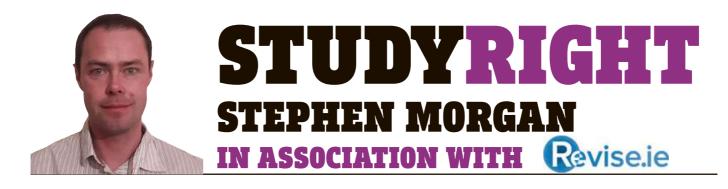
Modern Hearing aids properly programmed change people's lives, not just for those wearing them, but for friends and family too!



"Blackberry Hearing are amazing. I contacted them over 12 months ago. I eventually made the decision to get my hearing aids 3 weeks ago and am thrilled with them. They are a super company to deal with. Aftercare service is outstanding. Thank you for making my life so much better.

More Validated testimonials may be viewed at www.blackberryhearing.com/testimonials

EDUCATION



Don't get shaken up by earthquakes and volcanos

he Leaving Cert Geography course by its very natures is broad in content and depth and can be a daunting exam for students.

This week we are looking at monitoring and predicting earthquakes and volcanoes.

This is a part of the course that is topical in that there have been numerous eruptions and earthquakes around the world in recent years.

The list below gives a quick guideline to how common the topic or earthquakes and volcanoes are on the leaving cert.

The area I will look at this week is the monitoring & prediction of earthquakes. This last appeared for earthquakes in 2017 and for both in 2013.

* Structure of earthquakes: 2016 – Q2A; 2012 - Q2A; 2010 – Q3A
* Impacts of earthquakes: Has not come up between 2009 and 2019
* Monioring/Predicting Earthquakes: Q3C - 2017; 2013 – Q3C
* Tectonic cycle & Earthquake distribution: 2017 – Q2C; 2012 – Q1C
* Volcanic landforms: 2017 – Q1B
Effects of volcanoes: 2018 – Q1C; 2011 – 01B

* Tectonic cycle & volcano distribution: Q2C – 2017 * Volcano structure/parts: 2013 – Q3A;

2011 – Q3A * Monitoring/predicting volcanoes:

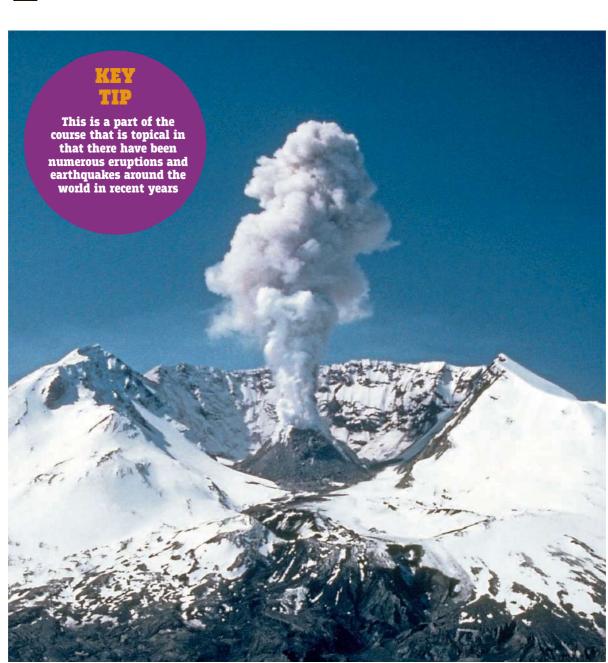
2013 – Q3C

To complete a 30mark question students have roughly between 12-15 minutes max to write an essay on this topic. To see notes on any of the topics in the tables above log onto REVISE.ie.

In 2017 Q3C the question asked; examine how the occurrence of seismic activity can be predicted and its effects reduced.

The marking scheme for this question was as follows;

Reference to prediction of earthquakes X 1 SRP – This means students will pick up 1 significant relevant points (SRP) for mentioning or referring to two methods of earthquake predictions like forecasts or animal behaviour. A second reference will pick up an additional SRP.



Reference to reducing earthquake impacts x 1 SRP – Again students will pick up 1 (SRP) for mentioning or referring to two methods used to reduce damage like sirens, warning on phone apps, shock absorbers or cross bracing of buildings. A second reference will pick up an additional SRP.

Explanation x 13 SRP– If students refer to two methods of prediction and two methods of damage reduction then students will need to give 11 SRPs.

Credit earthquake occurrence x1

SRP - If students briefly explain how/why earthquakes happen then its work 1 further SRP.

Labelled diagram x 1 SRP – It must be labelled and must be relevant in order to gain marks. Maximum of 7 SRPs if one

Maximum of 7 SRPs if one prediction or impacts discussed – if students only discuss one of the names areas then the most marks they can gain is 7 SRPs.

Take broad interpretation of prediction and impact reduction. To see a sample essay for this

To see a sample essay for this question log onto REVISE.ie and

subscribe.

TYPES OF SEISMIC WAVES

Earthquakes release different types of seismic waves. The first to arrive are Primary waves. The P waves are not detected by humans but can be felt by seismographs. This can allow for a 10-15 second warning period that an earthquake is about to hit. Surface waves are the seismic waves that moves the earth's surface over and back and up and down.

PREDICTING EARTHQUAKES

Scientists can forecast a quake but they cannot know exactly when or where a quake will take place. People who study earthquakes are called seismologists. These forecasts are based on finding a seismic gap. Stress is building here therefore these gaps are more likely to experience an earthquake in the future.

MONITORING AN EARTHQUAKE: HOW A SEISMOGRAPH WORKS

A seismograph is an instrument used to record an earthquake. It consists of a pen attached to a weight. The drum is firmly attached to the ground. 3 seismographs are needed to get full measurements. Most modern seismographs are electronic. A Richter scale is used to measure the magnitude or strength of an earthquake. There are 9 steps on this scale. The Mercalli Scale is useful in poorer countries to judge the level of destruction or if there is no reading from seismographs. The Moment Magnitude scale (MMS) has replaced the Richter scale. It was developed in the 1970's. Modern, sensitive seismometers mean a new scale was needed to measure waves.

REDUCING DAMAGE

When earthquakes happen it is important to try and reduce the damage caused. Building regulations in developed countries have been greatly improved to this end with improvements such as: Stepped profile offers greater stability, Steel frame, with bars bolted together & shutters come down over windows to prevent pedestrians being showered with glass. However in less developed countries these regulations are either not enforced or not in existence at all.

If you would like notes with further detail on this topic or indeed on any of the other topics listed in the tables above, log & subscribe to REVISE.ie to access samples essays, flashcards, video tutorials & notes on the topics listed here. Other topics such as Isostasy, Folding/Faulting & landform development can all be found on REVISE.ie

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YOUR MONEY



Making Cents LIAM CROKE The Must-Read Guide To Saving Money

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How to set 'fire' to your finances and retire early

Did you know, if you save 5% of your annual income, you will have to work for the next 66 years before you've saved enough money to allow you stop working?

Did you know, if you saved 65% of your annual income each year for the next 10, you could retire from work permanently?

There are those who know exactly that, and who save those amounts and are part of a community known as FIRE i.e. Financial Independence Retire Early.

The basic premise behind the concept is, achieving a state where you have enough resources to live off, that allow you to stop working, if that's what you choose to do.

The amount of money you've saved, is enough to meet your outgoings and you don't therefore have to rely on traditional sources of income any more i.e. earned income from employment.

People who buy into this concept, adopt a seriously frugal lifestyle so they can retire in their 30s, 40s and 50s, and they do so for a number of reasons i.e. they want to travel, pursue different projects, be active when they're physically able to etc.

There are lots of reasons why someone would like to achieve FIRE, and too many to mention here, but the most popular reason I've discovered is people don't like that daily grind of work and all the hours it takes from them.

Any FIRE enthusiast will tell you, the key to success isn't earning more although it helps - the critical ingredient to achieving that state of FIRE is spending as little of your income as possible - that's the big sacrifice that's required. The lower their expenses, the more they can save and invest, the quicker it will grow and the faster they can reach financial independence. And most people pursuing FIRE focus on "the big three": housing, transportation (inclusive of loan repayments) and food.

So, how do you figure out what your FIRE number is?

You have to do some number crunching.

The key multiple that you need to focus on is 25 times the amount you'll spend each year. Once you've got that, and you withdraw 4% per year, you should never run out of money.

So, if you think you'll need €2,500 per month, then you need to accumulate a fund of €750,000.

But maybe you continue to work, and you earn €1,200 per month, now your target fund becomes €390,000.



You mightn't go from saving 5% of your salary to 50% overnight, but an initial target of 20% is doable

There isn't a one-size-fits all number with FIRE either.

There is a Lean FIRE where the individual lives on a very small amount each year, typically less than €35,000. And there are the Barista FIREs who are not quite there in the savings department but need a part time job to make ends meet, and then there are the Fat FIRE's who aim to accrue enough savings to generate an annual income in excess of €90,000.

Regardless of what category, they fit into, the key to why they achieve FIRE is because they are very disciplined, and goal-orientated. They don't focus on what they have to sacrifice right now i.e. less holidays, less eating out, driving an old car etc. Instead, they get focused on the outcome and the positive things the sacrifices they are making now will give them in the future.

There's no doubt that if you want to save 50% or 60% of your salary, the idea of cutting back on expenses will seem a big, if not impossible task. Depending on where you live, whether you have rent or mortgage repayments, how much you earn etc. will influence how much you can save, and it mightn't be very much and nowhere near what's required.

So maybe you're not and never will be a member of the FIRE club, because you don't meet their membership criteria, but there are other clubs you could be a member of, and they'll let you in, and maybe the name of the club is Fire...ish

One of the conditions of entry into this club, is you have to look at reducing

The key to why they achieve FIRE is they are very disciplined, and goalorientated

Prior to Jeff Bezos' €38bn settlement with wife Mackenzie. the costliest known divorce took place in 1999, when art dealer Alec Wildenstein divorced his wife of 21 years, Jocelyn. She was awarded a lump sum of \$2.5 billion along with \$100 million every year for the following 13, making a total payment of \$3.8 billion.

your expenses and save more each month. And you're also going to always avoid high interest debt.

And while membership doesn't state you have to watch every cent you spend each month, you need to have an idea of what you're spending your money on because you need to be able to identify where you can find those extra euros that can be applied to savings.

I think the chances are good you'll find expenses that can be classified as low hanging fruit i.e. you can reduce that particular expenditure very easily without it having much impact on your quality of life. And start with your largest expenditures before you start cutting back on the daily lattes.

You may not be able to go from saving 5% to 50% of your income overnight, but you might target saving 20% of your income. And if you're able to reduce your outgoings and or increase your income and use the savings to boost the amount you save by, it means you'll be able to retire 15 years earlier, for every extra 10% you save.

If you can adopt the mindset that you're cutting back to have more, you'll be able to make those small changes quite easily which will propel your finances forward giving you options you thought you'd never have in the future.

I think if we adopt some of the FIRE principles to our own finances our financial lives would improve no end. And pursuing a state of financial independence is an objective, I think we all should have, the speed at which we get there and the choices we make along the way are up to us.

ASK LIAM

Our personal finance expert answers your questions ...

Q: I'm being made redundant and receiving a severance package of €95,000. I understand I should sign on to protect my PRSI contributions and will get a payment for a number of months. What do I need to do to keep my stamps going if I don't return to work, after any benefits stop?

A: The day after you've officially left your employer, you should apply for job seekers benefit, but it will be nine weeks before you see the first payment because your redundancy is > €90.000.

€90,000. If you've made in excess of 260 PRSI contributions, you'll be entitled to it for nine months in the amount of €203 per week. Applying for this payment maintains your PRSI contribution record which is important in keeping up your average annual and total contributions for the state contributory pension.

So, the first nine months you're fine, but if you don't return to work after the nine months elapse, you can make voluntary payments provided that, at that stage, you've made a minimum of 520 PRSI contributions.

It's important you consider making them because they maintain your social insurance record and are likely to help you qualify for higher payments in the future i.e. the state contributory pension.

The cost of making voluntary contributions is linked to what PRSI class you previously paid. If you paid PRSI at Class A, which is the rate most people fall into, then your contribution rate is 6.6% of your reckonable income in the previous tax year, which is subject to a minimum annual payment of \in 500.

You can pay voluntary contributions by cheque, banker's draft or standing order.

Your contribution can be paid as a lump sum before the end of the contribution year or by quarterly or half-yearly instalments during the contribution year. And you must pay the full contribution for a year no later than five months after the end of the year in which the payment is due.

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THURSDAY, DECEMBER 5, 2019

LIFESTYLE

MANABOUTTOWN PATRICK McLOUGHNEY

CONTACT PATRICK Email: patmcloughney@hotmail.com Twitter: @iammcloughney Instagram: iammcloughney

A men's fragrance gift guide

VER the last couple of weeks, I gave you all some Christmas gift ideas for the men in your lives and for the most part, it was warmly received. One point that I made however, did attract quite a bit of negative feedback from some female readers.

The offending line is as follows... "People often fall into the trap of buying a man the aftershave they like the smell of, rather than thinking of what the guy likes himself. Don't do this lest you want it gathering dust in his bathroom cabinet, or worse - regifted".

A fair comment, or so I thought! One reader wrote: "no way am I buying him the aftershave he likes, it's rotten and I'm the one who has to smell him". Another wrote: "my husband hasn't a clue so his deodorant and aftershave have to be approved by me" and another wrote "my boyfriend knows nothing about fashion so he wants my help picking clothes and aftershave". You get the idea.

Every man wants to smell nice. The problem is, "nice" is the most subjective idea in the English language. One person's oud is another's sweaty socks. But all is not lost. I'll grant you that some guys are still wearing the deodorant gift set they got from their granny at age 14, and others are wearing so much cologne that they could knock out a baby elephant so there are guys who need help. Christmas is the perfect opportunity to pick up a fantastic fragrance for a man, so to help everybody out. I've put together a Christmas gift guide of the best fragrances and colognes for men.

Yves Saint Laurent Y

YSL Y was launched in 2017 and takes inspiration the iconic Yves Saint Laurent white t-shirt and black jacket. Y represents a balance between freshness and strength. Like a crisp white t-shirt, notes of bergamot, sage and ginger offer a sharp juicy freshness to challenge convention and exceed expectations. At its base, soft notes of balsam fir, cedarwood and marine ambergris embody the subtle power of a tailored black jacket that is distinguished, chic and powerful. Y by Yves Saint Laurent is an authentic, masculine and bold creation that I can't get enough of. RRP €88.

Ralph Lauren Polo Red Rush A new interpretation of the long-celebrated Polo Red scent,



Every man wants to smell nice. The problem is, "nice" is the most subjective idea in the English language

Polo Red Rush is designed to energize with an instant infusion of freshness driven by red mandarin. A blast of fresh mint elevates the scent to a new level of intensity. A bold surge of red coffee, fine-tuned with cedarwood, finishes this refined fragrance. Polo Red Rush is a playful, casual scent that is more versatile than the other Reds and works well for any occasion. RRP €62.

Acqua Di Parma Colonia Pura

Colonia Pura is appealingly fresh, sensual, smells good on men of all ages, and is undoubtedly a celebration of Acqua di Parma's age-old tradition of sophisticated perfume production. Just like the original Colonia, Colonia Pura captures the culture, joy and warmth of the Italian way of life in a bottle. It's a floral woody musk, it's top notes are orange and bergamot, the middle notes are coriander, jasmine sambac and narcissus and the base notes are white musk. cedar and patchouli. RRP €110.

Spirit Of The Brave by Diesel

Diesel Spirit Of The Brave is the

latest flanker of the line's first edition Only The Brave, launched in 2009. The fragrance arrives in a

And Finally...

Most Stylish Man of 2019

As some of you might already have seen or heard, last week I was crowned the 'Most Stylish Man of 2019' at the Hi Style Awards. I'd just like to say thank you for all the lovely messages and well wishes I've received since winning and for all the support I receive from readers whenever I meet them in the street or on a night out. It means a lot to hear that people appreciate what you do and while it's lovely to pick up awards and acknowledgements, your continued support means so much more. Thank you from the bottom of my heart.

Montblanc Explorer is

described as an irresistible call to

Orpur bergamot and pink pepper.

sparkle of the bergamot making for

adventure. It opens with a lot of

What the pink pepper does is to

provide a herbal contrast to the

Boss Bottled Infinite describes

a tart green top accord. The green is intensified with the Orpur vetiver along with sage in the heart. The base is woody ambrox and the altered version of patchouli that is akigalawood. This is perfect for guys who are looking for an office-ready fragrance that will turn heads for the right reasons. RRP €62.

Spicebomb Night Vision

A new version of the iconic masculine scent Spicebomb (launched in 2012), Spicebomb Night Vision features an $or\bar{i}ental {\rm -} fougere\, composition$ created by Firmenich perfumers Nathalie Lorson and Pierre Negrin. It includes top notes of green cardamom, green mandarin, grapefruit, and Granny Smith apple. The heart notes are black chilli, black pepper, clove, nutmeg, sage, and geranium. The base notes are roasted almonds, tonka bean absolute, and woody notes. RRP €85.

Giorgio Armani Acqua di Gio

There is no doubt that the original Acqua di Gio is one of the all-time great men's fragrances. Inspired by the fresh sea, warm sun and the richness of the earth. this aquatic, aromatic fragrance opens with a splash of fresh calabrian bergamot, neroli and green tangerine. Light, aquatic nuances mix with jasmine petal, crisp rock rose, rosemary, fruity persimmon and warm Indonesian patchouli to create a masculine scent that is both fresh and sensual. Natural and authentic, it is the perfect fragrance gift. RRP €84.

Tommy For Men by Tommy Hilfiger

For someone masculine, fresh and affordable, Tommy For Men cologne is an excellent choice. Tommy take an original approach to freshness with a blend of tangy citrus accords and cool herbal notes, evoking the invigorating purity of fresh air and rain. RRP €30.

Creed Aventus

The GOAT of men's fragrances. The one you'll buy if you really really love him. An exceptional fragrance, full of energy and dynamism - Creed has top notes of pineapple, blackcurrant, apple and bergamot.

The heart notes are a deep, heady combination of peppery rose, birch, jasmine and patchouli. It's base is oakmoss, ambergris and a light dusting of vanilla to add the finishing touch of masculinity. RRP €300.

ALT THINGS BUTTERIOR LOUISE HIGGINS

Get creative with Christmas Trees

Following on from my column last week on 'Festive Door Wreaths', I thought we would look at Christmas Tree Decorating this week and the different tree decorating styles that are trending for 2019/2020. Whether you like classic, contemporary or traditional we have some lovely suggestions to help you create a stunning Christmas tree to wow your family and guests. Here are my Top 5 Trends for Christmas tree styles for 2019/2020

WINTER WONDERLAND

To create this look, think snow covered trees and opt for either a white artificial tree or a green real tree with a dust of white snow. Add lots of white tree decorations like white icicles and glistening silver and white baubles and then add a soft accent colour. You can also add an accent colour if your wish like blush pink, light blue or mint. Don't add any bold colours as this will take away from the softness of a winter wonderland theme. For extra magic and opulence consider pearlescent or metallic finishes. For additional depth you could consider large white feathers or faux flowers

RUSTIC /SCANDINAVIAN

For a rustic / Scandinavian theme you want to create the feeling of a cosy log cabin. Think green trees with lots of pinecones. This style favours function over fuss so don't overload your Christmas tree with too many baubles. Consider placing the tree in front of a window so it should feel like a natural part of the exterior surroundings. For a rustic feel you could also consider placing your tree in a wicker or rattan basket. This paired back country-style is perfect for lovers of tranquil natural interiors.

CLASSIC CONTEMPORARY

For classic a contemporary scheme, consider the existing colours of the interior where your placing the tree e.g. paint colour, curtain fabrics, upholstery etc. Decide on the type of tree you would like, real artificial, green, white, etc. Once you've decided this you then need to choose your Christmas baubles, garland For classic etc. а contemporary look stick to only one, two or three colours to achieve a stylish tree. If you love dark moody interiors then don't be afraid to experiment with dark blue, deep green and jewel purple.

FESTIVAL TREE

A big hit with young families and a favourite amongst children is a festival themed Christmas Tree. Colour is key here so opt for at least 3 or 4 different coloured baubles. This is a party tree with lots of jewelled sparkle. Some colours to consider are purples, teals, greens and pinks. Multi coloured flashing lights will enhance this look. **TRADITIONAL**

Nothing says Christmas tradition like the smell and texture of a real tree. However, if a real tree isn't feasible for your home then

try to opt for a natural pine effect tree. Add beautiful ribbon garlands in gold or red and pair this with red and gold baubles for a timeless tree that is always on trend.

TIP To finish off your tree why not gift wrap some box's in some stylish gift wrap or linen and complete with some ribbon bows to coordinate with your colour scheme.

Lastly if your wondering how many bulbs to hang on your tree. I would suggest 120 for a 5ft tree, 240 for a 6ft and 400 for a 7ft tree.

The number of Christmas tree decorations / baubles varies depending on the size of baubles and whether you are using additional items like garland or large decorative pieces but as a rough guide, I would suggest 60 for a 6ft and 75 for a 7ft tree.

Remember if there is any topic you would like me to cover in my column then please drop me an email with your suggestions.

Many Thanks, Louise info@aspiredesign.ie or phone 045 982 265 / 0863999926. winner of TV3's Showhouse Showdown.











THE KILKENNY REPORTER

LIFESTYLE

The psychological impact of Huntington's Disease



MENTAL HEALTH MATTERS DR EDDIE MURPHY CLINICAL PSYCHOLOGIST ADJUNCT ASSOCIATE PROFESSOR

UCD SCHOOL OF PSYCHOLOGY

Y first career was as a general nurse and I remember nursing a man with Huntington's Disease in the UK.

I had little understanding of the disease, but was always curious and aware of the ripple effect and the immense anxiety that it provokes. Nursing this man always stuck with me. A diagnosis of Huntington's Disease (HD) is a devastating experience.

Huntington's Disease Robs The Individual of the Self

Huntington's Disease is a relatively rare, degenerative disease of the brain first described by George Huntington in 1872. Symptoms affect motor ability, such as the sufferer's posture, uncontrolled voluntary and involuntary movements, sustained muscular contractions, and difficulties with speech and swallowing.

There are also behavioural and emotional symptoms, such as anxiety, depression, irritability, outbursts of anger, OCD and sleep disturbance; and cognition issues, including the gradual impairment of comprehension, reasoning,

concentration and memory. Huntington's Disease (HD) robs the individual of the self through impairments which vary from person to person and at different stages of the illness.

Life expectancy is

approximately 20 years after onset of the disease. In the later stage of HD people will need support in all aspects of living.

Genetics

Each naturally-conceived child of an affected parent has a 50% chance of inheriting the illness. Approximately 750 people in Ireland live with HD with a further 3,000 at risk.

Symptoms usually start between 35 and fifty years old. About 5-10% of people have symptoms before age 20 (Juvenile HD) and 10% have a late onset after 60 years of age.

The Huntington's Disease Association of Ireland offers information and support to people impacted by Huntington's Disease: National helpline 1800 393939, www.huntingtons.ie.

You cannot underestimate the power when, in crisis, of talking

New Diagnosis For families living with this hereditary disease, a new diagnosis is heart-breaking regardless of its reoccurrence. In families with no previous history, the diagnosis seems impossible to comprehend and accept.

This transpired for a client I will call Anne, who was pregnant with her third child when her husband's mother was diagnosed unexpectedly.

When Anne's husband received his predictive test result three years later, their young family faced a stark reality.

"Prior to his test I was shocked $by\,sudden, out\-of\-character$ changes in his behaviour. My once considerate and loving husband appeared self-centred and illogical at a time when our young children required priority. The diagnosis was hard hitting but looking back there were signs before this test result."

Anne's Story

Initially Anne and her husband needed time to process the diagnosis and the implications for their children, all under 10 years of

age. "We contacted the Huntington's Association and got as much information as we could. Informing yourself correctly is essential. Next began the process of dealing with shock and grief: denial, lots of anger, bargaining, depression, taking time to come to terms with it allowed us to move forward. A ball of emotions. Meeting other families through HD Association events was educational, helpful and empowering and also gave us a

feeling that we were not alone. "You cannot underestimate the power when, in crisis, of talking and being with people who are



A diagnosis of Huntington's Disease in the family can be a serious shock PICTURE: PIXABAY

thinking your thoughts, feeling your feelings and living a life similar to yours.

"People who are further along the HD road offer advice and wisdom. The Association also informs and guides you about access to services you will need."

You are not alone

A few dedicated health

professionals in Ireland are liaising with international experts to enhance care and progress

research here. Hope is critical and this research and help will assist.

Bloomfield Hospital Services, a charity, (www.bloomfield.ie) offer a multi-disciplinary care service. If you have concerns, contact

the Huntington's Disease

Association of Ireland, www.huntingtons.ie. National helpline 1800 393939

***** Dr Eddie Murphy is a clinical psychologist, author and mental health expert. ONLINE CBT -STOP DEPRESSION - STOP ANXIETY - available at https://stratushealthcare.ie/mental-wellbeing/

LIFESTYLE

POSITIVE PARENTING LOVE PARENTING



Encouraging kids to brush their teeth

Do you suffer daily battles trying to get your children to brush their teeth? If so, these tips might help!

Allow children some choice

Giving children choices lets them feel like they are in control and they are more likely to comply. In this situation children could simply choose their own toothbrush!

Give clear instructions

Make sure children know exactly what they need to do and how to do it. Brushing teeth can mean one thing to a parent and a completely different thing to a child. They need to be told each of the different steps involved in order to complete the task effectively. Parents should also take the time to explain to children why it is important to brush their teeth.

Model how to do it

Brush your own teeth with them. They will enjoy spending this time with you but it also gives you the opportunity to show them each of the steps involved.

Make it fun

Children are much more likely to complete a task if its fun. Turn it into a game or have a song that plays while they are brushing their teeth.

Praise! Praise! Praise!

Notice the beautiful clean teeth once your child is finished! Use lots of praise, smiles and hugs.





Try to turn problem solving into a game and make it fun

Problem solving: It's a life skill for your child

SOLVING problems is such an important life skill and one that we are constantly striving to perfect throughout life. As parents, we can sometimes take this responsibility out of our children's hands. Sometimes it seems easier to solve their problems for them. We can feel like it's our job, our responsibility. It helps them and makes their lives easier and often our own lives are simpler if we just do it ourselves. But this is not always the best option for our children and it is important that they learn and practice problem solving skills from a young age so that they can become confident in their ability to solve problems throughout their lives.

So how can parents help their

children learn this vital life skill? Try to turn problem solving into a game and make it fun. Your children could become "detectives" trying to solve their problems. When your child has a problem help them to generate lots of ideas about what they could do so that they have a number of choices. Make it personal for them if you can. Ask them if they have ever had a problem like this before and what they did then or maybe their friend had a similar experience, what did they do?

Allow them the time to explore each solution. For example they could act it out for you or draw pictures. It doesn't have to be complicated – just ask them to show you. This process helps children to have an awareness of the possible consequences of each solution. When exploring possible solutions help your child to figure out which might be the best one by asking them is it fair? Is it safe? Does it lead to good feelings?

Investigate the feelings that each solution generates with them. Naming feelings is important for children so that they can learn to self regulate and learn better responses.

Prepare your children for the possibility that their solution might not work. Ask them what they will do next if it doesn't.

The best way to teach our children these skills is to model them. Talk through the process of solving some of your own problems aloud. Include the steps of generating ideas, exploring which one would be best, considering feelings and planning for the possibility that your first solution might not work.

Use stories, puppets, drawing and role play so that children can learn this skill and practice it over and over, enabling them to refine and perfect their problem solving abilities.

This article was contributed by a member of Parenting Limerick. Parenting Limerick is a network of parenting and family support organisations. For more information on this and other topics go to www.loveparenting.ie.

THURSDAY, DECEMBER 5, 2019

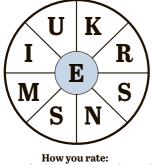
LIFESTVLE

SUDOKU

8 3 5 9 4 З 1 3 4 5 1 2 3 5 7 9 6 4 5 7 8 2 4 3 6 1 3 8 2 4 9 5

WORDWHEEL

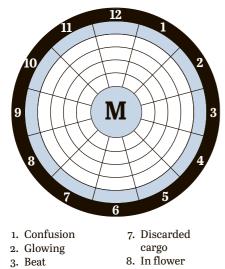
You have 10 mins to find as many words as possible using the letters in the wheel. Each must use the hub letter and at least 3 others. Letters may be used only once. You cannot use plurals, foreign words or proper nouns. There is at least one 9-letter word to be found.



20 words, average; 30 words, good; 40 words, very good; 50 or more, excellent.

CLOCKWORD

The solutions from 1 to 12 are all six-letter words ending with the letter M in the centre. Moving clockwise from 1, the letters in the outer circle will spell out the name of a British actor.



9. Improve

10. Prev

11. Tell

12. Brook

- 4. Soft mineral
- 5. Weak
- 6. Incendiary substance

NINER

357458

591237

6113

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|------------|---|---|---|---|---|---|---|---|---|
| THE CLUES: | | | | | | | | | |

gives a snake;

gives a rodent;

gives a bird.

| DOU | 1.4 | | |
|-----|-----|--|--|
| | | | |

Down

1. No place for

a private

2. The girl of the night before (3)

3. The autocrat

way (6)

4. The helper is

an idiot to sit

awkwardlv by

a worker (9)

presumbably

calling for heat

treatment (5)

for those game

7 Across' has a

different tail (5)

resemblances

from nostalgia

for open-air

6. Suitable place

5. The ailment

in the party

ran things his

16

Quick Clues:

1. Submission (12)

10. Unremembered (9)

11. Make certain (6)

18. Musical drama (5)

SP: Spoke, **0333 202 3390**.

Down

1. Fear (12)

2. Fury (3)

4. Bang (9)

5. Map (5)

3. Clippers (6)

7. Squeeze (5)

14. Heavenly (6)

16. Best part (5)

10. Lucky (9)

13. Cover (5)

20. Ban (3)

7

6

13

solutions call 0905 789 4251. Calls cost 80p

For four extra letter codeword clues, call

per minute plus your network access charge.

0901 293 5251. Calls cost £1 plus your network access charge. SP: Spoke, **0333 202 3390**.

13

20

19

5

7

6. Irrefutable (12)

Across

7. Bit (5)

8. Clear (5)

12. Blight (6)

15. Privacy (9)

17. Melody (3)

9. Look at (3)

secretary! (6,6)

Cryptic Clues:

- Across 1. The third
- month's show of disgruntlement perhaps (7,5)
- 7. It's a beast to turn (5) 8. Shed to become
- lighter (5) 9. Presumably the pilot
- would rather have cream without it (3)
- 10. Is she relatively shy? (9)
- A severe trial or a bargain (6)
- 12. Bird takes article from
 - drama? (7,5) planet-dweller 7. Horse finds (6)
- 15. Pursue to the end and 10. He finds succeed on
- leaving (6,3) 17. Some selfish
- little thing (3) 18. Mediterranean
- island in Africa privately owned (5)
- 19. Make a general concession? (5) 21. It certainly
- helps when the wicked
- get nothing (3, 2, 3, 4)

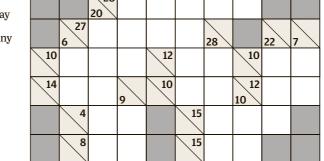
KAKURO

Fill in the white squares with the numbers 1 to 9.

Each horizontal block of squares must add up to the number in the shaded square to its left and each vertical block must add up to the number in the

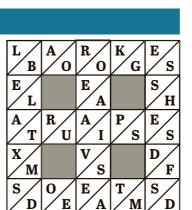
shaded square above it. No number may

than once in any one block



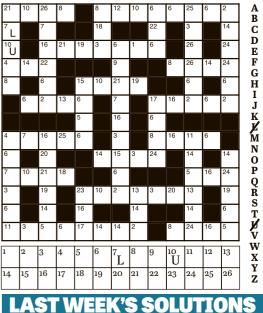
SPLIT DECISION

Cross out one of the two letters in each divided square to reveal a completed crossword grid.



CODEWORD

Codeword is the crossword puzzle with no clues. The number in each square corresponds to a letter. Work out the words in the grid using the letters provided. Fill in these known letters first, then use skill and judgement to work out the others.



SUDOKU:

DOUBLE CROSSWORD: DOUBLE CROSSWORD: Cryptic: Across: 4 Lash out; 8 Elopes; 9 Minimum; 10 Geyser; 11 Aneled; 12 Transept; 18 Abdicate; 20 Give up; 21 Snores; 22 Elastic; 23 Grocer; 24 Seepage. Down: 1 Weights; 2 Holy war; 3 Sewers; 5 Agitated; 6 Heifer; 7 Usurer; 13 Elapsing; 14 Barrack; 15 Measure; 16 Gillie; 17 Lets up; 19 Ignore.

15 Measure 19 Ignore.

3 2 7 1 6 5 4 3 9

CODEWORD: 1=M, 2=J, 3=U, 4=V, 5=H, 6=O, 7=B, 8=Y, 9=K, 10=N, 11=R, 12=D, 13=E, 14=F, 15=Z, 16=W, 17=Q, 18=X, Quick: Across: 4 Respite; 8 Edible; 9 Skilled; 10 Repeal; 11 Nettle; 12 Intrepid; 18 Overturn; 20 Decent; 21 Handle; 22 Capital; 23 Flanks; 24 Rejects. Down: 1 Refrain; 2 Dispute; 3 Please; 5 Enkindle; 6 Polite; 7 Treble; 13 Protract; 14 Burdens; 15 Incense; 16 Decade; 17 Device; 19 Really. 19=L, 20=G, 21=I, 22=S, 23=C, 24=T, 25=P, 26=A.

WORD WHEEL: ASSUAGING.

SUDOKU

| | | 9 | 6 | | | 7 | | 1 |
|---|---|---|---|---|---|---|---|---|
| | | | 1 | 8 | | | | |
| 4 | | 6 | | | | | | 5 |
| 9 | 8 | | 2 | | | | | |
| | 2 | | | | | | 8 | |
| | | | | | 8 | | 3 | 9 |
| 7 | | | | | | 3 | | 6 |
| | | | | 6 | 1 | | | |
| 2 | | 5 | | | 4 | 1 | | |

LAST WEEK'S SOLUTIONS

1 Inmate, 2 Attire, 3 Notice, 4 Mousse, 5 Canine, 6 Cheese, 7 Urbane, 8 Lustre, 9 Little, 10 Ornate, 11 Cheque, 12 Humble.

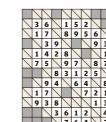


SPLIT DECISION: R A T E S Н 0 0 B R 0 w N Е \mathbf{S} G S E Е D \mathbf{S}

CELEBRITY: Ian McCulloch.

NINER: MENDACITY.













12 20 8 28

12

12

25

be used more

15

doctor will do worth looking forward to! (5) sound type (6) Part of the jacket measures 50-20-50 (5)

19. Dye (5) 21. Impervious (12) To hear any crossword solution or the full

14. Looked for

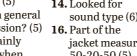
(9)

13. What the

16

20. Copy father

getting up early initially (3)



THEESTVIE





Deck the halls this Christmas: Elena Galinovska, Aoife McGarry, Renaissance Skin Products; Agnieszka Orlowska, Dr Rinat Sitanovich, plastic surgeon and Sile Lorigan, skin therapist at Purebeau Aesthetic Clinic PICTURE: ADRIAN BUTLER

What about a beauty voucher 1as: T'S that time of year

again and choosing the right gift for our loved ones can sometimes be difficult. Ideally we would give inspired and thoughtful presents to our nearest and dearest but unfortunately it seldom

works out like that.

This is why gift vouchers were invented - a recent survey showed that over 70 percent of people who received a gift voucher favoured this over a standard present.

The reason is that people prefer to choose their own gifts.

A Christmas gift in the form of a beauty voucher is a great solution for the late shoppers or those who don't have time to walk around the shops in search of gifts. A beauty voucher can cover many areas such as a spa, facials, manicures etc... and is a great gift not only for women but also men.

These type of gifts are increasingly being bought by women for their partners.

People can sometimes feel they might offend their loved ones if they get them a beauty voucher. I have experience where customers enquire about purchasing a voucher as a present but are concerned it might upset the recipient. The answer is the voucher doesn't have to be specific to any treatment. You might as well choose a voucher for a given amount and let them choose what

they would like. People like to come in and chat about what treatments are available and generally speaking they tend to top up their voucher.

Spa vouchers are very popular. They are a modern, sophisticated and original gift that have many unique features. Most importantly, they can offer great variety (if we are aren't quite sure what preference our loved ones might like). They can include any SPA treatment or even a package of treatments. They can be for the individual or a couple. It is enough to buy a valuable voucher for a certain amount, affordable to us, in order to give the other person a chance to

make a choice. The beautiful setting of the gift also increases its value making it luxurious, tasteful and more charming.

A gift voucher can be a form of offering unusual and unforgettable experiences, making its real value difficult to estimate. This form of gift has the possibility to be remembered longer than a traditional gift.

*Recently new laws relating to gift vouchers have been enforced under The Consumer Protection Act 2019. Among the changes is a gift voucher cannot have an expiry date less than five years from the date it was purchased.

OUT & ABOUT



Jillian Queally, Sandra Moriarty, Michael Burke, Kathleen Burke and Noel Coogan at the American Tea Party in aid of the Chernobyl Children



Chernobyl Kilkenny Outreach Committee members: Carmel Everard, Eileen Morrissey, Jim Kavanagh, Martina Hayden, Rita Brennan, Cindi Denieffe and John Keane



Hannah Dunne and Breda Phelan



Little Seán Molloy was delighted to meet Santa with Aine Glynn



Dearbhla Donnelly was one of the winners at the Chernobyl Kilkenny Outreach American tea party fundraiser

OUT & ABOUT



Mary Kavanagh, Breda Hennessey, Anne O'Hanrahan and Ann Brennan



Serving the tea were Niamh O'Neill and Breda Farrell



Mick and Olivia Verling enjoying the tea party



Eileen Magnier, Teresa Magnier, Sharon Lawlor, Teresa Garratty and Kitty Rhatigan



Chernobyl Kilkenny Outreach Group Leader Jim Kavanagh delivers a speech at the American tea party fundraiser, where he paid a special tribute to photographer, the late Pat Moore, a great supporter of this event



It was a packed house in Langtons on Sunday for the American tea party fundraiser



Catherine Dowling and family enjoying the American tea party fundraiser



City to see Man In The Woman's Shoes

The Man In The Woman's Shoes is a beautifully crafted piece of theatre that develops the story of Pat Farnon as he walks to town and back again. You can see it in the Watergate on Thursday, December 12, writes Martha Woodcock.

It is a stunning piece, utterly simple and has played to wide acclaim all over the world.

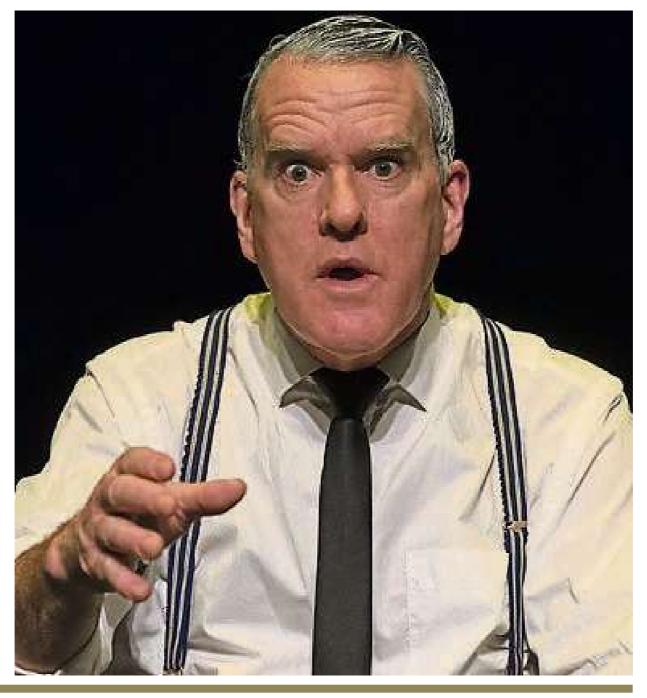
Accomplished Mikel Murfi, who wrote the play, is also the sole actor in this 75 minute performance.

I have yet to see as accomplished a performance and look forward to seeing it again in the Watergate Theatre, Kilkenny.

Mikel is from Sligo but trained at Ecole Jacques Lecoq, Paris. His performances include Swan Lake, The Last Hotel and Ballyturk.

His films include Intermission, Sweety Barrett, The Butcher Boy and Jimmy's Hall. There are many more.

The show, like many Mikel is involved in, is a very physical one. Afterwards, I felt like I journeyed with him, became the characters he developed as one well drawn character merged into the next. Mikel Murfi is a unique talent that graces our stages.



Butler Gallery auction a success

SEAN KEANE

The first annual Butler Gallery Christmas benefit party and auction which was held in Kilkenny Castle on Friday last was a wonderful affair and attended by many of the literary and artistic community of the city and county.

Not only did the event raise over \in 35,000 towards the completion of of Evans' Home which will be the new home of the gallery from next spring but it also showcased work by a number of internationally renowned artists associated with the world famous gallery.

Overlooking the River Nore in the heart of Kilkenny City, close to John's Quay, the new Butler Gallery will not only add to the historic story of Kilkenny but provide the core of Kilkenny with yet another visitor attraction. It will have four permanent collection galleries; an entire wing dedicated to the work of renowned Kilkenny artists Tony O'Malley and Jane O'Malley; a large contemporary art gallery; a learning centre; an interpretation room, a media gallery, three beautiful gardens and a café in what will become a much used space.

The Butler Gallery has a collection of works by important Irish and international artists from the present day to the 18th century, including Nathaniel Hone, Louis le Brocquy, Jack Butler Yeats, Barrie Cooke, Tony O'Malley, Mainie Jellett, and Stephen Lawlor.

Solo exhibitions have been held by numerous prominent artists, including Nick Miller (artist) and Fergus Martin.

Located in Kilkenny Castle, the gallery is named in honor of Peggy and Hubert Butler from Bennettsbridge.



Writer, Sean Hardie and artist, Bernadette Kiely pictured at the 1st annual Butler Christmas Benefit Party and Auction PHOTO: DYLAN VAUGHAN

YULEFEST

All ages are invited to enjoy a wide range of free and affordable seasonal events added weekly throughout the Yulefest Kilkenny festival.

Focused on families, Christmas catch uppers, day-trippers and festive aficionados, all can customise their Christmas visit at

www.yulefestkilkenny.ie The website showcases all events and facilitates online event bookings as necessary so festival goers can create personal, festive itineraries to enjoy at their own pace.

The festival is brimming with festive mood enhancers, from hotel gardens festooned with toy soldiers, reindeer and light installations to vintage carousels offering nostalgic whirls, to an engaging arts, music and family events social calendar.

The festival programme has been designed to appeal and be accessible to all ages.

HIGH HOPES

Waterford High Hopes Choir and Carlow Ukulele Players will give a concert on Saturday at 8pm in The Medieval Mile Museum.

Don't miss your chance to see a variety of up lifting performances from both musical genres and all for a good cause. A highlight will be the

A highlight will be the duet of the new single 'Inextricably Linked' performed by Waterford husband and wife team Des and Mona Manahan, both aged in their 80s and who have been married for over 50 years.

They shot to international fame last year when Mona's eyesight started to deteriorate and Des began to learn how to apply her makeup, their story went viral, including a link in with the Kardashian's makeup artist!

The Waterford High Hopes Choir also includes people who are or have experienced homelessness and this event doubles as a fundraiser for the Waterford High Hopes Choir.

Taking place in the beautiful venue of the Medieval Mile Museum in Kilkenny City this promises to be a wonderful event with great acoustics.

THURSDAY, DECEMBER 5, 2019

THE KILKENNY REPORTER ENTERTAINMENT

The Tarantula And The Frog in Cloneen Hall!

SEAN KEANE

Last week, in a small Tipperary community, not far from the border with Kilkenny, there was a counter-narrative to the tiresome refrain that rural Ireland is dying.

If one was to enter the hall in Cloneen last Friday night, you'd be forgiven if you thought you had entered the Chinese Theatre in Los Angeles.

The hall was decked out with lights, stars and all manner of movie paraphernalia for the premiere of locally produced short film, The Tarantula and the Frog.

There was standing room only as a huge crowd attended the launch.

Local man, Colm Williamson of Waterford Whispers fame provided entertainment before the main event and he was really entertaining. The film itself was well received by locals and the many people who had travelled from around the country to support the cast and crew.

The basic plot centres around two characters who decide to go incognito as a Priest and his intellectually challenged brother.

Out of desperation, they embark on a Bonnie and Clyde style road trip across the countryside of 1980s Ireland.

GASPS AND LAUGHS

The audience were captivated throughout, and many gasps and laughs were heard as the story ebbed and flowed to a dramatic conclusion.

The screenplay was written by local writer Brian Clancy and directed by Anne Williamson.

It was filmed and edited by Noel Maher of Sharp Eye Productions, Two-Mile Borris and the score was <image>

Brian Clancy, Debbie Duggan and Eugene O'Meara at the Tarantula And The Frog in Cloneen Hall

created by local musician Seanie Bermingham and Andrew Smyth. The cast was mainly drawn from the Mullinahone and Cloneen area and funding was sourced from local businesses and individuals. It was originally proposed to show the film once and enter it into a number of film festivals.

However, the public response and appetite has been so positive that there are plans to show the film in Fethard before Christmas (date to follow soon).

The film may be screened in Kilkenny at a later date. There are already plans to write a sequel, so watch this space.



What's on in Kilkenny this week

THURSDAY Heart of Winter, Watergate Theatre, 11am. Paintclub Kilkenny, Langton's,

7.30pm. Adult Christmas Workshop, National Design Centre, 6.30pm. Christmas Tree Festival, St Canice's Cathedral, 10am. Trad followed by DJ Eddie Hughes, Matt The Millers, from 6pm.

An Evening with Ricky Tomlinson, Watergate Theatre, 8pm.

Brian Deady, Set Theatre, 8pm.

FRIDAY

Santa's Arrival at Butler House and Garden, 5pm. Christmas Crooners, Watergate Theatre, 8pm. Gavin Carroll, Rafter Dempseys,

9pm. **Radio Star and DJ, Matt The Miller's, from 7pm.** Pop Up Gaeltacht, Hackett's Bar,

8pm. Retro Christmas Party, Club House Hotel, 7pm.

St Canice's Cathedral Choir, Medieval Mile Museum, 7pm. Trad Music, Home Rule Club, from 8pm.

Conor Jordan recites 'The Tale of the Ancient Mariner', Fennelly's Callan, 8pm.

Callan United Christmas Fare Fundraiser, Callan Parish Hall, 7pm.

SATURDAY

Johnny Carroll Live, Home Rule Club, 8pm. Live Aid Ireland for Simon Community, JB Burke's Bar, 9pm. Christmas Gothic, Watergate

Theatre, 8pm.

Andrew Combs and Band, Cleere's Bar, 9pm. Butler House Christmas Garden Experience, Butler House, 12pm. Christmas Social Night and Table Quiz, Corner House Bennettsbridge, 8pm.

SUNDAY

Vehicle Road Run, Kilkenny City Centre, 2pm. **The Kilkenny Choir Christmas Concert, St John's Church, 4.30pm.** David Shore B2B Kevin Shore, Brennan's Bar, 9.30pm.

MONDAY

Village Weekly Bingo, James Stephens GAA Club, 7.30pm. Davey Cashin, Pete Fagan and Band, Left Bank, 9pm. Monday Night Madness, Matt The Miller's, from 6pm. The Bockety World of Henry and Bucket, Watergate Theatre, 10 and 11.45am.

TUESDAY

The Bockety World of Henry and Bucket, Watergate Theatre, 10am and 11.45am.



Enjoying the festivities were Mary Ann Gelly, Sheila Naughton, Susan Mosse and Lorenzo Tonti

Out&About

BUTLER GALLERY CHRISTMAS BENEFIT PARTY & AUCTION

Pictures: DYLAN VAUGHAN



Mag Whelan and Francis Nesbitt



Jane O'Malley and Noel Morrissey



Mary Gaynor and Grace Kearney



Anna O'Sullivan and Noel McCarron

37

ENTERTAINMENT





LEFT: Joy Thorpe and Sara Egan at the first annual Butler Christmas Benefit Party & Auction in Kilkenny Castle. The event raised over €35,000 towards the completion of the development of Evans' Home where Butler Gallery is taking up permanent residence in spring 2020

ABOVE: Lamber de Bie and Pat Fennessy get their numbers ready for the Butler Christmas Benefit Party & Auction

RIGHT: Sean Hardie and Bernadette Kiely



TOP RIGHT: Paul Mosse and Margaret Dixon at the annual Butler Gallery Christmas Benefit Party & Auction

BOTTOM RIGHT: Sean 0 hÁrgain with Marguerite and Shane O'Dea at the charity auction

FAR RIGHT: Sue Nunn and Susan Mosse at the Butler Gallery Christmas Benefit Party & Auction. More than €35,000 was raised for the development of Evans' Home, which will be the new home of the Butler Gallery in 2020. It will have four permanent collection galleries, an entire wing dedicated to the work of renowned Kilkenny artists Tony and Jane O'Malley, a large contemporary art gallery, learning centre, interpretation room, media gallery, three beautiful gardens and a café







Mondays - Fridays

Off Peak: 4pm - 9pm On Peak: 11am -9pm(On Peak lasts from 21st Dec 2019 -5th Jan 2020) (Last session at 8pm)

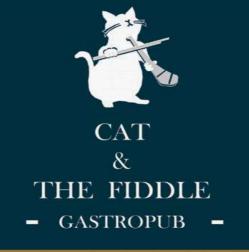
Saturdays & Sundays

Open from 11am - 9pm(11.00am Sundays is Sensory Session Quiet Time) (Last session at 8pm)

Nov 23rd - Jan 5th The Hub, Cíllin Hill

www.kilkennyonice.com









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The aim of the award-winning WheelSwap virtual reality experience is simple: to encourage people to make a few small changes to the way they drive or cycle so that everyone is a bit safer on the road

Ford's VR project for 'Share the Road'

Delivery drivers have tried a unique virtual reality experience that allows users to see the world from either a cyclist's or a driver's point of view in a virtual space.

The aim of the award-winning WheelSwap virtual reality experience – part of Ford's Share The Road campaign – is simple: to encourage people to make a few small changes to the way they drive or cycle so that everyone is a bit safer on the road.

More than 35 drivers from consumer delivery firm Hermes participated in the training at one of the firm's London depots.

Hermes delivers 390 million parcels a year and employs

thousands of drivers across its network.

The exercise provided a useful opportunity for drivers to see the road from a different perspective, with 88 per cent agreeing that the experience would encourage them to change their behaviour.

Tom Thompson, project lead, Ford Mobility said, "It is important to Ford that all road users are able to reach their destination safely.

"We fully support greater diversity in last mile delivery solutions and are actively working to stimulate more cargo bike deliveries in urban areas.

"Working with companies like Hermes in this way helps keep the

roads as safe as possible for all."

There are more people on our roads than ever before, and an increasing number of them are cyclists, so it's important to encourage a spirit of understanding and respect between every road user, whether they're travelling on four wheels or two.

Share The Road is Ford's campaign aimed at improving road safety for everyone.

WheelSwap was developed together with London-based agency Happy Finish.

It has proved an effective tool for building empathy, with 91 per cent of the initial 1,200 participants intending to change their behaviour, 70 per cent displaying greater empathy to their driving and cycling counterparts after watching the VR experience and 60 per cent of participating driver and cyclists changing their on-road habits within two weeks of taking part.

It has won six awards, including accolades from SABRE and European Excellence Awards.

According to a report by the Centre for Economics and Business Research titled Economics of Commercial Van Usage Across Europe, the number of vans on the road in France, Germany, Italy, Netherlands, Spain, Turkey and the UK increased by more than 10 per cent between 2013 and 2018, from 23,250,000 to 25,690,000.

Most growth occurred in Turkey (31 per cent), Germany (24 per cent) and UK (20 per cent).

Martin Allwood, Network Contractor Manager, Hermes, said, "We were pleased to partner with Ford on the WheelSwap virtual reality experience, which gave our drivers a real insight into the perspective of other road users.

"Feedback from all our drivers was very positive. At Hermes, we are committed to ensuring our staff receive the best training possible and so this supports their continual development."



The interior of the new 508 GT-Line tested is clad in a mix of cloth and leather upholstery and with judicious use of piano black trim it gives the interior a classy upmarket feel

Peugeot 508 SW offers plenty of practicality and great style

Hugh Maguire: A classy and rewarding new offering

The new Peugeot 508 has won wide acclaim since its launch most recently winning the title of Irish Large car Of The Year 2020 at the Irish Car Of The Year awards.

Peugeot make great engines, offer good specifications and trim options and generally offer a good driving experience.

The all new 508 SW is an estate but has the style and panache of a grand tourer. Quality has taken a big leap forward and now Peugeot feel they have a car to rival some of the leading Teutonic German brands. There are four trim levels available, Active, Allure, GT-Line and GT. This week I aim behind the wheel of the new Peugeot 508 SW GT-Line version with the 8-speed auto gearbox.

Prices for the 508 SW start at €34,110

SO HAS IT GOT STREET CRED? The style of the new 508 SW really is very attractive. Sleek, low slung and with very distinctive light clusters it simply looks great!

The front of the new car has an imposing mix of LED lights and big Peugeot grille, while the rear boasts darkened full with light design with twin exhaust tailpipes. Two tone 18" alloy wheels complete a very distinctive design.

WHAT'S IT LIKE INSIDE?

The interior of the new 508 GT-Line tested is clad in a mix of cloth and leather upholstery and with judicious use of piano black trim it gives the interior a classy upmarket feel.

Boasting Peugeot's now familiar iCockpit with high quality materials throughout the interior feels very high quality indeed. I still don't like the rev counter needle which spins in the wrong direction (why Peugeot?) but otherwise it's all good here.

It's also very comprehensively equipped -

too numerous to detail here highlights but include. adaptive cruise control, lane assist, Wireless keep charging, Peugeot Smart Beam, Assist, Blind Spot detection, Advanced automatic emergency braking, Peugeot Open and Go keyless, colour reversing camera, voice recognition, selectable drive modes and a choice of colours for the ambient interior lighting. WHAT IS UNDER THE **BONNET?**

An extensive range of petrol and diesel power plants are available. My test car was powered by Peugeot's 1.6 litre Blue HDi diesel which in this car is mated to an 8-speed auto gearbox.

I found performance to be

reasonably good despite the fact that the auto transmission was sometimes a bit slow in selecting the gear I wanted during more rapid downshifts via the paddle shifters. It's frugal too, burning just 6.6 litres of petrol per 100km. It costs €280 to tax.

WHAT'S IT LIKE TO DRIVE?

I must say Peugeot engineers always manage to produce cars that handle very well and this new 508 SW is no different. Through the twisty stuff it proves an able handler, surefooted whether on wet or dry roads.

It's a refined motorway cruiser with little road or engine noise. Accommodation is good both front and rear. The load area is big at 530 litres but expands to 1,780 litres with the rear seats folded down. The SW also boasts the Peugeot "Magic Flat" seats that fall forward with the pull of a handle in the load area. Simple but effective!

SO WHAT'S THE VERDICT?

If you need the practicality offered by an estate car without wishing to sacrifice anything in terms of style and driving dynamics then the new 508 SW really hits the mark.

This is a classy good looking car that is rewarding to drive yet eminently practical, well equipped and frugal on the fuel. I liked it very much. The 508 SW GT-Line range starts at $\epsilon_{39,880}$.

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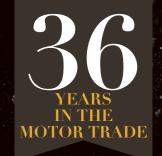
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| 2015 Hyundai i30 1.6 CRDI auto DCT BD in white | NO PRICE YET |
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THE KILKENNY REPORTER



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The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Department, Kilkenny County Council, County Hall, John Street, Kilkenny, during its public opening hours 9 a.m. 1.00 p.m. and 2.00 p.m. – 4.00 p.m. Monday to Friday, and a submission or observa-tion in relation to the application may be made to the Planning Authority in writing on payment of the pre-scribed fee (€20.00) within the period of 5 weeks begin-ning an the date of receipt by the Authority of the plan-ning application, and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.



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OUT & ABOUT



Some of the musical entertainment provided at the Festival of Light and turning on of the Christmas lights in Castlecomer

CASTLECOMER WAS AGLOW FOR FESTIVAL OF LIGHT

Pictures: ALF HARVEY



The cavalcade arrives into Castlecomer for the Festival of Light



Some of the happy faces enjoying the parade at the Festival of Light, which marked the switching on of the Christmas lights in Castlecomer



Santa switches on the lights



The Mad Hatters provided some entertainment during the Festival in Castlecomer



Fiona, Kian and Caoilinn Dowling were out to watch the Christmas lights being switched on in Castlecomer



Happy chaps Ronan Williams and Ned Comerford



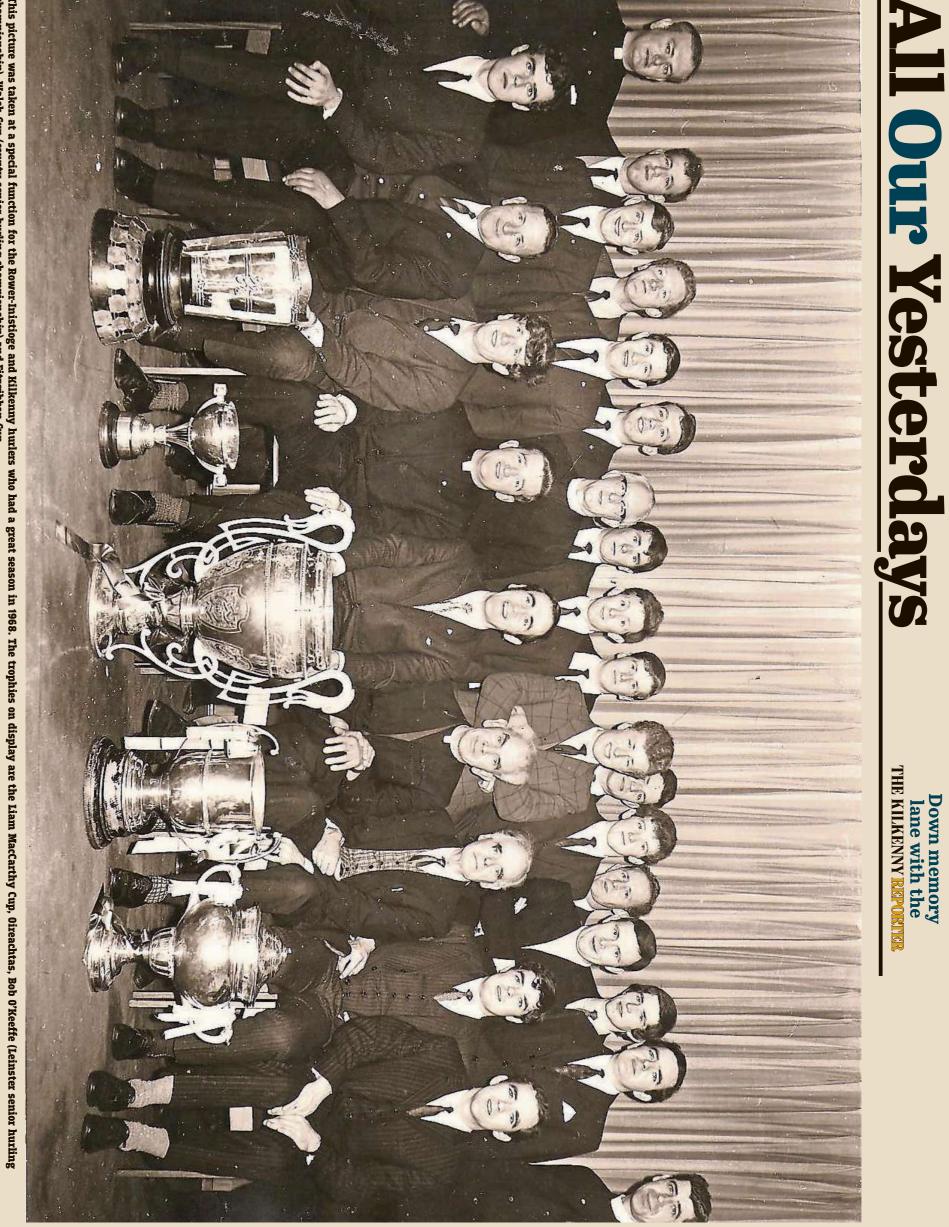
Caitlin Brennan, Shannon Brennan with Ruby, Chelsea Brennan and Stephen Butler



A snapshot taken when Cardinal Cushing visited Inistioge as part of an Irish tour in 1965 PICTURES COURTESY OF BERNICE MAHER

Down memory lane with the THE KILKENNY REPORTER





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55

OUT & ABOUT



Young runners get ready to race from the start line for the Children's Dash at the Medieval Mile, which took over the city centre. Participants ran from St Francis Bridge through the city before finishing at the Parade, where there was music, entertainment and refreshments for all!



The route took runners across St Francis Bridge before heading up Irishtown

Out&About RUNNERS WENT THE DISTANCE FOR MEDIEVAL MILE!



There was a great turnout for the event, which was sold out days in advance



There were plenty of smiles along the Medieval Mile



Medieval Mile runners Stephanie Matthews, James Matthews and Geraldine Murphy





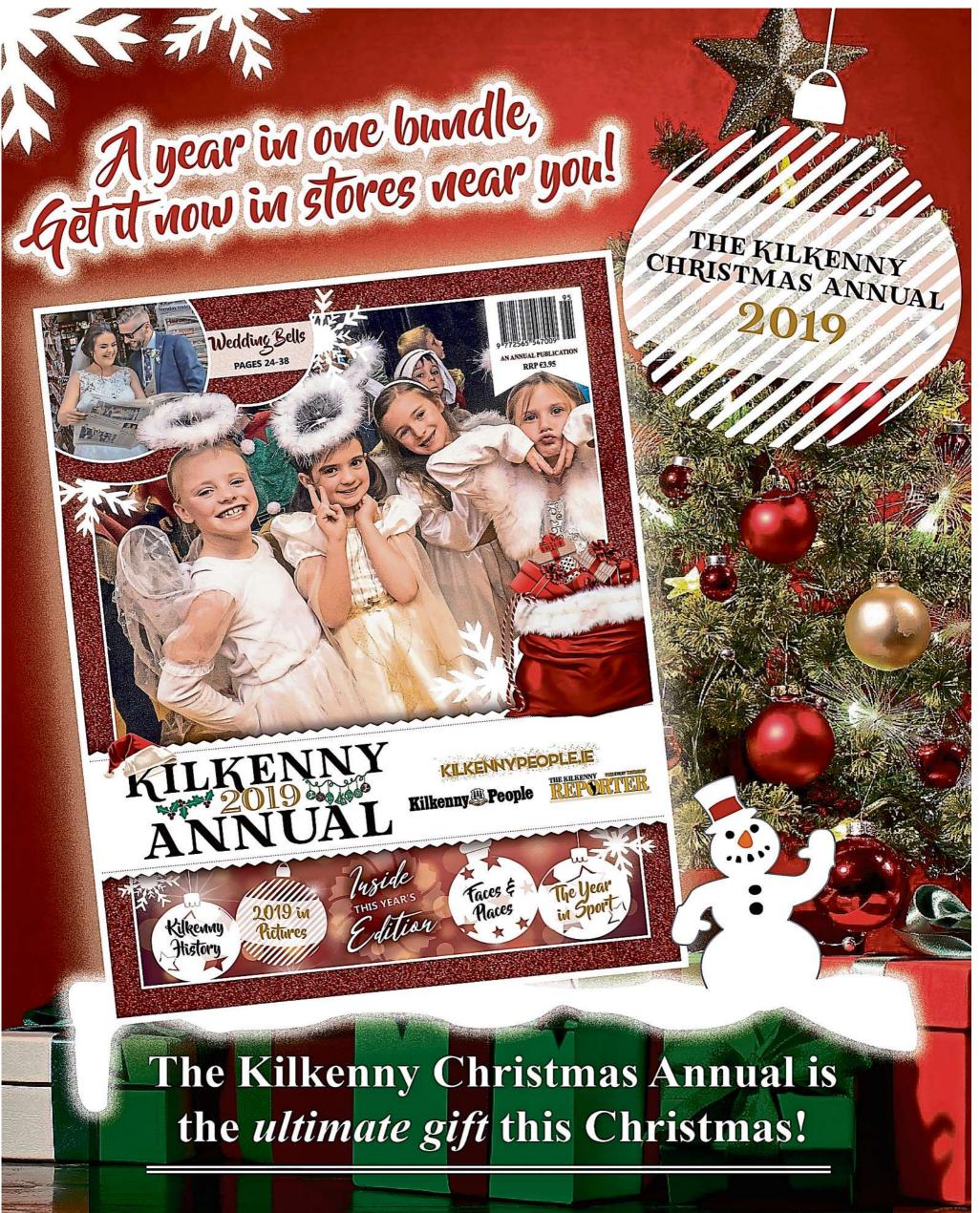
Medieval Mile runners Philip, Charlie and Ruth Carroll



The Egan family enjoyed the Medieval Mile Fun Run



Runners Ian Doran, Brian Hartley and Darren O'Meara



Camogie goes into trial mode!

Camogie

Following a meeting of the Camogie Association's Ard Chomhairle it has been decided that several Trial Playing Rules will be introduced in 2020 National the League competition ahead of potential proposals for permanent playing rule changes at the Association's Annual Congress in 2021.

The process to establish these trial playing rule changes began in April when delegates at the Association's annual Congress voted to permit trial playing rules to be introduced within the rules of the 'Association.

In April a 'Feedback Forum' was held involving players and managers before the Rules Revision Working Group was established, chaired by former GAA President

Liam O'Neill.

The Rules Revision Working Group consulted with key stakeholders via an extensive process including a survey which received over 1,500 responses, and produced report a and recommendations the to 'Association's Ard Chomhairle in October.

Subsequently a working group of Ard Chomhairle met to refine the proposed Trial Playing Rules which have now been ratified for implementation in 2020.

The six areas that these Trial Playing Rules will cover are: CONTACT

A player may now use minimal contact on an opponent's body from side-on, once they are making a reasonable effort to gain possession of the ball.

PERSISTENT FOULING

A player who is now deemed to be persistently fouling another player (two deliberate fouls) will be given a "tick" by the referee. If that player commits one more foul, it will merit a vellow card.

QUICK PUCK-OUT

The referee will now blow the whistle once only to signal a wide/score and from that moment the sliotar is back in play and the goalkeeper is free to restart the game via a puck-out from the correct position.

FREE FROM THE HAND

A player will now have the option to take a free from their hand if they are fouled inside her own 45-metre line. Only the player that is fouled can take the free from the hand and it is an indirect free.

DROPPING THE HURLEY AND HAND-PASS GOAL

Players will now no longer be

permitted to drop the hurley intentionally.

In addition, players may no longer score a goal by hand-passing the sliotar into the net. Players may still score a point by hand-passing the ball over the bar.

PENALTY AND 20-METRE FREE

A penalty must be struck from on or outside the 20-metre line but not inside it. In addition, only one defending player may stand on the goal-line during a penalty and shall not move towards the 20m-metre line before the ball has been struck.

Speaking about the Trial Playing Rules, Camogie President Kathleen Woods saidthese Trial Playing Rules were an important step for the 'Association to ensure that the game remains fit for purpose.

We have listened to a range of key stakeholders involved in our game and I hope that this process will be of benefit in order for us to $tweak\,our\, playing\, rules\, in\, the\, future$ to allow our wonderful game to continue to grow and flourish as it has done in recent years.

A training process will take place in the coming weeks involving the Association's national referees panel as well as workshops which will be held in early 2020 for players and managers who will participate in the 2020 National League as well as a series of Trial Matches which will be organised across other grades as part of this process.

The Trial Playing Rules initiative will be supported by a body of work to monitor, track and analyse their implementation, with a view to providing objective feedback from which final decisions regarding motions to Annual Congress regarding permanent rule changes can be made.

Sportsfile capture another glorious season on camera

Over the past 23 years, Sportsfile's 'A Season of Sundays' has become an Irish annual sporting tradition, marking the end of each season with a stunning

collection of images. The eagerly anticipated book looks back at all the memories throughout 2019.

This year's instalment captures the highs and lows of the GAA in another bright and absorbing season which includes images from Kilkenny.

Gaelic games fans were treated to what was one of the best football championships in recent memory.

Fourteen-man Dublin held off Kerry in a thrilling final, a difficult free for Dean Rock in the last play of the game - set us up for an incredible replay.

Jim Gavin and Dublin were in the driving seat and retained the Sam Maguire Cup, winning the All-Ireland for a historic fifth year in-a-row.

In the hurling, 2019 was a year that produced some remarkable matches.

In the semi-finals, then MacCarthy Cup holders Limerick were looking to defend their title but they narrowly missed out against all action Kilkenny, while Tipperary pulled off a heroic win over Wexford in the second semi.

defeated Tipperarv fourteen-man Kilkenny to claim the Liam MacCarthy Cup, winning their third All-Ireland title of the decade.

Sinéad Aherne lifted the Brendan Martin Cup as Dublin secured another third All-Ireland historic senior title at the ladies Gaelic football final.

In the camogie championship, Ga overcame Kilkenny Galway to reclaim the O'Duffy Cup the first time since 2013. **GREAT TEAM**

Speaking at the launch, the book's creator Ray McManus said: "At Sportsfile I have a great team of photographers and as The Press Photographers Press Association of Ireland catch-phrase goes, Capturing History is our main aim.

"Various parts of the country will have their own piece of history to remember this vear be that Mullinalaghta's run in the All-Ireland club football championship or Leitrim's promotion to Division Three or Laois's first appearance in All-Ireland an hurling quarter-final since 1979.

"But the biggest piece of history will be remembered by Dubliners all over the GAA world for the capture of the Sam Maguire for the fifth time in-a-row"

GAA President John Horan warmly congratulated Ray McManus and the whole Sportsfile team on this the 23rd edition of 'A Season of Sundays'.

'That statistic in itself is a remarkable feat and a credit to all involved in producing a publication that illuminates the latter end of our year, reminding us of the highs of another memorable season but also of some of the lesser spotted treasures," the President added.

"This is only achieved by having a presence at so many

all codes in so many places around the country and indeed around the globe. Well done also to Carroll's of Tullamore for their ongoing support of Gaelic games. I look forward to this year's offering.'

John Comerford, COO of the book's sponsors Carroll's of Tullamore said each year

people were delighted by the publication with a selection of captivating imagery that brings the GAA season to life. 'Čarroll's has deep roots in GAA as proud sponsors of the Offaly teams, and this publication is an extension of our connection to the GAA across the

"Once again we are

thrilled to be sponsors of 'A Season of Sundays'. I wish to congratulate Ray and his talented team on another fantastic edition marking another captivating year of GAA."

It would make the perfect Christmas gift for any GAA fan, retailing at €27.95 from bookstores nationwide and online.



Now in its 23rd year of publication, A Season of Sundays 2019 embraces the very heart and soul of Ireland's national games as captured by the award winning team of photographers at Sportsfile. With text by Alan Milton, it is a treasured record of the 2019 GAA season to be savoured and enjoyed by players, spectators and enthusiasts everywhere. Pictured is Kilkenny manager, Brian Cody, on an apparently trying day

of our fixtures at all grades in

community country.

THE KILKENNY REPORTER

SPORT

Mullinavat footballers are driven by strong self belief

Kilkennv football has endured a difficult and trying time for decades, and relatively speaking current times have been the best in years.

The county has long since opted out of the National Football League because it simply couldn't cope with the level of competition in it.

However, the Cats found a new and rewarding life among equals in the British junior football championship in recent years times.

With Kerryman, Christy way Walsh, a former Munster player in hurling and football, managing the team, Kilkenny won the Sam Óg Maguire Cup on two occasions.

It wasn't earth shattering stuff, but from the days when Kilkenny suffered defeats in excess of 20 points against Kerry and Roscommon in the National League it was a huge, huge change.

The thing is, football has always produced a decent standard of play at club level in the county, and an even better level of play at under-age and schools level.

For whatever reason or reasons, things dropped off the cliff after that and Kilkenny just couldn't gain a footing at inter-county level. That was until the

introduction of the British football junior championship.

The winners of that competition gained entry to the All-Ireland junior football championship at semi-final level. In their two semi-finals, Kilkenny were beaten by Mayo and Galway, but they respectable put in performances.

In recent times too, Kilkenny clubs have been $making a \, bit of progress in the$ Leinster club football championships.

Muckalee.

Tullogher-Rosbercon and now Mullinavat have all registered wins, which has been encouraging.

The current senior champions actually champions for the past three seasons - are Mullinavat, who play in the Leinster club intermediate final on Saturday.

Yes, they are playing in a Leinster final.

The 'Vat are in action in the Gaelic Grounds, Drogheda (1.30pm) against Louth intermediate champions, Mattock Rangers.

They travel to Drogheda with two good wins behind them, over Dublin champs Ballyboughal and Rosenallis of Laois).

BUSY, BUSY

In a busy, busy GAA programme of games, the Mullinavat story probably hasn't received the recognition it deserves, but

the adventure is not over yet. John Walsh, Mark Mansfield, Michael Malone, Tom Aylward, Conor and Ian Duggan and company will travel to Drogheda as outsiders, but they don't mind.

"That is life," was the open and honest way Mullinavat manager, Michael Aylward, accepted the call.

"Â Kilkenny team facing a Louth team in football, you expect that. It would be the opposite if it were a hurling match. "We don't see ourselves as

no hopers. If that were the case we wouldn't even train. but we have trained hard for this."

Actually it is the Mullinavat hurling squad, it is the with the exception of full-back, Shane Kelly, who hails from Tyrone and doesn't play hurling, who will

launch the assault on this football title. Mullinavat are not going

into the final cold. They are well prepared, as Mr Aylward suggested. Former Wexford football

manager, Aidan O'Brien was invited in to help organise things at training. It was an informal thing at the start.

The vice-principal at Good Counsel College, New Ross, had worked with the players when they attended school, so he had an idea of the healthy level of talent in the squad.

Michael Aylward has been

thrilled with how things have taken off since. TERRIFIC

IFC final against Mallock Rangers (Louth) on Saturday in Drogheda PICTURE WILLIE DEMPSEY

"He came in for one training session. Now six weeks later we are in a Leinster final. He is still with us, and his help is terrific," he insisted.

Mullinavat know this is business, but there is a fun element to it too and there has been plenty of laughter mixed with work during training.

"The players are enjoying this," Michael said. "They were in a Leinster hurling final five years ago, and they

Jamie Fennelly in action for Mullinavat against Rosenallis of Laois in the Leinster club IFC semi-final PICTURE: WILLIE DEMPSEY

know what that was like. "They will be able to take on this challenge." Mullinavat appreciate

they got Dublin champions, Ballyboughal, at an advantageous time, less than a week after winning the county final and after a hectic three match programme.

The Cats won by 3-11 to 2-11 win - a decent score.

Rosenallis were beaten next, by 2-10 - another good score - to 1-7.

"We never see ourselves as absolute outsiders. Ballyboughal were surprised at the level we played. They were most gracious in defeat and they wished us well," explained Mr Aylward.

Mullinavat knew what they were facing when the Laois champs came along for the semi-final.

"They were under pressure more than us," Michael felt.

"We had nothing to lose. The two teams we met were under pressure to get a result. We only had to go out and play football, and that is what we did."

Michael and his charges believes anything can happen.

'We have fair football ability," the manager continued. "We are trying to

fine tune a machine. The players have gone through good training sessions.

"They are fit. The week after being knocked-out of the Kilkenny hurling championship O'Loughlin's we started the work on the football."

'PICK ME UP'

The hurling defeat, he said, was a serious disappointment to the players. The football was a good 'pick me up' for them.

"There was no pressure on us the first day out," Michael continued. "The second day worked out very well.

"We are doing the business for club and county. Most of the lads have played football with the county and they have won British junior championships with Kilkenny.

"They have been winners in the past in football. This is a shot at history, a shot at a Leinster title. It is unique."

What will the approach to the final be?

"It will be the same as two weeks ago when we beat Rosenallis," Michael Aylward said.

"Relax and enjoy the experience. Take on the challenge. Do your best. The pressure is on Mattock Rangers."





Michael Malone is a fair hurler and footballer, and he is sure to be to the fore in driving the Mullinavat cause in the Leinster

SPORT



A view of Joseph O'Brien's horses as they return to the stables after the first gallop of the morning. O'Brien's yard in Owning, Kilkenny was the venue for the launch of the Leopardstown Christmas Festival



Trainer Joseph O'Brien





Pictures: MORGAN TREACY/INPHO









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REPORTER Politologue can edge out 'Defi' in Tingle Creek showpiece

NE of the biggest pre-Christmas highlights on UK racing's jumps calendar take place this Saturday at Sandown with the staging of the Betfair Tingle Creek Chase.

The race is steeped in history, the race, boasting an impressive list of champions with the likes of Desert Orchid, Moscow Flyer,

Kauto Star, Sprinter Sacre and Sire De Grugy taking their place on the roll of honour.

The event was first run in 1979, and named in honour of Tingle Creek, a popular jumps racehorse in the 1970s. Altior won The Betfair

Tingle Creek Chase 12 months ago. The betting market for this

Saturday's renewal of the big race

is headed by winner of the JLT Novices' Chase at the Cheltenham Festival back in March, Defi Du Seuil at odds of 13/8.

Next best in the market is Irish raider and 2016 winner of the race Un de Sceaux who finished runner-up to Altior in the two mile contest 12 months ago.

The Willie Mullinas trained Un

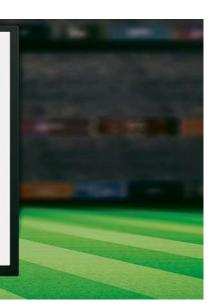
de Sceaux, a winner of the Boylesports Champion Chase at Punchestown last April, is a 3/1 shot. However, preference in the contest is for 2017 Tingle Creek winner, the 11/2 shot Politologue, trained by Paul Nicholls, who lost out by just a length and a quarter to race favourite Defi Du Seuil last time out at Cheltenham.



Paul Nicholls saddles Politologue in Saturday's Tingle Creek at Sandown



IS THAT



Thursday

1PM

SOCCER

SOCCER

CAGLIARI V

SAMPDORIA

PREMIER LEAGUE

ARSENAL V BRIGHTON

PREMIER SPORTS 1,

8.15PM; SHEFF UTD V

NEWCASTLE UTD.

PREMIER SPORTS 2

GOLF

AUSTRALIAN OPEN SKY SPORTS GOLF, 6.30AM

GOLF HERO WORLD

CHALLENGE SKY SPORTS GOLF. 6PM

SNOOKER UK CHAMPIONSHIP BBC 2, EUROSPORT 1, Friday

GOLF

3PM

HERO WORLD

CLERMONT, BT GOLF AUSTRALIAN OPEN SPORT 2. 7PM SKY SPORTS GOLF, 6.30AM

SNOOKER UK CHAMPIONSHIP BBC 2, EUROSPORT 1, 1PM

SKY BET CHAMPIONSHIP MILLWALL V NOTTS FOREST SKY MAIN

Saturday



SNOOKER

GOLF

SOCCER

UK CHAMPIONSHIP BBC 1, 1.15-4.30PM, BBC 2

HERO WORLD CHALLENGE

SKY SPORTS ARENA, 7PM

ANTHONY JOSHUA V ANDY

SKY BOX OFFICE, 9.30PM

HUDDERSFIELD V LEEDS

SKY SPORTS, 12 NOON

SKY SPORTS GOLF, 3PM

4.30-5.30, 7-10PM

PREMIER LEAGUE MAN CITY V MAN UTD SKY SPORTS PREMIER

LEAGUE, 5PM

BASKETBALL NBA, PELICANS V

MAVERICKS

BOXING

SOCCER

BASKETBALL NBA, NUGGETS @ CELTICS SKY SPORTS ARENA, 1AM

GOLF AUSTRALIAN OPEN SKY SPORTS GOLE 6AM

SOCCER EVERTON V CHELSEA BT SPORT 1, 12NOON

RUGBY CHAMPIONS CUP: NORTHAMPTON V LEINSTER VIRGIN MEDIA 1, 12.30PM

HORSE RACING SANDOWN, TINGLE CREEK ITV 4, 1.15PM

RUGBY CHAMPIONS CUP ULSTER V HARLEQUINS, 3.15PM, BT SPORT 2 MUNSTER V SARACENS 5.30PM, BT SPORT 2

Sunday

GOLF AUSTRALIAN OPEN SKY SPORTS GOLF, 6AM

ATHLETICS EUROPEAN CROSS-COUNTRY RTE 2, 12NOON

RUGBY CHAMPIONS CUP: GLOUCESTER V CONNACHT BT SPORT 2, 12.30PM

SNOOKER UK CHAMPIONSHIP FINAL BBC 2, 1PM AND 7PM

SOCCER ASTON VILLA V LEICESTER, 2PM; BRIGHTON V WOLVES, 4.30PM, SKY SPORTS, 1PM

GAA LEINSTER CLUB FOOTBALL FINAL: ÉIRE ÓG V BALLYBODEN TG 4. 1.30PM



CHALLENGE SKY SPORTS GOLF, SOCCER RUGBY CHAMPIONS CUP, BATH V EVENT, 7PM

YOUR KILKENNY SPORTS FIXTURES

Bridge United Boys v Fort

Paulstown 06 v Freebooters

Thomastown United v Callan

Evergreen City v Stoneyford

UNDER-13 SFAI SKECHERS CUP

Stoneyford United v Peake

Spa United v Evergreen

Lions v Piltown 2nm

UNDER-14 SCHOOLGIRLS'

Rangers, 10.30am.

United Boys, 11am.

Athletic, 11am.

Rovs 1230nm

United, 11am.

Athletic, 2pm.

SE REGION

Villa, 11am.

LEAGUE

United

GAA FIXTURES

THURSDAY

SPORT

DUGGAN STEEL UNDER-15 A FC SEMI-FINAL Palmerstown: Tullogher Rosbercon v Dicksboro (7pm)

SATURDAY

PERMANENT TSB UNDER 19

HURLING SEMI-FINAL

Tom Walsh Park: Blacks and Whites v Tullogher Rosbercon (1pm) Jenkinstown: Conahy Shamrocks v Emeralds

(130nm) KILKENNY CITROEN CENTRE **MINOR B FC QUARTER-FINAL** Dunnamaggin: Kilmoganny v

Railvard (2 KILKENNY CITROEN CENTRE **MINOR C FC QUARTER-FINAL**

Clara: Clara v Blacks and Whites (2pm) DUGGAN STEEL UNDER-15 C FOOTBALL CHAMPIONSHIP FINAL

Gowran: Bennettsbridge v Graignamanagh (2pm)

SUNDAY

LEINSTER CLUB IFC FINAL Drogheda: Mullinavat v Mattock Rangers, Louth (130nm)

JJ KAVANAGH AND SONS **UNDER 21 A HC SEMI-FINAL**

John Locke Park: Shamrocks Ballyhale v Danesfort

(12 30pm) JJ KAVANAGH AND SONS UNDER 21 B HC SEMI-FINAL Thomastown: Rower Inistioge

v Piltown (1230nm) PERMANENT TSB UNDER 19

HURLING COUNTY FINAL Dr Tierney Park: Glenmore v St

Martin's **KILKENNY CITROEN CENTRE** MINOR A FC SEMI-FINAL

Danesfort: Danesfort v Piltown KILKENNY HONDA CENTRE

MINOR HURLING B LEAGUEN FINAL St John's Park: Young Irelands

v St Martin's (2pm) KILKENNY CITROEN CENTRE **MINOR C FC QUARTER-FINAL** Pairc na Ratha: Glenmore v

DUGGAN STEEL UNDER-15 A FOOTBALL CHAMPIONSHIP SEMI-FINAL

Tom Ryall Park: Graigue Ballycallan v O'Loughlin Gaels DUGGAN STEEL UNDER-15 B FC

SEMI-FINAL Kilmacow: Kilmacow v Railyard (12noon)

CAMOGIE FIXTURES SUNDAY

MARBLE CITY TRAVEL **UNDER-21 A COUNTY FINAL** Venue TBC: Piltown v

MARBLE CITY TRAVEL UNDER-21 B SEMI-FINAL Clara: Clara v St Brigid's, 12noon

RUGBY FIXTURES <u>SA</u>TURDAY

LEINSTER LEAGUE, FIRSTS **DIVISION 1A**

Foulkstown: Kilkenny 1sts v Gorev 1sts (2pm) LEINSTER LEAGUE, SECONDS **DIVISION 1A** Foulkstown: Kilkenny v Gorey (12.30pm)

SOCCER FIXTURES

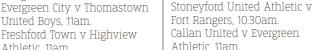
SATURDAY **UNDER-19 LEAGUE**

Callan United v Evergreen, 2pm Highview Athletic v

mastown United, 2pm. FAI YOUTHS' CUP Freebooters v Finglas, Fair

Green 2nm **UNDER-15 ST CANICE'S CREDIT UNION LEAGUE DIVISION 1** Bridge United Athletic v Stonevford United 12 noon Callan United v Freebooters Athletic, 12,30pm. Deen Celtic v River Rangers, 12.45pm.

Evergreen Athletic v Thomastown Athletic, 2.30pm **UNDER-15 ST CANICE'S CREDIT UNION DIVISION 1A**



Bridge United Athletic v Deen Celtic Athletic, 2pm. Thomastown United Athletic v Freebooters Athletic, **UNDER-13 KILKENNY PEOPLE**

UNDER-13 KILKENNY PEOPLE

LEAGUE DIVISION 1

LEAGUE DIVISION 1A Highview Athletic v Spa United, 11am.

East End United v Freebooters City, 11am. Evergreen Boys v Freshford Town, 1pm. **UNDER-13 KILKENNY PEOPLE**

LEAGUE DIVISION 2 Paulstown 06 v Evergreen Citv



Pictured is the St Kieran's College squad who won the All-Ireland post primary schools junior hurling Roinn A final on Saturday in Banagher. St Kieran's beat defending champions, Presentation College, Athenry by 1-19 to 1-18 after extra-time



Former Kilkenny hurler and Competition Ambassador DJ Carey, pictured with (front left) the Top Oil representatives and players from participating schools and colleges during the Top Oil Leinster GAA Post Primary Schools Hurling Launch at Croke Park in Dublin PICTURE: SEB DALY/SPORTSFILE

> 11am. Freebooters Boys v Deen Celtic City, Fair Green 11am. Deen Celtic Boys v Thomastown City 11am UNDER-11 SCHOOLBOYS'

LEAGUE AMBER

Evergreen x2 v Deen Celtic x2. Thomastown United x2 v Evergreen x2, 9.45pm. Highview Athletic x2 v Stonevford United x2, 10am. Freebooters x2 v Callan United x2 Watershed Astro 1130am Freebooters x2 v Bridge United x2. Watershed 11.30am **UNDER-11 SCHOOLBOYS'**

LEAGUE BLACK

Paulstown 06 x1 v River Rangers x1, 9.45am. Freshford Town x1 v Spa United x1. 9.45am. Stoneyford United x1 v Clover United x1. 11.30am **UNDER-10 SCHOOLGIRLS'** LEAGUE

Piltown No2 v Freebooters United

Evergreen v Callan United, 11am Lions v Thomastown United.

12 noon. Stoneyford United No 2 v Spa

United, 2pm. Stoneyford United No 1 v

Freebooters City, 3p **UNDER-9 SCHOOLBOYS'** DEVELOPMENT

Freebooters x4 v Thomastown United x3, Watershed 10am. Lions x3 v Evergreen x4, 10am. Bridge United x4 v Deen Celtic x2, 10am.

Bridge United x4 v Clover United x2, 10am. Evergreen x4 v Spa United x2,

12.15pm. Evergreen x4 v Callan United

x3, 12.15pm. Highview Athletic x2 v

Stoneyford United x3, 1pm.

Freebooters x2 v Paulstown 06 x1, Watershed 1pm. Freebooters x2 v Freshford Town x1, Watershed 1pm. SUNDAY

O'NEILLS LEINSTER JUNIOR CUP

Evergreen v Trinity Donaghmede, 12 no ST CANICE'S CREDIT UNION PREMIER DIVISION Thomastown United A v dge United A **INTOSPORT.IE DIVISION 1** Stoneyford United v Fort

Rangers, 11am. Evergreen C v East End United, 2 30nm

EAMONN MAHER COACH HIRE **DIVISION 2** Lions v Paulstown 06, 11am.

Castlewarren Celtic v River Rangers, Watershed 11am. Freshford Town A v Thomastown United B. 2pm.

DIVISION 3 Clover United B v Evergreen

46, 11am. St John's v Newpark B, 2pm.

PAT MAHER SHIELD Newpark v Ormonde Villa, 11.am

UNDER-17 LEAGUE Thomastown United v

Evergreen, 2pm. Callan United v Lions, 2pm. Freebooters v Highview ∆thletic

UNDER-14 SCHOOLGIRLS' LEAGUE

ed v St Pat's, 2pm. **UNDER-10 SCHOOLGIRLS'** LEAGUE

Bridge United v Piltown No 1, 12 noon.

MONDAY **UNDER-16 SCHOOLGIRLS'** LEAGUE

Freebooters v Stonevford United, Scanlon Park 7.15pm





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