

WATER WATER EVERYWHERE

OPW admits fault for flooding disaster while sporting clubs offer assistance to stricken Na Piarsaigh. **See 16-17**



Young Na Piarsaigh players get a close up view of the damage caused by the flooding, from a bench at the GAA grounds in Caherdavin PHOTO: FINBARR BROUGHAM

The Leader

Wednesday, September 4, 2019

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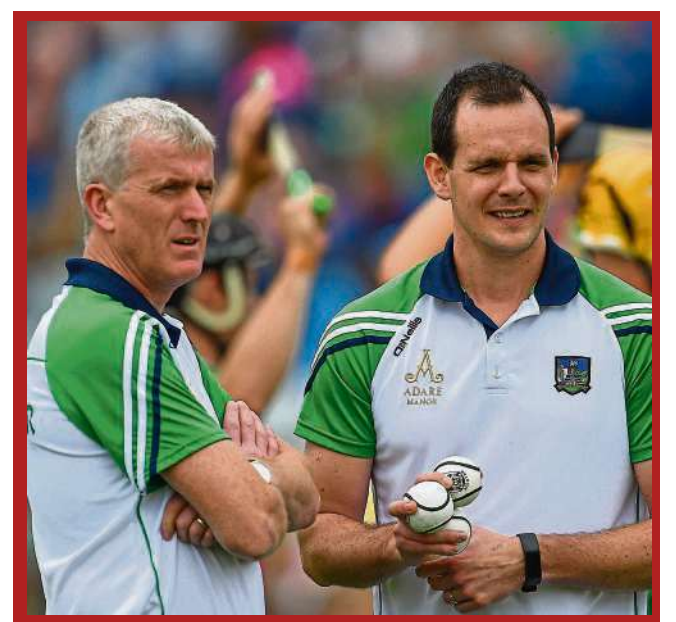


RESCUE New air ambulance has a busy first month **P5**

PROPERTY In the market for a new home? Check out our property supplement **INSIDE**



CARS THE STARS Supercars roll into town for Cannonball charity event **P4**



Kiely and team's two-year term at hurling helm Sport

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LeadingOff

Setting the agenda in Limerick



▲ GOOD WEEK
Sinead Flanagan
 The Limerick lady has been on cloud nine since becoming Limerick's first Rose of Tralee since 1994



▼ BAD WEEK
Na Piarasigh
 The county champions saw the pitches in their €1m development destroyed by flooding



☀️ QUOTE OF THE WEEK
 "The OPW acknowledges that in trying to repair the damage to the sluice, the temporary structures did not provide the level of protection provided by the embankments and did lead to flooding"

INSIDE THIS WEEK



ON THE MONEY

Financial advice with Liam Croke
 Page 15



FLOOD PLANS UPDATED

Latest on King's Island scheme
 Page 8



TEEN THUGS' EXTORTION

Tipp family terrorised
 PAGE 4



WHAT TO DO, WHAT TO DO?

Things what are on in Limerick
 Page 24

Flooding is an early season warning



Liam Maxwell, Coonagh, outside his house which was flooded in Coonagh. Let's hope this is the last such photo that will appear in this paper in the coming months PICTURE: BRENDAN GLEESON



WHAT WE THINK
EUGENE PHELAN

LEADER EDITOR

WINTER has not yet arrived and we have had our first serious flooding incident.

Everyone, including the residents in Coonagh, were taken by surprise by the flooding early on Saturday.

Yes, we knew there was a yellow weather warning and serious rain on the way and a high tide, but nothing to unduly worry about.

The biggest casualties

were the families who had to move from their homes; then of course you had Na Piarasigh GAA club, Limerick Flying Club at Coonagh and others who had to close down their facilities.

In fairness local TDs and politicians were quickly on the case and Minister Boxer Moran visited the scene on Sunday, where he felt the anger of the residents.

Since then, the Office of Public Works have admitted they were trying to repair damage to a sluice that had collapsed and "temporary structures did not initially provide the level of protection provided by the embankments and did lead to flooding in the area."

It won't be easy but let's hope normality can resume quickly.

WEBTOPTEN

1. Revealed: John Kiely's new-look Limerick senior hurling management gets two year term
2. Tipperary All-Ireland hurling winning coach joins up with Limerick champions Na Piarasigh
3. WATCH: Anger and disgust following incidents of illegal dumping in Limerick
4. WATCH: Fears over Na Piarasigh pitch after devastating flooding in Limerick



Patrick Butler, builder

5. Limerick-born construction engineer shines light on housing
6. Limerick man accused of intimidating witness denied bail
7. BREAKING: OPW admits 'temporary structure' failed and led to flooding in Limerick
8. WATCH: Minister to launch investigation into flooding 'disaster' in Limerick city
9. Line-up completed in Limerick senior and intermediate hurling championships
10. Irish weather forecast for the week ahead



Declan Fanning has joined up with Na Piarasigh

WEATHER FOR THE WEEK



WEDNESDAY
 Clouds and sun with a few showers and a high of 16°C



THURSDAY
 Generally overcast but remaining dry. High of 17°C



FRIDAY
 Cloudy again with a couple of showers likely - High of 16°C



SATURDAY
 Sunny spells and cloudy intervals with a high of 17°C



SUNDAY
 Overcast throughout the day but dry, high of 18°C



MONDAY
 Dull and overcast conditions remain with temperature peak of 18°C

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MyLimerick

Joy Neville

International rugby referee

What's your idea of a perfect day, or a perfect weekend, in Limerick?

It's not often that I am home for a full weekend but on the rare occasion that I am, we would head out on the bike with my wife Simona and her brothers on other occasions. We'd take a spin out to Killaloe or to Birdhill and stop at the Wooden Spoon (Killaloe) or the Old Barracks (Birdhill) for a coffee and bun as motivation to get out on the bike in the first place! Come back in, shower and hit the town! Hit the town in a quiet way, go to the Milk Market, check out all the stalls, grab some fruit and veg and of course, grab the much loved coffee and crepes before heading home. On the Sunday, it's family day, eat lots of Italian food with the Coppola family for most of the afternoon and then head to see my parents for another feed Irish style!

What's your first Limerick memory?

I've many great memories of Limerick but the first that comes to mind would have to be me as a young girl kicking the ball around in our local park (The Pier) with all my brothers and their friends. I always plagued my brothers to allow me to be involved no matter how rough the play got... To this day they take credit for "toughening" me up, hence the reason why I was so successful in my rugby career... Sure boys :)

What's your favourite part of the county/city and why?

I went kayaking with Nevsail on the river a few months ago. I was just shocked to learn so much more history about the city and saw beautiful sights that could never be seen by foot.

What about a favourite local walk or view?

I love walking out the bank towards UL and the dogs love it even more. Nice to get away from the heavy traffic and take in the scenery. We also love going out to the Clare Glens, it's just fab out there and a sense of freedom for the doggies!

What do you think gives Limerick its unique identity?

The people. Great people, very proud of our own and very supportive when we see our own do well. The history of the city is quite intriguing and you can see this through buildings around O'Connell Avenue.

Do you have a favourite local restaurant?

Easy, La Piccola, La Cucina and La

Piccola pizzeria of course... Well they are my family.... :) Also enjoy Freddies/Hamptons.

How would you describe the people of Limerick?

Friendly, proud and best supporters in the world.

How important do you think sport is to Limerick?

Hugely important. The city comes alive when there is a major sporting event like Munster matches in Thomond park and Limerick hurling in the Gaelic Grounds. Not only are we great supporters but look at the number of successful athletes we have produced.

If you could add one amenity to Limerick what would it be?

Cycle lanes in the city, more concert venues like the marquee. And finally, I would love to see a stricter eye on owners collecting their dog foul. For the most part, Limerick people are very respectful and pick up after their dogs but there is still room for improvement. My friend uses a wheelchair and I am ashamed to hear that she avoids going out to the local park as on most occasions, she is left with dog foul on her wheels and sometimes on her hands. This is just not acceptable. What I would also love to see is more bins present in order to dump the doggie bags let alone general litter. I feel this may assist in reducing foul on our foot paths.

What's the biggest challenge facing the city/county today?

Housing and infrastructure and keeping our graduates in Ireland.

With investment in Limerick of recent times we need to ensure we remain competitive not only for existing companies but also for future investments.

We can't stand still we need to be investing in our future.

Housing needs to be affordable for people to rent or buy which in return may reduce our homeless problems. We need infrastructure services like more important routes into Shannon Airport.

We need to uture proof our train and bus services and invest in more cycle commuter routes around the city.

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LEADER NEWS BULLETIN

CRIME

Accused of handling stolen TV and garden ornament

A MAN who is accused of handling several items of stolen property has been ordered to stay out of the Caherdavin area of the city, writes David Hurley.

Jeffrey Kelly, 29, of Willow Close, Old Cork Road is accused of possession of a television and a garden ornament at a house at Whitethorn Drive, Caherdavin on July 29, last.

It is alleged both items were stolen during earlier burglaries in the Caherdavin area.

At Limerick District Court, gardai initially indicated they would be



opposing bail but when the case was recalled, Judge Marie Keane was told there was no gardai objection subject to conditions being imposed.

In addition to staying out of Caherdavin, Mr Kelly was ordered to live at his home address and to obey a nightly curfew. He must sign on at Roxboro Road garda station seven days a week and he must keep his mobile phone turned on and charged at all times.

Sergeant Michelle Leahy said a file is being prepared for the DPP and the matter was adjourned to later this month for directions.

HERITAGE

Historical Society set to hold its first autumn walk

THE Limerick Historical Society will hold its first evening walk of the autumn season next Wednesday, September 11.

The heritage walk will take in O'Connell Street, Glentworth Street and the famous old Chamber of Commerce building at 96 O'Connell Street.

Also on the agenda is the United Presbyterian and Methodist Church and the home of the Pain Brothers in Glentworth Street.

The Dominican Church will also receive a visit.

All are welcome for this free tour, which begins outside the White House pub, 54 O'Connell Street at 7pm.

It will be led by respected local historian Tony Browne, who can be contacted at 061-228071.

BAIL

Suspected alcohol thief cleared to go on holidays

A YOUNG woman who is accused of stealing hundreds of euro worth of alcohol from a city supermarket has been granted permission to travel abroad on holidays.

Anne Marie Connors, 22, of no fixed abode is accused of stealing a variety of spirits from the Tesco store at Roxboro Shopping Centre (pictured) on August 6, last.

It is alleged the defendant and a juvenile entered the store with a shopping trolley which had been lined with foil and left with alcohol worth €454.94.

While the culprits were not present when gardai



arrived, the alcohol was recovered and Ms Connors was arrested in the car park some time later. A 14-year-old girl was in the car with the defendant when she was arrested.

At a vacation sitting of Limerick District Court, Judge Marie Keane granted an application to vary Ms Connors bail conditions to allow her to go on holiday.

Details of the travel dates were supplied to the court in support of the application. The Director of Public Prosecutions previously directed that the matter proceed summarily in the district court.



The drone was donated to Limerick Land Search Team by Eugene Kiely, pictured with Calvin Prendergast

Limerick search team lands a drone

LIMERICK Land Search Team has taken possession of a new drone which has been donated to the organisation, writes David Hurley.

The Typhoon H type drone was handed over to the organisation by enthusiast Eugene Kiely who recently acquired a new drone.

"Eugene has only flown this drone approximately five times since he

bought it from new and decided to donate it to our unit as he upgraded," stated Calvin Prendergast, chairman of Limerick Land Search Team.

"Members will undergo extensive training and the drone will be put into operation as quickly as possible. It is another major asset to the team and will greatly improve our search and rescue operations," he added.

Young thugs extort money after big game

Crime: Family are terrified by gang of young thugs in city

EUGENE PHELAN

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A TIPPERARY fan who attended the recent All-Ireland Under 20 final in Limerick said her children were terrified after they were surrounded by a gang of young thugs who demanded money from them.

"We enjoy coming to Limerick for matches and had a great day at the match and the kids were delighted when we lifted the trophy, as it was not long after the senior All-Ireland," said the mother of two young children.

The match was on a Saturday night and the family parked near the grounds of Ballynanty Church near Thomond Park and walked from there to the LIT Gaelic Grounds.

"There was no one near the car when we parked it but the real problem was when we returned.

"There were about 12 young fellows. They were very menacing and demanding money," said the Tipp fan.

The group said that they had been minding the cars and deserved to be paid. When her husband tried to drive out, they surrounded the car.

"I could see them surrounding others at their cars and didn't know what it was about but it didn't look good so we said to the kids to come on quick and get into the car.

"By the time we got the door closed, these



There were 12 young fellows. They were very menacing, demanding money



Tipp's Padraic Maher is the community garda for the area

young lads surrounded my husband and began demanding money.

"He got into the car and tried to pull away and they then jumped in front of the car.

"He let down the window and told them he would report them to the community police officer and they said they were the community police officers.

"They got out of the way then but just as we turned out of the parking area one of them tried to open my front passenger door and another came and opened the back passenger door and shouted in at our two kids in the back who are just six and five years old.

"They were terrified. They were both up in the middle of the night still afraid, telling us they couldn't sleep.

"There would have been no hassle if we had paid them, of course, but when you have 12 to 15 year old kids surrounding you looking for money, I'm not sure the right thing to do is give it to them."

The Tipp fan, who asked not to be named, continued: "There was no garda there but we were only out the road a mile or more and saw an unmarked car and a patrol car pulled up on the side of the road and the gardai there chatting.

"We've had great days going to matches in Limerick but these kids should not be allowed to do this.

"It's not going to put us off going again but we definitely won't be parking there again," said the Tipp fan.

She added: "The ironic thing is that I was telling a friend from Limerick the story and he started smiling and said that the community garda for the area is actually Padraic Maher, the Tipperary hurler."

New air ambulance already has big impact in Limerick

Charity: Helicopter involved in 12 cases here last month

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IRELAND'S first charity led Air Ambulance was deployed to emergency incidents in Limerick almost a dozen times during its first month of service, it has been revealed.

Based at Rathcoole in North Cork, the Helicopter Emergency Medical Service (HEMS) is being led by Irish Community Rapid Response (ICRR) and delivered in conjunction with the National Ambulance Service and the Department of Health.

The service went live on July 30 and was tasked with 56 missions during its first month in operation. On its busiest day it was tasked five times.

"The first month of service has shown with no doubt the real need for this service. Its use has exceeded expectations. It has been very rewarding to see it become a reality for people and families at their most critical hour of need. I am certain that lives have already been saved and

that so many more will be" said ICRR, founder and volunteer John Kearney. As part of the partnership, the charity is funding the cost of the helicopter, the pilots, the fuel and the airbase near Millstreet.

The National Ambulance Service is resourcing the medical staffing and coordinating all the tasking of the craft through the National Emergency Operations Centre which deals with 119/999 calls.

While Munster based the helicopter is available for missions nationwide and works in tandem with the existing Athlone based Emergency Aeromedical Service.

"If you think about it distance wise, it can be in Dingle in 20 minutes, it can be in Wexford in 38 minutes, it can be back down in West Cork in 14 minutes, it can be in Galway in 30 minutes so for us to pop into Limerick it's 15 minutes on average," said John Kearney who told The Leader that in addition to attending

medical emergencies in parts of Limerick the helicopter has flown a number of patients to University Hospital Limerick for treatment.

"Our helicopter is designed for medical emergencies so basically it is three tonne and it can land in a back garden because it only needs 80 foot by 80 foot and the downdraft is very small on it. The big thing about the helicopter is that when we get the call in, it's less than three minutes to get into the air so that means they are there much quicker than any other service," he added.

The new Air Ambulance, which operates during daylight hours 365 days a year, is expected to perform more than 500 life-saving missions per annum.

It will cost around €2m a year to operate and will be largely funded by public donations.

To that end, ICRR will shortly launch a major fundraising campaign to support the operations of the Air Ambulance.



Captain John Murray, centre with crew Paul Traynor and Brian O'Callaghan with the Charity Air Ambulance at Rathcoole Aerodrome, County Cork PICTURE: DON MACMONAGLE

Vides charity celebrates 25th anniversary

A CHARITY which looks after some of the least well-off in the world marked its 25th anniversary.

Volunteers from Vides Ireland gathered at the Clayton Hotel to mark the occasion.

Vides Ireland exists to protect human rights, especially among women and young people worldwide.

An acronym, Vides stands for voluntary international development education and service.

Paul Hogan has volunteered for Vides for five years and has been to several parts of Africa to help youngsters there. He used his skills to build a chicken hatchery.

"My son and daughter went out first, and to be quite honest, I was wary of it. But then I went there, and fell in love with the place. I still felt at the time Vides was a youth organisation. But it's not. A lot of young retired people could offer a lot out there. You're never too young or old to go out there in all honesty," he said, "Vides is all about helping. It's all about education, it's all about fighting for people's future in less well-off communities around the world."

Vides is always looking for new volunteers – telephone 087 710 5435.



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Man charged with raping woman at city flat

DAVID HURLEY

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A MAN is facing trial on indictment before the Central Criminal Court after he was charged with raping a woman in the city centre more than two years ago.

The defendant, who is aged 35, was granted conditional bail after he appeared in court having been charged by investigating gardai.

He is accused of raping the named woman at an apartment in

the city centre on August 27, 2018.

During a brief hearing at Limerick District Court, Judge Marie Keane heard evidence relating to the defendant's arrest and was informed he made no reply when formally charged.

Solicitor Con Barry was assigned to represent the defendant and Sergeant Sean Murray said there was no garda objection to bail subject to the defendant complying with certain conditions.

The 35-year-old, who did not speak in court, has surrendered his Passport to gardai and he must sign on at his local garda station three times a week.

Judge Keane directed that he have "no contact whatsoever" with the alleged injured party pending the conclusion of the proceedings against him.

Noting the nature of the charge and the directions of the DPP, she adjourned the matter to later this month to facilitate the preparation

of a book of evidence.

The matter is likely to be sent forward for trial later this year and will then come before the Central Criminal Court when a trial date will be set.

No details relating to the alleged offence were outlined during the brief court sitting which was largely procedural.

Judge Keane directed that nothing be published that would identify the alleged victim or the location of the alleged offence.



The accused was granted bail at Limerick District Court



Supercars like this Mercedes will be one of the 190 vehicles on show at the Ennis Road hotel

Make vroom! Here come the supercars

Cannonball: Spectacle to raise money for cancer charity

NICK RABBITS

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PORCHES, Maseratis, Rolls Royce and Bentley cars will hit the streets of Limerick this weekend as part of a major fundraiser for the Irish Cancer Society.

Canonball, the so-called 'spectacle of true supercars' is to roll into Limerick this Saturday from 12.30pm at the Radisson Blu Hotel on the Ennis Road.

They are here as part of Cannonball, the largest organised road-trip in Europe. Over the years, the event has raised more than €1m for Irish charities, and this year, the

group turns its attention to the Irish Cancer Society.

Spectators will have the chance to get up close and personal with 190 of the finest cars on the planet and enjoy a unique festival atmosphere. As well as luxury cars, there will be Brazilian dancers, and live DJs and giveaways.

To add to the party atmosphere, there will be appearances from Fr Willie, the German Polizei, as well as a very special visitor from the White House in Washington!

A unique free family day out, all donations and money raised will go to the cancer society.

Other top cars coming to the city

include Lamborghini, Ferraris and Aston Martins.

Cannonball is the brainchild of Kildare businessman Alan Bannon while this year, the event's headline sponsor is Circle K.

Other sponsors include Keane's Jewellers, BMW and Windsor Motors.

As well as the Radisson Blu Hotel, the Cannonball tour will take in Malahide - where it kicks off - as well as Fermoy, Sligo and Slane.

It will wind up in Edenderry in Co Offally.

For more information on the Limerick leg of the event, telephone 061-456200.

US VP Pence calls Shannon 'important hub'

RYAN O'ROURKE

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The US Vice President Mike Pence has called Shannon Airport as an "important transportation hub for the United States armed forces."

The comments were made after a meeting with the Taoiseach, Leo Varadkar.

According to RTE, Mr Pence said Ireland was becoming an increasingly important security partner to the US. He described Shannon Airport as an "important transportation hub for the United States armed forces traveling in supportive missions around the world."

A number of other issues were also discussed, including Brexit and the Good Friday Agreement.

The Mayor of Clare, Cllr Cathal Crowe, has said despite their differing political opinions, he was glad to be part of the welcoming party that met American Vice President Mike Pence after he landed in Shannon Airport on Monday.

Mr Pence and his wife Karen landed in Shannon Airport Monday evening, marking the beginning of a three-day visit.

After landing, the Vice President met with Cllr Crowe and with Simon Covey, the Minister for Foreign Affairs, at the airport (see picture).

"Fulfilling the duties of the office of Mayor of Clare and welcoming VP Mike Pence, a

man of Clare descent, does not mean that I hold political opinions congruent with his. My views on many topics are entirely opposite to his but I have full respect for the office that he holds, the country that he represents and I was glad to be part of an official welcoming party to warmly receive him at Shannon Airport," said Cllr Crowe.

"America is a country that has embraced many migrating generations of my family. For that reason, above all, I have a great fondness and respect for the American spirit. I hope that many of the values that Ireland associates with that

spirit; openness, inclusion, and opportunity for all, will return again to the fore of American life," he added.

The Vice President will spend two nights in Doonbeg, where his maternal grandmother's family hailed from.

"Just like they did back in June, I know that the good people of Doonbeg will show their true class by welcoming the Pence family with warm sincerity," said Cllr Crowe.

"It is incredible to think that Doonbeg, a tiny West Clare village, has strong links to both the current president and vice-president of the United States," he added.

After his visit to Ireland, the Vice President is due to fly to Iceland and the UK later in the week for a further series of engagements.





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LEADER BRIEFS

Greg and Amber - and Maura - set for Late Late date



LOVE Island's Greg, Amber and Maura will be Ryan Tubridy's special guests on the Late Late Show this Friday.

Tubridy confirmed this Tuesday morning that winners Greg O'Shea and Amber Gill will be on the late evening talk show this week. The presenter told his RTE Radio One listeners this Tuesday morning: "Now, I am going for coffee with Greg from Love Island because he is on the show on Friday night, along with Maura and Amber and Sinead O'Connor and everyone else. I am looking forward to saying hello to him in advance of that."

Aontu's local convention

IRELAND's newest political party Aontu will be running a candidate in the two Limerick constituencies at the general election.

The fledgling group, founded by former Sinn Féin TD Peadar Toibin, will be holding its selection conventions next Tuesday.

Mr Tobin himself will attend the convention, which kicks off at 7.30pm, with the candidates to give their victory speeches at 8pm.

Blood donation clinics to run next week

Blood donation clinics will run in Foynes and Ennis next week.

The Foynes clinic will take place in the Foynes Community Centre on Monday, September 9, from 5-8pm and in the West County Hotel in Ennis from 5-8 on Thursday the 12th.

Flood scheme plans updated

King's Island: Proposals for €20m project are revealed

DAVID HURLEY

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LIMERICK City and County Council says it hopes to lodge a planning application for the King's Island Flood Relief Scheme in the coming weeks.

The local authority has begun a public consultation process after publishing updated plans for the project which will cost around €20million to complete.

Given the scale and nature of the scheme, the application will be submitted to An Bord Pleanála for its consideration.

"Since our last public information day (in 2017) we employed a landscape architect to try to improve the aesthetics of the scheme - so it's essentially the same scheme but it has been enhanced to make it visually more pleasing - particularly around St Mary's Park and some of the walls and glass panels," explained senior executive engineer Kieran O'Gorman.

While there has been general support for the much-needed scheme, one matter that was raised at a public information evening was the impact it could have on Athlunkard Boat Club and its ability to expand in the future.

"The issue with the boat club is that they are going to lose their present entrance and we had agreed that the entrance would be moved



Cllr Frankie Daly, Jan O' Sullivan TD and Cllr James Collins PICTURE: MICHAEL COWHEY

further up the Abbey River but the piece of land they have on the inside, we were looking for a retaining wall - it's a small thing in the overall scheme of things but it's vitally important to the boat club going forward," said former mayor and councillor John Gilligan.

Cllr Frankie Daly, who topped the poll in May's local elections, says the priority is that the flood relief scheme is progressed quickly to ensure there is no repeat of what happened in

2014.

"It's taken a long time to get here and I'm happy from that point of view and I welcome it with open arms but we still need to be mindful that at this point in the programme we need to take on board people's ideas and thoughts around what they might feel - the consultation needs to be meaningful," he told The Leader.

See pages 16 and 17 for coverage of the floods which hit north Limerick city this weekend

River rescue heroes to be honoured with procession

A procession will move through the streets of Limerick this Sunday, September 8, to honour the city's river rescue teams, writes Mike Finnerty.

A Mass will take place at St. John's Cathedral on Sunday evening at 7pm, and a procession will follow the Mass at Clancy's Strand. The procession, complete with Garda escort and a bagpipe player, will finish up at 9pm at Arthur's Quay.

The procession is the brainchild of Phillip Scanlon and Michael Burke, and aims to honour the people involved with Limerick Suicide Watch and Limerick Marine Rescue, along with the Monks of Moyross.

They got the idea for a procession after seeing a similar procession in the French city of Lourdes.

"We thought 'it would be lovely to see something like this in Limerick'," told The Leader.

This year's procession is especially



Members from Limerick Marine Search and Rescue, Limerick Suicide Watch and the Moyross Monks

poignant, in light of recent events around the River Shannon in the city.

"Although it's a difficult topic," they say, "it's an event that brings a lot of happiness to people.

"It's never easy to discuss, but you have to keep living life," they stated.

Interest in the procession has been boosted in recent weeks, after an endorsement from Declan Copues' radio show on Live95.

"We have it early on a Sunday night so that the kids can still take part in it," they added.

Donation plea to light the park

NICK RABBITTS

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DONATIONS are being sought for a poignant event which will take place next week to mark World Suicide Prevention Day.

On Tuesday September 10 from 7.30pm, Arthur's Quay Park will play host to a candlelight vigil for loved ones to remember those who have lost their lives through suicide.

Organised by ABC for Mental Health, the charity's founder Amanda Clifford is seeking €150 to organise battery powered candles for people to hold in the park.

"We will be standing shoulder to shoulder. A circle has no beginning and no end. We will hold a one minute silence to remember those who have died by suicide and those who need help now. Once you light a candle, by lighting another, you will never diminish your own light. The more we can share and tell people they are not alone, the more we connect with people. The moment you connect with another human being, you realise you are not alone," she told The Leader.

Last year, despite heavy rain, more than 400 people came to the park to remember loved ones.

"It was an emotional event. I was very touched as there was such a positive energy. People shared stories, those whose relatives have died by suicide. I just sensed there was no shame in it. The families felt they could share their stories without feeling shame. It's just this beautiful powerful connection," she added.

Meanwhile, a campaign was launched in the city this Tuesday night aimed at demanding better mental health provision.

It comes after a traumatic period in which a number of people have attempted to take their own lives in the Shannon; the focus has switched to what Limerick needs to do to respond to this.

Representatives from all community, voluntary and political groups came together to plan "a cohesive strategy to address the chronic mental health crisis in Limerick".

For more information on the World Suicide Prevention Day event and to donate, contact 0868353990.

HPV is a common virus that can cause cancer in **both men and women.**



The HPV vaccine protects young people from getting the HPV virus when they grow up. It's now being offered to boys and girls in first year of secondary school. The more young people are vaccinated, the more will be protected from HPV related cancers.

**Get the facts,
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Mayor of the City and County of Limerick, Michael Sheahan, with competitors from the Girls' U14 Relay during Day 1 of the Aldi Community Games August Festival

Aldi Community Games welcomed over 4,000 children from across Ireland to UL



Davide Moorehead of Killoe, Co Longford in action against Simon Fitzgerald of Caherdavin in the U15 Futsal final

More than 4,000 children took part in Aldi Community Games August National Festival at the University of Limerick Sports Campus on Saturday 17 and Sunday 18 August.

The National Festival was the final event in a successful third year of Aldi's sponsorship of Community Games, which aims to introduce young people to a variety of sports, cultural activities and encourage healthy and active lifestyles.

This year, Aldi Community Games saw more than 177,000 children across 600 communities take part in hundreds of scheduled regional events, supported by over 20,000 volunteers. The August National Festival

Aldi is very proud to be celebrating our third year working in partnership with Community Games.

welcomed county and provincial champions from across Ireland to take part in friendly competition across a wide range of sporting activities including Athletics, Hurling, Tag Rugby, Camogie, Rounders and Soccer

John Curtin, Group Buying Director, Aldi Ireland said, "Aldi is very proud to be celebrating our third year

working in partnership with Community Games. We set out two years ago to give more and more children and communities the opportunity to participate in Community Games, introducing them to the excitement of sport and laying the early seeds for a healthy lifestyle. Progress has been phenomenal with over 177,000 children from 600 local communities taking part. The active lifestyle message that Community Games promotes to children is a vision Aldi shares. We have made fresh, healthy food choices more accessible and affordable to Irish families and in working in partnership with sports and youth organisations like Community Games, Foróige and the IRFU, we are helping to promote active lifestyle choices too"

Congratulations to all who took part in

#getinthegames

THE GAMES



Geoffrey Joy O'Regan of Bruff -Grange -Meanus competing in the Boys' U16 High Jump during Day 1 of the Aldi Community Games August Festival at the UL Sports Arena in University of Limerick. PICTURES: BEN MCSHANE/SPORTSFILE



Mayor Michael Sheahan meets Limerick volunteers Michael O'Brien and Noreen O'Dea at the National finals



U13 Boys' Futsal silver medallists from Caherdavin Community Games



Grainne Diamond Ebs of Skerries, Co Dublin, left, and Eimer Purtil of Croom-Banogue-Manister during the girls U10 200m final



Patrick Moran of Killoe, Co Longford in action against Simon Fitzgerald of Caherdavin in the U15 Futsal final



Julian Mahango of Regional, Limerick, left, and Alex Bagaall of Edenderry, Co. Offaly, compete in the Boys' U12 Relay Heats



Simon Fitzgerald of Caherdavin scores a penalty

Aldi Community Games 2019.



Everyday Irish
Everyday Amazing

Comments from online readers

What you're saying about stories on limerickleader.ie and our social media platforms



ACCEPTING MY FATHER HAD ALZHEIMER'S WAS HEARTBREAKING - LIMERICK CARER

Thomas Kirken

Its sadly a fact of life, increasing more & more. My late Mom, Mia, had it for 5 / 6 yrs & it took a huge effort & lots of Love, Support, Care, Patience, Understanding to Work through. Its Eight Yrs, she finally passed away & are heartbroken & dearly missing her. But she is at peace & suffering no more..



Sinead Erbayraktar

Such an awful diagnosis ... it steals everything like a thief in the night from the person ... great piece , thank you for sharing your story I really admire the unsung hero's in this case , family & carers

Martin Kenny

Well said Rachel and by writing this you are giving strength to others. Well done and best wishes

Avril McCarthy

I remember Tony at the Garryowen Day Care Centre,such a nice man.

FLIGHT RESTRICTIONS FOR VISIT OF US VICE PRESIDENT MIKE PENCE

Ian Mills

Shannon Airport is the gateway to the wild atlantic way..Its an IRELAND airport. Do not be dictated to by another country regardless. Shannon Airport has enough issues regarding passenger numbers/routes. Having him touch down at Shannon should be no different to any other passenger.



Jonathan McCoy

I have to give my two-pence worth "Be a good Yank now, and go home".

Ted Murray

He was hilarious in the Naked Gun.

LIMERICK CAMPAIGNERS URGE BETTER PROVISION FOR MENTAL HEALTH

Margaret Hallinan

A 24 hour drop in centre or 2 and security officers present. The Samaritans close their door to the public no later than 10pm and I guess they might have helped some people. However they listen but don't advise! I know in the past that I needed someone to listen and advise.



Dawn O'Donnell

Cant see anything happening there they know all this time something is needed and still nothing the likes of willowdale is up to 8 weeks for an appointment thr counselling services arent able to cope and dont have the right counsilers and your left with 5B which medicate you to the last and then after been shoved at the back of the hospital like a leopard for months your then sent away to cope on your own , disabilities allowance wont pay disability as they dont consider mental health illness a disability so where do you go from there and then they wonder why suicide is a problem here !!!

Teresa Ryan

Never said a truer word it's desperate at the minute

Sean Griffin

Absolutely, it's a national emergency

www.limerickleader.ie
www.facebook.com/LimerickLeader
 Limerick Leader

Sigi boxing up joy for deprived kids

Charity: Limerick woman aims to pack 199 gift boxes for Team Hope



Sigi Murrphy with some of the scores of Christmas shoe boxes she has been putting together for her annual appeal

PICTURE: MICHAEL COWHEY

REBECCA LAFFAN

rebecca.laffan@limerickleader.ie

THE MURRIHY household in Caherdavin Park is akin to Santa's workshop year-round, with the creation of hundreds of special Christmas gifts taking place on an almost daily basis.

Sigi Murrphy busies herself year on year with making up boxes for Team Hope's Shoebox Appeal, which are given to children in developing regions of the world every Christmas.

"I've been doing it for about five or six years," she said, as she stands in front of a stack of wrapped shoeboxes that reaches shoulder-height.

Around her lay boxes of toys, from teddies to figurines, all laid out in what she refers to as her "organised chaos".

"When I was a child and I had to leave my house during the war with my mum, somebody gave me the present of a little doll," Sigi, who is originally from Germany, explained, "and for me, that was like heaven."

"One day, I was in a shop here in

Limerick and I saw a doll in a shop looking at me, and I said 'my God', and that brought back the time when I was small.

"I thought 'I could do something with that' - and that's when it started," she added, "it started up very small with two boxes first and every year I had more - and last year I had over 200."

Though her home workshop may be a one-woman show, Sigi receives help from friends and businesses for her shoebox efforts.

"I got donations from Germany, which I'm very delighted about. Actually, a doctor from Germany, Dr Friedrig from Freiburg gave me a donation," she said.

"People here, when they hear about it are very good. A special thanks to my friends who collect toys for me, without them I couldn't have it."

Sigi also receives financial donations to add to the boxes from businesses such as Lidl, as each box requires a minimum donation of €4.

"I'm well-known in the charity shops here in Limerick, some give me

things for a bit cheaper and some say 'I've got that for you' and others charge me full price, you have that you know."

Sigi receives the boxes from Michael Gleeson's shoe shop in Limerick city, and the boxes are wrapped by Carmel O'Brien and Mary Tuite.

"I sometimes wonder how I manage it, and I'm very lucky to have my husband," Sigi said.

"Anybody else would throw me out altogether, and this year we are 55 years married - and we're still together!"

Sigi starts her shoebox work in January, and this year she has made 147 boxes so far - with an overall goal of 199.

"One-hundred-and-ninety-nine has a nice ring to it, it sounds good."

"It keeps me going, and it gave my life content," she explained.

"It's something, and every time I've a box full it gives me great satisfaction."

If you would like to donate items to the Christmas appeal call 087-6449668.

Limerick's food producers make final cut

Ten Limerick food producers have made it to the final round of Blas na hÉireann 2019.

They will join 350 other finalists in October's finals in Dingle, County Kerry.

The finalists will have their products tasted, compared,

savoured and judged at the final of Blas na Éireann 2019 in Dingle on Thursday 3rd October.

The finalists honed their skills at a roadshow on O'Connell on Tuesday morning.

This is the 12th year of the biggest competition for Irish produce.

The finalists from Limerick are Attyflin Estate, Bally Goat Cheese, Ballyhoura Apple Farm, BeeActiv Ltd., Glen Aine Foods Ltd., Glenstal Foods, Kearney's Home Baking Ltd., Murphys Home Bakery, Old Irish Creamery Cheese and The Green Apron

Aqua fans set to make city splash

DOZENS of aqua-fans from across Limerick are set to make a splash this weekend as one of the most historic swims in the city rows again.

This Saturday, it's expected some 65 swimmers will take part in the island swim.

This consists of a four-kilometre swim around the King's Island, with participants taking in the Abbey River, Baal's Bridge, around the back of St Mary's Park and back to the city under Thomond Bridge.

Event Director Mark Dempsey says this year is poignant.

"This is our first year without the long serving limerick swimming coach John Dempsey but it will also be his birthday so it will be a very special day," he explained.

The swim starts at 1pm and finishes at 3pm from the Curraghour Boat Club, Merchants Quay with refreshments served afterwards in The Cauldron Bar, Nicholas Street.

Although the swim is by invite only, Mark said he wants to see as many people as possible to come out and cheer on the swimmers on the day.

More information: 085-1579156.



Swimmers get ready for last year's Island Swim

Students should 'explore city'

LIMERICK CITY centre is the place to go for students, according to a new campaign launched by the Marketing and Communications Department of Limerick City and County Council.

Students will suffer the pain of missing out if they don't leave their college campuses and hop on a bus or walk into the city centre, as there is so much to see and do in the heart of Limerick, a spokesperson for the Council


has claimed.

The new campaign has been unveiled as more than 24,000 students start the new college year at Limerick's third-level institutions of University of Limerick, Limerick Institute of Technology, Mary Immaculate College, Limerick School of Art and Design, Griffith College, Limerick College of Further Education and Central College Limerick.

Limerick will be home to

thousands of international students.

Laura Ryan, Head of Marketing and Communications with Limerick City and County Council said: "Over the past number of months we have carried out extensive research with students and the colleges to see what their needs are and we believe we have come up with an exciting campaign focused mainly on social media aimed at students in Limerick."



Did you know that 27 people die of a HEART ATTACK in Ireland every day? There is now an alternative to an Angiogram!


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Thursday 12th September - Radisson Blu Hotel, Limerick
Wednesday 23rd October - Radisson Blu Hotel, Limerick
Appointments available from 11am until late

Heartfelt Cardio Screening by BPro

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We offer an exciting and wide-ranging choice of both evening and part-time Further Education and Training provision at Raheen Campus, as well as other locations in Limerick through our training partners.

	COURSE	DURATION	START DATE	COURSE	DURATION	START DATE
Evening and Part-time Courses	Supervisory Management	10 Weeks	10th Sept 2019	Healthcare Support- Teamworking (Part-Time Day)	5 weeks	7th Oct 2019
	Training Delivery and Evaluation	10 Weeks	10th Sept 2019	Safety and Health at Work (Part-Time Day)	5 Weeks	8th Oct 2019
	Woodwork	10 Weeks	17th Sept 2019	Door Security Procedures	6 Weeks	22nd Oct 2019
	First Aid Responder	4 Weeks	17th Sept 2019	Guarding Skills	6 Weeks	22nd Oct 2019
	Healthcare Support- QQI Level 5 Major Award	40 Weeks	24th Sept 2019	Work Experience (Part-Time Day)	5 weeks	23rd Oct 2019
	Good Manufacturing Practice	8 Weeks	24th Sept 2019	Care of the Older Person (Part-Time Day)	5 weeks	24th Oct 2019
	Start Your Own Business	20 weeks	26th Sept 2019	Care Skills (Part-Time Day)	5 weeks	25th Oct 2019

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Contact Pádraig on 061 487 985,
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Our evening and part-time courses are free to persons in receipt of a Department of Employment Affairs and Social Protection payment. If you are working and looking to up-skill we offer fee reductions and exemptions under our Skills to Advance programme.

This provision is co-funded by the Government of Ireland and the European Social Fund as part of the ESF Programme for Employability, Inclusion and Learning 2014 -2020.



LEADER CRIME BRIEFS

BY DAVID HURLEY



Local students seeking accommodation 'scammed'

GARDAI are urging students to be vigilant when seeking accommodation for the coming academic year.

Because of the rental shortage and the pressure to source accommodation a number of students in Limerick have been scammed in recent weeks.

The most common scam surrounds the payment of deposits while in some cases the person purporting to be the landlord has no connection to the property.

Garda John Finnerty says students should only do business with bona fide rental agencies and should always meet prospective



Advice: Garda John Finnerty

landlords in the accommodation. ID should be sought and deposits should only be paid to the landlord or agent.

"Use cheques or bank drafts to pay the deposit and keep copies of receipts of payments and any correspondence. Ensure the keys fit and sign the rental contract prior to payment of deposit," he said.

Mountain bike stolen from outside house in village

GARDAI are investigating the theft of a black Carrera mountain bike from outside a house in Meelick.

The bike was stolen from the porch at the front of the property at Elton Court in the village between 3pm and 4pm last Thursday.

"Unfortunately, the owner of the house had left the sliding door to the porch open. The thief took full advantage of this opportunity. If you recall seeing anybody on a black mountain bike around Elton Court between 3pm and 4pm last Thursday, the Gardaí at Ardnacrusha garda station would like to hear from you," said Garda John Finnerty.

Garda appeal to motorists as schools return to normal

WITH all schools now open again after the summer holidays, gardai are appealing to motorists to exercise caution when driving near schools.

The has been a sharp increase in traffic levels particularly around drop-off and pick-up times.

"If you are a parent please give yourself plenty of time to reach your child's school. Stay within the speed limits and keep well back from the vehicle travelling directly ahead of you," said Garda John Finnerty.

"Please be aware of road



All schools have reopened after the summer

conditions and any road works which are taking place. When you reach the school please park your car in a responsible manner and obey the parking restrictions that are in place at the school," he added.

Motorists who do not have schoolgoing children are also being urged to exercise caution.

Window broken by intruder

GARDAI are appealing for information after a window at a commercial premises on the outskirts of the city was smashed.

While an intruder gained access to the premises in Westbury at around 5.20am last Friday, nothing was stolen.

Anyone who has information about the incident is asked to contact Ardnacrusha garda station.

Focus on education pays off for UL and garda members



Members of An Garda Síochána, who received the Specialist Diploma in Teaching, Learning and Scholarship with Dr Mary Fitzpatrick PICTURE: DON MOLONEY

Diplomas: Second cohort of garda students graduate

DAVID HURLEY

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MORE than 30 members of An Garda Síochána were among those to graduate from the University of Limerick last week.

The 33 members, who were part of the second cohort of instructors from the Garda College, each received the Specialist Diploma in Teaching, Learning and Scholarship following a two-year course.

"These instructors have come from the force, operating within all of the different areas of An Garda Síochána, and are now based in Templemore teaching," explained Dr Mary Fitzpatrick, acting dean of teaching and learning at UL.

"This programme allows them to validate their expertise in teaching their area of discipline to the next wave of garda recruits," she added.

The Specialist Diploma in Teaching, Learning and Scholarship was developed in response to the proposed framework for mapping professional development in higher education from the National Forum for the Enhancement of Teaching and Learning.

It provides graduates with high-level, scholarly, practice-based professional development to ensure competence in the areas of teaching, learning and scholarship within their professional contexts.

A very special week for everyone

UL PRESIDENT DR DES FITZGERALD



The members of An Garda Síochána who graduated are now equipped with a range of skills, competencies, insights and capacities which will ensure that they bring the highest quality teaching and learning experiences to the students at Templemore's Garda College.

Dr Fitzpatrick described the close connection established between UL and the Garda Training College in Templemore as "fantastic".

"It has been absolutely wonderful to work with the Garda College to develop this bespoke course since 2014. It has been a very fruitful relationship all round," she outlined.

The programme was initially designed for UL academics but then customised to suit the Garda Training College and Inspector Patrick Guinan said: "The link between UL and An Garda Síochána is essential at the moment as UL accredits the BA in Applied Policing where the relationship is fundamental in underpinning the work done at the Garda College."

As serving members, Friday's 33 graduates undertook their course while also fulfilling the requirements of their full-time jobs and Insp Guinan said that the reward was "huge" as it now accredits these tutors in the work done at Templemore.

"This really validates their teaching as they bring their work life experience into the role. They can convey their operational experience to Garda recruits in a manner that is hugely beneficial after the learning achieved at UL," he said.

The UL president Dr Des Fitzgerald has described last week's conferrings as a very special week for everyone associated with the university.



Making Cents

LIAM CROKE

The Must-Read Guide To Saving Money

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Get a handle on risk and you can reap the rewards

Despite interest rates being so low, the majority of people continue to leave their savings in very low interest bearing accounts.

They probably do so for a number of reasons, one being they want to play it safe. By keeping it in cash, even though it's earning nothing, it's safe and the capital is protected. And while the capital is protected if held in cash, it's not entirely risk-free either.

Because if your return isn't greater than inflation, the purchasing power of your money will reduce over time. Inflation is currently running at c. 0.70%. So, for every €10,000 invested, if your return over 12 months is zero, in real terms, you've lost €70.

All very depressing for savers, but, for some, that might be an acceptable amount to lose and a small price to pay which is fine if that's all they lost, but when you factor in the opportunity lost by not investing in accounts that yield c. 3% per year, and carry capital guarantees (they do exist), they are losing much more than just €70.

This realisation was the trigger for a woman I met recently to take action with some of the funds she had on deposit. She had accumulated c. €20,000 over time, which was hard earned and the reason she was so protective of it.

She was conservative by nature anyway, but through listening to a financial podcast and reading an article about the effects of inflation, she became more aware of the impact it was having on her money.

When she looked towards the future, and what her €20,000 would become, she began to question herself, and

wonder was she being overly cautious?

So, she decided to do something about it. She did some research and realised there were alternatives to keeping her money in the bank. She didn't want her money earning negative returns anymore. She had heard the saying about you've got to make your money work hard for you, but hers were staying in bed all day, watching TV.

She still has some money left in her old bank account, but now has two new investment accounts, that are performing well, earning multiples of what she was previously getting. The money in those accounts are up and off to work at 7am, and don't get home till late.

But what she had to do and accept if she wanted to earn more, was introduce an element of risk to her investments.

And she did. But it was an amount she was happy with. And she discovered what her appetite for risk was when I asked her to put a number on the loss she could tolerate if things didn't go well with her new accounts. That amount was 5% which was great to know, because now we could find accounts that matched her risk profile.

So, taking time out to understand what investment risk actually is, or finding someone who can tell you, is important because it could lead you to earning much higher returns, while enjoying a great night's sleep in the process.

You see, different accounts carry different risks.

If you're investing in a start-up company based in Indonesia or Turkey, put the coffee on, it could be a long night. But if you invest in accounts that

“She had heard the saying about you've got to make your money work hard for you, but hers were staying in bed all day, watching TV”

DID YOU KNOW?

Last year, shoplifting cost retailers throughout the world over €100 billion. The highest rate was found in India, with the lowest in Iceland.

have a good spread of blue chip companies, invest in different sectors, in different locations your risk of losing your capital is much reduced.

You choose the level of risk you're comfortable with. It could be 2% of your investment, it could be 5%. You can determine the level. You are in complete control.

But no matter what I or others say, you've got to weigh up the risk against the potential reward of investing in accounts that carry some element of risk, and ask yourself - is it worth it?

Let me give you a quick example of what that might look like:

If, for example, you invest €10,000 in an account that carries a 95% capital guarantee, the maximum risk to your capital is €500.

If the account returns 3% per year, compounded over a 5-year period, the interest would be €1,616. So, risk = €500 loss; Reward = €1,616 gain

If you left the same amount on deposit in a bank, this is your risk/reward scenario: Risk = €345 loss (this is the amount your capital will reduce by, if inflation runs at 0.70% pa) Reward = €0 gain

As you can see, the monetary difference in loss between both scenarios is just €155 and the gain is €1,616. So, are you willing to risk a loss of €155 for a gain of €1,616? And when you put some numbers on the differences, it's not that much is it?

There is no right or wrong amount of risk you should take on, but regardless of whether you're investing a lump sum or saving a regular amount each month, always know, you have control over the level of risk you want to undertake.

ASK LIAM

Our personal finance expert answers your questions ...

Q: I'm changing employers, but with a longer commute I need to change my car. While I have money from a termination payment, should I use it to buy a car for cash or take out a loan. I have €20k and the car I'm thinking of buying is €15k. What should I do?

A: Buying a car for cash can be a terrible investment.

And it isn't an investment at all, but if you consider it as one, it might help you with your decision.

If I said to you, put €15,000 into an account, and I'm guaranteeing you in four years' time it will be worth €3,000, would you invest? Of course, you wouldn't. But that's what might happen if you buy a car for cash.

If you finance the purchase, and pay a deposit of €3,000, the car is still worth c. €3,000 in 4 years' time, but you also have €12,000 sitting in your account. Buying for cash, you have a car worth €3,000 but €0 sitting in your account, and whilst you paid c. €1,800 in interest payments, you have retained the bulk of your savings.

The only way you could match this strategy by using cash is by saving what the monthly repayment of a car loan would have been. Do you trust yourself to do this? If yes - use cash, if not, finance the purchase

SHOP LOCAL: GOOD DEALS AVAILABLE IN LIMERICK THIS WEEK

Feile 19 takes to the stage at Semple Stadium on Friday, September 20 and Saturday, September 21 with a stellar line-up of Sinead O'Connor, The Stunning, Sultans Of Ping, Jerry Fish, Something Happens (pictured) and many more. Tickets on sale now from www.thetriptotipp.com



Is it time for a clear out? Recycle Right offer a low cost skip hire service in Limerick. With all size skips available from mini skips to jumbo skips. Prices starting from just €160. For more information call 061 577 577 or go online www.recycleright.ie.



The Strand Hotel's wedding showcase is set for September 22 with guest speakers from Irish wedding blogs: Bride To Be and FMN Make Up. Tickets are €35 and are available on Eventbrite.

OPW in hot water as it admits flood fault

Compensation: Sigh of relief but families are still without a home

FINTAN WALSH

fintan.walsh@limerickleader.ie

FAMILIES, farmers and local clubs are now playing the waiting game as the Office of Public Works makes strenuous efforts to make amends after it admitted fault to last weekend's flooding "disaster".

From the early signs of flooding on Saturday morning, residents in Coonagh knew that there had been a man-made error, with many referring to repair works on Friday afternoon.

However, it was not until Monday evening, after four distraught families were forced to evacuate their homes for health and safety reasons, when they were given an explanation.

During a routine inspection, OPW workers saw that a sluice outfall had collapsed at one of the embankments in Coonagh. This sluice outfall allows the discharge of water from this area that is protected by the embankment to the Shannon estuary. During high tides, it prevents tidal waters in the estuary backing into the protected area.

However, the OPW was not able to repair the sluice due to the high tide and, instead, a temporary



Margaret Brickenden and Jenni Lyttle, helping out by filling sandbags after

embankment was put in place.

"Unfortunately, this temporary measure failed and as such tidal waters entered the area on Friday night/Saturday morning," a spokesperson told the Leader.

"The OPW were in contact with the local authority over the weekend that provided sandbags to the affected houses. Several pumps have been deployed to the area. On Sunday, the OPW undertook further works and these withstood the high tide last night. Further works on these temporary measures were



This temporary measure failed and as such tidal waters entered the area on Friday night/Saturday morning - OPW

completed this morning. This is only a temporary measure and the OPW is focused on repairing the breach, when the tides recede.

"The OPW acknowledges that in trying to repair the damage to the sluice, the temporary structures did not initially provide the level of protection provided by the embankments and did lead to flooding in the area.

This comes almost 24 hours after Minister of State in charge of the OPW, Kevin "Boxer" Moran, promised families that an investigation would be carried out and that he would look at supports to compensate families.

During his visit, Fine Gael senator Kieran O'Donnell showed him one the homes and said: "As you can see, Minister, it's a disaster."

And Deputy Willie O'Dea has publicly stated that, after speaking with senior officials, the OPW will be assessing the damages with the aim of reimbursing all injured parties.

There was a sigh of relief at this from many residents, albeit brief, as four families remain without their homes and await assessors' reports, reimbursement and repair works, with Christmas just around the corner.

Householders had to barricade their homes with sandbags, but despite this, four families were forced



OVER TO YOU

Have you got a view on what you've read here? Share your opinion with Leader readers by writing to the editor. Please email news@limerickleader.ie or write to The Editor, 29 Glentworth Street, Limerick

Local sporting clubs rally around Na Piarsaigh

NA Piarsaigh GAA club, which has seen its pitches destroyed by the weekend flooding, have been inundated with offers from sporting clubs to use their facilities.

Hundreds of children have been left without somewhere to train or play after the events of the weekend.

With their pitches rendered unplayable at present, club volunteers have been working around the clock to clear the water and establish the full damage caused.

In the meantime, secretary Donie O'Gorman has confirmed a number of clubs have made contact offering use of their facilities.

"It really says a lot about the GAA in Limerick, and indeed other sports in

Limerick," he told The Leader.

Among those who have made a generous offer to the side, who are looking to make it three county titles in a row, are fellow city clubs Old Christians, and Ballinacurra Gaels, and a number of county teams including Garryspillane and Fedamore.

And neighbouring Shannon Rugby Club has been in contact, Mr O'Gorman revealed.

Over the last five years, members of the Caherdavin club have helped raise in excess of €1m for pitches, hurling walls and an astroturf facility.

Club stalwart Timmy O'Connor, the former chairman said: "We are trying to get the water off the pitch at the

moment. That's the priority. We are trying to pump it. We just don't know how much damage there will be until we get the experts and engineers, until the water has gone off of the pitch. But it will be a couple of days before we can do this."

Timmy was on site in Elm Drive all day Saturday and Sunday and from 8.30am this Monday morning.

"We need to get the pitch checked. It's too risky for any players due to contamination. We are taking no chances, and we will do things properly," he confirmed.

The flooding followed the breach of an embankment in the River Shannon, coupled with this year's highest tides.



Limerick senior footballer Kieran Daly and his brother James at the side of the flooded



Coonagh Airfield's financial hit as planes are grounded

FINTAN WALSH
fintan.walsh@limerickleader.ie

HIGH-flying students will not be allowed to charter a flight at Coonagh Airfield for up to a month as a result of last weekend's severe flooding, resulting in a huge loss of revenue for Limerick Flying Club.

While there is no estimated cost of damage, there was a foot of flooding in the two hangars, covering the wheels and undercarriages of some of the planes, which damaged building parts, and destroyed files.

The club's chairperson, Mark Buckley told the Limerick Leader that all 10 club and private planes will have to be engineer-inspected over the coming weeks before they can be returned to the field.

And because this process can take a number of weeks, the club has issued a month-long closure notice to the Irish Aviation Authority, which can be cancelled at any stage.

"I don't think it's been huge damage. It's mostly wheels, it didn't go high enough to get into the engines or anything like that. But we will have to get an engineer to check all the aircraft. There's a bit of expense there," Mr Buckley said.

The Office of Public Works, which has admitted fault over the flooding, has offered to pump out the water from the airfield, including the runway, most of which is under a foot of water.

"I went out there, with my wellies on, and



The flooded hangar at Coonagh Airfield

it almost went out to the top of my wellies as I was going into the hangar. In both hangars, there was about a foot of water."

There are 10 planes in the Coonagh hangars; seven private aircraft and three club-owned, which are used for flying lessons.

However, no lessons will be taking place at the airfield for a number of weeks, Mr Buckley said. In fact, they had to cancel their "fully-booked" weekend, which is around 30 lessons.

"There is definitely a loss of revenue, and we don't know when we will be back. The aircraft have to be inspected, we have to be very, very careful with the technical conditions. As to when we can get an engineer up and sign them all off again and return them to service, it could be a week or two before that happens."

He added: "We have given the closure notice to the IAA. We have given them a one-month closure, but we can cancel that at any time, as soon as we have the field operational again."

IN BRIEF GAA club issues alert over rogue fundraiser

NA Piarsaigh GAA, which has suffered significant damage following last weekend's flooding, has issued a warning to the public over a fraudulent Go Fund Me page, pretending to raise money for the flooded pitch.

In a statement on Facebook, Na Piarsaigh GAA club said: "A Go Fund Me page has appeared on social media looking for funds for Na Piarsaigh for flood damage. Please note this is a fraudulent account and not associated with this club."

Anyone with any information should contact the gardai.



Candid Comment

By SPARTACUS

● THE Irish Times has not had a staff journalist in Limerick for a long time.

The face of the paper in Limerick for so many years was the highly respected Arthur Quinlan, a very well known member of the community in Limerick who was a prominent member of Castletroy Golf Club and Shannon Rowing club.

One wonders now, if many of their well educated hacks are allowed out of Tara Street in Dublin, to find out what is happening round the country, but one senses that some still see Limerick as a small backward town where the main industry is crime.

Last week, The Irish Times couldn't resist the chance to have quite an outrageous attack on the city on both its front and page three. And surprise, surprise, the story was about a murder in Drogheda.

The heading was, "Concern as Limerick-style feud emerges".

Yes, both feuds are drug related - aren't most - but what about the Hutch/Kinahan feud in Dublin which started in 2015 and has cost 22 lives, if not more, to date?

Oh, is it that Limerick and Drogheda are two areas of similar population? God knows.

Please, Irish Times, give us a break...journalism my....

● Spartacus welcomes back the city's third-level students, new and old. Students are the backbone of our city, be they keeping our taxi drivers in work, our fast food restaurants bustling, or our bus services profitable

● BAKE Away Anxiety. A new course at Limerick College of Further Education, I kid you not!

For five weeks, at a cost of €110 with a materials fee of €40, students can enjoy "a baking experience allowing creative expression and stimulating social interaction".

Spartacus has also heard through the grapevine of a financial institution in Limerick

offering mindfulness sessions for staff members.

Now you may think going on the tone of this weekly column that Spartacus is going to scoff at the notion of baking away your anxiety and indulging in mindfulness sessions in the workplace.

Well, actually the opposite is the case.

While the thought of baking raises this columnist's blood pressure higher than the temperature gauge of a hot oven, the merits of such a course shouldn't be underestimated.

You don't need a degree in medicine to be able to see how kneading a batch of bread dough would relieve a lot of pent up frustration and feelings of anxiousness, and if done within a group, there is undoubtedly fun to be had.

But would many companies be willing to fork out cash for mindfulness classes during work hours? I'm not so sure.

In fact I am and the answer is no!

One can't help but feel that if indeed mindfulness is all it's cracked up to be, then addressing these issues early could save individuals, and indeed companies, lots in the long term in terms of sick pay and the cost of treatment for anxiety and depression.

● SAD to see Limerick soccer club hitting the headlines again for all the wrong reasons.

The club is in financial trouble again, with reports that Limerick FC is to apply for examinership in the Circuit court.

Owner Pat O'Sullivan has pumped a considerable amount of money into the club, along with a lot of time and effort.

It all seemed to be going so well a few years back when they were in the Airtricity Premier League, but since relegation support has dwindled.

Limerick's final match is scheduled against Waterford at home on Friday September 13....we hope that Friday 13th won't be bad omen.

CONGRATULATIONS TO OUR ROSE OF TRALEE

Sinéad's 'fantastic' first week as Rose

Plough on: Rose's next date is national ploughing championships

RYAN O'ROURKE

Ryan.orourke@limerickleader.ie

THE International Rose of Tralee Sinéad Flanagan says she's still getting used to the spotlight after winning the competition last week.

The junior doctor, who is from Adare, spoke to the Limerick Leader about her first week as the Rose of

Tralee.

"It's been fantastic. I am still getting used to being called the Rose of Tralee, but I am getting there. I'm just taking it all step by step at the moment. It's still very fresh for me. I am not used to all the media attention. It's still very early days," said Sinéad.

"The highlight so far was the homecoming reception in the Woodlands Hotel in my home town of Adare. My

family and friends were there, as well as the Deputy Mayor. The Mayor made an appearance later in the evening. A few of the other roses and escorts also came so it was a great reception. The Woodlands have been neighbours of mine growing up, so it was really great to have it there," she added.

Sinéad studied physiotherapy at the University of Limerick before

completing a degree in medicine from University College Cork, and she now works in Mallow General.

Sinéad turned 28 years old last Thursday. She has lived in Adare since she was a teenager

"My birthday happened to coincide with the homecoming reception, so I haven't really had a chance to have any official birthday celebrations as of yet," said

Sinéad.

"There have been so many celebrations lately, I think I might postpone it for a while. Still, it has been a birthday I will never forget," she added.

The Ploughing Championships are the next official event in the Limerick Rose's diary, with the junior doctor taking it 'day by day'.

Under a newly revamped selection process for the Rose of Tralee brought about last



A stunned Sinéad struggles to take it in after being announced as the winner in the Dome last week PICTURE:

DOMINICK WALSH

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Sinéad Flanagan, our
Limerick Rose, on winning
the International Rose of
Tralee 2019*

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Sinéad Flanagan**

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year ahead**

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CONGRATULATIONS TO OUR ROSE OF TRALEE



I am still getting used to being called the Rose of Tralee, but I am getting there

SINÉAD FLANAGAN

year, there will only be one Limerick Rose every two years from 2019.

The changes in the competition, according to organisers, would see half of the regions showcasing a Rose each year, and have been made to “ensure that every Rose enjoys the ultimate positive experience”.

Roses representing Kerry, Cork, and Dublin will continue to be selected every year.

“At this moment there is no Limerick Rose for 2020. Whether that might change now that I have won, I don’t know, but for now, there will be no Limerick Rose in the competition until 2021,” said Sinéad.

“If any girl out there is thinking of going for the one in 2020, I cannot recommend it enough. Even before I was crowned, it was a fantastic experience. Even just taking part in the county level events is amazing,” she added.

Congratulations
to Sinead on winning the 2019
Rose of Tralee from all in Hynan Travel.



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We, at Hynan Travel are proud sponsors
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delighted to escort them in their tour
last April. We look forward to this
association for many more years to come.



Sinead with Sarah Bergin, Laois Rose, Beatrice Baderwieden, German Rose and Clodagh Cassin, Kilkenny Rose



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Congratulations to
DR. SINÉAD FLANAGAN
on been crowned the 2019 Rose of Tralee.
Wishing you all the best in your
incredible year ahead.

From Agnes Kavanagh
AK Design



**Castletroy College celebrating
our 20th Year in Education**

**Congratulations to our
Limerick Rose Sinead on being
crowned the 2019 Rose of Tralee
from all the Staff, Students and
Parents in Castletroy College**

20 NEWS CONGRATULATIONS TO THE ROSE OF TRALEE



Rose Sinéad Flanagan on the arm of Tom Cranley, Limerick Rose Centre to her welcome home event in the Woodlands. Top left, Sinead talking to our own David Hurley and right, with parents Pdraig and Kay and below with Cllr Adam Teskey

THE IVORY CLOSET
1st Floor, 18 Shannon Street
Tel: 061 314422

Sinead looks forward to a rosy 12 months

THE International Rose of Tralee Sinéad Flanagan says she's looking forward to representing Limerick at home and abroad over the next twelve months, *writes David Hurley.*

The 28-year-old was speaking at a homecoming reception at the Woodlands House Hotel in Adare following her success at the Dome in Tralee last week.

Family, friends and supporters formed a guard of honour as the junior doctor made her way to the ballroom where the celebration took place.

"I'm so proud to represent all of you, Adare, Limerick and the

festival," said Sinéad, whose home is just a stone's throw from the hotel.

"It is my ultimate honour and I've come to realise that it's such a fantastic honour to be bestowed with and I really am looking forward to representing everyone over the next year - we shall have a fantastic time and it's great for our fabulous county," said Sinéad who is the third Limerick Rose to win the International Rose of Tralee title.

Speaking at the homecoming, Deputy Mayor of Limerick, Cllr Adam Teskey, said everyone in Limerick was

"over the moon" when Sinéad was announced as the winner last Tuesday night.

"It was a mark of the type of person Sinéad is that she, herself, was shocked that her name was called out as the winner. She is the epitome of a modern Limerick and Irish woman. Beautiful, strong, determined, educated, kind, caring, humorous and humble," he said.

Sinéad's dad, Pdraig, praised the extraordinary work that is done by the Rose of Tralee committee to ensure the festival is such a success each year.

"We were so lucky to be part of that experience - with people

Stay in the heart of the Kingdom this September and explore the beauty of Kerry's landscape

Congratulations to the Limerick Rose Sinéad from all at The Rose Hotel

From the picturesque Slieve Mish Mountains to the famous Dingle Way - there is no better way to experience the beauty of Kerry's landscape than The Rose Hotel's Walking Weekend this September.

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OLLSCOIL LUIMNIGH

Congratulations
to UL graduate
Sinéad Flanagan

From University of Limerick



Deputy Mayor, Adam Teskey and the Rose of Tralee Sinéad Flanagan at the homecoming event in the Woodlands

from all over the world and the contacts that we have made and the contacts that we found that we didn't know," he said.

Mr Flanagan added that he has great pride in his daughter and that her winning the title was the "icing on the cake".

Representatives of the Rose of Tralee festival attended the homecoming as did members of the Limerick Rose Centre.

Recruitment

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St. Gabriel's is a Voluntary Organisation based in Limerick providing therapy and education services to children with disabilities. St. Gabriel's has recently developed a purpose built six bedroom respite house specifically to meet the needs of children with complex physical disabilities and additional medical needs living in the Mid-West Region.

To see the respite house go to www.stgabriels.ie

We wish to recruit the following highly motivated and enthusiastic staff member for full-time employment as Manager (Person in Charge)
Location: St. Gabriel's Respite House, Mungret, Limerick

Permanent Full-Time Manager (Person in Charge)

Informal enquiries to:
Ms Máire O'Leary, CEO

St. Gabriel's, Dooradoyle, Limerick

Tel: 061 302733 Mob: 087 9973300 Email: moleary@stgabriels.ie

Application form, job description and job specification are available from:
Susan Walsh

St. Gabriel's, Dooradoyle, Limerick

Email: swalsh@stgabriels.ie

The successful candidate will be responsible for the development, service planning, delivery and the daily management of a quality children's respite service, supporting children with physical disabilities who have additional complex medical needs. The post holder will also be the nominated Person in Charge for the designated centre and will ensure the provision of high quality, responsive and sustainable services in accordance with HIQA regulations and relevant legislation.

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- Have a relevant Health or Social Care qualification at an appropriate level.
- Have a minimum of 5 years post qualification experience.
- Have a minimum of 3 years' experience in a management or supervisory role in a health or social care setting.
- Have an appropriate further qualification in Health or Social Care management.
- Have experience working with children with disabilities and their families.
- Are eligible to work in Ireland.

Shortlisting may apply

Closing date for receipt of completed application form:

on or before 5pm Friday 13th September 2019

Interviews will be held:

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St. Joseph's Foundation is a voluntary organisation providing comprehensive services for people with intellectual disabilities. Founded in 1968 the Foundation has grown through continuously responding to the needs of people with intellectual disabilities and their families. The Foundation presently provides early intervention, pre-school, school, adult day services, residential, respite care, elder care and home support in the North Cork and South West Limerick region. We have day services in Charleville, Mitchelstown and Liskennett with residential services in Co Limerick: Ballylanders, Croom, Ballyagran, Bruree, Kilmallock, Dromcollogher and in Co Cork: Charleville, Dromina, Newtownshandrum, Buttevant and Newmarket.

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Notes:

- Qualifications must be validated with the Department of Health & Children if studies were completed outside Ireland.
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- A full Irish/EU Driving Licence is a requirement for the posts.
- Panels of suitably qualified persons may be formed from which further vacancies may be filled.

Closing date for receipt of an up to date Curriculum Vitae (with no gaps in education & employment history) is Friday 13th of September 2019.

Please email CV to monicaosullivan@stjosephsfoundation.ie or phone on 063 21671

Applicants shortlisted for interview will be required to complete a

St Joseph's Foundation Application Form.

St. Joseph's Foundation is an equal opportunities employer.



KEEP IT LOCAL!

Limerick businesses in the spotlight



Griffith College announce new MBA

MORE and more students are studying online and using blended learning to gain an approved qualification. Griffith College Limerick, in conjunction with Heriot-Watt University, offers a flexible, alternative route to a postgraduate degree with its online Master of Business Administration (MBA) programme at its Limerick and Dublin City Centre campuses.

“Entry to this MBA is open to applicants who possess a Level 8 Qualification or a Level 7 with significant work experience. No two people are the same. Pursuing an MBA with Griffith College will allow you to pursue your degree at your own pace while balancing work, families, and other commitments.” said Richard Mullane, Programme Director at GCL.

For more information see www.griffith.ie

Say ‘I do’ to the Castle Oaks to host wedding showcase

CASTLE Oaks House Hotel, now part of the Só Hotel Group is hosting its next Wedding Showcase this Sunday September 8 from 1pm – 5pm. Located in the picturesque village of Castleconnell, the Castle Oaks House Hotel & Estate is a unique and charming Georgian Country Manor House set in 26 acres of manicured gardens and a romantic woodland, with walks that sweep down to the banks of the majestic river Shannon making an ideal setting for your photographs or even a stunning outdoor ceremony in our gardens. The hotel combines the highest possible standards of locally produced food and superb service with traditional charm and true Irish hospitality.

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Each wedding is tailor made to suit the individual requirements of all couples that walk through the doors.

Test out the Manor House Arrivals, view the stunning

Stradbally Suite fully set up as well as experiencing everything The Castle Oaks has to offer.

With carvery lunch from €10 served in the Coolbawn

Basement Bar, and stunning walks along the River Shannon The Castle Oaks House Hotel Wedding Showcase is a day not to be missed!

Cardio screening comes to Limerick

HEARTFELT Cardio screening is coming to Limerick with the revolutionary BPro pulse wave analysis device, providing affordable and accurate heart and artery screenings.

The BPro device is a completely mobile test kit, comprising a wrist sensor and a laptop. It can be brought to any location, including your workplace or organisation which makes it ideal for sports clubs, health centres etc.

Heartfelt Cardio Screening will take place on Thursday, September 12 at the Radisson Blu Hotel, Ennis Road, Limerick.

For further information or to make an appointment, please contact: Anna on 0864135555 or Jimmy on 0862566422 or email: heartfeltcardioscreening@gmail.com

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GVM invites you to an open day this Sunday, September 8 from 2pm to 5pm to see the showhouse.

Beechfield Grove is located in Monaleen just off the Limerick-Dublin road (R445), approximately five kilometres from the city centre and next door to Monaleen National School.

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178 Shannonvale,
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€215,000

GVM Auctioneers introduce to the market 178 Shannonvale which is a 3 bedroom semi-detached home in absolutely pristine condition throughout. Conveniently adjacent to all amenities including Limerick Institute of Technology and easy access to motorway network. This is an ideal family home. Viewing highly recommended. Contact Declan Barry on 087-2026886

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€135,000

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Road, Castletroy, Limerick



BER C3 €285,000

A truly magnificent 4 bedroom semi detached residence situated in this hugely sought after location in very close proximity to The University of Limerick, Plassey Technological Park, excellent primary and secondary schools, sporting amenities including Castletroy Golf Club and Monaleen GAA Club. This superb family home is an end house positioned in a quiet cul de sac with a west facing rear garden. Immediate inspection of this bright spacious family home is very highly recommended. Contact Tom Crosse on 087-2547717

Blossom Hill, 22 Shannonville,
Ennis Road, Limerick



€260,000

A truly superb two storey semi detached residence situated in this hugely sought after and established location in close proximity to all main amenities including excellent primary and secondary schools, church, sporting amenities, shopping centres, hotels and restaurants. An ideal opportunity to acquire a property in an idyllic area and with enormous potential and positioned just 15 minutes walk from the city centre. Contact Declan Barry on 087-2026886

43 Salmon Weir, Annacotty,
Limerick



BER C3 €320,000

GVM Auctioneers are delighted to offer this four bedroom detached house with spacious living accommodation located in this very popular and much sought development residential development located within Annacotty Village and walking distance of all local amenities. Primary/secondary schools, University of Limerick and Plassey Technological Park and public transport are all adjacent. South facing rear garden. Not overlooked front and rear. Contact Declan Barry on 087-2026886

78 Shannonvale, Old Cratloe
Road, Caherdavin, Limerick



BER C3 €195,000

GVM introduce to the market this exceptional well maintained 3 bedroom family home located in this hugely sought after mature residential development just off the Old Cratloe Road and within a short distance from a host of amenities. Viewing highly recommended. Contact John O'Connell on 087-6470746

Tobernea, Effin, Kilmallock,
Co. Limerick. V35 N603



BER D1 €235,000

Deceptively spacious 4 bedroom bungalow situated within 3 KM of the popular town of Kilmallock. The residence rests on a C. 1 St. Acre landscaped mature site. Accommodation comprises of: hall, sitting room, kitchen, utility, 4 bedrooms, bathroom and guest toilet. Large Detached Workshop / Garage. Viewing of this magnificent family home comes highly recommended. Contact Richard Ryan on 087 8067772.

Upper Coonagh, Coonagh,
Co. Limerick



€295,000

GVM introduce to the market this beautifully presented four bedroom bungalow standing on a prominent positioned site conveniently located in this hugely popular residential area on the western outskirts of Limerick City. The property is deceptively spacious and has huge potential. Nearby local amenities include The Jetland Shopping Centre, good quality Primary & Secondary Schools, Hotels, Restaurants and an array of quality sporting amenities including Thomond Park & The Gaelic Grounds. Inspection of this quality home is very highly recommended. Contact Tom Crosse on 087-2547717

Ballyanrahan, Patrickswell,
Limerick.



BER C1 €460,000

GVM introduce to the market Ballyanrahan, Patrickswell. A magnificent and imposing detached family residence on a mature landscaped 0.5 acre site with outstanding views of the nearby countryside located in a quiet cul de sac and is just 2 kilometers from the main Limerick to Cork motorway (M7). This property boasts excellent living accommodation and is finished to the highest of standards throughout. Viewing highly recommended. Contact John O'Connell on 087-6470746

Abington, Murroe, Co.
Limerick



€390,000

GVM Auctioneers are delighted to bring to the market this beautifully spacious 4 bedroom family home located in Abington just outside Murroe Village. This property has all the advantages of rural life but is within a short distance to The University of Limerick, Motorway network and the convenience of Murroe Village with shops, schools, Glenstall Abbey and all other amenities on your doorstep. Viewing highly recommended. Contact Declan Barry on 087-2026886

Ardkilmartin, Kilmallock,
Co. Limerick. V35 X206



BER G €160,000

Charming 3 bedroom dormer style residence situated within 1 KM of the popular town of Kilmallock. The residence rests on a C. 0.5 St. Acre landscaped mature site. Accommodation comprises of: hall, sitting room, dining area, kitchen, 3 bedrooms, wet-room and guest toilet. Workshop / Garage. Viewing of this magnificent family home comes highly recommended. Contact Richard Ryan on 087 8067772.

Loughill West, Loughill, Co.
Limerick



€210,000

Spacious three bedroom bungalow on a large mature site on the edge of Loughill Village just 10 minutes from Tarbert and 40 minutes to Limerick. Large detached garage ideal for storage or as a workshop. Good condition throughout. Contact Declan Barry on 087-2026886

Creche Facility At Woodfield Grove, Killeline, Newcastle West, Co. Limerick



€325,000

Modern and well laid out Creche facility extending to circa 7,900 sq ft over two floors together with an extensive and well laid out set down and parking area.

Outside play and recreation area matted and enclosed. This facility is currently let at an annual rent of €39,000 p/a. Please note the tenant is unaffected by the sale. Ideal investment opportunity with some growth potential. Inspection very highly recommended.

Contact Tom Crosse on 087-2547717



LIMERICK OFFICE: Tel: (061) 413522 • Email: limerick@gvm.ie

KILMALLOCK OFFICE: Tel: (063) 98555 • Email: kilmallock@gvm.ie

Ideal home for a young family

AT A GLANCE

Location: 15 Castlemara, Annacotty
Description: Three bedroom, semi-detached home
Price: €255,000
Seller: REA O'Connor Murphy
Contact: 061 279300



REA O'Connor Murphy are delighted to introduce to the market this spacious well-maintained three-bedroom property.

On entering this home, the natural light and proportions will be immediately noticed.

The property is tucked away in a quiet cul de sac and boasts a spacious rear enclosed garden with side gate access and front parking for two cars along with off street parking. Number 15 Castlemara is an ideal home for young families or professionals looking to purchase.

The well-designed accommodation comprises briefly of a welcoming entrance hallway with wood flooring and guest wc, a spacious living room with a bay window, open fireplace and maple floors.

Directly across the

hallway is a spacious family room - an ideal tv/play room or fourth bedroom.

There is an open plan kitchen/dining area with an extensive range of wall and floor units, and access to the utility room which also enjoys a side access.

The sliding patio door from the kitchen opens out to a generously sized rear garden with patio area and side gate access.

Upstairs, there is a spacious landing and three bedrooms, two double, one with en-suite and one single, a family bathroom completes the accommodation.

All in all, No 15 is sure to appeal to many a discerning buyer including first time buyers, young families and professionals, a lovely home to add your own touch to.

Garden is north facing.

Call REA O'Connor Murphy on 061 279300 to arrange a viewing.



No. 15 Castlemara is sure to appeal to discerning customers including first time buyers, young families and professionals



Tasty two-bed townhouse

AT A GLANCE

Location: 37 Foxfield, Dooradoyle
Description: Two bedroom townhouse
Price: €180,000
Seller: Rooney Auctioneers
Contact: 061 413511



Rooney Auctioneers are delighted to offer for sale this low maintenance two

bedroom townhouse located in the centre of Dooradoyle.

The property is within walking distance of a host of excellent amenities including the Crescent Shopping Centre, local shops, pubs and restaurants, Raheen Business Park, University Hospital Limerick plus many more.

The two-bedroom mid

terraced property measures approximately 68 sqm (735 sqft).

Accommodation comprises: hall, living room/dining room, kitchen/dining room, two bedrooms, and bathroom.

There is gas fired central heating, double glazed windows, alarm installed, off street parking for two cars to the front and rear garden with lawn and patio.



This home in Dooradoyle is close to a host of amenities and boasts a front and rear garden with lawn and patio. The interior is tastefully designed

Charming period family home

AT A GLANCE

Location: Lifford Avenue, Ballinacurra
Description: Three bedroom, semi-detached house
Price: €265,000
Seller: Rooney's Auctioneers
Contact: 061 413511



Lifford Avenue, Ballinacurra is a quiet, mature area in one of Limerick's best locations.

And Rooney Auctioneers already have plenty of interest in No 2 Lifford Avenue which is new to the market and which would make a lovely family home.

This charming period property has been newly and completely refurbished and is in turnkey condition

Located in a superb residential area with a host of various amenities nearby including schools, Mary Immaculate College, and

sporting and leisure facilities, it is within easy walking distance of Limerick City and the Crescent Shopping Centre.

This beautiful newly refurbished property consists of a bright entrance hall with original door, bright front reception room, open plan kitchen/dining room, three bedrooms and a bathroom.

To the rear of the property there is a private garden which is not overlooked.

The property also benefits from side access and a front garden with gated pedestrian

access.

Some neighbouring properties have opened up the front garden for a driveway.

The owners has beautifully maintained the property's original features with a modern refurbishment resulting in a superb period property.

Built in the 1930s, the overall area is approx. 94.16m² - 1013.44sqft. Viewing is highly recommended. Contact Rooney Auctioneers on 061 413511 to make an appointment for viewing.



This newly refurbished property consists of a bright entrance hall with original door, bright front reception room, open plan kitchen/dining room, three bedrooms and a bathroom



Ideal starter home on Fr Russell Rd



AT A GLANCE

Location: 27 Cluain Dubh, Fr Russell Road, Dooradoyle
Description: Three bedroom, semi detached house
Price: €225,000
Seller: Rooney Auctioneers
Contact: 061 413511



home offering notable value for money versus comparable new build homes in the same locality.

The area is serviced well having excellent amenities nearby. The development is located adjacent to the Racefield Shopping Centre, which offers a Spar supermarket, a selection of restaurants, pharmacy and more. The area is within walking distance of St. Nessian's National School and Mungret Community College Secondary School. Crescent Comprehensive College and St Paul's National School are also minutes away. Raheen Business Park is also within walking distance, as is University Hospital Limerick and the Crescent Shopping Centre. It is also within 1 km of the motorway network.

Number 27 Cluain Dubh is located in the heart of one of Raheen's most popular residential developments. Excellently presented, No. 27 offers bright and spacious accommodation and is well positioned within the development overlooking green open space.

The property on the books of Rooney Auctioneers boasts newly landscaped gardens to its front and rear. This property is the ideal starter



This ideal starter home offers notable value for money

The spacious entrance hallway has a laminate floor with a good size guest wc off. The living room features a gas fireplace with a timber surround and granite base. There are double doors opening into the kitchen diner which is fitted out with modern units, tiling and all the appliances included. Glass sliding doors overlook

the generous west facing rear garden and patio area. On the first-floor there are three good-sized bedrooms, with one en-suite, in addition to a tiled main bathroom. Each bedroom has laminate flooring and generous built in wardrobes. The property has gas fired central heating, off-street parking, side access and a spacious garden.



**BALLINACURRA, LIMERICK** BER C3

2 LIFFORD AVENUE

Newly refurbished charming period property - in turn key condition. Bright entrance hall, front reception room, open plan kitchen/ diningroom, 3 bedrooms and a bathroom. Private rear garden - not overlooked. Side access. GFCH. Double glazed upvc windows. The property has beautifully maintained its original features with a modern refurbishment resulting in a superb period property. BER No.109801167

€265,000 Lisa Kearney 087 2633422

**CRATLOE, CO CLARE** BER B3

BALLYMORRIS,

Stunning residence situated in a peaceful countryside location yet only 10 min drive from Limerick city & Shannon. Completely renovated with superior high-end finishes throughout. Hall, living room, kitchen-diner with a bespoke hand made fitted kitchen, utility, 5 double bedrooms, 2 bathrooms. 0.40 acre private site with lawns front & rear, electric gate ent. OFCH. Refurbished to the highest standard. BER No. 106373152.

€345,000 Briain Considine 085-2894166

**CORBALLY ROAD, LIMERICK** BER C2

3 AVONDALE COURT,

Super 4 bedroom semi-detached house set over three floors. Close to river walks, schools, shops & a host of other amenities. Hall, guest wc, large living room, fully fitted kitchen, 4 bedrooms with built in wardrobes, 2 en-suites & main bathroom. GFCH. Rear patio & side entrance. Offers in excess of €195,000. BER No. 102895067

€195,000 Peter Kearney 087 6488792

Rooney

**DOORADOYLE, LIMERICK** BER C3

27 CLUAIN DUBH, FR RUSSELL ROAD,

Spacious semi-detached residence of approx. 98.27 sq/m (1,057 sq/ft) adjacent to Raheen Business Park, schools, shops, M7 etc. In excellent condition : spacious hall with good size guest wc off, living room with double doors opening into the fully fitted modern kitchen-diner (all appliances included) & with glass sliding doors overlooking the generous west facing rear garden & patio area. 3 good sized bedrooms, ensuite & main bathroom. Newly landscaped gardens. BER No. 111837605

€225,000 Briain Considine 085 2894166

**FOR SALE BY AUCTION** BER C2

APT 401 RICHMOND COURT, DOCK RD, LMK

For sale by Public Auction - Thursday 26th September at Rochestown Park Hotel, Cork. The Munster Property Auction in partnership with Rooney Auctioneers, Limerick. Offered at bids over €86,000. 4th floor, 2 bedroom, 2 bathroom apartment of approx. 59 sq/m (635 sq/ft) in very good condition & conveniently located in the city centre. To view or make a bid Contact Rooney Auctioneers or Munster Property Auction 021 234 9696 visit: www.munsterpropertyauction.ie. BER No. 100232511.

Briain Considine 085-2894166

**BALLINA, CO TIPPERARY.**

THE COTTAGE

Unique quaint cottage located in the heart of Ballina town - within walking distance of a host of various amenities in Ballina & Killaloe. Whilst requiring all works the cottage would make a super residence or holiday home due to its superb location. Situated on its own private site bounded by stone walls and fencing "The Cottage" is accessed via a winding gravel driveway. All mains services are accessible on the main street outside the entrance. Overall House Size: 80.79m2 (869.56sqft) BER exempt.

€90,000 Lisa Kearney 087 2633422

**DOORADOYLE, LIMERICK** BER C3

16 HEATHER GROVE, GLENCAIRN,

3 bedroom residence of approx. 1,297 sq/ft. (120.5 sq/m.) located close to Raheen Business Park, University Hospital Limerick, schools, shops etc. Bright & spacious property comprising : hall, living room, kitchen, dining room, utility, garage, guest wc, 3 bedrooms, ensuite & main bathroom. Landscaped gardens. GFCH. Situated in a desirable residential area. BER No.100879030

€250,000 Briain Considine 085 2894166

**ASKEATON, CO LIMERICK** BER D1

BALLYELLINAN,

Spacious and beautifully appointed residence situated on a landscaped site of approx. 0.80 acre. Hall, living room, kitchen-diner, utility, 4 bedrooms, ensuite & main bathroom. OFCH & SFCH. Front and rear lawns, outhouses to rear. Located approx. 8km to Foynes / 18km to Adare & 26 km to Limerick City. The house benefits from a number of recent upgrades including completely refurbished bathrooms etc and is in excellent decorative condition. BER No.101768968.

€275,000 Briain Considine 085 2894166

**DOORADOYLE, LIMERICK** BER C2

21A ABBEY COURT, FR. RUSSELL ROAD

Stylishly decorated house in excellent condition throughout with high level of finish. Hall, sitting room, kitchen with custom built Irish oak fitted units, utility, guest wc, office/study, 3 bedrooms, ensuite & main bathroom. Mature landscaped gardens, side entrance. Close to an abundance of amenities i.e. Crescent Shopping Centre, GFCH. BER No. 102911054.

Briain Considine 085 2894166

**HELP TO BUY SCHEME - CEASES END OF 2019** BER A3

ROS MOR, BALLYNEETY ROAD, LIMERICK

PLEASE NOTE : THE HELP TO BUY SCHEME FOR QUALIFYING PURCHASERS WILL CEASE THIS YEAR - 2019. Only 1 of our extra spacious. 4 bed semi-detached houses remains. Price €265,000. HTB rebate €13,250. Actual price €251,750. Can you afford to lose €13,000? Best value new homes in Limerick city - DON'T LOSE OUT !

Briain Considine 085 2894166

**PALLASKENRY, CO LIMERICK** BER B2

NEW DEVELOPMENT - COPSEWOOD COURT

4 bedroom house of approx. 135 sq/m (1,453 sq/ft) - PRICE: €289,500 & 5 bedroom house of approx 166 sq/m (1,786 sq/ft) - PRICE: €309,500 - Rooney Auctioneers are delighted to announce the launch of this exclusive development. Spacious houses, traditional block built homes, highly insulated. The Help To Buy Scheme is available to qualifying first time buyers. Approx. 900m from the village of Pallaskenry in an attractive rural setting. BOOK NOW - HELP TO BUY SCHEME due to expire at the end of this year - Rebate of min €14,475.

Briain Considine 085 2894166

**CAHERDAVIN, LIMERICK** BER F

22 GALTEE CLOSE, CAHERDAVIN

Rooneys present this 3 bed semi-detached bungalow situated in a cul de sac off the Old Cratloe Road. Accommodation comprises of a large living room with open fire, kitchen-dining room, 3 beds and bathroom. Large enclosed back garden with side entrance and driveway with garden to the front. Ideal single level house. GFCH. BER .108366931

€145,000 Briain Considine - 085 2894166

**SOUTH CIRCULAR ROAD, LIMERICK.** BER B3

40 LOG NA GCAPALL

Turn key 3 storey detached property in excellent condition having been recently redecorated. Hall, 2 reception rooms, kitchen/dining room, utility, shower room, 4 bedrooms, en suite, main bathroom. Rear garden with lawn, decking and patio area. New gas heating system installed & new multifuel stove. Very convenient with a host of various amenities nearby. BER No.105294763

€475,000 Lisa Kearney 087 2633422.

**CITY CENTRE** BER C2 C

4/ 5/ 6 MICHAEL STREET, LIMERICK

For sale - Prime city centre offices. Tenant not affected. Located adjacent to the proposed Opera Centre. Rear car parking. Three 4-storey terraced (2 mid-terraced and one end-of-terraced) office buildings. Each property has its own front door on to Michael Street. The buildings have been connected internally to facilitate one user over the three buildings but sub-dividing the three properties can be easily arranged.

Gordon Kearney at Rooneys.

**ENNIS, CO CLARE** BER G

UNIT 3 QUIN ROAD BUSINESS PARK,

Investment Property for sale - Tenants not affected. Mid Terraced retail warehouse with accommodation on ground and first floor. Currently occupied by two different Tenants. Total passing rent €36,000 per annum. We have been informed that the ground floor is approximately 4,000ft² and the first floor is approximately 3,881 ft². BER No.800699126

€350,000 Gordon Kearney at Rooneys

Celebrating 10 Years

DOOLEY



in business in 2019

AUCTIONEERS • VALUERS • ESTATE AGENTS • LETTING AGENTS

Offices in both Limerick City & Newcastle West, Co. Limerick

PSRA NO: 003411

**Ballyloundash, Herberstown,
Limerick**

BER F

NEW TO THE MARKET

Extended cottage located outside the village of Herberstown on circa 0.75 acres with obvious site potential. Entrance Porch, Sitting room, 3 bedrooms, kitchen/din, bathroom.

AGENT: Pat Dooley

€90,000

**Carrickettle, Killeely
Co. Limerick**

BER C1

LARGE FAMILY RESIDENCE

4 bed detached property set on circa 1 acre. Access to property is through a stud railed entrance and gravel driveway. Acc: Entrance Hall, Sitting Room, Kitchen/Dining Room, Utility, Conservatory, 4 Bedrooms (1 ensuite) & Main Bathroom.

AGENT: Pat Dooley

€280,000

**Caherline, Caherconlish,
Co. Limerick**

BER C2

NEW TO THE MARKET

Stunning 4 storey property set on circa 1 acre. Located in the picturesque countryside of Caherline. Acc: entrance porch, hall, living room, kitchen/diner, 2 x utility rooms, games room, 6 bedrooms (all ensuite), 2 x storerooms, laundry room.

AGENT: Jane Foley

€600,000

**Killeagh, Caherline,
Co. Limerick**

BER B3

NEW TO THE MARKET

Impressive dormer style 5 Bedroom residence approx. 3,500 sq.ft. with attached self-contained granny flat on circa 2 acres of landscaped lawns with mature shrubberies and paved areas with magnificent views of the rich rolling countryside.

AGENT: Pat Dooley

€385,000

**Castlefarm, Hospital,
Co. Limerick**

BER C3

NEW TO THE MARKET

4 bed bungalow with detached Garage that has everything to offer as a family home and modern day living. Acc: Entrance Hall, Sitting room, Kitchen/Dining room, Utility, 4 Bedrooms, 1 Ensuite, Main Bathroom, Hotpress, 3 attic rooms and storage

AGENT: Pat Dooley

€245,000

**Cloverfield, Dromkeen,
Co. Limerick**

BER G

DERELICT COTTAGE ON C. 1 ACRE

Cottage on 1 Acre located in close proximity to Cloverfield national school while N27 and Limerick city are 5 and 25 minutes respectively. Full details on request. Pat Dooley 0876948942

AGENT: Pat Dooley

€65,000

**Ballinlough House, Ballinlough,
Killeely, Co. Limerick**

BER E2

GEORGIAN STYLE RESIDENCE

Elegant & Unique Detached two storey Georgian style residence with various outbuildings on c. 28 acres of rich rolling countryside. This superb residence is approached by a long sweeping driveway which is one of its many defining features & has several outbuildings.

AGENT: Pat Dooley

€575,000

**Old Schoolhouse, Dohora,
Banogue, Croom, Co. Limerick**

BER Exempt

CONVERTED OLD SCHOOL HOUSE

Built by Lord Dunraven of Adare Manor in 1860 property was renovated in 2000 from a School to a residence. Open plan attic, option to convert. Acc: Entrance hall, Sittingroom, Kitchen/Dining Room, Utility, WC, 4 Bedrooms and Main bathroom.

AGENT: Jane Foley

€195,000

**Cloughnadromin, Ballysimon,
Co. Limerick**

BER E2

EXCELLENT CONDITION

Detached property situated just off the N24, 5 miles from Limerick City Centre. Acc: Entrance Hall, Sitting Room, Kitchen/Dining Room, Utility/Shower Room, Office, 4 bedrooms & Bathroom. Benefits from detached Garage & mature landscaped gardens.

AGENT: Pat Dooley

€295,000

**2 Railway View,
Knocklong, Co. Limerick**

BER D1

NEW TO THE MARKET

Three bed terraced located in the village of Knocklong close to all amenities. Ideal for first time purchase with good investment potential also. Viewing a must

AGENT: Pat Dooley

€105,000

**Oldtown, Hospital,
Co. Limerick**

BER E2

DORMER STYLE FARMHOUSE

Dormer style farmhouse residence with an abundance of character on 0.60 acres with various outbuildings and only 1.5km from the Town of Hospital. Acc: Entrance Porch, Kitchen, Living Room, Sitting Room, Shower Room and 4 Bedrooms.

AGENT: Pat Dooley

€179,000

**Highfield, Grange Upper,
Co. Limerick**

BER D1

TURN KEY CONDITION

Detached property located in the picturesque area of Lough Gur. Accommodation comprises of: Entrance hall, Living room, Sitting room, Kitchen/Dining room, Utility with Shower room, 3 bedrooms, Bathroom and Workshop.

AGENT: Pat Dooley

€275,000

**Knockainey, Hospital,
Co. Limerick**

BER D2

NEW TO THE MARKET

Quaint 3 bed Bungalow with detached garage and old stone Cottage (derelict) standing on Circa 2 acres outside the Village of Knockainey. Accommodation comprises of: Entrance Hall, Sitting Room, Kitchen/Dining Room, 3 Bedrooms and Bathroom.

AGENT: Pat Dooley

€195,000

**Clashmore House, 9 Mount
Russell, Dooradoyle, Limerick**

BER D1

HIGHLY DESIRABLE LOCATION

Superb property located in the much sought after area of Fr. Russell Road close to all amenities. Entrance hallway, Sitting room, Kitchen/dining room, Utility, Office, 4 bedrooms (main ensuite) and Shower room.

AGENT: Pat Dooley

€375,000

**Knockeen, Boher,
Co. Limerick**

BER G

DORMER STYLE RESIDENCE

Dormer style 4 bedroom residence set upon circa .5 acre. Acc: Kitchen, Dining Room, Sitting Room, 4 Bedrooms & Bathroom. The village contains a number of cafes, restaurants, a healthcare & beauty clinic, Centra & filling station. O.F.C.H.

AGENT: Pat Dooley

€165,000

**Cool Avenue, Killeely,
Co. Limerick**

BER C2

EXTENDED COTTAGE

4 bed extended cottage style cottage. It has a garage and lays on circa. 0.5 acre site. It is within' short walking distance of Killeely village which offers a range of amenities such as schools, shops and cafes

AGENT: Pat Dooley

€225,000

Dooley Auctioneers,
86 O'Connell Street, Limerick
Tel: 061 385852 / 087 9648942
Email: info@dooleygroup.ie

Dooley Auctioneers, Carnegie Centre,
Bishops Street, Newcastle West, Co Limerick
Tel: 069 61888 / 087 9648942
Email: ncw@dooleygroup.ie

www.dooleygroup.ie



Carrigeen, Bruff, Co. Limerick



BER C1

IMMACULATE CONDITION

4/5 bed detached residence. Property is accessed by automated gates and high stone walls. Accommodation comprises of: Entrance Hall, Sitting room, Kitchen/dining area, Utility, 4/5 bedrooms (2 ensuite) and Main bathroom.

AGENT: Pat Dooley

€280,000

Main Street, Herbertstown, Co. Limerick



BER D1

NEW TO THE MARKET

Four bedroom detached residence, all mod cons, Garage and large site. Located adjacent to all amenities. Accommodation consists of: Sitting room, Kitchen/Dining room, 4 Bedrooms, Bathroom & Shower room. 30 minute commute to Limerick City. O.F.C.H.

AGENT: Pat Dooley

€190,000

107 Bru Na Gruadan, Castletroy, Limerick



NEW TO THE MARKET

3 Bedroom mid-terrace house in turn key condition. Acc. Entrance Hall, Kitchen/Dining Room, Living Room, Downstairs WC, 3 Bedrooms, Ensuite & main Bathroom. Ideal first time buy or investment excellently located close to all amenities. G.F.C.H

AGENT: Chloe Gough

€165,000

Thomond Bridge House, Thomond Bridge, Limerick



COMMERCIAL/RESIDENTIAL INVESTMENT

Fantastic opportunity to acquire a landmark mixed use investment property set in a prime location in turn key condition. The property is spread over three floors with renowned café/restaurant occupying the first & ground floor & 3 bed apartment on second floor.

AGENT: Pat Dooley

€750,000

13 Barrack Close, Caherconlish, Co. Limerick



BER C1

NEW TO THE MARKET

Three Bedroom semi-detached property located in close proximity to all local amenities. Limerick city 15 min commute. Acc: Entrance Hall, Sitting Room, Kitchen/Dining Room, Utility, WC, 3 Bedrooms (Master ensuite) and Bathroom.

AGENT: Pat Dooley

€175,000

2 The Paddocks, Newcastle West



BER D2

IDEAL FOR PROFESSIONAL & FAMILY MARKET

2 bedroom, first floor apartment. Main bathroom WC, WHB, bath and over the bath electric shower, electric heating, ideal for both the professional and family market.

AGENT: Jane Foley

€110,000

Circa 3.7 Acres Carrickerry



SITE SUBJECT TO PLANNING

Circa 3.7 Acre site for sale located just outside the village of Carrickerry on the Carrickerry to Athea road. More details on request 069-61888.

AGENT: Pat Dooley

P.O.A

29 Killeline Heights



BER D2

IDEAL FOR FIRST TIME BUYER OR DOWNSIZING

Two bed semi-detached bungalow situated in the much sought after area of Killeline. Private rear garden. O.F.C.H. Parking, side entrance.

AGENT: Jane Foley

€125,000



Pat Dooley M.I.P.A.V REV Director



CHLOE GOUGH BSc M.I.P.A.V TRV PROPERTY NEGOTIATOR



Jane Foley M.I.P.A.V TRV Property Negotiator



Susan Byron Administrator



Ann-Marie Hanley Administration



Liam Ahern Trainee Negotiator

Main Street, Broadford, Co. Limerick



BER E2

4 BED TOWNHOUSE

4 bedroom town house with side entrance and gardens located set on the main street of the peaceful rural village of Broadford. The property is close to all local amenities such as post office, shop, community creche, primary school, restaurant and pubs to name but a few

AGENT: Jane Foley

€155,000

Ballylin, Croagh, Co. Limerick



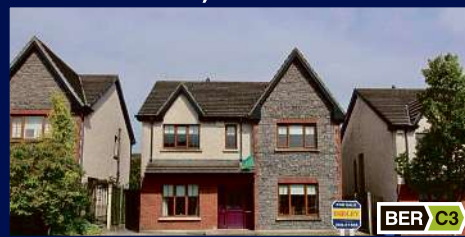
SITE SUBJECT TO PLANNING

Circa 0.75 acre site Located approx. 2 miles from village of Croagh and N21. Local planning criteria apply. Being sold subject to Planning Permission.

AGENT: Pat Dooley

€69,000

14 Daarwood Crescent, Newcastlewest, Co. Limerick



BER C3

DETACHED 4/5 BED PROPERTY

Located in a sought after estate just a short stroll from town. Large spacious home with side entrance and parking

AGENT: Pat Dooley

€245,000

Main Street Ardagh, Co. Limerick



BER D1

5 BED SEMI DETACHED

Large house with outside space to the rear of the property. Located on the main street of Ardagh Village This house would be ideally suited to a large family or an investor. O.F.C.H

AGENT: Pat Dooley

€195,000

Riddlestown, Rathkeale



BER G

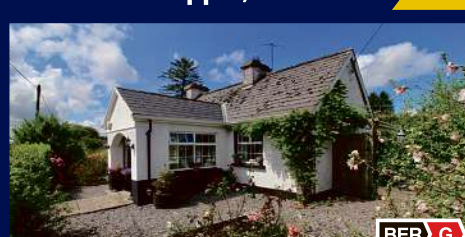
COTTAGE ON CIRCA 1.2 ACRES

Ideal oppurtunity to acquire cottage with Mains water and private well.6 out buildings, orchard garden with apples, pears and goose berries, high trees for privacy, and much more.

AGENT: Jane Foley

€85,000

Tooree Upper, Athea



BER G

RENOVATED COTTAGE WITH HOT TUB

3 bedroom cottage with large kitchen extension built 2012. Set on Circa 2.8 Acres with 4 sheds and a 2 column Hay Barn. Large mature site.

AGENT: Jane Foley

€175,000

Carnane, Fedamore, Co. Limerick



BER D2

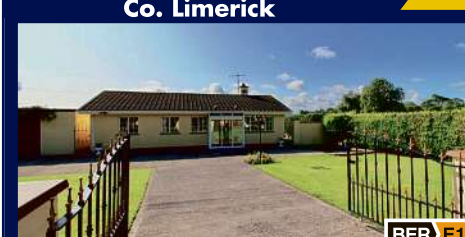
NEW TO THE MARKET

Three bed extended bungalow located approx 15 mins commute from Limerick City. Close to Carnane primary School. Ent Hallway, Sitting Room, Kitchen/Dining room, 3 bedrooms, bathroom.

AGENT: Jane Foley

€170,000

Liskennett, Granagh, Co. Limerick



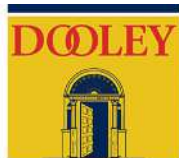
BER E1

NEW TO THE MARKET

Eye catching 3 bedroom bungalow with garage on large site with obvious site potential. Located in close proximity to Main Limerick to Cork route and approx 20 mins from Limerick City.

AGENT: Pat Dooley

€230,000



Dooley Auctioneers,
86 O'Connell Street, Limerick
Tel: 061385852 / 0879648942
Email: info@dooleygroup.ie

Dooley Auctioneers, Carnegie Centre,
Bishops Street, Newcastle West, Co. Limerick
Tel: 069-61888 /087-6948942,
Email ncw@dooleygroup.ie

PSRA NO: 003411



www.dooleygroup.ie

Exceptional penthouse on NCR

AT A GLANCE

Location: 15 Barrington Court, North Circular Road, Limerick city

Description: Two bedroom apartment

Price: €320,000

Seller: Sherry Fitzgerald

Contact: 061 418000



Sherry FitzGerald are pleased to introduce No 15 Barrington Court, North Circular Road.

This exceptional penthouse offers over 1,000 sq ft of perfectly appointed accommodation at the heart of Limerick's most desirable residential address.

Barrington Court is an exclusive, gated development occupying an attractive, parkland style that has a secure, fob-activated gated entrance opens to a sweeping driveway bordered by mature growth and landscaped lawns.

A private car park is set to the rear of the site. At ground level, each owner is provided with practical storage units suitable for bicycles/golf clubs/luggage etc. Internally, common areas are exceptionally

well-maintained, with multiple security measures and limited access points to each section of the complex.

Lift access takes you to the upper level, to a homely, attractive landing area which is testament to both the clientele and management company.

No 15 occupies a westerly corner of the complex, offering a spacious, dual aspect, kitchen/dining and living room. The fully tiled principal reception space offers a feature gas-fireplace at its heart, with access to a generous private balcony via patio doors. The fitted kitchen contains fully integrated appliances throughout, including a gas hob and convection oven, finished with a granite worktop and inset cabinet lighting. Further down the hall, are two superb double bedrooms – each with views over open green spaces adjacent to the complex. Both bedrooms are laid in high quality wood flooring, and offer generous built-in storage space. The master bedroom offers a spacious fully tiled en-suite, while the main bathroom is fitted with both bath and shower facilities.



Barrington Court is an exclusive, gated development occupying an attractive, parkland style setting toward the west of Limerick's highly regarded North Circular Road

Ashfield a very special property

AT A GLANCE

Location: Ashfield House, Ahane, Lisnagry

Description: Five bedroom, detached house

Price: €850,000

Seller: Sherry Fitzgerald

Contact: 061 418000



This outstanding double fronted detached residence provides superbly appointed and wonderfully spacious accommodation, making it the perfect choice for those seeking a magnificent family home in one of Limerick's most sought-after locations.

Ashfield House was built in 2001 and has been extensively refurbished in recent years; the property now provides an excellent balance between its generous reception and bedroom accommodation.

There is underfloor heating on the ground floor making for comfortable living accommodation throughout.

The three reception rooms at ground floor level are beautifully appointed and feature polished walnut flooring, detailed cornicing and wood panelling. The family room and lounge both feature an inset solid fuel stove at the centre of the room.

At first floor level the bedroom accommodation is located off a bright airy landing. There are four double bedrooms and a generous fifth single. Four of these bedrooms have access to fully fitted en-suite facilities.

Each reception room offers the perfect blend of comfortable family living accommodation and entertaining space. For those who require it. All of these rooms enjoy a pleasant outlook over manicured gardens and countryside beyond.

The kitchen/breakfast room is fitted to the highest specification with polished marble flooring and

hand-painted wall and floor units finished with a granite work top.

The kitchen has a feature island in the centre with built in sink and storage cupboards. There is a cleverly designed utility room located off the kitchen with excellent storage space and integrated space for washing machine & dryer. A study and guest W.C. completes the ground floor accommodation.

There is a walk-in dressing room and ensuite located off the master. The dressing room features adequate storing for his & hers and the master is fitted with granite his & hers sink, plantation blinds, walk in shower and jacuzzi bath.

Ashfield House is situated on a mature and meticulously landscaped site with paved patio area, a colourful range of shrubs and flowering plants and a detached garage. There are also ample parking facilities to the front of the property.



Ashfield House: the three reception rooms at ground floor level are beautifully appointed



LISNAGRY
KNOCKSENTRY

€435,000



A magnificent family residence set on a stunning, mature & fully landscaped site with unrivalled views of the surrounding countryside. The property boasts excellent accommodation throughout with light-filled, well-proportioned reception rooms, stunning bespoke features and a beautiful mature garden. Hall, family room, kitchen, living, dining, 4 bedrooms, 3 bathrooms, 1 wc. 224 sq m / 2626 sq ft approx. BER: 112463443

CALL ORLA SHEEHAN ON 061 418000

BER C2

LISNAGRY
AHANE

€850,000



This stylish double-fronted detached residence provides superbly appointed and wonderfully spacious accommodation in one of Limerick's most sought-after locations. Recently refurbished, the property is stylish with great attention to detail and boasts beautifully landscaped south/west gardens. Hall, living, dining, family room, large extended kitchen/breakfast/dining room, utility room, 5 bedrooms (2 ensuite), main bath, guest wc. 379 sq m / 4080 sq ft approx. BER: 104104377

CALL AILBHE O'MALLEY ON 061 418000

BER B3

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DOORADOYLE
CUL CRANNAGH

€295,000



A spacious semi-detached family home in a highly sought after location. The property offers superb accommodation on both floors, excellent positioning within the development and an exceptionally generous private rear garden, making this an ideal family home. Hall, living, family, kitchen/dining, wc, Utility, 4 bedrooms (3 double, 1 single), ensuite, main bath. 128 sq m / 1378 sq ft approx. BER: 100127216

CALL FRANK LYDDY ON 061 418000

BER C2

RAHEEN HEIGHTS
OWENMORE DRIVE

€189,000



3 bed semi-detached property located in an idyllic residential location, within walking distance of a number of schools, supermarkets, restaurants and sporting facilities. The property boasts generous accommodation, a mature enclosed rear garden and a spacious internal garage which offers a potential conversion opportunity (subject to p.p.) Hall, living, dining, kitchen, 3 bedrooms (2 double), main bath, wc, garage, hot-press. 92 sq m / 990 sq ft approx. BER: 112498712

CALL FRANK LYDDY ON 061 418000

BER D1

CLONLARA
KNOCKBRACK

€275,000



Meticulously maintained family home offering bright, spacious accommodation and a beautifully landscaped private 4 acre site within minutes of Limerick City. Hall, living, kitchen/dining, conservatory, utility, main bath, 5 bedrooms (4 double), ensuite. 164.9 sq m / 1775 sq ft approx. BER: 112494273

CALL ORLA SHEEHAN ON 061 418000

BER D2

SOUTH CIRCULAR ROAD
FITZHAVEN SQUARE

€170,000



A bright and spacious ground floor apartment, located in a secure gated development in one of Limerick's most sought-after addresses. Entrance hall, 2 bedrooms (2 double, 1 ensuite), main bath, kitchen/dining/living. 90 sq m / 969 sq ft approx. BER: 112524327

CALL SEAN MCGEE ON 061 418000

BER D1

RAHEEN
RUSSELL HOUSE

€165,000



Immaculate 2 bedroom apartment, located on the first floor of a small, private residential development adjacent to the Father Russell Road. Living, Dining, 2 bedrooms, 2 bathrooms, balcony, private parking. 62 sq m / 667 sq ft approx. BER: 112459565

CALL FRANK LYDDY ON 061 418000

BER B3

CAHERDAVIN
INAGH DRIVE

€240,000



Ideally located semi-detached property with mature gardens & private parking, situated on a corner site just off the Ennis Road, Porch, hall, living, dining, conservatory, kitchen, 4 bedrooms, 3 bathrooms, self-contained granny flat. 128 sq m / 1378 sq ft approx. BER: 111449757

CALL SEAN MCGEE ON 061 418000

BER E2

Two bed bungalow offers great value

AT A GLANCE

Location: 29 Killeline Heights, Newcastle West
Description: Two bedroom bungalow
Price: €125,000
Seller: Dooley Group
Contact: 061 385852



A modern bungalow with a handsome stone exterior in a fine parkland setting has come on the market under the aegis of the Dooley Group.

The property, which enjoys that enjoys the benefits of oil fired central heating also has rear gardens, a large spacious kitchen/dining room and sitting room with fireplace.

It includes parking for three plus cars to the front of the property.

Number 29 Killeline is within walking distance of Killeline leisure centre which has a gym, swimming pool and runs yoga and group classes. Newcastle West is an ideal commuter town with Limerick City and Listowel



within a 40 minute drive along while Farranfore and Tralee are both within 50 minutes' drive.

Newcastle West is the bustling county market town of Limerick and is a hive of activity and includes many business parks, primary and secondary schools, creches, St. Its's Hospital, Killeline and

St. Catherine's nursing Homes, The Desmond Complex, GAA, soccer and rugby and much more.

Accommodation comprises entrance hall, two double bedrooms, bathroom, storage, hot press, living room and a large kitchen/dining area which overlooks the private rear garden.



This handsome two-bedroom bungalow has an asking price of €125,000

Property with historic links for sale in Limerick city

AT A GLANCE

Location: Thomond Bridge House, Limerick city
Description: Three bedroom, detached house
Price: €750,000
Seller: Dooley Group
Contact: 061 385852



The sale of Thomond Bridge House offers an opportunity to acquire a landmark property on the original site of the signing of the Treaty of Limerick on October 3, 1691.

Holding prime position on Limerick's Thomond Bridge, commanding spectacular views of King John's Castle, The River Shannon, The Treaty Stone, St. Mary's Cathedral, Thomond Bridge House is woven into the historical fabric of Limerick City.

The property is spread over three floors with the renowned Jack Monday's

café/restaurant occupying the first and ground floors.

There are spectacular views from every angle with a large outside decking area, known for its welcoming ambiance.

The first floor consists of HSE-approved cold storage area, hygiene clad and tiled with sluice room.

It also has a large dry storage room, a HSE approved, fully functioning kitchen and an office area with own access to the river. There is an opportunity, subject to planning, to create an apartment on the first floor.

The core and exterior of the building were completely gutted and restored in 2011, including a complete rewiring, replumbing and reflooring.

The third floor, with separate access, has been lovingly restored to accommodate family living. Viewing a must.



The property is spread over three floors with the renowned Jack Monday's café/restaurant taking the first and ground floors



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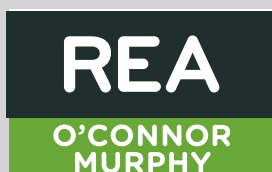
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ENTERTAINMENT

YOUR **WEEKLY GUIDE** TO WHAT'S GOING ON IN LIMERICK

City pub launches album

Charlie Malone's will launch a new album next Tuesday evening.

The album called *This Is It* consists of 40 tracks by regulars at the weekly Acoustic Club.

"It takes a lot for people to get up on stage and sing, but they gain the confidence over time and we support them along the way," stated Rosie Martin from Malone's pub. The album will be promoted at the Dreams Festival in Bruff a new festival established to celebrate late Cranberries singer Dolores O'Riordan.

"One of the tracks on the album is called *I Wish Dolores Was Here*," stated Rosie.

This Is It will be launched next Tuesday night in Charlie Malone's at 10.30pm.



German artist's work on show

LIMERICK City Gallery of Art plays host to an Irish first as internationally renowned German artist Mariele Neudecker presents her first ever solo exhibition in an Irish cultural institution.



Sediment is her first major solo exhibition in Ireland and includes works from the 90s up to the recent past as well as new commissions, made especially for Limerick City Gallery of Art.

The exhibition runs from September 6 to November 17 Nov with a preview taking place on Thursday, September 5 between 6 and 8pm.



Ruth Negga on the red carpet alongside Liv Tyler, director James Gray and Brad Pitt

Ruth Negga's new space film blasts into Oscar contention

AD Astra, Ruth Negga's first film since her Oscar-nominated turn in 2016's *Loving*, has begun its award season run at the Venice Film Festival, writes Mike Finnerty.

The Venice Film Festival is the first major festival of awards season, with last year's Oscar contenders such as *Roma*, *The Favourite* and *A Star Is Born* debuting at the festival.

Ruth walked the red

carpet with co-stars Brad Pitt and Liv Tyler, along with director James Gray.

Following last Thursday night's premiere, reviews for the film have been glowing, with *Empire* magazine calling it "stunning and sensitive" and *The Guardian* calling it "superb".

Directed by James Gray of *Lost City Of Z*, *Ad Astra* stars Brad Pitt as astronaut Roy McBride who is hunting for his missing astronaut father,

played by Tommy Lee Jones, who vanished on a deep-space mission over ten years earlier.

Negga's role has been shrouded in mystery, but reviews have noted she has a small, yet impactful role on the film's plot, and plays a government employee who crosses paths with Brad Pitt on his interstellar mission.

Ad Astra will be released in Irish cinemas on Friday, September 20.

FÉILE '19

SEMPLE STADIUM THURLES

FRIDAY SEPTEMBER 20

LATE NIGHT DJ SET WITH MICKY MAC

RETURN OF THE SILENT DISCO

SINÉAD O'CONNOR

PERFORMING HER OWN MUSIC AND THE SONGBOOK OF SHANE MACGOWAN WITH SPECIAL GUESTS

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SULTANS OF PING

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THE FAT LADY SINGS

THIN LIZZY'S BRIAN DOWNEY'S ALIVE & DANGEROUS PLUS ERIC BELL & GUESTS

JERRY FISH • MUNDY

SOMETHING HAPPENS

SATURDAY SEPTEMBER 21

LATE NIGHT DJ SET WITH WILL LEAHY

RETURN OF THE SILENT DISCO

FOOD FOR LIFE - CURATED BY TWO MICHELIN STAR CHEF KEVIN THORNTON

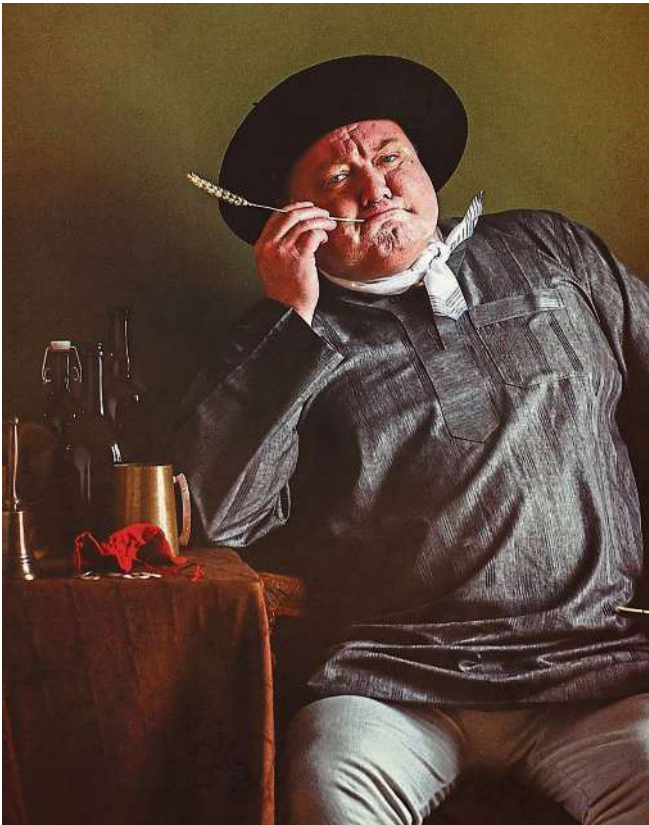
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The Miller's Story is at Friars' Gate Theatre this Friday

THE highlight of this weekend has to be Dreams Fest in Bruff - a full weekend of music to celebrate Dolores O'Riordan. Toss in a circus, some fine comedy, saucy Chaucer and a new exhibition at the city gallery and we have the makings of a great weekend in Limerick!

Thursday (Sept 5)

Fossett's Circus arrives at **Cleeves car park** in the city centre this Wednesday for twenty shows of clowning and death-defying acrobatics between now and September 15. They're competing with Circus Vegas out the Ennis Road, so for once in Limerick we have all the circuses we can possibly eat. Fossett's is Ireland's national circus, touring continuously for 131 years, and is an utter powerhouse when it comes to sawdust and feats of danger.

They've promised an entirely new and bigger show in Limerick for this visit. Weekday shows are at 4:30pm and 7:30pm; at the weekend they're at 2pm and 5pm. All tickets are €10, including the much-desired ringside seats.

Limerick City Gallery is hosting the first Irish solo exhibition by German artist **Mariele Neudecker**, opening this week. She's best known for her tank series, 3D sculptures presented as 2D pictures in tanks of water.

If water tanks aren't your thing, they'll also have a giant model boat. Catch the exhibition preview on Thursday at 6pm or see it any time until November 17. Free to see.

Comedian **Dylan Moran** takes on the mysteries of love, politics and kitchen arrangements this Thursday as he visits the **University Concert Hall** with his new show *Dr Cosmos*. He's been called the Oscar Wilde of comedy, despite Oscar Wilde being the Oscar Wilde of comedy, but he remains one of the finest acts you can see on the comedy circuit so

THINGS WHAT ARE ON IN LIMERICK

It's another #WeekendInLimerick – and what a weekend! **Seamus Ryan** has the lowdown

his shows are always worth catching. 8pm, tickets are €32.

Friday (September 6)

Dreams Fest is a weekend-long celebration of the life and music of Dolores O'Riordan, kicking off in **Bruff** this Friday. There's an impressive lineup of Limerick music acts set to play the main outdoor stage in the town, with Parliament Square headlining on Friday night at 9pm. Saturday is the big festival day, opening with Fox Jaw at 4pm and running through Mizdrea, the Flag Listeners and Protobaby before one-time Cranberries lead singer Niall Quinn takes to the stage at 9pm. Sunday offers everything from folk to hard rock, with a bit of cabaret thrown in. New Age Messiah will close out the weekend at 8:50pm. Smaller gigs run in the town's pubs every night after 10pm. This is the biggest thing to hit the town since the Irish Civil War, so if you like music (and who doesn't?), get yourself to Bruff this weekend.

Fancy some Chaucer? Simon Thompson visits **Friars' Gate Theatre** in Kilmallock this Friday night with **The Miller's Story**, a stage version of the tale told by the miller in *The Canterbury Tales*. These days, Chaucer is regarded as the father of English literature and the finest poet of the 14th century but you'll want to keep your hat on for this show as the story the miller tells is one of deceit, marital infidelity and a man convinced that the best way to avoid a Biblical flood is by sleeping in a bath tub suspended from the ceiling. It is probably the bawdiest and filthiest yarn ever told by a front-line author in the history of the English language.

That's your warning. It'll be fun. This is the show that you shouldn't miss this week. 8pm, tickets are €10.

Saturday (Sept 7)

Knavecon is Ireland's biggest board game convention and it's back at the **Castletroy Park Hotel** this Saturday. It'll run from 10am

until the early hours of Sunday. Tickets are €18 for adults, €10 for students and free for accompanied children. Unaccompanied children will be given a big bag of jelly snakes and taught how to swear really loudly.

Over 190 supercars will be on display this Saturday afternoon at the **Radisson Blu Hotel** on the Ennis Road, as the second leg of this year's **Cannonball Supercar Roadtrip** makes a pit stop in Limerick. A supercar is the pinnacle of automotive technology, as well as a very expensive sports vehicle aimed at men over 40 who want something



ABOVE: The Radisson Blu hosts Cannonball Ireland on Saturday



RIGHT: Comedy with Dylan Moran at the UCH this Thursday



Memoriam play Dolan's Warehouse this Saturday

Limerick Youth Dance Company are throwing a live music, dance and jam workshop at **Dance Limerick** this Saturday afternoon. It's open to absolutely everybody, regardless of your age or dancing ability, and will kick off with a dance class followed by a jam where everybody can join in if they like. It looks like the sort of inclusive and uplifting fun that we all need as we approach the dank and dark winter, even if you're the sort of person who rather rightly thinks that any sort of jam is best enjoyed from a jar. It will run from 3pm to 4:30pm and will cost you a tenner.

Birmingham death metal band **Memoriam** are in **Dolan's Warehouse** this Saturday night. They're an old-school metal band, eschewing unnecessary frills in favour of proper guitar songs about death, war and the meaningless of existence. They'll be supported by Ten Ton Slug and Zealot Cult. 8pm, tickets are €20.

Sunday (September 8)

Berlin-based Irish production duo **Long Island Sound** bring a heavy dose of techno to **Pharmacia** this Sunday night, headlining at the seventh iteration of *Clique*. They've deservedly attracted a lot of attention since moving their sound from jazz-streaked house to darker electro and this gig is a must for anyone into electronica. Doors at 10:30pm, tickets are €10 online or €15 on the door.

All weekend

Sheila Richardson's *Heterotopias* exhibition is at Limerick Museum till September 27. Mariele Neudecker's *Sediment* exhibition is at the Limerick City Gallery until November 17. Both free to see. Tickets are €10 for the Lavery & Osborne: *Observing Life* exhibition at the Hunt Museum, which runs till September 30.

That's your lot for this weekend and, as always, if you go to things, there will be more things!



Dreams Fest in Bruff celebrates the life of Dolores O'Riordan

nice for themselves and need to keep their assets very mobile in the event of a divorce.

For anybody who likes cars, there's nothing more exciting than seeing one that costs more than a house. The motor extravaganza has raised more than a million euros for Irish charities over the past ten years and this year's event is in aid of the Irish Cancer Society. They're scheduled to arrive at 12:30pm and you can check out the cars freely for about an hour.

LEADER LIFE

* Fashion, Beauty, Health, Fitness and more from Limerick's Best Columnists



A Day In My Shoes

James Doran

Energize Club Manager at the Limerick Strand Hotel

On your bike: James aims to get Limerick moving

What time do you get up?

My alarm goes off at 4.30am with the idea of getting up for a run. But for some unknown reason I prefer to run in my sleep at that time and wake up after a good hours run at 5.30am.

What is your normal breakfast?

Tea and toast with plenty of butter. Porridge with some honey and a glass of orange juice

Do you go for a walk or to the gym before/after the office?

I like to go for a run most evenings after work.

You arrive at office at what time?

It varies depending on the shift I'm on, but usually at 8am

What are your first duties?

Check over some emails and messages from hand over the previous night and have a good chat and a laugh with our members.

How many cups of coffee/tea would you drink a day?

About four cups a day of tea or warm milk as some people say I drink, as the tea bag just about hits the bottom of the mug.

What is normal lunch - do you have a favourite place?

I love Italian food, so when on holidays I always seek out an Italian restaurant. Normal lunch is what our award winning head Chef Tom Flavin dishes up for staff in the hotel. Once he has

mash and chicken on the menu - I'm happy.

Do you have many meetings during the day?

Generally one a day.

What time do you finish up at?

It depends on the shift.

Do you watch much television?

I would watch a lot of GAA matches, I find TG4 one of our better stations for sport.

Do you read the newspapers?

I start at the back and stop reading when the sports section is finished.

What do you do to relax?

I enjoy hiking during the

James Doran graduated from the IT Tralee with a degree in Health and Leisure Studies

summer months, but exercise in general keeps me relaxed.

Are you able to leave the office behind?

I can unless something needs to be dealt with ASAP.

What is a perfect work day?

If everyday was like a Monday morning, discussing the weekends sporting events with our members.

Do you ever lose 'the cool' and if so what would make you annoyed?

I'm not the easiest fella to listen to at a GAA match. The ref is always wrong and I can see very clearly from over 100 metres away what really happened.

INSIDE THIS WEEK



BIG NIGHT OUT IN LIMERICK

Out for the last nights of summer
PAGE 26



PATRICK'S GILET GUIDE

Don't look like an actor on Emmerdale
PAGE 30



ELECTRIC WEEKEND

Louise reviews EP sights and sounds
PAGE 34



FIDGET FEET TO PREMIERE SHOW

Bingo Fever takes over Lime Tree
PAGE 33

BIG NIGHT OUT @

**Flannery's Bar,
Shannon St and George
Hotel da Vincenzo Food
and Wine Hall in the
George Hotel**



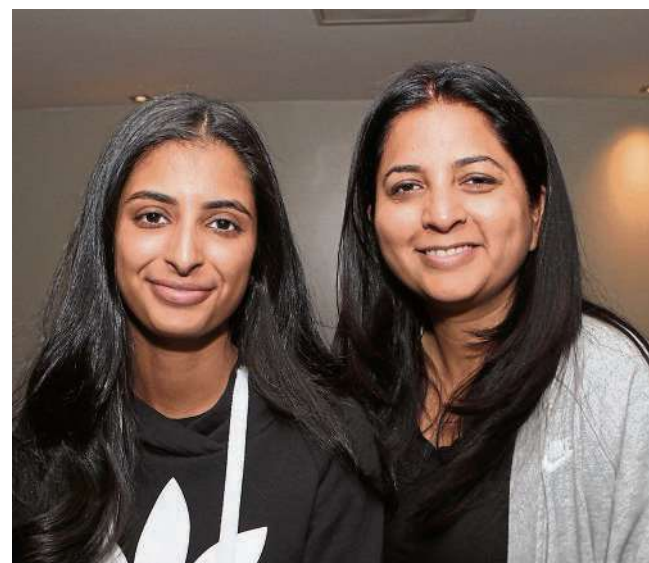
Susan O'Connor, Lisa McCoy and Karen Casey at da Vincenzo Food and Wine Hall in the George Hotel PICTURES: DAVE GAYNOR



Anna Howard and Anna Maria Katsimigas at da Vincenzo Food and Wine Hall



Diana Voloshina and Ewelina Szybinska at da Vincenzo's



Vanessa and Raina Sidhu at da Vincenzo Food and Wine Hall



Greg Barrett and Kayleigh Norris at Vincenzo's



Karen Rochford, Keith Reynolds and Dolores Ryan at Flannery's Bar, Shannon Street



Patricia Beardsley and Frances Hourigan at da Vincenzo Food and Wine Hall



Amanda Hallinan and Emer Somers at da Vincenzo's



May Kelly and Fred Doran at Flannery's Bar



HEALTHY LIVING

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Silent leaky gut – the root of chronic illness

If you've gone to your doctor for depression, skin problems, chronic pain or general fatigue, it's highly unlikely they looked at your gut health. Modern medicine views every system as separate entity with no connections between them.

Even though the root of all disease is in the gut, as Hippocrates stated. Indeed, the digestive system affect all other organs as it supplies them with the nutrients necessary for their energy and renewal and it houses over 70% of the immune system which regulates many functions and destroy cells – often our own

functioning cells in mistake.

After over 10 years of working with chronically ill patients, I've found the weakened integrity of the gut wall often plays a role in symptoms, even in patients who have no obvious gut symptoms. Some experts call this silent leaky gut. This phenomenon was ridiculed by the medical profession for a long time, until appropriate tests were created to diagnose it. Now the official term for it is intestinal hyperpermeability and it is

DID YOU KNOW?
 Inflammatory bowel disease, celiac disease, chronic alcohol, aspirin and ibuprofen intake increase gut permeability

linked to digestive disorders, but growing evidence link it to chronic diseases.

The cells that line the gut are normally held together by tight junction proteins.

These gate keepers keep bacterial toxins and undigested foods out of our blood and allow larger molecules in occasionally, open and close as necessary. In leaky gut, these tight junction proteins don't work properly, which allow excessive toxins, pathogens and undigested food proteins



It is all connected: The digestive system affect all other organs as it supplies them with the nutrients necessary for their energy and renewal

the energy factories that make ATP, our energy source. Brain inflammation may continue for months or years due to over-activated microglial cells – the local immune cells; resulting in mood disorders and cognitive decline.

You might have been prescribed pain killers to manage pain or antihistamines / immune suppressants to manage your skin flare ups – but these only mask and long term make worse the root of the issues. There are private functional tests available in my clinic that identify gut dysbiosis and the presence of intestinal hyperpermeability. Once the driving imbalance in the gut microbes identified, targeted herbal and probiotic therapy and dietary changes allow the gut wall to heal, the immune system to calm down and the symptoms may reduce as a result.

to pass into the bloodstream, which leads to an immune reaction and a systemic inflammatory response.

This inflammation then manifests as symptom wherever you have a genetically weak tissue or an old injury – so you might not have digestive issues but experience fatigue, chronic pain, sinusitis, psoriasis and so on. You might experience your symptoms elsewhere, but the root, this constant dripping oil on the fire that drives inflammation, is in

your gut.

One key factor is dysbiosis; an overgrowth or imbalance of the gut flora and the resulting endotoxemia, where for example, gram-negative bacteria in the gut release toxins called lipopolysaccharides (LPS). When LPS get into systemic circulation they alert the immune system, and the response is inflammation that can cause issues such as chronic pain, and/or fatigue due to uncoupling of the mitochondria in our cells;

LIMERICK LEADER

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www.limerickleader.ie





STYLE & FASHION

CELIA HOLMAN LEE

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Fashion and fun under The Dome

It is billed as the biggest autumn/winter fashion show in the country and that was certainly the case in The Dome for the annual Rose of Tralee fashion show.

Fashion houses and designers came from all over Ireland to participate in the event and if you were in search of the perfect autumn/winter wardrobe then The Dome was the place to be.

The colours are so vibrant this season especially when it comes to coats with beige being the dominant colour and also ruby red and moss green. Dresses are still queen but they are paired back, not as fluid as they were during the summer. The coat dress seems to be the one that is coming through as most prominent.

Trousers have taken on a more fluid look (skinnies are still on trend) and will continue to be. Blouses are also very prominent this season with lots of 70s inspiration but it was the occasional wear that stole the show, with spectacular hats and headpieces which made for a very rich and flamboyant autumn/winter season ahead.



Here's some stunning Tina Griffin designs which were set off perfectly with Carol Kennelly Millinery headpieces



Carol Kennelly Millinery headpieces with Phoenix V designs at the Rose of Tralee fashion show



Carol Kennelly Millinery headpieces with Tina Griffin designs at the Rose of Tralee fashion show



This Marion Murphy Cooney coat and dress is beautiful for the autumn and is teamed perfectly with a Carol Kennelly headpiece



Not many of us will ever attend a royal wedding but if we were to then here's the perfect outfit

CELIA SPOTTED

Looking good out and about in Limerick



Name: Laura O'Shea
Occupation: Marketing & Sales, and part-time model
From: Limerick

I would say my go-to fashion style would be the basics and classic pieces that never date. For day wear and for the office I would stick to comfortable day dresses or jeans with a nice top. For occasion wear I would be one for the LBD or something similar to this red dress which I modelled at the Limerick Show. I always find the cut of a dress is very important and it's equally as important to know what suits your body

type. Dress for you and nobody else! My style icons would be Audrey Hepburn, Victoria Beckham, Jessica Alba and Kate Middleton. Style icons closer to home would be Pippa O'Connor, Glenda Gilson, Amy Huberman and Vogue Williams. Must-have pieces in my wardrobe would be a good pair of jeans, a simple black dress, a nice coat will always last and a pair of black ankle boots. The outfit pictured here is a piece worn at the Limerick Show and it would have been the one that caught my eye. Overall the dress does all the talking and the outfit needs very little in

terms of accessories!

LAURA SAYS

Dress: This dress is from Raspberry Red boutique in Bruff, County Limerick. The wrap detail on the top along with the belt detail on the waist as well as the swing skirt makes this dress very easy to wear. You can never go wrong with a red dress!

Shoes: These simple nude strap sandals are from New Look. These would be a go-to shoe for me at fashion shows as they go with a lot of different outfits and are comfortable to wear.

Look out for Celia's 'My Week' column in the Limerick Leader every Thursday

FAMILY FUN DAY
 down syndrome Limerick
 15th September 2019
 2-5pm
 Down Syndrome Limerick, Castletroy (opposite Castletroy Park Hotel)

- ★ MAGIC SHOW,
- ★ PUPPET SHOW,
- ★ FACE PAINTING,
- ★ DJ AND DANCING
- ★ CARNIVAL GAMES.

Down Syndrome Limerick

We wish to thank all those (past & present) who work, support & fundraise with us. All welcome to join us as we celebrate over 10 years of supporting families & individuals with Down syndrome in Limerick.

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MAN ABOUT TOWN

PATRICK McLOUGHNEY

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The gilet is one of the most divisive items in men's fashion

Gilet style guide

LET me begin by saying that I am a huge fan of gilets. For me, they solve one of life's great style problems; what to wear when it's too warm for a jacket but too cold to go out in just a jumper.

But the gilet is one of the most divisive items in men's fashion. Whilst being highly fashionable in several European countries, in Ireland it's often associated with the smell of cow sh*t and old lads at the mart. But thanks to a recent resurgence in popularity, it's quickly becoming one of the most sought after menswear items around. Like most active or outdoor

pieces, the gilet has evolved over the years and while it's still designed to keep you warm, the gilet is no longer just puffy and oversized – it's slimmed down and added some fashionable colours and patterns to its arsenal. The big question remains, however – how do you style a gilet? Get it wrong, and you will look like an extra from Emmerdale. Get it right, and it'll turn out to be the most stylish addition you make to your wardrobe this autumn/winter.

THINK ABOUT YOUR STYLE

Before you buy, think about your fashion needs. What type of gilet is

both practical and in tune with your style? Whilst famed for their puffy aesthetic (thanks to Marty McFly), the modern gilet comes in many different forms.

From workwear styles made from rugged, hard-wearing fabric like canvas or denim, to hiking styles made from weatherproof nylon, stuffed with warm down feather, to smart styles that are slim fitting and can be worn under a suit jacket to sporty styles for wearing before, during and after exercise, let the style and finish of your gilet be suited to your lifestyle and sense of style. As well as pleasing to the eye.

Having said that, the best fashion pieces are those that are versatile and can serve a purpose in a few different outfits. So your best bet is a gilet that's neutral in tone and on the slimmer side rather than puffy. Workable shades would include black, grey, navy or khaki that can work as easily with a t-shirt and chinos as it can between an overcoat and a suit.

LAYER UP

The renaissance of the gilet owes almost entirely to the rise of fashion-forward layering in recent years. Done right, the gilet can perfectly complement any well-layered outfit by being in-between, over and under other pieces to create the perfect winter look. Don't be afraid to experiment by mixing creative layering combinations for formal and casual occasions. The stylish men of today look to textured, quilted gilets – wearing them over a blazer or in contrast colours under neutral overcoats. Some guys even wear the gilet as a quasi-waistcoat, opting for an ultra-thin, fitted gilet under a blazer (this is fashion icon Johannes Huebl's signature look). Need some inspiration? Here are a few of my favourite ways to rock the gilet.

WITH A SHIRT & TIE

When worn as a waistcoat, the gilet needs to be slim and trim and come in a lighter quilting. This offers a stylish, modern alternative to a waistcoat with some extra warmth under your suit jacket in the colder winter months. A fitted lightweight gilet won't bulk out your jacket in the chest or arms – a problem guys often run into when layering knitwear under a suit jacket. A contrast colour will add a splash of liveliness to an otherwise somber two-piece suit. Or keep the colours on par and bring in a different material like tweed for a textural lift.

WITH A SUIT

An alternative way to wear a gilet with tailoring is to place the vest over your suit. This look, despite the element of tailoring, errs more towards smart casual than formal, unless you remove the gilet when you get to work. In this instance, the gilet doesn't need to be ultra-thin but go for a matte fabric so that it plays more of a topcoat role than a high-vis jacket role – all bright and glossy. Also, it's best to keep the gilet open to avoid stifling the suit.

WITH KNITWEAR

A gilet worn over a shirt, jumper or cardigan is one of the best and easiest ways to wear it. The rules are simple: keep the bottom layer neutral (black, grey, navy, green, burgundy) and then wear the gilet on top for extra insulation. Easy. Feel free to play around with fabrics and contrasting panels on the gilet, letting the knit play the part of a blank canvas with the gilet bringing life to your outfit.

A CHECKED SHIRT

Saving the best for last and my personal favourite way to rock a gilet. For a classic heritage look, select a check shirt and a neutral coloured tie. Then layer a slim cardigan and finish with a vibrant gilet, worn open to show off the layers underneath. If you really want to go all out then layer a woollen overcoat over the gilet. Or, wind it back and lose the coat, tie and cardigan and wear the gilet over the checked shirt on its own. But remember to zip it up before heading out into the Irish winter.

Having suffered from bad styling and old fashioned associations for the best part of the last two decades, the gilet is back with a bang and is quickly becoming an essential part of every stylish man's autumn/winter wardrobe. It's practical, versatile and most importantly, increasingly stylish. In short, if you don't already have one, go and get one.

Look of the Week

Sexton For Men/ Gatsby For Men

My look of the week is from Sexton for Men on Thomas St and Gatsby for Men in Newcastle West. Here, I'm wearing a mix and match Benetti three-piece suit with a Benetti shirt, tie and pocket square. The shoes are also by Benetti. Benetti are just one of the amazing range of suiting brands that Sexton's and Gatsby have in store so pop into the lads and check them out along with all the other suiting and casual brands on offer. Photo by Paudie Bourke.



Watch This Space

Omega Planet Ocean 600m

My watch of the week is the Omega Seamaster Planet Ocean 600m co-axial chronometer from Keanes Jewellers. The Omega Planet Ocean 600M has a lot of content, accompanied by exceptionally good looks. Its METAS certification includes COSC chronometer certification and betterers it, as well as anti-magnetism to fields of up to 15,000 gauss, and waterproofness tested to 600 metres depth. The watch has a helium escape valve, screw-down crown,

unidirectional rotating bezel, and a transparent case back to reveal the mechanical movement. At the same time, it looks stunning, with black ceramic dial and strap with orange details. The rotating bezel is a complex piece of engineering. The orange segment marking the first fifteen minutes is in orange rubber. The rest of the bezel is in black ceramic, with markings in Omega's



proprietary Liquidmetal technique, in which a hard metal alloy is inset into the ceramic to create a perfectly smooth, scratch-resistant surface. The dot in the triangle at the top has a SuperLuminova coating. The case is 45.5 mm in diameter in stainless steel. So it's large, but the lugs are gracefully curved and it sits comfortably on the wrist. You'll pick it up for €7,500 at Keanes.



AGNIESZKA'S AESTHETICS

AGNIESZKA ORŁOWSKA



Website: www.purebeau.ie Email: aoaesthetic@gmail.com Instagram: [@purebeau_ao_aesthetic](https://www.instagram.com/purebeau_ao_aesthetic)

Read my lips!

What to know about permanent make-up before getting your lips tattooed

A quick look through social media is all it takes to realise that cosmetic tattoos are having a renaissance.

People don't want to spend more than five minutes applying make-up - especially pencilling or powdering.

With semi-permanent make-up, it limits the process to roughly once a year and offers the most natural-looking results.

After eyebrows the most popular permanent make-up procedure is lips.

SOME INTERESTING FACTS ABOUT OUR LIPS

- * Lips are the most sensitive part of our body.
- * The colour of our lips is caused by visible blood capillaries under the skin. They are visible because the lips have the thinnest layers of skin on the body..
- * Our lips never sweat because they do not have sweat glands.
- * Our lips are unique, like a finger print
- * Our lips get thinner as

we get older

Beautiful lips are a dream for many women. Unfortunately, not all of us have been endowed with these by nature. Over time, our lips will become pale and thin. Herpes infections can cause the pigment to disappear totally.

There are many options. You can have full, natural-looking defined lips and enhance your natural lip colour - or go bolder with a fabulous intense shade that gives the look of permanent lipstick.

Lip tattoos are meant to enhance lips, not create actual fullness.

This procedure is designed to define lips, not to create volume or puffiness.

HOW TO CHOOSE THE COLOUR AND SHAPE FOR LIPS MICROPIGMENTATION ?

Each shade is customized to match your lip colour. As a professional the makeup artist will work with you to create your perfect custom shade and it's suitable for all skin tones

WHAT DOES THE PERMANENT

MAKE-UP PROCEDURE INVOLVE?

Before a procedure, the technician will do a consultation with you. This is a very important part of the process as it's vital they understand your expectations. As part of this process they will draw the shape on your lips with a lip liner. Once you are happy with this the treatment can proceed.

A topical numbing cream is then administered, so you'll feel only a light stippling sensation as the pigment is applied.

COST?

Semi permanent makeup prices may vary depending on the city, salon reputation, technician skills, equipment and pigment used. They can range from as little as 250 euro to 500 euro. It all depends on the quality of the technician. It's always good to ask to see a technician's portfolio

OMBRE LIPS

Discreet contouring that defines your lips, with blush shading distributed partially



Lip tattoos are meant to enhance lips, not create actual fullness

through the lip to give the illusion of a more full and plump lip. The technique is created by using gradient shades of the desirable lip colour, starting with a slightly darker effect at the edges, which blends into a natural fade towards the

middle of the lips.

LIPSTICK LOOK LIPS

Saturates the lips with colour - in a natural or super-intense shade. Subtly defines your lip contour and infuses colour completely throughout your lips. This

treatment is the perfect way to restore shape and fullness lost with age and transform thin or uneven lips. Great if you want to bring a little more colour to your face. It also takes away the inconvenience of reapplying lipstick during the day.

POCO BY PIPPA POP-UP STORE OPENS AT THE CRESCENT SC

Pictures: KEITH WISEMAN



Poco By Pippa pop-up store opened in the Crescent Shopping Centre last weekend - pictured with Brian Ormond and Pippa O'Connor were staff members at the opening



Pippa with John Davitt, general manager of the Crescent Shopping Centre



Brian Ormond and Pippa O'Connor at the opening of the pop-up store



I ♥ LIMERICK

RICHARD LYNCH

FOLLOW RICHARD

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ActionPoint World Cup warm-up to raise money for children's charities

LIMERICK-based Technology and Innovation firm ActionPoint have launched the World Cup Warm-up event in aid of the LIVE 95 Helping Limerick Children initiative.

The event takes place in Thomond Park on Thursday, September 12 at 7.30 am and will bring stars from the rugby world together for breakfast, world cup predictions and some tales from behind the scenes.

David Jeffreys, CEO of ActionPoint said, "We're delighted to be supporting the 'Live 95 Helping Limerick Children' initiative which this year is working with Cliona's Foundation, CARI and the Children's Grief Centre. These charities are providing amazing support to children in society who are most in need and this event is just our way of supporting their continued work. The goal now is to make sure we raise as much money as possible and I hope that we get the full support of businesses and people locally."

Cliona's Foundation is a charity that provides financial assistance directly to parents of children with life-limiting or chronic complex care needs across Ireland to help with non-medical expenses. The Children's Grief Centre was founded in 2009 by Sister



Pictured at the launch are Vincent McCarthy (CARI), Gerry Murray, David Jeffreys, ActionPoint, Terry Ring, Cliona's Foundation, Amanda Flannery, Live 95, Mary Madden, CARI, Joe Nash, Live 95, Peter Hunt, ActionPoint, Joy Neville and Brendan Ring, Cliona's Foundation

Helen Culhane with the vision of providing children and young people with a listening ear. CARI is a voluntary organisation providing child-centred specialised therapy and support to children, families and groups affected by child

sexual abuse, regardless of means.

Live 95's Luke Liddy will chair a panel that includes Grand Slam Winner and professional referee Joy Neville along with Munster stars Tyler Bleyendaal, JJ Hanrahan and many more

from the rugby world. The organisers have also said there are one or two big-name guests to be announced in the coming days so the message is "watch this space."

Brendan Ring, from Cliona's Foundation, said,

"The stage is set and we have a fantastic event in the making and now we're hoping that the business community can support this great initiative along with any individual Rugby fans who would like to soak up the pre-tournament

atmosphere."

A table of 10 costs €500 which includes corporate branding and a PR pack. Individual tickets cost €50. Visit www.live95fm.ie/worldcup for tickets.

Dr Mary Ryan helps women to get the balance right

DR Mary Ryan, Consultant Endocrinologist at the Bons Secours Hospital, will encourage women in business to value themselves more and avoid exhaustion at Network Ireland Limerick's next event taking place on September 18 at the Clayton Hotel.

A regular speaker on the importance of empowerment, equality

and living a healthy lifestyle, Dr Ryan will explain the detrimental impact hectic lifestyles are having on everyone and the impact of fatigue and burnout on women's hormones and health with long-term consequences. She will also call on women in business to respect themselves more and demand more respect from others.

According to Dr Ryan, women need to be encouraged to slow down long enough to understand their own needs and prevent stress and burnout.

Catriona O'Donoghue, president of Network Ireland Limerick, said, "Women are notorious for juggling and having too many balls in the air. This event is all about taking

stock, checking in with how we're doing and being aware of the harm fatigue and burnout can have on our bodies."

Registration and networking are from 6pm, with the kick-off at 6.30pm. Free for Network Limerick Members and just €20 for non-members. See www.networkireland.ie/limerick.



Dr Mary Ryan, will have special message for women in business on Sept 18

THINGS I ♥ THIS WEEK

LIME TREE THEATRE & BELLTABLE PROGRAMMES

Action-packed season

LIME Tree Theatre and Belltable have launched their autumn/winter 2019 season with both venues offering the very best of cinema, theatre, opera, comedy, children's work and both classical and traditional music.

Members of The Cecilian Musical Society spoke to Louise Donlon, director of Lime Tree and Belltable theatres, about their excitement in returning to the Lime Tree Theatre to mark their 100th anniversary with 'Chitty Chitty Bang Bang'. The musical is 50 years old itself this year, making the show even more significant.

Marketa Dowling, Programme Manager of Belltable announced that the Belltable film programme has expanded and now every Monday will screen the same title twice – the first screening at 5.15 pm and the second at 8pm. The season opens with the wonderful Marianne & Leonard: Words of Love on September 9. Not surprisingly, the 8pm screening is already sold out.

Lime Tree Theatre programme kicks off on Wednesday, September 4 with Gilbert O'Sullivan in



Louise Donlon, Lime Tree Theatre and Belltable Director with Jon Kenny whose show Crowman arrives this November

Concert – Just Gilbert and Belltable's first theatre show is 'Oneday' by Richard Walsh and James Moran on Thursday, September 12.

The season draws to a close mid-December when preparations for the Limerick Panto Society production of 'Beauty and the Beast' begin. Shows start on Friday, December 27 and you can catch a performance right up until Sunday, January 5.

Plan your autumn with the two venues and as the sea gets chilly dive into culture instead. Please support them by indulging in an evening of one of their magnificent shows. See www.limetreetheatre.ie.



Bingo Wings comes to the Lime Tree Theatre September 13 and 14 and October 10 and 11

Bingo Fever takes over Lime Tree stage

JOIN Fidget Feet Aerial Dance Theatre in the Lime Tree Theatre this September as they premiere their show, *Bingo Wings*, a ripping yarn about love, luck, and bingo that takes you on a flight of fantasy!

This exciting production is delivered by an award-winning team including director Jo Mangan, choreographer Chantal McCormick, playwright Tom Swift, and composer Jim Daly.

The *Bingo Wings* Project is an intergenerational project, bringing together younger and older people in a programme focusing on arts, ageing well, and health. A circus artist worked with community groups in Limerick earlier this year and some of these communities will feature in the show.

McCormick said making this show has been a dream come true for her,

celebrating fond memories of her grandparents. "This show is made in memory of Peggy and Patsy McCormick who I still love and cherish and for all the grandparents and grandchildren in the audience."

Bingo Wings premieres in the Lime Tree Theatre September 13 and 14 and October 10 & 11. For more info see www.fidgetfeet.com. For tickets visit www.limetreetheatre.ie.

DYNAMIC LIVE PERFORMER

Turner to play an intimate gig

SINGER/songwriter Pierce Turner has announced that he will play a one-off Limerick gig in the intimate surroundings of Tait House on September 13, one of a limited series of Irish dates.

Pierce Turner is a dynamic live performer and consummate musician with a dedicated cult following in Ireland where he resides half of the year, the other being in Manhattan.

Author Eoin Colfer has credited Turner's music and lyrics as having a huge influence on his writing. "He is a one of a kind genius poet. I wish I had never heard him so I could listen for the first time," Colfer said.

In choosing Tait House Turner said, "You can go to the big fields and watch a dot upon the stage performing while the



Pierce Turner

sound sails away in the wind. Or you can mingle with like-minded humans in a space where you can see the walls, where there is a ceiling for the sound to return from, where there is oodles of atmosphere and interaction".

Tracey Lynch, CEO Tait House said: "Having Pierce Turner is a fantastic

opportunity for local audiences to witness a musical and lyrical craftsman in a magical intimate setting. We look forward to welcoming Limerick audiences to an evening we can guarantee they won't forget."

For tickets visit pierceturnerinlimerick.brownpapertickets.com.

HERO OF THE WEEK Sinéad Flanagan

SINÉAD Flanagan, a 27-year-old Junior doctor has been named the 2019 Rose of Tralee, making her the third Limerick Rose in sixty years to be awarded the prestigious title.

Dr. Flanagan hopes to continue her work as a junior doctor while also carrying out her duties as the new Rose. She's an activist, having previously volunteered in Ghana as a medical student. She also cut the ribbon at this year's Darkness into Light event.

Following her win, she attended her first press conference, and while still in a stunning emerald green gown, said, "It's Limericks year. We've had the All-Ireland, the League, the Munster Final, Love island and now the Rose of Tralee!" Congrats Sinéad! Over the moon for you! You did us proud girl!



Sinead Flanagan, The Rose of Tralee



LOUISE LOVES

LOUISE CANTILLON

CONTACT LOUISE

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Rogha na Seachtaine



TO DO:

Cheers and Chats @101 O'Connell St

Support Miss Limerick, Miss Limerick North and Miss Clare as they host their Beauty with a Purpose event "Cheers and chats for charity". An evening full of style and a panel discussion with special guests is promised. All proceeds will go to charity!



TO LISTEN:

Track of the week

Fintan McKahey - "The Rebound Effect": Following on from the success of his latest EP and title track 'God Games' Fintan McKahey returns with dark & sultry new offering 'The Rebound Effect' set for release on September 8, 2019.

TO SEE:

Junior Camogie All-Ireland Final

Kerry V Limerick: Get behind the ladies this Sunday. Limerick take on Kerry, live coverage on RTE plus all this week your chance to win tickets on Fully Charged. More info @spinsouthwest.com



Electric weekend in Stradbally

A WEEKEND that never fails to hit all the right notes! Electric picnic returned to Stradbally last weekend and living up to the hype over 57,000 revellers turned out to enjoy the festivities!

So much more than music, the festival offered some of the very best in arts, culture, food and entertainment. The MINDFIELD spoken word arena boasted a new addition this year with the popular podcast stage. Limerick's own Blindboy Boatclub along with some of the most influential names in entertainment kept the crowds flocking!

Impossible to narrow it down here are some of my highlights from the weekend:

BILLIE EILISH

At only 17 years old, teen sensation Billie Eilish attracted one of the biggest crowds on record to the main stage on Friday afternoon. Laid back and effortless Billie rocked the stage sporting dyed green hair and white T and shorts! Her breakthrough single Bad Guy had all ages and interests singing!

GERRY CINNAMON

Glaswegian singer songwriter armed with only a guitar and a kick drum rocked the main stage on Saturday. His sing along ballads with catchy hooks and evocative lyrics are impossible not to enjoy. Quickly paving his way to super stardom Gerry Cinnamon is one to watch!

TALOS

Corkman Eoin French enchanted us with his stunning arrangements and dizzying percussions set perfectly to the magical backdrop that is Rankin's Wood! My first time seeing Talos live- and you can believe the hype! Just phenomenal!



Valerie Wheeler and I enjoying Electric Picnic!

HERMITAGE GREEN X UPROOT HOOTENANNY

Unexpected performances are always the best! Up there with one of the best moments of the weekend for me, Saturday night I stumbled upon a surprise collaboration and impromptu singsong on the Spike

Island stage. Limerick's Hermitage Green joined forces with Florida 5 piece Uproot Hootenanny. From bluegrass to Irish folk the super collaboration was simply fantastic!

THREE MADE BY MUSIC Some of the very best Irish



Me- Enjoying Three Made by Music tower!



Irish popstar Fehdah and I at the Three Made by Music Stage

musicians performed on Three's made by music stage across the weekend. My highlight was the dreamy collaboration of David Kitt, Elaine Mai, Fehdah, Kean Kavanagh, Sorcha Richardson and Soulé for a never before seen performance of their track "Follow the Sound"

Rose of Tralee - Sinéad Flanagan

HISTORIC! For the second time in the last number of months Limerick has found its place on an International stage. Following Greg O'Shea's whirlwind victory on reality TV show Love Island, the wonderful Sinéad Flanagan made headlines when she was crowned 60th Rose of

Tralee last Tuesday night! Patriotically dressed in a beautiful green gúna designed by Sharon Gregory, junior Doctor Sinéad looked and spoke beautifully on the Tuesday night of the rose selection. Sinéad is a phenomenal role model for the county and country as she embarks on her new international

role. Sinéad will be the face of the festival for the coming year, travelling around the globe.

The proud Limerick lady caught up with Valerie Wheeler of Fully Charged following her win you can hear her interview in full on spinsouthwest.com. Comhghairdeachas Sinéad!



Rose of Tralee Sinéad Flanagan with Spin's Anto Harte and Cathal Frawley

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ST. MARY'S R.F.C.

Lotto Draw held Monday 2nd September 2019
Winning Numbers: 7-10-12-18

No Jackpot Winner

Ger Reddan c/o Rashers; Adrian Duhig c/o E. O'Byrne; Martin Finnin c/o C. Devaney; Irene Radcliffe c/o Radcliffe's Bar

Draw will take place in Larkin's
Tuesday 10th September
Jackpot €10,600

GERALDINES A.F.C.

WEEKLY LOTTO DRAW HELD ON 2/9/19

This Week's Jackpot: €2500 No's: 6-7-14-27
Lucky Dips; Kevin O'Callaghan c/o Club, JPRyan c/o Dave Connolly, Gretta Dean c/o Dave Connolly

Promoters Prize Paddy Mullins and Dave Connolly

NEXT Draw held 9th September 2019
Next Week's Jackpot: €2600

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PUBLIC NOTICES

AN CHÚIRT DUICHE THE DISTRICT COURT
Licensing (Ireland) Act 1833 Section 6
Intoxicating Liquor Act 1960 Section 29
Notice of Application for Certificate of Transfer of a Licence
District Court Area of Limerick
District No. 13

Applicant: Imporium Stores Limited
Take Notice that Imporium Stores Limited the address of whose registered office is at 10 Racefield Centre, Fr. Russell Road, Limerick intends to apply to the Annual Licensing Court to be held at the Courthouse, Mulgrave Street in the City of Limerick on the 26th day of September 2019 for the Transfer to the Applicant of the Pulican's Licence (7 Day Ordinary) attached to the premises situate at 1 Church Street in the City of Limerick in the Court Area and district aforesaid and heretofore licensed in the name of Screwcap Limited.

Dated this 2nd day of September 2019

Signed: Gerard J. Meehan,
Solicitor for the Applicant,
49 Catherine Street,
Limerick

THE DISTRICT COURT GAMING AND LOTTERIES ACT 1956 SECTION 15 APPLICATION FOR A CERTIFICATE
District Court Area of Limerick
District No. 13
PATRICK BIRDTHISTLE AS NOMINEE FOR WILLIAM BIRD (LIMERICK) LIMITED
Applicant

TAKE NOTICE that the above named applicant Patrick Birdthistle as Nominee for William Bird (Limerick) Ltd. having its registered address at 16 Shannon Street, Limerick, will apply to the District Court sitting at The Courthouse, Mulgrave Street, Limerick on Thursday the 26th day of September 2019 at 10.30 a.m. for a Certificate under Section 15 of the Gaming and Lotteries Act, 1956 (No. 2 of 1956) authorising the issue of the Licence permitting Gaming at an amusement hall or fun fair namely The Stella Ballroom situated at 16, Shannon Street, Limerick in the said Court Area from the hours of 10.00 a.m. to 02.00 a.m. daily.

The number in kinds of games proposed to be carried on are as follows:-
100 Electronic Slot Machines
AND FURTHER TAKE NOTICE THAT the Applicant will rely on the following matters in support of the Application:-

1. That the Applicant is not disqualified by Section 8 of the said Act from the promotion of Gaming under Section 6 or Section 7 thereof.

2. The other form of amusement to be provided are as follows:-

- Background Music
- Amusement/Video Games

Dated this 3rd day of September 2019.

Signed: Sweeney McGann
Solicitors for the Applicant
67 O'Connell Street
Limerick
TO WHOM IT CONCERNS

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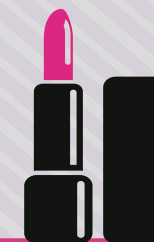
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DATASOURCE: Local Ireland/Mediaforce Ireland Shopping Survey December 2016.
*READ/JNRS Millard Brown 2016



FAMILY ANNOUNCEMENTS

IN MEMORIAM



† BOLAND

(Anniversary Remembrances)

In loving memory of our parents Josephine and Michael Boland, our sister Marie and brother Patrick who we remember at this time, late of Green Hill Road, Garryowen. Mass offered on Saturday 7th September at St. John's Cathedral at 6pm. R.I.P. Ye left us precious memories That made us laugh and cry The times we shared together No millionaire could buy No words we write will ever say How much we miss ye day by day Simple words but very true We will always love and remember ye They never failed to do there best Their hearts were true and tender They worked and toiled for all of us The memories we have Will last from day to day They don't get lost They don't wear out They can never be taken away They bring a smile And sometimes a tear But we would always Wish we had ye with us still Until we meet again **Sadly missed by your son Michael, daughters Ber, Eileen, Deirdre, Carmel, daughter in law and sons in laws, grandchildren and great grandchildren.**



Life is but a stopping place

Life is but a stopping place, a pause in what's to be, a resting place along the road to sweet eternity. We all have different journeys, different paths along the way, we all were meant to learn some things, but never meant to stay. Our destination is a place far greater than we know, for some, the journey's quicker, for some the journey's slow. And when the journey finally ends, we'll claim a great reward, and find an everlasting peace, together with the Lord.

IN MEMORIAM



† BROMELL

(Tenth Anniversary) In loving memory of Patricia Bromell, late of 18 Claughaun Avenue, Garryowen, The Launch Bar, whose anniversary occurs on 5th September. Mass offered on Thursday 5th at 5.45pm in St John's Cathedral. Remembering Michael Barry O'Donovan and sister Diane at this time.

God saw you getting tired Mam And a cure was not to be He put his arms around you And whispered "Come to me" With tearful eyes I watched you I watched you fade away And although I loved you dearly I could not make you stay A golden heart stopped beating Hard working hands at rest God broke my heart to prove to me He only takes the best So now Lord there is a lady in heaven So precious and so rare That Lady is my mother The best beyond compare So please God call her name out softly And when she looks your way Tell her I still love and miss her Each and every day The heartache and the sadness May not always show People say it lessens? How little do they know Your memory is my keepsake Mam From which we will never part God has you in his keeping I have you in my heart Until we we meet again Take care of Diane **Love and miss you both always, sadly missed by your heartbroken daughter Sandra and husband Michael, granddaughters Kerri and Michaela and great grandson Michael Owen Also remembering Tom Meehan and Robbie McKeivitt at this time, from The Bromell Family.**

So many people loved you And that makes me so proud You were that special person Who stood out in a crowd It was on the day you left us We were very much aware The mark you left on people By the congregation there Our world was really shattered But it made us realise What a wonderful person you were Nan In so many peoples eyes Look after Diane, miss you everyday **Love always your granddaughter Karen and husband Paul and great grandson Devon**

Memories are keepsakes, Cherished all life through; Ours are very special Nana Because they are of you. **From your grandson Kurtis, partner Donna Jamie and Danielle, Michaela and Craig and great grandson Leon.**

IN MEMORIAM

My love for you will always keep It cannot fade it lies so deep And when old times I do recall It's then I miss you most of all In tears I watched you sinking I watched you fade away And though my heart was breaking I knew you could not stay When you passed through the gates of heaven God called you to his side Your pain and suffering ended You lost your fight with pride When God took you from me He knew what you were worth He took the finest mother That ever walked this earth. **Always loved and never forgotten by your daughter Noelle and partner John Also remembering by sister Diane at this time**

We lost a Mam with a heart of gold How much we miss her can never be told She shared our troubles and helped us along If we follow her footsteps We can never go wrong She was a Mam so very rare Content in her home and always there On earth she toiled, in Heaven she rests God bless you Mam You were one of the best. Each time we look at your picture You seem to smile and say Don't be sad but courage take And love each other for my sake We miss you from your fireside chair Your loving smile and gentle air Your vacant place no one can fill We miss you Mam and always will **From your loving son Michael, daughter-in-law Caroline, grandchildren Michael and Colleen and great grandson M.J.**

A face in the crowd I thought I saw you in the crowd They walked like you Their stance was proud Their hair the same, their profile too. I really thought it could be you Then I remembered you were gone My heart felt flat as I walked on I see your face wherever I go Guess I just thought that you should know I still hear your laugh And see your smile Though you've been gone For quite a while I miss you more than words can say Wish it had been you that I saw today. **Miss you every minute of every day from your loving daughter Valerie and son-in-law David.**

So many people loved you And that makes us so proud You were that special person Who stood out in the crowd It was the day you left us We were very much aware The mark you left on people By the congregation there Our world was really shattered But it made us realise What a wonderful person you were Nana In so many peoples eyes **Love you always Nana, from Shannon, David, Adam, Sarah- Jane and Joseph.**

No matter how we spend our days, No matter what we do, No morning dawns, no evening falls, Without a thought of you. **Sadly missed by your sister Carmel husband Ger and family**

IN MEMORIAM



† BUTTERFIELD

(15th Anniversary) In loving memory of Tom Butterfield, late of Caherdavin and St. Laurence Park, Garryowen who died on 2nd September, 2005. R.I.P. Also remembering Tom's brother Ger at this time, second year away from home Your name is often spoken, We talk about you still; You haven't been forgotten You know you never will, No words or verse could ever say, How much we miss you every day; Deep in our hearts your memory is kept, We love you too dearly to ever forget. **Very sadly missed by your friends, Pat and Margaret Foley; Martin and Carol Collins and family.**



† BYRNE

(18th Anniversary) In loving memory of a dear husband, father and grandfather Martin Byrne, late of O'Malley Park, Southill, Limerick whose 18th anniversary occurs on 7th September. Rest in Peace. Mass offered. A loving spray of memories Tied up with all our love Memories we will treasure For the one we dearly love In the centre of God's garden There is someone special there That someone is a husband, father and grandfather The best beyond compare To where you rest we travel It's where we feel most dear We place our flowers around you And whisper we are here **Sadly missed and never forgotten by your loving wife Esther, daughters Mary and Deirdre, sons John, Martin and Trevor, daughters in law Joanne and Janine and son in law Dave xxx** Gentle Jesus up above Please give Grandad all our love **Love you Grandad from your grandchildren Leanne, Andrew, Martin, Cameron, Ellis and Lochlan xxx**



IN MEMORIAM



† FITZGERALD

(First Anniversary) In loving memory of John Fitzgerald, late of 55 Rosturra Crescent, Woodview and St. Mary's Park, Limerick who died on 4th September 2018. Mass will be offered on Saturday 7th September at 6pm in St. John's Cathedral. What we would give if we could say, "Hello Dad" in the same old way; To hear your voice, to see your smile, To sit and chat with you awhile, So if you have a father, Cherish him with care, For you'll never know the heartache, 'Til you see his vacant chair. **Lots of love from Maria and John. Give Mam a kiss form us x**

Dad If I could write a story It would be the greatest ever told Of a kind and loving Dad Who had a heart of gold. I could write a million pages But still be unable to say Just how much I love and miss him Every single day. I will remember all he taught me I'm hurt but won't be sad Because he will send me down the answers And he'll always be my Dad. **Loving you always and sadly missed by your son Desmond, wife Lorraine and family xxxx**

Granda Heaven has gained another Angel The night sky, another star Your life became a loving memory I know you're never far. **Dearly loved and missed by your granddaughter Dinika xxxx**

Granda Gates of memories will never close How much we miss you no one knows. Days will pass away into years And we'll think about those memories in silent tears **Miss you so much, by your loving grandkids Catriona and Daryl xxxx**

Granda We miss you more than anyone knows As time goes by the emptiness grows We laugh, we talk, we play our part But behind our smiles are broken hearts **Sadly missed and never forgotten by your grandson Desmond, partner Jessica and kids xxxx**

Granda Although you can't be here with us We're truly not apart Until the final breath we take You'll be living in our hearts **Loved and missed so much by your loving grandson Dermot and partner Vanessa xxxx**

IN MEMORIAM

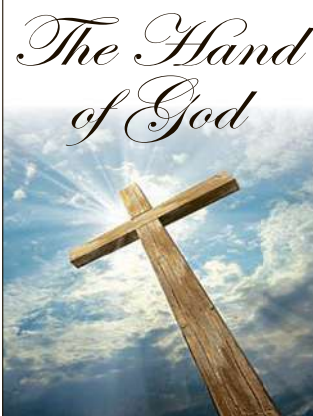
Granda Those we love don't go away They walk beside us every day Unseen, unheard, but always near So loved, so missed, so very dear. **Sadly missed by your grandson Sean and partner Lisa xxxx**

We walk along life's path And know that you are there; We feel you all around - Your face is everywhere. Vivid memories stay But the wound still remains; We wish we could go back And be with you again. **From your loving son Michael and daughter-in-law Mary**

Your life was a blessing Your memory a treasure You are loved beyond words And missed beyond measure **Sadly missed by your granddaughter Philomena, partner Dan and great granddaughter Kayleigh xxx**



A year has passed and it hurts no less The pain of losing you we'll never forget You're always in my thoughts And I'll always hold you near Living life without you has always been my biggest fear So I'll say goodbye for now Dad I'll try not to cry I know you're looked after in that place in the sky x **Love always Jonathan** Dad I never took the time to say I love you, I was always in a hurry I seldom put my arm around you And let you know, how much I care I never stopped to think That someday you would not be here And now its too late I talk to you now everyday And I know Dad you are helping me I have to believe that you're in a beautiful place And this helps a little, keep your eyes on me please You are so deeply missed by me. **Sadly missed by your loving daughter Geraldine and grandson Kieran**



The Hand of God
Though today, you walk in sorrow You will not be alone. There is One whose loving wisdom Is far greater than our own. Put your trusting hand in His, As a little child would do And He like a loving father Will guide and comfort you! Day by day, there will come to you New faith, new hope, new light. You'll find that stars unseen by day, Shine through the darkest night And though your heart is longing, For the dear one who's at rest, You'll know before the journey's end, That God's dear ways are best!

Rest in Peace

FAMILY ANNOUNCEMENTS

IN MEMORIAM



Dad
I know you're with Mam now,
dancing and being free
And when we get to Heaven we
will all get to see
See ye and yere smiling faces,
Laughing and walking pain free
We'll get to say our "I love you"
We'll be as happy as can be
If time exists in Heaven
Do you still rise with the sun
Do you and Mam share breakfast
before your day has begun
Is music all around you
All those songs you held so dear
Do you and Mam still sing together
The way ye did when ye were here.
Today Jesus as you are listening
In your home above
Would you go and find my Mam
and Dad
And give them all our love.
Thanks for all the memories
Ye have given all of us
We will never forget ye
Goodnight and Godbless and I love
ye xxx
**Your heartbroken daughter
Deirdre and Andrew**

As I sit and write this down
My eyes filled with tears
In my mind once again your
smiling face appears
You suffered much in silence
Your spirit did not bend
You faced each day with courage
And smiled right to the end
You passes through the gate of
heaven
God called you to his side
The pain and suffering ended
You lost your fight with pride
When god took you from me
He knew what you were worth
He took the finest father
That ever walked this earth
**Sadly missed and never
forgotten your heartbroken
daughter Christina and
husband Christy xx**

"My Granda, my world"
It's been 1 whole year since I saw
you
Or heard your loving voice
You're on my mind each morning
And every single night
There is somebody in heaven
So precious & so rare
That person is my Granda
The best beyond compare.
Sleep peacefully dear Granda
You have earned your rest
Take care of him Lord
He was the very best.
I hope you know how much I
adore you
And how much you mean to me
My love for you will never die
It will last all of eternity
**Love you always Granda,
Danielle xxx**

Somewhere beyond the sunset
Where loved ones never die
Ye sleep in a beautiful garden
Beneath a golden sky
Though heaven and earth divide
us
We are never far apart
For you are always in our
thoughts
And forever in our hearts
**Lovingly remembered by your
granddaughter Stephanie and
great grandson Evan xx**

No matter how we spend our
days,
No matter what we do,
No morning dawns, no evening
falls,
Without a thought of you.
**Sadly missed by your
grandson Stephen, wife
Stacey great grandchildren
Josh, Scott, Ryan and Molly**

IN MEMORIAM



I miss his wake up phone calls
At half eight in the morning
I miss seeing him saying his prayers
Just as day was dawning

I miss his wisdom and his
knowledge
He was always there
I miss everything about him
Why is life so unfair

I miss him telling stories
About the good old times
I miss us listening to his music
And singing Neil Diamonds rhymes

I miss when asked who was his
favourite
He'd say he hated us equally
I'm still convinced that it was me
I should have said it more
frequently

I miss coming home from work to
see him
When the day was done
I miss the sneering and the joking
It was only harmless fun

I miss making new memories with
him
And now that he is gone
My heart is completely broken
Its hard most days to stay so strong

I'll miss him until my time comes
But I know it's not the end
He's just waiting up there with nana
My everything, my best friend

**Love you forever, from Laura
xxx**



The Anniversary of the Day You
Went Away

Today's the anniversary
Of the day that I lost you
And for a time it felt as though
My life had ended too

But loss has taught me many things
And now I face each day
With hope and happy memories
to help me on my way

And though I'm full of sadness
That you're no longer here
Your influence still guides me
And I still feel you near.

What we shared will never die
It lives within my heart
Bringing strength and comfort
While we are apart.
From Ryan and Leanne

*Another Leaf
Has Fallen*
Another leaf has fallen,
another soul has gone.
But still we have God's promises,
in every robin's song.
For he is in His heaven,
and though He takes away,
He always leaves to mortals,
the bright sun's kindly ray.
He leaves the fragrant blossoms,
and lovely forest, green.
And gives us new found comfort,
when we on Him will lean.

IN MEMORIAM



Missing You
We're missing you a little more
Each time we hear your name
We've cried so many tears
Yet our heart's broken just the same
We miss our times together
Things in common we could share
But nothing fills the emptiness
Now you're no longer there
We've so many precious memories
To last our whole life through
Each one of them reminders
Of how much we're missing you.
**From your daughter Louise,
Brian, Shannon and Lisa xx**

Gone are the days we used to
share
But in our hearts you are always
there
The gates of memory will never
close
We miss you Dad more than any-
one knows

With tender love and deep regret
We who love you will never for-
get

**Missed and loved by your
daughter Margaret,
grandchildren Niamh and
Dean (Brian) xx**

No special day is needed for me
to think of you,
To me you were someone special,
And I thought the world of you,
I think of you in silence,
I talk about you too,
I have some wonderful memo-
ries,

But I wish I still had you.
**Missed by your
granddaughter Hayley,
partner William and great
grandkids Jake and Emma
xxx**

Thinking of you is easy,
We do it every day,
Missing you is a heartache,
That will never go away,
Out of our lives you may be
gone,

But in our hearts,
You will always live on.
**From oyr granddaughter
Debbie, partner William and
great granddaughter Brooke
xxx**

*Those we love,
We never lose,
For always they will be,
Loved, remembered,
treasured
Always in our memory.*

IN MEMORIAM



My father was the greatest man
He meant the world to me
He lived his life for his beautiful
wife

And each one of his family.
I think about him every day
With fondness, pride and love
I hope you have Mam in your arms
in Heaven up above
I always will remember the fun
times that we had
These memories help me to get
through

The days I'm feeling sad
Like the times we'd go to Plassey
For a picnic and a swim
You'd always be the very first of us
to jump right in

On days when I got older
I'd call and we'd drink tea
Or nights maybe something stronger
Like Captain Morgan, for you not
me!!

We would listen to Neil Diamond
And speak about the past
When our family was complete
Dad, how I wish those days could
last.

You were the greatest father that
anyone could have
A teacher, a friend, a messer
Someone I was proud to call my
Dad.

I never will forget you
You were the strongest man I knew
You were always right beside me
Proudly watching my children as
they grew

I'm thankful to have had you
You were a truly wonderful Dad
You knew how much you meant to
me
And for that I will always be glad.
**Love you always Dad.
Thinking of you always, your
daughter Judy and son-in-law
Eamonn xxxxxx**

You were not just my Grandad
You were a legend of a man
Someone who I looked up to, loved
and who I called my pal
When I was young you thought me
things

That only you knew how
And all these things have helped me
be

The woman I am now
I never will forget the days
When we were both together
Listening to your favourite songs
Seeing who could sing them better
We spoke about almost everything
And you would always lend an ear
When I needed some advice from
you

Grandad you were always there
Somedays we'd sit in silence
And let the time pass by
On other days we'd laugh so much
It would make both of us cry.
Some people say you're lucky
To have a grandparent or two
But no one was a lucky as me
Because Grandad I got you.
You see you were not just my
Grandad

You were my pal, my bestfriend
We were always by each others side
Up to the very end.

**Love you Pal, always and
forever, your granddaughter
Amy and Dean xxxxxx**

When someone
you love becomes
a memory, the
memory becomes
a treasure.

Author Unknown

IN MEMORIAM

We often think about you
And the memories we have
Of a man we each looked up to
And were proud to call Grandad
We think of the days in
Munchin's Street
When all of us would be
Sat on the stairs and waiting for a
plate or cutlery
You see your dinners were amaz-
ing

Each one was made with love
But nothing compared to Sundays
one

When we had your legendary
roast spuds.
The times each of us spent with
you

We're thankful for each day
Our memories of you we'll cher-
ish forever

And in our hearts will stay.
**Thinking of you today and
every day Grandad, your
grandsons Mark, Jason,
Patrick, Eamonn and Dylan
xxx**

Although I might be only small
I always will remember
The fun we had and all the times
That me and you spent together.

Before I go to bed at night
I always say to Mammy
Goodnight and Godbless
For that's what I learned
From my wonderful Grandad
Johnny

**Love you so much Grandad,
your greatgrandsons Lee and
Freddie xxxxx**

Your needs were simple your
wants were few
If our family were happy so were
you

Always willing, helpful and kind
What precious memories you left
behind

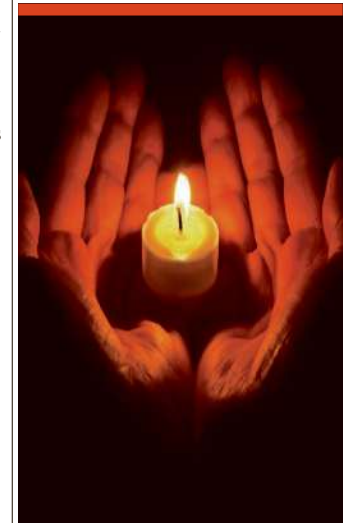
No longer in our lives to share
But in our hearts you are always
there

**Loved and forever missed by
your son John**

Each of us on our own way
Has special thoughts of you today
No longer in our lives to share
But in our hearts
You are always there
**Loved and missed by your
grandchildren Nadine, Nicole,
John, Simon and Max**

THANKSGIVINGS

GRATEFUL THANKS to The
Sacred Heart and Our Blessed
Lady for all favours received
and also thanks to St. Padre
Pio, A. A. A. Saints. M.J.M.



*Light a
Candle...*

A candle to remember, may it burn ever so bright

As we look to the heavens on this very night.

Beyond the stars, our dear loved ones soars

Embraced by their Savior on heaven's shores.

*As the angels protect them
and sing their sweet name*

We honor their life with the glow of this flame.

So we light this candle for our loved ones tonight

As a symbol of our love and their eternal life.

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Leader

**SATURDAY
NIGHT FEVER**

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the highlight

For more see Page 41



Kiely returns to walk the Limerick line for two more years

Back in action: John Kiely is back as the Limerick Senior hurling manager. His new look backroom team was confirmed at a County Board meeting this week



Hurling: Former county captain joins 2020 Limerick management

JEROME O'CONNELL
joconnell@limerickleader.ie

LIMERICK'S 2018 All-Ireland SHC winning manager John Kiely has been handed a further two years at the helm of the county hurlers.

And, Kiely will have a new-look backroom team as he prepares for the 2020-21 seasons.

2013 Munster SHC winning captain Donal O'Grady is a new addition to the management team.

The new-look Limerick senior hurling management was rubber-stamped at the specially organised County Board meeting this Monday evening.

The meeting in the Woodlands House Hotel lasted less than 10-minutes with no opposition to the reappointment.

Galbally native John Kiely, has received a new two year term at the helm with an option for a third year.

Paul Kinnerk continues as

coach-selector and fellow coach-selectors Alan Cunningham and Aonghus O'Brien remain from this season.

O'Brien joined ahead of the 2019 season - replacing Jimmy Quilty.

Former Limerick captain Donal O'Grady is a new coach-selector - replacing Brian Geary, who departs due to work pressures.

Granagh-Ballingarry clubman O'Grady was manager of the Limerick U15

side this year.

The new strength and conditioning coach is Mikey Kiely - replacing Joe O'Connor, who last month stepped down after four years in the role.

Mikey Kiely is a former Limerick senior football S&C coach - working under manager John Brudair.

Mikey Kiely was also strength and conditioning coach when Limerick won the 2017 All-Ireland U21 title under manager Pat Donnelly

and he had previously helped Clare win the 2013 U21 title when he worked as their S&C coach.

The Ballybrown man played U21 hurling with Limerick for two seasons - playing with current county panelists Declan Hannon, Nickie Quaid, Graeme Mulcahy and others. He is currently captain of his club side that have reached the quarter final of the Bon Secours Hospital Limerick SHC.

Rugby News

Limerick trio celebrate a World Cup hat-trick

COLM KINSELLA

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THREE Limerick players are set to play in a Rugby World Cup for a third time when the competition gets underway in Japan later this month.

Limerick natives Keith Earls, Conor Murray and Sean Cronin are among six players who featured for Ireland in both the 2011 and 2015 Rugby World Cups.

In all, 12 Munster players have been included in Ireland's Rugby World Cup squad which travels to Japan this month.

Joining Earls and Murray among the Munster players selected in the Ireland squad by head coach Joe Schmidt are Tadhg Beirne, Dave Kilcoyne, Jean Kleyn, Peter O'Mahony, John Ryan, Niall Scannell, CJ Stander, Joey Carbery, Andrew Conway and Chris Farrell.

The inclusion of the recently Irish-qualified Kleyn ahead of the vastly experienced Devin Toner has been the main talking point from Schmidt's squad selection.

Ireland are in Pool A of the Rugby World Cup and will play Scotland, Japan, Russia and Samoa. Ireland's opening fixture is against Scotland in Tokyo on Sunday, September 22, 8.45am Irish time.

Six days later Ireland will take on tournament hosts Japan in Shizuoka before playing Russia in Kobe the following Thursday. Ireland's final pool game is against Samoa on Saturday, October 12 in Fukuoka.

Ireland face Wales in their final warm-up game at the Aviva Stadium this Saturday. Kick-off is at 2pm.



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SPORT
SNIPPETSMore glory for
Limerick Golf Club

Limerick Golf Club rounded off their summer of golf in the perfect way on Sunday last when they won the Munster Final of the All Ireland Fourball Interclub.

Mitchelstown was the host venue for the final that saw Limerick take on Monkstown.

Limerick brought in the first match thanks to Eamonn Grimes and Pat Lee, with Gavin Cross and Gerard Gleeson also winning.

Hugh Colon and John O'Brien won the fourth match giving Limerick the important third point, and the title.

With that Limerick added their name to the Michael Cashman Trophy for the first time.

The team will now go on to the All-Ireland finals in Roe Park in two weeks' time.

It'll be a busy month for Limerick Golf Club as they also have two teams in the AIG Cups and Shields national finals in Westport at the end of September.

Fanning joins the
champions

TIPPERARY All-Ireland winning coach and player Declan Fanning has been confirmed as an addition to the star-studded Na Piarasigh senior hurling management.

Last January, the back-to-back Limerick SHC winners confirmed former Tipperary manager Michael Ryan as their new club manager.

Former Galway hurler Nigel Shaughnessy was team coach in that Ryan backroom team with Na Piarasigh clubman PJ Breen a selector.

Now Michael Ryan has added his former Tipperary sidekick Declan Fanning. Together the duo won the 2016 Liam MacCarthy Cup title.

When Ryan departed Tipperary at the end of the 2018 season, Fanning joined forces with manager Kevin Martin in the 2019 Offaly senior hurling management.

However when Martin's tenure as Offaly manager ended mid-season at the end of this May, Fanning became available.

Fanning joined up with Na Piarasigh in recent times, but it was only at this weekend's final round group game against Doon that his name appeared listed as a coach.

FAI engage
Limerick FC
to find 'best
solution'

COLM KINSELLA
ckinsella@limerickleader.ie

THE FAI has confirmed that it is engaging with Limerick FC this week in order to 'find the best solution for senior football in Limerick'.

The news comes in the wake of a weekend newspaper report that Limerick FC owner Pat O'Sullivan plans to apply for examinership in the Circuit Court this week 'as the company that runs the club has debts of €300,000 and faces losing its professional licence'.

The Sunday Times report said that football sources had indicated that Noel Mooney, the interim Football Association of Ireland (FAI) general manager, has sought assurances Pat O'Sullivan, that he will not apply for a licence for next season, but O'Sullivan has not complied.

In a statement on the matter issued to the Limerick Leader this week, an FAI spokesman said:

"The FAI is engaging with Pat O'Sullivan and the club to find the best solution for senior football in Limerick. The Association is very mindful of the investment and contribution by Pat to Limerick football. The FAI are focused on trying to ensure that there is a healthy and vibrant senior football club in Limerick."

Meanwhile, when asked about the reports that the club was applying for examinership this week,

Limerick FC manager Tommy Barrett said: "I don't know anything more about those reports. I only know what I have read."

Limerick FC have no game this weekend as the Extra.ie FAI Cup takes centre stage with the Blues exiting the competition in the previous round at the hands of Sligo Rovers.

Limerick's scheduled SSE Airtricity League First Division fixture with Galway United at Eamonn Deacy Park on Friday last was postponed as a result of a waterlogged pitch.

Limerick will not return to action now until their Friday, September 13 meeting with Wexford FC at the Markets Field, 7.45pm.

With their hopes of securing a promotion play-off position ended in the past month, Limerick have little more than pride to play for in their final three league fixtures.

Manager Tommy Barrett said the season had seen several younger members of the squad gain valuable gametime.

Barrett said: "The boys have given 100 per cent all season. It has been a great season in many ways for a lot of the younger lads."

"They've gotten to learn what it is like to play League of Ireland, they were blooded at this level."

"I think we have the youngest team in the league."

Keep up to date by using #LLSport on social media.



Happier times: Joe Gamble with Limerick FC chairman Pat O'Sullivan celebrate their promotion back to the top flight in 2012

PICTURE: SPORTSFILE

Holders Young Munsters to face Old
Crescent in Limerick Charity Cup final

It's for Charity: Old Crescent winger Cian Tuohy is tackled by Bruff winger Adam O'Dwyer during last weekend's clash

HOLDERS Young Munster will face Old Crescent in the final of this season's Limerick Charity Cup.

Munsters' earned their final place when easing past Nenagh Ormond 22-6 at New Ormond Park on

Thursday.

The Clifford Park side scored three tries in all, through Jake O'Kelly and Nick Irwin while Munsters' were awarded a penalty try.

Meanwhile, Crescent secured their final passage with a

nail-biting 21-19 semi-final win over Bruff at Rosbrien on Saturday. Ronan McKenna's successful conversion of Evan Griffin's injury time try edged Crescent through in an entertaining tie which produced six tries.

All-Ireland camogie final

CROKE Park All-Ireland camogie honours is the target for Limerick this Sunday.

Limerick face Kerry in the final of the Liberty Insurance All-Ireland Premier Junior Championship.

The final, involving Limerick's second string, has a 12noon start and will be live on RTE television.

Limerick have reached the final with wins over Offaly and Wicklow and a draw with Waterford after an opening round loss to Sunday's final opponents Kerry. The results

left Limerick second in their group and they then beat Roscommon in the semi final.

Earlier in the season, this Limerick side reached the Division Three League final - losing to Kildare.

Limerick are managed by Kevin Connolly. His backroom team includes coaches Shane O'Neill and Rachel Macauley; selectors Donie Browne and Teresa Noonan and goalkeeping coach Paul Hogan.

Limerick are captained by

Grace Lee.

PANEL: Grace Lee, Leanne Browne, Ella Whelan, Yvonne Lee, Geri-Mai O'Kelly (all Newcastle West); Leah O'Carroll, Sarah Gillane, Emma Barry (all Patrickswell); Kate Herbert, Ann Kennedy, Shauna D'arcy (all Ahane); Aine Tangney, Siobhan Tangney, Orlaith Kelleher (all Croagh-Kilfinny); Rebecca Noonan and Brenda O'Keefe (both Granagh-Ballingarry); Eva Butler and Caroline Brennan (both Bruff); Sinead McElligott and Katie Heelan (both Murroe-Boher); Michelle Curtin and Noelle Curtin (both Templeglantine); Aisling Kennedy (Monaleen), Aoife Coughlan (Creora), Shauna Foley (Kilmallock), Katie Carroll (Ballyagran), Sarah Shanahan (Killeedy).



Limerick Camogie star Grace Lee is all set for Croke Park

ON THE BALL

“Limerick to the core...”

JEROME O'CONNELL

The Limerick football 85 of the decade just finished

THIS decade began with Limerick contesting the 2010 Munster SFC final and all could have dared to dream that the Golden Era of the previous decade was to continue.

Alas, 2010 and 2011 were the best that the last 10 years had to offer for Limerick.

With the decade of inter-county football now at a close for Limerick I looked back through the varying Munster and All-Ireland SFC campaigns.

In total 85 different players played senior inter-county football for Limerick across the last 10 years – eight more than the hurling equivalent and at that I felt 77 was a high number for the hurling with 2010 a major factor.

So 85 is certainly high with the last two managers John Brudair and Billy Lee experiencing large turnovers of players.

The list of 85 spans 29 different clubs. Fr Caseys lead the way with nine representatives – noteworthy given that the Abbeyfeale men didn't win or even contest a final of Limerick SFC in the past decade. Elsewhere those well represented are Dromcollogher-Broadford (8), Monaleen (7), Adare (7) and Newcastle West (6).

With 29 clubs represented, it's just Athea and Claughaun that have

played in the top two tiers of the county championship that haven't had players make the list of 85.

Across the 10 years, just one set of brothers lined out for Limerick in the championship – Stephen and James Kelly.

There are six players that have also played senior inter-county hurling – Conor Fitzgerald, Mark O'Riordan, Stephen Lucey, Gearoid Hegarty, Lorcan O'Dwyer and James Ryan.

Five different players captained Limerick between 2010-19 – Seanie Buckley, Iain Corbett, Barry Fitzpatrick, Ger Collins and Donal O'Sullivan.

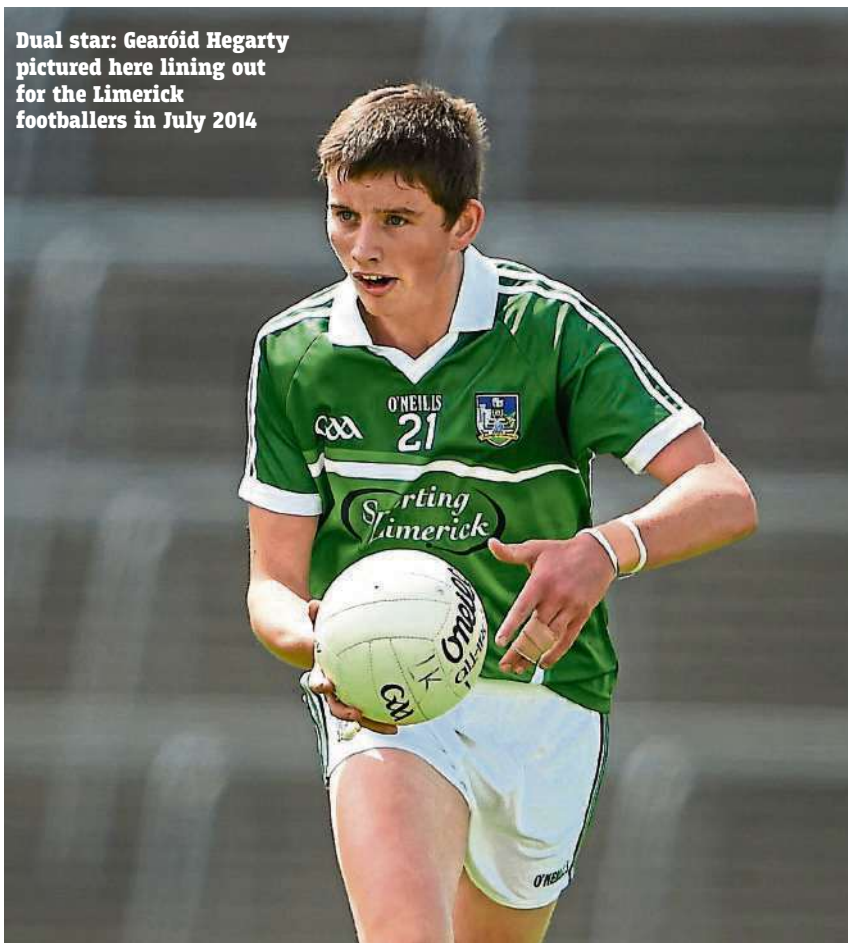
It was a decade with four managers – Mickey Ned O'Sullivan, Maurice Horan, John Brudair and Billy Lee with all bar Mickey Ned O'Sullivan serving three years this decade.

The Limerick panel that reached the 2010 Munster SFC final was a largely settled outfit. A total of 22 players featured in that championship.

That leaves 63 other players to play championship across nine years – the three John Brudair years introduced 25 new faces with Maurice Horan (20) and Billy Lee (18).

The year of 2013 was the only year without significant change

Dual star: Gearoid Hegarty pictured here lining out for the Limerick footballers in July 2014



– Donal O'Sullivan the only player to make his championship debut, whereas the other years ranged from five to 11.

Aside from the 2010 provincial final appearance and the 2011 run to the All-Ireland SFC quarter final against Kerry in Croke Park, it's been a decade without many championship highs. The entire decade was played in the bottom two tiers of the Allianz League with Division Four title wins in Croke Park in 2010 and '13.

LIST: Pdraig Browne, Eoin Joy, Michael Sheehan, John Riordan, Derry O'Connor, Robert Browne, Daniel Daly, David Ward, Adrian Enright (all Fr Caseys); Seanie Buckley, Tommy Stack, Micheal Reidy, Micheal Brosnan, Killian Phair, Garrett Noonan, Eoin Barry, Cillian Fahy (all Dromcollogher-Broadford); Ger Collins, Barry Fitzpatrick, Paul Kinnerk, Donal O'Sullivan, Colm Moran, Graham O'Connell, Pdraig Quinn (all Monaleen); Stephen Lavin, Conor Fitzgerald, Hugh Bourke, David Connolly, Paul Maher, Davey Lyons,

Stephen Keeley (all Adare); Stephen Kelly, James Kelly, Cian Sheehan, Jamie Lee, Iain Corbett, Paul Hannan (all Newcastle West); Johnny McCarthy, Jim O'Donovan, Darragh Treacy, Sean McSweeney (all St Kierans); Andrew Lane, Ian Ryan, Conor Mullane, James Naughton (all St Senans); Pa Ranahan, Shane Gallagher, Danny Neville, James O'Meara (all Ballysteen); Mark O'Riordan, Stephen Lucey, John Galvin (all Croom); Eoghan O'Connor, Damien Quaid, Paul White (all Rathkeale); John Mullane, Eoin Hanrahan, Gearoid Hegarty (all St Patricks); Eoin Hogan, Gordan Browne, Ronan Lynch (all Na Piaras); Jim Liston, Colm McSweeney, Tommy Griffin (Gerald Griffins); John Cooke and Bobby O'Brien (both Bruff); Lorcan O'Dwyer and Brian Fanning (both Pallasgreen); Peter Nash and Tony McCarthy (both Kildimo-Pallaskenny); Kevin Moore and Pdraig Scanon (both Glin); Killian Ryan and Patrick Begley (both Mungret); Brian Scanon (Gerald Griffins), James Ryan (Galbally), Seamus O'Carroll (Cappagh), Tom Lee (Ballylanders), Michael McCormack (Crecora), Sean O'Dea (Kilteely-Dromkeen), Stephen Cahill (Mountcollins), Tommie Childs (Galtee Gaels), Josh Ryan (Oola), Michael Fitzgibbon (Castlemahon), Pdraig de Brun (Firies, Co Kerry).

DONN O'SULLIVAN

Take some time to experience Red Zone

If there are some NFL fans in your life, you will notice that their excitement levels are beginning to soar in recent days.

That is because the 'Greatest game on turf' is about to return this week.

Around this time every year I write about the NFL and why you should watch it.

The sport is growing in popularity, season on season, this side of the water and there is more and more interest in the nuances of the game and how the NFL can influence coaching here, across a myriad of sports.

The first thing you will hear if you mention that you watch the NFL is that it is 'too long' - I agree.

However, the NFL think of everything and for the last number of seasons their show, NFL RedZone has become the only way to watch American Football.

RedZone, which is free to watch on Sky Sports Mix (Channel 121) starts at 6pm and shows action from every single NFL game, all at once.

The unique selling point of the show and indeed the reason it has its name, is that it shows 'plays' from teams on the attack inside the 20 yard line.

If you watch NFL RedZone you are going to see every single touchdown across every single game played on Sunday evening.

It gets even better. There are no ads. None. Wall to wall coverage, at a fast pace, with touchdowns galore.

Give the Redzone a try you won't regret it.



Scott Hanson, the presenter of NFL Redzone

COLM KINSELLA

Provincial bias dominates much of debate around Ireland squad

THE reaction to Ireland's Rugby World Cup squad selection has been fierce in certain quarters.

Unsurprisingly, a lot of it seems to be along parochial or provincial lines.

I mentioned in a piece I wrote for the Limerick Leader website this week that 12 Munster players had been included in Joe Schmidt's 31-man squad to travel to Japan later this month.

The ink was hardly dry on the story when I received a tweet from a Leinster-based tweeter to inform

me that of the dozen Munster players selected, three are from Leinster, two are South African and one player is a native of Ulster.

To be fair, a second response to my tweet pointed out that one of the Leinster contingent, Sean Cronin, is actually from Limerick.

To paraphrase



the Limerick Leader slogan then, 'Life Really is Local.'

The inclusion of three players in the Ireland squad who have qualified to play for the country under the residency rule has re-ignited a passionate debate.

The period of residency of course has now been increased from three years to five years.

But is living in Ireland for five years sufficient to clear the way for you to play for the country?

Stating the obvious, the players themselves didn't come up with the residency rule. They benefit from it, of course, but the IRFU opt to implement it.

As under-age clubs and school rugby squads resume training, it would be a shame for players to think that their chances of pulling on the green jersey have been significantly diminished as a result of the residency rule.

For more see #LLSport

COLM KINSELLA

'Saints' can go marching on to claim Super Bowl LIV title

THE NFL's fan base continues to grow in Ireland and thousands of gridiron devotees will be relieved to see the new season kick-off this week as the road to Superbowl LIV begins.

The 2019 NFL season begins in the early hours of Friday morning Irish time at Soldier Field as the Chicago Bears host rivals Green

Bay Packers (Live Sky Sports Main Event).

The New England Patriots claimed their sixth Super Bowl Championship last February when defeating the Los Angeles Rams in Super Bowl LIII.

The Patriots have been installed as 13/2 favourites with bookmakers to retain the title,

while the Kansas City Chiefs are on offer at 15/2, with the New Orleans Saints next best at 17/2.

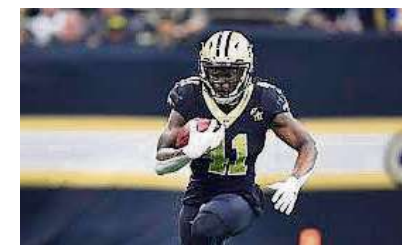
The Saints are an interesting betting proposition. The Saints team is full of superstars - with quarter-back Drew Brees and wide receiver Michael Thomas leading the way - but running back Alvin Kamara is going to be crucial for

the Saints this season.

The 2017 Rookie of the Year improved even further in 2018, becoming the only player in NFL history to rack up 1,000 rushing yards and 1,000 receiving yards in the first 20 games of their career.

With Kamara leading the way, the Saints can claim the title.

For more see #LLSport



Alvin Kamara could lead the Saints to the Super Bowl this season

IS THAT ON THE BOX?

Wednesday

CRICKET

ENGLAND V AUSTRALIA
SKY SPORTS 11AM

CYCLING

LA VUELTA ESPANA
EUROSPORT 1.45PM

HORSE RACING

GOWRAN PARK
RACING TV 2PM

TENNIS

US OPEN
AMAZON PRIME 4PM

SOCCER

DAG AND RED V BROMLEY
BT SPORT 7.45PM

Thursday

GOLF

EUROPEAN OPEN
SKY SPORTS 10AM

CRICKET

ENGLAND V AUSTRALIA
SKY SPORTS 11AM

TENNIS

US OPEN
AMAZON PRIME 4PM

SOCCER

IRELAND V SWITZERLAND
SKY SPORTS 7.45PM

SOCCER

ROMANIA V SPAIN
SKY SPORTS 7.45PM

Friday

GOLF

EUROPEAN OPEN
SKY SPORTS 10AM

CRICKET

ENGLAND V AUSTRALIA
SKY SPORTS 11AM

TENNIS

US OPEN
AMAZON PRIME 4PM

SOCCER

GERMANY V HOLLAND
SKY SPORTS 7.45PM

RUGBY UNION

ENGLAND V ITALY
SKY SPORTS 7.45PM

Saturday



Ireland's Tadhg Furlong, Jean Kleyn and CJ Stander are on the plane to Japan

RUGBY UNION

NEW ZEALAND V TONGA
SKY SPORTS 3.35AM

RUGBY UNION

N HARBOUR V WAIKATO
SKY SPORTS 6AM

AUSSIE RULES

BRISBANE V RICHMOND
BT SPORT 10.25AM

CRICKET

ENGLAND V AUSTRALIA
SKY SPORTS 11AM

SOCCER

MK DONS V WIMBLEDON
SKY SPORTS 12NOON

GOLF

EUROPEAN OPEN
SKY SPORTS 12NOON

RUGBY UNION

IRELAND V WALES
CHANNEL 4 2PM

FORMULA 1

ITALIAN GP QUALIFYING
SKY SPORTS 2PM

HORSE RACING

KEMPTON
ITV1 2PM

HORSE RACING

NAVAN
RACING TV 2.15PM

TENNIS

US OPEN
AMAZON PRIME 4PM

SOCCER

ENGLAND V BULGARIA
ITV1 5PM

SOCCER

HARTLEPOOL V WOKING
BT SPORT 7.30PM

SOCCER

FRANCE V ALBANIA
SKY SPORTS 7.45PM

Sunday

RUGBY UNION

AUCKLAND V CANTERBURY
SKY SPORTS 3AM

RUGBY UNION

OTAGO V TARANAKI
SKY SPORTS 5.35AM

CRICKET

ENGLAND V AUSTRALIA
SKY SPORTS 11AM

GOLF

EUROPEAN OPEN
SKY SPORTS 12NOON

FORMULA 1

ITALIAN GRAND PRIX
SKY SPORTS 2PM

TENNIS

US OPEN
AMAZON PRIME 4PM

SOCCER

SWEDEN V NORMAY
SKY SPORTS 7.45PM

Seamus Coleman will lead Ireland for their crunch tie with Switzerland



Janne Andersson, coach of Sweden will face Norway

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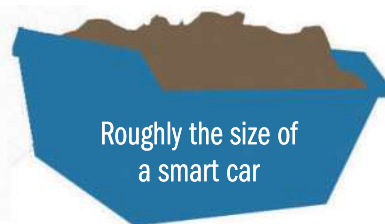
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SKIP OPTIONS

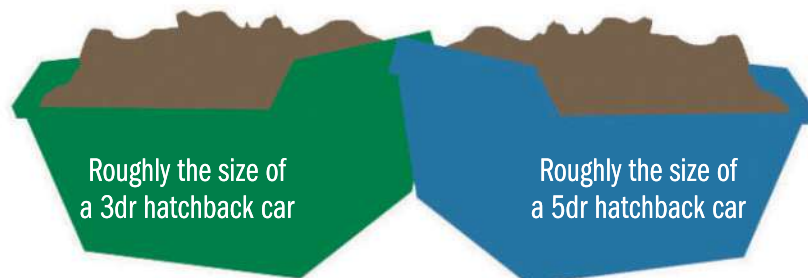
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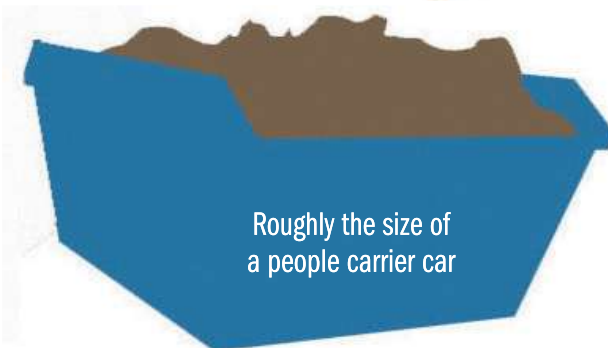
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