

GALS (AND PALS) ON THE RUN!

Cook Medical Women's Mini Marathon a bonanza for local charities See p16



Some of the almost 3,000 runners who took part in this year's Cook Medical Women's Mini Marathon PICTURE: DON MOLONEY

The Leader

Wednesday, October 2, 2019

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O'CONNELL ST Controversial plan gets green light **P4**

PROPERTY If you're in the market for a home you have to see our 16-page special **INSIDE**



MCCOURT MUSEUM

Owner has harsh words for Council as facility set to close **P20**



'Well stand in the way of Na Piarsaigh hat-trick bid **P43**

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Leading Off

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▲ GOOD WEEK
Local charities
Women's mini-marathon attracted 3,000 competitors and raised thousands for local charities



▼ BAD WEEK
Irish Rugby
After a humiliating defeat to Japan in the World Cup, topping Pool A is out of the team's hands



☀ QUOTE OF THE WEEK
"I've given my heart and soul to this, I've given it everything I had and I don't want sympathy, I want empathy"
Una Heaton, owner of Frank McCourt Museum announcing its closure

INSIDE THIS WEEK



STATIC HOME PRICES
No movement in market
Page 9



CRASH FUNERALS
Two men to be buried
Page 14



WHAT'S ON IN LIMERICK
Seamus Ryan's going out guide
PAGE 27



ROCK A RUGBY SHIRT
Man About Town's advice
Page 33

I am with doubters on Irish Cement plans



The Irish Cement plant at Mungret has given valuable employment over the years but the new plans have met with objections by over 4,000 people concerned that used tyres and solid recovered waste will be incinerated under new plans



WHAT WE THINK
EUGENE PHELAN
LEADER EDITOR

HAVING been born and bred near Mungret, and despite problems with dust emissions over the years, I have had a soft spot for the Cement factory.
I knew many of the staff who lived locally, and it was always seen as the big employer, before the emergence of Raheen Industrial estate
Thousands of new families

have now made their home in the area, and it is great to see so many new schools opening in a thriving community.
And yes, I can totally understand why they will be protesting this Saturday after the Environmental Protection Agency has given the plant permission to burn used tyres and solid recovered waste at its plant.
The move, Irish Cement

says, will secure the future of the 105 or so staff. Many, believe that they are just using this as an excuse.
I find myself caught in both camps, but if forced into one, I would have to say I would be against the plans. I am like many, very sceptical. Dust was dust but this looks to me to be a far bigger threat. Yes I am very much a doubting Thomas.

WEBTOPTEN

- Hurricane Lorenzo could be set for Limerick
- Second victim of horror Limerick crash named
- Limerick driver's four-year ban for drug driving
- Limerick City and Council directed to prepare for arrival of Hurricane Lorenzo
- Tributes to Limerick man killed in car crash
- Drink driving case against woman who walked away from scene of collision dismissed
- Gardaí arrest man after seizing €70k in cash at house in Limerick city
- Na Piarasigh star cleared to play in Limerick hurling final after appealing red card



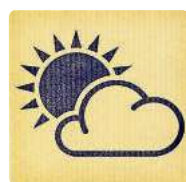
Crash victim Jason, 12

- Fundraiser as Limerick lad, 12, fights for his life in hospital
- 'He was one of the great guys': Sadness at death of popular Limerick musician



The late Brian Mulcahy

WEATHER FOR THE WEEK



WEDNESDAY
Some sun and clouds interspersed. High of 13°C



THURSDAY
Tropical rainstorm Lorenzo expected. High winds and heavy rain



FRIDAY
Mostly cloudy but otherwise calm. Temperature peak of 16°C



SATURDAY
Mostly cloudy with a little rain and mercury peaking at 16°C



SUNDAY
Turning cloudy and dull again but dry with a high of 15°C



MONDAY
A morning shower followed by some sun and a high of 16°C

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MyLimerick

Sarah Moore-Fitzgerald

Writer and academic



What's your idea of a perfect day in Limerick?

A morning in the city's Granary Library (I'm part of a writing group which meets there regularly); a coffee in Hook and Ladder; a browse in our wonderful O'Mahonys bookshop on O'Connell St; chips in the Curragower.

What's your first Limerick memory?

Arriving for an interview at UL thirty years ago, parking my mother's mini outside Plassey House.

What's your favourite part of the county/city and why?

There are so many wonderful places but Castleconnell is among the most special. The rowing club there, (where my daughter is a member) is set on a truly stunning stretch of the river - beautiful views, amazing wildlife, a club full of dedicated volunteer coaches and keen, committed rowers.

What about a favourite local walk or view?

Best place for a bike ride: The riverside walk from Corbally to UL. Best place for a walk: Castleconnell (see above) and The Clare Glens.

What do you think gives Limerick its unique identity?

The arts scene here is fantastic. Limerick's literary festival (aka The Kate O'Brien weekend) that's held every February has a real uniqueness and vibrance to it, cleverly showcasing the best of the city. UL's creative writing summer school now brings Limerick's creative culture to New York every June, reinforcing the cultural links between the two cities. The Belltable, The Lime Tree, Limerick City Gallery of Art, The Hunt Museum, Dolan's Warehouse, the University Concert Hall, the Irish Chamber Orchestra. We are lucky to have so many resources supporting theatre, art, music, culture and creativity on our doorstep.

Do you have a favourite local restaurant?

The Grove on Cecil St is a vegetarian

restaurant, which, established in 1982 has always been ahead of its time. Cheese and spinach tart may not sound like your cup of tea, but honestly, you've got to try it. For me it's the ultimate comfort food. And their salads are so delicious and healthy that I'm pretty sure eating them makes you immortal.

How would you describe the people of Limerick?

I'm originally from Dublin but I have always felt thoroughly welcome in this city. Limerick people have a brilliant low-key kind of humour that's different and darker and funnier than anywhere in the world. People here are decent and generous and kind too.

How important do you think sport is to Limerick?

I get a ripple of pride every time I pass the stunning Thomond Park, not far from where I live. Our university's sports arena and its running tracks and facilities makes UL a place where health and fitness can be an integrated part of every student's experience, accessible also by our local communities.

If you could add one amenity to Limerick what would it be?

Better, safer, wider, more joined-up bike paths so that we could all cycle safely and happily around the city.

What are the biggest challenges facing the city/county today?

Mental health provision and hospital overcrowding. Limerick is wonderful, but these problems continue to cast a long shadow, and desperately need to be addressed.

Sarah Moore (Fitzgerald) is professor of teaching and learning at the University of Limerick. She was the inaugural chair of Ireland's National Forum for Higher Education. Her research interests include writing development across genres, creativity and effective pedagogy. She's also an award-winning novelist. Her latest book for young adults, *A Strange Kind of Brave*, came out in July. Follow her on twitter @smoorefitz

UHL 'at breaking point' with 1,400 on trolleys

FINTAN WALSH

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UNIVERSITY Hospital Limerick suffered one of the worst ever months for overcrowding in September, when more than 1,400 patients were forced to be treated on trolleys in the emergency department and the wards.

According to new figures published by the Irish Nurses and Midwives Organisation this Tuesday, there were 1,405 patients

on trolleys at UHL last month.

This was the worst ever September for overcrowding at UHL, and was a 57% increase on last September's figures when there were 894 patients on trolleys.

The lowest ever level of overcrowding for any September at UHL since records began in 2006 was in 2008 when there were just 72 patients on trolleys. The trolley count on Tuesday alone exceeded this level, and in fact matched the national overcrowding record of 81

patients.

The second most overcrowded hospital in the country last month was Cork University Hospital, which treated 936 patients on trolleys, according to the INMO.

"This is the highest number of patients on trolleys, a single hospital has seen in one month, since the INMO began their records.

"It is yet another dismal record set by this incompetent Fine Gael government.

"These figures represent a 57% increase on the same month last year - an extraordinary increase in a hospital that was already severely overcrowded. I'm at a loss to understand how Minister Simon Harris has allowed it to escalate to this level," Deputy Quinlivan said in a statement this week.

The UL Hospitals Group has been urging members of the public to consider their care options before attending the emergency department.



UHL had the worst level of overcrowding last month



An artist's impression of how O'Connell Street might look following the revitalisation works

O'Connell Street plan to start in summer

Vote: Controversial proposal endorsed by councillors

DAVID HURLEY

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WORKS on the multi-million euro revitalisation of O'Connell Street are likely to begin next summer following the decision of councillors to approve the project.

Following a lengthy meeting on Monday, members of the Metropolitan District endorsed the plans which will see the installation of wider footpaths and additional pedestrian areas between Denmark Street and Cecil Street.

All on-street parking and loading bays will be removed to facilitate the construction of a bus lane and a cycle lane. A shared surface will also be a feature of the new public realm.

Following a heated debate, the plans were approved by 15 votes to three with Cllr James Collins, Cllr Jerry O'Dea and Cllr Abul Kalam Azad Talukder each voting against.

An amendment, proposed by Cllr Sharon Benson, to include a segregated cycle lane was unanimously passed while an amendment, proposed by Cllr Elena Secas to reduce the speed limit to 15km/h, was also passed subject to consultation with gardai and other stakeholders.

An amendment, proposed by Cllr Sean Hartigan, to permanently pedestrianise O'Connell Street - between William Street and Cecil Street - was defeated by 11 votes to five - after director of service Kieran Lehane advised that such an amendment would represent a "material change" and could be open to challenge.

Following Monday's meeting Joe Delaney, acting director of service

for capital investment, said work to finalise the detailed design will begin immediately and that he expects contractors will be sought by the local authority early next year.

"We must deliberate and engage with stakeholders in terms of the detailed design and we are happy to do that but we must also be cognisant that we need to get the scheme moving. The councillors have taken

15km/h

Speed limit proposed for O'Connell Street

their decision and we now need to see work on the ground and we would expect that the work will take approximately 18 months - beginning in summer 2020," he said.

Dee Ryan, CEO of Limerick Chamber has welcomed the outcome of the vote saying the focus must now be on delivering the project "as quickly as possible for business".

Strategy delay frustrates Limerick TD

REBECCA LAFFAN

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A LIMERICK TD has expressed his frustration at the ongoing delay in publishing a new social inclusion strategy.

Willie O'Dea, Fianna Fáil Spokesperson on Employment Affairs and Social Protection has said: "I am growing increasingly frustrated with the delay in publishing a new social inclusion strategy."

According to O'Dea, in November 2018, he was informed by Minister Regina Doherty that the government's four-year plan covering the 2018-2021 period was at an "advanced stage".

"In February 2019 I was then informed by the Minister that the Department was finalising a new social inclusion strategy with a proposed six-year timeframe covering the period 2019 - 2025 due to be published in Q2 2019.

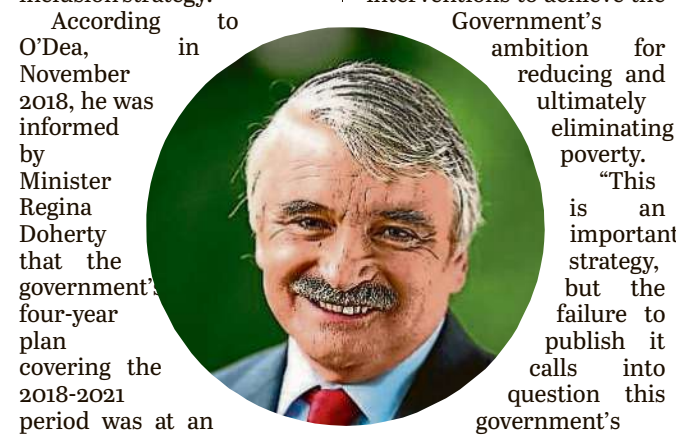
"Following further questioning on this issue in May, Minister Doherty informed me that she intended to publish this strategy in June.

"It's now almost October and the strategy is still not published," he added, "when questioned on it this week the Minister informed me that the new social inclusion strategy, Roadmap for Social Inclusion 2019-2025, is being finalised and that she expects that the new strategy will be

published shortly.

"Unfortunately, given the ongoing delays in publishing this document I am sceptical that it will in fact be published any time soon.

"Ireland's social inclusion strategies provide a strategic framework in which to tackle poverty and social exclusion. The current strategy, which covered the time period 2015-2017, identifies a wide range of targeted actions and interventions to achieve the



Government's ambition for reducing and ultimately eliminating poverty. "This is an important strategy, but the failure to publish it calls into question this government's commitment to tackling poverty and social exclusion and assisting the most vulnerable in society," said O'Dea

"Furthermore, the failure to publish a new social inclusion plan underscores that this government is very good at announcements but poor on delivery. Minister Doherty needs to stop kicking the can down the road and publish the new Roadmap for Social Inclusion as a matter of urgency," he added.

Minister Doherty said: "Tackling poverty remains a fundamental aspiration of Irish society and the Programme for a Partnership Government includes a firm commitment to develop a new Integrated Framework for Social Inclusion, to tackle inequality and poverty."

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Staff at UHL launched the Resist programme last week

Hospitals aim to resist infection

FINTAN WALSH

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A NEW hygiene programme aimed at tackling the spread of infection and antimicrobial resistance in hospitals, has been launched at University Hospital Limerick.

The programme, entitled Resist, was launched last week following a successful pilot by the UL Hospitals Group in the National Hand Hygiene Train and Trainer Programme.

A spokesperson for the UL Hospitals Group has said that the initiative is about a “fresh approach” to hand hygiene training to hospital staff.

This comes exactly one year after UHL released the details of an independent expert investigation into the deaths of 73 patients, which concluded that the CPE superbug was an “associative factor” in the deaths of eight patients.

Prior to this review, UHL has been one of the leading hospitals in detecting superbug-positive patients, and continues to monitor and manage outbreaks.

Barbara Slevin, who is the assistant director of nursing in infection prevention and control for CPE management, said cleaning your hands properly when delivering care to patients is the “most effective way to stop the spread of many common infections”.

The Resist programme will help hospitals protect patients, the spokesperson added. In a statement this week, UL Hospitals Group CEO, Prof Colette Cowan said that the group is committed to reducing the spread of infection and is “delighted to playing its part”.

“As we approach winter and the flu season, it is essential we do everything we can to stay well and to prevent infection.”

New taskforce rolled out to combat city burglaries

Initiative: Sergeant and eight gardai set to focus on ‘hotspots’

DAVID HURLEY

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A NEW crime taskforce has been established to combat the number of burglaries across the Limerick garda division.

The new taskforce, which has been approved by Chief Superintendent Gerard Roche includes a sergeant and eight gardai from a variety of different backgrounds.

“It’s across the board, there are lads who were attached to crime offices and the uniformed sections so it’s a mixture of both,” said Detective Inspector Pdraig Byrnes of Roxboro Road garda station.

Members of the new taskforce will operate independently of the regular garda units across different shifts and their role will be to prevent and investigate burglaries.

“You will have them operating across two units, they are not all going to be working at the same time they will be working opposite each other to provide maximum cover in relation to providing a rapid response to these burglaries and

also, part of the taskforce’s remit will be to focus on the investigation of burglaries,” added Det Insp Byrnes.

While members of the new taskforce will respond to reports of burglaries, their activities will be intelligence-led and will focus on areas and times identified by the gardai crime analysis service as being ‘hotspots’ for burglaries – particularly given the arrival of winter and the shorter evenings.

“We are getting all the trends based on the analysis of the last three years. Over the last three years in the run into this time of the year burglaries have increased and it also coincides with the return to college, so a lot of our burglaries in recent years have seen hotspots out around the Castletroy area which are normally associated with student accommodation and students returning to college,” said Det Insp Byrnes who will oversee the taskforce with his counterpart at Henry Street – Detective Inspector Ronan McDonagh.

While a number of serial offenders have already been identified by the



New initiative: Chief Superintendent Gerard Roche

taskforce, Chief Superintendent Roche says gardai will still need help from members of the public.

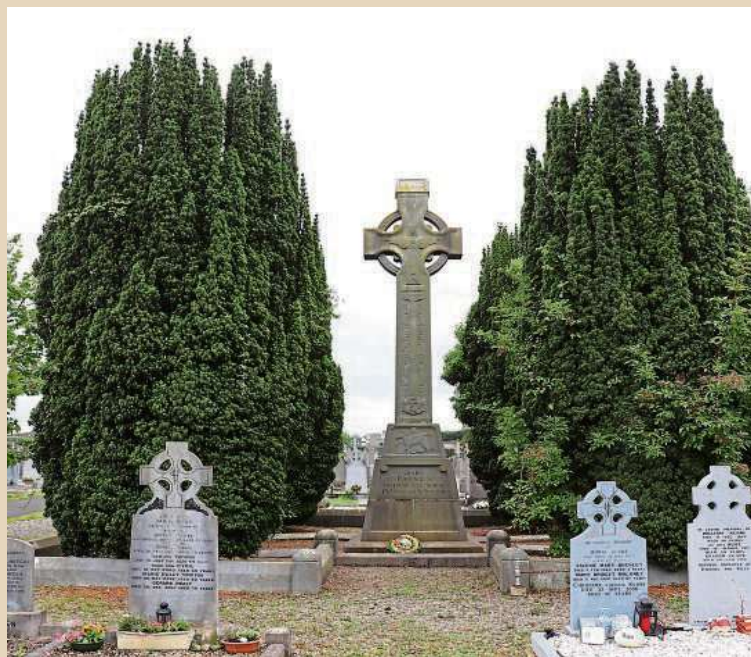
“We would appeal to people to assist us by reporting any suspicious people or activity in their areas so that we can respond as quickly as possible. Prevention is also a key part to this. I would ask that people remain vigilant, keep your doors, windows, and vehicle secured at all times,” he said.

According to the latest reported crime offences published by the Central Statistics Officer, there were 402 burglary-related offences across the Limerick garda division during the first six months of 2019.

The figures, which have been published under reservation, compare to 501 during the same period in 2018 and 421 in 2017.

According to the CSO, there were 436 reported burglaries between July and December of last year.

The launch of the crime task force is an expansion of Operation Disruption which was rolled out for a short time in the Henry Street and Roxboro Road garda districts a number of years ago.



The Republican Plot at the Mount St. Lawrence Cemetery before and after the trees were removed

‘Unsightly’ trees removed from Republican graves

THE battle to have ‘unsightly’ trees removed from the Republican Plot at Mt St Lawrence Cemetery has finally been won after a 20-year struggle, according to the Limerick Republican Graves Committee.

“Limerick Republican Graves Committee have, for the last 20 years, been trying without success to have the

trees in the plot removed because they had become unsightly and were dislodging the memorial plaques,” said Desmond Long, chairman of the committee.

“Limerick City Council refused permission and gave as an excuse that they were of ‘historical interest’. There was no basis in fact for that story as they were not part of the

original plan when the plot was opened for those killed in the cause of Irish freedom on March 7, 1921,” he added.

However, Mr Long now confirms that the trees have been removed from the plot which is the final resting place of 19 fallen heroes killed during the War of Independence.

“I am happy to report that

the Limerick County Council had the unsightly trees removed last Tuesday. On inspection of the plot, we realised that a considerable amount of repair work will have to be carried out so that this grave site will be a fitting resting place for all those who have made the ultimate sacrifice in the pursuit of Irish Freedom,” Mr Long said.



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LEADER BRIEFS

Future of Youth Hub in doubt

CONCERN has been expressed at the proposed closure of 'The Factory' Youth Hub run by Limerick Youth Services in Galvone.

"I have had numerous concerned citizens and organisations in touch with me who are both shocked and angry at the potential closure of The Factory Youth facility in Galvone," deputy Willie O'Dea said this week.

"A huge amount of good work goes on there that literally keeps children and youths off the street and it would be a real shame if this facility was allowed to close."

His colleague Cllr Catherine Slattery said: "I think closing The Factory at the Galvone Industrial Estate on the Southside is a big mistake, as not only will five people lose their positions at The Factory and be deployed elsewhere in the City, but numerous sporting clubs in the Southside and surrounding areas will also lose an indoor sports facility. This indoor sports facility provides soccer tournaments, blitz's, soccer training to youths and clubs in the area."

Space Careers

Roadshow at UL

.On this Friday October 4 during Space Week 2019, the University of Limerick's Faculty of Science and Engineering will host a Space Careers Roadshow in conjunction with ESERO Ireland, Science Foundation Ireland and CIT Blackrock Castle Observatory.

This event is free and open to 5th and 6th year students and second level teachers. A host of speakers from the Space Industry including NASA Datanaut, and Miss Universe Ireland, Fionnghuala O'Reilly; students can meet Space Architects Orla Punch & Eoin Tuohy from the ESA Astronaut Centre. The Space Careers roadshow offers second level students the opportunity to see the exciting array of careers available. You can register through Eventbrite - Book here.

High alert locally as Lorenzo approaches

Hurricane: Forecasters and State agencies monitor path of violent storm

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LIMERICK is set to feel the impact of ex-hurricane Lorenzo as it passes close to or over Ireland this Thursday and Friday.

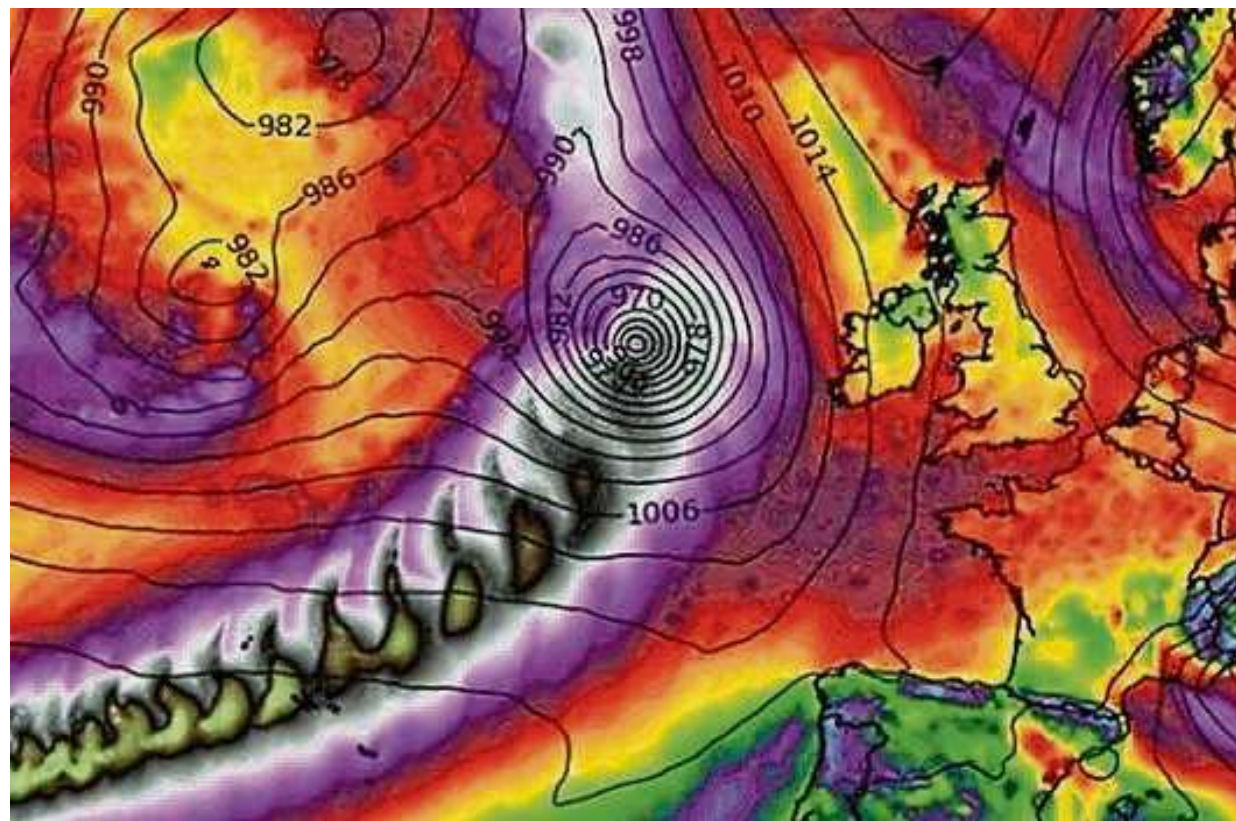
While forecasters have not confirmed the exact trajectory of the hurricane, Met Éireann is expected to issue orange – and possibly red – weather warnings this Wednesday.

The National Directorate for Fire and Emergency management (NDFEM) has been monitoring the track of Hurricane Lorenzo since the weekend and the National Emergency Co-ordination Group met in Dublin on Tuesday evening.

"We have contacted all local authorities, requesting that they monitor Met Éireann's forecasts, and prepare for storm impacts by activating crisis management and local co-ordination arrangements," stated Minister Eoghan Murphy, whose department oversees the NECC.

The Department of Housing, Planning and Local Government is also liaising with the Department of Transport, An Garda Síochána, ESB Networks, the Office of Public Works and Irish Water.

While there were no specific warnings in place for Limerick at the time of going to press, Met Éireann had issued a weather advisory for Ireland.



A graphic showing the projected trajectory of Storm Lorenzo over the Atlantic Ocean

"There is a high probability that Storm Lorenzo will track close to or over Ireland later on Thursday and early Friday, giving high seas, severe winds and heavy rain," it stated.

Limerick City and County Council has placed its staff on standby and it's understood measures to prevent flooding will be implemented once the path and timeline of Lorenzo

becomes clearer.

A number of schools across Limerick city and county have informed parents of potential closures on Thursday or Friday.

Limerick Bishop urges young people to say 'no' more often

BISHOP of Limerick, Brendan Leahy, has said society must create a culture where it is right for young people to say 'no' if they are to deal with the many challenges today, including climate change and addiction.

"We need to ultimately promote a culture where it is ok to say 'no'," said Bishop Leahy in his homily at the Legion of Mary Mass in Knock, "it's what we are learning with our new consciousness of environmental issues – we need to say 'no' in areas of our lifestyle if we want to protect our common home.

"But we need to create a culture across the board where it is right to say no – no to drugs, no to sexual openness, no to excess alcohol," he added, "no to excess. No to abandon and social freedom.

"And no to those who bully, online or offline. No to just, without thinking, going along with whatever others are saying is the right way of



Bishop Brendan Leahy has a message for the youth of today

thinking.

"If we do that, we will help reduce the anxiety factor for young people."

"Saying no at the right time is empowering," he continued, "it strengthens resolve, builds character, defies wrong. But today, it seems so hard for young people to say no and we must help build that resolve."

Bishop Leahy said that, sadly, an increasing number of people suffering from anxieties of all types is a feature of our times.

"While there are many great vibrant young people, we have to recognise there are too many living abnormal degrees of anxiety. There are many causes," he said.

"There's a competitive culture that is promoted in social media in terms of 'likes' and 'shares' and 'friends'. There's fear of the future in terms of environment.

"There is an insecurity among young people and we must ask how much of it is because they have not had the anchor of a solid reference point in their lives that in the past was so readily available but today is not so much because of their parents' busy lives," he said.

"We have people of all ages and social classes suffering from addictions of all sorts, there are so many young people with anxiety issues.

"It's not as if we can't notice them," he said, "they are there."

Gardai brief colleagues on phones

GARDAI from Limerick who have been using smartphones as part of a pilot initiative over the past two years have briefed some of their colleagues ahead of the expansion of the scheme, writes David Hurley.

As part of the briefing, which took place in a 'live' scenario on the outskirts of the city the array of functions that the devices can perform were explained to and demonstrated to gardai from around the country.

"These devices will enable members to have all the information they could ever require at their fingertips at the roadside, ensuring greater time out of the station and in the community," said a garda spokesperson.

No price change for houses in the city

Housing: City prices at a year-long standstill

REBECCA LAFFAN

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LATEST figures show the average three-bed semi in Limerick city has remained unchanged in the past year, averaging at around €200,000.

Meanwhile, according to the national survey carried out by Real Estate Alliance (REA), prices in the county have risen by 3.1% in the same time period.

However, homes across the entire county have remained static over the past three months.

The survey concentrates on the actual sale price of Ireland's typical stock home, the three-bed semi, giving an up-to-date picture of the second-hand property market in towns and cities countrywide to the close of last week.

"We are seeing similar conditions to the previous quarter," said Michael O'Connor of REA O'Connor Murphy.

"New developments are under construction in Limerick, which may level off prices more over the coming months," he added, "the number of properties on the market currently appears lower."



This three-bedroom semi-detached in Richmond Park, Corbally, features in this week's property section

"Three-bed semis in the county are still slower on the market, however, we do see an increase in buyers coming to these areas due to better value for money with the accessibility of the suburban towns also being a factor."

The market for three-bed semi-detached houses was unchanged over the past three months, with properties in

county Limerick on the market for eight weeks and averaging €165,000..

The average semi-detached house nationally now costs €235,009, the Q3 REA Average House Price Survey has found – a drop of 0.43% on the Q2 2019 figure of €236,028 – while the price of a three-bedroom semi in Dublin fell by an average of €4,500 in the past three months.



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PROPERTY HOME & INTERIORS



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This provision is co-funded by the Government of Ireland, the European Social Fund and the Youth Employment Initiative as part of the ESF Programme for Employability, Inclusion and Learning 2014 - 2020.

Comments from online readers

What you're saying about stories on limerickleader.ie and our social media platforms



UHL MATCHES NATIONAL OVERCROWDING RECORD FOR SECOND TIME IN A WEEK

Lorna Keogh

I'd rather die than go there feel sorry for the staff there overworked and not getting enough wage very short staffed and our government wont do a thing about it I know ppl working there and I genuinely feel so sorry for them



Deirdre Madigan

Simon Harris should be sacked. What's it going to be like when flu season starts? Nenagh and Ennis A&E need to be reopened urgently. UHL simply cannot and will not be able to cope with the amount of people from other counties having to present there. Whatever the minister and the hospital are doing is not working. There needs to be action now.

Tilly O'Donnell

And yet here we all are sitting on our arses doing nothing only moaning on fb. If it was to cost us money though it would be a different story.

GOVERNMENT AGENCIES HAVE FAILED ESTATES, NOT LIMERICK REGENERATION, SAYS BUSINESSMAN

Tomas O'Brien

some of the homes bought back in st marys park cost more to knock down and dump than the regeneration bought them for some homes were bought back for as little as €30k #Degeneration



Emma France

Passing the blame, regeneration caused community displacement, when it actually needed community support, good luck trying to support communities that are broken now

McCormack Anthony

They ruined the estates they promised a brighter future to ...

LIMERICK PARENTS PETITION TUSLA OVER LOSS OF BREAKFAST AND HOMEWORK CLUBS

Niall P Dillon

the breakfast club was brilliant for our son because it starts at 8.15 so it made it easier to get to work because otherwise the school doesn't start until 8.45 so makes it hard to get to work for 9. Basically they are punishing working class people who look after their kids. In my opinion if a child is left starving everyday then they shouldn't be living with the people who are meant to be providing food.



Mossie Quinn

In fairness not all these parents are working parents, with respect some of these kids come from tough situations and maybe are not getting a breakfast at home so the breakfast club is vital not only helping working parents but low income families and in some cases kids from tough situations so hopefully they will reinstate this club ASAP

Jack Sparling

It's a disgrace that this has been taken away some parents struggle in the morning to get their kids out to school and to eat a good breakfast especially if they have to get to work and have other drop off's to do in the morning. My child availed of this and she would never eat in the morning at home but loved eating breakfast with her friends in school. Hope they get it back

www.limerickleader.ie
www.facebook.com/LimerickLeader
 Limerick_Leader



WHAT IF...EXPLORING THE ALTERNATIVE

Rory Nolan, Arthur Riordan, and Karen Ardiffe in Fishamble's 'The Alternative', which plays at the Belltable on O'Connell Street this Thursday evening at 8pm PICTURE: PATRICK REDMOND

Dad ordered to stay away from school

Barring order: Man charged following incident

DAVID HURLEY

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A MAN who is facing domestic violence charges has been ordered to stay away from the school which his young son attends.

The 47-year-old, who can't be named for legal reasons, is accused of breaching the terms of a three-year barring order which was granted to his former partner earlier this year.

The alleged breach relates to an incident which happened in the vicinity of a primary school in the city last month.

In her evidence, the defendant's former partner said he approached her outside the school shortly after she had collected their son.

She told Judge Mary Cashin she is

living in fear of him, that staff her son's creche are "no longer comfortable" collecting him from the school because of what happened.

At Limerick District Court, the man denied the allegations saying he did not breach the order and that he did not put his former partner in fear.

He said he has appealed the decision of the family law courts to grant the barring order and that he intends contesting the charges against him.

The man also confirmed that he has started the process to secure court-approved access to his son.

Despite a garda objection to a bail application, Judge Cashin said she was willing to release the defendant subject to his compliance with a

number of conditions.

The defendant, who is unemployed, was ordered to stay away from the school which his son attends and the address where his former partner lives.

He must obey a nightly curfew and sign on three times a week at a garda station in the city.

The man, who has no permanent address, has supplied his phone number to gardai and must be contactable 24 hours a day.

Adjourning the matter to later this month, Judge Cashin warned the man she was concerned about his attitude.

"You are arrogant, you have a certain view of things," she said warning his bail could be revoked if he breaches any of the conditions.

Community awards call out for students

The Pramerica Spirit of Community Awards has launched its 14th campaign to shine a light on the commitment and dedication of young people's volunteering efforts by encouraging Limerick students to apply for its 2020 awards.

One of Ireland's largest youth recognition programmes, the initiative aims to give young people a voice who are making their

communities a better place to live while inspiring others to take action. The top 20 honourees each receive €500 with two finalists winning €1,000 for their preferred charity and a trip to Washington, D.C.

The 2020 Pramerica Spirit of Community Awards are split into two categories, including the Junior category, for students under the age of 16, and the Senior category, for

students under the age of 19. Applications are now open at www.pramerica.ie/spirit.

Students must register and apply via the online system by October 24 and their completed application is then submitted to their principal for review/submission with a deadline of 8th November 2019. All students who submit an application will receive a Certificate of Merit.

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Croagh	N21 Northbound Stop	07:17	08:17	09:17
Adare	Heritage Centre	07:25	08:25	09:25
Limerick	Raheen Business Park Regeneron	07:35	08:35	09:35
Limerick	Raheen Business Park Stryker/Analog	07:37	08:37	09:37
Limerick	Raheen Church Flowers Forever	07:40	08:40	09:40
Limerick	University Hospital Limerick	07:43	08:43	09:43
Limerick	Crescent Shopping Centre	07:45	08:45	09:45
Limerick	O'Connell Avenue The Model	07:50	08:50	09:50
Limerick	Henry Street Garda Station	07:55	08:55	09:55
LIMERICK	O'Connell Street Augustinian Church	08:00	09:00	10:00



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LEADER CRIME BRIEFS

BY DAVID HURLEY



Dropped bank card was 'tapped' after it was found

A CONTACTLESS bank card which was dropped in the forecourt of a garage in the city was 'tapped' several times after it was picked up by another person.

Gardai were alerted after a young lady reported there had been a number of tapped transactions on her bank card which she had not done herself.

Tapping is where purchases for less than €30 euro are completed by tapping the card against an electronic device without the need for a PIN code.

Having viewed CCTV, gardai later established the card-owner had dropped



The bank card was 'tapped' after it was picked up

her bank card as she got back into her car at a garage.

Another person who entered the garage a short time later can be seen on the footage picking up the card which they proceeded to use.

"Take your time to put your card away correctly and securely before you leave a retail premises," said Sergeant Ber Leetch.

Workers advised to make sure their property is secure

WORKERS are being advised that they need to ensure their personal property is secure while they are at work.

In recent weeks a young lady who works in a coffee shop in the city centre had put her handbag in a staff area upstairs at the premises where she was working but had not secured her handbag properly.

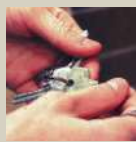
"She subsequently discovered that her cash and credit card were missing. It is very important to take responsibility for your personal property and either store it securely in lockers provided or don't bring it to work at all," advised Sergeant Ber Leetch.

Former employee used key to break into city store

A QUANTITY of cash was stolen from a shop in the city by a former employee who had a key to the premises.

"The shop was entered by using the keys of the door and cash was taken. The owner of the shop could identify the burglar as a previous employee who had retained the keys of the shop," said a garda spokesperson.

"This is an example of very poor key management. It is essential that proper key control measures are in operation at all times," she added.



Businesses should manage the use of keys

Gardai say businesses should have policies and rules in place relating to who issues keys, who has keys and where they are stored when they are not in use.

Rules should also be in place to ensure that all keys to the premises are returned or destroyed when an employee leaves the company.

Tip jars targeted by thieves

GARDAI are advising those working in the hospitality sector to take measures to secure any tip jars for staff.

According to Sergeant Ber Leetch tip jars are "very vulnerable" to theft and there were two incidents reported to gardai in recent days.

Measures should also be put in place to ensure charity boxes are secure.

Serious concerns over mental health of stabbing suspect



Gardai at the scene of the stabbing incident at Riverpoint PICTURE: ADRIAN BUTLER

Bail: Gardai express grave concerns during objection

DAVID HURLEY

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A MAN who is accused of stabbing his flatmate at an apartment in the city centre earlier this year is not currently fit to be tried, a court has heard.

Jean Louis Fancony, 35, of no fixed abode faces three charges arising from the incident at Riverpoint, Bishop's Quay on July 22, last.

The French national is charged under the provisions of the Non Fatal Offences Against the Person Act with assaulting another man shortly before 4pm

He is also accused of producing an article, capable of inflicting serious injury, during a dispute and with possession of a 12-inch bread knife at Dock Road, Limerick a short time after the alleged stabbing occurred.

The victim - who is aged in his mid 20s - suffered life-changing injuries after he was stabbed several times in the abdomen and upper body.

Seeking bail on behalf of his client, solicitor Tom Kiely said Mr Fancony has been in prison since he was first brought before the court when he should be a hospital setting.

A number of medical and psychiatric reports were submitted to the court and it was accepted by gardai, that the defendant is suffering from a mental disorder and was experiencing an "acute psychotic episode"



He is unfit to be tried as matters stand

SOLICITOR TOM KIELY

when arrested.

Judge Mary Cashin was told that following his arrest the defendant was seen by a doctor and referred to the psychiatric services for assessment.

However, the HSE declined to admit Mr Fancony to unit 5B on a number of occasions and he remains on a waiting list for admission to the Central Mental Hospital.

Detective Garda Colum O'Shea said gardai believe the defendant represents a "significant flight risk" and he expressed "grave concerns" as to his potential behaviour if released given the concerns surrounding his mental health.

Mr Kiely told Limerick District Court his client is "not capable of acting in his own best interests" but that prison is not where he should be.

He said his the 35-year-old has surrendered his passport to gardai and that his parents were willing to travel to Ireland to live with him if he is released.

He added that his client is "entitled to the presumption of innocence" and he submitted the objection, in the context of the Bail Act, was weak.

"Mental illness is not one (a factor) the court can take into consideration," he said.

Inspector Pdraig Sutton disagreed saying the primary concern of gardai was the safety of Mr Fancony and members of the public.

Noting the seriousness of the offence and the concerns of gardai, Judge Cashin refused bail and remanded Mr Fancony in custody until later this month.

She reiterated a previous direction that he receive all necessary medical attention while in custody.

Charity hope to bank Wellness Vault facility

NICK RABBITS
nick@limerickleader.ie

A LIMERICK charity dedicated to helping people with acquired brain injuries is to open a wellness centre at its base in William Street.

Headway moved into the former AIB, which closed in 2011, after completing the purchase in late 2017.

Now, thanks to a fundraising drive which saw 50 staff members of Holmes O'Malley Sexton solicitors take part in the Great Limerick Run, the centre is set to open in the coming months.

Some 30 service users also joined the fundraising effort in May, with the cheque presentation this week. As a nod to its previous life as a bank, the new facility will be known as the 'Wellness Vault', and

will feature all manner of holistic therapies, relaxation areas, and pictures, says rehabilitative service manager Rella Galvin.

It will be located where the old bank vaults actually were situated.

"This is essential, absolutely essential. It's so important. When people are in hospital, the focus is on the physical rehabilitation, whereas the mental health and the life-changing alterations that come about as a result of brain injury is massive. That period of adjustment is so important. To have that calmness, that space to reflect and try and adjust to everything that's come about for them since their acquired brain injury."

Rella said the charity is hoping to raise €17,000 for the project.

So far, thanks to the exploits of lawyers and Headway service users



Robert Bourke, partner and head of serious injury department, Holmes O'Malley Sexton presenting a cheque for €6,816 to Kieran Loughran, chief executive Headway. It represents proceeds from the Holmes O'Malley staff who done the Great Limerick Run. Also present, Sarah Falvey, serious injury department, Holmes O'Malley Sexton and Rella Galvin, rehabilitative services manager, Headway PICTURE: ADRIAN BUTLER

in the Great Limerick Run, they have reached €10,000.

The charity – which was previously located at the Dock Road – is seeking a grant for the artwork, and is also welcoming donations from members of the public.

The services manager feels it is

possible to have the work done by January.

She added: "It will be a building away from the hustle and bustle of the rest of the building.

"It's called the Wellness Vault as it's actually an old bank, so we felt it was a nice idea to call it that. It was

in keeping with that level of the building."

For more information on Headway's plans, and to donate to the cause, please contact its Limerick office at 061-469306.

Alternatively, you can visit www.headway.ie



LIMERICK DESERVES BETTER MENTAL HEALTH SERVICES

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3rd October 2019
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SPEAKERS INCLUDE:
Pat Buckley TD
(Sinn Féin spokesperson on mental health)
Leona O'Callaghan (Haven Hub)
Julie McKenna (Novas)
and **Maurice Quinlivan TD**




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Funerals to take place of tragic collision victims

Tragedy: Patrick and Jonathan to be laid to rest later this week

RYAN O'ROURKE

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THE funerals of the two men who passed away following a collision near Parteen on the outskirts of Limerick city are due to take place this week.

Patrick Hogan, 30 of Thomondgate, and Jonathan Healy, 24, of Kileely were fatally injured in the collision, which occurred on the September 26.

The single-vehicle collision is believed to have happened just after midnight.

The Requiem Mass for Mr Healy will take place on Wednesday, October 2, at 11am with the funeral afterwards at Ballycannon Cemetery, Meelick.

Mr Healy is very deeply regretted by his loving parents Jackie and Jason, his brother Aaron, his sister Natasha, his grandmothers Doris and Margaret, his grandfather Tony, aunts, uncles, cousins, extended family and a large circle of friends.

Mr Hogan's Requiem Mass will take place on Thursday, October 3, at 11am, with the burial afterwards in Castlemungret Cemetery, Mungret.

Mr Hogan will be sadly missed by his loving mother Irene, his father Tom, his partner Grace and their daughters Mya and Macie, as well as his siblings Gillian, Timmy, Peter, Becky, Sarah and Tina, aunts, uncles, cousins, nieces, nephews, relatives and friends.

Also injured in the single-vehicle collision was a 12-year-old boy, named as Jason Hogan, and 20-year-old Adam Carver.

Jason, from Thomondgate, is being treated at Saint James'



Patrick Hogan, 30 of Thomondgate, and Jonathan Healy, 24 who tragically passed away after the crash. Also pictured are 12-year-old Jason Hogan, and 20-year-old Adam Carver who survived the collision

Hospital in Dublin for burns.

A Gofundme page has been set up to help his family deal with the financial burden of his care.

Mr Carver is also receiving treatment for his injuries in hospital.

An investigation room has been established at Mayorstone garda station in Limerick and gardai are

appealing to any motorists who were travelling between Limerick and Parteen between 12am and 1am on Thursday to contact them.

They are particularly asking for those with dashcam footage to come forward.

Northside Sinn Fein councillor John Costelloe said an "air of gloom" now hangs over

Thomondgate following the crash.

"I've been down there the last two nights and people are just baffled and bewildered and numbed by the whole thing. These lads were taken in their prime."

It's understood the accident happened after the car struck a steel barrier before hitting a stone wall and bursting into flames.

Night of memories at Strand reunion

NICK RABBITTS

nick@limerickleader.ie

IT was a night of a thousand memories at the Strand Hotel over the weekend, as the Laurel Hill Class of 1979 gathered to renew old acquaintances.

The women met, 40 years after their Leaving Certificate Exams finished and they went their separate ways, to remember their schooldays.

At 12.30pm on the day of the reunion former students from what were then known as the 'A' and 'C' Schools gathered again in the chapel of the old FCJ Convent on the South Circular Road for a short service to mark the occasion, with some of the FCJ Sisters who once taught them attending, as well as retired members of the teaching staff from both schools.

A tree planting ceremony took place in the school gardens in memory of those schoolfriends who have sadly passed away in the intervening years.

More than 60 past pupils attended travelling long distances from the USA, Canada, Australia and Britain. There was a tour of the current school buildings, and the evening saw a barbecue and music, ensuring that the very festivities continued into the early hours.

Pictures: See weekend Limerick Leader

Tournament to honour late cricketer mooted

NICK RABBITTS

at City Hall

AN annual cricket tournament has been mooted to honour the memory of a Limerick man who died aged 20 years old.

Mayor Michael Sheahan held a memorial at City Hall for friends and family of Mustafa Sidiqi who passed away following a sudden illness.

Popular Mustafa, who was described as "perfect" and "amazing" by friends represented Limerick Cricket in the 2018 Cricket Ireland National Cup.

Now, Mayor Sheahan has pledged to help Limerick's

cricketing community introduce an annual tournament to recognise his contribution to the game locally.

Sharif Jan, 16, of Limerick City Cricket Club said: "I can never forget the smile on Mustafa's face when he came down and he greeted everyone. He was beautiful."

The brave teenager admits he still struggles with the fact Mustafa is gone.

"Even at his funeral, I could not believe he was fully gone. I thought he would come out. When I saw him lying in that coffin with his beautiful smile and perfect hair, that's when it hit me. Mustafa was an amazing

person. He was an amazing friend, an amazing brother and an amazing team-mate. He was full of energy, enthusiasm. He never argued, he never was angry," he added.

Sharif described him as "a champion, a team-mate and most importantly a brother".

"We will never forget him," he added, "His love for cricket will never die."

Mayor Sheahan said: "Nobody expects to be outliving one of their children. But you have to bear that with courage and think of the good occasions you have had. That's what you must bring forward with

you as you try to get over this tragedy. It's lovely to see all the lads here today."

Addressing an audience made up of members of Limerick Cricket Club and the Limerick City Cricket Club, the mayor said: "Maybe we could come up with some way to remember his memory annually through a tournament. Some way of recognition, or some idea. I think this is the best way to remember him - by putting something there."

"If you have ideas, I'd be only too happy to facilitate them," he added.

He said he felt a tournament may be more appropriate than a plaque.



Members of Limerick City Cricket Club. Front row: Arsalan Khalid, Zia Khan, Murtaza Sidiqi, Abdullah Sidiqi, Noorulhaq Faizi, Mosawer Sidiqi. Back from left, Yonus Mahmood, Sufyan Khan, Altaf Khan, Karhik Vasisht, Arpidha Praannk, Sharif Karokhail and Shahid Khan PICTURE: ADRIAN BUTLER

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Anti-War conference in Limerick and march in Shannon

MIKE FINNERTY

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AN anti-war conference called 'NoWar2019 Pathways to Peace' will be held this weekend at the South Court Hotel.

The conference, organised by World Beyond War, will take place on Saturday from 9am.

On Sunday, a rally will take place near Shannon Airport on to demand an end to the airport's use by the U.S. military.

The rally at Shannon Airport comes in the aftermath of an incident involving an American military plane at Shannon Airport in August that shut down the airport for four hours in August.

Critics argue that the American usage of Shannon Airport is a violation of Irish neutrality, and Edward Horgan, chairperson and founder of Veterans For Peace Ireland is among them.

Horgan told The Leader: "We fully support the restoration of

Shannon as a genuine civilian airport and are convinced that the reputation and future of the airport has, and is being seriously damaged by US Military and CIA misuse of the airport."

The conference is the annual gathering of a global organisation called World BEYOND War.

Among the participants at the conference include MEP Clare Daly, Nobel Peace Laureate Mairead (Corrigan) Maguire, presenter and producer

of RTÉ Global Affairs series What in the World, Peadar King, U.S. Veterans For Peace facing prosecution for entering Shannon Airport, Tarak Kauff and Ken Mayers and Co-Founder of World BEYOND War, David Swanson.

The conference will include panel discussions on topics such as nonviolent activism, Irish neutrality, sanctions and refugees, closing bases, and outlawing the arms trade.

The organisers say: "At

#NoWar2019, meet with Irish and international activists, organisers, and educators to learn about the impact of U.S. militarism in Ireland – and how we can work together to stop the U.S. war machine.

"That's why we're concluding the conference with a rally and tour at Shannon Airport," the statement read.

More information about this weekend's events can be found at worldbeyondwar.org/nowar2019/



Miriam Purcell and Mary Walsh, Garryowen, Deirdre Kerin, Mungret and Deirdre O'Shea-Walsh, Old Cork Road at the Cook Medical Womens Mini Marathon PICTURE BY DAVE GAYNOR

Local charities get boost from Cook race

Athletics: Heroes all as 3,000 run for varying reasons

NICK RABBITS

nick@limerickleader.ie

THOUSANDS of euro has been raised for local charities following the Limerick Women's Mini Marathon.

More than 3,000 people ran for personal gain, and causes close to their heart at the Cook Medical sponsored event in the University Sports Arena, raising valuable funds for various charities.

They braved horribly changing weather conditions in Castletroy, which saw it bright one minute and lashing with rain the next.

While the event is for women, many men in drag took part.

One of them was David Neil, Downey Street, wearing a fabulous get-up, running for the Irish Kidney Association.

"It's for my brother-in-law. He passed away and donated his organs," David told The Leader.

Angela O'Sullivan, Corbally, took part in the race three years to the day her husband died.

"We decided we wanted to do something positive. Myself and my two daughters Jenny and Danielle. All our family and friends, we want to create awareness of organ donation," he said.

Another lady from Corbally, Michelle McNulty, joined her friend Margaret Clohessy in running for the Limerick Red Cross.

"We are trying to raise funds and build up its profile around the city," she explained.

Margaret added: "We volunteer with this organisation, so this is part of our training."

Asked how much training they had done, Margaret laughed and

admitted: "not a lot".

"It's not about the training for us though. It's about the participation," she added.

Also running for a good cause was Senator Maria Byrne from O'Connell Avenue.

She was supporting her friend and Fine Gael colleague Cllr Sarah Kiely, who is fundraising for the Pregnancy Loss Comfort Fund.

"It's great to see so many people here today. It's started raining, but people are out showing their support for the cause," Ms Byrne said.

Race director John Cleary said: "The mini-marathon is a great opportunity for women to get involved in the local community, and it's encouraging to see so many women active."

3,000

The estimated number of runners who took part

Are you Limerick's Spielberg? Hunt is on for Ireland's Young Filmmaker 2020

MIKE FINNERTY

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THE search is on for Ireland's Young Filmmaker of the Year 2020; Ireland's festival celebrating young filmmakers from Ireland.

Fresh Film is an advocate for young filmmakers year-round and encourages young people to make films by hosting the annual Fresh International Film Festival which incorporates Ireland's Young Filmmaker of the Year Awards.

The Fresh International Film Festival 2020 takes place in Limerick from

March 23 – 28, 2020 and is open to young people from 7-18 years of age.

2020 will be the 24th year of the festival.

Fresh International Film Festival provides an opportunity for young filmmakers to see their work on the big screen and to compete for the title of Ireland's Young Filmmaker of the Year and to win €1000 towards their next film.

All submissions are also considered for a range of Specialist Awards including the Radharc Trust Award for documentaries, the Animation Award, the RTE 60 Second Award, the Film in the Irish Language award and the RTE Factual Award.

The Festival has Junior categories (7-12 years) and Senior categories (12- 18 years) and International

categories for individual and group projects.

Young filmmakers can enter as independents, as part of their school or in a group.

Films must be original and can be up to 15 minutes duration for Seniors or 10 minutes duration for Juniors.

Senior films will at the Limerick heats in early March.

The Senior and Junior finalists' films will be screened

during Fresh Film Festival

2020 from March 23 - 28 in Limerick.

The awards will be announced at the final screenings on March 25 and 26, 2020.

Festival director

and founder Jayne Foley said "We are seeking filmmakers, the makers of dreams, the ones who challenge us with their alternative vision and the ones who show a mastery of the art.

"Understanding the basic building blocks of storytelling, camera and editing will stand you in good stead in the media-driven future," Foley added.

"Write your story. Grab your camera. Get your friends or your classmates or do it on your own."

Closing date for competition entries is Friday, January 24, 2020.

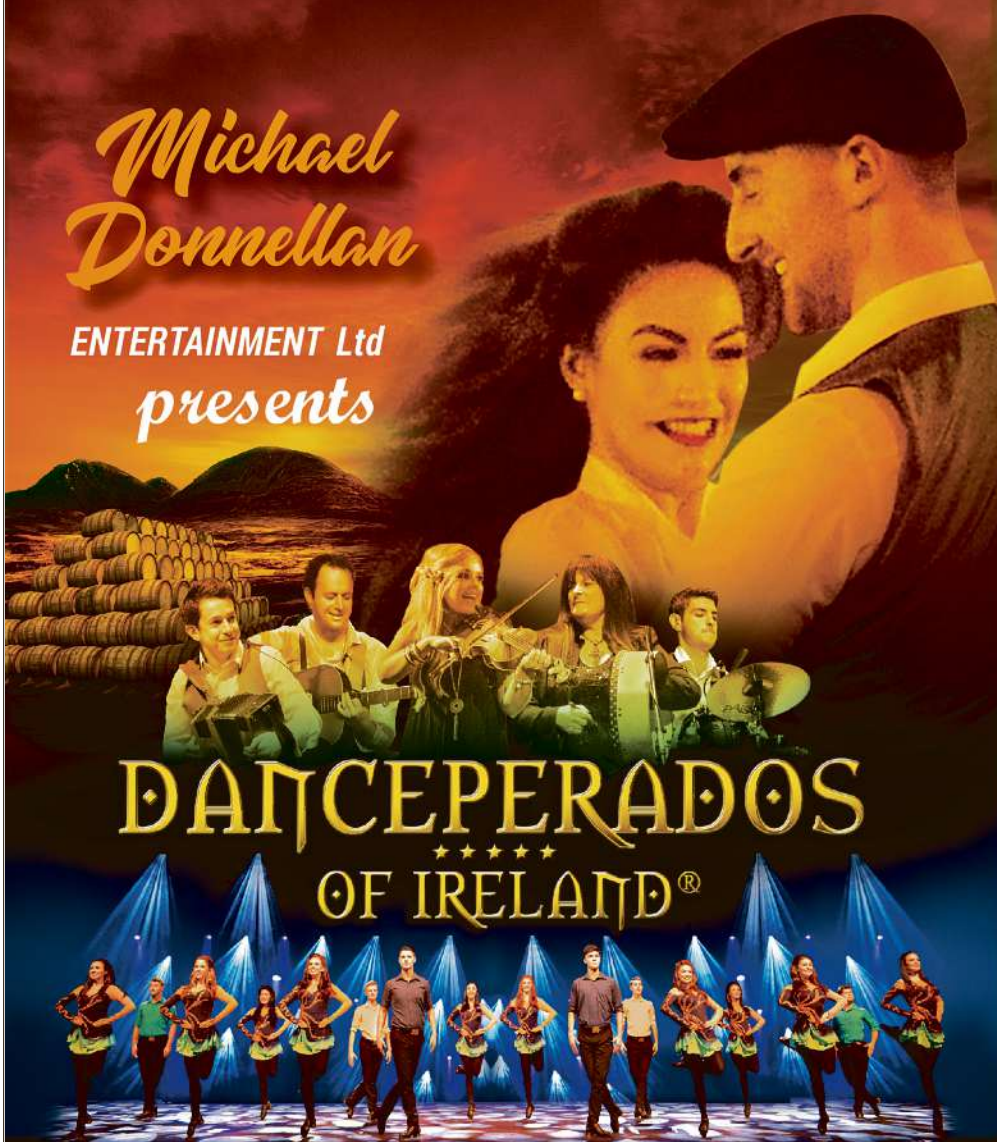
Further information and applications forms can be found at freshfilmfestival.com.



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10-OCT
THE MUSTARD SEED ANNUAL PIGTOWN THEMED DINNER

11-OCT
PIGTOWN COMES TO TUSCANY AT THE GRANARY WITH LOVE ISLAND'S GREG O'SHEA FUNDRAISER IN AID OF LEON'S LIFELINE CAMPAIGN

25-OCT
SWINE&WINE 4-COURSE DINNER
RIVER RESTAURANT, STRAND HOTEL



Cousins of Kevin Sheedy were on hand to support on the day including Ian Punch, Patrick, Stacey and Torey Tully with Callum Lysaght beside the boxing ring at St Francis Boxing Club

Champion remembered

It was an emotional afternoon at St Francis Boxing Club as slain heavyweight boxer Kevin Sheehy was remembered with a mural

Pictures: Keith Wiseman **Words:** Nick Rabbitts



Ken and Marian Moore

'He was the heart of the club':

St Francis stalwart Ken Moore, who commissioned the three-metre high mural said: "He was respected, he was loved. He was the heart of the club, that's what we used to say about him." He has left a big hole. You can't replace Kevin Sheehy, not as a person, not as a boxer. We wanted to put something on the wall that people can come and see, including his young daughter, so she can come and see her daddy on the wall."

Kevin's father, Kevin Sr, below

'He'll be here forever': Kevin was very impressed with the picture of his son. He said: "We are so proud that he was an inspiration to some young kids. Hopefully they will start boxing off the back of this, and we can look at this."

St Francis Boxing Club Members David Lyons, Shane O'Brien, Rosemary Donnelly, Ger Moore and Dom Sarsfield

'The life and soul of the place': Ger, a cousin of Ken Moore, said Kevin was an "inspiration" to youngsters in the club. "Literally because of his height everyone looked up to him! It's still so hard to comprehend." Ger said for the sake of the younger generation, the club now need to push forward "and try to make good of a bad situation". "We are all still in shock," the Childers Road man admitted.





The esteem Kevin was held at St Francis Boxing Club was shown by this massive mural, which was commissioned by Ken and Marion Moore and painted by Dublin firm ADW Murals



Tracey Tully, Kevin's mother

'This is his second home': Tracey's mother was understandably emotional following the unveiling. She said: "It's like they have brought him home. I'm very proud to have the mural here at St Francis. Kevin loved art, he loved murals."



Paul Crawford, Anthony Collins, Cllr Frankie Daly and Brian Sweeney

'Role model': Northside Independent councillor Frankie Daly was delighted to support the mural. He said: "He was a lovely kid with great aspirations to do bigger things. It's so sad his life was taken in the way it was."



Sean Benson, Kyran Tully, Dylan Tully, Zak O'Shaughnessy and Thomas Casey, Southill

'As long as this club stands, they will always know about Kevin Sheehy': "He's the biggest! It was hard to miss him," said 24-year-old Thomas

Candid Comment

By SPARTACUS

● FOR tens of thousands of youngsters across Ireland, passing your driving test is a joyous occasion, one of life's great hurdles cleared.

But joy can turn into despair – at least in Limerick – when one has to face the outer layer of hell that is the National Driver Licensing Service at the Parkway Shopping Centre.

Unless you're happy to wait five or six weeks for a booked appointment, you have to go in a queue up to be seen by an agent to process your application. And it's a lottery as to when you'd be seen: it can be anything from 40 minutes up to three hours.

And you'd better not fall foul of the rules, as one person who contacted Spartacus can attest to.

This person, who was simply looking to make an address change, attended a pre-booked appointment only to be told that because his proof-of-address was on his phone, the change could not be processed.

They helpfully pointed to a printer sitting by the agent and offered to email the document so it could be printed off. The answer was simple: Computer says no.

A return visit on Saturday – this time with correct documentation in hand – yielded a 90 minute wait, with nowhere to sit down.

With the clock ticking down to the centre's 2pm closing time, they were at the front of the queue, only to be told at 1:50pm that he couldn't be seen.

Back in the day, Limerick City Council used to process driving licences. Perhaps the Road Safety Authority should give them the job once again.

● MEMBERS of the Metropolitan District met at City Hall on Monday afternoon to make a decision on multimillion euro plans for the revitalisation of O'Connell Street.

While members of the media, council officials and interested onlookers were present in the council chamber at the scheduled start time of 2pm, a significant number of councillors were not.

This prompted Cathaoirleach Cllr James Collins, to formally adjourn the beginning of the meeting to 2.15pm.

"Traffic is quite heavy due to the weather," he said to the bemusement of those who turned up on time. After all, it's not as if traffic or rain are new to Limerick!

● AS Hurricane Lorenzo makes its way across the Atlantic Ocean, there are strong indications it will have a significant impact on Ireland even if it does not pass directly over the country.

Minister Eoghan Murphy has instructed local authorities to monitor the weather forecasts and to convene their emergency management teams ahead of the expected stormy weather.

While this must be welcomed, Spartacus is concerned that members of the public are not as prepared – particularly as some schools may be forced to close and public transport services may be cancelled at short notice.

● A new crime taskforce has been launched by gardai ahead of the expected increase in burglaries over the winter months.

While the establishment of the new taskforce will be welcomed by those whose homes or businesses have been broken into, Spartacus notes that a significant number of burglaries are opportunistic as homes and businesses have not been properly secured.

Week in, week out gardai urge homeowners to lock their doors and to turn on alarms when they are not at home.

If householders and students listened to the advice, the sergeant and eight gardai assigned to the new crime taskforce might be freed up for other duties.

PET RESCUE



Limerick Animal Welfare based in Kilfinane, rescues animals in distress and helps to find pets a new home. Below are some dogs and cats available. LAW is open seven days a week from 12pm to 3pm. An adoption fee ensures that all pets come vaccinated, wormed, microchipped and neutered, and home checks apply. For more information, phone 087 6371044.

Looking for a new home



Juliette is a pretty black and white four month old cat. She is coming out of her shell in the cattery and is a very sweet cat who enjoys company. Visit Juliette at the sanctuary any day between 12 noon and 3pm. Adoption fee for our cats is €100, they are each neutered, wormed and vaccinated.

Thelma is a stunning white and tabby three month old kitten. She has a little rogue and will make a great pet. Visit Thelma at our cattery any day from 12 noon until 3pm and discuss adoption with staff. Adoption fee is €100, each cat is neutered, wormed and vaccinated.



Scooby is a two year old terrier looking for his perfect home. Scooby needs a home where he is the only dog as he likes to have all your love and attention. He is house trained and lead trained. Scooby is a lovable guy. Visit Scooby at the sanctuary between 12 noon and 3pm. Adoption fee is €150, each dog is neutered, wormed vaccinated and microchipped.

Looking for your 'Mojo'

Finally Mojo is looking for a patient and quiet home where he has time to adapt to new people and new surroundings. He is seven years old. Mojo is completely trained and has always been a well cared for pet. For more information on Mojo, visit us at the sanctuary to meet him and discuss adoption with staff. A fully enclosed garden is required and the dog must sleep indoors.



Owner slates lack of support for Frank McCourt Museum

Una Heaton: I reached out to everyone, but got nothing

KEVIN CORBETT

kevin.corbett@limerickleader.ie

"I've given my heart and soul to this and I just want empathy, not sympathy," Una Heaton told The Leader following her announcement that the Frank McCourt Museum on Hartstonge Street would close on October 30.

The decision to close, announced on social media, was due, Ms Heaton said, to no longer being able to afford the rent, rates or insurance.

Ms Heaton's husband John - who had given her the building in 2011 to launch the museum - had to put it on the market in 2017 and it was bought by Ger Enright, who was praised for being as supportive as he could in the past two years.

She did not have such kind words for the local authority, however, accusing it of failing to support something that was attracting tourists to Limerick as well as celebrating one of its most famous sons.

"I've been asking the Council for help for as long as I've been in business and in nearly ten years I've got a grand total of €1,300 from them spread over a few projects.

"Before we had to sell it, I had a 40 foot high banner saying 'save our building'. I'll be putting up a 12 foot one now saying 'Museum closed'.

"I reached out and wrote to everyone, I knocked on every door and got nothing, and now we're losing an iconic building and museum. If I get anyone coming up from the council now saying 'is there anything they can do', I'll scream."

The only grants Ms Heaton says she received, included €3,500 from the enterprise board which had to be paid back within a certain time frame and two separate grants of €500 and €300 from the arts council for two projects she undertook in the museum.

The process for procuring public funding is notoriously arduous and competitive, which Ms Heaton says she recognised and for that reason had engaged a professional consultant from Dublin to manage the process for her.

"I had a catalogue with a thorough profile of the museum, what it would do in the future, how it would help attract tourism, detailed its projects and so on.

"That went out to all the powers that be, but I never got anything back." Neither, she claims, did she receive any feedback.

In response to Ms Heaton's comments Limerick City and County Council said it regretted to hear the "privately-owned and operated Frank McCourt Museum is due to close".

It said it had worked in



Some of the contents of the Frank McCourt Museum will be returned to the late writer's family, the rest will be sold by public auction PIC: MICHAEL COWHEY

partnership with the museum to promote and support events when opportunities arose, like Culture Nights and the Diaspora Fund and had recently made a financial contribution to an event tying in with Limerick Jazz Festival.

The Council spokesperson said, "Cultural and Arts organisations have a number of funding schemes open to them as sources of funding including Creative Ireland, Grants Under the Arts Act, and Festival & Events etc. These are competitive open calls, which are independently judged.

"A large number of the necklace of museums dotted around the city and county have applied for and received funding through this avenue."

The council said Frank McCourt "will always have a presence in Limerick".

"His papers have been donated to the Special Collection in UL's Glucksman Library and the position of Chair of Creative Writing at the university also commemorates his name and achievements and association with Limerick."

The spokesperson added, "Limerick City and County Council would be delighted to accept a selection of the Frank McCourt collection on behalf of the people of Limerick if it was offered by the owners.

"Unfortunately, Limerick City and County Council is not in the position to buy the collection or licence the rights to use the name."

This suggestion was not welcomed by Ms Heaton who told the Leader, "I'm going to return the personal items which are the ashes and the cap and gown in which Frank had his honorary doctorate bestowed on him and I'm also returning the rosary beads to Ellen (Frank's widow). But I'm going to publicly auction the rest."

Ms Heaton said another museum had offered to take some of the items, but only, they said, to store them.

"I felt that was an insult," said Ms Heaton, "I wouldn't hand over anything, let Ellen do it if she wishes."

"To me, the memory of Frank is in the school, so I couldn't, in my heart, hand over personal items to someone who would put them in storage. What is the point of that?"

All will be revealed in her memoir, she promised, which is to be titled 'I'll be Frank' and which will be complete next autumn.

"I tried so hard, I gave it all I had and the McCourt family have been brilliant, Frank's brothers and Ellen too.

"I reckon Frank is probably up in heaven now saying, 'That's Limerick!'"

"I haven't slept since I made the decision, I'm wrecked, and it's so frustrating. I never did it for praise, I did it for love of Frank, and for his old school, to celebrate what he had done. To me, reading between the lines, the council's attitude is shocking and I won't be afraid to say it."



Making Cents

LIAM CROKE

The Must-Read Guide To Saving Money

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All that glitters: Is buying gold a good investment?

SHOULD I invest in gold is a question I'm frequently asked, particularly with interest rates being so low, and because there has been a lot of talk about gold of late. With some commentators espousing it as an excellent investment, I thought it was worth looking into it further for you.

If you invested in gold over the past three years, your return wasn't great with gains of just over 1% per year, but since the start of the year, gold has rebounded with incredibly impressive returns. At the start of the year, it was priced at €1,173 an ounce, and now it's currently trading at just under €1,376, which is a 17.3% gain.

Gold is now trading at its highest point since April 2013 and the consensus amongst investment analysts, is that it could continue to rise, if (a) market volatility persists, and (b) fear grips the markets making them think we're about to enter a global recession. Typically, there are two types of people who invest in gold and their reasons couldn't be more diametrically opposed.

The first are those who speculate on how it will perform, hoping it will rise in value over a relatively short period of time. They recognise this is a high risk strategy on their part, but are okay with this approach, because they understand that with high risk comes high reward. And there is some comfort that their investment won't be wiped out either because gold will always hold value in the long run.

And then there are those who always hold gold in their investment or pension portfolio as a hedge against inflation, and insurance against markets taking a

nose-dive.

The principal reason behind gold rising in value, is demand from investors as is the case with any investment, but gold is slightly different because demand for it, isn't primarily driven by the companies' price to earning ratio, revenue growth, dividend payments or how much debt the company has etc.

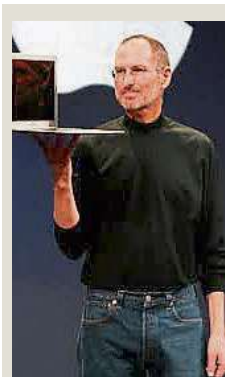
DEMAND FOR GOLD IS PRIMARILY DRIVEN BY FEAR

Gold thrives on the fear of inflation, fear of war, fear of economic uncertainty, fear of banks failing, fear of trade wars, and when you see what's happening between the United States and China, it's a big reason why individual investors and countries are now beginning to invest heavily in gold. Central Banks, mainly those in emerging markets, bought 224.4 tons of gold in Q2 of this year.

Another reason gold has increased in value in recent times is down to lower interest rates. Central Banks are keeping borrowing rates down hoping to stimulate economies but when you have lots of money circulating and not enough goods and services that can accommodate all this cheap money, prices rise which can lead to inflation and impacting the value of currencies, all of which lead to gold increasing in value.

WHAT COULD LEAD TO GOLD DECREASING IN VALUE?

The biggest threat is if we enter a global recession, because when that happens, people spend less, and that's a problem for the value of gold, because



DID YOU KNOW?

Steve Jobs was CEO of the most valuable company in the world, and wore the same outfit to work every day, which became his trademark look - black turtleneck top, blue jeans and New Balance runners. But there may have been another reason why he chose this look, other than not having to decide what he should wear every day, because he suffered from an unusual phobia called Koumpounophobia which was a fear of buttons.

people in China and India in particular reduce their jewellery purchases.

So, if you wanted to invest in gold, you could do so in a number of different ways, and they are as follows.

GOLD UNIT LINKED FUNDS

This method gives you the opportunity to gain exposure to movements in the price of gold. It does this by investing in an Exchange Traded Certificate (ETC), which aims to track the spot price of gold in US dollars.

A good example of this type of fund is Zurich Life's gold fund. It has grown in value by 21.90% in the past year and has averaged +5.5% each year for the past 5.

Another fund with similar returns is the Black Rock Merrill Lynch Gold & General Fund. It has returned +20.55% from the end of June '18 to end of June '19.

PHYSICALLY BUY GOLD

You can do this via a company like Goldcore. And it's quite easy to do, you first have to set up a trading account with them, and once payment is made, you can choose to have them store the gold for you, or they will forward the physical gold directly to you which take the form of coins or bars weighing one once each or gold sovereigns which weigh 0.2354 ounces.

PURCHASE GOLD VIA EXCHANGE TRADED FUNDS (ETF'S)

Gold ETFs have been rising in popularity because of their ease of purchase and ease of trade, along with not having to physically store gold and or having to worry about them being stolen.

ASK LIAM

Our personal finance expert answers your questions ...

Q: Liam, I want to financially help my mother who is 71. Is there a smarter way I can give her money each year, other than what the annual gift exemption is?

A. Yes, there is, and it's made by way of what's called a Deed of Covenant. Making a payment by this method, you and your mother will end up with more money, and I'll explain why shortly, but there are some things you need to know first about a DOC. First off, payments are restricted to 5% of the total income of the person making the payment. And the amount you give to your mother must have the ability to last for six years (it can't be a once off payment) which I guess is influenced by your financial situation and your ability to continue making the payment and your mum's age. The DOC has to be a written agreement between you and your mother, and is witnessed by a third party.

The financial benefit for you is that you get tax relief on the amount given at the difference between the standard and higher tax rate i.e. 20%.

So, if you give your mum for example, €5,000, when all the paperwork is completed, by doing so, along with giving her maybe much needed funds, you'll have reduced your income tax bill by €1,000 in the process.

SHOP LOCAL: GOOD DEALS AVAILABLE IN LIMERICK THIS WEEK

Want two FREE services and 12 Months Warranty? Talk to Brian Geary Toyota today. The highly anticipated Brian Geary Toyota Used Car sale is now on. Prices have been reduced, you can avail of two FREE services and 12 months warranty - so now is the time to visit their showroom in Raheen. For more information, go to www.briangeary.ie or call 061 225225



Kellett Interiors Marquee Sale starts this Thursday. Don't miss out on these amazing offers, all fabrics in the marquee are from €4/yd, 50% off all wood blinds, 20% off all fabrics from sample books plus 15% off curtain making, 50% off curtain making on selected fabrics. For more information call 061-394108 or go to Kellett Interiors on Facebook



City Connect - Connecting people and places. New commuter service available from Newcastle West to Limerick. Great value, weekly and tax saver tickets available. See www.cityconnect.ie for full details and timetables.



Limerick women win Network recognition

Award: Hannah Wrixon and Emma Langford are honoured nationally

NICK RABBITTS
 nick@limerickleader.ie

TWO Limerick women have been recognised at a special ceremony in Cork.

Hannah Wrixon, founder of Get the Shifts has been announced as the winner of the emerging new business businesswoman of the year, while celebrated local singer/songwriter Emma Langford was highly commended in the arts category.

The pair were in attendance at the Network Ireland national businesswomen of the year awards, a scheme which recognises women in business and the arts.

As members of Network Ireland Limerick, Hannah and Emma were put forward as finalists having won at the regional businesswomen of the year awards in Limerick last May.

Hannah beat off stiff competition from 12 other finalists in a category backed by Enterprise Ireland.

Hannah Wrixon is a serial

entrepreneur whose latest venture Get the Shifts is disrupting the hospitality sector one shift at a time.

She says she is committed to supporting clients through an app.

This year saw a record number of entries for the awards from Network Ireland's 15 branches across the country.

There were eight award winners announced on the evening:

Winners also came from Kilkenny, West Cork, Kildare, Dublin, Waterford and Wicklow.

There was a strong Limerick contingent supporting Hannah and Emma and the other three finalists representing the Limerick Branch.

They were Olivia Buckley, Olivia Buckley International, Patricia Roberts of Number One Pery Square, and Petrina Hayes of the Savoy Collection were also among the women competing for national recognition.

Catriona O'Donoghue, president of Network Ireland Limerick, said: "We are thrilled for Hannah and Emma. It's



Winner: Network Ireland Limerick president Caitriona O'Donoghue, with Emma Langford and national Network president Helen Wycherley PICTURE: BRIAN ARTHUR

great to see our members being rewarded for their extraordinary achievements. I would also like to congratulate our other finalists for stepping up and putting themselves out there. This is the second year in a row we've brought home a national award. This is an incredible testament to the success of the Limerick branch and local businesswomen."

More than 250 delegates attended the Network Ireland national conference and awards ceremony on Friday last.

It was hosted by TV presenter Sonya Lennon and is one of the biggest of its kind in Ireland for professional women.

The event took place at the Celtic Ross Hotel in West Cork.

Network Ireland national president Helen Wycherley said: "Through the conference we wanted to empower women to step up to the challenge, grow their confidence, seize opportunities and drive their personal and professional development."

Stripe targets growth

LIMERICK brothers John and Patrick Collison are targetting the creation of up to 300 jobs in Ireland, according to reports.

National newspaper reports over the weekend claim the founders of payments company Stripe, are seeking to accelerate an international expansion and fund new products.

Founded in San Francisco, Stripe already has 200 staff in Dublin, including 65 software engineers, and this is expected to be ramped



Stripe co-founder Patrick Collison

up to 300 by the end of 2019.

Patrick and John are former students at Castletroy College.

Stripe develops technology which allows companies to easily accept online payments.

The technology is due to be available in 40 countries covering 70% of the global economy.

Milford coffee morning

MCKEOGH Gallagher Ryan is to host a coffee morning in aid of Milford Hospice this Thursday.

The event takes place in aid of the Milford Care Centre at the accountancy firm's base in 45 O'Connell Street.

People are invited to enjoy tea and coffee and an array of home-made cakes, baked by members of staff.

Milford is under constant fundraising pressure, in having to raise €1.5m each year to meet the shortfall in the day-to-day operational budget for hospice care.

The events and donations from local businesses greatly helps them with these targets.

McKeogh Gallagher Ryan staff promise the cakes will be delicious!

For more information, telephone 061-208050 or email nenaghreception@mgraccountants.ie.

IDA unveils new boss for the region

THE IDA job creation agency has announced the appointment of a new business development manager for the region.

William Corcoran follows in the footsteps of Enda McLoughlin who left the role last year.

Tipperary native Mr Corcoran has worked in the San Francisco Bay area for nine years, in the areas of trade development, sales and, most recently as sales and marketing executive with IDA Ireland based in our offices in Mountain View where he was responsible for the Content, consumer and business services portfolio and the technology portfolio in Colorado.

A New York qualified attorney-at-Law, Mr Corcoran holds a Bachelor of Laws in Law and European Studies from the University of Limerick.

He will be based in IDA Ireland's Limerick office in the National



The IDA's new man in the Mid-West: William Corcoran

Technology Park.

IDA chief executive Martin Shanahan said: "The Mid-West region is one of Ireland's fastest growing regions for Foreign Direct Investment (FDI) Since

the launch of our strategy Winning 2015-2019 there has been an unprecedented series of investments. Will has the right breadth and scope of experience for this important role and I believe he will be a significant asset to us in working to attract further investment to the Mid West Region."

Mr Corcoran said: "I'm delighted and looking forward to beginning the all-important engagement with regional stakeholders and future collaboration with them. The Mid West is a vibrant and dynamic region these days having seen substantial Foreign Direct Investment (FDI) in recent years. Clusters have developed in life sciences, technology and financial services, generating significant employment. The region has a strong value proposition thanks to its accessibility and connectivity, excellent third level institutes UL and LIT, its strong skills pool and the availability of good property solutions for investors."



Bord Oideachais & Oiliúna
LUIMNIGH & AN CHLÁIR

LIMERICK & CLARE
Education & Training Board

Traineeship in Beauty Therapy

Our Further Education and Training Centre, Raheen Campus, is currently taking applications for a Traineeship in Beauty Therapy ITEC Level 2

What is a Traineeship?

A traineeship is a programme of structured training which combines learning in an education and training setting and in the workplace.

This traineeship has been developed for those interested in beginning a career in the thriving beauty industry. Learners will develop beauty treatment skills, in line with up-to-date techniques, required to gain employment as a Beauty Therapist or progress to further study.

Course Duration

This is a 20-week course, with work practice starting at Week 14 to allow learners to spend 2 days per week in a workplace environment.

Start Date:

Monday 21st October, 2019

Modules include:

- > **Make-Up**
- > **Manicure and Pedicure**
- > **Skincare and Eye Treatments**
- > **Waxing**
- > **Professional Conduct and Business Awareness**

Venue:

Roselawn House, National Technology Park, Castletroy, Limerick City, V94 6K65

Apply
Today

Contact Mary on **061 487 997**,
email: fetraheen@lcteb.ie
or check out
learningandskills.ie



Provision offered is subject to demand and funding.



THE HUNGRY LYONS

Proudly made in Limerick

Best of Luck to

**Na Piarsaigh - Patrickswell -
Kildimo Pallaskenry - Blackrock
in the county finals on Sunday**



John Lyons



Having served the Limerick Community in our Family Restaurants for the past 27 years, we have undergone a name change to our business. Our locations at Dooradoyle and Ennis Rd are now The Hungry Lyons. This simply means - same owners, same staff, same management and as always great food! We want to thank you, our loyal customers for your tremendous support over the years in each of our businesses and sincerely hope we continue to be your destination of choice for quality food & service in "The Hungry Lyons" Dooradoyle & Ennis Road Drive Thru

**Ennis Road Drive-Thru 061325100 (Beside the Gaelic Grounds)
Dooradoyle 061306111 (Across from University Hospital)**

ALL our Prime Beef Burgers & Taco Mince is locally sourced and supplied by Pat O'Connor & Son Butchers Limerick



KEEP IT LOCAL!

Limerick businesses in the spotlight



Plan your dream wedding at Fota

AS the leaves turn golden on your private island of Fota Island Resort this autumn, allow the team at Fota Island Resort to inspire, entertain and excite you for your wedding day with the return of its highly anticipated wedding showcase.

An invaluable resource for those tying the knot, the next Fota Island Resort wedding showcase takes place on Sunday, October 6 from 12-5pm and will present every possible service and suggestion for your special day.

The finest florists, wedding planners, bakers, jewellers, videographers and entertainers will gather together to showcase their top services designed to create the perfect wedding day, including Baker Boy Cakes and Broken Spoon, florists Flower Power and Wonderous Weddings, jeweller Aoife O'Mahony, wine merchants Enoi Wine,



The Fota Island Resort's wedding showcase takes place this Sunday October 6 from 12 -5pm

Studio Plus videographers, wedding planners To Have and To Hold, Butler's Ice Cream, along with magician Gerard Kearney and music from Emiliano Terra who will provide endless entertainment throughout the day.

With exciting plans afoot at Fota Island Resort, couples planning their wedding from 2020 onwards will enjoy a sparkling new Smith-Barry

Suite as plans are in place for a full refurbishment of the ballroom beginning at the start of next year, with celebrity interior designer, Hugh Wallace leading the new design.

For further news and updates about the upcoming Wedding Showcase visit www.fotaisland.ie or contact the Fota Island Resort wedding team at weddings@fotaisland.ie

A stay for the culturally curious at the Radisson Blu

LIMERICK'S streets are filled with history just waiting to be discovered, from the architecturally beautiful buildings of the Medieval Quarter to stories about Viking invasions throughout, some of the finest surviving Georgian architecture, and impressive collections of antiques, decorative arts and beautiful objects in the city's world-class museums.

If you're curious about the history behind some of Limerick's oldest buildings or the city's museums, monuments and architecture, Radisson Blu Hotel & Spa Limerick has the perfect cultural experience to offer.

Enjoy a two-night break in the comfortable surroundings of the Radisson Blu Hotel & Spa, Limerick and put exploring at the top of your list with an experience of your choice in the heart of Limerick City. Go back to the 13th century at King John's Castle, examine pre-historic Irish



Take a break at Porter's Terrece and Garden at the Radisson Blu Hotel & Spa

artefacts at The Hunt Museum or learn about some of the city's oldest buildings on Limerick Civic Trust's Medieval Walking Tour.

After you've thoroughly explored the city's history, return to the hotel to unwind with complimentary access to the hotel's fitness and leisure facilities. Relax in the outdoor hot tub or test the waters in the indoor pool

and if you're looking for an extra special treat, guests can also avail of a wide range of treatments in the Rain Spa with an added €20 discount when you spend €70 - the perfect way to restore the body after a busy day.

On a night of your choice, enjoy a three-course meal in Porter's Restaurant, and the following morning have a leisurely breakfast with your complimentary papers with a late check-out of 1pm.

This special 'Culture & The City' stay is available from €125 per person sharing at Radisson Blu Hotel & Spa, Limerick and includes two nights B&B, a Discover Limerick goodie bag on arrival, dinner on a night of your choice as well as one cultural experience of your choice. The offer is valid from 1st September until 31st March and also includes €20 off treatments at the Rain Spa when you spend €70.

For further info on this and other offers available see www.radlimerick.com

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Support Local
Business

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LOCAL

Pray,
Hope &
Don't Worry
St. Padre Pio Prayer Group

Philip & Mary Scanlon and Mary Tynan Invite you to the Dominican Church for Adoration & Confessions with Fr. Bernardino (Monks of Moyross) & Veneration of the First Class Relics (The Glove & Heart Bandage of St. Padre Pio) with Philip Scanlon

Sat. 12th Oct 2-4pm
at the Dominican Church (near Tait's Clock)

All are Welcome

9ft Sculpture of St. Padre Pio at the front of the Dominican Church Near Tait's Clock (one of four in the world)

Aidan Frahill
Motor Servicing Ltd

CAR REPAIR & SERVICING | SPECIALISTS DIAGNOSTICS
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PROPERTY

Leader

HOME & INTERIORS

WEDNESDAY, OCTOBER 2, 2019



Rockbarton House, Lemonfield, Crecora is an exceptional property on five acres with a price tag of €1.3 million. The photos above and below show the star quality of this elegant property

Millionaire's Paradise

Crecora: Rockbarton House on five acres of mature grounds has asking price of €1.3 million

AT A GLANCE

Location:

Rockbarton House,
Lemonfield, Crecora

Description: Five
bedroom, detached
house

Price: €1,300,000

Seller: DNG Cusack Dunne

Contact: 061 209000



Rockbarton House is an exceptional residence hidden on five acres of stunning mature grounds at Lemonfield, Crecora.

This magnificent property is accessed via wrought iron electric gates with stone pillars along a private winding tree lined driveway and bounded by manicured lawns, paddocks, an orchard area and a stable block & arena.

The property was constructed in 1997 and is a most attractive stone building of exceptional character measuring 397 sq.m./4280 sq.ft. approximately.

There are a host of wonderful features of note throughout the property including a magnificent imposing reclaimed stone fireplace in the entrance hall which sets the tone of this property which is finished to the highest of specifications

and is undoubtedly one of the finest homes in Limerick and sure to attract both national and international interest on the market. Nestled in one of the most sought-after locations in Co. Limerick just minutes' drive from Limerick City, University Hospital Limerick, the University of Limerick and all accessed via a superb road network. Shannon International airport is a convenient drive at 30 minutes and the newly refurbished and exquisite 5-star Adare Manor Hotel & Golf Resort is just 15 minutes' drive.

Downstairs there is an entrance hall with reclaimed timber floor. It leads to a drawing room, living room, dining room, sun room/conservatory.

Also downstairs there is a fine kitchen/breakfast room, a utility room, and an annex building with an open plan studio apartment.

On the first floor you have an extensive master suite bedroom with four other fine bedrooms.

Outside: Mature and fully private c. 5 acres of grounds with lawns, paddocks, an orchard area and a stable block and arena. The Stable block has four stable units and two outhouses. There are three paddocks.



Rockbarton House is expected to generate interest in the international market

GVM Auctioneers

PSRA Licence No. 002030 ipav
www.gvm.ie



Our Team: Tom Crosse,
Declan Barry, Richard Ryan,
John O'Connell
& Audrey Fitzgerald.



Beechfield Grove, Monaleen, Limerick



€535,000

Showhouse now on view by appointment only.
A superior residential development of luxury detached homes.
DEVELOPER: BALLYMOUNT PROPERTIES LIMITED, DUBLIN 12.
Full details contact Tom Crosse on 087-2547717.

6 Elm Park, Ennis Road, Limerick



€235,000

GVM Auctioneers introduce No. 6 Elm Park, Ennis Road which is a three bedroom end of terrace townhouse with a very private southwest facing rear garden in one of Limerick's premier residential locations within walking distance to City Centre. All amenities include public transport on the doorstep. Ideal 1st time buyers of those seeking to downsize. Contact Declan Barry on 087-2026886

4 Oakfield, Monaleen, Castletroy, Limerick



BER C3

€395,000

Announcing new to the market this immaculately maintained family home located in one of Limerick's most sought after locations in the hub of the hugely popular, established and leafy suburb that is Monaleen. No 4 is positioned in the periphery of this beautiful development of all detached homes and enjoys the benefit of a walled in quiet cul de sac facing rear garden capturing the afternoon and evening sun. Inspection of this truly superb home is very highly recommended. Contact Tom Crosse on 087-2547717

2 Singland Crescent, Garryowen, Limerick



€115,000

Extended three bedroom townhouse in good condition located in a very popular mature residential development. This property is within walking distance to the city centre and all amenities including public transport are on the doorstep. Spacious living accommodation, small maintenance free yard to the rear. Oil fired central heating, double glazing. Ideally suited to 1st time buyers. Contact Declan Barry on 087-2026886

4 Golf Village, Adare Manor, Adare, Co. Limerick



BER D2

€285,000

This is a rare opportunity to acquire this elegant 2 bedroom townhouse set on the grounds of the 5 star Adare Manor Hotel and Golf resort. This property is finished to the highest of standards and has unrivalled views of the resort facilities. Adare is a well known historical village and has a wide range to top class amenities. Adare is to host golf's most prestigious tournament, the Ryder Cup, in 2026. The newly revamped Adare Manor in Limerick will be the venue for what is one of the biggest sporting events in the world. Contact John O'Connell on 087-6470746

48 Oakfield, Fr. Russell Road, Raheen, Limerick



BER C2

€278,000

Spacious four bedroom semi detached house with south west facing rear garden in a much sought after residential development within walking distance to Schools, shops, buses and public transport. The expanding University Hospital, Raheen Industrial Estate and Crescent Shopping Centre are also adjacent. Ideal family home. Viewing recommended. Contact Declan Barry on 087-2026886

10 Thornfield, Castletroy, Monaleen, Limerick



€450,000

GVM Auctioneers are delighted to introduce 10 Thornfield, Monaleen which is a most desirable spacious 5 bedroom detached family home located in one of Limerick's premier residential areas with every convenience on your doorstep. Primary and Secondary Schools, Shopping Centre, University of Limerick, Plassey Technological Park and public transport all adjacent. This is a very attractive property in excellent decorative located in a quiet cul de sac of detached houses only. Viewing highly recommended. Contact Declan Barry on 087-2026886

46 Salmon Weir, Annacotty, Co. Limerick



€349,000

GVM Auctioneers introduce this magnificent extended detached property with modern open plan layout tastefully designed and decorated. Very convenient location adjacent to all amenities. Option to create a self contained unit if required. Easy access to University of Limerick and motorway network. Must be seen to be appreciated. Contact Declan Barry on 087-2026886

85 The Fairways, Monaleen, Castletroy, Limerick



BER D1

€400,000

Magnificent and extended 5 bedroom detached residence situated in this hugely sought after residential location in close proximity to University of Limerick, Plassey Technological Park, Primary and Secondary Schools, Shopping Centre, Cineplex, Hotels, Restaurants and an array of top class sporting amenities. This superb home nestles in a leafy mature and private cul de sac location, and offers discerning purchasers well proportioned living and bedroom accommodation. Mature south facing rear gardens. Contact Tom Crosse on 087-2547717

Black Road, Newport, Co. Tipperary



BER D2

€185,000

GVM present to the market this 3 bedroom detached family residence situated within walking distance of Newport Village and positioned on a private mature site. Ideal first time buyers property or may suit someone seeking to downsize with a range of amenities available on their doorstep. Contact John O'Connell on 087-6470746

34 Milltown Manor, Monaleen, Castletroy, Limerick



BER C3

€420,000

A truly magnificent 4 bedroom detached residence maintained in superb condition throughout and situated in this exclusive and limited development of upmarket detached homes. No 34 sits on a bright pleasant site in a quiet cul de sac with a south facing rear aspect capturing the hugely valuable afternoon and evening sun. This wonderful location is unrivalled enjoying proximity to The University of Limerick, Plassey Technological Park, Castletroy Golf Club, excellent quality Primary & Secondary Schools and an array of wonderful sporting amenities. Contact Tom Crosse on 087-2547717

178 Shannonvale, Caherdavin, Limerick



€215,000

GVM Auctioneers introduce to the market 178 Shannonvale which is a 3 bedroom semi-detached home in absolutely pristine condition throughout. Conveniently adjacent to all amenities including Limerick Institute of Technology and easy access to motorway network. This is an ideal family home. Viewing highly recommended. Contact Declan Barry on 087-2026886

2 Grennan Villa's, St. Josephs Street, Limerick City



BER G

€165,000

GVM are delighted to introduce No. 2 Grennan Villas to the market. This property is positioned in an excellent location situated just off O'Connell Avenue and within walking distance to Limerick city and a wide range of amenities. Contact John O'Connell on 087-6470746

Coolrea, Bruree, Co. Limerick. V35 F992



BER E1

€270,000

Imposing two storey 4 bedroom detached residence situated in this most tranquil setting and only 5 minutes' drive from the popular town of Charleville. The residence rests on a C. 1.25 St. Acre landscaped mature site. Accommodation comprises of; hall, sittingroom, diningroom, breakfast-room, kitchen, 4 bedrooms, ensuite, bathroom and guest toilet. Detached Garage. Viewing of this magnificent family home comes highly recommended. Contact Richard Ryan on 087 8067772.

Loughil West, Loughill, Co. Limerick



€210,000

Spacious three bedroom bungalow on a large mature site on the edge of Loughill Village just 10 minutes from Tarbert and 40 minutes to Limerick. Large detached garage ideal for storage or as a workshop. Good condition throughout. Contact Declan Barry on 087-2026886

Coolnahilla, Lisnagry, Co. Limerick



€150,000

For Sale by Private Treaty circa 1.57 acre site with full planning permission granted for a detached circa 244 sq metre residence located in a popular residential area within 10 minutes drive to the University of Limerick. No Planning restrictions. Planning reference no 18/659. Full details maps etc contact John O'Connell on 087-6470746



LIMERICK OFFICE: Tel: (061) 413522 • Email: limerick@gvm.ie

KILMALLOCK OFFICE: Tel: (063) 98555 • Email: kilmallock@gvm.ie

Central semi-d recently refreshed

AT A GLANCE

Location: 88 Richmond Park, Corbally
Description: Three bedroom, semi detached house
Price: €250,000
Seller: Rooney Auctioneers
Contact: 061 413511



Rooney Auctioneers are pleased to present to the market 88 Richmond Park located in the heart of Limerick city and being only 1km from the city centre.

Excellent presented, No. 88 offers bright and spacious accommodation and is well positioned towards the end of a cul-de-sac avenue in this well established residential area.

Built in the 1970s this house has undergone recent refurbishments including re-wiring, re-plumbing with new radiators throughout, pumped wall insulation, attic insulation, new insulated floors and a newly fitted bathroom.

The house comes with all furniture and appliances included and is an ideal home offering an excellent location, space and value for money versus comparable new build homes.

The entrance hallway features a tiled floor with a guest WC. The spacious living room has a dual aspect with windows overlooking both the front and rear of the property. The kitchen-diner is fitted out with modern



88 Richmond Park comes with all furniture and appliances included

units, tiling and includes all the appliances and has a good size utility room off. On the first-floor there are three good sized bedrooms.

Each bedroom has

laminare flooring and generous built in wardrobes. The main bathroom is fully tiled and has extras such as a towel radiator and LED lighting.

The area is serviced well having excellent amenities nearby - located adjacent to Grove Island Shopping Centre which offers a SuperValu supermarket, a

selection of restaurants, pharmacy, leisure centre and more.

The area is within immediate walking distance of Limerick city centre, a

number of local national and secondary schools and Limerick College of Art & Design.

Viewing is highly recommended.



Ballyhoura can be your home away from home

AT A GLANCE

Location: 16 Ballyhoura Forest Luxury Homes, Ballyorgan
Description: Three bedroom, holiday home
Price: €150,000
Seller: John de Courcy
Contact: 061 415188



Situated near Ballyorgan this holiday home is very close to the Ballyhoura Outdoor Activities & Mountain Bike trail

TAKE your next holiday in the beautiful Ballyhoura Mountains with this modern but rustic holiday home.

This three-bedroom detached house is located in a development of 16 uniquely designed holiday homes. An open viewing of this property will take place on October 5 from 4-5pm.

Situated near the picturesque village of

Ballyorgan and in very close proximity to the renowned Ballyhoura outdoor Activities & Mountain Bike trail.

Accommodation comprises entrance hall, kitchen/living room, three bedrooms (all en-suite),

storage heating and electric radiators, rational double glazed-windows, solid oak junker floors throughout.

Outside there are front and back gardens with ample parking. Full planning permission for

holiday home. Viewing highly recommended.

Directions: From Limerick City proceed out the (Old Cork Road) Kilmallock Road. Proceed through Bruff. Proceed through Kilmallock town. Continue on through

Ardpatrick village. Proceed approximately three miles. Turn left at sign post for Ballyorgan. Proceed through village. Forest homes are located on the left.

Limerick city is just 45 minutes away.



O'Connell Square House, Ennis, Co. Clare
 T: 065 686 7866
 PSRA No. 001212

Sherry FitzGerald
 McMahon

CO. CLARE €2,000,000
 SHOWGROUNDS ROAD, ENNIS



For Sale by Best Bids.
 Excellent 4.45 ha / 11 acre approx. Residential Development site in one of the most sought after residential locations in Ennis. The site previously had planning permission for 116 residential units which was extended until 2016 but has now expired. The land is zoned for Residential Development. Bidding documentation available from agent.

BER Exempt
CALL DIARMUID MCMAHON 065 686 7866

JOHN GILTINANE & ASSOCIATES

Licence Number: 001474

Auctioneers and Valuers

3 AVONDALE DRIVE, GREYSTONES, ENNIS ROAD, LIMERICK


Guide Price €250,000

Beautiful spacious 4 bed family residence, with a self contained apartment attached with bright living spaces, 2 reception rooms, Excellent location close to Ennis Road and all local schools, shopping centre, Thomond Park, and LIT GAA Grounds.

Mulberry Lodge, Coolcappagh


Guide Price €275,000

- Wonderful 3 bed residence at Coolcappagh, Gortroe, Co Limerick- c. 0.5 acre site- top quality residence, fully renovated and upgraded, with new top of the range fitted kitchen, tilt and turn windows, internal and exterior doors, beautiful driveway framing landscaped gardens- Viewing essential.

WISTERIA LODGE, CAPPANAHANE, GRANAGH, CO LIMERICK


Guide Price €220,000

Exceptional 2 bed residence and gardens Wisteria Lodge is an extremely attractive detached residence which has been tastefully refurbished by its present owners and extended to c.87 sq m. Boasts spectacular gardens and landscaping

33 ABBEYVIEW ADARE, CO LIMERICK


Guide Price €249,000

3 bed semi-detached family residence with an integrated garage located in the heart of Adare village, close to all local amenities including primary schools, supermarket, shops, etc. This residence built in the mid 1970's is part of a delightful estate.

BALLYKENNEDY SOUTH, BALLINGARRY, CO LIMERICK


Guide Price €225,000

Wonderful 4 bed family home measuring approx 1800 sq feet on circa 0.7 acre site, mature trees and planting, 5 mins from Ballingarry

CIRCA 4.4 ACRES OF DEVELOPMENT LAND FOR SALE IN THE CENTRE OF KILFINNY, ADARE, CO LIMERICK

Guide price €275,000

Land being sold subject to Planning Permission, would suit planning for 4/5 private dwelling houses -location approx 5 mins from Adare village, would make a wonderful setting for family homes beside church and primary school. Circa 4.4 acres

FAIRFIELD HOUSE, BALLINAMONA, CURRAGHCHASE, ADARE, CO LIMERICK


Guide Price €299,000

This spacious 4 Bed architecturally designed family home on circa 2 acres, adjacent to Curraghchase National Park. An ideal family home for those seeking space, comfort and style while also having the option of a separate living area (fully independent apartment) Split level gardens and separate paddock and shed.

5 BLACKTHORNS, CHURCH ROAD, RAHEEN, LIMERICK


Guide Price €249,000

Excellent location - spacious and modern 3 bed family home, with garage, gardens and off street parking conveniently located close to all local amenities in Raheen/Dooradoyle.

SUNVALE, BALLYWILLIAM, RATHKEALE, CO LIMERICK


Guide Price €249,000

This residence is a very impressive 4 bed family home on c. 0.5 acre site; offering ideal family living with spacious rooms throughout and many fine features including an exceptional kitchen living dining room.

CONIFER LODGE, CLONSHIRE, ADARE


Guide Price €199,000

3 bed residence located on c. 1.5 acres with FPP for modern architecturally designed large 2 storey residence-located approx 500m from Clonshire Equestrian Centre and 5 mins from Adare village



FARM AUCTION

AUCTION 1

Circa 78 acres at Kilderry, Meanus, County Limerick

This farm which is of good quality land, is laid out in 6 fields, serviced by internal farm roadways and also a water system.

Date of Auction- Wed 16th October 2019

Dunraven Arms Hotel- 3pm

Solicitor- Fergal McNamara- Hogan, Dowling, McNamara Solicitors

Auction 2

Circa 37 acres at Cloongownagh, Kilmoreen, Adare, Co Limerick

These lands range from top quality land to rough grazing grounds and are located a short distance from Adare village and from Kildimo, Co Limerick.

Date of the Auction- Wed 23rd October 2019

Dunraven Arms Hotel - 3pm

Solicitor - Deirdre Doogan, PG McMahon Solicitors, Newcastlewest

Irish Land Sales-

01-5241645 / 061-513750

John Giltinane 086-8574718 • www.irishlandsales.ie

**CASTLETROY, LIMERICK**

BER B3

92 CAISLEAN NA HABHAINN,

Spacious 4 bed 3 storey semi detached of approx. 146.31 sq.m. (1575 sq.ft.) - in turnkey condition. Bright hall, guest wc off, living room, open plan kitchen-dining room, 4 bedrooms, 2 en-suites, walk in wardrobes & main bathroom. GFCH (new boiler fitted 2019). Rear garden with patio & lawn. Close to all local amenities; University of Limerick, Castletroy College, local national schools, shopping centre etc. BER No. 112536495

€270,000

Lisa Kearney 087 2633422

**CORBALLY, LIMERICK.**

BER D1

88 RICHMOND PARK

No. 88 offers bright & spacious accommodation & is well positioned towards the end of a cul de sac avenue. Hall/ guest wc off; spacious living room; kitchen-diner; utility room. Upstairs: 3 good sized bedrooms, main bathroom. Recent refurbishments include: re-wiring, re-plumbing; pumped wall insulation, newly fitted bathroom etc. All furniture & appliances included. OFCH. Enclosed rear garden. In excellent turn key condition. BER No. 112318324

€250,000

Briain Considine 085 2894166

**CAHERDIVIN, LIMERICK.**

BER E1

CLONCONANE, REDGATE

Detached bungalow situated on a private 0.40 acre site only 4 km from Limerick City Centre. Living room, kitchen-diner, 3 bedrooms, bathroom. Detached garage. The private site is beautifully landscaped & has a large patio area to rear. Walls pumped with insulation, new oil fired central heating system. Potential for development of another dwelling - subject to necessary planning permission. BER No: 105811061.

Briain Considine 085 2894166.

Rooney

**CRATLOE, CO CLARE**

BER B3

BALLYMORRIS,

Stunning residence situated in a peaceful countryside location yet only 10 min drive from Limerick city & Shannon. Completely renovated with superior high-end finishes throughout. Hall, living room, kitchen-diner with a bespoke hand made fitted kitchen, utility, 5 double bedrooms, 2 bathrooms. 0.40 acre private site with lawns front & rear, electric gate

€345,000

Briain Considine 085-2894166

**ASKEATON, CO LIMERICK**

BER D1

BALLYELLINAN,

Spacious and beautifully appointed residence situated on a landscaped site of approx. 0.80 acre. Hall, living room, kitchen-diner, utility, 4 bedrooms, ensuite & main bathroom. OFCH & SFCH. Front & rear lawns, outhouses. Approx. 8km to Foynes / 18km to Adare & 26 km to Limerick City. Recent upgrades include completely refurbished bathrooms etc. In excellent decorative condition. BER No. 101768968.

€250,000

Briain Considine 085 2894166

**DOORADOYLE, LIMERICK**

BER C3

27 CLUAIN DUBH, FR RUSSELL ROAD,

Spacious semi-detached residence of approx. 98.27 sq/m (1,057 sq/ft) adjacent to Raheen Business Park, schools, shops, M7 etc. In excellent condition: hall / guest wc off, living room, fully fitted modern kitchen-diner (all appliances included) & with glass sliding doors overlooking the generous west facing rear garden & patio area. 3 good sized bedrooms, ensuite & main bathroom. Newly landscaped gardens. BER No. 111837605

€225,000

Briain Considine 085 2894166

**ENNIS ROAD, LIMERICK**

BER E2

"LAVERNA", 56 MAYORSTONE DRIVE

Family home in a prime location occupying a generous corner site. Walking distance to schools including JFK & Salesians; Limerick Institute of Technology & Thomond Park close by. Living room, dining room, kitchen, 3 bedrooms, wc & shower room. The south-westerly aspect ensures the house is light filled. Substantial gardens. Newly fitted gas boiler. BER No. 112558119.

€230,000

Briain Considine 085 2894166

**PALLASKENRY, CO LIMERICK**

BER B2

NEW DEVELOPMENT - COPSEWOOD COURT

4 bedroom house of approx. 135 sq/m (1,453 sq/ft) - PRICE: €289,500 & 5 bedroom house of approx. 166 sq/m (1,786 sq/ft) - PRICE: €309,500 - Rooney Auctioneers are delighted to announce the launch of this exclusive development. Spacious houses, traditional block built homes, highly insulated. The Help To Buy Scheme is available to qualifying first time buyers. BOOK NOW - Help to Buy Scheme due to expire at the end of this year - Rebate of min €14,475.

Briain Considine 085 2894166

**BALLINACURRA RD, LIMERICK**

BER F

GURTEEN NURSERIES

Very private property: 2/3 reception rooms, kitchen/ diner, 3/4 bedrooms & bathroom. Large private site of approx. 0.5 acres accessed through double gates off the main Ballinacurra Rd. Outhouses, glass houses, store houses and sheds. Although in need of some upgrading, Gurteen Nurseries would make a superb residential home. Overall: 121 sq.m. (1,308sq.ft). BER NO. 112533401.

€300,000

Lisa Kearney 087 2633422

**LOUGHILL, CO LIMERICK**

RESIDENTIAL DEVELOPMENT SITE

Exclusive residential development site of approx. 1.54 hectares (3.80 acres) located in the village of Loughill, Co. Limerick. Elevated position with spectacular views of the Shannon estuary & surrounding countryside. The site comes with planning permission for site development works & outline permission for 9 no. serviced sites.

€195,000

Briain Considine 085 289 4166

**BALLINACURRA, LIMERICK.**

BER G

24 OAKVIEW DRIVE

3 bed end of terrace property situated within easy walking distance to all local amenities and a short walk to the city centre. Hall/wc off, 2 reception rooms, kitchen-diner, 3 bedrooms, main bathroom. Large block built garage to the rear, rear access to a private lane. GFCH. Whilst No. 24 requires decorative work, it will make an ideal home in a great location. BER No. 112425590

€165,000

Lisa Kearney 087 2633422.

**BALLYNEETY ROAD, LIMERICK**

BER A3

ROS MÓR

Modern 4 bed A rated homes with extremely generous spec. 127 sq/m (1,367 sq/ft) including spacious kitchen-living-diner & main living room. Only ONE 4 bed semi-detached house remains in current phase. HTB REBATE UP TO €13,250 AVAILABLE. SHOWHOUSE AVAILABLE TO VIEW. Also two no. 4 bed detached homes available from €280,000. Best value new homes in Limerick City.

€265,000

Briain Considine 085 2894166

**NORTH CIRCULAR ROAD, LMK**

BER D1

"BROOKFIELD"

"Brookfield" is a super family home with open plan livingroom/diningroom, open plan kitchen/breakfast room, 3 bedrooms, bathroom, WC, utility & storage area. Within walking distance to Limerick City Centre & all local amenities. Large cobblelock driveway with ample car parking to the front. Private rear garden and patio area. GFCH. Double glazed windows. BER No. 110832052.

€325,000

Lisa Kearney 087 2633422

**RAHEEN, LIMERICK**

BER C3

1A THE SANCTUARY, CHURCHILL MEADOWS

Spacious 5 bedroom, 3 bathroom, 3 storey property of approx. 134.70m². (1,450 sq.ft.) Ground floor: Hall, reception room, kitchen-dining room. 1st floor: 3 double bedrooms, ensuite & main bathroom. 2nd floor: 2 double bedrooms & bathroom. GFCH. Renovated throughout with all new carpets, painted etc. BER No. 111308904

Lisa Kearney 087 2633422

**CASTLETROY**

BER A3

KYLEMORE

NEW SHOWHOUSE OPEN EVERY THURSDAY FROM 5.30 - 6.30PM. Launch of new phase of 4 bedroom semi-detached (1,665 sq.ft.) properties now available. Ready for occupation in 4 weeks. New style and specification. New block built homes. HTB REBATE UP TO €16,450 Available to qualifying first time buyer which is deductible from 10% deposit on signing contract.

€329,000

Lisa Kearney 087 2633422



MANOR BROOK

**3 & 4 BEDROOM
SEMI-DETACHED
SHOWHOUSE**

*LAUNCHING THIS SUNDAY
6TH OCTOBER
2-4PM*



**LAUNCHING NEW 3/4 BEDROOM SEMI-DETACHED
AND 4 BEDROOM DETACHED LUXURY HOMES.
ADARE, CO LIMERICK**

- 🍁 3 & 4 BEDROOM SEMI-DETACHED HOMES
- 🍁 4 BEDROOM DETACHED HOMES
- 🍁 SIZES RANGE FROM 107 SQ M TO 193 SQ M
- 🍁 HIGH END SPECIFICATION
- 🍁 MODERN, SPACIOUS & ELEGANT HOMES
- 🍁 CLOSE TO ALL LOCAL AMENITIES
- 🍁 WITHIN WALKING DISTANCE OF THE VILLAGE
- 🍁 SITUATED IN ONE OF IRELAND'S MOST IDYLIC VILLAGES

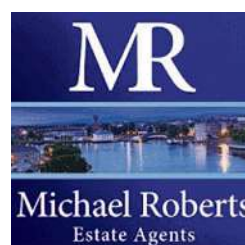


CONTACT JOINT AGENTS



Eoin@reaocm.ie
061-279300

Michael@michaelroberts.ie
061-400499



DEVELOPER & BUILDER



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de Courcy

ESTATE AGENTS

'Proudly serving the Mid West for over 70 years'

BALYVEELISH, CRECORA, CO LIMERICK (MID-WAY BETWEEN CRECORA CROSS & CRECORA NATIONAL SCHOOL)



Detached 1950's style bungalow with excellent potential to renovate & extend and is located in a very desirable and much sought after area located 200 metres of Crecora Primary School. Accom: Hall, living room, 3 beds, back hall. No bathroom & toilet. No central heating. PVC d.g windows. Outside: C. 1/2 acre with considerable road frontage. No septic tank nor water supply. Concrete shed.

€160,000

58 BALLYKEEFFE ESTATE, DOORADOYLE, LIMERICK



Semi-detached house situated in a sought after residential location, local services and amenities include Crescent Shopping Centre, shops, pubs, Primary & Secondary Schools all nearby. Accommodation comprises: porch with sliding door, hall with closet, sitting room, Tv room, open plan kitchen/dining area. Upstairs: 3 beds, bath/wc. Outside: Garage with up & over door. Garden shed. Boiler house. Oil fired heating. PVC d.g windows.

€220,000

100 GLASGOW PARK, OFF ROXBORO ROAD, LIMERICK



Mid terraced house overlooking a large green area within walking distance of City Centre and close to Roxboro Shopping Centre, Schools and Public Transport. Acc: entrance hall, living room, kitchen/dining area. Upstairs: 3 beds, bath/wc. Gas heating. PVC double glazed windows.

€120,000

19 KLELINE HEIGHTS, NEWCASTLEWEST, CO. LIMERICK



Terraced house located 1km from Newcastle West Town Centre, 38 kms from Limerick. Situated in a mixed development of bungalows, detached, semi-detached and terraced houses. Acc: Hall with toilet & whb, sitting room, open plan kitchen/dining room Upstairs: 3 beds, bath/wc. PVC d.g. windows. Electric heating.

€127,500

"ALDERWOOD HOUSE", BOSKILL, CAHERCONLISH, CO. LIMERICK



Located 1km from the Village of Caherconlish. Acc: Hall, sitting room, dining room, kitchen/dining area, utility, toilet & wash-hand basin, sun room. 1st floor - 4 beds (1 ensuite), bath/wc. 2nd floor: office, play room (shower & toilet). Outside: Large garage with overhead loft. 0.6 of an acre. Oil heating. PVC dg windows

€395,000

66 CEOL NA HABHANN, CAHERCONLISH, CO. LIMERICK (500 METRES FROM VILLAGE)



Detached Family Home located in a development of semi-detached and detached houses with a Nursing Home Facility onsite and close to all local services and amenities. Acc: Hall, wc, sitting room, large kitchen/dining, sunroom, utility. Upstairs: 4 beds (1 ensuite), bath/wc. Outside: Good sized garden to rear. Oil fired heating. PVC d.g windows. Ex. condition. Viewing highly recommended.

€298,500

9 MAYORSTONE DRIVE, MAYORSTONE, LIMERICK



Ext. 4 bed semi detached family home situated in a mature development, convenient to a wide selection of Primary and Secondary Schools and within easy walking distance of the city centre. Acc: Hall, sitting room, living room/dining room, kitchen, utility room, bedroom 1 (ensuite) Upstairs: 3 beds, toilet & separate bathroom, large attic/storage room. Gas fired central heating. PVC d.g windows. Recently insulated.

€265,000

CAMHEEN, MUNGRET, CO. LIMERICK (500 METRES FROM MUNGRET VILLAGE)



Extended bungalow situated in a very sought after location, within 500 metres of Mungret Village with Mungret College and two Schools within walking distance. Easy access to Motorway and Limerick City Centre. Acc: Hall, sitting room, dining room, kitchen, large living room (extension), 4 beds, bath/wc. Stairs leading to attic comp: 3 attic rooms (1 ensuite) Outside: Garage. Mature 1/2 acre site. Oil fired heating. PVC windows. Viewing highly recommended.

€395,000

GORTATOGHER, PARTEEN, CO. CLARE V94 W9N2



Large 5 bed bungalow. Private grounds on c 0.51 acre of mature gardens. This home is in excellent decorative condition with electric gates. Shops, Schools and Pubs are within walking distance. Parteen village is nearby. Acc: Hall, lounge, open plan kitchen/dining/living room, sunroom, utility, WC, 5 beds (2 ensuite), bath/wc. Outside: Mature hedge to front. Private mature back garden. Garage, Dual purpose heating. UPVC d.g windows. Built 1993. Floor Area 2,325 sq. ft.

€270,000

3 PRESENTATION COURT, SEXTON STREET, LIMERICK



Mid terraced residence conveniently located on Sexton Street, within walking distance to all services and amenities with Presentation and CBS Secondary Schools close-by. Acc: hall, living room, kitchen/dining area. Upstairs: 3 beds (1 ensuite), bath/wc. Outside: walled in rear garden. Front lawn with drive. Gas heating. PVC d.g windows. Built c. 2000.

€212,000

2 ROSEVILLE GARDENS, CORBALLY, LIMERICK



Situated in a sought after residential area with a large and mature corner site, this extended semi-detached house comprises of hall with cloakroom & closet, sitting room, large extended living room, extended kitchen/dining area. Upstairs: 3 beds, bath/wc. Pull down attic stairs. Outside: Garage with toilet & boiler unit. Large mature corner site. Oil fired heating. Alum. single & double glazed windows.

€240,000

205 WOODHAVEN, CASTLETROY, CO. LIMERICK



Well presented 4-bed semi-detached house located in a very popular and sought after Estate comp: entrance hall, sitting room, kitchen/dining area, wc, storage closet (plumbed for washing machine). Upstairs: 4 beds (1 ensuite), bath/wc. Gas heating. PVC d.g windows. Viewing highly recommended.

€245,000

16 BALLYHOURA FOREST LUXURY HOMES, BALLYORGAN, CO. LIMERICK



OPEN VIEWING SATURDAY 5TH OCTOBER 4PM TO 5PM
Located in a development of 16 uniquely designed holiday homes & situated in the picturesque Village of Ballyorgan comp: hall, kitchen/living room, 3 beds (all ensuite). Storage heating and electric radiators. Rational double glazed windows. Solid oak Junker floors throughout. Outside: Front & back gardens.

€150,000

KILLEEN, PATRICKSWELL, CO. LIMERICK



Situated in a much sought after area, with easy access to the M20/M7 and only 3 miles from Adare and 3.1 miles from Patrickswell village. Acc: Hall, living room, open plan kitchen/dining/living room, sunroom, 3 beds (1 ensuite), shower/WC, utility, store. Upstairs: 3 rooms. Store. Oil heating, PVC d.g windows. Outside: Front & back gardens. Second entrance. Garage. Viewing recommended

€280,000

NEWTOWN, CLONLARA, CO. CLARE



* 11.6 acres for sale (4.71 hectares) * Laid out in 3 Divisions * Excellent Road Frontage to Main Road and Side Road * Water Supply: by means of stream * Formerly Forestry Lands * Folio Number: CE4662F * Solicitors: Sellors, Glentworth Street, Limerick. * Directions: Limerick City to Corbally, pass Westbury, turn right at Griffins Petrol Station. Follow Road toward Clonlara Village. Lands are located on the right hand side before Clonlara Community Centre.

€100,000

3 CORNMARKE TOW, LIMERICK



* Large open plan Vacant Restaurant/Takeaway For Sale. * Situated in the heart of the city, close to a host and abundance of pubs and food outlets. * Ground Floor 222.43 sq mtrs (2,394 sq ft) * Large open plan Restaurant/Takeaway, Ladies WC, Gents WC, Disabled WC, Store, Kitchen. * Fire alarm. Emergency lighting. Rates: €5,000 per annum. Service Charge €928 per annum. * FPP for takeaway restaurant. * Price: €300,000 plus VAT

€300,000

PSRA No: 003402

T: 061 415188

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BONDED MEMBER

John de Courcy (087) 2565 444

Richard de Courcy (087) 2535740

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email: limerick@decourcy.ie

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PSRA NO: 003411

78 Kilteragh, Dooradoyle, Limerick



HIGHLY DESIRABLE ESTATE

3 bed semi-detached property in great condition throughout. Situated in the highly desirable estate of Kilteragh in Dooradoyle close to a wide range of amenities. Acc.: Entrance hallway, Sitting Room, Kitchen/Dining Room, Bathroom and 3 Bedrooms (Master ensuite).

Jane Foley

€210,000

69 Tara Crea, Kilteragh, Dooradoyle, Limerick



NEW TO THE MARKET

3 bedroom end of terrace property in great condition throughout. Excellently situated down a very quiet cul-de-sac facing large green area. Acc.: Entrance Hallway, Living room, Kitchen/Dining room, WC, 3 Bedrooms (Master Ensuite) and Bathroom. G.F.C.H.

Chloe Gough

€225,000

10 Willow Park, Raheen, Limerick



NEW TO THE MARKET

3 bed semi-detached residence located at the end of a quiet cul de sac in a private low density and well established estate. Acc.: Entrance hallway, Sitting room, Kitchen, Dining room, 3 bedrooms and bathroom. G.F.C.H. and fully insulated.

Chloe Gough

€195,000

30 The Grange, Raheen, Limerick



NEW TO THE MARKET

Stunning 4/5 bed property on a large corner plot. Located at the end of a mature cul-de-sac within the highly desirable estate. Acc.: Hall, Sitting Room, Kitchen/Dining Room, Utility, Shower Room, Bedroom/Family Room, Landing, Bathroom & 4 Bedrooms, ensuite.

Jane Foley

€290,000

Derrynane House, Rathcannon, Athlaccra, Kilmallock, Co. Limerick



TOTALLY RENOVATED 2019

5 Bedroom detached residence. Acc: Entrance Hall, Sitting Room, Office, Living Room, Kitchen/Dining, Utility, WC, 5 Beds, Converted Attic with Landing & WC, Separate self contained building with kitchen/dining/living, shower room & maisonette

Pat Dooley

€385,000

South Cloughaun Road, Garryowen, Limerick



NEW TO THE MARKET

Extended 3/4 bedroom mid-terrace property in great condition with enclosed rear garden & front garden. Acc.: Entrance Hall, Living room, Kitchen/Dining room, Utility, Downstairs Wet room, Downstairs Bedroom/Sitting room, 3 bedrooms upstairs & Bathroom.

Chloe Gough

€135,000

"Clashmore House" 9 Mount Russell, Fr. Russell Road, Limerick



HIGHLY DESIRABLE LOCATION

Superb 4 bedroom detached property located in the much sought after area of Fr. Russell Road close to all amenities. Acc: Entrance hallway, Sitting room, Kitchen/dining room, Utility, Office, 4 bedrooms (main ensuite) and Shower room.

Pat Dooley

€375,000

"Glebe View House", Farnane, Cappamore, Co. Limerick



NEW TO THE MARKET

Superb 4 bedroom detached residence with attached Garage & conveniently located within 2 minute drive of Cappamore Village. Acc: Entrance Hall, Kitchen/Dining Area, Living Room, Utility, WC, Hallway, Sitting Room, 4 Bedrooms (1 ensuite) & Main Bathroom.

Pat Dooley

€269,000

Ballybricken, Grange, Kilmallock, Co. Limerick



NEW TO THE MARKET

4 bedroom traditional Farmhouse with various outbuildings on circa 1.4 acres in need of modernisation located. Acc: Front Porch, Living/Dining Room, Sitting Room, Kitchen, Shower Room, Back Porch, 4 Bedrooms, Main Bathroom and Closet.

Pat Dooley

€220,000

Cloughnadromin, Ballysimon, Co. Limerick



EXCELLENT CONDITION

Detached property situated just off the N24, 5 miles from Limerick City Centre. Acc: Entrance Hall, Sitting Room, Kitchen/Dining Room, Utility/Shower Room, Office, 4 bedrooms & Bathroom. Benefits from detached Garage & mature landscaped gardens.

Pat Dooley

€275,000

Chapel House, Main Street, Cappamore, Limerick



NEW TO THE MARKET

large 4 bed detached residence standing on a large site c.0.50 acres with outbuildings. Acc.: Entrance Hall, Kitchen, Sitting Room, 2 x Reception Rooms, Living Room, 4 Bedrooms (1 ensuite), Bathroom, Storage Closet and Annex for storage. Outside they are 3 Sheds.

Pat Dooley

€230,000

1 Whitethorn, Caherconlish, Co. Limerick



NEW TO THE MARKET

Superb 4 bedroom detached property in excellent condition location in the Village of Caherconlish and all its amenities. Acc: Entrance Hall, Sitting room, Kitchen/Dining room, Sunroom, 4 bedroom, bathroom and 1 Ensuite.

Pat Dooley

€245,000

119 Ash Hill Manor, Kilmallock, Co. Limerick



NEW TO THE MARKET

This 4 bedroom semi-detached property comes to the market in turn key condition. Acc.: Large Entrance Hallway, Sitting Room, Kitchen/Dining Room, Downstairs WC, Downstairs Bedroom with wet room, 3 Bedrooms Upstairs (Master Ensuite), Bathroom.

Jane Foley

€160,000

Clashbane, Dromkeen, Pallasgreen, Co. Limerick



FULL PLANNING PERMISSION

0.50 acre site with full planning permission, however the intending purchaser must fulfil local planning criteria. Folio LK69650F. Details on request. Contact Pat Dooley 087 694 8942

Pat Dooley

€69,000

Apt. 18 Cratloe Wood Student Village, Old Cratloe Road, Limerick



NEW TO THE MARKET

3 Bedroom ground floor apartment located in a Cratloe Wood Student Village in good condition within walking distance to Limerick Institute of Technology. Acc.: Entrance Hall, Kitchen/Living/Dining area, 3 bedrooms, 1 Ensuite and Bathroom. Tenants in-situ.

Chloe Gough

€65,000

Ballynamona, Hospital, Co. Limerick



NEW TO THE MARKET

Extended and newly refurbished Cottage style residence located only a short commute to the Town of Hospital while just off the R513 main road to Limerick. Acc.: Entrance Hall, Kitchen/Dining/Sitting Room - fitted kitchen, 2Bedrooms, Bathroom, 2 Attic rooms

Pat Dooley

€175,000

Dooley Auctioneers,
86 O'Connell Street, Limerick
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Tel: 069 61888 /087 9648942
Email: ncw@dooleygroup.ie

www.dooleygroup.ie



Carraig Desmond, Newcastle West, Co. Limerick



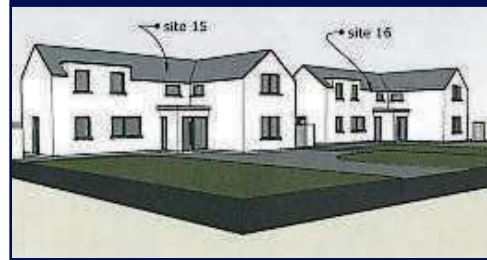
EXCLUSIVE NEW DEVELOPMENT

Carraig Desmond is an exclusive development in the town of Newcastle West. First phase of 10 new homes now available to purchase consisting of a mix of 3 bedroom semi-detached and terrace properties finished to a very high standard. The A-rated homes are designed to suit the modern day family to perfection. For the first time buyers these properties will enable you to apply for the First Time Buyers Grant. Acc: Entrance Hall, Living room, WC, Kitchen/dining, Utility, 3 bedrooms, 1 ensuite, main bathroom and storage press.

Pat Dooley

POA

No. 15 & 16 Gateway Park, Croom, Co. Limerick



EXCLUSIVE NEW DEVELOPMENT

Exclusive development of only two new houses located in a new estate of private detached properties. 5 bedroom properties currently under construction measuring c. 1950 sq.ft each which can be sold with or without generous allowances. They are registered for the Help-to-buy-scheme for first time buyers and will be completed to the highest standard with A3 BER Rating. Contact us today to register your interest.

Jane Foley

POA

14 Hawthorn Drive, Newcastle West, Co. Limerick



NEW TO THE MARKET

Four bedroom semi-detached property situated in the highly desirable estate of Hawthorn Drive close to a wide range of amenities. Acc: Hallway, Sitting room, Kitchen/Dining room, Utility, WC, 4 Bedrooms, Ensuite, Bathroom. O.F.C.H.

Jane Foley

€210,000

Ely Villa, Ballinlongig, Dromcolliher, Co. Limerick



NEW TO THE MARKET

4 Bedroom bungalow in pristine condition on C. 0.5 acres located in the peaceful country setting of Dromcolliher. Acc: entrance hall, living room, kitchen/dining room, conservatory, main bathroom, 4 bedrooms, 1 ensuite and walk in wardrobe/storage area

Jane Foley

€239,000

14 Daarwood Crescent, Newcastle West, Co. Limerick



NEW TO THE MARKET

Superb 4/5 bed detached house in the much sought after estate of Daarwood Crescent within five minutes walk of town centre and all its amenities. Acc.: Hallway, Office/Bedroom, Kitchen/Dining Room, Utility Room, Sitting Room, 4 Bedrooms and Bathroom. O.F.C.H.

Pat Dooley

€245,000

Clogh West, Cragh, Co. Limerick



FULL PLANNING PERMISSION

Charming 1.1 acre site with full planning permission until 2021 (for local needs). It is in a great location set in mature countryside off the N21. The configuration is ideal for a dwelling house and gardens with mature hedgerows & apple trees with an old style stone wall.

Pat Dooley

€76,000



Pat Dooley M.I.P.A.V TRV Director



Chloe Gough BSc M.I.P.A.V TRV Property Negotiator



Jane Foley M.I.P.A.V TRV Property Negotiator



Susan Byron Administrator



Ann-Marie Hanley Administration



Liam Aherne Trainee Negotiator

Raheenamadra, Knocklong, Co. Limerick



NEW TO THE MARKET

Five bedroom dormer style detached property in good condition throughout. Located close to the Village of Knocklong with the surrounding views of the Galtee Mountains.

Pat Dooley

€235,000

Ballinard, Herbertstown, Co. Limerick



NEW TO THE MARKET

Extended Cottage residence in need of renovation located just outside Herbertstown. The property stands on c.1.1 acres with obvious site potential. Situated just off R513 main Limerick-Mitchelstown route approx 20 mins commute from Limerick City.

Pat Dooley

€80,000

Liskennett, Granagh, Kilmallock, Co. Limerick



NEW TO THE MARKET

This beautiful 3 bedroom bungalow with garage and circa 1 acre comes to the market in a much sought after location of Liskennett. Acc.: Entrance hallway, Sitting room, 3 Bedrooms, a large kitchen dining room with stunning views as well as large bathroom & utility.

Jane Foley

€230,000

64 The Paddocks, Newcastle West, Co. Limerick



NEW TO THE MARKET

This 4 bed semi detached property is situated in the popular estate of The Paddocks in the picturesque town of Newcastle West and within walking distance of all amenities. Entrance hallway, sitting room, kit/dining, utility, 4 bedrooms, main ensuite, bathroom.

Pat Dooley

€170,000

Banogue, Croom, Co. Limerick



NEW TO THE MARKET

1.5 Acre Site with full planning permission, situated in the Village of Banogue just off the N20 Approx 12 KM from the outskirts of the city. Located within 200m of Banogue primary school, Crèche (montessori and play school, shop and church.

Pat Dooley

€95,000

Rathanny, Hospital, Co. Limerick



NEW TO THE MARKET

5 bedroom extended Cottage on circa 0.70 acre site with Detached Garage. Situated circa 3km from the Town of Hospital. Property is in need of renovation/modernisation throughout. Acc.: Kitchen/Dining Room, Sitting Room, Office, 5 Bedrooms and Bathroom.

Pat Dooley

€95,000

Killoughteen, Newcastle West, Co. Limerick



SITE FOR SALE

Site for sale subject to planning permission in highly sought after area, dry elevated site with a south west facing aspect. Quiet country area on the periphery of the town. This site is class as a green area. For more information, please contact Pat Dooley

Pat Dooley

€75,000

Ballygeele, Newcastle West, Co. Limerick

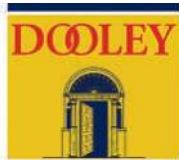


SITE FOR SALE

Site for Sale with Full Planning Permission circa 0.6 acres. This property is located approx 5 minutes from Newcastle West and the N21 to Limerick route and 5 minutes to the village of Castlemahon with local amenities such as national school, shop, and church.

Pat Dooley

€55,000



Dooley Auctioneers,
86 O'Connell Street, Limerick
Tel: 061385852 / 0879648942
Email: info@dooleygroup.ie

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Bishops Street, Newcastle West, Co. Limerick
Tel: 069-61888 /087-6948942,
Email ncw@doolweygroup.ie

PSRA NO: 003411

www.dooleygroup.ie



Unique home overlooking Shannon estuary

Newmarket-on-Fergus: Unique elevated property with design reminiscent of a castle

AT A GLANCE

Location: Kells, Urlanmore, Newmarket-on-Fergus
Description: Five bedroom, detached house
Price: €795,000
Seller: Sherry Fitzgerald O'Donovan
Contact: 061 361905



Kells is a superb 5,134 sq ft (477 msq) home on a five-acre elevated site overlooking the River Fergus and Shannon Estuary.

This unique home has an amazing finish that includes two towers with limestone castellations.

It was built to an extremely high standard of construction with limestone and solid oak throughout and is reminiscent in its design of a castle, yet is replete with all modern conveniences and systems.

The internal layout is split level on both the ground and upper floor and the floors are



The house has an excellent B3 energy rating and has underfloor heating fed by a geothermal system; it also has solar panels and its own water supply

solid oak and porcelain tile throughout.

Accommodation consists of a main entrance hall, wc & cloakroom, Great Hall, adjoining bar, overhanging balcony, kitchen, dining,

utility, family room and five en suite bedrooms. Externally there is a garage and a plant room with an electricity generator fitted. The house has an excellent B3 energy rating and it is heated

via underfloor heating fed by a geothermal system. it also has solar panels and its own water supply. The gardens predominantly has Beech trees with a private 0.25 mile driveway from automatic

gates to the house. The garden could easily accommodate a few Par 3s for the golf enthusiast and there is also ample room for a helicopter pad if required. The property is just minutes

from Shannon International Airport and it is within 20 minutes drive of Limerick and Ennis.

It offers easy access to the M18 motorway to Galway and Dublin. BER: B3



CREEVAGH VIEW

SIXMILEBRIDGE, V95 V403

€630,000



BER C2

A superb modern four bedroom detached home on a six acre site that would be ideal for people with horses or ponies located in a very popular location that offers easy access to the M18 to Limerick, Ennis, Shannon.

TURRET LODGE

BUNRATTY V95 H312

€495,000



BER B3

A very impressive six bedroom detached home in this very popular residential location in Bunratty that offers easy access to the M18 to Shannon Airport, Limerick, Ennis, and Galway. This unique house has a two bedroom self contained apartment/granny.

GRANAGHAN

NEWMARKET ON FERGUS, V95 A309

€475,000



BER B2

A very high quality detached home in a lovely rural location that offers easy access to Shannon, Limerick and Ennis. This home has numerous attractive features including a gym, a gazebo, a large conservatory and many many more.

WOODLAWN HOUSE

DEERPARK, BUNRATTY V95 KP22

€470,000



BER C2

A very attractive cut stone detached bungalow in this very popular area that combines country living with an urban feel and easy access to amenities and schools. This unique house has very generous accommodation on a lovely site making it ideal for a growing family.

WOOD ROAD

CRATLOE V95 D6P8

€420,000



BER D2

An attractive five bedroom detached house in the heart of Cratloe village on a lovely site close to the school. This spacious modern home has bright well laid out accommodation that would make it ideal for a family. It has a lovely garden that backs on to Cratloe Woods.

CLOVER HILL LODGE

BUNRATTY V95 K825

€420,000



BER C3

A high quality six bedroom detached home in very good condition throughout located in this popular location in Bunratty that offers easy access to Limerick, Shannon and Ennis. This quality home has many attractive features including a detached garage.

SOOREENY

SIXMILEBRIDGE V95 T6X9

€268,000



BER C3

An attractive five bedroom detached bungalow with a lovely sunny half acre garden just one mile from Sixmilebridge in a lovely rural location that offers easy access to Shannon, Limerick and Ennis. This attractive home has two en suites, four reception rooms, an alarm, a condenser boiler.

FERGUS VIEW

RINEANNA V95 T6X8

€225,000



BER D1

An attractive three bedroom bungalow in a lovely location overlooking Inismacnaghtan Island in a quiet cul de sac that offers easy access to Shannon, Ennis and Limerick. This attractive property is located down a quiet country road and it is in good condition throughout.

KELLS

NEWMARKET ON FERGUS V95 XC2P

€795,000



BER B3

A superb 5,134 sq ft (477 msq) home on a five acre elevated site overlooking the River Fergus and Shannon Estuary. This unique home has an amazing finish that includes two towers with Limestone Constellation's. It was built to an extremely high standard of construction with limestone and solid oak throughout and it is reminiscent in its design of a Castle though with all modern conveniences.

ROSROE VIEW

NEWMARKET ON FERGUS V95 E299

€275,000



BER D2

A very spacious three bedroom detached bungalow in this lovely scenic location that offers easy access to Shannon, Limerick and Ennis. The house is on a lovely lawned site that would be ideal for children and/or pets. Originally a four bed, the bathroom was extended, easily returned to a 4 bed. 130.0 Approx Sq Metres

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BOOK YOUR FREE MARKET APPRAISAL TODAY!

THE AGENT YOU'D RECOMMEND TO A FRIEND

Sherry
FitzGerald

O'Donovan

**CRATLOE
PORTDRINE****€650,000**

Architecturally redesigned and rebuilt to passive house 'Enerphit' standard in 2015, this contemporary, energy efficient, south facing, single level property offers spacious, functional and flexible accommodation in superb surroundings. Porch, entrance hall, living/dining/kitchen, 5 bedrooms, main bath, ensuite, guest wc, utility, boot room, pantry. 227 sq m / 2,443 sq ft approx. BER: 103405809

CALL FRANK LYDDY ON 061 418 000

**ADARE
CASTLEROBERTS****€549,000**

Castlewood House - a most distinguished, detached family residence situated on superbly landscaped grounds measuring 1 acre approx. This most elegant property comes to the market in pristine condition both internally and externally with mature private grounds surrounding this exquisite home. Hall, living, dining, kitchen/breakfast room, family room, sunroom, utility, guest wc, garage, 4 bedrooms, 2 ensuite, main bath. 267 sq m / 2,878 sq ft approx. BER: 102856770.

CALL FRANK LYDDY ON 061 418 000

**THERE'S SELLING PROPERTY AND THERE'S SELLING PROPERTY THE SHERRY FITZ WAY.****AILBHE O'MALLEY**
Director**BRENDA MULCAHY**
Associate Director**ORLA SHEEHAN**
Negotiator**FRANK LYDDY**
Negotiator**CLARE O'LOONEY**
Residential Valuer**JIM KEANE**
Financial Advisor**SEAN MCGEE**
Negotiator**Sherry
FitzGerald****6 SHANNON STREET, LIMERICK T: 061 418 000 E: LIMERICK@SHERRYFITZ.IE****CRATLOE
WOODCOCK HILL****€465,000**

A truly stunning detached family residence set on an elevated 1-acre site approx. The property is finished to a very high standard throughout and boasts bright, well-apportioned accommodation along with ample parking and beautifully manicured lawn with shrubs. Hall, living, kitchen/dining, utility, ground floor w.c., 4 bedrooms, 2 ensuites, main bath. 230 sq m / 2,476 sq ft approx. BER: 112414925

CALL ORLA SHEEHAN ON 061 418 000

**ENNIS ROAD
BELFIELD PARK****€325,000**

'Malbay' No. 25 Belfield Park is a charming semi-detached home situated in a highly sought after cul de sac just a short walk from Limerick city. Built in 1938, this home is full of character and period features. Hall, living, kitchen/dining, garage, 3 bedrooms, main bath, wc. 91.7 sq m / 987 sq ft approx. BER: 112599402.

CALL SEAN MCGEE ON 061 418 000

**DOORADOYLE
CUL CRANNAGH****€295,000**

A spacious semi-detached family home in a highly sought after location. The property offers superb accommodation on both floors, excellent positioning within the development and an exceptionally generous private rear garden, making this an ideal family home. Hall, living, family, kitchen/dining, wc, utility, 4 bedrooms (3 double, 1 single), ensuite, main bath. 128 sq m / 1378 sq ft approx. BER: 100127216

CALL FRANK LYDDY ON 061 418 000

**MUNGRET
ARD AULIN****€230,000**

No. 91 Ard Aulin is an excellent family home and comes to the market in show-house condition. Situated in a secure residential setting, the location offers excellent amenities and transport links. Entrance hall, living, kitchen/dining, guest WC, 3 bedrooms, main bath, ensuite. 91 sq m / 980 sq ft approx. BER: 112595947.

CALL FRANK LYDDY ON 061 418 000

**DOORADOYLE
KILTERAGH****€215,000**

No 12 The Crescent is a charming and well-presented semi-detached family home. Located in peaceful surroundings overlooking a green area with private south facing garden to the rear. Entrance hall, living, kitchen/dining, wc, 3 bedrooms, ensuite, main bath. 95.9 sq m / 1,032 sq ft approx. BER: 109186841.

CALL SEAN MCGEE ON 061 418 000

**LIMERICK CITY
RIVERPOINT****€179,000**

No. 211 Riverpoint is a perfectly positioned 2 bedroom apartment offering secure, modern city-centre living with incredible views over the Shannon river and North Limerick. Entrance hall, main bath, kitchen/living room, 2 bedrooms (2 double), 2 bathrooms (one main, one ensuite). 80 sq m / 861 sq ft approx. BER: 112593470.

CALL FRANK LYDDY ON 061 418 000

**CASTLECONNELL
CEDARWOOD GROVE****€165,000**

No. 15 Cedarwood Grove is ideally located within walking distance of the picturesque and historic village of Castleconnell. This property will appeal to first time buyers or those wishing to downsize close to Limerick city. Entrance hall, living, dining, kitchen, 3 bedrooms, 2 bath. 100 sq m / 1,076 sq ft approx. BER: 112564547.

CALL SEAN MCGEE ON 061 418 000



Excellent opportunity at Castlefarm



AT A GLANCE

Location: Castlefarm, Hospital
Description: Four bedroom, bungalow
Price: €245,000
Seller: Dooley Group
Contact: 061 385852



Don't miss out on this great opportunity to acquire this four-bedroom bungalow with detached garage that has everything to offer as a family home and modern day living.

Accommodation comprises entrance hall, sitting room, kitchen/dining room, utility, four bedrooms,

one en-suite, main bathroom, hotpress, three attic rooms and storage area. Built in 2000, this property enjoys the benefits of oil-fired central heating, landscaped lawns, patio area and circa 1,350 square feet of living accommodation. Located close to all necessary amenities within 1.5 miles of the town of Hospital, 18 miles from Limerick city and 2 miles from the village of Kiltely.

FEATURES

- * Patio Area
- * Landscaped lawns
- * OFCH
- * Mature Trees & Shrubbery
- * Timber fence



Room to grow: Castlefarm has circa 1,350 square feet of living accommodation

Make Castlemara your new castle

AT A GLANCE

Location: 60 Castlemara, Annacotty
Description: Four bedroom, detached house
Price: €350,000
Seller: Property Partners De Courcy O'Dwyer
Contact: 061 410410



A detached four-bedroom residence, No. 60 Castlemara, Annacotty extends to 1,745 square metres on an excellent corner site.

Internally this well presented property comprises entrance hallway, living room, family room, kitchen/breakfast room, large utility and guest WC on the ground floor while upstairs boasts four well-appointed bedrooms, the main one en-suite and a family bathroom.

Outside to the front the property benefits from ample car parking with gated access on both sides, leading to a good sized walled south facing rear garden.

Annacotty is one of Limerick's most sought after and attractive suburbs with all the services and amenities you could hope for - from local shops to shopping centres, pubs to hotels, cafes to restaurants and extensive clubs and playing pitches for rugby, soccer, hockey and GAA along with the renowned Castletroy Golf Course.

There are excellent national schools in the area including Monaleen and Milford, the highly rated Castletroy College and of course the University of Limerick with its excellent academic reputation and outstanding amenities, including river walks.

This home's location further benefits from nearby access to an excellent road network and public transport system into Limerick city centre and beyond.

The substantial private home is sure to generate a huge amount of interest, therefore, early viewing is essential.



Location, location, location: Annacotty is one of Limerick's most sought after and attractive suburbs

PROPERTY PARTNERS

de Courcy O'Dwyer



Springfield, Station Road, Killonan, Co. Limerick.

5 Double Bedrooms, 5 Bathrooms C.3.250 sq. ft.

Springfield is a truly superb family home tucked away in this tranquil setting and ever popular location. This imposing residence on circa 1 acre of mature grounds has been restored and extended to a high standard, offering gracious proportions and an abundance of light and space throughout. This idyllic countryside setting in the townland of Killonan is located just a couple of kilometres from one of Limerick's most sought after suburbs of Monaleen/Castletroy/Annacotty with all the services and amenities this area has to offer and of course the ever expanding University of Limerick with its outstanding amenities.

€625,000

BER D2



Kilcoleman, Clarina, Co. Limerick.

4 Bedrooms, 4 Bathrooms

Extending to c. 3,800 Sq. Ft. with a further 1,400 Sq. Ft. of garage space, this beautiful detached residence sits on 1 acre of mature gardens. Only 10 minutes drive from Raheen, but yet set in a rural setting, accessed via electric gates, this property offers all the benefits of country living while still being within a stone's throw of the city centre. The quality and finish on this property are second to none. Decorated and maintained to an exceptionally high standard, the property is in turn-key condition. It has a 39 foot long kitchen/dining room, with two patios, sitting room, living room, sun room, utility, study and downstairs W.C. Upstairs there are 4 bedrooms, all doubles, with 2 ensembles and the main bathroom. Outside there are two paved patio areas and 2 large decked areas.

€650,000

BER C1



60 Castlemara, Annacotty, Limerick.

4 Bedrooms, 2 Bathrooms

Well presented detached 4-bedroom block-built residence of c. 1,745 Sq. M. on a corner site in one of Limerick's most sought after and attractive suburbs. Internally this property comprises of entrance hallway, living room, family room, kitchen/breakfast room, large utility, guest W.C. on the ground floor while upstairs benefits from 4 well appointed bedrooms main ensuite and bathroom.

€350,000

BER C3



4 Belvoir Lawn, Gouldavoher, Dooradoyle,

3 Bedrooms, 1 Bathroom

Beautifully upgraded modern and charming semi-detached property in this highly desirable neighbourhood which is located within close proximity to University Hospital Limerick as well as The Crescent Shopping Centre, Raheen Ind. Est. and just a short distance from the city centre.

€225,000

BER C1



33 Willow Park, Raheen, Limerick.

3 Bedrooms, 1 Bathroom

A well presented 3 bedroomed semi-detached property located in this popular mature estate close to a host of amenities including Raheen Industrial Estate, University Hospital Limerick, The Crescent Shopping Centre and many popular national and secondary schools.

€210,000

BER D2



82 The Meadow, Ros Farna, Murroe, Limerick

3 Bedrooms, 2 Bathrooms

Spacious 3 bedroomed semi-detached property of 1,200 Sq. Ft., well located in a popular and much sought after development on the edge of Murroe Village. The property benefits from a sunny, private rear garden. Ideal family home or investment property.

€157,500

BER C1



Reva, Wood Road, Cratloe, Co. Clare.

3 Bedrooms, 1 Bathroom

3-bedroom detached bungalow located off the N18 at Junction 5 providing easy access to both Limerick City and Shannon. The property is located directly opposite St. John's National School and The Grotto and offers a great opportunity to refurbish or extend subject to the necessary PP.

€280,000

BER E1



Wyndburgh, Knockbrack, Lisnagry, Limerick

4 Bedrooms, 2 Bathrooms

Wyndburgh is a well-presented family home tucked away in a tranquil setting in this ever-popular location of Lisnagry. This private residence of c. 1600 Sq. Ft. on c. .4 acres has been well maintained offering well-proportioned accommodation throughout.

€300,000

BER F



20 Salmon Weir, Annacotty, Limerick.

3 Bedrooms, 2 Bathrooms

End of terrace property overlooking the Mulcair river in this popular development in the centre of Annacotty Village, close to University of Limerick and The National Technology Park along with all local amenities. Ideal family home or investment property.

€230,000

BER C2



3 Rosbrien Road, Lisnalty, Limerick.

3 Bedrooms, 1 Bathroom

Charming semi detached cottage on c. 1 acre and located adjacent to Old Crescent RFC and just a short drive from Limerick City Centre and all its amenities. Generous front, side and rear gardens with plenty of room to extend subject to any necessary planning permissions.

€250,000

BER C3



Castlecomfort House, Farnane, Murroe, Co. Limerick.

5 Bedrooms, 2 Bathrooms

A substantial two-storey Georgian residence C.340 sq. (C. 3660 sq. ft), built C. 1829 which has been recently tastefully extended with a large kitchen / dining / family room, utility room and bathroom. Set on magnificent parkland of C. 12.5 acres, recently re-roofed, rewired and replumbed. BER exempt.

€675,000



1 & 1A Shelbourne Park, Ennis Road, Limerick.

6 Bedrooms, 3 Bathrooms

Attractive and well located investment property comprising of a retail unit, four bedroom two storey house and two bedroom apartment. The property is located on the main Shelbourne Road adjacent to St. Camillus Hospital and opposite Shelbourne Park. Current rent C. €35,000 p.a

€395,000

BER D2



4 Quin Street, Limerick City.

3 Bedrooms, 2 Bathrooms

Elegant period home over three storeys and superbly located mid way between O'Connell Ave and S.C.Rd. adjacent to the Redemptorist Church. Whilst requiring some modernization this property provides for three floors of superb accommodation and also offers a front garden and rear court yard with pedestrian access.

€325,000

BER E2



44 Shelbourne Park, Ennis Road, Limerick.

3 Bedrooms, 2 Bathrooms

Three bedroom semi detached family home with garage in this well sought after neighbourhood which is in close proximity to Limerick's city centre. South facing rear garden. Potential to extend subject to PP.

€250,000

BER D2

Stylish and modern living in the city

AT A GLANCE

Location: 4A Wellesley Court, Ennis Road
Description: Two bedroom apartment
Price: €215,000
Seller: Geraldine Leddin Auctioneers
Contact: 061 467188



This newly revamped two bedroom apartment has been brought to market by Geraldine Leddin Auctioneers.

The apartment overlooks the river Shannon and is within easy walking distance of the city centre.

Accommodation comprises an entrance hall, newly fitted white high gloss kitchen with all new appliances and breakfast bar.

Wellesley Court is open plan and provides a bright and spacious living room with feature fireplace and wood floor.

Large windows in the same space afford great views of the river Shannon.

The first bedroom is a large double room with built-in wardrobe and carpeted floor.

While bedroom two is a good-sized single room with carpeted floor.

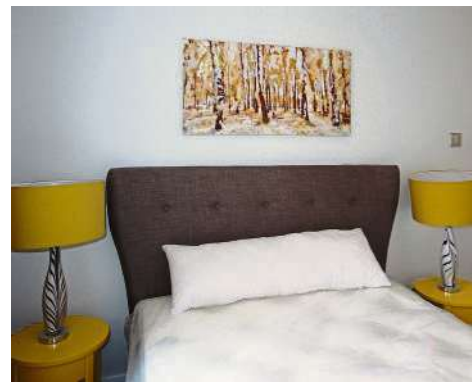
The main bathroom has a shower and all the usual fittings.

FEATURES

- * Zoned gas fired central heating.
- * New double glazed windows installed.
- * Private parking for one car.
- * This property has been completely refurbished and is kitted out to a very high standard.
- * Maintenance fees: €1,450 per annum.



Wellesley Court is in an excellent location and has views over the Shannon river



Potential for more in coveted Crecora site

AT A GLANCE

Location: Ballyveelish, Crecora
Description: Three bedroom bungalow
Price: €160,000
Seller: De Courcy Estate Agents
Contact: 061 415188



De Courcy Estate Agents are delighted to offer for sale this 1950s bungalow with excellent potential to renovate and extend in the townland of Ballyveelish, Crecora.

This home is located in a very desirable and much sought after area mid-way between Crecora Cross and Crecora Primary School.

Accommodation comprises a hallway, living room, three bedrooms and back hall.

There is currently no bathroom or toilet and no central heating.

Outside, the home sits on site of circa half an acre with considerable road frontage. Unfortunately there is no septic tank or water supply.

There is a concrete shed that could use some upgrading.



Ballyveelish, Crecora, is located in a very desirable and much sought after area mid-way between Crecora Cross and Crecora Primary School

**ROCKBARTON HOUSE, LEMONFIELD, CRECORA, CO LIMERICK**

Exceptional residence hidden amongst circa 5 acres of stunning mature grounds and accessed via wrought iron electric gates with stone pillars along a private winding tree lined driveway and bounded by manicured lawns, paddocks, an orchard area and a stable block & arena. The property was constructed in 1997 and is a most attractive stone building of exceptional character measuring 397 sq.m./4280 sq.ft. approximately. There are a host of wonderful features of note throughout the property including a magnificent imposing reclaimed stone fireplace in the entrance hall which sets the tone of this property which is finished to the highest of specifications and is undoubtedly one of the finest homes in Co. Limerick and sure to attract both national and international interest on the market. Nestled in one of the most sought-after locations in Co. Limerick just minutes' drive from Limerick City, University Hospital Limerick, the University of Limerick and all accessed via a superb road network. Shannon International airport is a convenient drive at 30 minutes and the newly refurbished and exquisite 5-star Adare Manor Hotel & Golf Resort is just 15 minutes' drive.

BER Number: 112595509

€1,300,000**NEWTOWN FARM, CRECORA, CO. LIMERICK**

Stunning family home built in c.2003 set on a 2-acre site with a private tree lined driveway accessed via a quiet road and set in a most tranquil leafy country setting. The property is a substantial 5/6 bedroom detached house of approximately 277 sq.m. / 3000 sq. ft. and has a wonderful design with a light filled interior with large spacious reception areas which flow seamlessly and exceptionally generous bedroom accommodation. A most appealing family property offering 4/5 reception rooms at ground floor level and with 5 bedrooms at first floor, there is also a large attic space which is floored and has Velux windows, power and heating. This superb property is perfectly perched on a mature private site and is truly a most desirable property which is sure to generate strong interest on the market. This particularly popular location is close to Crecora Village and easily accessible from Limerick city, Raheen/Dooradoyle, Adare and Patrickswell and convenient to an excellent road network.

BER Number: 112449988

€575,000**50 CAIRNSFORT, GOLF LINKS ROAD, CASTLETROY**

Exceptional detached property located in Cairnsfort, an exclusive development on the Golf Links Road which is home to just a small number of family homes. Large corner site and a private garden. The magnificent open plan sunroom reception area is the absolute highlight of this home. The pristine interior is of show house standard which truly heightens the appeal of this exciting home which boasts well-proportioned accommodation and many interesting features. Located close to local schools and amenities, the University of Limerick, National Technological Park and road network.

BER Number: 100506252

€395,000**BEECHWOOD, HILL ROAD, BUNRATTY, CO. CLARE**

Perched on a stunning mature site with beautiful views of the Shannon Estuary and stocked with a bounty of mature trees and foliage, this is one of the most beautiful properties to come to the market in Bunratty in recent times. This home offers an interesting design with large picture windows and is a wonderful family home. The property has three excellent reception rooms and four bedrooms. Within easy reach of Limerick, Shannon & Ennis v and convenient to the famous Bunratty Castle and folk park. Viewing is highly recommended to appreciate this property.

BER Number: 101014306

€525,000**BETTYVILLE, CRECORA, CO. LIMERICK**

Set on a one-acre site within close proximity of Crecora village and an ideal distance from Limerick City, Raheen, Dooradoyle and Patrickswell & Adare, this modern detached family home offers exceptional accommodation with four large reception areas at ground floor level and four double bedrooms on the first floor with two additional rooms at second floor level. The home extends to approximately 3500 sq. ft of light filled accommodation and is in turn key condition and ready for immediate occupation. Viewers will be delighted with the internal layout of the accommodation.

BER Number: 107060261

€600,000**4 WOODBROOK, CRATLOE, CO. CLARE**

A most appealing detached, four bedroomed, family home located in one of the most sought-after locations in Cratloe which is within minutes' walk of Cratloe Village and a short drive to Limerick City. Woodbrook is a leafy enclave of private homes set on large mature sites in secluded settings and homes in this development rarely come to the market. We are delighted to present this stunning two storey detached property on a particularly large site with landscaped lawn areas to the front and private mature gardens to rear with a wonderful countryside backdrop.

BER Number: 1053226870

€575,000**BALLINTLEA SOUTH, CRATLOE, CO. CLARE**

Perched on Gallows Hill, in the very much sought after Cratloe area and offering uninterrupted, uninterrupted Shannon Estuary and Countryside views, this unique 4 Bedroom private residence is situated on a fantastic elevated, landscaped 1-acre site. The cut stone gated entrance gives access to the sweeping drive that cuts through the mature trees leading to a vast parking bay to the front of the property which also connects to the detached double garage. On entering the entrance hall, you are drawn to the split-level layout with the vaulted ceiling main reception

BER Number: 112559695

€500,000**100 EVANWOOD, GOLF LINKS ROAD, CASTLETROY, CO LIMERICK**

In showhouse condition this immaculate and beautifully presented three bedroom semi-detached property was built in 2017 and is a stunning home in a most sought after location off the Golf Links Road. There are many appealing features including the excellent BER rating and minimal running costs of this house. A most exciting opportunity to purchase a stunning turn key home ready for immediate occupancy.

BER Number: 109326066

€265,000**134 THE GRANGE, RAHEEN, LIMERICK**

Set in the most desirable development in Raheen in a wonderful mature cul de sac, this property stands on one of the largest sites in the development and benefits from a large driveway to the front and a mature fully private south facing rear garden. Three large reception rooms at ground floor and four sizable bedrooms at first floor level. The property is beautifully cared for and maintained internally and has a sunny dining/dining room with additional fitted units. A well-established home in a safe secure tranquil cul de sac, this may be the home you have been waiting for.

BER Number: 110773967

€330,000**KILMORE, ARDNACRUSHA, CO. CLARE**

Handsome stone fronted detached family home set on a wonderful site with lawns to front and rear and with the addition of three stables and a detached shed to the rear. This wonderful property was constructed in 2004, measures over 2,500 sq. ft., is set on a 1/2 acre site and is located 10km from Limerick City approximately. This home has a most wonderful outlook with beautiful countryside views over a mature landscape of Keeper Hill and forestry land. The property presents a prime opportunity to acquire a substantial family residence with generous reception accommodation.

BER Number: 112521562

€345,000**CAPPAKEA, O'BRIENSBRIDGE, CO. CLARE**

Impressive detached property standing on an elevated site with stunning uninterrupted views over the surrounding countryside towards Gallows Hill, Ballyhoura and the Galtees. A superb setting which is a country haven yet is a real find in today's market given its easy access to the motorway, surrounding villages and with a number of neighbours nearby. Constructed in 2006 and measures over 2,000 sq.ft., set on a .5 acre site and comes to the market in turn key condition. There are 4 reception areas at ground floor level, which is ideal for family living.

BER Number: 111627550

€330,000**19 CAIRNSFORT, GOLF LINKS ROAD, CASTLETROY, LIMERICK**

Handsome semi-detached home located with many contemporary features within an exclusive development of modern built houses located off Golf Links Road in Castletroy. The property is beautifully decorated throughout with landscaped rear, raised deck area and greenery. Cairnsfort is a sought-after enclave of homes and 19 is very well positioned in the development with an outlook over a green space. Living room with feature windows and beautiful fireplace opens into an open plan kitchen and dining room with impressive walnut effect shaker style wall and floor built in units.

BER Number: 111305264

€262,000**80 NEWTOWN PARK, ANNACOTTY, CO LIMERICK**

Ground floor modern apartment with own door access and private enclosed rear garden with leafy outlook. Located in the very highly regarded Newtown Park development. This two-bedroom apartment is set in a very quiet spot and has particularly well-proportioned accommodation with a large open plan kitchen/living/dining area and 2 double bedrooms (1 ensuite). Car parking included. Set a stone's throw from local schools, shops, sports amenities and convenient to UL, the NTP and a good road network.

BER Number: 111305264

€189,950**158 EVANWOOD, GOLF LINKS ROAD, CASTLETROY, CO LIMERICK**

Built in 2015 this contemporary semi-detached property is quietly tucked away in a small cul de sac with a private outlook to the front and is set on a particularly large site within this most popular development of Evanwood. This property is in turn key condition which makes it a perfect option for first time buyers and busy professionals! There is a superb bright spacious interior with a stunning black high gloss fitted kitchen with additional units and fitted appliances. Evanwood has the benefit of open green spaces and a children's play amenity on site.

BER Number: 105993810

€248,000



MUNGRET GATE



Phase 2 Launching Saturday 5th & Sunday 6th October
Showhomes on view from 2pm – 4pm
Prices from €280,000

QUALITY
MODERN
3 & 4
BEDROOM
HOMES



A DEVELOPMENT BY



HELP TO BUY APPROVED

Ending in 2 months. All homes at Mungret Gate are eligible for the 'Help to Buy' scheme which finishes on 31/12/2019.



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ENTERTAINMENT

YOUR **WEEKLY GUIDE** TO WHAT'S GOING ON IN LIMERICK

Eagles tribute act lands

Get ready to rock this Friday night to world's best Eagles tribute act

MIKE FINNERTY
michael.finnerty@limerickleader.ie

THE world's number one Eagles tribute act, Illegal Eagles, will rock the Lime Tree this Friday night.

This phenomenal group of musicians have been touring for over two decades and remain true Eagles fanatics after all these years.

Their longevity and continued international acclaim are due in no small part to their extraordinary mastery of the Eagles' distinctive sound.

Performing iconic Eagles hits such as Hotel California, Take it to the Limit, Life in the Fast Lane, Take It Easy, come see why music bible NME have called "Amazing musicianship and vocals."

Tickets are €27.50 and the show kicks off at 8pm.



Take it to the limit one more time: Illegal Eagles take to the Lime Tree stage this Friday night

String Quartet gig at Belltable

THE National String Quartet Foundation presents their second concert of the season this Friday night at the Belltable theatre.

The Vanbrugh and The Danu Quartet will preform staples such as Shostakovich String Quartet No.1, Mozart String Quintet in G minor K516 and Dvorak String Quintet in E flat major Op.97 'American'. As curtain-raiser a remarkable young group from Cork Institute of Technology School of Music, the Danu Quartet, will play Shostakovich's first string quartet, and The Vanbrugh join with violinist David McElroy and violist Ed Creedon for performances of two of the great string quintets:

The show starts at 8pm on Friday night, and tickets are €17/€15.

DOLANS PRESENTS

RESTAURANT & LIVE MUSIC VENUE | 3-4 DOCK ROAD, LIMERICK
LIVE TRADITIONAL IRISH MUSIC 7 NIGHTS A WEEK!



BOOK TICKETS FOR ALL SHOWS FROM DOLANS, DOLANS.IE & TICKETMASTER ☎ 061 314483 📱 📺 📷 📺

TOM BAXTER
DOLANS WAREHOUSE
SUN OCTOBER 6TH 2019
Tickets: €18 + BF from dolans.ie & Ticketmaster
Doors: 8pm | Over 18s only | I.D. required | R.O.A.R.

HUDSON TAYLOR
LIVE AT THE BIG TOP
FRI OCTOBER 11TH 2019
Tickets: €22.50 + BF from dolans.ie & Ticketmaster
Doors: 8pm | Over 18s only | I.D. required | R.O.A.R.

SEODA SHOWS
Scullion
DOLANS WAREHOUSE
SAT OCTOBER 12TH 2019
TICKETS €10 + BF FROM DOLANS.IE & TICKETMASTER
DOORS 8PM | OVER 18s ONLY | F @SEODASHOWS

SEODA SHOWS
JAKE CLEMONS
DOLANS WAREHOUSE
SUN OCTOBER 13TH 2019
TICKETS €10 + BF FROM DOLANS.IE & TICKETMASTER
DOORS 8PM | OVER 18s ONLY | F @SEODASHOWS

BSR
BLACK STAR RIDERS
Ricky Warwick (The Lion), Scott Gerham (The Lion), Christian Marwood (Over Sea),
Coad Seidga (Striking Reapers), Robert Cross (The Fighting Horse)
DOLANS WAREHOUSE
TUE OCTOBER 15TH 2019
Tickets: €27.50 + BF from dolans.ie & Ticketmaster
Doors: 8pm | Over 18s only | I.D. required | R.O.A.R.

SEODA SHOWS
Lankum
DOLANS WAREHOUSE
FRI OCTOBER 18TH 2019
TICKETS €10 + BF FROM DOLANS.IE & TICKETMASTER
DOORS 8PM | OVER 18s ONLY | F @SEODASHOWS

SEODA SHOWS
HYPNOTIC BRASS ENSEMBLE
DOLANS WAREHOUSE
THU OCTOBER 24TH 2019
TICKETS €10 + BF FROM DOLANS.IE & TICKETMASTER
DOORS 8PM | OVER 18s ONLY | F @SEODASHOWS

Villagers
plus guests
BLEEDING HEART PIGEONS
DOLANS WAREHOUSE
SAT OCTOBER 26TH 2019
Tickets: €27.50 + BF from dolans.ie & Ticketmaster
Doors: 7:30pm | Over 18s only | I.D. required | R.O.A.R.

REGINALD D. HUNTER
LIME TREE THEATRE
SUN OCTOBER 27TH 2019
Tickets: €26 + BF from dolans.ie & Ticketmaster
Doors: 7:30pm | Show: 8pm | Over 18s only | R.O.A.R.

FOY VANCE
PLUS SPECIAL GUESTS
BEOGA
UNIVERSITY CONCERT HALL
LIMERICK
THU NOVEMBER 14TH 2019
Tickets: €22 + BF from dolans.ie & Ticketmaster
Doors: 7:30pm | Show Starts: 8pm | Over 18s only | I.D. required | R.O.A.R.
☎ Dolans: 061 314483 | UCL: 061 231549

DAMIEN DEMPSEY
DOLANS WAREHOUSE
SAT NOVEMBER 16TH 2019
Tickets: €27 + BF from dolans.ie & Ticketmaster
Doors: 8pm | Over 18s only | I.D. required | R.O.A.R.

WILD YOUTH
LIVE AT THE BIG TOP
THE MILK MARKET, LIMERICK
FRI DECEMBER 6TH 2019
Tickets: €22 + BF from dolans.ie & Ticketmaster
Doors: 7pm | Over 18s only | I.D. required | R.O.A.R.

ALL SHOWS ARE OVER 18'S ONLY (UNLESS STATED OTHERWISE) | I.D. REQUIRED | R.O.A.R.

BIG NIGHT OUT @

2F'SM RISING GIG AT DOLAN'S WAREHOUSE



Jay Geoghegan and Jodie Galvin at Dolan's PICTURES; DAVE GAYNOR



Jim Murphy, Mary Gill and Evan Burke at Dolan's



Matt Mason and Amber O'Sullivan at Dolan's



John Cremin, Tara O'Donnell and Darren White at Dolan's



Carragh O'Loughlin and John O'Mahony at Dolan's



Dylan Scanlon, Chloe Forte and Joey Murphy at Dolan's



Stacy O'Gorman and Clodagh Shortiss at Dolan's



Trudy Leyden and Chris Forde at Dolan's



Orla Henderson and Matthew Markham at Dolan's

THINGS WHAT ARE ON IN Limerick

It's another #WeekendInLimerick — and what a weekend! **Seamus Ryan** has the lowdown

HIP-hop takes centre-stage in Limerick this weekend, as the Make A Move festival is back.

There's also a full weekend of poetry in the county at the Éigse Michael Hartnett festival, two great children's shows, theatre, comedy and

a great night of folk-pop. And there's a free family fun day in the city on Saturday!



Make A Move with Shookrah in the Record Room on Friday



All Tvivins are in Dolan's Warehouse on Friday

Thursday (Oct 3)

The Alternative, at the **Belltable** this Thursday, is set in a universe where Ireland never won independence from the United Kingdom, resulting in less freedom to make our own destiny, far less John Charles McQuaid and not a peep of the most dividing issue on this island - the battle between Nordie Tayto and Free Stayto. The play is set on the eve of a national referendum to decide whether Ireland should remain part of the UK, with the Irish-born UK Prime Minister debating the leader of the separatist Irish Parliamentary Party. The play was the winner of Fishamble's A Play For Ireland competition, selected from a giant stack of almost 400 submitted scripts, all aiming to capture the Irish zeitgeist. It's picked up mixed reviews, though I think even the concept of it makes it worth seeing. Yes, you will get to vote at the end. 8pm, tickets are €20 / €18 concession.

Comedian **Danny O'Brien** is in **Dolan's Warehouse** this Thursday with his new show **Reformer**. If you've been frustrated by the often low-grade standard of comedians on the Irish circuit in recent years, here's your cure. Danny O'Brien is genuinely funny. Since performing his first solo show at the 2012 Edinburgh Fringe, he's been the only Irish comedian to tour three times with the Best Of The Fringe show. If you're going to pick one comedy gig to see in October, make it this one. Doors at 7:30pm, tickets are €13.

The **Éigse Michael Hartnett** Literary & Arts Festival kicks off in Newcastle West this Thursday, with three days of readings, poetry and music. Highlights include the **Cluas Eile** sound installation at the **Red Door** in the town square, which runs daily throughout the weekend, and the festival poetry slam at **Whelan's Bar** on Saturday at 3.30pm. Both of those are free. Closing out the festival, there's a night of poetry and music at the **Longcourt House Hotel** on Sunday at

8pm, featuring **Paula Meehan, Theo Dorgan** and **Eileen Sheahan**. Tickets for that are €20.

Friday (Oct 4)

The **Make A Move** festival returns to Limerick city this weekend, celebrating the urban traditions of hip-hop culture and street art. Cork's five-piece neo soul outfit **Shookrah** are the undoubted highlight of the festival, playing the **Record Room** on Friday night at 10:30pm. Tickets for that are €7, or €5 if you're in before 11pm. You can also grab a spoken word performance by **Denise Challa** in **Narrative 4** on Friday at 9:30pm, a walking tour of beloved Limerick night haunts led by **Eoin Devereux** starting from the **GPO** on Saturday at 1pm and the **Making A Mark** drawing battle in **Ormston House** on Sunday at 3pm. Apart from the **Shookrah** gig, everything is free. See the full lineup at makeamove.ie

The **Vanbrugh Quartet**, currently RTE's resident string foursome, are at the **Belltable** this Friday to play some **Mozart** and **Dvorak**. Mozart's String Quintet in G minor is a dark and morose piece best accompanied by a full bag of jelly babies, while Dvorak's String Quintet in E flat major is as bright and breezy as the Mozart piece is melancholic. Unusually for a classical gig, there's also a support act. The **Danu Quartet** will play **Shostakovich's** first string quartet, which is a nice light opener to any string-driven concert. 8pm, tickets are €17 / €15 concession.

All **Tvivins** bring their peppy feelgood sound to **Dolan's Warehouse** this Friday night. The Dublin electropop duo make unashamedly and abashedly fun music - the sort of thing you happily dance to when you're sure that nobody is watching. Their synthpop is polished, slick and manic. Definitely worth experiencing live. Doors at 8pm, tickets are €25.

Saturday (Oct 5)

There's a free **Family Fun Day** on **Bedford Row** this Saturday for **Limerick Mental Health Week**. They promise face-painting, live music and a teddy bears' picnic. There will also be a teddy bears' hospital, so if your teddy is the sort of bear who can be fooled into making health-related appointments by being guaranteed a picnic, Saturday is your chance to get your hairy companion checked out. It will run from midday to 4pm.

Limerick's **Fox Jaw** have just released their new single **Let It Run** and are on a mini-tour to promote it. Their new song continues the dark introspective direction their music has turned to, a journey which surely eventually ends with a single candle burning brightly on a blackened stage, with only the sound of a bass guitar to remind you that the universe still exists. Catch their show at the **Kasbah** this Saturday night. Doors at 9pm, tickets are just a tenner.

Sunday (Oct 6)

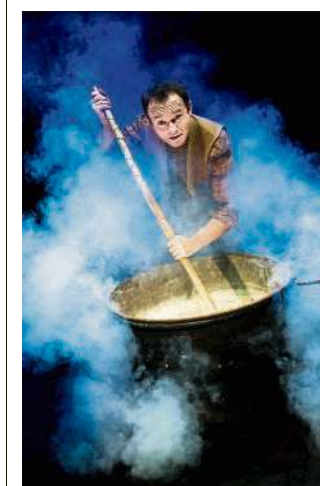
You can choose from two great shows for young people in Limerick this Sunday. If you're in the city, the wonderful **Branar Téatar do Pháistí** open this year's **Bualadh Bos Children's Festival** in the **Belltable** at 2:30pm with **Rockin' Rhymes**. Their five-piece band will perform rock & roll versions of classic nursery rhymes. It's suitable for anyone over 2 and tickets are €8. Out in the county, **Lyngo Theatre** are at **Friars' Gate Theatre** in Kilmallock with **Jack & The Beanstalk**, the tale of a very nosy lad who uses a giant plant to steal stuff. That's open to anyone over 3, starts at 3pm and tickets are €8.

Singer-songwriter **Tom Baxter** is in **Dolan's Warehouse** this Sunday. Unlike the sort of songwriter who can knock out an entire album in a quick afternoon, Baxter is a craftsman of ditty-writing. His 2004 album **Feather & Stone** was a tower of achievement, his 2007 followup **Skybound** almost as good and then we all had to wait a full decade for another record. As reflective folk-pop goes, the man is king of the genre. He'll be supported by soulful sibling duo **Kudos**. This is the gig you shouldn't miss this weekend. Doors at 8pm, tickets are €20.

All weekend

Mariele Neudecker's Sediment exhibition is at the **Limerick City Gallery** until November 17. Free to see.

That's your lot for this weekend and, as always, if you go to things, there will be more things!



Jack & The Beanstalk is at Friars' Gate on Sunday

PICTURE: ALEX BRENNER

UPCOMING SHOWS

LIME TREE THEATRE

Agatha Christie's

A MURDER IS ANNOUNCED

A Miss Marple Mystery

Mon 30th Sep - Wed 2nd Oct | 8pm

Matinee: Wed 2nd Oct | 2.30pm

Tickets: €32/€28/€25 (matinee)



The Alternative

A NEW PLAY BY MICHAEL PATRICK & OISIN KEARNEY

Belltable | Thu, 3rd Oct | 8pm | Tickets: €20/€18

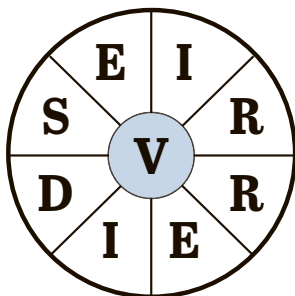
Booking: limetreetheatre.ie | 061 953400

SUDOKU

3	4							8
			3	4		2	1	
8	1		6	2				
		4		9		3	1	
7	9		3	1				
		8				2	9	
			7	2	5			
6						4		8
	7		4	1				2

WORDWHEEL

You have 10 mins to find as many words as possible using the letters in the wheel. Each must use the hub letter and at least 3 others. Letters may be used only once. You cannot use plurals, foreign words or proper nouns. There is at least one 9-letter word to be found.



How you rate:

15 words, average; 20 words, good; 25 words, very good; 30 or more, excellent.

DOUBLE CROSSWORD

Cryptic Clues:

Across

- Quality required by the one who supplies the forgotten line? (11)
- Compensating balance - is it used on shop scales? (13)
- Uniform colour in private use (5)
- Discipline a body of knights (5)
- A kind of tanning in the heat of the moment (7)
- A person of little importance is a problem for the murder detective (6)
- In truth, war tends to cause frustration (6)
- It's harsh when the south wind goes to the east (7)
- It's an altogether different material (5)
- This can be extracted from the earth in Germany (5)
- A dog carriage (7)
- An agreement to carry out - for the last time! (11)

Down

- About to follow this for fair entertainment (5)
- Went by road to 'drome, maybe (7)
- Bird has half this water plant (6)
- A sign in Kenneth's direction (5)
- The batman is a novel character (7)
- Brown surrounded by bills - financial experts needed (11)
- Key-workers who attend to the pitch (5,6)
- Obtains a variety of solid defence (7)
- The kneeler possesses cover for the leg (7)
- See 9 Across
- One found in eyrie surroundings (5)
- This will scratch a piece of metal once (5)

1	2	3	4	5	6	7	8
7							
9				10			
11				12			
13	14			15	16		
				17			
18		19			20	21	
22				23			
24							

Quick Clues:

Across

- Proviso (11)
- Default (7)
- Loose (5)
- Navy (5)
- Supplant (7)
- Accompany (6)
- Emerge (6)
- Alarm (7)
- Institute (5)
- Poetry (5)
- Issue (7)
- Well-informed (11)

Down

- Roman standard (5)
- Voter (7)
- Devotee (6)
- Heavy blow (5)
- Indignity (7)
- Harmless (11)
- Profaning (11)
- Vexation (7)
- Transient (7)
- Annul (6)
- Topic (5)
- Foreign (5)

To hear any crossword solution or the full solutions call 0905 789 4251. Calls cost 80p per minute plus your network access charge. SP: Spoke, 0333 202 3390.

For four extra letter codeword clues, call 0901 293 5251. Calls cost £1 plus your network access charge. SP: Spoke, 0333 202 3390.

CODEWORD

Codeword is the crossword puzzle with no clues. The number in each square corresponds to a letter. Work out the words in the grid using the letters provided. Fill in these known letters first, then use skill and judgement to work out the others.

	19		3		3	1	9	12	24	7	2	15	
4	2	25	12			7	9		5			5	
	12		22	26	26	5	1	3		3	13	10	
6	5	9	4					3		18		9	
			16		3	5	17	13	12	9	5	4	
15	D	2	24	22	11		13		2		12	22	
5	O		5			22	8	2			22	4	
10		17		8		7		18	9	17	5	12	
2	14	13	22	17	9	12	11			4			
3		10		5						23	13	26	11
12	13	20		20	26	5	4	16	2		22		
9		9		2		23			24	5	26	21	
24	17	22	3	3	9	23	11		12		2		
1	2	3	4	5	6	7	8	9	10	11	12	13	
14	15	16	17	18	19	20	21	22	23	24	25	26	
				O									
				D									

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

LAST WEEK'S SOLUTIONS

DOUBLE CROSSWORD:

Cryptic: Across: 1 Sciatica; 5 Form; 9 Spot; 10 Proceeds; 11 Stock; 12 In trade; 13 Algebraically; 18 Averages; 19 Ajar; 20 Minster; 21 Light; 22 Dors; 23 Triggers. Down: 2 Capital; 3 Article; 4 Cardinal error; 6 Overall; 7 Mastery; 8 Acetic; 13 Alarmed; 14 Gleaner; 15 Blasts; 16 Abating; 17 Leather.

Quick: Across: 1 Aversion; 5 Menu; 9 Used; 10 Fearsome; 11 Strew; 12 Edifice; 13 Presentiments; 18 Maritime; 19 Puny; 20 Outlast; 21 Swain; 22 Sack; 23 Adherent. Down: 2 Visitor; 3 Redress; 4 Overestimated; 6 Emotion; 7 Useless; 8 Truism; 13 Pompous; 14 Erratic; 15 Entrap; 16 Empower; 17 Tension.

SUDOKU:

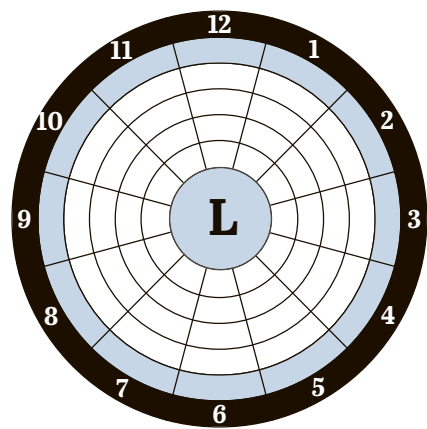
3	5	2	8	6	1	4	9	7
1	6	4	7	5	9	8	2	3
7	9	8	2	4	3	1	5	6
5	4	1	6	3	7	2	8	9
9	2	6	4	1	8	3	7	5
8	3	7	9	2	5	6	4	1
4	1	9	5	8	6	7	3	2
2	7	3	1	9	4	5	6	8
6	8	5	3	7	2	9	1	4

CODEWORD:

1=M, 2=R, 3=L, 4=O, 5=J, 6=K, 7=C, 8=T, 9=G, 10=X, 11=S, 12=A, 13=W, 14=Y, 15=I, 16=F, 17=P, 18=V, 19=N, 20=Q, 21=E, 22=H, 23=Z, 24=B, 25=U, 26=D. WORD WHEEL: SELECTING.

CLOCKWORD

The solutions from 1 to 12 are all six-letter words ending with the letter L in the centre. Moving clockwise from 1, the letters in the outer circle will spell out the name of a British multi-instrumentalist/composer.



- Mollusc
- Middle Eastern country
- Doghouse
- Tower, Parisian monument
- Variety of soup
- Fatal
- Gloomy
- Thrifty
- Implant
- View, informally
- Legal
- Disperse

NINER

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

THE CLUES:

- 624 gives an animal;
6581326 gives a vegetable;
371953 gives a mineral.

KAKURO

Fill in the white squares with the numbers 1 to 9.

Each horizontal block of squares must add up to the number in the shaded square to its left, and each vertical block must add up to the number in the shaded square above it.

No number may be used more than once in any one block.

	7	8	20					30	7	
7								11		
23				19			7			
			13				17			
					6		10			15
			18	4				22		
			35							
	7					15				
13								4		
10				10	16				15	
26						9		11		9
			13					14	11	
			24							
			21							

SPLIT DECISION

Cross out one of the two letters in each divided square to reveal a completed crossword grid.

B	E	A	E	D
U	P	S	R	T
N		E		O
M		A		R
C	I	N	E	E
P	A	U	O	D
N		N		A
L		S		L
S	V	E	W	S
E	P	A	N	T

SUDOKU

	1	3		6				
8				5		3		
5				8		9		
			9				4	8
		9				1		
7	2				8			
		5		3				7
	9		1					6
			8			4	5	

LAST WEEK'S SOLUTIONS

CLOCKWORD:

1 Kipper, 2 Isobar, 3 Repair, 4 Silver, 5 Temper, 6 Impair, 7 Erier, 8 Answer, 9 Litter, 10 Louder, 11 Eraser, 12 Yeller.

CELEBRITY: Kirstie Alley.

NINER:

CERTAINLY.

KAKURO:

		9	7		9	6		
	9	3	2		2	5	3	
5	2			1	8		1	8
7	1			2	4		4	2
	5	8	9		9	3	7	
		3	1	2	7	5		
	8	9	6	4				
1	4	2		5	7		5	9
	6	5			8	6	3	8
	2	6			8	7	6	
	9	3			4	6		

SUDOKU:

2	3	6	9	8	4	5	7	1
7	1	8	6	5	2	3	4	9
4	5	9	7	3	1	8	2	6
6	9	3	2	7	8	1	5	4
5	4	1	3	6	9	2	8	7
8	7	2	1	4	5	6	9	3
1	8	4	5	9	6	7	3	2
3	6	5	4	2	7	9	1	8
9	2	7	8	1	3	4	6	5

SPLIT DECISION:

S	W	A	M	P
T		L		E
O	I	L	E	D
U		O		A
T	O	W	E	L

LEADER LIFE

* Fashion, Beauty, Health, Fitness and more from Limerick's Best Columnists



A Day In My Shoes

John Lyons

Hungry Lyons

Life in the fast food lane

What time do you get up?

It varies, usually around 7-7.30am but if I wake at 4am I can't stay in bed and would head to office at that time.

What is your normal breakfast?

Porridge or fruit, once a week poached eggs with avocado.

Do you go for a walk or to the gym before/after the office?

Unfortunately, neither but I must start, thanks for the reminder.

You arrive at office at what time?

Anytime from 4 - 8am depending, but many times straight to the retail outlets.

What are your first duties?

Plan the day, I leave my to-do list open on my computer all the time so it's the first thing I see every day.

I also check any urgent matters which need to be dealt with from the day before.

How many cups of coffee/tea would you drink a day?

I could have 3/4 tea and restrict myself to two cappuccinos.

What is normal lunch - do you have a favourite place?

Don't have set lunch so whatever is handy but most days I would be testing product quality in the Hungry Lyons, so that would be enough.

Favourite lunch place?

Hungry Lyons of course.

Do you have many meetings during the day?

Anywhere from one to 10 meetings with managers in the businesses, suppliers, contractors, etc.

What time do you finish up at?

Any time really but rarely before 9 or 10 pm.

Do you watch much television?

Hour a day, any sport and some of the Netflix series.

Do you read the newspapers?

Yes every day but mostly online now.

What do you do to relax?

I play very little golf, badly. But I love going to any sporting event or watching sport on TV.

John Lyons pictured at the The Hungry Lyons in Dooradoyle. John also runs the Ennis Road location of the restaurant

PICTURE: ADRIAN BUTLER

Are you able to leave the office behind?

When you are working for your own business it's pretty much 24/7 but I like it that way. I don't consider it work as it's my passion, so that helps.

What is a perfect work day?

Tick off all the to-do list and spend some time in all the retail businesses, get to watch some sport, especially my own kids at matches.

Do you ever lose 'the cool' and if so what would make you annoyed?

Never !!! (lol) people failing to make a decision, whether it's the correct one or not. I'm very impatient and if someone says they will do a job in x amount of time then I get really annoyed when it runs over.

INSIDE THIS WEEK



ENGAGE WITH RUGGER WEAR

How to rock a rugby shirt
PAGE 33



STYLE ON THE STREETS

Celia stops another fab fashionista
PAGE 35



MENTAL HEALTH WEEK

Louise previews week of events
PAGE 37



SPREADING THE LOVE

Greg O'Shea to attend Leon event
PAGE 39

Working together to prevent suicides



MENTAL HEALTH MATTERS
DR EDDIE MURPHY
 CLINICAL PSYCHOLOGIST
 ADJUNCT ASSOCIATE PROFESSOR
 UCD SCHOOL OF PSYCHOLOGY

SUICIDE is like a tsunami whose dreaded wave overwhelms all. Every life lost represents someone's partner, child, parent, friend or colleague.

For each suicide, figures show approximately 135 people suffer intense grief or are otherwise affected. That's almost 80,000 people per year in Ireland impacted by this loss. A Croke Park full of grief.

Suicidal behaviour includes suicide, and also encompasses suicidal ideation and suicide attempts. For every suicide, 25 people make a suicide attempt and many more have serious thoughts of suicide. Suicide is the result of a convergence of genetic, psychological, social and cultural and other risk factors, sometimes combined with experiences of trauma and loss.

Preventing suicide is often possible and you are a key player in its prevention! You can make a difference — as a member of society, as a child, as a parent, as a friend, as a colleague or as a neighbour. There are many things that you can do daily to prevent suicidal behaviour. You can raise awareness about the issue, educate yourself and others about the causes of suicide and warning signs for suicide, show compassion and care for those who are in distress in your community, advocate for timely services for those with mental health issues, question the stigma associated with suicide, suicidal behaviour and mental health problems and share your own experiences.

TOGETHERNESS AND WORK

It takes work to prevent suicide. The positive benefits of this work are infinite and sustainable and can have a massive impact. The work can affect not only those in distress but also their loved ones,



The involvement of people with lived experience of suicide is critical and we need to provide ways to support these valuable voices

those working in the area and also society as a whole.

Joining together is critical to preventing suicide. Preventing suicide requires the efforts of many. It takes family, friends, co-workers, community members, educators, religious leaders, healthcare professionals, political officials and governments.

A good place to start is your HSE local suicide support office where they provide excellent free resources, including two evidenced based trainings: 'SafeTalk' and 'Applied Suicide Intervention Skills Training or ASSIST. Details at www.hse.ie.

Everyone can make a contribution in preventing suicide. Suicidal behaviour is universal, it knows no boundaries so it affects everyone. The tens of thousands of people affected each year by suicidal behaviour have exclusive insight and unique voices. Their experiences are invaluable for informing suicide prevention measures and influencing the provision of supports for suicidal people and those around them. The involvement of people with lived experience of suicide is



For every suicide, 25 people make a suicide attempt and many more have serious thoughts of suicide

critical and we need to provide ways to support these valuable voices.

SUICIDE MYTHS & FACTS

Myths

People who talk about suicide don't die by suicide.

People with suicidal thoughts are absolutely intent on dying.

Suicide happens without warning.

Once a person thinks of suicide they will have those thoughts forever.

An improvement after a crisis means the suicide risk is over.

You are either the suicidal type or you're not.

Facts

Most people who die by suicide have given definite warning signs of their intention. Some of these signs are direct, others are more subtle.

Most people who think of suicide have mixed feelings about living and dying. Many don't really want to die but they don't want to live the way they are living and may not be able to see an alternative other than suicide.

People thinking of suicide may talk or act in ways that indicate they are thinking of taking their own life.

Suicidal thoughts may return, but they are not permanent. In some people, they may never return if they get the support they need.

Some suicides happen when

things seem to be getting better, because the person now has the energy and will to turn despairing thoughts into self-destructive action.

Suicide happens in all groups in society.

Anyone can turn to suicide as a way of coping with obvious or perceived stress.

WHAT TO SAY TO SOMEONE WHO IS THINKING ABOUT SUICIDE

1. Let the person know you are concerned about them.

2. Ask about suicide.

3. Listen and understand.

4. Take all threats seriously.

Talking to a friend or family member about their thoughts and feelings on suicide can be extremely difficult. It is hard to hear that a family member or friend is thinking of ending their life. But it is important to check if your loved one is experiencing suicidal thoughts and if they have a plan as to how they will end their life.

If you're unsure, the best way to find out is to ask if they are thinking about suicide. Allowing someone to express their feelings in a safe space can give them a sense of relief and may help them to see that they have other options. It is important that you accept that your loved one needs help to stay alive and that you support them in finding the help they need straight away.

STEPS THAT WILL SAVE A LIFE

Remove potential means of suicide; such as medications, firearms, and so on.

Don't leave them alone. It is important to keep them safe. This will mean staying with them or organising for someone else to stay with them until they get help.

Don't promise confidentiality. Be honest and say that you cannot agree to keep this confidential because the most important thing is for them to stay safe while they get help to deal with the issues that are leading to their thoughts of suicide.

It may be helpful to agree together who you can tell.

Get professional help; Where possible, support them to tell someone else such as their family doctor (GP), or A+E in out of hours times.

Do everything you can to get the help they need. Your loved one is going to need help and support from others, not just you.

Think about who else can help such as other family members, friends, work colleagues or professional help.

We are all connected like links of a chain—you are the most important link in suicide prevention because you know the person best.

*** Dr Eddie Murphy is a clinical psychologist, author and mental health expert. ONLINE CBT - STOP DEPRESSION - STOP ANXIETY - available at <https://stratushealth-care.ie/mental-wellbeing/>**



HEALTHY LIVING

EVA HILL HAMILTON

CONTACT EVA

Facebook: @evahillnutrition **Web:** www.evahillnutrition.com **Email:** info@evahillnutrition.com

Strengthen immunity for the cold days

WITH this changeable weather it is a good idea to look after your immune system well before the cold season knocks on the door. There is endless choice of nutrients and herbs available in your health store that might come in handy, but neither would be any good unless your gut is healthy.

It might surprise some that we need to start the immune support from the

belly. This long tube, called the digestive tract is our first line of defense against microbial invaders and houses up to 80% of our immune cells.

Probiotic (good) bacteria living in your gut outnumber our own cells by 10 to 1 because they are so important for our health. These microscopic soldiers help to fight off pathogenic (bad) bacteria and fungi, and at the same time, balance other components of the



A daily intake that has a variety of fruits and vegetables is key to a healthy immune system

immune system and help to absorb other immune supporting nutrients. Nature gave you great diversity, but as always, man made chemicals interfere with the fine ecology you are supposed to have inside.

As Hippocrates said, every disease starts in the gut, therefore it is a good idea to top up the most important

Lactobacilli and Bifidobacteria species by taking probiotic capsules for a couple of month at each changing of season and especially when someone has to take antibiotics. Home made yoghurt, kefir and raw sauerkraut are just some examples where you could top-up your gut flora, although their taste might

not be everyone's cup of tea. Fear not, there is good diversity available in your health store in capsule form! Just look for a great variety of strains for best results.

Daily intake of a great variety of fruits and vegetables are needed, not only for their exceptional nutrient supply, but because they feed your beneficial bacteria with soluble fiber, helping them colonize your system. The greater the variety of plant foods, the more diverse your gut flora will be and the healthier you will be. Have a piece of different fruit and few different vegetables every day for both lunch and dinner. Disguise vegetables if needed by making smoothies, soups, pasta sauces, stews, lasagna and falafel balls.

DID YOU KNOW?
The microscopic creatures in your gut outnumber your human cells over 10 to 1 and rule your immune system

Add different herbs and spices to your meals; these also support you gut flora and immunity. Most fresh and dried herbs and spices have the ability to slap around and tidy up your gut flora; reducing the bad guys and supporting the good ones. They also make those scary vegetables and fish taste so much better, and jazz up any boring salad. Fresh herbs can be blended with olive oil and salt to make fresh pesto to add to pasta, top meat, chicken or omelets, or use as salad dressing with some raw apple cider or balsamic vinegar. This pesto will keep for days in the fridge, take a couple of teaspoons a day and swap the herbs around or combine them for best results.



Bord Oideachais & Oiliúna
LUIMNIGH & AN CHLÁIR
LIMERICK & CLARE
Education & Training Board



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We offer an exciting and wide-ranging choice of both evening and part-time Further Education and Training provision at Raheen Campus, as well as other locations in Limerick through our training partners.

REF	COURSE	DURATION	START DATE
258766	Healthcare Support- Teamworking (Part-time Day)	5 weeks	7th Oct 2019
238219	Safety and Health at Work (Part-time Day)	5 Weeks	8th Oct 2019
238220	First Aid Responder	4 Weeks	22nd Oct 2019
238224	Door Security Procedures	6 Weeks	22nd Oct 2019
270279	Healthcare Support- Work Experience (Part-time Day)	5 weeks	23rd Oct 2019
238226	Care of the Older Person (Part-time Day)	5 weeks	24th Oct 2019
238228	Care Skills (Part-time Day)	5 weeks	25th Oct 2019

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This provision is co-funded by the Government of Ireland and the European Social Fund as part of the ESF Programme for Employability, Inclusion and Learning 2014 -2020.





A CUT ABOVE

CYRIL MORGAN

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October is for breast cancer awareness

HAPPY October everyone! While October is best known for being the month of Halloween, it is more importantly, Breast Cancer Awareness Month, a cause close to my heart.

Throughout my hairdressing career, I have been passionate about helping women and men who suffer from hair loss, be it hair loss from hormonal reasons, conditions like alopecia or from undergoing cancer treatment. A lot of my clients, unfortunately, are undergoing chemotherapy or radiotherapy.

Losing your hair as a result of cancer treatment can be a very distressing side effect. For many, their hair is their identity and losing it can result in low self-esteem and confidence. Hair loss can be a daily reminder of their illness and can make people feel extremely vulnerable. I strive to help cancer patients regain a sense of normality in an abnormal situation.

In my salon, Cyril Morgan Hair, I have created a private area called Inner Space, which is

predominantly used for wig fittings. Creating Inner Space was extremely important to me when I opened the salon, as I wanted clients to feel as comfortable as possible and have a safe and intimate space for the wig fitting process.

First off, why does hair loss happen when undergoing cancer treatment? On average, hair grows quickly at around 1cm per month. Unfortunately, cancer cells also reproduce rapidly and chemotherapy and radiotherapy are designed to target these fast-growing cells, which is why hair can be affected.

With chemotherapy, hair usually starts falling out two-four weeks after starting treatment and can fall out very quickly in clumps or gradually, while some treatments don't cause any hair loss. Hair thinning or loss of eyelashes, eyebrows and other body hair can also occur. On the other hand, with regards to radiotherapy, hair loss will only occur in the area where treatment is carried out.

Many people choose to wear a wig throughout their cancer treatment. Initially, I will meet a



The Cyril Morgan Hair team at Riverside, Mount Kenneth Place

client for a consultation and assess the stage of their hair loss and chat through the different options available to them. I normally recommend people bring a trusted companion with them, both for emotional support, as well as a second opinion on potential wig styles. Once we have chosen a wig style, I will order it for the client and they will return within a few days to have it fitted and custom styled.

Wearing a wig for the first time can feel quite different, and many find it overwhelming, which is why I want to make the experience as normal as possible for my clients. Normally clients choose a style and colour similar to their original look. When the client comes in to have their wig fitted, I will remove the excess bulk and thin the wig for a natural appearance.

There are different options when it comes to selecting a wig, the main two being synthetic fibre wigs and human hair wigs, both have their advantages and disadvantages.

Human hair is slightly more expensive but can be heat styled, coloured and treated like human hair. On the other hand, synthetic hair is pre-styled and can't be heat styled. These wigs are wash and wear, which means after washing the wig, it will revert to its original style. For this reason, synthetic wigs can be advantageous for cancer patients who may not have the energy to style their wig regularly.

After cancer treatment is finished, new hair may start growing back, even starting to grow before the end of treatment. You may have a full head of hair within 3

- 6 months after chemotherapy and 6 -12 months after radiotherapy.

The hair that grows back following treatment can be weak due to a lack of keratin, which is the protein that makes up the hair's structure.

The new hair may also have several differences to your hair before treatment, it can be very fine and maybe a different texture, some people even grow curly hair after having straight hair all their life! In most cases, the hair will revert to its pre-cancer treatment condition over time.

As new hair is weak and low in keratin, it is important to care for it properly. Strenuous brushing or heat should be avoided and regular hair cuts will help improve the condition by removing damaged hair and promoting hair growth.

This month, I encourage you to donate or hold fundraisers in aid of Breast Cancer Awareness. Find out more on www.breastcancerresearch.ie or www.breastcancerireland.com

If you would like to enquire on our hair loss services, please give us a call on 061 315 750.



'Inner Space' at Cyril Morgan Hair

Meet My Team

Cliona O'Connor, Senior Colourist

Favourite thing about being a hairdresser

"I love making people happy. I always feel like if your hair isn't right, nothing is right and a good haircut can change your mood entirely."

Top Hair Tip

"Always look after your hair using high quality products and a good hairdresser."

Favourite Product

"I absolutely love volumising powder. Redken's Powder Grip 03 is amazing for adding serious volume, creating extra grip for doing up-do's or even texturising short hair".





MANABOUTTOWN

PATRICK McLOUGHNEY

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Twitter: @iammcloughney **Instagram:** iamcloughney

You too can be a World Cup wonder in a rugby shirt

OH rugby, the sport that has everyone getting up earlier/staying up later on the weekend right now. Granted, not all the results have gone our way so far but the World Cup itself has pushed a classic style staple back out to the forefront again.

I am of course speaking of the rugby shirt – the creative out half of a man's wardrobe. Now just to be clear, I'm not talking about the skin-tight rugby shirts made from polyester by Adidas/ Nike/ Canterbury – you're on your own on that one.

I'm referring to the classic preppy Ivy League style rugby shirt made by Gant/Tommy Hilfiger/Polo and the like that's now just as happy to play with urban streetwear looks as it is tackling a posh, preppy outfit.

The rugby shirt has come a long way from its creation in the 1830s when William Webb Ellis first ran with a leather ball during a game of football. The sport of rugby grew in the UK's public school system and eventually - as a way to differentiate teams - uniforms were created. The earliest incarnation of the rugby jersey was a collared dress shirt worn with a bow tie, but the tails were deemed to be too easy to grab on to and the buttons would often scratch opposing player's faces. The dress shirts were soon replaced

by wool jumpers but they were also deemed unfit for purpose as the cloth became too heavy when wet so the more breathable cotton was chosen as the rugby shirt fabric of choice. The stiff collar remained and horizontal stripes became common, as vertical stripes had already been taken by football shirts. As time went on the collars became less rigid than that of a typical dress shirt in an attempt to prevent a pesky opposing player from clinging onto them for dear life, which brings us to the modern version of the Rugby shirt.

The rugby shirt didn't become a fashion item until about a century later. In the 1950s American teens began wearing rugby shirts as a way of showing off their athleticism while still looking smart and the now timeless preppy look was born. Since then the shirt has dipped in and out of fashion before returning to prominence in AW18.

WORKWEAR MEETS STREETWEAR

In today's menswear landscape, the rugby shirt falls somewhere in between heritage and retro. Heritage wise, the streetwear crowd are currently experiencing a love-in with all things workwear. The strength of cotton and denim together reflects the hardworking industry of days gone by, while simultaneously delivering the kind of quality that many find absent

from high street garments. The trickle-down effect has led to workwear showing up on runways and collaborations between workwear and streetwear labels. However, heritage and Ivy League prep are not one and the same, and that same emphasis on high-quality basics reflect a return to 1950s preppy essentials. Polo shirts, an essential from this era, have been reimagined as a statement piece in recent years and rugby shirts are seen as a long-sleeved version, highlighted by a contrasting collar.

In a nutshell, the rugby shirt is now seen as a statement garment. Its bold, contrasting shades and colour-blocking get attention no matter how you style it. It occupies the same level of dressy casual as a polo would: not strictly just for chilling out, but you wouldn't wear one to a business function either. The British and American heritage of the rugby shirt colours its character: you simply can't escape its athletic and elite associations.

EVERYDAY CASUAL

A classic rugby shirt worn casually with dark denim or chinos and white leather trainers is timeless. Style the jersey with these points in mind. For everyday wear, keep the rest of your look neutral – that's why jeans and chinos work so well. For a modern take, match the pattern to tan, navy, grey or black



Breathable cotton is the rugby shirt fabric of choice

chinos or straight cut dark wash denim (with a roll-up at the bottom). From there, a white trainer or lace-up boot will complete the ensemble. Consider throwing on a denim jacket or a bomber when the temperature starts to dip.

ATHLETIC WEAR

The rugby shirt is essentially the original athleisure piece. Rooted on the rugby pitch and adaptable enough for everyday wear, these days you are much more likely to see a rugby shirt worn with jogger pants than sports shorts. As joggers themselves leave their sporting roots behind and move more towards streetwear fashion, the rugby shirt has carved out its own spot in the athletic-leisure-wear universe. It's a chance to look like

you've stepped straight out of a catalogue or a lookbook. Combine your rugby shirt with a varsity-style jacket, joggers and some fresh kicks for an updated Ivy League look. Keep your joggers neutral to let your horizontal stripes shine and don't go overboard with your show selection. Stan Smiths or Vans are the job.

STREETWEAR

When it comes to streetwear, throw all caution to the wind. Rugby shirts have found a new home in the streetwear space through colour-blocking, big logos and embroidery.

For this look match your rugby shirt with some cropped, wide-legged pants and Air Max. For some 90s retro realness, add a bucket hat and a puffer jacket.

Look of the Week

Sexton for Men/ Gatsby for Men

MY look of the week is from Sexton for Men on Thomas St and Gatsby for Men in Newcastle West. Here, I'm wearing a Benetti three-piece suit with a Benetti shirt, tie and pocket square. The shoes are also by Benetti. Benetti are just one of the amazing range of suiting brands that Sexton's and Gatsby have in store so pop into the lads and check them out along with all the other suiting and casual brands on offer. Photo by Paudie Bourke.



Watch This Space

Gucci Le Marche Des Merveilles watch

MY watch of the week is a stunning Gucci watch from Keanes Jewellers. If you're looking for a Christmas present to give—or looking for one to send a not-so-subtle hint about receiving — you can't do better than this Gucci watch. First things first, the timepiece — officially called Le Marché Des Merveilles — comes from fashion's hottest brand, and while I'm not saying that a label is the chief reason to buy something, in this case, there's no denying it adds to

the watch's appeal. After all, few things are as instantly recognisable or as highly coveted as everything Alessandro Michele makes for the Italian fashion brand. I love that this watch literally says "love" on it. The watch strap, in the house's iconic red-and-green web stripe pattern, is embroidered with "L'Aveugle par Amour," which translates to "Blinded by Love." Equally conceptual —



and downright cool — is the watch's centrepiece, an embroidered bee atop a face that mimics the web stripe strap. Both the language and the insect are motifs Michele has played with in his last few collections, but that feels especially additive and unexpected on an accessory like a watch. You'll find this fashionable timepiece at Keanes for €750.



STYLE & FASHION

CELIA HOLMAN LEE

CONTACT CELIA

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Fun, fashion and farming at the Ploughing

TRENDS always come back with a new kind of vibe and that was the case at this year's National Ploughing Championships in Carlow recently.

With the return of autumn it's a new fashion year, which means the promise of a whole new fashion vibe and a whole new wardrobe of incredible fashion.

The seasons most elegant tailoring is the coat with colours like camel, tan or injecting a pop of vibrant colour such as royal

blue or even a bright acid yellow.

Also showcasing on the catwalk at the Ploughing, were iconic dresses that will work as well in the office as they would on a dinner date.

Check print is another autumn classic and that was predominantly strong at the fashion show.

Every store that participated showed great looks for weddings and special occasions in all the strong duel colours to brighten up the long autumn/winter days.



Back stage with some of the models that made the fashion show at Ploughing Championships another wonderful event



Camels and tan are big this autumn/winter with just a hint of bright colours making an appearance

CELIA SPOTTED

Looking good out and about in Limerick

Name: Lorraine Turner
Occupation: Family business/ The Red Hen Bar
From: Newport

IM originally from Newport but I'm living in Dooradoyle for about 14 years now. During this time I've been modelling for the Holman Lee Agency, so fashion has always been a huge part of my life. I've always had a huge interest in fashion from a very young age. I love mixing high street with designer clothes, such as a great dress or outfit from Zara teamed with a good pair of designer shoes and a leather jacket. I love buying good investment pieces and been able to pull them out of my wardrobe whenever I need to. My favourite shops are Brown Thomas and Zara and I love labels such as Isabel Marant and Helmut Lang. I adore Victoria Beckham and Olivia Palermo for their great style. Even though I'm more likely to be seen in workout gear, health and fitness are a huge part of my life, so I enjoy getting dressed up on my days off.

LORRAINE SAYS

The outfit: My coat is Vince and my top is Isabel Marant which I got in Brown Thomas. My jeans and boots are Zara.

Accessories: My belt is Isabel Marant which I bought online and my necklace is from Seoidin Limerick. My bag is YSL which was a Christmas present from my husband



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Aoife McGarry, Renaissance Products doing an image skin scan at Purebeau Aesthetic Clinic PICTURE: ADRIAN BUTLER

Differences that are more than skin deep

What is the difference between
Beauty Salons and Aesthetic Clinics?

What is the difference between Beauty Salons and Aesthetic Clinics?

That is the question I am often asked as most people have a skincare regime in

place. Whether it's just washing your face in the morning or bedtime night creams, everyone has something in their daily routine that serves to maintain the health of their skin.

For more professional

treatments, like deep cleansing or problematic skin issues like acne, you might opt to go to a beauty salon or an aesthetic skin care clinic. So what is the difference between the two? And, which is better for you and your skin's health in the

long run? To a large degree a beauty salon and an aesthetic skin clinic will perform some similar procedures, but there are some critical variations. To understand the differences we can start by examining what each business does.

Beauty salons concentrate on treatments that serve to pamper your skin – manicures, pedicures and other grooming treatments such as facials, waxing, exfoliation, makeup advice, and massages.

An aesthetic skin care clinic may also offer pampering treatments, but their primary focus is on anti-ageing treatment. They can offer treatments such as botox and fillers, skin rejuvenation therapies, facial and chemical skin peels, laser hair removal and other such services.

A trained therapist in an aesthetic skin care clinic will be able to offer a more comprehensive range of treatments. Generally in an aesthetic clinic you will be

under the supervision of a qualified technician who has specialised in specific skin issues. Perhaps you would start with a standard facial, and once your skin's needs have been established, the therapist could recommend a course of treatment that would benefit your skin type. Such personalised treatments are not always available in a beauty salon which will have a more standardised approach to the services offered.

At an aesthetic clinic, all treatments are carried out under the auspices of the same therapist/doctor, so there is no confusion as to what has been done and when. More and more people are choosing to go the non-invasive route for skin and facial rejuvenation. Treatments such as botox have become more established in the general public's mind as the benefits are immediate and there is no lengthy recovery period. The subtle

enhancement makes it more accessible for many people, and there is no major change in the way they look. The rejuvenation is gradual, and there is no glaring change, just a subtle freshening that is very appealing.

It is clear that both of these professions care for the skin, but it is also clear that aestheticians are trained to offer a more exhaustive range of treatments and can treat skin that has been damaged by environmental or other factors. The choice of which clinic or salon that you choose to attend should depend on your personal requirements.

While those requirements may be simple at this point, they may require more advanced treatments as time goes by and it would be beneficial to have built up a history with an aesthetic skin care clinic that can offer more specialised and intensive treatments.



LOUISE LOVES

LOUISE CANTILLON

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Rogha na Seachtaine

TO DO:

MOXIE at Dolan's

DON'T miss this energetic, wild and unique live show! Let the five-piece Irish band Moxie inspire you with their new palette of 21st century Irish music! Tickets from €12 at Dolans.ie



TO LISTEN:

Track of the week

SOMEBODY'S Child- Jungle: Following a brilliant summer playing John Kennedy's Radio X Summer Party with Mystery Jets, APRE and Calva Louise; Reading & Leeds Festivals; as well as Electric Picnic, Irish-born, indie artist, Somebody's Child returns with arguably his best track to date, the brilliant 'Jungle'. Jungle will be available on all digital platforms on October 3.



TO SEE:

Ireland V Russia

OFF the back of their World Cup defeat by host nation Japan, Ireland are looking to pull themselves back into the running's in Group A of the World Cup qualifiers. Don't miss the excitement- The match will be shown live tomorrow on RTE 2 with their coverage beginning at 10.30am.



Innovative line-up for Mental Health Week

LIMERICK'S Mental Health week kicks off on Friday October 4 at 6pm in the Hunt Museum with an official launch night. Mayor of Limerick City and County Michael Sheahan will open the week's activities alongside ambassadors, reigning Rose of Tralee Sinéad Flanagan, organisers and friends of LMHW.

This event is free and open to the public, all welcome.

I am most excited for the very special flagship event, Shine a Light on the River. It takes place on Thursday October 10 at 6pm. The event invites you to light up the river using phones or torches while a procession of specially illuminated boats make their way up the River Shannon at dusk. Join the spectacle on Thomond, Sarsfield and Shannon bridges on the night, volunteers will be there to guide you. The beautiful idea for this event came from a member of Jigsaw's (mental health support service for young people aged 12 - 25) Youth Advisory Panel (YAP). Spin South West are official media partners of the week and we are delighted to champion an event that has the voice of young people at its heart. All



welcome, bring your friends and wrap up warm!

Places are filling up fast for An Evening with Arnold Thomas Fanning on Monday October 7 at 7pm. Event will take place in the Schuman building at the University of Limerick. The author of 'Mind on Fire: A Memoir of Madness and Recovery' will discuss his personal story

and experiences behind the book with University of Limerick Sociology Professor, Eoin Devereux. The talk will be followed by a Q&A with the audience. Reserve your place at limerickmentalhealth.ie

LMHW will finish with a wonderful Limerick Choir Night directed by Malcolm Green at St. Mary's

Cathedral on Friday October 11 at 7:30pm. All are welcome to this relaxing, uplifting and beautiful evening of song from a variety of choirs from across Limerick; arrive early to get a seat at one of the week's most popular events!

Other events include Park Runs for adults and young people, family fun

days, information sessions and talks, a lunchtime music concert at UL, mindfulness and LGBTI+ workshops and much more to discover.

For more information and to keep up to date on LMHW 2019, see limerickmentalhealth.ie or follow @limerickMHA on Instagram and Twitter.

Various charities getting into the sporting mode at the launch of Limerick Mental Health week which takes place from October 4-11

PICTURE: BRENDAN GLEESON

Sports Mind 2019

A WONDERFUL free event, Sports Mind 2019 took place at 101 O'Connell Street on Saturday September 28.

The event is a platform to promote healthy conversation on positive mental health, wellness within the world of sport, fitness and nutrition. I was delighted to MC the event alongside my friend, radio presenter and author Meghann Scully.

Nine inspirational speakers took to the stage to talk about their journeys, endeavours and achievements over the last number of years. These included Eurovision

Song contestant Sarah McTernan, mental health advocate and influencer Clodagh Cahill, professional Irish boxer Eric Donovan, Marathon runner Conor O Keefe, Social media star and health and wellness influencer Shauna Lindsay, champion power lifter Michelle Guthrie, Ireland fittest man Michael Smyth, physiotherapist Lauren Guilfoyle and Limerick senior hurler Declan Hannon. The event is the third of its kind following dates in Dublin and Galway. Highlights of the night can be seen @Sportmind_irl on Instagram.



Shauna Lindsay, Meghann Scully, and myself at Sports Mind 2019



I ♥ LIMERICK

RICHARD LYNCH

FOLLOW RICHARD

Facebook: Richard Lynch

Twitter: @richanthon

Web: www.richardknows.com

Email: Richard@ILoveLimerick.com



Could you be Ireland's Young Filmmaker of the Year 2020?

THE call for entries for Ireland's Young Filmmaker of the Year 2020, Ireland's festival celebrating young filmmakers from Ireland and overseas is open!

Fresh Film encourages young people between the ages of 7-18 to make films by hosting the annual Fresh International Fresh Film Festival which incorporates Ireland's Young Filmmaker of the Year Awards, taking place in Limerick from March 23-28 2020.

2020 will be its 24th year providing youths between 7-18 the opportunity to see their work on the big screen and to compete for the title of Ireland's Young Filmmaker of the Year and to win €1000 towards their next film. All submissions are also considered for a range of Specialist Awards including the RTÉ 60 Second Award.

The Festival has Junior (7-12 years), Senior (12-18 years) and International categories for individual and group projects. Young filmmakers can enter as independents, as part of



Pictured are young filmmakers - Luke from Limerick (taking picture), Chloe from Cork, Jonathan from Kerry and Rebecca from Tipperary (Back row) with Meghan from Co.Limerick and Oisín from Clare (front row). Fresh International Film Festival 2020 takes place in Limerick from March 23 - 28 and is open to young people from 7-18 years of age

PICTURE: DERMOT CULHANE

their school or in a group. Films must be original and can be up to 15 minutes duration for Seniors or 10 minutes duration for Juniors. Senior films will be screened at one of the Regional Heats, which takes place in Dublin, Cork,

Galway, and Limerick during early March. The Senior and Junior finalists' films will be screened during Fresh Film Festival 2020 from March 23 - 28 in Limerick. The awards will be announced at the final screenings on March 25 and

26, 2020.

Speaking about the final call for entries, Festival Director and Founder Jayne Foley said, "We are seeking filmmakers, the makers of dreams, the ones who challenge us with their alternative vision and the

ones who show a mastery of the art. We give you this gentle nudge again. Write your story. Grab your camera. Get your friends or your classmates or do it on your own. We await the new crop. We look forward to the harvest."

The closing date for entries is Friday, January 24, 2020. The full festival programme will be available shortly.

Further details and application forms can be found at www.freshfilmfestival.com.



Dee Ryan, Chamber Chief Executive Officer

PICTURE: OISIN MCHUGH/TRUE MEDIA

Limerick Chamber welcomes green light for O'Connell Street proposals

Limerick Chamber has welcomed the news that Metropolitan Area Councillors approved the O'Connell Street Development plans this week with two amendments.

The plan is set to deliver much needed investment into the City Centre.

"Attention must now turn to ensuring that we get the highest quality of finish on the public realm aspects of the scheme and that we deliver this project as quickly as possible for business," said Dee Ryan, Chamber CEO in

response to the news.

"The inclusion of a segregated cycle lane and introduction of a 15km/h speed limit are to be welcomed and should not significantly impact on the progress of the next phase of work on the project."

The Chamber is pushing for a connected bicycle network, spanning Castleconnell in the East to Patrickswell in the West, covering all the areas where people, work, study, and play.

Although this top-class bicycle lane will not be

inputted in O'Connell street, the Chamber assures this will not affect cyclists' traveling time.

Addressing the concerns about lack of provision for cycle lanes or the need to go for full pedestrianisation, Ms Ryan said, "In our view Limerick is not ready for full pedestrianisation yet, we don't currently have enough footfall or people living in the City Centre to make it an attractive proposition.

There is, however, nothing to prevent us from altering the operations of the

four blocks that are being redeveloped at any time."

Ms. Ryan said, "Our vision in the Chamber is for a multi-generational, thriving shared space that is safe and accessible for all. We believe that Limerick has an opportunity to be leaders in thoughtful urban design by putting visitor experience at the center of plans."

The improvements to O'Connell Street, which would be to the benefit of our city trader members, are also strongly welcomed by the Region's largest employers.

THINGS I ♥ THIS WEEK

LEON'S LIFELINE

Leon loves Pigtown event with Love Island's Greg O'Shea

TUSCANY at the Granary will be hosting a charity event for Leon's Lifeline on Friday, October 11, 2019. Love Island winner and local Limerick man Greg O'Shea will be serving up the Pig on a Spit in celebration of Pigtown.

Also appearing on the night will be The Riff Shop, one of Ireland's most emerging talents, who will be blasting out the tunes on the night.

Performing also on the night is Eurovision star Sarah McTernan, as well as the Blacktie Magician.

The fundraiser is for 22 year old Leon O'Connor who was diagnosed with MS when he was 18 and who has to go to Russia for stem-cell therapy which costs €70,000.

Leon's lifeline has achieved just over their halfway goal of hitting their targeted amount and we hope this event will help get Leon to where he needs to be.

Leon said, "Stem-cell therapy isn't a guarantee but it's the best chance I have. It's my only lifeline."

Greg O'Shea will be taking part in the celebration on the night, helping serve up the delicious food that will be



Greg O'Shea PICTURE: CORMAC BYRNE

cooked. Greg is an Irish rugby player and this year's Love Island winner.

The Pigtown festival is an exciting programme of themed events, which focuses on Limerick's unique heritage as a way to showcase the great food available locally.

Tickets available on Eventmaster now! Doors open from 5.30pm, early bird tickets will start at €4.5. To donate to Leon visit ie.gofundme.com/f/leons-lifeline.



The Limerick Against Pollution committee pictured in 2018 - Cam O'Donoghue, Mary Hammill, Derek O'Dwyer, Tim Hourigan and Maria Corbett PICTURE: SOPHIE GOODWIN/ILOVELIMERICK

Join LAP to 'March for Our Lives'

PLEASE join the Limerick Against Pollution 'March for Our Lives' protest march on Saturday, October 5 at 2pm at Limerick City Hall to protest against the Environmental Protection Agency's (EPA's) decision to grant a licence to Irish Cement to burn 90,000 tonnes of industrial waste and tyres in Mungret.

The decision came as a shock to many with citizens, businesses and politicians alike, enraged at The EPA

granting Irish Cement permission to ditch fossil fuels for burning tyres and waste.

Over 4,500 objections were made against the EPA as many fears for their safety, particularly for those areas closest to the plant which includes four schools and a public park.

Although the EPA insists all operations are safe, the people of Limerick are not buying it and the

turn out for the protest is expected to be high. Please come and support with 10 friends.

And if those 10 friends can bring 10 friends the impact will be much greater. All are welcome and encouraged to come. Join us in a peaceful protest and speak with your feet. We have one final chance to make an impact so let's get Limerick together and do this! #KeepLimerickGreen.

FUNDRAISER

Anne has a Marathon Goal to save lives

ANNE Riordan has been working with The Irish Heart Foundation for 14 years and is passionate about promoting CPR training and physical activity.

As part of her bucket-list, Anne has decided to partake in The Dublin City Marathon, having already completed 12 of an 18-week training programme and will be running 36 miles in over four days. But it's not all about running a marathon – she is also wanting to raise awareness of CPR Training.

Last year over 181 people were saved by CPR. The Foundation is trying to train as many people as possible in CPR and they are offering free CPR training in secondary schools with the CPR4Schools programme. The cost of training and equipping the school is €850, though the school isn't being charged. Anne has decided to try and raise at least the price of one school's training if not more and she's currently halfway to her target – she has an everyday hero page if anyone wants to support her.

The Heart Foundation is also offering community-based CPR training through its Hands for Life programme, it's a free one-hour training program and Anne has said if you can't spare a few bob to donate



Anne Riordan

then please sign up for the hands for life training, if you don't know CPR.

On another note, Anne has also been nominated for the Charity Ambassador Award at the Graham Norton Gin Inspiring Awards 2019. Congrats Anne! See www.irishheart.ie.

HERO OF THE WEEK

Sarah Corbett Lynch

THIRTEEN-year-old Sarah Corbett Lynch has written a collection of children's self-help books called "The Boogawooga Series", which deals with grief and how to process it. She is now hoping that it will be picked up by a professional publisher and released to the public.

Sarah, along with her older brother Jack, had to deal with grief at a very young age due to the death of their mother from a fatal asthma attack. This was followed by the tragic death of their father, Jason Corbett, who was murdered in their adopted home in North Carolina.

Sarah's book series is inspired by a funny mimic her late father Jason would perform for her and Jack, up until his tragic death. Sarah is hoping her books will help other children dealing with



grief and is aimed at kids between 3 and 10, they will be Sarah's own experiences but told through the characters in the book and will give a

positive look at family life and loss.

What a brave girl!! Well done Sarah! See www.sarahcorbettlynch.com.

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BREAKING NEWS
 Contact **061 214500**


Young Munster

 Next week's Jackpot stands at **€6,200.**
 The following lucky dip winners each receives €40:
 Shauna Kelly c/o Harry Brazier, John Galvin c/o AnnMarie Galvin, Ger Lee c/o Brian Minihan, Charles Davis c/o Pat Micks
 Promoter's Prize: Harry Brazier €40
 The numbers drawn were: 8-15-21-25
 Thank you for your support.

ST. MARY'S R.F.C.

 Lotto Draw held Monday 30th September 2019
 Winning Numbers: 5-8-10-19
 No Jackpot Winner
 Lucky Dips: Martin Barry c/o Larkin's; Michael O'Donnell c/o Katy Daly's; Patsy Walsh c/o Gate Bar; Ger & Aiden c/o Portley's
 Jackpot €11,200
 Next draw held the Portley's Bar

GERALDINES A.F.C.

 WEEKLY LOTTO DRAW HELD ON 30/09/19
 This Week's Jackpot: €2,900
 Numbers: 3-11-16-27
 Lucky Dips: Beth Sheehan c/o James McNamara, Ger Fitzgerald c/o Club, Geraldine Williams c/o Ger Fitzgerald
 Promoters Prize: Jimmy McCarthy, Dave Connolly
 Next Week's Jackpot: €3000
 Next Draw: 07/10/19

LIMERICK LEADER 

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FAMILY ANNOUNCEMENTS

BIRTHDAY REMEMBRANCES



† WILLIAMS

(25th Birthday Remembrance)

In loving memory of a dear daughter, sister and aunt Yasmin-Lee Williams, late of Churchfield, St. Patrick's Road, Limerick whose 25th Birthday occurs October 4th. Yasmin's Birthday Remembrance Fundraiser will be held in The Track Bar at 8pm on October 4th.

25th Birthday Remembrance Yaz
A months mind gone Yaz, life is not so kind
You are in my broken heart, and also on my mind
The void that you left Yaz, can never be filled
Pain in my heart, oh where is the will.
The will to keep on going and keep doing
In memory of you Yaz I will keep on moving
To remember you Yaz in all that I do
That your memory will not be forgotten, or the walk in your shoes
This birthday remembrance I am thinking of you
The journey you had Yaz, as you walked in them shoes
The joy that I had as you entered this world
The sadness that you're gone, your story will be told
But as long as I breathing Yaz I will never forget
My heart will stay broken till my very last breath
This first birthday without you is so hard to take
As I sit here in silence and feel my heart break
My heart it is broken with rivers of tears
First birthday without you Yaz in 25 years
The angels are singing happy birthday to you
Happy birthday my precious Yaz without the weight of them shoes
Happy heavenly birthday Yaz, no one will ever know the strength of my love for you, as you are the only one that knows what my heart sounds like from the inside.... Love Mam xx

Yazi since you passed away Life just hasn't been the same I would move heaven and earth To have you here with me again
The times we spent together meant the world to me
All the laughter an the joking, we grew up so happily
I'm so grateful for the years we had
And the closeness that we shared Your heart, so kind and thoughtful
I always knew you truly cared You were the perfect sister I will miss you till the end You were more than just my family
You were my bestest friend **Happy heavenly birthday Yaz, love Paige X**

BIRTHDAY REMEMBRANCES

A million hugs and kisses sent to you up above,
Carried with care on the wings of a dove,
A prayer, a Mass, these are all I can give,
But these you will have for as long as I live,
No words can say or tears express,
The loss the love the emptiness - Missed forever until we meet again, Yaz.
Love from your sister Natasha, Shaun and Aoife xxx

In a beautiful home called Heaven,
In that valley so precious and fair,
Someday, sometime, Yaz,
I hope to meet you there.
Happy Birthday Yaz, love from Nicole, Zach and Jack xxx

Missing you on your Birthday
You were very kind and thoughtful
With a warm and loving heart
And when other people needed help
You always played your part.
You're thought of every single day

Whatever time of year
But somehow more than ever
Now your special day is here.
No present can be given
And that's really very hard
But there's a world of love inside
This special little card.
Each memory is shining bright
And treasured dearly, too
But memories can't take your place Yaz
Of someone dear like you.
Happy Birthday Yaz, we miss you and love you more than you'll know. All our love forever from Chloe, Chelsea, Donna and Kelly

Happy birthday Yaz
I miss you everyday
Wherever you may be now
I hope your ok
Love Caoimh x

BIRTHDAY REMEMBRANCES



† WYSE

(59th Birthday Remembrance)

In loving memory of a dear friend Anna Wyse, late of Ballynanty Beg, Limerick whose 59th birthday occurs on 6th October.

Forever Friends
You're my friend and that is true,
But the gift was given from me to you.
We went through moments that were good and bad,
Even moments that were happy and sad;
You supported me when I was in tears,
We stuck together when we were in fear.
It's really sad that it had to be this way,
But it has reached its very last day -
Miles away can't keep us apart,
'Cause you'll always be in my heart.
Rest in Peace, Anna. From your best friend, Mary Casey. xxxxx

You're not just a memory,
Or part of the past
You're ours to remember,
As long as life lasts.
Rest in Peace, Anna. From your friend, Donna O'Shea. xxxxx

A birthday wish we send today,
But not on a card in the usual way.
It's written in gold, on a cloud up above,
And sent to you with all our love.
Rest in Peace, Anna. Sadly missed by your friends, Jackie Casey and Maggie Lee. xxxxxx



† WYSE

(59th Birthday Remembrance)

In loving memory of a dear mother and grandmother, Ann Wyse, late of 14 Moylish Crescent, Ballynanty whose birthday occurs on October 6.

Happy 59th Birthday
A birthday wish for you today,
I miss you more than words can say;
The pain and tears I try to hide,
Though my heart is broken deep inside,
I sent a dove to heaven Mam
With a parcel on its wings,
You'll love it when you open it
It's full of beautiful things.
Inside are a million kisses,
Wrapped up in a million hugs,
Wishing you a happy birthday Mam
And sending all my love.
Sadly missed and always remembered by your daughter Louise xx

BIRTHDAY REMEMBRANCES

I have a photo of you to treasure,
Its all I have to touch,
Of a mother I loved with all my heart,
And I miss her very much,
I wish that I could see you,
Sitting in your chair,
I wish that I could come home,
To find you waiting there,
But wishing gets me nowhere,
And loving is in vain,
And so until we meet again,
In my heart you will always remain.
Happy Birthday
Sadly missed by your loving daughter Mandy.

Always a smile instead of a frown,
Always a hand when one was down;
Always true, thoughtful and kind,
Wonderful memories she left behind.
Happy Birthday
Sadly missed by your grandkids John John and Georgina xx

Just a little message
To say how much I care
To let you know Mam you're in my heart
And always in my prayers
Please take this message dear Jesus
To my Mam up above
Please tell her how much I miss her
And give her all my love
Look around your garden Lord
Mam won't be hard to find
She has a heart full of love
And a face full of smiles
Call her name Lord
And when she looks your way
Tell her that I love her
And miss her everyday
Happy Birthday Mam, Love Leeanne xxx

Happy 59th Birthday
The times that I get lonely,
And shed a silent tear,
I hear you softly whisper,
Don't worry, love, I'm here.
I tell you that I miss you more,
With every passing day,
Again you whisper to me,
I'm never far away.
Your birthday is a time for gifts,
And to turn another sod,
But the greatest gift I ever got,
Was given back to God.
Sadly missed and always remembered by your loving son Mark, grandchildren Tyreke and Faith

Look around your garden Lord,
For a lady with a beautiful smile.
She will be my mother,
She must stand out a mile.
Find the softest pillow,
To rest her head upon,
Give her a kiss on her cheek,
And tell her who it's from.
Sadly missed by your son Danny, grandsons James and Baby Danny xx

Happy 59th Birthday, Nana
You're nearly 13 years up above;
You know that we are sending you,
Lots and lots of love,
A Nana and best friend,
Special closeness to the end,
But the hardest thing today of all
To know that we can't even call.
Sadly missed by your grandchildren Nicole, Chelsea, Jordan, Michael, Anna-Leice, John and great granddaughter Laciann and great grandson Carter xx

May the winds of love blow gently
And whisper for you to hear,
That I will always love miss you
Each day of the year.
Happy Birthday Nana love from Lauren and Robyn xxx

IN MEMORIAM



† PURCELL

(Twelfth Anniversary)

In loving memory of a loving wife and mother, Betty Purcell, late of 3 St. John's Villas, Mulgrave Street, Limerick City, whose twelfth anniversary occurs on October 6. Mass offered on Sunday 6th October at 10.30am in St. John's Cathedral. Rest in Peace.

To keep on going since you've gone
The hardest thing I've ever done
I wear a mask, from day to day
And try to cope in my own way.
I'll miss you 'til we meet again
Within my heart I love you still
Deeply missed by your husband Noel, son Christopher, daughters Lorraine and Deirdre, sons in law, grandchildren Coady, Lennon, Bonnie and Bailey and sister Rose.



† SHEEHAN

(16th Anniversary)

In loving memory of my husband Robert (Bob) Sheehan, late of 206 O'Malley Park, Southill, Limerick who died on September 28, 2003. Also remembering his brothers Ollie, Joe and Des at this time.

There is a bridge of golden memories
From here to heaven above;
It keeps you within all our hearts
It's called the bridge of love.
Too dearly loved to ever be forgotten from your wife Pat, sons Joseph and Patrick, daughter Yvonne and grandchildren.

THANKSGIVINGS

GRATEFUL THANKS to The Sacred Heart and Our Blessed Lady for all favours received and also thanks to St. Padre Pio, A. A. A. Saints. M.J.M.

I Said A Prayer For You Today

I said a prayer for you today and know God must have heard.
I felt the answer in my heart although He spoke no word.
I didn't ask for wealth of fame (I knew you wouldn't mind).
I asked Him to send treasures of a far more lasting kind!
I asked that He'd be near you at the start of each new day to grant your health and blessings and friends to share your way!
I asked for happiness for you in all things great and small.
But it was for His loving care I prayed for the most of all!



Footprints

One night I had a dream...
I dreamed I was walking along the beach with the Lord,
and Across the sky flashed scenes from my life.
For each scene I noticed two sets of footprints in the sand;
One belonged to me, and the other to the Lord.
When the last scene of my life flashed before us,
I looked back at the footprints in the sand.
I noticed that many times along the path of my life,
There was only one set of footprints.

I also noticed that it happened at the very lowest and saddest times in my life This really bothered me,
and I questioned the Lord about it.
"Lord, you said that once I decided to follow you,
You would walk with me all the way;
But I have noticed that during the most troublesome times in my life,
There is only one set of footprints.
I don't understand why in times when I needed you the most,
you should leave me.

The Lord replied,
"My precious, precious child.
I love you, and I would never,
never leave you during your times of trial and suffering.
When you saw only one set of footprints,

It was then that I carried you.



Rest in Peace

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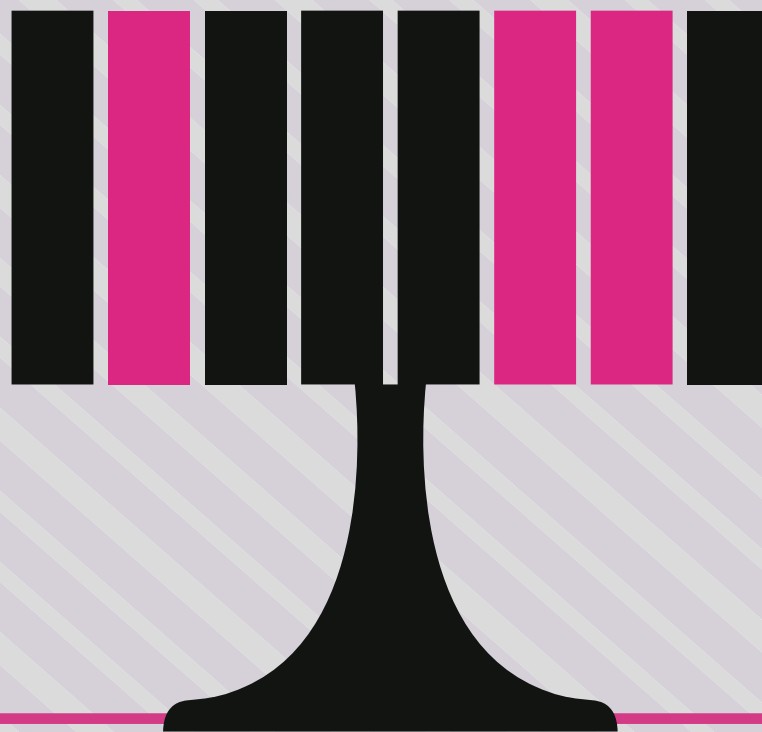
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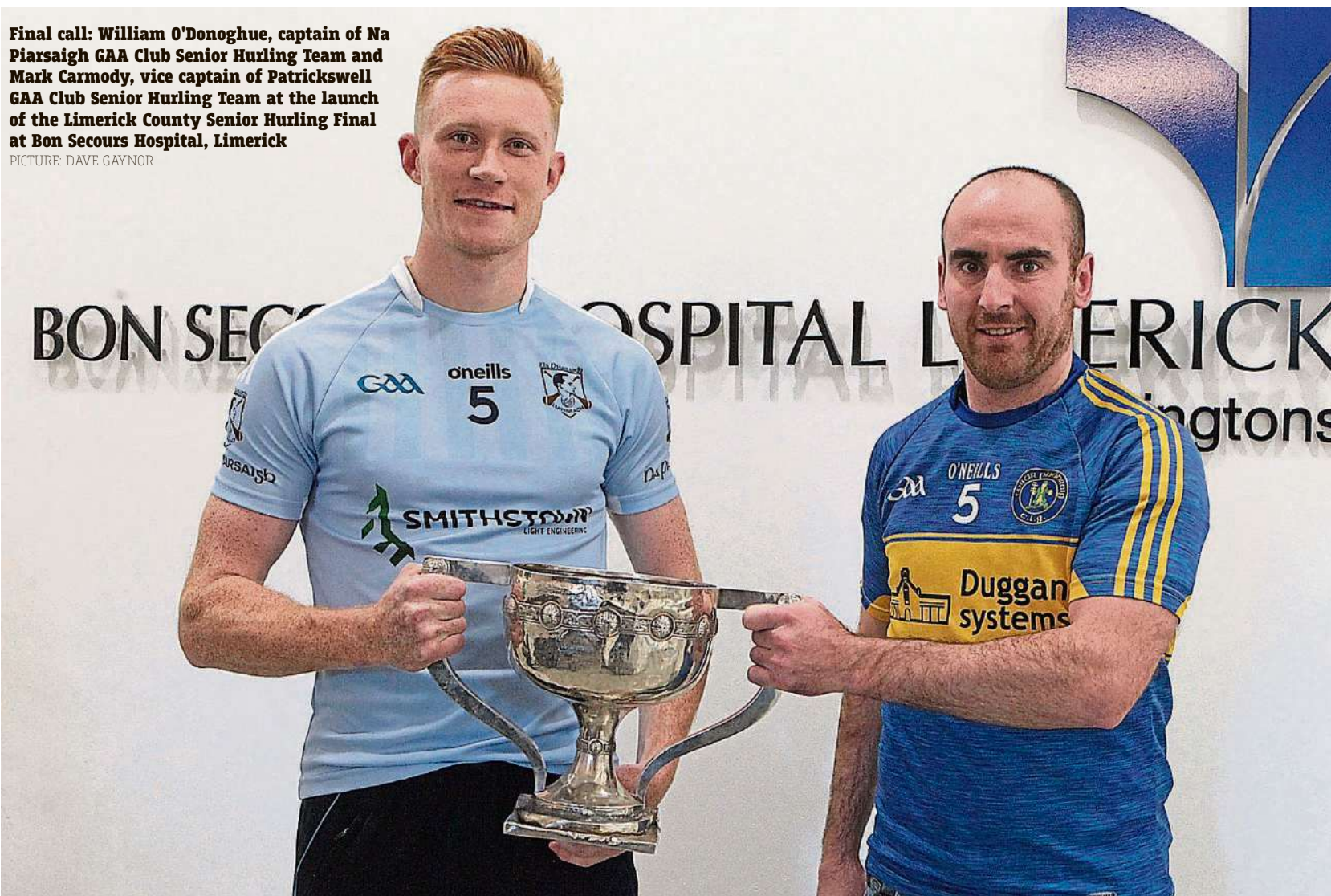
Limerick sides chase vital points

For more see Page 45



Final call: William O'Donoghue, captain of Na Piarasaigh GAA Club Senior Hurling Team and Mark Carmody, vice captain of Patrickswell GAA Club Senior Hurling Team at the launch of the Limerick County Senior Hurling Final at Bon Secours Hospital, Limerick

PICTURE: DAVE GAYNOR



Limerick's senior hurling showpiece takes centre stage

Hurling: Double-header of Limerick club championship final ties

JEROME O'CONNELL
joconnell@limerickleader.ie

CHAMPIONS Na Piarasaigh bid for three-in-a-row this Sunday when they play Patrickswell in the 2019 Bon Secours Hospital Limerick SHC final.

The repeat of the 2015 final will be live on TG4 at 3.30

from the LIT Gaelic Grounds.

The Caherdavin side will be without long term injured Shane Dowling and Jerome Boylan as they bid for a sixth ever Daly Cup crown but they will have Ronan Lynch available after he successfully appealed his semi final red card.

The Ciaran Carey

managed Patrickswell are bidding for a 20th ever title and a first since 2016 and will look to inter-county trio of Cian Lynch, Aaron Gillane and Diarmaid Byrnes to lead the charge.

Now managed by former Tipperary manager Mick Ryan, Na Piarasaigh's hat-trick quest will be backboned by

Limerick stars William O'Donoghue, Casey brothers Mike and Peter, David Dempsey and Kevin Downes.

When the sides met in the group stages back in April, Patrickswell were 2-17 to 1-15 winners to end a run of five successive Na Piarasaigh championships wins in this fixture.

The curtain-raiser on Sunday (1.45) will be the Premier IHC final between Kildimo-Pallaskenry and Blackrock. Promotion to the senior ranks is the prize for this duo – the 1940s since a team from Kildimo-Pallaskenry were senior and Blackrock last in the top flight in 1998.

Soccer

Limerick FCs case in for mention this month

COLM KINSELLA

ckinsella@limerickleader.ie

THE Limerick FC examinership process is due to come before the Circuit Court again later this month.

The case is listed for mention on the opening day of the civil sittings of Limerick Circuit Court at Merchant's Quay Courthouse on October 15.

The High Court last month confirmed the appointment of an examiner to League of Ireland First Division side Limerick FC.

At the hearing Mr Justice Tony O'Connor confirmed insolvency practitioner Conor Noone of Baker Tilly chartered accountants as examiner to Munster Football Club Limited, which trades as Limerick FC.

The company, represented by barrister Gary McCarthy instructed by solicitor Barry Lyons, had petitioned to the court to place the company in examinership, on the grounds that if certain steps were taken it could survive as a going concern.

The application was opposed by the Revenue Commissioners, which is a creditor of the company. In his ruling, Mr Justice O'Connor said he was satisfied that the legal criteria had been fulfilled that would allow the court to confirm Mr Noone as examiner to the company.

Mr Noone, who was appointed examiner on an interim basis last month, has up to 100 days to put together a scheme of arrangement with the League of Ireland First Division side's creditors which, if approved by the Courts, would allow the company continue to trade.



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SPORT
SNIPPETS

Camogie Role

LIMERICK camogie board officials have opened an application process for the position of Limerick senior camogie manager.

And, a deadline of October 10 has been set.

An email was issued this Monday evening confirming "Limerick County Camogie are seeking applications for the following positions, manager/management of the County Senior, Premier Junior and Minor squads".

Applications are to be emailed to Brid Kennedy, Camogie County Secretary at secretary.limerick

@camogie.ie before 6pm on Thursday October 10.

Declan Nash was Limerick senior camogie manager in 2019 - leading Limerick to a league semi final and championship quarter final.

It is not known is Nash and his management team, which included Ciaran Carey for the championship, wish to continue in their role.

Munster National

The first five home in last year's renewal feature among the entries for the JT McNamara Ladbrokes Munster National at Limerick on Sunday, October 13.

In all, there are 31 horses in the €100,000 contest with the Tom Mullins-trained Spider Web, which came from well off the pace to win under Luke Dempsey 12 months ago, leading the way.

Limerick Racecourse General Manager, Patrick O'Callaghan, said:

"We are delighted with the calibre of entries for the JT McNamara Ladbrokes Munster National. It is great to see that the first five home in last year's race are all entered again this year. There are a lot of yards represented including local trainers Eric McNamara's Black Scorpion, Gwencyl Berbas and Internal Transfer and Enda Bolger's Movewiththetimes. Ladbrokes have been sponsors of this race for the last 12 years and I would like to thank them for their continued support."

Website

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AIL season kicks off with big local derby

COLM KINSELLA
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THE new Energia All-Ireland League season kicks-off this week with two Limerick sides hoping to end the city's 10-year wait for a Division 1 title.

Nine-time champions Shannon, relegated to Division 1B at the end of last season, were the last Limerick side to win the top flight title in 2009/2010.

The All-Ireland League action for Limerick clubs kicks off on Friday night with an intriguing clash of local rivals UL-Bohemian and old Crescent in Division 2A at UL North Campus, 8pm.

Both clubs missed out on making the promotion play-offs in 2A last season, with UL-Bohs finishing fifth and Crescent claiming sixth.

The two Limerick clubs enjoyed decent early season form with Old Crescent reaching the Limerick Charity Cup final while UL-Bohs were edged out of the Munster Senior Cup at the quarter-final stage by Cashel.

This weekend's Division 1A action in the AIL includes the clash of Young Munster and Clontarf at Clifford Park on Saturday, 2.30pm.

Munsters' finished seventh in the 1A table last term, just above the relegation zone, so the Greenfields side will hope that they are contending for the semi-final play-offs this time, rather than fighting for

top flight survival.

Munsters' early season form has been good as Gearoid Prendergast's side has booked their place in both the Munster Senior Cup and Limerick Charity Cup finals.

Munsters' will face holders Cork Con in the Munster Senior Cup final in Cork in December following their semi-final win over Cashel in wet conditions at Clifford Park on Friday evening. The Greenfields' side's Limerick Charity Cup final opponents will be Old Crescent.

Looking ahead to the start of the AIL, Munsters' head coach Gearoid Prendergast said. "We are quite happy with where we are at going into the AIL. We have had two tough games with Shannon in the quarter-final a week ago also. Clontarf will provide a different form of opposition, but look, we are ready for it."

Meanwhile, also in Division 1A of the All-Ireland League this Saturday, Garryowen make a quick return trip to Temple Hill to face reigning AIL champions Cork Constitution.

Garryowen lost out to Con' in a highly competitive Munster Senior Cup quarter-final tie 10 days ago.

In Division 1B on Saturday, Shannon open their campaign with a home game against Old Belvedere on Thomond Park's back pitch.

Meanwhile, in Division 2C, Bruff travel to City of Derry to open their campaign.



Young Munster' Eoin O'Neill charges into the Cashel defence

Hurling team holiday to Barbados forces delay to Limerick football final



Eamonn Landers, Oola, in action against Liam Kennedy and John Hayes, St. Kierans during the County Senior Football Championship Semi Final at the Gaelic Grounds

LIMERICK'S senior football championship final between Oola and Newcastle West has been delayed two weeks due to a Limerick hurling team holiday.

The Irish Wire Products Limerick SFC final was to be played on October 13 but has been

pushed back two weeks after Oola reached the decider.

Oola have used four inter-county hurlers (Richie English, Darragh O'Donovan, Pat Ryan and Mikey O'Brien) on their run to a first SFC final since 1970 and on the original date of October

13 the Limerick hurlers will be holiday-ing in Sandy Lane in Barbados, thanks to Limerick sponsor JP McManus.

So the county football final - a first ever meeting of Oola and Newcastle West - takes place on October 27 in the LIT Gaelic Grounds.

Schools Senior Cup kicks-off

THE new-look Clayton Hotels Munster Schools Senior Cup competition kicks-off this Wednesday evening at Thomond Park.

Under the new format of the competition, the competing teams are divided into two groups of five teams each. One of those 10 teams is the Munster Club Select Player (CSP) side, which is an amalgamation side.

The Munster CSP side will take on Ardscoil Ris in the opening Group A fixture at 6.30pm this Wednesday.

Group A also features

Castletroy College, who travel to Bandon Grammar School on Wednesday, October 9, as well as PBC, of Cork.

Group B of the Schools Senior Club includes Crescent College Comprehensive and St Munchin's College who meet in Dooradoyle, on Tuesday, October 8 at 2.30pm, Glenstal Abbey, who face Rockwell College on the following day, as well as CBC, of Cork.

Each competing school will play four round robin fixtures before Christmas with the knock-out phase of

the Cup beginning in the New Year. The Munster CSP side only competes in the round robin phase.

ARDSCOIL RIS SCT SQUAD: Feidhlim Barry*, Ronan Carew, Cian Casey, Eoghan Collins*, Rory Desmond*, Darragh Dineen, Killian Dineen*, Harry Frost, James Horrigan*, Alex Keyes, Ian Leonard*, Alex Long*, Ben McEnery, John Moloney*, Josh Moore*, James Murphy, Alex O'Halloran*, Loughlin O'Keefe*, Cian O'Reilly*, Oran O'Reilly, Eoghan Ryan, David Smith, Jack Ward-Murphy*, James White*, Harry Kelly, Damien Keogh, David O'Loughlin, Steven Mitchell, Colin Kelly, Paddy Hassett, Darragh Shine, Adam Kennedy, Peader Talbot (*denotes played 2019)



Wednesday night sees the first of the newly formatted Munster schools cup matches between Ardscoil Ris and CSP

'Boro' take on the 'Saints'

PAT SHEEHAN
sport@limerickleader.ie

ON SUNDAY Janesboro face the daunting task of a trip to meet the all-conquering St Michaels in the Munster Champions Cup.

'Saints' won all before them last season including FAI and Munster Junior Cups and possess the same panel again this time out.

Without doubt they are the best side in the country now with no plans to relinquish that title.

Janesboro also had a great season winning the League title again while under the guise of Limerick DL they also captured the Oscar Traynor Trophy.

However, a bad close and early season saw them lose the majority of last year's squad along with joint manager Aidan Ryan.

The new batch are not a bad team by any means, but they are inexperienced and will need time to bed in.

With Shane O'Hanlon at the helm and Daithi O'Donoghue back in situ you can be sure they will bounce back but might find St Michaels coming too early.

In the Premier League there are three important games down for decision.

Fairview Rgs will go joined top in the table if they can win at Coonagh Utd. Newcomers to the top flight Coonagh have been well and will relish the chance to topple a fancied Fairview side.

Fairview have added further to their squad with the addition of Steven Bradley and Clyde O'Connell and will see this as three points they must take if they wish to push for the title.

Ballynanty Rovers and Regional Utd are in the chasing pack behind Pike and the sides meet on



Christopher Higgins of St. Michael's leads his side out at Cooke Park in Tipperary. They face Janesboro this weekend in the Champions Cup

Sunday in LIT.

Balla have added significantly to the squad with the addition of Kieran Hanlon, Stephen Kelly and Jason Hughes and with Conor Ellis in prolific form, will prove a stern test for Regional. The Dooradoyle club have shown to date that they are a resilient outfit and will not roll over lightly.

After three defeats in their opening games, Aisling are playing catch up with the leaders. On Sunday they travel across town to meet a Mungret Reg side in need of a boost after exiting the Munster and FAI Cups in consecutive weeks.

The Munster Junior Cup continues at the weekend with a place in Round Three.

There is only one Premier side in action and Kilmallock Utd will not get things all their own way when they host

Aisling Annacotty B. The county side played Aisling A last weekend and conceded ten times.

Their confidence took a battering and it remains to be seen how they will respond. They made the mistake last weekend of trying to play the ball out of defence when at times a clearance was the right choice. They need to save their possession football for further up-field. They host a young Aisling side in good form and they need to guard against an upset.

PREMIER A SIDES FACE SOME STICKY OPPOSITION

Corbally visit Regional Utd B with the winners meeting Northside or Shelbourne B for a place in the open stages of the competition.

Charleville take on Newport in what could be the

game of the day while Holycross host a Hyde Rgs side that knocked them out of the FAI Junior Cup last weekend.

High riding Div 1A side Castle Rovers welcome Fairview Rangers B on the back of a 5-1 reverse to Moyross last weekend. They will find Fairview no less a challenge.

Athlunkard Villa A will be strong favourites against a struggling Granville Rgs XI while Northside also carry the favourites tag at home to Shelbourne B.

Cappamore welcome Parkville Utd B while the Parkville A team renew acquaintances with Southend Utd having gone down 2-1 to the same opposition last weekend.

Expect plenty of goals when Summerville Rvs and Patrickswell cross swords

and Murroe v Carew Park makes up the list.

The FAI Under 17 Cup kicks off on Sunday with a number of games worth taking a look at.

Aisling Annacotty are unbeaten to date and will be expected to maintain that run at home to Regional Utd.

Cappamore take on Tipperary opposition in Holycross while Newport also have outside opposition in Ballymackey

Carew Park lost for the first time last Sunday, going down heavily to Aisling and this weekend they host Fairview Rgs. Summerville host Shelbourne and Corbally Utd welcome an in-form Kilfrush XI.

Tomorrow (Thursday) the Tuohy Cup kicks off in Jackman Park at 7pm when Ballynanty Rvs take on Mungret Reg.

JUNIOR SOCCER

PREMIER DIVISION	P	W	D	L	Pts
Pike Rovers	8	6	2	0	18
Fairview Rgs	8	5	2	1	17
Geraldines	8	5	2	1	17
Ballynanty Rovers	8	5	1	2	16
Regional Utd	8	5	0	3	15
Aisling Annacotty	8	4	1	3	13
Janesboro	8	4	1	3	13
Mungret Reg	8	3	0	5	9
Coonagh Utd	8	1	3	4	6
Nenagh AFC	8	2	0	6	6
Prospect Priory	8	1	1	6	4
Kilmallock	8	0	1	7	1

PREMIER A LEAGUE	P	W	D	L	Pts
Moyross	7	6	1	0	19
Fairview Rgs B	8	5	2	1	17
Cappamore	7	5	0	2	15
Murroe	8	5	0	3	15
Newport	8	4	2	2	14
Charleville	7	4	1	2	13
Athlunkard Villa	7	3	1	3	10
Hill Celtic	7	2	2	3	8
Aisling Ann B	7	2	1	4	7
Holycross	8	2	0	6	6
Carew Park	8	2	0	6	6
Corbally Utd	8	0	0	8	0

DIVISION 1A	P	W	D	L	Pts
Castle Rvs	6	4	2	0	14
Hyde Rgs	5	4	0	1	12
Patrickswell	6	3	2	1	11
Kilfrush	6	3	1	2	10
Geraldines B	6	3	1	2	10
Knockainey	5	3	0	2	9
Southend	6	3	0	3	9
Ballylanders	5	2	1	2	7
Star Rvs	5	1	3	1	6
Summerville Rvs	6	1	1	4	4
Shelbourne	6	0	2	4	2
Granville Rgs	6	0	1	5	1

DIVISION 1B	P	W	D	L	Pts
Regional Utd B	8	5	3	0	18
Athlunkard Villa B	6	4	2	0	14
Glenview Rvs	8	4	2	2	14
Parkville	7	4	2	1	14
Mungret Reg	7	3	2	2	11
Aisling Annacotty C	6	1	4	1	7
Caherdavin Celtic	6	1	3	2	6
Pallagreen	5	1	2	2	5
Newport	7	1	1	5	4
Caledonians	6	1	1	4	4
Charleville	6	0	0	6	0

DIVISION 2A	P	W	D	L	Pts
Caherconlish	6	6	0	0	18
Kilmallock B	5	4	1	0	13
Janesboro B	5	4	0	1	12
Wembley Rvs	5	3	1	1	10
Castle Utd	5	3	0	2	9
Murroe B	6	3	0	3	9
Meanus	5	2	1	2	7
Corbally Utd B	6	1	2	3	5
Herbertstown	4	1	1	2	4
Prospect Priory B	6	0	2	4	2
Hyde Rgs B	5	0	1	4	1
Knockainey B	6	0	1	5	1

DIVISION 2B	P	W	D	L	Pts
Aisling Annacotty D	7	6	1	0	19
Fairview Rgs C	8	5	2	1	17
Northside	7	5	0	2	15
Brazuca United	8	4	2	2	14
Parkville B	7	3	2	2	11
Kilfrush B	8	3	1	4	10
Lisnagry	7	2	1	4	7
Coonagh Utd C	8	1	3	4	6
Coonagh Utd B	6	1	1	4	4
Abbey Rvs	8	0	1	7	1

JUNIOR SOCCER FIXTURES

THURSDAY OCT 3RD

TUOHY CUP

Ballynanty Rvs v Mungret Reg, 7.00, Jackman Park, N Casey, K Gorman, S Rooney

SATURDAY OCT 5

MUNSTER JUNIOR CUP

Regional Utd B v Corbally Utd, 7.00, J Rooney
Charleville v Newport, 7.00, S Rooney

SUNDAY OCTOBER 6

MUNSTER CHAMPIONS CUP

St Michaels v Janesboro, 3.00

PREMIER LEAGUE

Coonagh Utd v Fairview Rgs, 10.30, A Hall
Mungret Reg v Aisling Annacotty, 10.30, J McNamara
Ballynanty Rovers v Regional Utd, 10.30, D Power

DIVISION 2B

Lisnagry v Aisling, 10.30, T Joyce
Kilfrush B v Abbey Rvs, 10.30, T O'Sullivan
Coonagh B v Coonagh C, 2.00, T Mannion

DIVISION 3A

Moyross v Athlunkard Villa, 10.30, P O'Brien
Mungret Reg v Lisnagry B, 10.30, Castlemungret, M Bourke

FAI UNDER 17 CUP

Aisling Annacotty v Regional Utd, 2.00, R Broe
Cappamore v Holycross (Tipperary), 2.00, K McCormack
Summerville v Shelbourne, 2.00, M Blake
Newport v Ballymackey, 2.00, G Clancy
Carew Park v Fairview Rgs, 2.00, A Hall
Corbally Utd v Kilfrush, 2.00, J McNamara

THURSDAY OCT 10

TUOHY CUP

Pike Rvs v Regional Utd, 7.00, Jackman Park
R Broe, J McNamara, A Galvin

DIVISION 3A	P	W	D	L	Pts
Moyross B	5	5	0	0	15
Dromore Celtic	5	4	0	1	12
Caledonians B	4	3	0	1	9
Shelbourne B	5	2	1	2	7
Nenagh B	5	2	1	2	7
Mungret Reg C	4	2	1	1	7
Lisnagry B	4	2	0	2	6
Athlunkard Villa C	4	1	0	3	3
Newport	5	0	1	4	1
Murroe C	5	0	0	5	0

#LLSport

ON THE BALL

“Limerick to the core...”

COLM KINSELLA

World Cup hangover shrouded 'Thomond'

THE new Guinness PRO14 season kicked off last weekend.

You'd be forgiven if you missed it, however. Every four years the PRO14 comes up against the Rugby World Cup for media coverage and profile. And the league comes off a poor second best.

Take last Saturday for instance. Bleary-eyed rugby fans dug themselves out of bed all over the country at an unearthly hour to watch Ireland's second Rugby World Cup Pool A fixture against Japan.

Those fans were full of optimism – despite the early 8.15am kick-off time – following Ireland's impressive opening day victory over Scotland.

But that joy had turned to despair by 10.15am as Ireland suffered a shock defeat to the Brave Blossoms.

The prospect of making their way to Thomond Park four hours later to watch Munster's opening Guinness PRO14 fixture of the season was well down the list of priorities for the majority of those Irish rugby fans.

The regular Saturday activities took centre stage, the weekly shopping needed to be bought, kids' sports and other pastime activities needed to be tended to, the dog needed walking, granny had to be visited.

Take your pick. The reality is that the vast majority of rugby fans – other than the diehard Munster supporters – weren't about to contemplate devoting an entire Saturday to watching 'egg chasing' on TV that morning in the World Cup and then live that afternoon in the Pro 14.

Just look at the coverage of the PRO14 in the national media on Sunday and Monday. Low key is perhaps the most appropriate way to describe it.

Trying to attract a large crowd to Thomond Park on a filthy wet Saturday afternoon as the nation continued with a World Cup hangover from earlier in the morning was never going to be easy.

Although the official attendance at Thomond Park was given as 10,878, that figure included a large number of season ticket holders who chose not to attend the game



Jack O'Donoghue of Munster is tackled by Owen Jenkins of the Dragons during the Guinness PRO14 Round 1 at Thomond Park in Limerick. Just over 5,000 fans attended despite over 10,000 tickets being sold PICTURE: MATT BROWNE/SPORTSFILE

for numerous reasons.

The actual number of supporters inside the match venue was perhaps more accurately between 5,000 and 6,000.

Munster were shorn of 12 Ireland internationals who are on World Cup duty and minus their household names and given the wet conditions and the profile of the opposition, it was always going to be difficult to attract a bumper attendance.

Then there is the question of the kick-off time, 3pm. It's not the most ideal, to be fair.

5.30pm is perfect. It gives supporters the opportunity to tend to their regular Saturday business and still have time to make it to Thomond Park in time for kick-off.

It also allows Munster supporters travelling to Limerick from outside of

the Mid-West an opportunity to return home at a reasonable hour, especially attractive for supporters with young children.

Thankfully from a Munster perspective their next three home fixtures at Thomond Park scheduled to take place on Saturdays will kick-off close to tea time.

Munster host Ulster in Limerick in the PRO14 at Thomond Park on Saturday, November 9 at 5.15pm. That game is followed by the first two home fixtures in the Heineken Champions Cup, both of which kick-off at 5.30pm.

That schedule includes the Saturday, November 23 meeting with Racing 92 and the Saturday, December 7 clash with holders Saracens. Thomond Park should be hopping then.

For more see #LLSport

DONN O'SULLIVAN

Hindsight is more than 20/20

The old saying that 'hindsight is 20/20' is normally associated with someone reflecting on an error or looking back on an unexpected event.

Several years ago, in a sporting context, it would have been as simple as two lads in a pub chatting about what might have been. What could the players have done better? What mistakes did the 'sideline' make?

Now however, with the advent of social media, hindsight is no longer 20/20, it is a license to abuse and mock.

Last week, no one in the World of Rugby media predicted Ireland losing to Japan. There were 20 point favourites with the bookies and they don't get things wrong all that often.

However, post match, the 20/20 social media 'fans' were out in force.

Articles written earlier in the week were picked apart as if they had been written after the shock result, not days before.

People get things wrong. People say things that you may not agree with. Where once people dissected the game for tactical mistakes, they now take to social media to personally attack players, members of the media and punters who may have gotten a result wrong.

Why all the hate? Why all the vitriol? Hindsight is clear vision, but sometimes people are clouded in anger as they take to social media.

When we look back in years to come, it might not be a great invention after all.



Didn't see that coming: Joey Carbery is tackled during Ireland's defeat to Japan

JEROME O'CONNELL

County Final Day must remain a special time for GAA clubs

THIS Sunday the first of nine adult Limerick club GAA championship finals take place and it's a special day for any club.

Unfortunately in Limerick there is little tradition of big crowds attending club games.

THE LIT Gaelic Grounds hosts two top hurling finals on Sunday with some of the country's top hurlers on display across Na Piarasigh, Patrickswell, Kildimo-Pallaskenry and Blackrock.

We are lucky in Limerick

hurling circles right now that the hurling heroes of our youngsters in the most part wear the green of Limerick.

While all youngsters can aspire to follow in their footsteps and play for Limerick, inspiring the youngsters to be their best at club level is the first



The Daly Cup, the prize on offer this weekend for the senior hurling final

quest.

With this in mind, County Final Day, regardless of the code or level, can be a hugely important day for a club, village or town because there is a sense of community about it, that is sadly eroding from everyday life.

What about every underage team in the club travelling to the final as a unit – surely

watching the club's flagship team line-out in a big occasion could inspire the young stars as much as any training session or blitz. It's a commitment from the varying mentors but one that could repay them and the club in future years.

Unfortunately it doesn't always happen but all four clubs on Sunday have had a two week run-up to their respective finals, which is sufficient time to prepare all aspects and while victory on the field is no1 but a final also affords a vital opportunity to spread roots across the community.

COLM KINSELLA

Japan can chase Enable home in Sunday's Prix de l'Arc

SUNDAY'S Qatar Prix de l'Arc de Triomphe is Europe's richest flat race, boasting a prize-money pot of €5 million.

The showpiece contest at Longchamp racecourse in Paris is one of the most highly anticipated races in the racing calendar as a result of its prestige, value and history.

John Gosden's mare Enable is continuing with her build-up in her attempt to become the first horse to win the Prix de l'Arc de Triomphe three times.

Enable is currently the 8/11 favourite to complete a hat-trick of victories in the prestigious mile-and-a-half prize. Incredibly, the mare has won 14 of her 15 starts

on the racecourse.

She is only the second in the 99-year Arc's history to try for a hat-trick — the French-trained mare Treve running fourth in 2015 after winning in 2013-14

Enable warmed up with a second victory in the Yorkshire Oaks at York last month.

Given the short price available

about Enable, looking at a bet without the odds-on favourite looks a better option.

The Aidan O'Brien-trained Japan who is on a hat-trick after a runaway win in a Group 2 at Royal Ascot in June before downing Crystal Ocean, in the Juddmonte International at York has strong claims at odds of 11/4.



Enable is the favourite, but we think it better to back without her

IS THAT ON THE BOX?

Wednesday

RUGBY WORLD CUP
NEW ZEALAND V CANADA
ITV4 11.15AM

ATHLETICS
WORLD CHAMPIONSHIPS
BBC2 2PM

SOCCER
BARCELONA V INTER
BT SPORT 8PM

SOCCER
LILLE V CHELSEA
BT SPORT 8PM

SOCCER
LIVERPOOL V RED BULL
BT SPORT 8PM

Thursday

RUGBY UNION
GEORGIA V FIJI
ITV4 6.15AM

GOLF
OPEN DE ESPANA
SKY SPORTS 11AM

RUGBY WORLD CUP
IRELAND V RUSSIA
RTE/EIR/ITV 11.15AM

GOLF
HERO INDIAN OPEN
SKY SPORTS 1PM

SOCCER
AZ ALKMAAR V MAN UTD
BT SPORT 5.55PM

Friday

RUGBY WORLD CUP
SOUTH AFRICA V ITALY
EIR SPORT 10.45AM

GOLF
OPEN DE ESPANA
SKY SPORTS 11AM

GOLF
HERO INDIAN OPEN
SKY SPORTS 1PM

RUGBY UNION
LEINSTER V OSPREYS
PREMIER SPORT 7.35PM

RUGBY UNION
WORCESTER V EXETER
BT SPORT 7.45PM

Saturday

Former Blackrock College winger Vasily Artemyev will captain Russia against Ireland on Thursday



TENNIS
CHINA OPEN
AMAZON 3AM

RUGBY WORLD CUP
AUSTRALIA V URUGUAY
ITV1 6.15AM

RUGBY WORLD CUP
ENGLAND V ARGENTINA
ITV/EIR SPORT 9AM

GOLF
OPEN DE ESPANA
SKY SPORTS 11AM

RUGBY WORLD CUP
JAPAN V SAMOA
ITV/EIR SPORT 11.30AM

SOCCER
BRIGHTON V TOTTENTHAM
BT SPORT 12.30PM

GOLF
HERO INDIAN OPEN
SKY SPORTS 1PM

ATHLETICS
WORLD CHAMPIONSHIPS
BBC1 2.45PM

RUGBY UNION
KINGS V MUNSTER
EIR SPORT 3PM

RUGBY UNION
CHEETAHS V ULSTER
PREMIER SPORT 5.15PM

RUGBY UNION
CARDIFF V EDINBURGH
S4C 5.15PM

SOCCER
WEST HAM V C PALACE
SKY PSORTS 5.30PM

SOCCER
GENOA V AC MILAN
FREESPORTS 7.45PM

GOLF
SHRINERS OPEN 2019
SKY SPORTS 10PM

Sunday

RUGBY WORLD CUP
NEW ZEALAND V NAMIBIA
ITV1 5.45AM

RUGBY WORLD CUP
FRANCE V TONGA
ITV 8.45AM

GOLF
OPEN DE ESPANA
SKY SPORTS 11AM

GOLF
HERO INDIAN OPEN
SKY SPORTS 1PM

SOCCER
SOUTHAMPTON V CHELSEA
SKY SPORTS 2PM

SOCCER
NEWCASTLE V MAN UTD
SKY SPORTS 4.30PM

NFL
NFL REDZONE
SKY SPORTS MIX 6PM

Romelu Lukaku will bring his Inter side to the Camp Nou on Wednesday night to face Barcelona



NFL Redzone is the highlight this Sunday





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