



ICE ICE BABY!

Orla Shiel at the opening of Limerick on Ice at Arthur's Quay Park. The annual holiday ice rink is open from this Thursday until January 5

PICTURE: MICHAEL COWHEY

The Leader

Wednesday, November 27, 2019

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HAVE YOUR SAY €180m Project
Opera oral hearing begins **P4**

'BELOW AVERAGE'
UHL among the lowest performers in national survey **Page 8**



PROPERTY
We have some exceptional homes in our 12-page section **See Inside**



All to play for: Five local sides chase FAI Cup Glory See Sport

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▲ GOOD WEEK

An Garda Síochána

In a successful multi agency rescue mission, two brave gardai swam in the river to save a woman.



▼ BAD WEEK

University Hospital Limerick

UHL set a new record for highest overcrowding with 85 patients on trolleys.



☀ QUOTE OF THE WEEK

"I feel Frank has been badly let down by the union. That man has given 57 years of his life to people in the union, to the community, and I feel he is entitled to go into the office"- **Linda Ledger, St Munchin's Community Enterprise Centre**

INSIDE THIS WEEK



COPS & DONUTS

Gardai pitch in for Special Olympics fundraiser
Page 18



SANTA ARRIVES

Christmas officially starts in the Crescent
PAGE 20-21

Hurlers are still great Limerick ambassadors



John Kiely: His leadership will be vital in getting the Limerick hurlers through this mini-crisis and back doing what they do best - winning titles and representing Limerick with pride on and off the hurling pitch



WHAT WE THINK

EUGENE PHELAN

LEADER EDITOR

ALL the talk this past week, no matter where you go has been about the Limerick hurlers.

And yes, some of the carry on, including burning a Tipperary jersey and fighting in New York, is not what one would expect from hurling role models.

There are rumours about other transgressions, which is worrying but it should be

remembered that the vast majority of the All-Ireland winning team have been great ambassadors for Limerick, and all should not be tarnished with the one brush. And we should also remember it is just a small number out of a group of 40 or so, who have done things they are not proud of and they know they have let the team down. They have got to realise

once they wear a county jersey, with it comes responsibility. They will have to take their punishment. But everyone deserves a break and who hasn't messed up at some stage in life?

John Kiely and team captain Declan Hannon are exceptional leaders, and they will get the team through this mini-crisis and back doing what they do best - playing great hurling.



MORE FOR YOU

CHRISTMAS GIVEAWAY

This Christmas, the Lidl Elves dad Nick, mum Holly, and twins, Eddie and Eve, are absolutely everywhere! Wanting to experience the joy of Christmas they have been exploring this very newspaper. Spot where each pops up throughout the pages of this week's The Leader.



To be in with a chance of winning a Lidl shopping voucher, simply make a note of the page number that Nick, Holly, Eddie and Eve appear on this week and send it to competitions@iconicnews.ie along with your name and contact details. All correct entries will go into the draw. Winners will be contacted by The Leader directly and they will be announced in the week commencing Monday, December 9. Terms and conditions on www.limerickleader.ie

WEATHER FOR THE WEEK



WEDNESDAY

Mostly cloudy and breezy with a passing shower - High of 10°C



THURSDAY

Times of sun and clouds but staying mainly dry



FRIDAY

Cloudy day with the sun peaking through in the afternoon



SATURDAY

Mostly cloudy with a couple of showers - High of 8°C



SUNDAY

Clear skies and sunny; however chilly with a high of just 6°C



MONDAY

Bright sunny start to the week but remain cold. Overnight low 0°C



Sarah Corbett-Lynch with her aunt, Tracey Lynch, at the 2019 Limerick Garda Youth Awards at the Woodlands House Hotel, Adare PICTURE: DAVE GAYNOR

Garda award for Jason's daughter

Inspirational: Sarah Corbett-Lynch honoured

DAVID HURLEY
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THE teenage daughter of Limerick man Jason Corbett who was murdered in America more than four years ago was one of those honoured at this year's Limerick Garda Youth Awards.

Sarah Corbett-Lynch, 13, and her brother Jack returned to Limerick to live with their aunt Tracey following the death of her dad in North Carolina in September 2015.

Since returning to Ireland, she has completed voluntary work for several organisations as well as getting involved in Team Limerick Clean Up in her local community.

She has raised funds for the Midwest Cancer Foundation and the Asthma Society and, last year, she campaigned to save a local amenity from demolition.

Sponsored by the Garvey Group, the Limerick Garda Youth Awards, which were established in 2014, aim to honour young people – aged between 13 and 21 - who have made a significant contribution to the community in which they live.

Seven individuals and three different groups from across Limerick city and county were honoured at the 2019 awards which took place at the Woodlands House Hotel in Adare.

"Sarah is an inspirational, positive child, who despite having experiences that no adult should endure, is optimistic and enthusiastic about life and has brought joy to all those around her," states the citation which was read at the awards ceremony.

Speaking to The Leader, Sarah, who will launch her first children's book - Noodle loses Dad – next week said she was thrilled when she

heard she had been nominated.

"I feel very special because through this and through my book I will be able to get to other children who have been hurt and who have been through a lot of grief and I hope it helps them," she said.

"I'm delighted and I'm very proud of myself because I've been through a lot and I really think that having my family with me has really helped," added Sarah who is a first-year student at Mungret Community College.

Her aunt, Tracey Lynch, says she is very proud of Sarah and what she has achieved since returning to Limerick.

"Unbelievable so, every day really she makes us proud – whether it's through her writing or her singing or achievements in school – we are delighted and completely blown away by this award," she said.



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'An economic stimulus for city'

Project Opera: Opening statements in oral hearing

NICK RABBITS AT THE STRAND HOTEL
nick@limerickleader.ie

THE Office of Public Works (OPW) has warned that the Revenue Commissioners would be required to consider "out of city options, exacerbating the donut effect," if Project Opera does not go ahead.

That's according to a town planner, speaking at an An Bord Pleanála oral hearing into the €180m Project Opera scheme.

The Revenue Commissioners are due to move into the heart of Project Opera, in a landmark 15-storey tower block, with the public body set to be the main tenants of the €180m development which could bring up to 3,000 jobs.

Architects and lawyers appointed by Limerick Council, which is spearheading the scheme, made their submissions to inspector Pauline Fitzpatrick.

Gavin Lawlor, director with Tom Phillips and Associates town planners said the scheme has the potential "to act

as a vital regenerative force and economic stimulus to Limerick city centre."

He pointed out that the majority of observations to the proposals, which will see restaurants, an apart-hotel and a new city library, were "strongly supportive of the scheme."

"Inspector, I find it puzzling that of the negative submissions received for the current scheme just one, the Irish Georgian Society, made an observation on the Limerick 2030 Plan which expressed concerns in relation to the protection of heritage building on site. None of the remaining observers who now criticise the land use mix and quantum of development on the subject site raised these concerns in 2014," he said.

He said Project Opera represents "one of the last opportunities" to ensure positive heritage value on the site just behind Patrick Street.

Mr Lawlor confirmed the OPW is supportive of the scheme, and warned "in the absence of a development" like Project Opera, it "would be required to consider out of city options".

Mr Lawlor dismissed original proposals for housing in Project Opera as a "preliminary sketch". He also criticised An Taisce's claim that an apart-hotel providing 57 rooms would represent an "air b and b type development".

"It is respectfully submitted that this is a disingenuous description given the



proposed apart-hotel will be professionally managed and operated and thus differs substantially from the type of ad-hoc use that an air b and b description alludes to."

A number of high-profile figures in the city are present at the hearing, including Michael Tiernan, Tiernan Properties, which owns Arthur's Quay, representatives of the Irish Georgian Society and well-known architect Elizabeth Hatz.

At the oral hearing into Project Opera at the Strand Hotel were Michael Tiernan, Tiernan Properties and David Conway, Limerick 2030

PICTURE: ADRIAN BUTLER

Day one was largely taken up with submissions from Limerick Council which is leading the development of Project Opera through Limerick Twenty Thirty. Towards the back end of the day, Ms Hatz spoke out against the scheme, saying it is "damaging and disrespectful to the historic core of Limerick. "It's in contravention of the development plan in that it's damaging to the historic core," says Ms Hatz. The hearing continues this Wednesday.

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Man, 68, died after stumbling and falling down stairs

DAVID HURLEY

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A MAN who died after falling down the stairs at his home had consumed toxic levels of alcohol his inquest has heard.

The 68-year-old was pronounced dead at University Hospital Limerick on March 12, 2019 – the day after he was admitted.

When questioned by gardai, the man's wife said she and her husband had been socialising on the evening of March 10 and that they went to bed at around 11.30am.

She said sometime during the night she heard a "crash bang" and that when she went to investigate, she discovered her husband "upside down" on the stairs.

She said her husband had a problem with alcohol and that she suspected he had alcohol

hidden in their home.

The inquest heard he never regained consciousness and died from his injuries the following day.

A post mortem examination confirmed the deceased sustained multiple injuries including a fracture at the base of his skull.

Pathologist, Dr Teresa Lazlo, said the concentration of alcohol in the man's was more than four times the legal limit for driving.

Having considered the evidence, coroner John McNamara said what happened was clearly accidental.

"It would appear he stumbled and fell," he commented noting the garda evidence confirming that foul play was not suspected.

In the circumstances, he said a verdict of misadventure was appropriate.

Community leader backs Frank on strike

NICK RABBITS

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A NORTHSIDE community leader has given her backing to Frank McDonnell, who claims he has been barred from Siptu's offices in Limerick.

Linda Ledger, the manager of the St Munchin's Community Enterprise Centre, supported the lone picket being run by the Ballysimon Road man – and she was joined by former Siptu representative Liz Murray, as well as a number of workers from the Kileely facility.

Mr McDonnell, a former local president of Siptu, has had a number of disputes with the union.

But Siptu claim he is not barred from the centre at all, a spokesperson suggesting he was inside the complex, which is part of the Forsa offices in the Roxboro Road only last week.

They claim it is only due to the advent of GDPR legislation that some areas have had to become off-limits for the veteran union man.

Ms Ledger has described Frank's alleged treatment as "appalling".

"Frank helps random people. His



A number of people supported former Siptu man Frank McDonnell outside the union's offices in the Roxboro Road PICTURE: DOMINICK MOLONEY

heart and soul has been Siptu all his life, and he is all about helping others," she said.

Ms Murray added: "I feel Frank has been badly let down by the union. That man has given 57 years of his life to people in the union, to the community, and I feel he is entitled to go into the office. Frank manned and ran the Limerick office in the old building when there were no officials around. Frank works for the community and it is due to this that

the community want to support him."

Mr McDonnell, an employment rights advisor by trade said he is finding it difficult as his daughter Ailish works in the Forsa office, which rents part of the facility to Siptu.,

A Siptu spokesperson previously said there have been complaints from Mr McDonnell against some members of staff and conversely, some members of staff against him.



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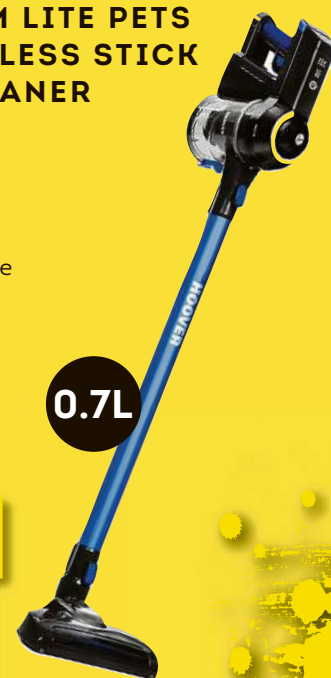


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UHL's ranks lowly in survey

Waiting times: 75 patients told survey they were waiting for a bed for over 48 hours

FINTAN WALSH
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UNIVERSITY Hospital Limerick scored below the national average in every stage of care, according to the third annual National Patient Experience Survey (NPES).

And in a separate development his Monday, UHL set a new record for highest overcrowding in a single day, with 85 patients on trolley

The NPES surveyed a total of 26,897 inpatients earlier this year, in a bid to measure the performance of every public hospital and to highlight positive experiences and areas of improvement.

Between UHL, Croom Orthopaedic Hospital and St John's Hospital, a total of 925 patients participated in the survey in Limerick, a drop of 114 patients in comparison to last year's survey.

According to the survey, which asked patients 51 questions in relation to their care, 76% found their treatment to be "good" or



UHL was ranked among the worst in the National Patient Experience Survey

"very good", below the national average of 84%.

In 2018, it was also below the national average, with 78% finding their level of care either "good" or "very good".

A total of 590 respondents—81.7%—were

emergency cases.

According to the survey, UHL failed to meet emergency waiting time targets for a large number of patients this May.

The HSE's targets for waiting times are that 75% of

people in the emergency department should be discharged or admitted to a ward within six hours, or should not wait longer for nine hours.

A total of 161 (33%) respondents said they were

waiting more than 24 hours, with 75 saying that they were waiting for more than 48 hours before being admitted to a ward.

In 2018, 50 patients said they were waiting more than 48 hours, while 34 made the same claim in the inaugural survey in 2017.

For patients aged 75 and older, 95% of emergency cases should be discharged or admitted within six hours and also should not be waiting for longer than nine hours. Twenty-six percent of patients (125) said that they were admitted to a ward within six hours, while 197 patients—41%—were waiting between six and 24 hours. Ninety-five percent of patients described their room as clean or very clean, and that 89% said they had been always or sometimes been treated with dignity and respect in the emergency department.

Just 4% of patients said they had no confidence in hospital staff treating them.

When asked if they thought UHL staff did

everything they could to help control pain, 82% said yes and yes to some extent.

A spokesperson for the UL Hospitals Group said that it acknowledges that the wait times are "excessive and contribute to a poor experience of admissions for too many patients at a time when they are vulnerable".

He added that the €19.5m 60-bed block is currently underway, which is hoped to assuage UHL's ongoing overcrowding problem.

"Many of the understandable frustrations expressed by our patients will be addressed through the wider structural reforms of our healthcare system as set out in Slaintecare."

Croom had joint-highest rating in the whole country, with a score of 9.4 out of 10, alongside South Infirmity Victoria University Hospital.

According to the 122 participants at St John's Hospital, there was an improvement in its patient satisfaction, with 93% saying that they found their care good or very good—well above the national average.

Keelin's tour of Euro parliament

NICK RABBITS
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IRELAND South MEP Sean Kelly has welcomed a Transition Year student from Limerick to the European parliament.

Some 20 students from across the province, including Keelin NicGearailt of Castletroy College were in Brussels as part of the Fine Gael politician's annual Meet your MEP essay contest.

This year, students were asked to look at how life will be different if and when gender equality is achieved.

Elsewhere, students came from counties Clare, Cork, Kerry, Tipperary, Waterford, Offaly, Wexford and Carlow.

As well as receiving a tour of the European Parliament and participating in workshops on gender equality and the EU's Erasmus+ programme, the group also had meetings with incoming Commissioner for Trade Phil Hogan, the End FGM Network and the



Castletroy College student Keelin Nic Gearailt with Sean Kelly MEP in Brussels

European Women's Lobby.

Mr. Kelly said: "This is an annual competition that I organise for young people, in an effort to show them first-hand what it means to be an EU citizen, and it has proven to be extremely successful. The students presented their ideas on issues such as gender-based violence and inequalities in sport, agriculture, the

workplace and politics. A top priority for the group was the need to end gender stereotypes and to recognise their damaging impact on women and men."

Thanking the students who entered the competition, Mr Kelly, who was re-elected for a third term in June, said: "I was very impressed by their level of understanding and passion."

Gardai 'enter river' to help save woman

EMERGENCY services have attended the scene of a river rescue, in Limerick city on Monday night.

According to a number of sources, two gardai are believed to have jumped into the river in an attempt to save the woman, who is understood to be in her 30s.

Three units of the Limerick Fire Service were alerted to the incident at around 8.35pm. Members of the Ambulance Service were also on hand.

On arrival, two ground crew Swiftwater Rescue Firefighters entered the water and rescued the woman.

According to sources, she was transferred to their FireSwift Boat and brought to St Michael's Slipway where she was treated on scene by Firefighters and HSE Paramedics before being transferred to UHL.

Gardai were also assisted from the water by Firefighter Swiftwater Technicians.

Her injuries are believed to be non-life-threatening.

When contacted by The



Emergency services carried out a river rescue on Monday

Leader, a spokesperson for An Garda Síochána said: "From local enquiries there was no reports of Gardai going into the river, but they did attend at the scene of a rescue in which a woman (age not known) was taken from the river safe and well at around 8.30pm."

If you have been affected

by this story, you can contact the following services: Samaritans — 116 123 (free) / 087 2609090 (text); Pieta House — 061 484 444 / 1800 247 247 (free); Childline — 1800 666 666 (free) / Talk 50101 (free text); Aware Helpline — 1800 804848 (free).

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Women's 'craftivist' Boot Camp arrives in Limerick

REBECCA LAFFAN

rebecca.laffan@limerickleader.ie

A SERIES of creative workshops especially for women will take place in Limerick city this coming weekend.

Labour of Love – Craftivist Boot Camp has been organised by artist group Fold and Rise in collaboration with Limerick Women's Network.

Fab Lab Limerick on Rutland Street is the setting for Labour of Love which includes a number of workshops running across November 29 and 30.

The workshops will run Friday and Saturday from 10am to 12pm and 2pm to 4pm, with a light lunch provided between 12pm – 2pm.

This project is funded by Creative Ireland and Limerick City and County Council through Creative Ireland Made in Limerick Grant 2019.

Maeve Collins and Julie Griffiths of Fold and Rise said: "Labour of Love is about the sharing and celebrating the wealth of knowledge we hold as women and acknowledging the hours of unpaid labour left to women in a way that is fun, thought provoking and engaging."

Limerick Women's Network Coordinator, Edel Geraghty, added: "This is a wonderful opportunity to have conversations with women about the nature and value of their care work in such an interesting and creative way".

For more information call 061 275970, 087 3283746 or email developmentworkerlink@gmail.com.

Vicky Phelan's book Overcoming wins award

Glory: Chart-topping book was championed by Ray D'Arcy

MIKE FINNERTY

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LIMERICK woman Vicky Phelan's book *Overcoming* took home the RTE Radio 1 Listeners Choice Awards at the An Post Irish Book Awards 2019.

The ceremony, held in Dublin last Thursday night, saw Phelan's book, championed by Ray D'Arcy, take home the prestigious award.

Overcoming is the Annacotty woman's memoirs which details her life before and since her terminal cancer diagnosis and legal battle that made national headlines in April 2018.

Phelan thanked Ray D'Arcy for championing her book, her agent Shelia

Crowley and her ghostwriter Naomi Linehan for their support in the writing the book.

The mother-of-two and strong cervical cancer activist said the process of writing the book was "cathartic," and ultimately, she "did it for my kids."

Ms. Phelan is a founding member of the 221+ CervicalCheck Patient Support Group, and has become a household name thanks for her tireless work in an attempt for healthcare reform in Ireland.

Her campaigning led to the Scally Review, a root and branch investigation into Cervical Check in Ireland, being launched in March 2019.



Vicky Phelan with copies of her award-winning book *Overcoming*



OFFICIALLY THE MOST STYLISH

Our very own Man About Town – Patrick McLoughney was crowned Ireland's most stylish man at the HI Magazine Style Awards last Saturday night. "I was a little shocked to win but I'm delighted to receive the recognition that this award brings as this whole blogging and fashion scene can be a tough road for us guys," Patrick said. See this week's column on page 44

Salesians to celebrate centenary with Celebration Ball

THE Salesian College in Pallaskenry, which has educated thousands of people from both the city and county over the past 100 years, is celebrating its centenary with a Celebration Ball at the Woodlands House Hotel, Adare on Saturday January 25.

"The Centenary Celebration will give us an opportunity to meet with all our friends and reconnect with many great friends we made while we attended school in Pallaskenry," said former pupil and now Principal, Paddy O'Neill.

All past pupils of both the Agricultural College and the secondary school, which at one time house borders, are also invited to a Mass at the college chapel at 12 noon on Saturday January 25 and to attend the ball in Adare later that evening.

Contact the college at Pallaskenry or book tickets on Eventbrite.

Final call to partake in this Friday's city Climate Strike

REBECCA LAFFAN

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CLIMATE activist group Friday's for Future Limerick is calling on the people of Limerick to join forces for the upcoming Global Climate Strike this Friday.

Last September 20, over one thousand people took to the streets of Limerick to strike for climate action in the largest protest the city has ever seen. Led by local young Fridays for Future climate activists, Limerick's citizens expressed their concern about the global climate emergency, while around the world, almost 7.5 million people took part in

similar strikes that day.

"Despite this, despite several global strikes in the past year, and despite scientists' warnings and worldwide evidence, the job of change isn't done – urgent change is still needed," said a Fridays for Future spokesperson.

"New headlines bring home to us – on a daily basis now – the urgency of the climate crisis. In October, wildfires in California displaced over 200,000 people, left over 1 million without power, and burned over 129 million trees."

"In Somalia, in October, an estimated 182,000 people were forced to leave their homes due to

flooding. Wildfires are burning right now in the Amazon and Australia."

"Ninety-five percent of scientists around the world agree that human activities are driving climate change and associated ecological destruction. However, despite scientists' agreement, the world's governments don't seem to be acting fast enough to prevent further climate change.

"Fridays for Future Limerick call on young and old alike to join us asking our authorities and governments, again, to take action."

The strike will take place on November 29, at 1pm at Arthur's Quay Park.



Scenes from the city's most recent Climate Strike, which saw over one thousand people take to the city's streets PICTURE: MICHAEL COWHEY



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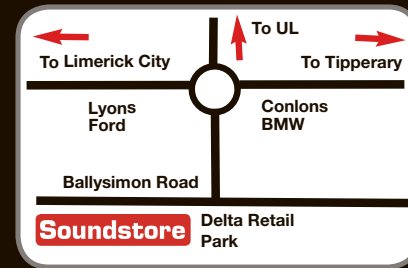
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LEADER BRIEFS

Magic, Myth and Medicine lecture

THE Limerick Branch of The Classical Association of Ireland are holding a lecture titled; Magic, Myth and Medicine," by Ms Paula Keane, ex-principal, Croom NS, in the Limerick Education Centre, Marshall House, Dooradoyle Road, on Wednesday, December 4 commencing at 7.30pm. Non-members are welcome.

Share a Dream Christmas special

DESPITE having to deal with two break-ins to its facility on the Dublin Road in recent times, Share A Dream will, on Thursday, December 12, be hosting a special event for 60 children who are physically disabled.

Share a Dream at Dreamland is going to do something about this by bringing some 60 of these children from all over the country to a very special day at Dreamland's Magic of Christmas on December 12.

"No child regardless of ability or disability should be denied the Magic of Christmas and visiting Santa's Grotto," said Shay Kinsella of Share A Dream.

He said parents of disabled children who have been denied a visit to Santa should contact them at www.shareadream.ie or ring 061 200080.

Hope Foundation

THE Hope Foundation is encouraging teams from businesses in the Mid West to take part in a unique fun filled Christmassy team challenge.

They are running a Corporate Christmas Tree Competition: Bring your office Christmas Tree to Shannon Airport on December 12 and test your decorative artistic flair against rival firms.

A team of four costs €250 and that directly goes towards funding the education of one child in Kolkata for a year. Contact Mary on mary@hopefoundation.ie or 021 4292990.

Leader's annual hits the shops

Reflection: Publication looks back on big stories locally

AINE FITZGERALD

aine.fitzgerald@limerickleader.ie

A PUBLICATION which takes readers on a journey through the past year in Limerick has been launched by The Leader.

Since it was launched in 2017, the Limerick Christmas Annual has become a bit of an institution and it is now a firm favourite in Christmas stockings at home and abroad.

The book peers into the past year with photographs, articles, tributes and profiles.

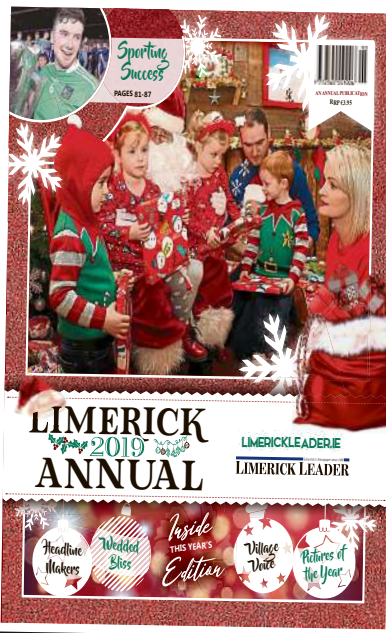
This year's edition is out this week and is available in the Limerick Leader office and in local newsagents, priced at just €3.95.

Brought to you by the team at the Limerick Leader, the pages are packed with events from throughout the year.

The Annual dips into Limerick history, showcases readers' photographs and highlights the sporting wins (and losses) from the year gone by.

Limerick Leader editor Eugene Phelan welcomed the publication of the 88-page special.

"There have been a lot of highs, notably the decision by the University of Limerick to move part of its campus into the heart of the city, along with the opening of Gardens International on Henry Street and advanced plans for the Project Opera site, while Tiernan Properties are in



The front cover of The Leader's Limerick Annual which is in local newsagents now priced at €3.95

talks about plans for revamping Arthurs Quay Shopping Centre and finally bringing in Marks & Spencer to Limerick," he said.

"As we look forward to a general election in 2020, this Christmas edition looks back on the local elections held in May," Mr Phelan continued.

Early this year a major poll carried out by the Limerick Leader unveiled the late Dolores O'Riordan as Limerick's All Time Great.

And this year will also be remembered as the year Limerick won the Rose of Tralee, with Sinéad Flanagan impressing the judges and bringing back the international title to Limerick.

"And another Limerickman who hit the headlines all over the globe was Greg O'Shea, winner of Love Island," Mr Phelan explained.

He added that one of the big stories of the year was the announcement of the Ryder Cup for Adare in 2026.

"Also in this publication we remember well-known and not so well-known faces who passed away during the year," Mr Phelan said.

"There is also a sports section and a look back at Limerick's great win in the Munster final against Tipp."

This year's Annual is packed with even more than ever before for all the family.

There is a big (and very tough) word search, the Sports Quiz of the Year and the Great Big Movie Quiz to keep you all entertained over the festive season.

All in all, it's the perfect Christmas gift for Limerick people all over the world.

Go on, give a real Limerick present this Christmas - the Limerick Christmas Annual. Out now!

Governing Body chair appointed in LIT

LIMERICK businessman, education advocate and proponent of the Mid West region, Tony Brazil, has been appointed as chair of the Governing Body at Limerick Institute of Technology.

Mr Brazil was formally appointed to the position following a meeting of the Joint Oireachtas Committee on Education and Skills, on Tuesday, November 19, 2019.

He was later officially informed of his appointment by letter from Minister for Education and Skills Joe McHugh.



Tony Brazil,
LIT
Chair-Designate

PICTURE: ALAN PLACE

Mr Brazil first joined the Governing Body of LIT in 2017, and serves as chair of the Finance and Physical Development Committee, as well as a member of LIT's strategic committee.

On his new appointment, Mr Brazil said, "I am delighted to be the new chair of the Governing Body of LIT.

"LIT is an educational institution that shares many of my personal values and beliefs. Its openness to working with industry and the community, its continuous efforts in the area of access to education and its willingness to evolve and change must be welcomed.

"From its beginnings in 1852 with the foundation of the School of Ornamental Arts and the subsequent formation of the Limerick Athenaeum in 1856, LIT has undergone many changes in more than a century and a half. And now we again look to change with the formation of a new technological university in partnership with Athlone Institute of Technology.

"I believe that I am ready to play my part in driving this consortium to its logical conclusion as a new institution," added Mr Brazil.

LIT president Professor Vincent Cunnane said: "I look forward to working closely with Tony in the months and years ahead as we develop the Technological University consortium with AIT, continue to engage with and support local business, industry and the community, and work to ensure that a highly relevant third level education is available to all who require it."



THE THREE MUSES EXHIBIT LAUNCHES

An innovative arts programme for primary schools will take place in the new year. The Three Muses exhibit brings together The Hunt Museum, Limerick City Gallery of Art and Limerick Museum. School groups will discover the three collections through workshops and activities, developing their understanding in visual art, while exploring the theme of identity across the collections. Picture Deirdre A Power



Cyclist faces court for riding bike with engine

DAVID HURLEY

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A CYCLIST who was stopped by gardai while riding a mountain bike which was fitted with a small petrol engine and a motorised chain is due before the district court in the coming weeks having

been charged with multiple road traffic offences.

The GIANT-made Apollo bike was seized in recent days after the cyclist was stopped, by members of the divisional Roads Policing Unit, while cycling in the city.

"The rider nearly collided with traffic on a busy road. This (the

bike) is classed as a mechanically propelled vehicle," said a garda spokesperson in a post on social media.

Photographs of the mountain bike which have been released by gardai, show a small fuel tank attached to the crossbar with the petrol engine and motorised chain

attached underneath.

According to gardai, the cyclist is facing prosecution for driving without insurance, driving without a licence as well technical offences such as not having safety lights.

If convicted of the charges, the defendant faces a fine and a possible disqualification.



The mountain bike was seized

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LEADER CRIME BRIEFS

BY DAVID HURLEY



Warning as thieves target offices at city businesses

GARDAI are asking workers to be vigilant of strangers entering private offices.

The warning follows a number of theft incidents at businesses in the city recently.

In one incident, an office-worker returned from lunch to discover that his laptop had been taken from his desk.

While a co-worker had seen a suspicious male in the building around the same time, he didn't draw anybody's attention to him.

In a separate incident, a hotel worker contacted gardai after she observed a male coming out of an office



Sgt Ber Leetch says office workers must be vigilant

which he had no permission to be in.

By the time the woman checked her office she discovered her purse had been removed from her bag.

"Both of these thefts could have been avoided by tighter security but also by workers paying attention to who is around and reporting any strangers," said Sergeant Ber Leetch.

Young man attacked and robbed while walking home

GARDAI at Mayorstone are looking for help in relation to a robbery that happened at Nicholas Street.

A young man, aged in his early 20s, was attacked while walking in the Nicholas Street area at around 9.30pm last Friday.

"He was attacked by two unknown males who took his mobile phone and a sum of cash from him," said a garda spokesperson.

Gardai at Mayorstone station are investigating and are looking for any witnesses to this robbery to contact them on (061) 456980.

Warning as thieves seek out catalytic converters

GARDAI are warning the owners of Toyota Prius and Yaris cars to take measures to prevent the theft of their catalytic converters.

Following a spate of thefts across the country, owners of these models are being encouraged to consider getting the catalytic converters engraved with a unique number which could make the reselling of them, if stolen, more difficult.

"The best thing an owner of a Prius or a Yaris can do is to park their car near a wall. This can make jacking up the vehicle and



Catalytic converters are being targeted

consequently the theft of the catalytic converter more difficult," said Sgt Ber Leetch.

Owners should park their cars in a garage or else in a well-lit busy area.

Members of the public are being encouraged to look out for people working under cars and to report suspicious activity.

Install a safe in your home

GARDAI are advising homeowners who have a lot of gold or jewellery to get a safe installed in their homes.

"To do this properly you must spend some money to get one of a good standard. Then have it installed properly which means it must be bolted to a solid wall or floor and finally situate the safe somewhere unusual," said crime prevention officer Sergeant Ber Leetch.



Evan Toomey was refused bail when he appeared before Limerick District Court

Accused of driving at garda patrol car

Pursuit: No bail for driver charged over 'ramming'

DAVID HURLEY

david.hurley@limerickleader.ie

A MAN who is facing multiple charges in connection with an incident which resulted in two gardai being hospitalised was refused bail.

Opposing bail, gardai said it will be alleged Evan Toomey drove in "a reckless and dangerous manner" and that there could have been loss of life.

The 23-year-old, who has an address at Oak Park, Watery Road, Ennis is charged with eight offences including endangerment, dangerous driving and causing criminal damage to a toll barrier at Limerick Tunnel.

He is also accused of possession of quantities of cannabis herb and heroin for the purpose of sale of

supply. The drugs have an estimated value of around €2,100.

The charges all related to a "managed pursuit" which began shortly before midnight on November 19, last.

It is alleged that Mr Toomey was the driver of a Hyundai Tuscon SUV which was pursued from the Crescent Shopping Centre in Dooradoyle to the Clonmacken Roundabout.

Garda Eoghan McDonagh said the vehicle was driven on the wrong side of the road during the pursuit and that it overtook an ambulance and drove at speed through a toll barrier at the Limerick Tunnel.

He said it is the prosecution case that a garda vehicle – attached to the Roads Policing Unit – was

deliberately rammed and that Mr Toomey and a passenger in the car fled on foot.

The were arrested a short time later and the two gardai were hospitalised with serious but non life-threatening injuries. They have since been discharged but have not returned to duty.

The Tuscon was seized by gardai and a quantity of drugs and a knife recovered during follow-up searches.

Garda McDonagh said he believes the accused is a "danger to the community" and that he would not abide by any bail conditions.

Judge Mary Cashin refused bail and remanded Mr Toomey to appear before the court again later this month.

Woman accused of driving at pedestrian

A MOTORIST who is accused of mounting a footpath and deliberately driving at a pedestrian is to be prosecuted on indictment, writes David Hurley.

Ciara Earls, 27, of Cois Sruthan, Croom appeared before Newcastle West Court after she was charged in

relation to an incident at O'Connell Street, Limerick on January 21, 2018.

She is accused of "intentionally or recklessly creating a substantial risk of death or serious harm" to the man. The defendant is also accused of assault and failing to remain at the scene of an accident.

Inspector Andrew Lacey said the DPP has directed trial on indictment and he requested an adjournment to next March to facilitate preparation of a book of evidence.

Judge Mary Larkin ordered Ms Early not to have any contact with the alleged injured party.

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PET RESCUE



Limerick Animal Welfare based in Kilfinane, rescues animals in distress and helps to find pets a new home. Below are some dogs and cats available. LAW is open seven days a week from 12pm to 3pm. An adoption fee ensures that all pets come vaccinated, wormed, microchipped and neutered, and home checks apply. For more information, phone 087 6371044.

Looking for a new home



The cattery has many little kittens looking for loving homes. If you are interested in adopting a kitten from Limerick Animal Welfare, you are welcome to visit us between 12pm and 3pm to discuss with staff to find the kitten you are most suited to. Our adoption fee is €100 as each cat is neutered, wormed and vaccinated.

Aileen is a 4-month-old kitten looking for a loving home. She is a curious and friendly girl. For more information on Aileen, please visit the cattery in Kilfinane and discuss with staff. Adoption fee is €100, each kitten is neutered, wormed, vaccinated and litter trained before going to a new home.



Rocky is an adorable puppy looking for his forever home. He is a little shy at first but once he comes out of his shell he is a sweetheart. For more information on Rocky, please visit him at the sanctuary in Kilfinane between 12pm and 3pm. To adopt from you must have a fully enclosed garden and the dog must have a suitable place indoors to sleep. Adoption fee is €150.

Max is ready for adventure

Terrier cross Pug named Max is looking for a place to call home.

He is 18 months old and has bundles of love and energy to give. He loves people and gets on well with other dogs. If you can give Max the home he deserves we encourage you to come visit him at the sanctuary in Kilfinane.



Santa Claus joins Crescent Shopping Centre manager John Davitt and Roxboro Road gardai Finbarr Russell and Paul Howard at the Cops and Donuts stand PICTURE: MICHAEL COWHEY



No ring of steel at sale of donuts

Limerick gardai were flavour of the month as they worked non stop last Sunday selling donuts to raise funds for the Special Olympics.

More than 3,000 freshly baked donuts were sold between 12 midday and 6pm at the central concourse at the Crescent Shopping Centre with all proceeds going towards Special Olympics Munster. Garda Paul Howard of the Roxboro

Road community policing unit said: "It's our fifth year doing it. It's all for such a goods cause. Special Olympics is such an important organisation and we are just doing our bit to help with their training fund."

He praised the public for supporting the cause.

"It's all in good spirits, and all for Special Olympics," he added.

Summer revamp for Limerick schools

Education: Funding provided for major improvements

REBECCA LAFFAN
rebecca.laffan@limerickleader.ie

SIX LIMERICK primary schools will undergo major improvement works next summer through government funding provided under the 2020 Summer Works Scheme.

Fine Gael Seanad Spokesperson on Education and Skills, Senator Maria Byrne said the works are a vital investment for the future education of primary pupils and post-primary students in Limerick.

"Today's announcement confirms the Government's continuing prioritisation of capital funding for school buildings across Limerick which will enhance the learning and working environment for pupils and teachers.

"My colleague the Minister for Education, Joe McHugh has announced that 405 schools across the country will receive more than €30 million for Summer Works projects for delivery in 2020.

"Minister McHugh confirmed to me that six primary schools in Limerick will receive funding for major improvement works which is positive news for staff and students alike," Senator Byrne said.

Schools include: Scoil Naisiunta Ma Rua, Murroe, St. Nesson's National School, Mungret, Scoil Mhuire Barrion na hEireann (Mary Queen of Ireland School) Caherdavin,



This is positive news for staff and students alike

SENATOR MARIA BYRNE



Our Lady of Lourdes National School, Rosbrien, Thomond Primary School, Ballynanty and Limerick School Project NS, O'Connell Ave.

Climate Action and change is to the fore of Fine Gael's agenda and this is no different under this scheme.

Any school which receives funding for car parking and play areas will be required to identify a point for electric vehicle charging.

The funding will allow for specialist electric ducting underlay and car parking areas to ensure resurfaced areas are not dug up in the future.

Minister Joe McHugh added: "Our focus is on three fronts – we have prioritised money to upgrade and improve life safety systems like fire alarms and detection and emergency lighting; we are funding new surfaced on play areas and car parks; and schools will be obliged to plan for electric vehicle charging.

"The climate action element of next year's summer works is a sensible plan for the future. More and more electric charging points are coming on stream and it is symbolic that schools will be demonstrating how important initiatives like this are.

"The work will be carried out in schools mainly over the summer months, so the disruption to students, teachers and other staff will be kept to a minimum.

"We have also made sure that schools are getting the notification several weeks earlier than last year to try to give principals and boards of management a better lead in time to plan and then get the work done."

Under Project Ireland 2040, the education sector will receive approximately €12 billion from 2018 to 2027.

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Can't wait for Christmas: Sofia, Saoirse and Salome Christian, Raheen, getting ready for the arrival of Santa Claus

Santa Claus is on track

Father Christmas received a rapturous welcome as he arrived at the Crescent Shopping Centre over the weekend – on a special train!

Pictures: Dave Gaynor **Words:** Nick Rabbitts



Michalina and Zuzanna Gajewska, Dooradoyle

Scenes of Todd's: The magical old Christmas front windows of the eponymous O'Connell Street shop were recreated at the entrance to the Crescent Shopping Centre. These youngsters were enjoying the sights and sounds! Five-year-old Michalina is really looking forward to Christmas. She is hoping Santa Claus will bring her an electric scooter come Christmas Day. Her elder sister Zuzanna, 7, said her favourite thing about the season is enjoying Christmas dinner with all her family, and spending time together.



Sarah Carey, Patrickswell with Limerick hurler Tom Condon and their three-year-old son Nicky

'I can't wait to see his face on Christmas morning': Sarah is excited as it is the first time their son Nicky will be able to realise what is going on. 'It's the first time he will be able to properly understand what is going on.'



Ben, Bernie, Rory and Lee Lyons, Patrickswell

'I'm going to ask Santa for everything!':

Six-year-old Lee and his twin brother Ben were very excited about meeting Santa Claus at the Crescent Shopping Centre – so much so that they arrived early to snag a front row position! 'And', he told The Leader, 'I'm excited about Christmas!' 'Why, we asked. 'Why? Of course 'presents', he responded



Conor Keogh and Marie Heffernan, Ballinacurra Gardens
'It's a joy to see their little faces': Two-and-a-half year old Conor is really looking forward to Christmas according to his nanna Marie. Asked what she was most looking forward to about Christmas, she replied: 'The joy of seeing his face on Christmas morning when Santa arrives.'



Santa Claus accompanied by elves, and the Crescent Shopping Centre manager John Davitt
Environmentally friendly: Father Christmas arrived to a wave of cheers on an electric train

Candid Comment

By SPARTACUS

● THE know-it-all keyboard warriors were certainly out in force over the past week.

Apparently the local media is not allowed to write about the Limerick hurlers when they do something wrong because "it's bad for morale", "they do so much for charity", and "they are only young lads doing what young lads do".

The media would not be doing their job if they covered every positive thing about a sports team and ignored the negative news.

Thankfully, social media is not 100% representative of the real world, so the keyboard warriors can keep doing what they're doing, and the media will continue to do their job.

● **CALLING all bosses, calling all bosses!**

Get into work early on Friday and keep an eye on your staff and make sure they are working and not online buying Christmas presents.

Because, as we all know, this Friday is Black Friday, when millions will be spent by consumers on so-called bargains.

Of course, Black Friday originated in the United States, and is always on the day after the US citizens celebrate Thanksgiving.

Why it has taken off here is anyone's guess.

AIB data of Black Friday reveal that almost a third of buyers shopped online last year and almost 12% of sales were made before 9am.

The peak time for online shoppers was 10am, when most people were at work

The data was compiled from one million debit card transactions made by AIB customers on Black Friday last year.

● THE front page of the Irish Times had an intriguing story this Tuesday, with the heading: Rugby in Munster 'more inclusive.'

What a huge surprise to us all.

And it read: "When it comes to breaching the class divide, Munster are far better sports than Leinster.

A major new study has found that while rugby's association in Dublin with better off, private schools appears to hold true Munster rugby is a more inclusive affair.

"The picture is striking. The gradient in the likelihood of playing rugby by education attainment is weaker in Munster than it is in Leinster," states Rugby in Ireland: A Statistical Analysis of Participation, which was produced by the Economic and Social Research Institute (ERSI) on behalf of the Irish Rugby Football Union (IRFU)

"The obvious implication is that rugby in Munster has a broader social base, perhaps contributing to its higher rate of active participation overall."

There was not a word about Limerick, and why it is not a snob sport here.

● **PICTURE the scene:** 9.10pm this Monday night, Spartacus is showing a visitor to the city the best bits of Limerick.

We're walking up along Shannon Street, only metres from the city's main thoroughfare, O'Connell Street, when two lads in their mid-20s take the corner from O'Connell Street onto Shannon Street.

One of them then proceeds to unzip his trousers and urinate to his heart's content.

Not that it makes much of a difference in terms of discretion but he hasn't even the scruples to aim up against the wall, preferring instead to spray out onto the street in full view of the many passers-by.

Of course this sadly happens in every city probably most nights of the week but it wasn't exactly the bits of Limerick our visitor had expected to see!



Tricia and Sam Purtil, Dooradoyle

'I've always wanted to be on the paper!': Seven-year-old Sam has had a long-time wish to appear in the local newspaper. Since it's Christmas, The Leader is more than happy to oblige!



Sinead, Russell, Alana, and Joshua Carne, Dooradoyle

A retro gift: Eight-year-old Joshua is looking forward to Santa Claus coming - for the big man is bringing him an iPod. He said he enjoys listening to dance music!

THE DOLLS' COMPLAINTS

BY KEEVA DELANEY

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At the Arts Engagement Programme launch at the Hunt Museum with a performance by Sing Out With Strings Noemi Szentimrei, music teacher, St Mary's National School pupils, Lee Collopy and Megan Clancy and Aditya Mukherji, music teacher

ARTS ENGAGEMENT PROGRAMME LAUNCH

Pictures: ADRIAN BUTLER



St Mary's National School pupils, Lorenss and Rebecca Antonovics



Le Cheile National School pupils, Peter Purcell, Jamie Ward and Ryan McNamara



St Mary's National School pupil, Faye Rainsford



St Mary's National School pupil, Cameron Dalton



Le Cheile National School pupils, Jade McCormack and Marilyn O'Donnell



Le Cheile National School pupils, Jade McCormack and Marilyn O'Donnell



Le Cheile National School pupils, Louiza Bullman, Lorraine O'Halloran and Abbey McNamara



St Mary's National School pupils, Lauren Buckley, Morgan Sheehan and Pamedia Nury



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Ten signs you're getting bad financial advice...

THE relationship you have with your financial adviser is an important one, but how do you know yours, or someone you're thinking of working with, is a good one? As promised last week, I wanted to give you 10 signs you can measure them against, and if they fall into more than one, it's time to cross them off your Xmas card list and start looking elsewhere.

1. Testimonials

Don't be shy to ask for a testimonial because it's good to know what others think of them. A friend or colleague might have recommended them in the first place but what do others think of them? If they don't provide a testimonial very quickly, why can't they? If others have great things to say about them, they should be telling you before you even ask for one.

2. Qualifications

It goes without saying but let me say it anyway - your adviser needs to be properly qualified.

They need to have those credentials after their name of QFA i.e. a qualified financial adviser or CFP (certified financial planner) They need to have these at a minimum but don't be fooled either by the number of letters after their name. It doesn't mean they're experts. They passed a minimum standards exam, that's all.

3. Pushy

If you feel your adviser is pushing products on you, and your gut is telling you they're not right or you're not getting a satisfactory explanation or reason, be careful. Being pushy is a sign that if you don't take out a product with them, they won't get paid a commission.

4. Slow

If your adviser is slow to return calls or emails, that's a bad sign. A good financial adviser/practice will have a relentless focus on their clients and part of this is ensuring they answer or return calls in a timely manner.

One financial advisory company I know of, sends automated replies to people acknowledging the email but advising it will be 5 working days before they get a reply. What happens if the market is tanking and you need to move money into cash? Surely you need someone you can access very quickly. But that's the problem with big organisations.



Under pressure: If you feel your adviser is pushing products on you it may be a sign they are just after a commission

5. Focus

Avoid an adviser who is inwardly focused, and what I mean by that is that they are focused on how they can benefit from working with you and what money they'll make.

As opposed to being outwardly focused, where their starting point is how can they help and add value to the person sitting opposite them. If that's their starting point, you're in good hands and you'll get that sense from the questions they ask and that gut feeling you'll get from them.

6. Ego

Some financial advisers have big egos and love hearing the sound of their own voices.

They like using buzzwords hoping you'll be impressed. And they don't like being challenged when they recommend a course of action and they are asked to explain their logic and reasons why.

This is because they're either afraid of being found out or just don't like their advice being questioned. And if this is the case, beware. A good adviser doesn't mind questions, in fact they welcome them and they're also not afraid to say, I don't know.

7. Communication

Communication skills are important. They should have the skills to explain any complicated financial

terms to their clients' in a manner appropriate to their clients' knowledge level.

8. Yes

They're yes men or women. What you don't want is an adviser who tells you everything is great when it's not. You want the truth and they mustn't sugar coat their advice or avoid having an awkward conversation with you. If you or they have a difference of opinion, have that argument if needs be. Remember the ultimate goal is your financial well-being and an honest diagnosis good or bad is better than none at all.

9. Size

If your adviser tells you to do something because everyone else is doing it, be careful.

The one size fits all product is a dangerous one. We're all very different which is why it's important that any advice given takes into account the differences and nuances that exist for each individual.

If your financial adviser doesn't know, or worse care about your unique financial and non-financial life and doesn't tailor advice for your unique needs, then time to find someone who will.

10. Easy

The road to financial independence requires sacrifice, time and effort. Anyone who promises you quick wins where everything sounds just too good to be true, it probably is. A sure fire sign of bad financial advice is when the outcome is fast and easy.

A couple of years ago, an individual had a sum of money to invest and he came to me looking to see what I could offer. And he told me that he met with another adviser who had promised him guaranteed returns of 12% net per annum.

If he can offer you that, then why are we even having a conversation I thought. And thankfully the man saw right through the smoke and mirrors and chose me instead, even though I was offering him much lower returns.

And the lesson is, if you come across advisers guaranteeing you those types of returns without any risk, I'd say get out of their office and fast.

Finally, if your adviser tells you, you don't have any options and you must do this, be careful. When it comes to your money there's rarely only ever one option.

ASK LIAM

Our personal finance expert answers your questions ...

Q: Liam, I received an inheritance from my late Mother's estate and the amount is significant. It's going to be deposited into my account and I'm not sure what I'm going to do with it. I'm worried because it's above the state guaranteed amount, but I don't want to make any quick decisions either. So, do I need to open several different accounts or what would you suggest?

A. There is a provision in the EU Directive on Deposit Guarantee Scheme (2014/49/EU) which allows for guaranteeing monies that are above the amount you're ordinarily covered for i.e. €100,000 per individual per institution or €200,000 per couple per institution.

The directive refers to covering temporary high balances for a period of six months, provided the funds came from certain events, one of which are amounts paid from the distribution of a deceased persons estate.

If, for example, you were to receive €350,000 and that sum came from your late Mother's estate, the full amount is covered under the guarantee scheme for a period of six months, from the date it was lodged to your account.

So, you don't have to worry, and you don't have to open several different accounts and you don't have to make a quick decision - you have six months to make up your mind and during that time, the full amount in your account is guaranteed.

There are other events which qualify for this dispensation which include monies received from the sale of a persons' family home, amounts paid in respect of insurance benefits, personal injuries, disability and incapacity benefits, wrongful conviction, unfair dismissal, redundancy, retirement benefits, marriage, judicial separation, dissolution of civil partnership, and divorce.

“
The road to financial independence requires sacrifice, time and effort

DID YOU KNOW?

According to new research from CV-Library, they've discovered that 54.1% of Irish professionals admit to feeling lonely in the workplace, with a further 32.3% attributing their loneliness to having nothing in common with their colleagues.

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LEADER BUSINESS

Edited by Nick Rabbitts
 e nick@limerickleader.ie
 t 061 214596
 m 087 6615151
 Twitter @nick468official



Fundrock opens new office in city

Finance: Fund management firm set to employ 45 people in Plassey

NICK RABBITTS
 nick@limerickleader.ie

LIMERICK has added another string to its financial services bow, with the opening of a new fund management firm from Luxembourg.

Fundrock Management Company has opened its new premises at the National Technology Park in a move which will see 45 new positions created. Already 30 of these jobs have been filled, the firm says.

A leading independent fund management firm and alternative investment fund provider, Fundrock

offers solutions for monies in Ireland, Britain and Luxembourg.

Further growth is expected in the coming months in a variety of functions including investment risk and compliance, fund accounting and depositary oversight.

Conor O'Brien, the managing director for the Irish branch of Fundrock said: "As well as inaugurating our new office, today is another step in demonstrating FundRock's full commitment to Limerick, the mid-west region and the funds ecosystem in Ireland. Creating our International

Will Corcoran, IDA Mid-West, regional manager, Conor O'Brien, managing director, FundRock and Anne-Marie Tierney Le-Roux, IDA head of regional business development PICTURE:

LIAM BURKE/PRESS22



Centre of Excellence in Limerick enables us to offer challenging and rewarding fund management opportunities to highly skilled candidates, graduate and experienced from Limerick and the entire region including those from further afield who are looking to work closer to home."

Fundrock group chief executive Xavier Parain added: "We are delighted with our Limerick staff, highly talented and passionate people bringing fresh ideas and a drive for continuous improvement. Our

Limerick operation will continue to grow and further solidify our position in Ireland and our commitment to the Irish market and the mid-west region in particular, both of which have shown us remarkable support during our first months of operations."

Will Corcoran, regional manager, IDA Ireland added: "It is great to see another leader in the financial services sector investing in the Mid-West region. Fundrock is testament to what a strong team of talented people can achieve in a regional location."




Invitation

2020 Vision - Scheme Transformations

Fitzgerald Actuarial Limited is delighted to partner with Zurich Life for a session on managing pension scheme wind-ups and transfers out. We hope you can join us on one of the below dates.

Session 1 Wednesday 4th December, 11am to 12.30pm followed by lunch, at the Clayton Hotel, Lapp's Quay, Cork

Session 2 Thursday 5th December, 9am to 10.30am, preceded by breakfast at 8.30am, at the Clayton Hotel, Limerick

Agenda

- Disruption of Market: An overview of all the factors leading to a move to Transfers from DC and DB schemes to new arrangements
- Managing Wind-ups & Transfers: Key issues in planning and managing the fallout
- Key Issues in a DC world: Value proposition, PRB and investment selection
- Panel discussion

Cost Free

Register at: www.fitzgeraldactuarial.ie

Pensions seminar set to be held in Limerick

A FREE seminar focusing on the value of pensions will take place in the Clayton Hotel next week.

Cork firm Fitzgerald Actuarial has teamed up with Zurich to hold a seminar entitled 2020 Vision, Scheme Transformations.

It will take place from 8.30am on Thursday, December 5.

The free event is aimed at finance, human resource and benefit managers, and would also be informative for the trustees of group pension schemes.

While admission is free, places are limited so the company is advising early booking.

Please visit www.fitzgeraldactuarial.ie, or telephone Michael Fitzgerald at 087-6890175.

The company is also holding the same seminar on Wednesday, December 4, at the Clayton Hotel in Lapp's Quay, Cork City.



Venue: Clayton Hotel Limerick

This event gets under way at 11am and is followed by a buffet lunch.



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Regeneron staff give their time

STAFF at Regeneron have donated their time volunteering with local community groups as part of the annual global initiative Days for Doing Good. This year, more than

500 colleagues from Regeneron in Limerick and Dublin donated almost 1,400 volunteer hours while taking part in projects. Works included helping Limerick City Tidy

Towns clean the streets, as well as assembling food packs with Novas and the Mid-West Simon Community to give to families at risk of homelessness in the city.



KEEP IT LOCAL!

Limerick businesses in the spotlight



Festive feast of fashion and food awaits at Dunnes at the Jetland

THE new state-of-the-art Dunnes Stores at the Jetland Shopping Centre will be celebrating its official unveiling with a weekend full of festive fashion, food, lots of giveaways and fun for all the family.

The official opening of the store on the Ennis Road takes place from Friday, December 6 to Sunday, December 8.

John Kennedy, Dunnes Stores Jetland store manager stated: "We wanted to organise a special weekend to say thank you to our customers and our hard working team for their patience and support as we went through our 'makeover'. We couldn't have done it without them."

At the unveiling weekend there will be opportunities to meet some of Ireland's best fashion, beauty and home designers, including Paul Costelloe, Carolyn Donnelly; Brendan Courtney; Sonya Lennon; Leigh Tucker; Diarmuid Gavin; Derrick Carberry; and Limerick's own Celia Holman Lee, will



John Kennedy and Elaine McMahon, Dunnes Stores, Aine Dwan and Corina Coughlan, Celia Holman Lee Agency together with representatives from the new look Ennis Road Store PICTURE: KEITH WISEMAN

be coordinating fashion shows throughout the weekend. There will also be a wide range of activities in the new state-of-the-art Food Hall, where some of Ireland's leading food producers will be on hand to meet and greet and to invite shoppers to sample some of their signature and award-winning products including Ireland's favourite chef Neven Maguire, who will be there to celebrate the

arrival of his exclusive Cookware Collection with a very special cookery demo on Friday, December 6 at 6pm. On Sunday they will have another cookery demo, with Aileen Cox Blundell of Baby Led Feeding fame.

Visitors to Dunnes Stores Jetland will experience a world class Food Hall, a unique collaboration focusing on provenance and quality with some of Ireland's leading Irish

artisan producers.

On the expansive Fashion and Home side of the store, there has also been a complete re-development, creating an inspirational space to showcase the vast array of fashion and home experiences. There will also be another new concept in shopping for Dunnes Stores which will be unveiled in Limerick for the first time, a dedicated Beauty Store.

The Dunnes store will be open seven days a week from 8am to 10pm Monday to Saturday and 9am to 9pm on Sunday. Ample car parking is available with over 1,300 car spaces on location.

For the festive season, Dunnes Stores Jetland will have extended opening hours. From Monday, December 16, the store will be open from 8am to 12 midnight, up until Sunday, December 22 when the store then will be open for 66 consecutive hours up until Christmas Eve closing at 6pm. The store will then re-open Friday, December 27 from 8am to 10pm.

AWARD WINNING GREENHILLS



The Greene family celebrating the Lifetime Achievement award of Bryan Greene, senior at a Black tie Ball last Sunday night in the four-star Greenhills Hotel. The event was hosted by Brides of Limerick. Also pictured is the Greenhills Hotel staff who scooped the award for "Best Ballroom 2019", pictured receiving the award were Daphne and Hugh Greene



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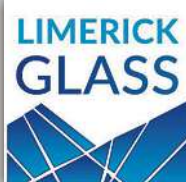
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PROPERTY

Leader

HOME & INTERIORS

WEDNESDAY, NOVEMBER 27, 2019



Superb: Tinnakilly, Monaleen Road, Castletroy is a dream family home with four reception rooms downstairs and four bedrooms upstairs with fine mature gardens on one third of an acre

Exceptional residence

Castletroy: Tinnakilly has four reception areas and four large double bedrooms

AT A GLANCE

Location: Tinnakilly, Monaleen Road, Monaleen

Description: Four bedroom, detached house

Price: €585,000

Seller: DNG Cusack Dunne

Contact: 061 209000



DNG Cusack Dunne are excited to present Tinnakilly, Monaleen Road, Castletroy, to the market.

This exceptional detached property offers a considerable opportunity to discerning house hunters combining impressive accommodation on a sizable 1/3 of an acre site, set in arguably one of the most desirable parts of Monaleen and Castletroy.

The accommodation runs to 2,730 sq. ft. to include the garage block and Tinnakilly offers a home that is a departure from the norm with four reception areas and four especially large double bedrooms, all of which have been impeccably cared for and enhanced in areas. In addition, the site is an incredible find given its location.

Tinnakilly was built in 1978, when land wasn't at such a premium!

There are lawns to the front with an outlook over rolling green fields while the aspect to the rear of the site offers beautiful views of the Clare Hills and Silvermines from the private garden on its elevated pitch.

Located on Monaleen Road in a sparsely populated spot, one would be forgiven for thinking this was a country home and yet is so surprisingly close to every amenity one would require.

This superb home has a fine entrance porch/sunroom, a large entrance hall, drawing room, living room, family room, kitchen/diningroom, utility room and back hall downstairs.

Upstairs there are four fine bedrooms, one ensuite and a tiled bathroom.

Outside: Tinnakilly is set on a beautiful mature 1/3 of an acre site.

The outlook to the front and rear of the site is private and has a well established mix of greenery including mature trees and shrubs.

Features and Services: Gas fired central heating with an "A" rated boiler installed in 2018. PVC double glazed windows. Monitored alarm.

BER Rating: D1 BER No.: 112691431 Energy Performance Indicator: 255.49kWh/m2/yr



On one third of an acre Tinnakilly, Monaleen Road is an exceptional property of 2,730 square feet with mature gardens

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Our Team: Tom Crosse,
Declan Barry, Richard Ryan,
John O'Connell
& Audrey Fitzgerald.



Newtown Manor, Monaleen, Castletroy, Limerick



A superior residential development of luxury detached and semi detached homes.

Situated arguably in the most convenient location of this hugely popular residential suburb just a very short walk from Castletroy Shopping Centre, Primary & Secondary Schools, Newtown Recreation Park, Hotels, Restaurants and an array of top class Technological Park are also in the immediate catchment area.

DEVELOPER : Ballymount Properties Limited, Dublin 12.
SOLICITORS : Hogan Dowling McNamara, Castletroy House, Dublin Road, Limerick Telephone 061 501100

SOLE SELLING AGENTS : Contact Tom Crosse on 087-2547717,
GVM Auctioneers 25/26 Glentworth Street, Limerick

BER A3 Prices from €285,000 to €410,000

Cloverleaf Farm, Deegarty, Askeaton, Co. Limerick



For Sale by Private Treaty GVM present to the market this substantial 3,200 sq ft detached family residence standing on circa 25 st acres

This modern home is finished to the highest of standards throughout and located just off the main N69 Limerick to Foynes road. Can be sold in one or two lots.

- Lot 1 : Residence, stables and garage on 1 acre
- Lot 2 : Circa 24 acres
- Lot 3 : The Entire

Solicitors :- McMahon O'Brien Tynan, Mill House, Henry Street, Limerick.
Full details contact John O'Connell on 087-6470746

Price on application

17 Beechfield, Monaleen, Castletroy, Limerick



Magnificent and extended 4 bedroom detached residence situated in this hugely sought after residential location.

This property is in close proximity to University of Limerick, Plassey Technological Park, Primary and Secondary Schools, Shopping Centre, Cineplex, Hotels, Restaurants and an array of top class sporting amenities. This superb home nestles on a hugely attractive corner site, in a leafy mature and private cul de sac location, and offers discerning purchasers well proportioned living and bedroom accommodation. A very substantial site with good aspect, private rear gardens and generous off street parking. Contact Tom Crosse on 087-2547717

BER C2 €465,000

165 Bloomfield, Castletroy, Monaleen, Co. Limerick



BER C1

A very bright spacious and ideally located semi detached residence situated in the hub of one of Limericks most sought after locations. In close proximity to University of Limerick, Plassey Technological Park, Primary and Secondary Schools, Shopping Centre, Cineplex, Hotels, Restaurants and an array of top class sporting amenities. This superb family home nestles in a leafy mature and hugely convenient location immediately adjacent to Castletroy College and the Neighbourhood recreation Park. Contact Tom Crosse on 087-2547717

46 Salmon Weir, Annacotty, Co. Limerick



€349,000

GVM Auctioneers introduce this magnificent extended detached property with modern open plan layout tastefully designed and decorated. Very convenient location adjacent to all amenities. Option to create a self contained unit if required. Easy access to University of Limerick and motorway network. Must be seen to be appreciated. Contact Declan Barry on 087-2026886

Laught, Lisnagry, Limerick



BER C2 €350,000

GVM introduce to the market this well presented family home set on a mature 0.8 acre site conveniently located in a prime residential area just minutes away from a host of major amenities including The University of Limerick, Plassey Technological Park. Viewing highly recommended. Contact John O'Connell on 087-6470746

61 Grianan, Westbury, Corbally, Limerick



€189,000

GVM Auctioneers are delighted to bring 61 Grianan, Westbury to the market. This three bedroom semi detached house is an ideal family home located in a quiet mature development adjacent to all amenities. This property is in excellent decorative condition throughout and viewing is highly recommended. Contact Declan Barry on 087-2026886

170 Evanwood, Golf Links Road, Castletroy, Limerick.



BER B3 €285,000

GVM Auctioneers present 170 Evanwood which is a magnificent extended 3 bedroom semi detached house with large sun lounge / living room to rear. Ideally located within a short distance to University of Limerick and Plassey Technological Park. This property is in pristine decorative condition throughout and viewing is highly recommended to appreciate this stunning property. Contact Declan Barry on 087-2026886

6 Elm Park, Ennis Road, Limerick



€235,000

GVM Auctioneers introduce No. 6 Elm Park, Ennis Road which is a three bedroom end of terrace townhouse with a very private southwest facing rear garden in one of Limericks premier residential locations within walking distance to City Centre. All amenities include public transport on the doorstep. Ideal 1st time buyers of those seeking to downsize. Contact Declan Barry on 087-2026886

Black Road, Newport, Co. Tipperary



BER D2 €185,000

GVM present to the market this 3 bedroom detached family residence situated within walking distance of Newport Village and positioned on a private mature site. Ideal first time buyers property or may suit someone seeking to downsize with a range of amenities available on their doorstep. Contact John O'Connell on 087-6470746

Main Street, Cappamore, Co. Limerick



€100,000

GVM present to the market this spacious two bedroom bungalow residence conveniently situated in Cappamore village adjacent to all local amenities. This property is finished to a very high standard throughout and is ideal for someone who wishes to downsize or get on the property ladder. Viewing recommended. Contact John O'Connell on 087-6470746

The management and staff of GVM Auctioneers take this opportunity to wish their many patrons and friends a peaceful Christmas and a happy and prosperous 2020.



LIMERICK OFFICE: Tel: (061) 413522 • Email: limerick@gvm.ie

KILMALLOCK OFFICE: Tel: (063) 98555 • Email: kilmallock@gvm.ie

Well-designed family home

AT A GLANCE

Location: 1 Caralawns, Lower Park Road, Corbally
Description: Four bedroom, detached house
Price: €355,000
Seller: REA O'Connor Murphy
Contact: 061 279300



REA O'Connor Murphy are delighted to present a unique opportunity to acquire a truly special home, situated in a highly convenient and mature residential area of Corbally.

This spacious four bedroom detached property extends to an impressive 142 sqm. Boasting all modern comforts any discerning purchaser would require, whilst clever in design, with an emphasis placed on light, style and everyday family living which enhances the property's already wide appeal.

Internally, this home has

been lovingly cared for by its current owners. This well-designed accommodation comprises a spacious entrance hallway with marble tiled flooring. To the left, is a family/study room and to the right is the living room which has a feature marble fireplace and a Stanley gas fire stove. Double doors open out to a good sized open plan kitchen/breakfast area, enjoying a superb range of fully fitted units, which continues into the utility room access to the rear garden. Also, downstairs

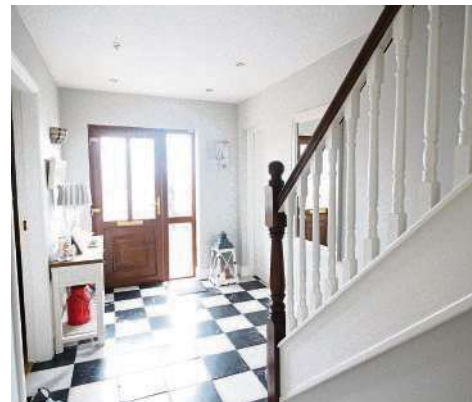
there is a good sized shower room. Additionally, off the breakfast area is a sunroom with french doors opening out to the patio area.

Upstairs, the landing provides access to four bedrooms, two with ensembles and the main family bathroom completes the accommodation at this level.

Outside, to the front, is a low maintenance garden with a tarmac driveway. The enclosed rear garden enjoys a bordered patio area - perfect for BBQs, and an array of flower beds, shrubbery and trees.



Number 1 Caralawns, is a well-designed property lovingly cared for by its current owners



Six bedroomed Ballinacurra home



AT A GLANCE

Location: 18 Templeville, Ballinacurra
Description: Six bedroom, semi-detached house
Price: €420,000
Seller: REA O'Connor Murphy
Contact: 061 279300



THIS property at 18 Templeville is a six bedroom semi-detached, fully furnished home that comes to the market in turn key condition.

Finished to the highest standard and tastefully decorated by an interior designer throughout, this impressive 2,099 sq ft home, comes with an A2 energy rating, under floor heating and air to water heating system. Set over three stories, cleverly designed to

incorporate light and maximise space, it is in immaculate condition and presented with real flair and imagination and includes all the furniture!

Templeville boasts high quality workmanship. Internally, the generous hallway has porcelain floor tiles and under stair storage. The living room has wood flooring and an inviting remote control electric fire. The kitchen/dining area again comes with porcelain floor tiles with high gloss floor to ceiling kitchen units, a breakfast island and a dining area providing the perfect space for entertaining. The space is further enhanced by a separate utility room, also fitted with high gloss units, integrated appliances



Templeville is a stunning, recently completed development, located off the Ballinacurra Road at Punches Cross

(washing machine and dryer) and access to the rear garden. A guest wc completes the downstairs accommodation.

On the first floor, there are three double bedrooms, all with carpet flooring and fitted wardrobes, two with ensembles and a large fully

shelved hot press and a beautifully fitted family bathroom. The second floor enjoys two good sized bedrooms, one large bedroom to the front with built in wardrobes, a fully tiled bright bathroom with shower and a second

bedroom carpeted throughout, this 6th bedroom could also accommodate an office/study. Outside, this home enjoys an enclosed rear garden mainly laid in lawn and cobblelock, with a substantial aluminium shed

to rear wired with electrical points. To the front, there is a double car cobble lock driveway with side gate access. Located within a private cul de sac overlooking a well-maintained green area and purpose built private playground.





This property at 50 Cairnsfort, Golf Links Road, Castletroy is on a large corner site

Detached home at Golf Links Road is on a large corner site

AT A GLANCE

Location: 50 Cairnsfort, Golf Links Road, Castletroy
Description: Four bedroom, detached house
Price: €395,000
Seller: Cusack Dunne
Contact: 061 209000

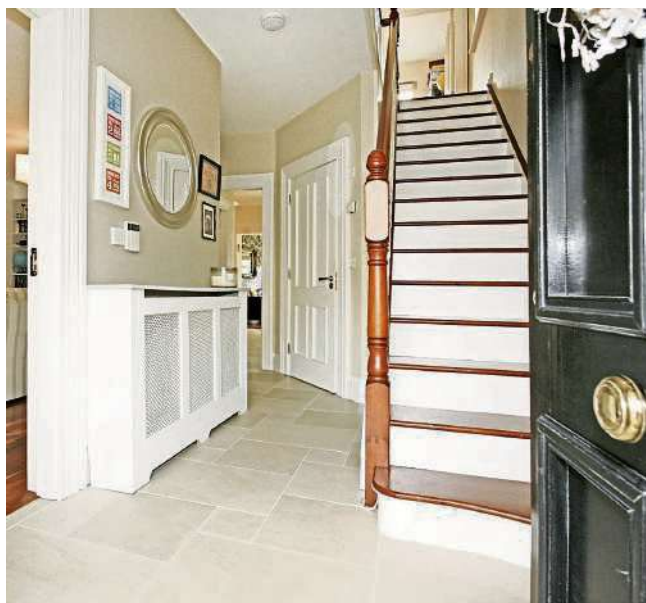


This is an exceptional detached property located in Cairnsfort, an exclusive development on the Golf Links Road which is home to just a small number of family homes.

No 50 has the benefit of a large corner site and a private garden which is beautifully mature and stocked with leafy foliage. A contemporary design and a flair for interiors is evident from first entering this property. The magnificent open plan sunroom reception area, which is flooded with light and opens onto the rear lawns, is the absolute highlight of this home and only a viewing will really capture the scale of this exceptional space with proportions perfectly suited to entertaining guests.

The pristine interior is of show house standard which truly heightens the appeal of this exciting home which boasts well proportioned accommodation throughout and many interesting features.

The property consists of an Entrance Hall, with Living Room and Kitchen/Dining room downstairs with open



plan area and sun room which overlooks the mature garden. Upstairs there are four fine bedrooms.

Outside: Paved front. Gated side entrance via

feature stone wall. Enclosed extra wide rear garden laid in lawn with an abundant eclectic mix of mature shrubs and trees and a private outlook.

Four bed home on three acres

AT A GLANCE

Location: Toomdeely, Askeaton
Description: Four bedroom, detached house
Price: €480,000
Seller: DNG Cusack Dunne
Contact: 061 209000



Overlooking the River Deel, this exceptional family residence of 4,000 sq.ft. (approx.) was built in 2008 and is set on over three acres of land.

The property incorporates a long driveway and lawn areas, raised deck, a stable block, paddocks, outdoor arena, detached garage and large storage building. The house boasts an exceptional finish throughout in a minimalistic contemporary style and is sure to have strong appeal on the market where properties of this nature are difficult to source. This property has it all, a superb imposing two storey home with exceptional accommodation in show house condition with beautiful river views and the benefit of the additional buildings and all located in a



The house boasts an exceptional finish throughout in a minimalistic contemporary style

tranquil setting. Located in a rural setting but with easy access to the N69 for access to Limerick City, Adare and surrounding amenities.

Outside: The property stands on over 3 acres and overlooks the River Deel. There are lawn areas to front and rear. Detached alarmed double garage. Separated access and drive to the stable yard. Stable block with 4 stables complete with rubber matting and water feeders,

feed room and alarmed tack room. Large Enclosed Sandring. Three paddocks. Detached sizable store/barn. Large stoned yard with ample parking and turning space for large vehicles.

Features & Services: Oil fired central heating. PVC double glazed windows. Alarmed house, garage and tack room. Part of the Toomdeely water scheme with its own biosystem for waste.



GALA NIGHT FOR AUCTIONEERS



Rooney Auctioneers were delighted to attend the SCSi (Southern Region) annual dinner in Maryborough Hotel, Cork on November 15. Pictured attending the event were Gordon Kearney, managing director; Tony Wallace, chair of SCSi Southern Region; Tony's partner Claire-Ann Lyons; Carlo Hanrahan, Neil Kirby, Peter Kearney, Lisa Kearney and Brian Considine, all of Rooney Auctioneers

Rooney

ROONEY CHRISTMAS AUCTION (ATTENDEES' THOUGHTS)



They don't believe in me, how will they accept my offer?



All the others will laugh & call me names if I don't make an offer!



I'm on a short term contract; I can make a small offer only!



All I want is a real house & a sweet deal!



It's the Polar opposite of where I want to buy!



I will make a tremendous offer, the best offer ever; the other offers are FAKE offers!



I will make one offer only – Deal or no Deal!



I'm at the wrong auction! I feel so hollow inside!



Bah, Humbug, this is just a poor excuse for picking a man's pocket!



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Castlefarm, Hospital, Co. Limerick

**NEW TO THE MARKET**

4 bed bungalow with detached Garage that has everything to offer as a family home and modern day living. Acc: Entrance Hall, Sitting room, Kitchen/Dining room, Utility, 4 Bedrooms, 1 Ensuite, Main Bathroom, Hotpress, 3 attic rooms and storage

Pat Dooley 087 694 8942

€245,000

Old Post Office, Main Street, Bruff, Co. Limerick

**INVESTMENT OPPORTUNITY**

Great investment opportunity previously the Main Post Office located in the heart of Bruff Town, this sizeable property is in need of modernisation and has a rear driveway across from Garda Station and pedestrian right of way via Bank Of Ireland entrance. Accommodation: Ground Floor - Kitchen/ Dining room, Living room 1, Sun room/bedroom and WC. Stair lift to first Floor - Living room 2, Bathroom, 2 double bedrooms and large shelved Hot Press. 2nd Floor: 2 double bedrooms. O.F.C.H.

Pat Dooley 087 694 8942

€125,000

Ballinagarde, Ballyneety, Co. Limerick

**NEW TO THE MARKET**

Extended Cottage in need of renovation on c.0.50 acre with small outbuildings thereon. Situated 1km from the village of Ballyneety and all its local amenities and 10km from Limerick City. Folio No.'s LK23886 and LK20637F

Pat Dooley 087 694 8942

€99,000

Main Street, Broadford, Co. Limerick

**LARGE LANDSCAPED GARDEN**

Excellent 4 bedroom Townhouse with side entrance and large garden. Situated on the main street of the rural Village of Broadford and all its amenities. Accommodation : Entrance Hall, Kitchen, Living Room, Main Bathroom, Hall, Landing & 4 bedrooms.

Jane Foley 087 461 2241

€155,000

Cloughnadromin, Ballysimon, Co. Limerick

**EXCELLENT CONDITION**

Detached property situated just off the N24, 5 miles from Limerick City Centre. Acc: Entrance Hall, Sitting Room, Kitchen/Dining Room, Utility/Shower Room, Office, 4 bedrooms & Bathroom. Benefits from detached Garage & mature landscaped gardens.

Pat Dooley 087 694 8942

€275,000

Borrigone, Askeaton, Co. Limerick

**NEW TO THE MARKET**

Detached bungalow in need of works. The property boasts 3 bedrooms (2 with Built in Wardrobes), Large bathroom a large Kitchen/Dining Area, Living Room & Sitting Room. The property is heated by both Oil Fired Central Heating & Solid Fuel Stove.

Pat Dooley 087 694 8942

€155,000

Ballinagarde, Ballyneety, Co. Limerick

**NEW TO THE MARKET**

Circa 0.50 acre site subject to planning permission. Folio LK3535F. Situated 1km from the village of Ballyneety and all its local amenities such as schools, churches, shops and the local pubs. and 10km from Limerick City.

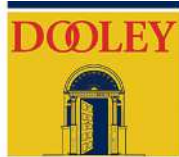
Pat Dooley 087 694 8942

€90,000

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 Tel: 069-61888 / 087 694 8942
 Email: ncw@doolweygroup.ie

PSRA NO: 003411

www.dooleygroup.ie





90 Bru Na Gruadan, Castletroy, Limerick

BER C2

NEW TO THE MARKET

Fantastic 3 Bed end of Terrace property in turn key condition. Benefits from G.F.C.H., large modern fitted Kitchen & all mod cons. Acc: Entrance Hall, open plan Kitchen/Dining Room/Living area, Sitting room, Downstairs WC, 3 Bedrooms (Master Ensuite) & Bathroom.

Chloe Gough 087 125 5406

€175,000



26 Cois Rioga, Caherconlish, Co. Limerick

BER C2

NEW TO THE MARKET

Built in 2006, this immaculate 4 bed semi-detached property is located in a popular development tucked away on a large corner site only a short stroll Caherconlish Village and ten minute commute from the outskirts of the city. Acc: entrance hallway, open plan kitchen / dining room, utility room, sitting room, guest wc, 4 bedrooms (1 ensuite) and main bathroom. The property measures c. 133 sq.m and enjoys the benefits of oil fired central heating, alarm, great condition throughout and landscaped lawns.

Pat Dooley 087 694 8942

€229,000



10 Willow Park, Raheen, Limerick

BER C3

NEW TO THE MARKET

3 bed semi-detached residence located at the end of a quiet cul de sac in a private low density and well established estate. Acc.: Entrance hallway, Sitting room, Kitchen, Dining room, 3 bedrooms and bathroom. G.F.C.H. and fully insulated.

Chloe Gough 087 125 5406

€195,000



44 Rathmore, Churchill Meadows, Raheen, Limerick

BER D2

NEW TO THE MARKET

Built in 2000, No. 44 Rathmore is situated in a highly convenient and much sought after residential area of Doonad Doyle down a quiet cul-de-sac. Acc: Hall, Sitting room, Kitchen/Dining area, 3 Bedrooms (1 ensuite) and Main Bathroom. Good condition, G.F.C.H.

Pat Dooley 087 694 8942

€215,000



1 Whitethorn, Caherconlish, Co. Limerick

BER C2

NEW TO THE MARKET

Superb detached property in excellent condition location in the Village of Caherconlish adjacent to all amenities while only a 10 minute commute from the outskirts of Limerick City. Acc: Hall, Sitting room, Kitchen/ Dining room, Sunroom, 4 bedroom, bathroom & 1 Ensuite. The property features a built in stove in living room, coving and a cast iron fireplace in sitting room, conservatory has a vaulted timber ceiling, recess lighting & patio door to rear, is wired for surround sound, fully alarmed, patio area, landscaped lawns and garden shed.

Pat Dooley 087 694 8942

€249,000



14 Hawthorn Drive, Newcastle West, Co. Limerick

BER C3

TURN KEY CONDITION

Perfect family home being located in the highly desirable estate of Hawthorn Drive close to a wide range of amenities. Acc: Hall, Sitting room, Kitchen/Dining room, Utility, WC, 4 Bedrooms, Bathroom. The property is in turn key condition throughout. O.F.C.H.

Pat Dooley 087 694 8942

€210,000



Pat Dooley M.I.P.A.V TRV Director



Chloe Gough BSc M.I.P.A.V TRV Property Negotiator



Jane Foley M.I.P.A.V TRV Property Negotiator



Susan Byron Administrator



Ann-Marie Hanley Administration



Liam Ahern Trainee Negotiator



Liskennett, Granagh, Kilmallock, Co. Limerick

BER E1

BUNGALOW ON C. 1 ACRE

This beautiful 3 bedroom bungalow with garage and circa 1 acre comes to the market in a much sought after location of Liskennett with beautiful views of the Ballyhoura mountains. The large site would hold potential for an additional property/site. Built in C.1972 the property boasts an entrance hallway, Sitting room, 3 Bedrooms, a large kitchen/ dining room, large bathroom and utility. The property enjoys benefits of Oil Fired Central heating, private water well, fully alarmed, tarmac driveway to name but a few.

Pat Dooley 087 694 8942

€230,000



Main Street, Ballylanders, Co. Limerick

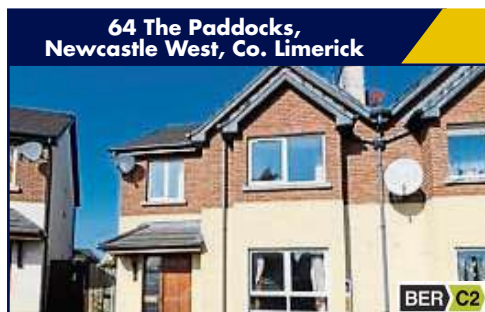
BER EXEMPT

SITE FOR SALE

Formerly Hennessy's Nurseries location, Dooley Group are delighted to offer this circa quarter acre site located on the main street in Ballylanders with immediate access to all local amenities. Full details on request. Pat Dooley 087-6948942

Jane Foley 087 461 2241

€65,000



64 The Paddocks, Newcastle West, Co. Limerick

BER C2

NEW TO THE MARKET

This 4 bed semi detached property is situated in the popular estate of The Paddocks in the picturesque town of Newcastle West and within walking distance of all amenities. Entrance hallway, sitting room, kit/dining, utility, 4 bedrooms, main ensuite, bathroom.

Jane Foley 087 461 2241

€170,000



29 Treada Na Ri, Kilfinane, Kilmallock, Co. Limerick

BER C2

IMMACULATE CONDITION

Semi detached property in great condition situated in the Town of Kilfinane. Enjoys the benefits of stunning views, green area to front of property, O.F.C.H., a rear garden & much more. Acc: Entrance hall, Kitchen, Living Room, wc, 2 bedrooms, Bathroom.

Jane Foley 087 461 2241

€90,000



63 Arra View, Newcastle West, Co. Limerick

BER C2

NEW TO THE MARKET

This well presented terrace house is located within walking distance to the Town of Newcastle West and all local amenities. There are Patio doors leading to a walled in back yard. Acc: Kitchen/sitting room, hallway, 3 bedrooms, WC and Bathroom.

Pat Dooley 087 694 8942

€140,000



14 Daarwood Crescent, Newcastle West, Co. Limerick

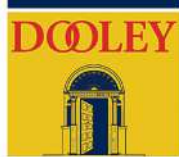
BER C3

NEW TO THE MARKET

Superb 4/5 bed detached house in the much sought after estate of Daarwood Crescent within five minutes walk of town centre. Acc.: Hallway, Office/Bedroom, Kitchen/Dining Room, Utility Room, Sitting Room, 4 Bedrooms & Bathroom. O.F.C.H.

Pat Dooley 087 694 8942

€245,000



Dooley Auctioneers,
86 O'Connell Street, Limerick
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PSRA NO: 003411

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Extended home on mature site

AT A GLANCE

Location: Hillcrest, Ballysheedy
Description: Four bedroom bungalow
Price: €375,000
Seller: Sherry Fitzgerald
Contact: 061 418000



Sherry Fitzgerald are delighted to bring to the market Hillcrest, Ballysheedy an inviting family bungalow situated on an exceptional, mature site. Located in the hugely desirable area of Ballysheedy.

The gardens are beautiful, laid out mostly in lawn there are mature shrubs, trees and a high degree of privacy is enjoyed. The living accommodation is fantastic for family living with 4 excellent bedrooms, a large open plan kitchen/diner, living room and sunroom. Hillcrest, is the perfect opportunity for those searching for the perfect

house to establish their family home.

The location is second to none, with easy access to Limerick City (4KM), Dooradoyle (4KM) and Castletroy (7KM).

The residential amenities at hand are fantastic with Limerick Golf Club, Scoil An Spioraid Naoimh Primary School, Crescent College Comprehensive Secondary School and The Crescent Shopping Centre all within five minutes drive.

Extended over the years the house consists of fantastic living accommodation. You are entered into the house through a warm and inviting reception porch with bay windows. A well appointed and highly finished living room is set to the front of the house. The room is bright and spacious and attention to detail is apparent. There is an open fire place at the centre of the room and a decorative colour pallet on the walls. The kitchen/diner is a large open

plan room which features an island at centre point. The kitchen is fitted with contemporary storage units, black granite counter-top, crème splash back tiling and a wood burning stove. A bright, light filled sunroom is located off the kitchen with French doors leading to the rear. The utility is located off the kitchen, providing additional storage units and external access to the front.

There are four excellent double bedrooms located down the hallway. Two of the bedrooms have built in wardrobes while the master contains its own walk in wardrobe. The master also has the added benefit of an ensuite, which is fitted with contemporary sanitary ware, electric shower and heated towel rack.

The house sits on a beautiful site which is fully enclosed with mature trees and shrubbery. There is dual access from the road and driveway to the front, side and back of the house.



Extended over the years the house consists of fantastic living accommodation



Spacious Ballyclough home ticks all the boxes



AT A GLANCE

Location: Woodcote, Ballyclough
Description: Four bedroom, detached house
Price: €495,000
Seller: Sherry Fitzgerald
Contact: 061 418000



'Woodcote' is a magnificent family home situated on a mature and completely private west facing site of circa half an acre.

Purchasing this fine detached property offers the new buyer a wonderful opportunity to create the home of their dreams in one of Limerick's prime residential addresses. Early viewing is highly recommended as strong interest is anticipated. Upon entering the gates of

'Woodcote' you will be impressed by the mature tree lined site and the scale of the property. Internally the accommodation is spacious and enjoys an excellent lay out which offers great flexibility as a family home with further potential to expand and improve to suit your individual needs. The welcoming entrance hallway opens in to the principle reception room to the right. This room enjoys dual aspect with pleasant outlook over front and rear gardens, an original marble fireplace and an entrance to the dining room with double doors to the rear garden. The kitchen/breakfast room opens from the dining room and is fully fitted with a range of wall and floor units, fitted oven and hob and is open



The accommodation at Woodcote is spacious and enjoys an excellent lay out which offers great flexibility as a family home with further potential to expand and improve to suit your individual needs

through to the family room/lounge, this room has a brick surround fireplace and windows overlooking rear garden.

There is a garage to the side, off the family room which is ideal for converting to further living

accommodation should the need arise. A study/home office and excellent storage facilities complete the accommodation at ground floor level.

Upstairs in Woodcote there are four very good double bedrooms located off

a spacious, bright landing. All of these enjoy a pleasant outlook and a very bright aspect. The master bedroom enjoys ensuite facilities and the family bathroom is fully tiled with bath, wc, and whb.

The location of Woodcote is second to none. It is located

only a stone's throw from the Ballyclough exit off the motorway which allows easy access to Crescent Comprehensive School, University Hospital Limerick and Limerick Golf Club. UL, Shannon Airport and the M7 are all easily accessible.

**BALLYCLOUGH
WOODCOTE****€495,000**

Magnificent family home situated on a mature and completely private west-facing site of circa half an acre in one of Limerick's prime residential addresses. The property boasts spacious accommodation and mature tree lined gardens. Entrance Hallway, Living room, Dining Room, Kitchen/Breakfast Room, Family Room, Study, 4 Double Bedrooms, Ensuite, Bath, Garage. 200 sq m / 2,153 sq ft approx. BER: 112734116.

CALL BRENDA MULCAHY ON 061 418000

BER F

**FATHER RUSSELL ROAD
CLUAIN DUBH****€230,000**

An exceptionally well finished 3-bed family home set at the heart of one of Raheen's most popular residential developments. No. 53 is immaculately presented and offers superb accommodation on both floors, excellent positioning within the development & meticulously landscaped gardens to its front & rear. Hall, Guest WC, Living Room, Kitchen/Dining, 3 Bedrooms (2 Double, 1 Ensuite), Main Bath. 99 sq m / 1,066 sq ft approx. BER: 102872421.

CALL FRANK LYDDY ON 061 418000

BER C2

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FitzGerald****DOORADOYLE
FOXFIELD****€249,000**

Immaculate 3 bed semi-detached property located in an idyllic suburban development set within minutes of Dooradoyle's Crescent Shopping Centre. No. 70 Foxfield comes to the market in pristine condition and has been finished to a very high standard throughout. Entrance Hall, Living, Kitchen/Dining, Guest WC, Family room, 3 Bedrooms, Main Bathroom, Ensuite. 125 sq m / 1,345 sq ft approx. BER: 108779588.

CALL ORLA SHEEHAN ON 061 418000

BER D1

**CLARINA
CILL NA CAILLI****€325,000**

Substantial detached home offering superb reception spaces, spacious accommodation and a remarkably high specification throughout. No. 18 is positioned to the front of the development, occupying a generous walled site within a short walk of Clarina Village. Hall, Family Room, Living/Dining/Kitchen, Utility, Wet Room, 4 Bedrooms, Main Bath, Ensuite. Attic Level; 2 Rooms (Store/Office) & Shower Room. 175 sq m / 1884 sq ft approx. BER: 104488945

CALL FRANK LYDDY ON 061 418000

BER C3

**BALLYSHEEDY
HILLCREST****€375,000**

An inviting family bungalow with fantastic living accommodation and beautiful gardens, located in the hugely desirable area of Ballysheedy. Hall, Kitchen/Dining, Living, Sun Room, Utility, 4 Double Bedrooms, 2 Baths (1 Ensuite). 173 sq m / 1,862 sq ft approx. BER: 111506572

CALL SEAN MCGEE ON 061 418000

BER C3

**CLARINA
CILL NA CAILLI****€259,000**

No. 2 Cill na Cailli is an exceptionally spacious semi-detached property, offering superb accommodation on a generous corner site within the development. Hall, Family Room, Living/Dining/Kitchen, Utility, Guest Bathroom, 4 Bed (all ensuite, all double), Main Bath. 175 sq m / 1884 sq ft approx. BER: 104485016

CALL FRANK LYDDY ON 061 418000

BER C3

**CASTLETROY
CAISLEAN NA HABHAINN****€335,000**

Stunning A-rated family home, finished to show-house standard, incl underfloor heating and triple glazed windows. Hall, Living, Kitchen/Dining, Guest WC, Utility, 4 Bedrooms, 2 Walk-in wardrobes, 2 en suites, Main Bathroom. 149 sq m / 1,604 sq ft approx. BER: 108612516

CALL ORLA SHEEHAN ON 061 418000

BER A3

**CORBALLY
SIÚL NA HABHAINN****€245,000**

A wonderful 5-bedroom semi-detached family home located in a quiet residential area. The property boasts bright spacious accommodation, a private rear garden & off-street parking. Living, Kitchen/Dining Room, Utility, WC, 5 Bedrooms, Main Bathroom, Ensuite. 148.88 sq m / 1,603 sq ft approx. BER: 112740287.

CALL ORLA SHEEHAN ON 061 418000

BER C2

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10 HOME&INTERIORS

Tis the season!

How to theme your Christmas decorations with EZ Living Furniture

While decorating your Christmas tree each year is a major tradition, the way we are decorating it today is anything but traditional!

People are saying goodbye to their flimsy tinsel, and multicoloured lights and instead, giving a big warm welcome to bold and often themed décor. Now I know we are creatures of habit and don't like change but guess what – your interior does! It's okay to be afraid of change, but sometimes change might be exactly what your interior both needs and deserves! Lucky for you, EZ Living Furniture are giving us EZ tips to make the most out of our themed Christmas decorations! Ready for some themed tips? Let's get started!

Start the Tree-mendous season off right!

In order to make the most of your theme, it is important to invest in a tree that's durable and will withstand



Have a fab Christmas with EZ Living Furniture

the festive season (and the surprisingly heavy baubles!). Whether you invest in a green tree or a frosted white one, your tree will set the tone for your theme!

Theme your Tree!

Before you start decorating, pick one central theme that everything can be tied to. Themes don't have to come from a colour, they can also have many different sources such as shapes, patterns, symbols, and even moods. Pick a theme and stick to it!

Light it Up!

Start with the lights first. Whether you decide on warm yellow hues, multicoloured lights, or sparkling whites. Weave your lights from the top of the tree right down to the bottom and work your way back up. Make sure to test the lights before you start on your baubles as lights will be the most intricate part to redo.

For more information simply log onto: www.ezlivingfurniture.ie



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Property To Let - Killaloe

Tired of paying Limerick City Rent?

Killaloe is a small town, twenty minutes commute from Limerick City, situated on the western bank of Lough Derg.

TO LET

HOUSE
Marina Walk
Killaloe, Co. Clare
Rent: €1,100 monthly
4 bedrooms, 4 bathrooms
BER D2

TO LET

HOUSE
Carrownakilly Quay
Killaloe, Co. Clare
Rent: €1,000 monthly
3 bedrooms, 3 bathrooms
BER C3

TO LET

APARTMENT
Lakes Village
Killaloe, Co. Clare
Rent: €775 monthly
2 bedrooms, 1 bathroom
BER D1

It is a haven for outdoor activities from Hiking to Kayaking and many other water sports and outdoor amenities. Rents are typically 50% cheaper in Killaloe, and offers a 20 minute commute to Limerick City via the easily accessed M18 motorway. This small town is peppered with chic coffee shops, trendy boutiques and restaurants against a backdrop of stunning views of the Slieve Bernagh mountains. Community festivals, Art exhibitions, walking trails, mountain running, triathlons, bungee jumps, towing regattas, farmers' markets are all part of social living in Killaloe.

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NEW HOUSES FOR SALE IN KILLALOE

PHASE 6 - RELEASE OF NEW DETACHED HOUSES AT ARDA NA DEIRGE

4 BED DETACHED – Circa 1,750 ft² (Ready For Immediate Occupancy)

PRICE €375,000

FEATURES

- A3 Energy Rated timber frame construction, solar panels, wood burning stove & energy efficient windows. Mains gas central heating.
- Qualifies for the “Help To Buy” Tax Rebate Scheme for First Time Buyers
- Generous choice of kitchen, tiling & timber floor/carpets. Fully painted with choice of 2 colours.
- Provision made for Attic Storage room. Natural limestone feature on front façade
- Tarmacadam driveways with fully landscaped front & rear gardens to include seeded lawns
- Located within easy walking distance of all amenities in the popular lakeside towns of Ballina & Killaloe. Creche facility & Killaloe Tennis Courts located opposite the entrance to the development.
- Elevated sites with panoramic views of Lough Derg & The Tipperary Hills

Developer – Cherryfox Developments Ltd, 19 Lord Edward St, Limerick. Available for all your building needs – Renovations, Extensions & New Builds in Limerick, Clare & Tipperary - Tel 087-2264611 –

Email – jwalsh@cherryfox.ie

For Further Details & Viewings, Contact John Phelan on 061-376380 or 086-8181583

Email - john@harrybrann.com

DNG

DOUGLAS NEWMAN COO

CUSACK DUNNE

9 Lower Mallow Street, Limerick
061 209000 | cusackdunne@dng.ie



TINNAKILLY, MONALEEN ROAD, CASTLETROY, LIMERICK

DNG Cusack Dunne are excited to present Tinnakilly, Monaleen Road, Castletroy, to the market. Impressive accommodation on a sizable 1/3 of an acre site. The accommodation runs to 2730 sq. ft. to include the garage block. Four reception areas and four especially large double bedrooms, all of which have been impeccably cared for and enhanced in areas. There are lawns to the front with an outlook over rolling green fields while the aspect to the rear of the site offers beautiful views of the Clare Hills and Silvermines. Located on Monaleen Road in a sparsely populated spot. Surprisingly close to The University of Limerick, National Technological Park, local schools, shops, restaurants and a superior road network. A true find in today's market and viewing is strongly advised.

Ber Number: 112691431

€585,000



ROCKBARTON HOUSE, LEMONFIELD, CRECORA, CO. LIMERICK

Exceptional residence hidden amongst circa 5 acres of stunning mature grounds and accessed via wrought iron electric gates with stone pillars along a private winding tree lined driveway and bounded by manicured lawns, paddocks, an orchard area and a stable block & arena. The property was constructed in 1997 and is a most attractive stone building of exceptional character measuring 397 sq.m./4280 sq.ft. approximately. There are a host of wonderful features of note throughout the property which is finished to the highest of specifications and is sure to attract both national and international interest on the market. Nestled in one of the most sought after locations in Co. Limerick just minutes drive from Limerick City, University Hospital Limerick, the University of Limerick and all accessed via a superb road network. Shannon International airport is a convenient drive at 30 minutes and the newly refurbished and exquisite 5-star Adare Manor Hotel & Golf Resort is just 15 minutes drive.

Ber Number: 112595509

€1,300,000



VONDELEUR HOUSE, BALLYCLOUGH, CO. LIMERICK

Vondeleur House is a most attractive detached residence located in one of Limerick's premier locations. Only minutes drive from Limerick City Set in a private tranquil location this impressive home is in excellent decorative condition throughout and is a superb property of c. 4000 sq. ft. This is a home ideal for family living and entertaining and viewing is highly recommended.

€725,000



50 CAIRNSFORT, GOLF LINKS ROAD, CASTLETROY,

Exceptional detached property located in Cairnsfort, an exclusive development on the Golf Links Road. Large corner site and private garden which is beautifully mature. A contemporary design and a flair for interiors is evident from first entering this property. The pristine interior is of show house standard. Conveniently located close to local amenities, UL and National Technological Park

100506252

€395,000



NEWTOWN FARM, CRECORA, CO. LIMERICK

Stunning family home built in c.2003 set on a 2 acre site with a private tree lined driveway. Substantial 5/6 bedroom detached house of approximately 277 sq.m. / 3000 sq. ft. Light filled interior. Appealing family property. Large attic space is floored and has velux windows, power and heating. Perfectly perched on mature private site. Close to Crecra Village Convenient to road network.

112449988

€575,000



HEATHMOUNT, GALLOWSHILL, CRATLOE, CO. CLARE

Elevated site with panoramic views of the Shannon Estuary and surrounds. Magnificent view point which creates a sense of peace and tranquility. Contemporary open plan triple aspect reception space with picture windows is the central point. Modern fitted kitchen, second family room, 4 bedrooms and two bathrooms. Lawn areas to the front and rear. Short drive to Cratloe Village

112691605

€345,000



TOOMDEELY NORTH, ASKEATON, CO. LIMERICK

Overlooking the River Deel, exceptional family residence of 4,000 sq.ft. (approx.). Built in 2009 on 3 acres. Long driveway and lawn areas, raised deck, a stable block, paddocks, outdoor arena, detached garage and large storage building. Exceptional finish throughout. Located in a rural setting with easy access to the N69 for access to Limerick City, Adare and surrounding amenities.

112625918

€480,000



6 GLENSIDE, ANNACOTTY, CO. LIMERICK

Superb location. Short walk to local schools, shops, restaurants and bars. Close to University of Limerick and the National Technological Park. Four bedroom semi-detached house with 4 reception rooms at ground floor level. Currently let and used as a 6-bedroom property and is a very lucrative investment. Garden to the rear. Would benefit from decorative upgrading

112682558

€320,000



BETTYVILLE, CRECORA, CO. LIMERICK

On one acre site. Close to Crecra village. Ideal distance from Limerick City. Modern detached family home. Four large reception areas ground floor level. Four double bedrooms on first floor. Two additional rooms at second floor level. Light filled accommodation in turn key condition. Ready for immediate occupation. Further scope exists to put your own stamp on this stunning home

107060261

€600,000



11 GOULDAVOHER, FR RUSSELL RD, DOORADOYLE

Spacious 3-bedroom, semi-detached family home. Mature residential suburb adjacent to the University Hospital Limerick, the Crescent Shopping Centre. Five minutes from Limerick City. Bright, spacious, accommodation comprises of entrance hallway, living room, dining room, kitchen, guest WC, 3 bedrooms and bathroom. Mature and private rear gardens and a garage.

111847075

€220,000



NO 1 QUINLAN STREET, LIMERICK

Attractive investment opportunity. Four storey over basement Georgian building in excellent condition throughout. Refurbished throughout while retaining many period features. High profile location in Limerick's Georgian Quarter. Occupied under two leases currently producing a total rent of €38,000 per annum. One car parking space available at the rear. Tenants not affected.

BER EXEMPT

€330,000



UNIT 6 & UNIT 7, WESTBURY SHOPPING CENTRE

Retail / medical investment opportunity. Ground floor retail unit approx. 1,507 sq.ft together with first floor doctors surgery approx. 1,076 sq.ft. Forms part of the Westbury Shopping Centre anchored by Tesco. Occupied under two leases currently producing a total rent of €33,260 per annum. Tenants not affected. Further details available on request. Unit 6 Ber Rating: D1 Unit 7 Ber Rating: C3

Ber Numbers: 800718454, 800718496

€260,000



LAND, BALLYDOOLE, PALLASKENRY, CO LIMERICK

Two parcels of land laid out in two folios adjacent to one another. Folio LK31525F comprises approx. 3.98 hectares (9.83 acres) and Folio LK22188 comprises approx. 2.2 hectares (5.43 acres). There is a cattle crush located to the front. Each parcel is rectangular in configuration and is suitable for summer grazing. Located approx. 5km northwest of Pallaskenry village close to the River Shannon.

BER EXEMPT

€70,000



LAND, BOTHARGAR, CLANWILLIAM, CO LIMERICK

For Sale – Land comprising approx. 42.25 acres (folio LK57603F). Located just off the N24 Limerick / Tipperary Road close to Bothar village in the townland of Clanwilliam. Planted with a mixture of broadleaf and conifers.

BER EXEMPT

€300,000

ENTERTAINMENT

YOUR **WEEKLY GUIDE** TO WHAT'S GOING ON IN LIMERICK

Blizzards' city storm

Dolan's Warehouse to host top Irish band after launch of new album

FINTAN WALSH
fintan.walsh@limerickleader.ie

THE BLIZZARDS, one of Ireland's most successful contemporary rock bands, is set to brew up a cool musical storm in Limerick this weekend.

The Westmeath punk pop band, led by Bressie, will perform at Dolan's Warehouse this Saturday following the launch of their third, highly-anticipated album *The Last Great Algorithm*, last month. To promote the new release, the band released a documentary film, *The Blizzards: Behind The Music*, and have announced a full list of gigs as part of the UK and Irish tour.

Doors open at 8pm for the over-18s only gig. Tickets are €20.



The Blizzards to perform at Dolan's Warehouse this Saturday after the launch of their album *The Last Great Algorithm*

Celebration of Arts and Crafts

MADE Limerick are celebrating their fourth birthday this Saturday.

And a sizeable donation from the day's proceedings will go towards Limerick Marine Search and Rescue.

The day is a celebration of local traditional art, craft and design.

Refreshments, mince pies and a variety of discounts will be available on Saturday, and the shop is located on 17 Thomas Street.

Come along and pick up some unique handmade gifts for your loved ones this Christmas.

Jackie from Made Limerick said: "All Welcome... we love making and you will love what we make!"

The event runs from 10am until 5:30pm this Saturday.

The Santa Experience
at Jetland, Limerick
November 22nd – November 24th
November 29th – December 23rd

€12 per child
€6 per adult
Photos
€14 for first photo
€6 for each additional photo
€3.95 booking fee per transaction

BOOK NOW

Find us on **facebook** THE SANTA EXPERIENCE IN ASSOCIATION WITH **DUNNES STORES**

WWW.SANTAEXPERIENCE.IE

UPCOMING SHOWS

LIME TREE THEATRE
Cecilian Musical Society presents
CHITTY CHITTY BANG BANG
Celebrating their 100th year

Tue 26th – Sat Nov 30th | 7.30pm (€25/€22)
Matinee Sat 28th Nov | 1pm (€20)

BELLTABLE
EGGSISTENTIALISM
Written & Performed by Joanne Ryan

Fri, 29th Nov | 12pm & 8pm
Tickets: €18/€16

Booking: limetreetheatre.ie | 061 953400

An Ice way to spend
Christmas with the family

Limerick on Ice

Book your tickets now on
061 400200

November 28th to
January 5th
Arthur's Quay Park
(indoors)

BLACK FRIDAY WEEKEND OFFER

All Skating €10 from
Thursday November 28th -
Sunday December 1st



www.limerickonice.com

BIG NIGHT OUT @

DA VINCENZO FOOD
AND WINE HALL AT
THE GEORGE HOTEL



Mateja Stefanowicz, Suzanna Budimir and Sanela Kadic da Vincenzo Food and Wine Hall in the George Hotel



Orla Coleman and Beatrice O'Donoghue



Eileen and Denis Harrington



Emma Campbell, Terry McCullough and Suzannah Durnin at



ABOVE: Cian Hannon, Tim Kenny and Robert Meaney at da Vincenzo Food and Wine Hall in the George Hotel

Claire O'Connor, Mairead O'Connor and Claire Long at da Vincenzo Food and Wine Hall in the George Hotel

PICTURES: DAVE GAYNOR



Nicole Morgan and Shane Whelan



Norah O'Connor and Joanne O'Donnell



Niamh Rochford and Evie Whelan



Bronagh Phelan and Madalsha Jha



at da Vincenzo Food and Wine Hall in the George Hotel



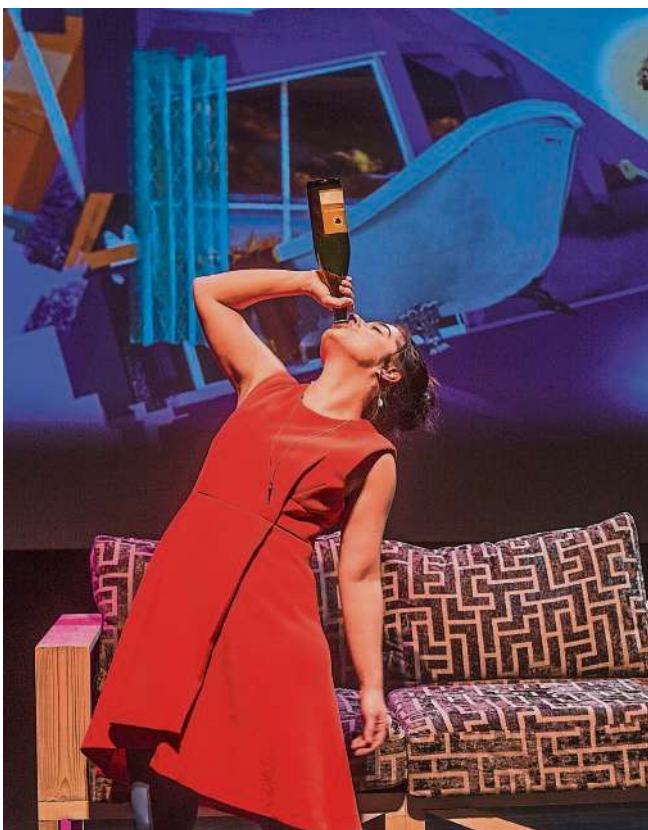
Rory Devitt and Michael Doyle



Aoife Kelleher and Sadhbh Ryan



Katie and Ciaran Campbell



Eggsistentialism is at the Belltable this Friday

PICTURE: KEN COLEMAN

THIS weekend in Limerick sees the return of ice-skating to the city centre, a family-friendly musical in the Lime Tree, a great range of music for everyone and two days of Lego fun. There are far too many events to include them all so this is your selection of weekend highlights!

Thursday (Nov 28)

Limerick On Ice makes a very welcome return to **Arthur's Quay Park** this Thursday, offering us all the chance to spend an hour clinging to the skating arena's walls while jealously watching fearless whippersnappers sail around as though they were born on skates. It will be open from 10am to 10pm daily until January 5. All tickets until this Sunday are €10. After that, tickets for an hour of skating are €17 for adults and €15 for children. A family ticket for two adults and two children is €50. Pro-tip: if you turn up for the 8pm session any night, you can skate for two hours for the same price.

Gallery openings are a wonderful time of scoffing wine and "hmmmming" while looking at paintings. There are four exhibitions opening at **Limerick City Gallery** this Thursday at 6pm, so that seems like a three glass minimum. The highlight is the Charles Harper retrospective show but you can also see two print exhibitions and work by 2019 LCGA Graduate Award winner Niamh Schmidtke. All four exhibitions run until January 26 and are free to see.

The Cecilian Musical Society are at the **Lime Tree Theatre** this week with **Chitty Chitty Bang Bang**, the beloved story about a flying car, a terrifying child-catcher and a group of children who do their best to avoid going to school. The musical is extremely light fayre - evil child-catcher notwithstanding - and, unusually for musicals based on musical films, keeps all of the Sherman Brothers-penned songs

THINGS WHAT ARE ON IN LIMERICK

It's another #WeekendInLimerick – and what a weekend! **Seamus Ryan** has the lowdown

that you'll remember from the movie version. It runs nightly at 7:30pm until Saturday, with an extra matinee on Saturday at 1pm. Tickets are €25 / €22 concession, €84 for a family and €20 for the matinee.

Friday (November 29)

Limerick's Joanne Ryan returns to the **Belltable** this Friday with her solo play **Eggsistentialism**. The comic show explores her quest to decide if, when and how she should have a baby and has picked up more international awards than a Peter Jackson LOTR special. It premiered at the Belltable in 2016 before moving to the Dublin Fringe and festivals around the world. It's funny, tender and will strike a chord with anyone staring down the barrel of their late 30s wondering if it's a good idea to bring a child on to a doomed planet. There are two chances to see it - a parent-friendly performance at midday and a regular no-children show at 8pm. Tickets for both shows are €18 / €16 concession.

These days, **Ardal O'Hanlon** is as well-known for his weekly solving of implausible murders on BBC's *Death In Paradise* as he is for his hilarious turn as Dougal on *Father Ted*. Taking a break from Caribbean killings, he's in the **University Concert Hall** this Friday with his *The Showing Off Must Go On* standup show. You can expect plenty of jokes about the absurdity of Brexit, the joys of growing up in the countryside and the curious popularity of avocados. 8pm, tickets are €25.

Almost exactly a year ago, indie quintet *Little Green Cars* played Dolan's in advance of what was supposed to be their third album. The album never arrived and the band disbanded. From the ashes of the group arose **Soda Blonde**, a

pop outfit fronted by Faye O'Rourke and featuring almost everyone from LGC. Their opening tour takes them back to **Dolan's** this Friday, where they'll be playing the more intimate upstairs venue. *Terrible Hands*, the title track from their first EP, sounds like Lady Gaga singing a Cyndi Lauper song. It's the sort of thing I didn't realise the world needed until I heard it. See them live, you won't regret it. Doors at 9pm, tickets are €20.

Limerick indie quartet **Cruiser** and Belfast post-hardcore trio **Mob Wife** are in the **Record Room** this Friday night to launch their new split EP (they each get half, like an amiable divorce). Obviously they'll be doing a full show and you can buy copies of the record. On cassette too, if you're the sort of person who shops in *Urban Outfitters*. Doors at 9pm, tickets are a fiver.

Saturday (Nov 30)

A Very Merry Brickmas is a celebration of all things Lego at **St John's Pavilion** this Saturday and Sunday. Run by hardcore brick enthusiasts, the weekend offers a large exhibition of completed models, a play area and a giant Lego wall. It runs from 11am to 5pm each day. Tickets are €10 for adults and €4 for children

Wexford storyteller Joe Brennan is at the **Belltable** this Saturday afternoon with **Star Boy**, a stage show about a young lad who spots a star in the sky (where you'll usually find stars) and decides to follow it. Aimed at children between 3 and 7, the journey will take the audience under the sea, through dark woods and eventually on a rocket powering into space. There are two shows, at 2:30pm and 4pm, and tickets are €8.

The Blizzards - still



ABOVE: Chitty Chitty Bang Bang is at the Lime Tree this week



RIGHT: Star Boy is at the Belltable on Saturday



The Blizzards play Dolan's Warehouse this Saturday

public blasts in Limerick at the **University Concert Hall** this Sunday, with six acclaimed choirs taking part in the annual **Choirs For Christmas** night. New Dublin Voices and Ardú Vocal Ensemble are likely to be the highlights of the festive concert and they'll be joined by the Irish Chamber Orchestra to ring in what should legally be the start of the Christmas season. It starts at 5pm and tickets are €20 / €10 concession.

All weekend

Contact Studios' *On The Road* exhibition is at Friars' Gate in Kilmallock until November 30. Limerick Printmakers' Winter Fair is at the Belltable until December 17. The Thomas Ryan exhibition at the People's Museum of Limerick runs till December 31.

That's your lot for this weekend and, as always, if you go to things, there will be more things!

Soda Blonde are Upstairs in Dolan's on Friday



LEADER LIFE

* Fashion, Beauty, Health, Fitness and more from Limerick's Best Columnists

A Day In My Shoes

Anita O'Donnell

Salon Director, Marbles Hair and Beauty Cruises Street

Anita's passion for perfect cut

What time do you get up?

I wake up at the last minute possible but as soon as that alarm goes off I am up and at it.

What is your normal breakfast?

If I bother to make the time for breakfast it would be porridge with seeds and berries or eggs any way, if not I grab a coffee on my way to work.

Do you go for a walk or to the gym before/after the office?

Reformer Pilates after work, gym on my day off.

You arrive at the salon at what time?

I like to arrive 45 minutes before my 9am appointment this gives me a chance to get my hair and makeup finished. It's important to me to look the part for my clients, they not only come to me for a great haircut and a chat but there is also an expectation that I can offer my professional style advice and knowledge of current hair and fashion trends, so leading by example is important to me.

What are your first duties?

Salon ambiance is so important to clients walking in the door so making sure the salon is pristine, warm and welcoming with appropriate music playing is all key to creating the perfect atmosphere.

How many cups of coffee/tea would you drink a day?

Three to four half cups of coffee give me the quick g up's I need through the day.

What is normal lunch - do you have a favourite place?

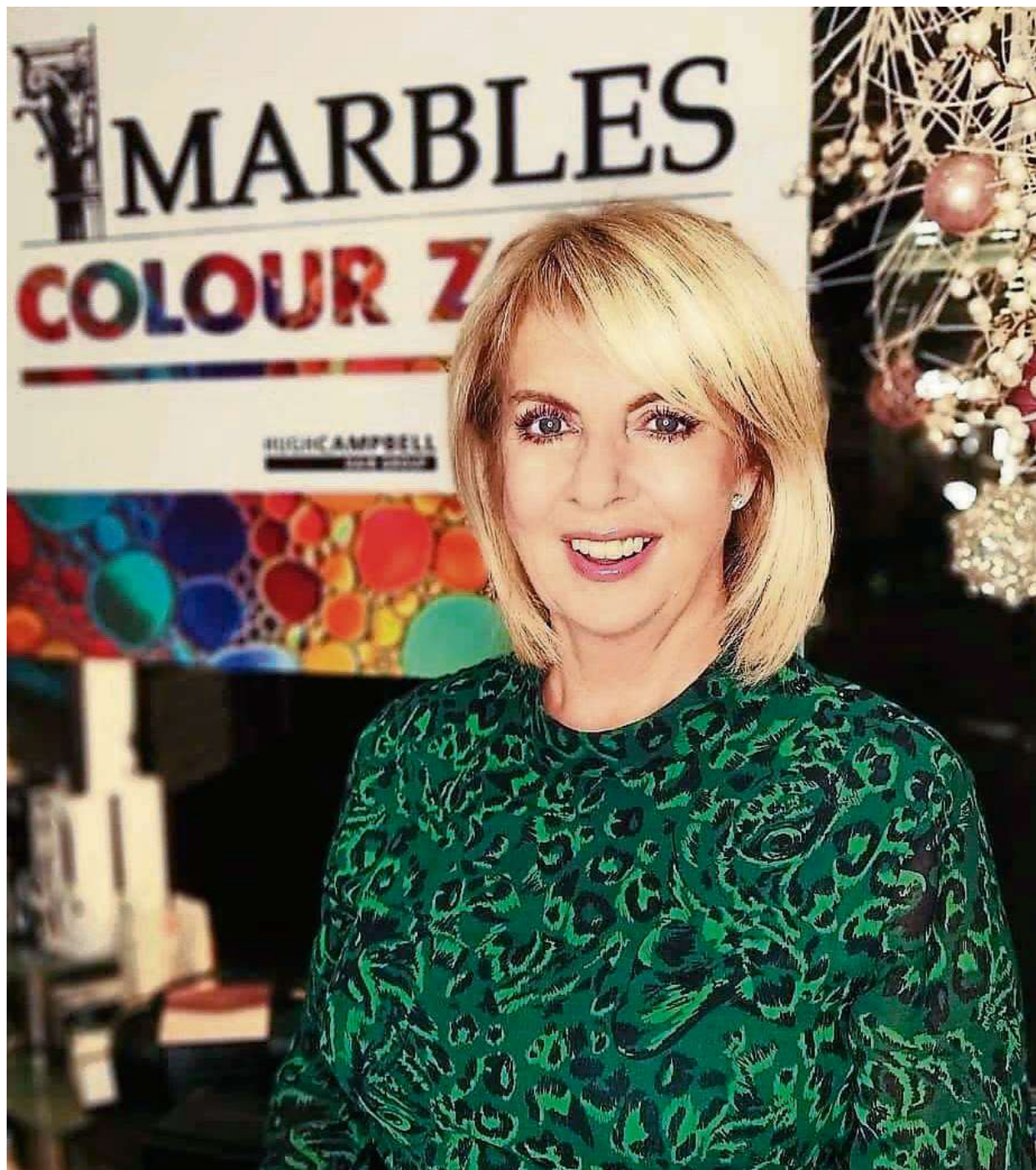
Lunch is something fast, standing up in the tearoom, my best intentions to not eat carbs usually goes by the wayside ! A nice salad is always good.

Do you have many meetings during the day?

It is impossible to arrange meetings when you have a full column of clients and I always put my clients first on salon days, so I set aside Wednesdays as my day for meetings, in-salon training and any other administrative work that I don't get to on the salon days.

What time do you finish up at?

I normally finish at 6-6.30pm.



Do you watch much television?

During the winter I am dangerous if I get into a good Netflix series but hardly any during the summer months.

Do you read the newspapers?

I love the Sunday papers and always read the Limerick Leader.

What do you do to relax?

I love sport so winter its rugby matches, unfortunately I don't get to too many as I work Saturdays. Both my boys play, Jack plays for Shannon and

Barry plays a bit further afield for Scribes in Vancouver. Spring -summer my attention turns to the hurling, up the Banner !

Are you able to leave the office behind?

I decided years ago not to open my own salon when my boys were small for that very reason. I love being part of the Hugh Campbell Hair Group and have seen it grow and produce so many talented hairdressers over the many years so to a certain extent not being the employer allows me the freedom to have a little bit more headspace from work.

**Anita O'Donnell,
Salon Director at
Marbles Hair & Beauty,
Cruises Street**

What is a perfect work day?

There is no greater joy for me than to make someone feel and look better leaving the salon whether it's their first or fifteenth visit, that's my perfect day.

Do you ever lose 'the cool' and if so what would make you annoyed?

Maturity teaches you to not sweat the small stuff. I am still striving and learning to be a better hairdresser, manager and communicator and to try not get annoyed at the things that don't really matter.

INSIDE THIS WEEK



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'DREAMS' DO COME TRUE

New mural celebrates Dolores
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What I learnt from Gaybo



MENTAL HEALTH MATTERS DR EDDIE MURPHY

CLINICAL PSYCHOLOGIST
ADJUNCT ASSOCIATE PROFESSOR
UCD SCHOOL OF PSYCHOLOGY

THE greatest broadcaster of them all has died, but oh, what a legacy Gay Byrne has left. He opened the doors and blew the cobwebs off many of the nation's secrets.

You can roll out a list of these topics where debate in Irish society was hidden behind more than one squinting window; these included single mothers homosexuality, clerical celibacy, pornography, prostitution, adoption, punishment beatings, political hubris, etc.

Uncomfortable conversations

To me Gay Byrne, the consummate professional, created at times a space for uncomfortable conversations. At times we all need to have uncomfortable conversations, but too often we avoid and shrink away from them.

Society cannot survive like that: openness is the key and a healthy legacy is the outcome.

If you have been holding back from uncomfortable conversations, I would ask what are you afraid of. Are you not past that? It's time hold it in no more, to talk, to open up, to create new spaces and new understandings.

Teacher

A life well lived with brilliance is one thing. But, by all accounts, with Gay what you saw is what you got. He was real — not a modern day influencer, but a teacher who lead many through the soundtrack of their lives, and where their university was the Gay Byrne hour and The Late Late Show.

Sense Of Purpose

Such moments in national consciousness create upset, loss and reflective periods — indeed some will cause us to reflect on ageing, mortality, and the challenge of holding onto a sense of purpose. This sense of purpose and meaning was explored often by Gaybo, for both regular people and for famous people in his interview series.

What is your sense of purpose? Do you approach things with a negative feeling? Do you say:

- "I'm too old to try something new."
- "I can't quit my job and find another one I would enjoy more because I need to put a roof over my family's head and food on the table."
- "I don't have the energy."
- "My husband/wife would freak out if I actually followed my passion



To me Gay Byrne, the consummate professional, created at times a space for uncomfortable conversations

and made a change."

- "What would people think of me?"

- "I don't even have a clue how to change or what I would change into!"

Here's an image. Imagine a road on your left-hand side and one on the right. The one on the left is full of trouble and strife. The road on the right is full of promise and hope. Take the plunge and re-find your life purpose. Ask yourself these powerful questions.

- Are you where you want to be?
- Have you accomplished all you thought you would by now?
- Could your relationships be deeper, more rewarding, and more meaningful?
- Are you having / enjoying your playtime?

1. Explore the Things You Love To Do

We are all born with a deep and meaningful purpose that we have to discover. Your purpose is not something you need to make up; it's already there. You may ask yourself, "What is my purpose in life?"

You can begin to discover your passion or your purpose by exploring two things: What do you love to do? What comes easily to you?

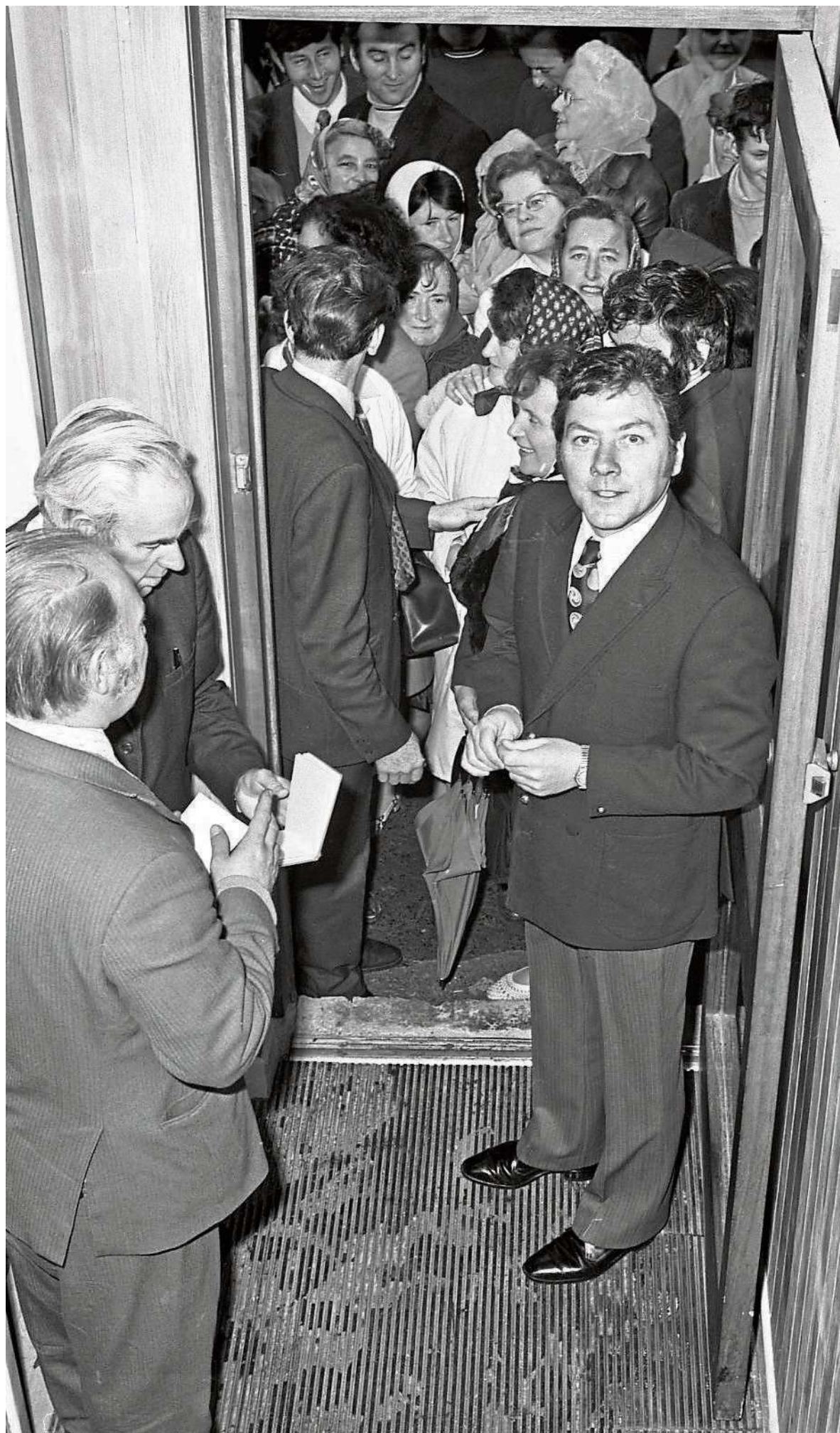
Work is required, but suffering is not. If you are struggling and suffering, you are probably not living on purpose.

2. Focus On Your Life Purpose

Think about your life the legacy you want to leave. How are your relationships going? How is your health? And so on...

Once you are clear about what you want and keep your mind constantly focused on it, the how will keep showing up — sometimes just when you need it and not a moment earlier.

Gay Byrne's skill was



Gay Byrne opening Trident Cash and Carry in Limerick in June 1972. The broadcaster passed away on November 4

communication but his craft was the ability to talk and ask questions, his wisdom was his listening.

Wisdom is underrated. I believe he found what he loved to do and continued to do it right up to the

RTE Lyric Radio days with his Sunday show.

His legacy is secured. In life, some people's legacies are public. Others are discreet, powerful and enduring. That's you.

Thank you, Gay Byrne.

*** Dr Eddie Murphy is a clinical psychologist, author and mental health expert. ONLINE CBT - STOP DEPRESSION - STOP ANXIETY - available at <https://stratushealth-care.ie/mental-wellbeing/>**

POSITIVE PARENTING



The percentage of children who identified themselves as being victims of cyberbullying in Ireland ranged from 10% in 1st class to 18% in 6th year

Keeping children safe online

TECHNOLOGY (and the internet) presents many great opportunities to children and parents alike. It can assist with education, study and research and help us stay in touch with friends and family around the world. As well as these many benefits, however, it can also pose risks – most acutely to those who are most vulnerable, such as children.

It is important that parents are aware of the potential dangers which the internet can pose – from loss of privacy, to cyberbullying, to online grooming and more besides. Children and young people are taught about road safety and ‘stranger danger’ from a young age – parents and carers should also be equipped with the knowledge to teach their children about healthy online behaviour which can help to mitigate risks.

At times, it may feel as though there is a knowledge gap between parents and children or young people in relation to the online world. Many parents query how they can best help keep their children safe online. There are lots of things parents can do to help support and protect.

Keeping lines of communication open with children and young people in relation to their online behaviour can be a powerful force

for helping them to stay safe. Rather than waiting until a problem arises, parents and carers can begin having appropriate conversations with their children from a young age. They can introduce their children to the concepts that content posted online can be very difficult to remove, that people may not be who they seem online as anyone can create an anonymous online identity and that it is important to exercise caution when communicating online as a result.

If your child is active online, perhaps you could talk with them



about what they like to do online. Do they like to play games – if so, which ones? Who do they like to play with, or talk to? What do they view online?

In communicating with their children, parents and carers can agree and set healthy boundaries around how their child should engage online. Parents and carers can also set up parental safety controls on devices including smartphones, tablets, computers and gaming systems. These can help to reduce the risk of their child encountering inappropriate content online. If a parent or carer is unsure about how to set these controls, family members, friends, or professionals – such as assistants in technology stores – are often very happy to share their knowledge and help.

Online gaming and other online activities can be enjoyable for young people, but there are risks involved. Every child has the right to be safe – both online and offline. Parents and carers should empower themselves with information around the games, devices and technologies their children wish to use. They can then help their child/ren to choose a game to play which is age-appropriate.

Children can take steps in a bid to

stay safe online too – including holding back from sharing any information about themselves and only making friends with people they already know in an offline setting.

Any child or young person who wishes to talk about anything they have encountered online, or anything else which may be on their mind, can access support from Childline by calling 1800 66 66 66 (24

hours a day), chatting online at Childline.ie (10am – 4am daily) or texting to 50101 (10am – 4am daily).

This article was contributed by IPSCC, a member of Parenting Limerick. Parenting Limerick is a network of parenting and family support organisations. For more information on this and other topics go to www.loveparenting.ie.

Top Tips

Get yourself online ready

1. Keep yourself informed about the latest popular apps and their functions.
2. Create a trusting and open environment to encourage your children to share any concerns about negative online experiences.
3. Help your child develop online perception skills by teaching them to think critically and question.
4. Engage safety features installed on computers, tablets and phones – especially before giving a child their first device.
5. Be on the lookout for any changes in your child's behaviour which may be brought about as a result of negative experiences online.



HEALTHY LIVING

EVA HILL HAMILTON

CONTACT EVA

Facebook: @evahillnutrition **Web:** www.evahillnutrition.com **Email:** info@evahillnutrition.com

Fighting the winter blues

WE'RE well into the cold season now but I'm sure you agree with me when I say we all could do without storm Barney and his comorbidities...

I'm yet to meet one person, who likes short wet days with long dark evenings, but it affects some people more than others who suffer with a condition called Seasonal Affective Disorder (SAD). Do you feel like crawling into bed, hibernating for few months like bears? It's time to shake the winter blues and burst your cells into energy!

The right nutrients and good digestion are the base

stone of vitality and disease prevention. So, if you have any digestive discomfort, do something about it because if you don't digest your food well, no matter how good your diet is, you won't get the full benefits. Chewing your food and eating in a calm environment sound too simple and unimportant, but it is crucial for absorption and preventing sluggishness.

Now that you are absorbing better, let's look at what you could eat to get you really energized. Choose easily digestible, warming foods such as light porridge with some Christmas spices, stewed apple (you can make it



Common symptoms of SAD include sleeping too much, having little to no energy, and overeating

the night before) and some nut butter to keep you going for longer and help to regulate your bowels. Gently spiced soups and bean-vegetable stews or curries are great options for most days. Try to eat the rainbow when it comes to

vegetables and aim for 6 portions a day.

Keep the meat consumption low and opt for fish at least three times a week. Protein is very important to keep the blood sugar levels balanced and that is the secret to long

lasting energy. Eggs are the perfect protein source - taking you are not allergic to them; boil or poach them rather than frying to keep their nutrition values. Include protein in your snacks also to slow down the absorption of sugars and keep you energized longer. Fresh fruits with nuts are the best options, or vegetable crudites with hummus.

Complex carbohydrates (wholegrain / wholemeal) are important for energy, not just because they supply fuel in the form of glucose, but jam packed with energy nutrients, like B vitamins, Chromium and Magnesium. The secret is in the variety! Don't stick to wheat and oats all the time, experiment with gluten free and ancient

grains! If bread, then opt for real sourdough.

DID YOU KNOW?
SAD affects up to 10% of the population - more women than men

Essential fats (Omega oils from fish and seeds, olive oil, avocado) are crucially important for your brain, happy hormone production - hence your mood.

A bit of liquid sunshine - Vitamin D3 can also help to elevate the mood in winter months. A good quality cod liver oil will supply you with both, and additional Vitamin A to support your mucosal immunity. Herbal adaptogens are of great help, including Ashwagandha, Schisandra berries, Rhodiola or Siberian ginseng. Make sure you check for contraindications with your health care professional if you take any prescription medications!

Family recipe for puff pastry cheesy spinach Christmas tree

Cook's notes: Remove the pastry from the fridge a couple of minutes before unrolling so it doesn't tear. Use the cutaway pastry to make croissants.

Serves: 4/6

Cook time: 25 minutes

Equipment needed: Frying pan, baking tray

Ingredients

- 2 x 375g chef select ready rolled puff pastry
- 125g Oakland's baby leaf Spinach
- 100g cream cheese
- 2 garlic cloves, crushed
- Large handful parsley, finely chopped
- 25g parmesan, finely grated
- 100g deluxe caramelised onion chutney
- 150g valley spire grated mozzarella cheese
- 200g prosciutto
- 1 egg, lightly beaten
- Sea salt and freshly ground black pepper

Method

- Preheat oven to 180°C/350°F/gas mark 4.
- Lay both sheets of pastry out onto a clean work surface, leaving them on their parchment. cutting from the Centre

furthest away from you down to each bottom corner to create a triangle. Discard the excess pastry or use to make croissants or cheese straws. At the base of the pastry, leaving a 'tree trunk' of about an inch in the center of the pastry cut up an inch from the bottom and across to meet the centerpiece.

- Heat the oil in a large sauté pan over a low to medium heat. Add the spinach and toss until wilted. Remove from the pan and squeeze out any excess water in a clean j cloth or kitchen paper. Finely chop and add to a medium sized bowl,
- Add the cream cheese, garlic, parsley and parmesan to the spinach, season and then stir to evenly combine. Spread evenly across one piece of puff pastry followed by the chutney.

- Sprinkle on the mozzarella cheese, lay across the prosciutto and then top with the other triangle of dough. Leaving about 1 inch piece in the centre as the 'tree trunk' cut slices from the middle to each edge about every inch down the triangle. Grab each "slice" and twist it to form a tree shape.

- Brush with the beaten egg place in the oven to bake for 25-30 minutes until golden, risen and the pastry has cooked through.





Dawn Quinn, Thecla Hartmann, Ardnacrusha, Mary Fehily, Ballyclough and Lucia Randles, Bank of Ireland



Anne Branigan and Gillian Clancy, Savoy Hotel enjoying the event

ST GABRIEL'S CHRISTMAS LADIES LUNCH

Pictures: GARETH WILLIAMS



Laura Keane, Resilience, Sandra Egan, Holmes O' Malley Sexton and Paula McDonnell, TTM



Fiona Scullane and Anu O' Sullivan, Ballyclough



Mary Brosnan, Adare, Emma Field, Castletroy and Shirley Hennessy, Adare



Jean Foley, Ennis Road, Lucia Randles, Bank of Ireland and Mary Fehily, Ballyclough



Siobhan Shanahan, South Circular Road, Caitriona Conway and Elaine Kennedy, Adare



Michelle Collins, Collins Bar, Noelle Clancy, Castletroy, Deirdre O' Dwyer, The Hurlers and Roisin Lawler, Flowers Studio



Louise Kearney, Shannon Group, Lisa Killeen, Holmes O' Malley Sexton and Fran Stafford, Bank of Ireland



November in Lahinch taken by Michael Sheehan



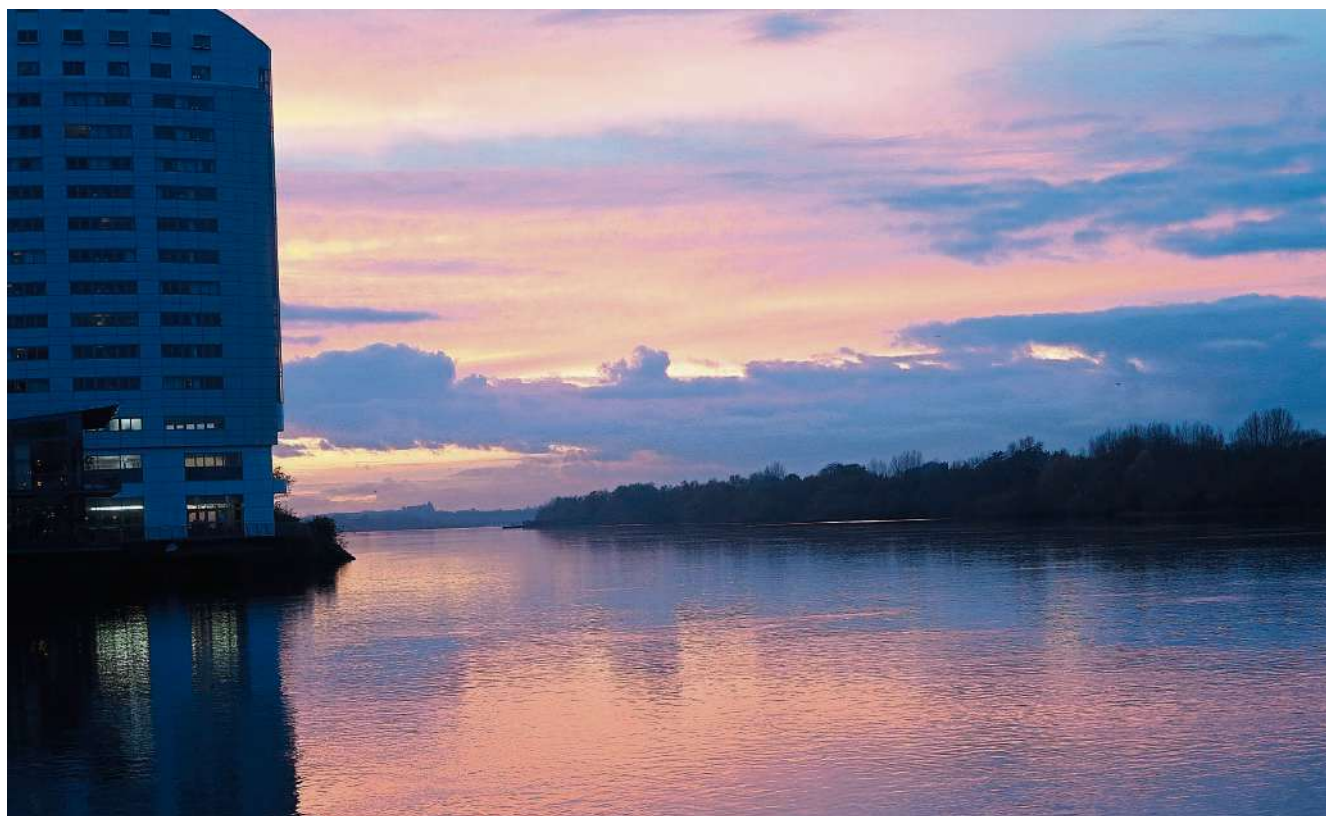
Frosty morning taken by Alan Mungovan

Readers**Pictures**

WE LOVE TO RECEIVE PHOTOGRAPHS FROM OUR READERS, SO IF YOU'D LIKE TO FEATURE ON THIS PAGE, EMAIL YOUR SNAPS TO NEWS@LIMERICKLEADER.IE WITH READERS' PICTURES IN THE SUBJECT LINE



On the hunt! This sparrowhawk was snapped by Ted O'Leary, in Clarina early last Wednesday morning



Claire Waters sent in this shot from Steamboat Quay



STYLE & FASHION

CELIA HOLMAN LEE

CONTACT CELIA

Facebook: celiadolmanlee **Web:** www.holmanlee.ie **Email:** celia@holmanlee.ie

Hats off to creative milliners

FOR the second year the Designers and Milliners from the Council of Irish Designers (CIFD) worked on a collaboration with craftspeople from the Design and Crafts Council of Ireland (DCCOI).

Pictured is just a selection of the creations, including work from Limerick's very own Caroline Mitchell who worked with crochet artist Nadia Druzinina. Other designers worked with a variety of crafters like blacksmiths, textile artists, feltmakers, and a calligraphy artist.

All the creations featured are from an exhibition at the Knitting and Stitching Show in the RDS.



Milliner Wendy Louise teamed up with calligrapher Noleen Frain on this eye-catching creation



Our very own knitwear designer Caroline Mitchell worked on this glorious dress with Nadia Druzinina who is a crochet artist



Here's a stunning ensemble with almost a Celtic theme. Hazel Greene makes handpainted silk scarves and worked on this outfit with Jane Murtagh who is a blacksmith/metalsmith



Milliner Aoife Kirwin worked with Sara O'Hara, an embroidery artist, on this stunning piece



Charlotte Lucas who is primarily a bridal designer worked with feltmaker Carmen Garcia on this outfit

CELIA SPOTTED

Looking good out and about in Limerick

Name: Niamh O'Leary
Occupation: Castletown
From: Currently studying a Masters in Fashion Buying in Dublin

I have always been a huge follower of fashion. In recent times I've become more conscious of my purchasing choices and the consequences of fast fashion on the environment. I love the style aesthetic of the Irish stylist Courtney Smith. I also love Vogue Williams' sense of style. I get inspiration from different people but I've always been inspired by Alexa Chung. The collection she brought out a few years ago had some really cool pieces. I love high street stores like H&M, especially when they do collaborations with designer labels. Their most recent one with Giambattista Valli was incredible and the pieces were quite affordable. My favourite designer labels is Alexander McQueen. The brand's heritage and quality shines through every collection.

NIAMH SAYS

Coat: My coat is from Zara and has been a staple piece in my wardrobe over the last few autumn/winter seasons.

Shirt: My shirt is from the H&M conscious collection so its made from recycled fabrics. The shirt has a heart print running through it which I thought was really cute when I purchased it.

Trousers: My trousers are also from the H&M conscious collection. I think you can never go wrong with white on white, it's a trend that will never pass. The jeans are also a loose flared fit which are so comfortable and on trend at the moment!

Boots: My boots and bag are from Penneys. These boots caught my eyes straight away. I love how they're silver and the heel isn't too high so there comfortable also. So handy for dressing up outfits. I get so much wear out of them!



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Look out for Celia's 'My Week' column in the Limerick Leader every Thursday



MANABOUTTOWN

PATRICK McLOUGHNEY

CONTACT PATRICK

Email: patmcloughney@hotmail.com

Twitter: @iammcloughney **Instagram:** iamcloughney

Christmas gift ideas for guys (part 2)

MEN, no matter their particular interests and hobbies, are generally a pain in the ass to shop for. We admit that (but women are worse).

But there's a skill to choosing gifts for men, that'll help you select something the guy in your life might actually like—and that he hasn't already gone out and bought for himself. However daunting the task might seem heading into the holiday season, it can be done. Last week we looked at gift ideas for under €20, under €50 and under €100.

This week we'll look at the higher end of the scale. Enjoy.

UNDER €150

A MINIMALIST WATCH

The world of watches can be tricky to navigate (which is why I help you out with the watch of the week – you're welcome) and is comparable to buying a new car in a lot of ways. So take things back to basics with a minimalist timepiece that delivers on style and gets him from A to B, so to speak.

A SACHEL

While I've chosen to use the word 'satchel', there's nothing wrong with saying 'man-bag' and there's certainly no stigma attached to wearing one anymore. The masses have worked out what Joey Tripianni realised 20 years ago – they're really bloody handy and very stylish.

LEATHER GLOVES

An absolute no-brainer, a good pair of leather gloves are a lifesaver in winter. Ok, so they won't actually save lives but they'll save your hands from the harsh weather and stop the skin between your fingers from cracking in the cold.

LOAFERS

Rather than complaining about the never-ending sockless loafer trend, be an enabler and pick him up an iconic design with a single metal bar or tassels and help him to stay on trend while nailing that difficult smart-casual territory.

AN E-READER

Despite what you might have heard, millennials still like to read.

Especially when it's on a slick-looking E-Reader. With up to six weeks of battery life and the capacity to store thousands of books, every man can now have a library at his fingertips.

OVER €150

WIRELESS HEADPHONES

If he goes to the gym then he'll definitely appreciate a good quality pair of wireless headphones. This year, tech heavyweights have upped their games with lighter, sleeker designs complete with longer battery lives and intuitive controls that respond naturally to music-listening habits.

AN OVERCOAT

No well-dressed gentleman's winter wardrobe is complete without a stylish overcoat, but considering it's an investment piece, it pays to push the boat out and get it right. Darker colours like black and navy tend to work better for more former occasions, but neutral colours like camel and brown lend themselves more to being dressed down with smart jeans and minimalist trainers. Whichever you go for, opt for a soft and insulating woollen number to beat the low temperatures in high style.

AN ELECTRIC SHAVER

The only thing worse than a scrappy unkempt beard is a badly maintained one. Granted an electric shaver sounds a bit like the techy version of a pair of socks but rest assured, the modern-day models have names that sound like sports cars and come equipped with a host of fancy features including a head that can flex in all different directions, work wet or dry and the ability to trim, shape and even fade facial hair.

GAMING GEAR

Fair warning: if you buy a man a games console for Christmas then don't expect to see a whole lot of



You can't go wrong this Christmas with a bit of fashionable accessories

him in the month of January. Which, depending on how you look at it, might not be a bad thing. Xbox have recently released the Xbox One X1TB, which offers 40% more power than any other console.

A TRAVEL HOLDALL

A good quality weekend travel bag is a godsend to any man who travels for his job. Ideal for all those

in-between trips, where a backpack is too small and a suitcase is too big. Spend a little extra and pick up one in a hard-wearing fabric with leather detailing and brass hardware for added durability.

So there you have it. Admittedly, men are tough to buy for but you should at least have a little inspiration now. Happy shopping.

Look of the Week Selected Homme

MY look of the week is from one of my favourite stores in The Crescent Shopping Centre - Selected Homme. Here I'm wearing a formal look that's perfect for a dressed up Christmas party. My Tiga Logan Navy Tux Blazer costs €129.99, my Tiga Logan Navy Tux pants cost €69.99, my White Pelle Shirt costs €49.99, my navy tie costs €24.99 and my Baxter leather shoes cost €99.99. The Selected Homme/Femme store in the Crescent has some amazing pieces for guys and girls so call into Lisa and the team and check out their amazing range. Photo by Paudie Bourke.



Watch This Space

Tissot Le Locle Powermatic 80

MY watch of the week is the Tissot Le Locle Powermatic 80 from Keanes Jewellers. Tissot is a timepiece brand that's been around since 1853, and it continues to introduce impressive features in their recent watch models.

The Swiss brand is known for its impeccable mix of luxury and functionality. Whether you need a chic dress watch to wear at a dinner party, or a sports watch for casual events, Tissot has just

the kind of timepiece for any occasion. The name Le Locle seems to be a reliable ingredient of success. As well as being the name of Tissot's home and heritage, nestled in the Swiss Jura Mountains, it is the name of a hugely popular automatic watch family.



The models display exquisite elegance with details such as Roman numerals and a traditional Le Locle signature which complete the picture of classical chic.

These finish off suave daytime and evening looks with a flourish. You'll pick it up for €630 at Keanes.



LOUISE LOVES

LOUISE CANTILLON

CONTACT LOUISE

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Rogha na Seachtaine



TO DO:

Black Friday

The ideal excuse to treat yourself this Xmas! Get your Christmas shopping done at a fraction of the price, with retailers offering up to 70% off! Check out the best bargains near you and online this Friday at spinsouthwest.com

TO LISTEN:

Track of the week

Hozier "Jackboot Jump (Live)": Hozier wrote "Jackboot Jump" while



on tour as a tribute to traditional protest songs in light of current global political unrest and oppressive regimes. He has also created an original podcast 'Cry Power' in partnership with Global Citizen. Listen to recent episodes with Annie Lennox, Bono, Mavis Staples, and activist Nick Grono! I highly recommend you give it a stream!

TO SEE:

Late Late Toyshow

Friday November 29 - RTÉ1 9:30pm:

The most magical night of the year - Put the fire on and round up the



sweet treats for what's sure to be a Christmas spectacle!

Nothing kicks off the festive season better than Tubs and the Toyshow! I Can't wait!

Adare Manor brought to book

ADARE Manor, recently voted No. 1 Resort in Europe and No. 5 in the World at the Conde Nast Traveler's 2019 Readers' Choice Awards and the Global Winner of the 'Hotel of the Year 2018' in the highly competitive Virtuoso 'Best of the Best Awards' have launched a new book titled: 'Adare Manor: The Renaissance of an Irish Country House' by Turtle Bunbury.

I was delighted to attend the official launch of the book with my colleague Nelius Stackpoole from Spin South West. The special reception at Adare Manor saw members of the Dunraven and McManus families in attendance, plus representatives of the local community.

Through the words of Turtle Bunbury and wonderful imagery of the property, including many tenderly kept safe over the years, the book details the wonderful story of Adare Manor. From the early inspiration of the Dunravens in 1832 to build the manor house, which was modelled on the great houses and cathedrals of Europe, through to the extensive restoration, refurbishment and expansion programme by the current owners, the McManus family in 2016, this book brings readers on the journey taken to preserve and protect the historical nature of this magnificent building, safeguarding the resort for future generations. The McManus family and team at Adare Manor wanted to honour the building's architectural heritage as a Neo-Gothic masterpiece and embody the hotel's signature style, whilst incorporating the latest in contemporary luxury and technological innovations and comfort for guests. The team worked with world-renowned golf



Here I am with Elaina Fitzgerald, The Fitzgerald Woodlands House Hotel and Nelius Stackpoole, fellow Spin radio presenter at the book launch PICTURE: KEITH WISEMAN

course architect Tom Fazio and some of Ireland's top international golfers to redesign the golf course and ensure it would sit alongside the most respected courses in the world. Since reopening, the new-look golf course has been propelled to global recognition by a host of well-wishers, and earlier this year, Adare Manor was chosen as the venue for the 2026 Ryder Cup. This was a wonderful tribute to the many great Irish golf ambassadors

and success stories Ireland has had in golf over the years.

During the refurbishment of the resort, Adare Manor received great support from the entire community of Adare, Limerick and the wider south west region. The team was fortunate to work with great designers, contractors, builders and skilled specialists to meticulously restore Adare Manor to the very finest it could be, to showcase the very best of Ireland in

a way that continues to benefit the region and attract visitors from across Ireland and the world into this community. Adare Manor has always been an integral part of the local community and south west region. The book takes you on a wonderful journey of the life of Adare Manor so far from the wonder that inspired the Dunravens in 1832 to the team at Adare Manor today!

Hudson Taylor: How I Know It's Christmas

Still glowing from the success of recent single 'Back To You', brothers Harry and Alfie Hudson-Taylor get ready to warm up winter with the release of a brand new Christmas song. They called into Spin South West HQ last week and treated us to their festive new single live in studio!

They say: "We never thought we'd be writing Christmas songs, but this one came along and well here we are! The song is about the little things that remind us of Christmas at home. There's nothing quite like the holiday season in Ireland, there's a buzz in the air and people seem to open up -

memories are made."

Recorded in America and Dublin with Grammy-nominated US producer John Rausch - best known for his work with Taylor Swift and Birdy - 'How I Know It's Christmas' is that rare thing: a new Christmas song that feels like an instant festive classic!



Hudson Taylor in Spin South West last week to perform their new Christmas single!



I ♥ LIMERICK

RICHARD LYNCH

FOLLOW RICHARD

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'Dreams' come true with nomination and new mural

IN the space of a week, Limerick band The Cranberries have received their first-ever Grammy nomination for Best Rock Album for 'In The End' and a mural of their late lead singer, Dolores O'Riordan was completed in the Medieval Quarter of Limerick.

After 30 years, Limerick band, The Cranberries finally received a Grammy nominee and announcement comes almost two years after the death of lead singer and Limerick woman, Dolores O'Riordan and features vocals recorded prior to her death in January of 2018.

Guitarist Noel Hogan said: "We wanted to finish this album for our dear friend and bandmate Dolores. It's a tribute to her, the band and our fans for the past thirty years. Being honoured with this Grammy nomination has made this whole process even more special."

Dolores's mother Eileen said: "Dolores would be so happy with this, she put her heart and soul into her songs and music. For us as her family it's kind of bittersweet, we're immensely proud yet



saddened that she isn't here to witness and enjoy this, although I feel that she is in spirit."

A mural of the legendary Limerick woman, Dolores O'Riordan has been erected in the Medieval Quarter. The Dolores mural has been commissioned by Draw Out, a Limerick-based urban-art initiative as part of a series focusing on celebrating the many wonderful women of Limerick. The mural depicts Dolores back in 1993 and Aches, the Dublin street artist specialising in what he describes as 'glitch graffiti', overlaid three separate images of Dolores doing her rock 'n' roll thing on stage. He believes this helps to immortalise her at the peak of career and allows her positivity and talent to live on through the painting.

Congrats to Dolores and The Cranberries! Thrilled for all them. Well deserved!



The Dolores mural in the Medieval Quarter PICTURE: WALLY CASSIDY

Light in the Darkness lunchtime talks

SAINT Mary's Cathedral 'Light in the Darkness Lunchtime Talks' was devised by campaigner, Vicky Phelan and will feature four inspirational speakers who will be sharing their experiences of overcoming difficulties, over the next four Fridays starting November 29.

The aim of this free series of talks is to provide inspiration and encouragement to those experiencing difficulties, coming directly from these

inspirational people who have overcome their own challenges.

Guest speakers include Leona O'Callaghan, founder of Limerick's Haven Hub who will be giving the first talk of the series on November 29 and will be speaking about the new late-night suicide support service she has set up in Limerick.

Leona is followed by North Star Family Support Project Coordinator, Joe Slattery who is an addiction

counsellor and his work at North Star involves providing confidential support to families who are affected by addiction.

Friday, November 13, Una Burns from NOVAS is set to speak to the crowd at Saint Michael's regarding the work NOVAS does for the homeless.

The final talk of the series takes place Friday, December 20 and is with Father Peter McVerry of the McVerry Trust. The Peter McVerry Trust was

established in his name and is a national housing and homeless charity committed to reducing homelessness.

All talks are set to run from 1-1.50pm at Saint Michael's on Pery Square and will provide a 50-minute window of hope and encouragement with the opportunity to ask questions and interact with the speakers.

Contact Reverend Paul Fitzpatrick at 086 4113989 for further information.



Pictured at the launch of the Light into Darkness Lunchtime Talks is Joe Slattery, Co-Ordinator of North Star, Nicola Sweeney, Manager of Peter McVerry, Sinead Carey, Novas (back row), Leona O'Callaghan, Haven Hub, Deane Sloane, Saint Mary's Cathedral, Reverend Edna Wakely and Reverend Paul Fitzpatrick (front row) PICTURE: KATE DEVANEY/ILOVELIMERICK

THINGS I ♥ THIS WEEK

BEAUTY AND THE BEAST

Panto roars to life

THE Limerick Panto Society is returning to the Lime Tree Theatre this Christmas, for 14 performances of Beauty and the Beast.

A cast of over 50 will bring the Beauty and the Beast musical score to life, with many familiar faces reappearing. Panto favourite, Tim Cusack is back again as the Dame, Jason Ronan as the Beast and Natasha Coughlan as Belle. Damian Shaw and his sidekick Ronan Mitchell will create some chaos with their usual hilarious antics as Belle's ugly sisters.

Popular musical numbers will be accompanied by a live orchestra. Some contemporary songs will also be added into the mix to

give the whole production a modern twist.

Limerick Panto Society collaborates every year with several local stage schools which make up the children's chorus; Spotlight Stage School, Expressive Arts and Gemstars.

The Society continues its policy of supporting children's charities and this year is no exception. The Society has raised thousands of euro over the years for local charities and is delighted to be associated with the children's charity Blue Box this year.

The show kicks off Friday, December 27 and runs right into the New Year before wrapping up on January 5, 2020. See www.limetreetheatre.ie for more details.



Jason Ronan as the Beast and Natasha Coughlan as Belle

PICTURE: KATE DEVANEY/ILOVELIMERICK

ADARE MANOR

Renaissance of a country house

ADARE Manor has launched a new book called 'Adare Manor: The Renaissance of an Irish Country House'. Through the words of Turtle Bunbury and wonderful imagery of the property, including many tenderly kept safe over the years, the book details the wonderful story of Adare Manor.

Colm Hannon, Chief Executive, Adare Manor, said: "Adare Manor has always been an integral part of the local community and southwest region and we wanted to capture and share the rich history and story of this beautiful place.

"Turtle Bunbury, Editor of this fine book and his team have spent two years researching, listening and learning all about the life of Adare Manor, to ensure the



Pictured at the launch of the book at Adare Manor, Sue Ann Foley, Turtle and Ally Bunbury, Noreen McManus and Colm Hannon, CEO Adare Manor PICTURE: KEITH WISEMAN

book represents the wonderful history of this magnificent property. We are delighted with the final publication. I would like to

say a special thank you to the custodians throughout the years, from the Dunravens to the Kanes, to the McManus family," he added.



Karen Brosnahan, Shannon Region Conference, and Sports Bureau and Ruth Vaughan, The Savoy Hotel, at Tourism Ireland's event in London

Limerick Meets the West End

The Shannon Region Conference & Sports Bureau and The Savoy Hotel Limerick recently went to London to sell Limerick and the region as a destination for business tourism and attended Ireland Meets the West End.

The aim of Ireland Meets the West End is to grow business tourism from Britain to the Mid-West and Ireland. The event provides a valuable opportunity for companies from Ireland to showcase and sell their product and to convince the British buyers to confirm their meetings and events in Ireland for 2020 and beyond.

Business tourism is the most lucrative form of tourism, with visitors travelling to Ireland for business purposes spending almost

three times more than the average visitor. Corporate meetings and association conferences continue to be the focus of Tourism Ireland's business tourism promotions in Britain.

The Shannon Region Conference and Sports Bureau is a public-private partnership. The bureau works in partnership with Fáilte Ireland to win international business meetings and events for the Shannon region and celebrated 15 years in business in 2018. The Shannon Bureau promotes the Shannon Region as a location for business and sports tourism and offers an entirely free service to event organisers and local ambassadors to help increase the Clare and Limerick region's share of the lucrative

international business and sports tourism market. Hundreds of ambassadors have been actively working with the Bureau in recent years to help attract thousands of people to the region through a range of business and sports events.

Karen Brosnahan, Manager of the Shannon Bureau tells me, "Limerick and the Midwest has world-class venues and facilities, as well as ease of access from Britain and the unique experiences on offer in Ireland. Having an international airport in Shannon with preclearance as well as some of the best hotels in the world a short distance away makes the Limerick/Clare area a stand out choice for their clients." See www.conferenceandsportsbureau.com.

HEROES OF THE WEEK



Limerick Garda Youth Awards 2019

CONGRATS to all the winners of the Limerick Garda Youth Awards 2019 which took place in the Woodlands Hotel in Adare last week. Over 150 guests

attended a gala dinner where awards were presented to seven individuals and three groups. Each had won their award for a variety

of activities among their schools and communities and for overcoming challenges they have faced during their lives. Well done to all!



Attending the Emma Langford concert in aid of former camogie star Kate O'Donnell at Na Piarsaigh GAA were Patricia and Stephen O' Donnell, Caherdavin



Geraldine Mitchell, Caherdavin and Breda Edwards



Out & About

CONCERT IN AID OF KATIE O'DONNELL

Pictures: GARETH WILLIAMS



Attending the Emma Langford concert in aid of former camogie star Kate O'Donnell at Na Piarsaigh GAA were Roisin and Mary Bourke, Caherdavin



Fran Crehan, Milltown Malbae and Loreto O' Connor, Knockhill



ABOVE: Ciaran Ryan, Ferndale and Kieran Kennedy, Mayorstone

LEFT: Jenny and Eamon Mannion, Cratloe





Attending the Emma Langford concert in aid of former camogie star Kate O'Donnell at Na Piarasigh GAA were Sheila Sugrue, Caherdavin, Edel O' Shea, Mayorstone, Helen Holohan, Ennis Road and Darragh Nicholas, Highfield



Elaine Harney and Christine Moloney, Caherdavin



Barry Sheehan, Old Cratloe Road and Stephen Cairns, Caherdavin.



Evelyn Murphy and Kathleen Ryan, Greystones

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ST. MARY'S R.F.C.

Lotto Draw held Monday 25th November 2019
Winning Numbers: 1-3-18-25
No Jackpot Winner
Lucky Dips: Sarah Hayes c/o E O'Byrne; Jackie Lowe c/o E. Lowe; Brian Hanley c/o Portley's; Pat Howard c/o Portley's

Jackpot €12,400
Next draw held Rashers Bar

Voucher Winners: Geraldine Dunass c/o Portley's; Linda & Eleanor c/o Joan Hurlley; Joan Ryan Dorman c/o M. Ryan

GERALDINES A.F.C.

WEEKLY LOTTO DRAW HELD ON 25/11/19

This Week's Jackpot: €3,700
Numbers: 9-17-24-27

Lucky Dips: Gabe c/o Rose Nugent; Grace Connolly c/o Dave Connolly; Dermot Kirby c/o Dave Connolly

Promoters Prizes: Joe O'Sullivan & Rose Nugent

Next Week's Jackpot: €3,800

Next Draw: 02/12/19

Richmond R.F.C.

Development Fund Weekly Lotto

This weeks lucky numbers 4-9-14-24
Jackpot €4,500

Date: 21st November 2019

4 x Lucky Dip @ 25 each: T. Lowe c/o J. Hinchy; S. Dean c/o Connie; D McMahon c/o Connie; Rose Clancy c/o Buddy

Next weeks Jackpot: €4,600
Next draw held 28th November 19

PUBLIC NOTICES



Comhairle Cathrach & Contae Luimnigh
Limerick City & County Council

PUBLIC NOTICE

LIMERICK REGENERATION FRAMEWORK IMPLEMENTATION PLAN SOCIAL INTERVENTION FUND 2020

Limerick City and County Council will operate a grant scheme, known as the Social Intervention Fund 2020, for local social, economic and community development projects under the Limerick Regeneration Framework Implementation Plan. The Social Intervention Fund targets regeneration areas in the city, namely Moyross, Southill, St. Mary's Park and Ballinacurra Weston, local communities designated as disadvantaged and people at risk of social exclusion.

Funding from the Social Intervention Fund is additional to mainstream funding for such projects under existing statutory programmes.

Limerick City and County Council invites applications for consideration of support under the **Social Intervention Fund 2020**. Projects must be clearly linked to the objectives set out under the social pillar of the Limerick Regeneration Framework Implementation Plan.

<http://www.limerick.ie/council/limerick-regeneration-framework-implementation-plan>

All applicants must complete the official Application Form.

All organisations receiving grants will be required to maintain detailed financial and statistical records on the operation of the project and provide evidence of delivery of all proposed project outputs and outcomes to Limerick City and County Council. Organisations are required to give full effect to the project as agreed with Limerick City and County Council in a Service Level Agreement. All projects will be subject to a post payments evaluation procedure.

Application Forms and Guidelines are available from Ann-Marie Bermingham, Limerick City and County Council at Email sif@limerick.ie, Telephone: 061-557572 / 061-557568

Closing date for the submission of completed applications is 4pm on Monday 13th January 2020.

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All applications should be sent to:

HR Department
McHale Plant Sales Ltd, Birdhill, Co. Tipperary
Or email Recruitment@mchaleplant.com
www.mchaleplantsales.com

PUBLIC NOTICES

AN CHUIRT DUICHE (THE DISTRICT COURT)
DISTRICT COURT AREA OF LIMERICK
DISTRICT NUMBER 13
THE INTOXICATING LIQUOR ACT, 1962
SECTION 10 (AS AMENDED)
INTOXICATING LIQUOR ACT, 2000 SECTION 9
NOTICE OF APPLICATION FOR AN EXEMPTION FOR A SPECIAL EVENT
Thomas O'Sullivan Turn Key Public House Limited
Applicant

TAKE NOTICE that Thomas O'Sullivan, Director of Turn Key Public House Limited having its registered address at 31 Glendara, Kilteragh, Dooradoyle, Co. Limerick and Executive Member of Limerick Licensed Vintners Association intends to apply to the District Court, The Courthouse, Mulgrave Street, in the City of Limerick on Thursday the 5th day of December 2019 at 10.30a.m. for an Order exempting the holders of Licences in the locality of such premises to wit the County Borough of Limerick and the surrounding built up areas from the provisions of the Licensing Acts relating to prohibited hours on the following days and between the following hours to wit:

1. On Sunday the 8th day of December 2019 between the hours of 00.30 hours to 02.00 hours.
2. On Sunday the 29th day of December 2019 between the hours of 00.30 hours to 02.00 hours.

During which said periods special events to wit (1) Champions Cup Match between Munster Rugby and Saracens; and (2) Pro 14 Match between Munster Rugby and Leinster Rugby which said matches are taking place at Thomond Park Stadium, in the locality on the 7th and 28th December 2019 at 5.30p.m. and 6.00p.m. respectively. Dated this 26th day of November 2019.

Signed **SWEENEY McGANN**
Solicitors for the Applicant
67 O'Connell Street
Limerick.

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Closing date: 12 noon, Monday 2nd December 2019.
Interview date: Monday 9th December 2019.

www.barnardos.ie/jobs
CHY 6015

BREAKING NEWS

Contact
061 214500

LIMERICK LEADER
The Leader



Ballyhoura Rural Services CLG

Wish to recruit

A Co-ordinator and Assistant Co-ordinator(s)

For their Local Training Initiative based on the Social Farm in Doon, Co. Limerick focusing on Horticulture and personal development.

To co-ordinate/assist with the coordination of the program; to develop, grow and manage the program; deliver training, and administer the QQI Level 4.

Suitable candidates ideally should have:

- Train the Trainer (minimum level 5) and/or a nationally recognised qualification in teaching
- Relevant qualification or experience in horticulture and/or soft skills in a training delivery setting
- Knowledge of QQI qualifications and modules
- Minimum of 5 years experience
- Proficiency in Microsoft Office
- Project and people management skills

A detailed job specification is available by email from admin@ballyhouraruralservices.org

If you feel you meet the required specification, forward your curriculum vitae and a detailed cover letter by email only to admin@ballyhouraruralservices.org

Closing date for receipt of application is 12 midday on Thursday 5th December 2019

Ballyhoura Rural Services is an equal opportunities employer.

**Further vacancies may be filled from this competition.
Canvassing will disqualify.**



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**Doon Social Farm
Ballyhoura Rural Services CLG**

Wish to recruit

A Manager

For their project based in Doon, Co. Limerick.

Responsible to: Chair of Board of Directors

Job Purpose

Working closely with the Chair of the Board of Directors, the Manager will give vision, direction and leadership to the formulation and achievement of the organisations philosophy, objectives and strategies, ensuring the organisation is provided with the business planning, financial planning, effective human resources management to develop and maintain its services and facilities within the local community of Doon, Co. Limerick.

The Manager will be responsible for:

- Project Planning, Management and Development
- Finance
- Human Resources
- External links and working relationships with local agencies
- Community Relationships
- The overall management and administration of the execution of the Directors' policies

A detailed job specification is available by email from admin@ballyhouraruralservices.org

If you feel you meet the required specification, forward your curriculum vitae and a detailed cover letter to admin@ballyhouraruralservices.org

By 12 midday on Thursday 5th December 2019

Ballyhoura Rural Services is an equal opportunities employer

Further vacancies may be filled from this competition, canvassing in any form will disqualify.

This project is supported by the Department of Rural and Community Development and Pobal through the Community Services Programme



An Roinn Forbartha
Tuaithe agus Pobail
Department of Rural and
Community Development

This project was approved by Government with support from the Dormant Accounts Fund



FAMILY ANNOUNCEMENTS

IN MEMORIAM



† HIGGINS

(39th Anniversary)
In loving memory of a dear father, son and brother, Christy Higgins, late of 42 Cliona Park, Moyross whose anniversary occurs on 22nd November.

Mass offered
 39 years have passed already,
 I cannot believe it's true,
 I thought about you lots today,
 But then I always do,
 I wander to your grave side,
 And place your flowers with care,
 But no one knows the heartache,
 As I turn and leave you there,
 You went from me so suddenly,
 You did not say goodbye,
 You left me here behind you,
 To grieve and wonder why,
 It broke my heart to lose you,
 But you did not go alone,
 For part of me went with you,
 The day God called you home,
 My heart is full of memories,
 With pride I speak your name,
 Though life goes on without you,
 It will never be the same.
 There is nothing now but memories,
 With sadness through and through,
 To where you rest I wander,
 It's where I feel most near,
 I place flowers around you
 Whisper I'm here.
Love from your daughter Colette and son in law Joe

A whisper in November
 You heard a gentle call
 You look the hand of Jesus
 And quietly left us all
 Remembering you is easy
 We do it every day
 Missing you is the heartache
 That never goes away.
 We think of all the happy times
 And then we softly sigh
 Because we know we will meet again
 And never say goodbye.
 Will those who think of him today
 A little prayer to Jesus say
 Memories of you are like leaves of gold
 They never tarnish, they never grow old
 Those we love don't go away
 They walk beside us every day.
Sadly missed by your loving Mam, sister Teresa, brother Gerry, brother-in-law, sisters-in-law, nephews and nieces.

Another Leaf Has Fallen

Another leaf has fallen,
 another soul has gone.
 But still we have God's promises,
 in every robin's song,
 For he is in His heaven,
 and though He takes away,
 He always leaves to mortals,
 the bright sun's kindly ray.
 He leaves the fragrant blossoms,
 and lovely forest, green.
 And gives us new found comfort,
 when we on Him will lean.

IN MEMORIAM

The moment that you died
 My heart was torn in two
 One side filled with heartache
 And the other side died with you
 Remembering you is easy
 I do it everyday
 Missing you is a heartache
 That never goes away
 I hold you tight within my heart
 And there you shall remain
 Until the joyous day arrives
 That we will meet again
Sadly missed your heartbroken daughter Tanya and son in law Alan

Dad, To me to were so special
 Dad
 So special in every way
 I only wish with a broken heart
 That you were here today
 I feel you all around me
 Your always on my mind
 And when I talk about you
 I remember happy times
 The thoughts I hold most dearly
 Are the times I spent with you
 The laughs, the jokes, the silly things
 Are memories fond and true
 It broke my heart to lose you
 Your parting caused much pain
 But the greatest day is yet to come
 When we will meet again
Sadly missed by your heartbroken son Keith and daughter in law Liz xx

Thank you Dad for the years we shared
 The love you gave and the way you cared
 You left a place no one can fill
 I loved you Dad and always will
 You had a smile to share
 Time to give and time to care
 Someone to talk to kind and true
 One in a million that was you
 I cannot bring the old days back
 When we were altogether
 The family chain is broken now
 But memories last forever
 If only I could see you
 For just a minute of two
 You could tell me if your happy
 I could be happy too
 I would put my arms around you
 And kiss your loving face
 And the pieces of my broken heart
 Would fall back into place
Sadly missed by your heartbroken son Christy and Jess

The heartache and the sadness
 might not always show
 People say it lessens, how little
 do they know
 They say I have my memories
 But they just don't understand
 I cannot kiss a memories face, or
 hold a memories hand
 On the outside it seems im heal-
 ing
 But God if they could see inside
 The pain and the sadness of los-
 ing you
 Hasn't changed since the died
 But when I'm sad and lonely
 And everything goes wrong
 I seem to hear you whisper
 Cheer up and carry on
 You were so special, what more
 can I say
 Except I wish with all my heart
 That you were here today
Sadly missed by your heartbroken son Gordan and daughter in law Jessica

Gentle Jesus up above,
 Give our Granda all our love.
Love, your grandchildren Hayden, Stuart, Tori, Courtney, Jodie, Ben, Sommer, Sam, AJ, Charlie, Joe, Alex, Sean and great grandchildren Madisson-Rae, JJ and Kaydece XX



IN MEMORIAM



† PURCELL

(Birthday Remembrance)
Birthdya Remembrance of our dear parents, Polly and Christy Purcell, late of West Singland Road, Garryowen. Polly, whose birthday occurred on November 23 and Christy, whose birthday occurs on December 19. Rest in Peace. Mass offered on Wednesday 27th in St. John's Cathedral at 5:45pm.

Deep are the memories, precious they stay
 No passing of time can take them away.
 They bring a smile, sometimes a tear,
 But always a wish that you were still here.
Happy Birthday from your loving daughters Paula, Mary and Noleen, sons Harry, Christopher, Patrick, Raymond, sons in law, daughters in law, grandchildren and great grandchildren

THANKSGIVINGS

GRATEFUL THANKS to The Sacred Heart and Our Blessed Lady for all favours received and also thanks to St. Padre Pio, A. A. A. Saints. M.J.M.

GRATEFUL THANKS to the Sacred Heart, our Blessed Lady and St Joseph for all favours received. Also thanks to St. Padre Pio, A.O.D

The Hand of God



Though today, you walk in sorrow
 You will not be alone.
 There is One whose loving wisdom
 Is far greater than our own.

Put your trusting hand in His,
 As a little child would do
 And He like a loving father
 Will guide and comfort you!

Day by day, there will come to you
 New faith, new hope, new light.
 You'll find that stars unseen by day,
 Shine through the darkest night

And though your heart is longing,
 For the dear one who's at rest.
 You'll know before the journey's end,
 That God's dear ways are best!

In Memoriam Booking Deadlines

Thurs 19th at 12pm for Mon 23rd

Wednesday 25th NO EDITION

Fri 20th at 12pm for Sat 28th

Mon 23rd at 12pm for Mon 30th

Mon 30th at 12pm for Wed 1st Jan

Mon 30th at 12pm for Sat 4th Jan

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Dynamite comes in small packages

Renault Clio: One of Europe's most popular cars get a revamp for 2020

TRISH WHELAN

www.CarAndTravel.ie

RENAULT'S Clio may be a small car but it packs a mighty punch with over 15 million sold since the first model was launched in 1990 making it the French carmaker's best-selling model worldwide. It means a new Clio has been sold every minute in that timespan. It has also become Europe's most popular B segment model since 2013.

Renault Ireland has sold over 55,000 units in that time of which 12,000 were for the outgoing Clio 4 generation model.

Clio competes in the B segment where sales of hatchbacks have doubled. Renault and Dacia combined currently account for one in six sales in this busy segment.

Now, the fifth generation Renault Clio has gone on sale here continuing the trend for success and innovation set by the original model.

New Clio is now available to order at your local Renault dealership priced from €16,990-€25,190.

Every bit of the car is new

including a totally refreshed exterior styling combined with a completely new interior design and dash which Renault say is 'massively' different to the previous car offering more comfort and technology.

Underpinning the new Clio is the strong and scalable CMF-B platform which delivers improvements in space, safety, technology and weight saving. While the new car is slightly shorter than the outgoing model, Renault engineers have managed to squeeze some extra space into the interior including more boot space.

New Clio comes with higher quality materials for a better fit and finish, coupled with greater use of safety and driver technologies available from entry level right up to the top grade spec.

Grades are Expression (€16,990), Dynamique (from €18,690), Iconic (from €19,990), and R.S. Line (from €22,190). Each grade comes with very high levels of useful specification with LED headlights and an array of best-in-class ADAS features are now standard across the range.

Dynamique grade features the



The fifth generation Renault Clio has recently arrived in showrooms across Ireland

new EasyLink system with Apple CarPlay and Android Auto while Iconic's EasyLink with built-in navigation includes intuitive Google address search. You can now put in a partial name or point of interest and the system will come up with prompts. Or you can suggest local restaurants or even petrol prices in the area.

The R.S. Line boasts full exterior R.S. look with 17-inch alloys and the 9.3-inch EasyLink screen, as standard.

With ADAS, the E-Call allows for the emergency services to be called by the touch of a button, or should an airbag deploy in an accident, the system will automatically send out the emergency services to the car. This system has become mandatory on all new cars built this year. Clio is the first Renault to get the system which Renault say will save lives. It also includes AEBS with pedestrian/cyclist protection. These systems played their part in New Clio being awarded a maximum five-star rating in the very stringent test for EuroNCAP rating.

New, and optional, is the 'Smart

Cockpit' with 9.3-inch portrait infotainment screen and a 10-inch TFT instrument cluster offered as an option on the R.S. Line.

Customers have a range of customisation options and new colours to choose from to make their car their own.

A new range of petrol and diesel engines range from 75hp up to 130hp with automatic and manual transmissions as well as petrol and diesel engines to cater for every customer's driving style. The new TCe 100 engine is expected to account for 90 per cent of Irish sales with its class-leading performance delivering 4.3/5.2 L/100kms while achieving a CAFE-beating 99g/km of CO₂. The diesel is a Blue dCi 85 priced from €21,490 and not available in the entry level grade.

A new E-TECH petrol-electric hybrid option will arrive here in June 2020. It will launch in the Captor while the Megane will get a Plug-In-Hybrid.

For '201', Renault is supporting the national Carbon Action plan by rewarding customers for choosing a cleaner, lower emissions car with Renault Carbon Rewards, a simple

and transparent offer which delivers real and substantial savings to customers.

With this offer, customers are guaranteed savings of €3,500 on new cars across the Renault range including All-New Clio with €1,000 Carbon cash back; 2.1 per cent (saving customers €2,500 on interest payments compared to high street banks). These '201' offers are available on all orders taken from now until 31 January 2020.

New Clio comes with a 5-year / 200,000kms full manufacturer's warranty.

Patrick Magee, Country Operations Director Renault Ireland, is pictured with all the Clio models starting with the first 1990 original to the latest All-New Clio launched at Kilkea Castle, Castledermot, Co Kildare last week.

At the launch, we got to drive the Iconic and R.S. Line TC3 100 cars around local roads and have to report how well they were received by the journalists on the day. We look forward to having longer test drives soon.

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VW embrace their new green 'ID'

Volkswagen ID.3: Carmaker reveal their first electric car

TRISH WHELAN
www.CarAndTravel.ie

PEOPLE normally associate the letters ID with identity so Volkswagen choose an appropriately quirky name for their first electric car.

The company say the ID.3 opens a new era of climate-friendly mobility and is the first model from the ID. series featuring carbon-neutrality in its production. It also comes with impressive driving dynamics characteristic of electric cars with full throttle from the off, and full connectivity. Electric cars are actually a lot of fun to drive.

VW say this car 'is geared to be affordable to the masses' just like the VW Beetle which began life as 'the car of the people'.

Anyone who wants an ID.3 but who hasn't already pre-booked, will have to wait some time to get their hands on the car. Potential customers can order through their local VW dealership.

The car is offered in three fixed configurations - Base, Plus and Max.

First cars to come to Ireland will be the 1st Edition ID.3. models, expected here in summer 2020 costing just under €40,000 after grants are taken into account. The car in Ireland will cost under €30,000 for the entry-level 45 kWh car with 330km range, after government grants. This is the car that will come at the end of 2020. Prices will be confirmed in February.

The 400-plus Irish customers who put down a €1,000 booking fee for the new ID.3 EV were able to explore a prototype of the model last week at a special reveal event in a huge hanger at Weston Airport in Celbridge, Co Kildare, which

was also attended by the motoring press.

The presentation included four workshop modules involving charging system details, being able to take a detailed look at the car outside and in, to hear all the various finance options available to buyers, and when customers will actually get their car.

Those who have pre-booked will have an 8-week window in March-April to confirm their purchase and select a finance option to suit them. If they change their mind, or fail to confirm their order, their €1,000 will be returned.

Mark McGrath of Volkswagen Group Ireland said in proportion to population, the number of cars pre-booked here 'is massive' compared to other markets. Overall around 36,000 customers have placed bookings for the ID.3. The standard car for future buyers won't be delivered here until around January 2021.

The Golf-sized ID.3 is a very high-tech car produced in a high tech factory with 8,000 employees for EV production, and is being produced from pure green energy. At the end of its life cycle, around 98 per cent of the car can be recycled.

VW claim range anxiety is now becoming less of a problem for motorists with extended ranges. The ID.3 will be offered with two battery choices, with estimated ranges of 420kms or 550kms sufficient for most drivers to commute anywhere in Ireland on a single charge. It's claimed the average commuter travels less than 30kms a day, with 90 per cent doing 50kms or below a day for their



The Volkswagen ID.3 opens a new era of climate friendly mobility has a range up to 550kms

commute. You can charge the car enough for a range of around 290kms (WLTP) in 30 minutes using a charging output of 100kW. The batteries are in the underbody of the car.

Infrastructure is improving with 1200 public charge points now available around the country as well as a big number of fast chargers. All VW dealerships will have both slow and fast charging points for customers.

The ID.3 will have a 0-100km/h time of 7.3 seconds which is the equivalent to a Golf GTI hot hatch. Cars will have a head-up display, a natural voice control assistant, a

unique interior design called Open Space, and extensive connectivity including a WeConnect phone app which can be used to manage numerous functions like charging and pre-heating the car remotely as you enjoy your breakfast! Software upgrades can be downloaded at the push of a button. This App Connect can be connected with your smartphone within seconds.

Like all ID. models, the ID.3 is based on the new modular electric drive matrix (MEB) platform which has been designed for an electric drive system. The ID.3 is being produced in Zwickau which will become the largest electric car

factory in Europe. It is the first time a large car manufacturing plant is being entirely converted to E-mobility with investments of €1.2 million. The plant will produce 100,000 EVs next year.

Volkswagen say the ID.3 with rear wheel drive is an all-rounder that is suitable for everyday use. With the engine in the rear, there's no room for a spare tyre. The car is compact, with the manoeuvrability of a small car and the interior space of a mid-range vehicle. It comes with newly developed design DNA that shows that it is a zero emission vehicle.

The interior is also quite revolutionary, completely

new. The long wheelbase of the MEB layout, combined with very short overhangs, results in a spacious 5-seat interior.

Apart from the display in the cockpit, a newly developed and centrally positioned 10-inch touch display provides drivers with all key information.

The ID. light involves a LED strip during navigation and prompt drivers to brake in the event of any dangers. Are controls are operated using touch functions featuring touch-sensitive buttons.

The Volkswagen Group plans to sell some 22 million electric models worldwide by 2028.

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LOCALS SIDES GO 'OUT OF TOWN'

Five teams chase FAI Cup glory
For more see Page 57



Garryowen's Alex Wootton during Munster Rugby squad training at University of Limerick. The side will be much changed from Saturday's clash with Racing 92

Hurling

Long serving hurling duo retire from Limerick duty

JEROME O'CONNELL
joconnell@limerickleader.ie

TWO of Limerick hurling's long serving players have called time on their inter-county careers.

Both Richie McCarthy and Paul Browne had Limerick careers that spanned this decade.

Both retire with All-Ireland SHC medals and two Munster SHC medals, as well as Allianz League honours in Division One and Two.

"It is the greatest honour for any GAA player to wear their county colours but it has also been the wild dreams of a youngster from Kilfinane. To all of my teammates who have worked so hard to achieve what we have achieved, all I can say is thank you, it has been a pleasure. I am left with many great memories including the greatest of all when I was able to lift the Liam MacCarthy in front of Hill 16," said 2013 All-Star defender Richie McCarthy.

Both McCarthy and Browne first joined a Limerick senior hurling panel in 2009.

"I leave with nothing but wonderful memories and pride from my eleven years playing with Limerick. To have shared the dressing room with all my past team-mates and this incredible panel of players now has been the greatest honour of my life," said Paul Browne.

Munster to ring changes for Edinburgh Pro14 test

Rugby: Munster host Scottish side ahead of crucial Saracens clash

COLM KINSELLA
ckinsella@limerickleader.ie

MUNSTER return to Guinness Pro14 action this Friday night with captain Peter O'Mahony warning that visitors to Musgrave Park, Edinburgh, will come looking for a scalp.

Friday night's game is sandwiched between Munster's nail-biting 21-21 Heineken Champions Cup draw with Racing 92 last weekend and the crucial Round 3 European Cup clash with Saracens at Thomond Park on Saturday, December 7.5.30pm.

Munster and Racing 92 sit on top of Pool 4 of the Champions Cup with seven points ahead of the back-to-back pool fixtures. Following Munster's home date with Sarries, Johann van Graan's charges travel to Allianz Park on December 14, 3pm, for the return game.

However, Munster's main focus in the short-term is on Friday's clash with Edinburgh at Musgrave Park, 7.35pm.

Munster are set to make a significant number of changes in personnel for the Edinburgh game as it falls during four rounds of

Champions Cup action in five weeks.

Munster skipper Peter O'Mahony says Edinburgh will come to Cork 'looking for a scalp'.

"We have a big week against Edinburgh. We will have some tired bodies from this week, so you would imagine whatever Johann's thinking, there will be changes and it's unbelievably important for us to keep fighting on both fronts and they will be coming over to Cork looking for a scalp so it will be a massive week for us to recover wise and get stuck

into them."

On the injury front, loosehead prop Jeremy Loughman underwent a scan on Monday on the ankle injury picked up against Racing 92.

The injury to Loughman comes at the same time that first choice loose-head Dave Kilcoyne is also out injured with Liam O'Connor, Brian Scott and Josh Wycherley moving up the depth chart.

Munster head coach Johann van Graan confirmed Kilcoyne will not be available for Friday night's home date with Edinburgh.

Van Graan said: "(Dave Kilcoyne) Killer is still a way to go. It's strange how injuries happen in certain positions. That's just the way that rugby goes.

Meanwhile, former Munster number eight Paddy Butler is hoping to secure a playing contract in Japan for 2020.

Twenty eight-year-old Butler has been training with Japanese club Yamaha Jubilo.

Butler, who departed Munster in 2015, had been playing with French Top 14 side Pau in recent seasons.



Richie McCarthy and Paul Browne have retired from inter-county hurling

SPORT
SNIPPETS

Boxing Gold

WEST Limerick club Rathkeale BC returned home from the Liffey Crane Hire National Elite Boxing Championships with two title wins over the weekend.

Nell Fox and Jason Harty claimed their titles in Dublin's National Stadium.

Nell Fox, was third fight of the evening and claimed her 19th National title when she beat Leona Houlihan 5-0 in the 81kg final.

Nell controlled the bout throughout and forced her opponent to a standing count in the final round.

Jason Harty claimed his tenth National honour and first at Elite level when he out pointed John Joe Nevin of Crumlin in the 75kg decider.

After a tight opening frame Harty controlled the centre of the ring using his lead hook to set up some slick backhands on route to victory and a famous night at the Stadium for the Rathkeale club and coaches Rob and Peter Williams.

Hayes lands 10/1 shot

Chris Hayes made it six wins on the Hilary McLoughlin-trained Count Of Carabass when scoring a battling success at Dundalk on Friday night.

He got the 10/1 chance home by half a length from the Damian English-trained Alfirak and is the only jockey to have won on the eight-year-old, the pair landing their first success together at the Listowel festival in 2014.

Nash withdraws

Current Limerick Camogie manager Declan Nash has confirmed his withdrawal from the application process, due to "a lack of transparency and fundamental differences in player progression"

The Rathkeale native, who has been part of the backroom team for four seasons added,

"Unfortunately it has become quite clear to me that all lengths will be taken to ensure Limerick senior camogie will have its third management team in three years, for those reasons I am withdrawing my application"

For more Limerick Sport see www.limerickleader.ie or use #LLSport on social media channels.

Additional tickets and World No.1s added to JP Pro-Am 2020

FOLLOWING the huge public interest in the first JP McManus Pro-Am Ticket Tender earlier this year, another 100 tickets are now on offer for the sold-out event, which takes place at Adare Manor July 6 & 7 2020.

Anybody wishing to submit a bid for a ticket cap, or number of ticket caps, is asked to email tickets@jpmcmanusproam.com with their offer, full name and phone number.

The highest bids will each receive the opportunity to purchase the cap or caps at the offer price they submitted. Closing date for the pre-Christmas tender is Friday, December 6, with all successful bids receiving their order before Christmas Day.

On the back of the ticket tender, it has also been announced that three former world number one golfers have been added to the line up.

The 2013 Masters champion, Adam Scott, has joined the field, alongside 2001 Open Champion David Duval.

Meanwhile Luke Donald, who won the 2011 Race to Dubai and has spent 56 weeks as world no.1 will also tee it up on the award winning course.

Tournament host JP McManus noted the purpose of the latest ticket tender: "By

putting another 100 tickets up for public tender, we hope to raise as much as possible for organisations most in need. We thank the public for submitting so many bids during the last tender and congratulate those who were successful. We'd again encourage anybody who wants a ticket either for themselves or as a Christmas present to place their bid as soon as possible."

Mr McManus also welcomed the latest professional additions to the field: "Sincere thanks to Adam, David and Luke for committing to the Pro-Am next summer and I look forward to seeing them at Adare Manor."

The 2020 JP McManus Pro-Am sold out in record time after a string of world-class player announcements, including Tiger Woods, Rory McIlroy, Phil Mickelson, Dustin Johnson, Justin Rose and Open Champion Shane Lowry.



Former World number one Luke Donald will be teeing it up at Adare in 2020

Limerick's William O'Connor reaches first televised singles quarter-final



Cappamore's 'Magpie' William O'Connor

LIMERICK man William O'Connor reached the last eight of a televised singles tournament for the first time when advancing to the quarter-finals of the Ladbrokes Players

Championships at the Butlin's Minehead Resort.

Cappamore man O'Connor, nicknamed the Magpie, beat Steve West 6-4 in the opening round, before scoring

a 6-3 win over Krzysztof Ratajski and then recording a 10-7 third round success over Gabriel Clemens.

O'Connor's run ended with a 10-9 quarter-final defeat to Ian White.

Schools Cup action resumes

ACTION in the Clayton Hotels Munster Schools Senior and Junior Cup resumes this week with fixtures down for decision in both competitions.

In Group B of the Senior Cup this Wednesday, November 27, Crescent College Comprehensive make the trip to Cork to face CBC at Lansdowne, 2.30pm

Also on Wednesday afternoon at the same time, St Munchin's College host Rockwell College in Corbally.

Crescent College remain

unbeaten after three group fixtures, following wins over both St Munchin's College and Glenstal Abbey as well as a draw with Rockwell College.

The Dooradoyle side currently sit second in Group B, behind pace-setters CBC.

Meanwhile, St Munchin's, who sit in fourth in Group B, have won one of their three round robin games, a 21-14 victory over Glenstal Abbey last time out.

Castletroy College were due to face Ardscoil Ris in

Group A of the Senior Cup on Tuesday. See limerickleader.ie for match coverage.

Meanwhile, in the Junior Cup, Ardscoil Ris host St Munchin's College in Group A on this Friday, November 29 at 2pm.

Ardscoil Ris have won both of their opening Junior Cup fixtures to date, against Castletroy College and Crescent College.

St Munchin's lost to Crescent, but defeated Castletroy last time out.



The final round of the new look Munster Senior cup has arrived this week

Five sides chase FAI Cup glory

PAT SHEEHAN
sport@limerickleader.ie

LIMERICK'S five remaining teams in the FAI Junior Cup are in action on Sunday vying for a place in the last 32 of the coveted competition.

The allure of the tournament seems to have erased the farce of last season from the collected minds of Limerick sides and the hunger is as strong as ever in search for National glory.

Three sides, Pike, Fairview and Coonagh are favoured with home advantage but Newport and Regional Utd are on the road.

Pike Rvs, one of bookies favourites for the competition, welcome Newcastle West Town from the Desmond League. The county side will be underdogs but as many of the Pike lads learned with the Oscar Traynor side, taking the Desmond League for granted can prove costly.

That said Pike are in fine form and if they have the right approach should be in the hat for round six.

Fairview Rangers, no strangers to success in this competition welcome Cork side Castlevue to the Fairgreen. The visitors ply their trade in the equivalent to our Division 1B so Fairview will be strong favourites. Despite the shadow of the MFA objection

hanging over them, the Blues will be focused enough to push on.

Coonagh Utd will relish the chance to represent the League in the open stages of the tournament. They welcome Finglas Utd from the Leinster Senior League.

Coonagh were poor last weekend when going down to Mungret and will be looking for a big improvement. They have the players to continue their run and I expect them to do it.

Newport face a short trip to meet another Desmond League side in Carrig Celtic. The county Limerick side have not had an impressive start to their season but cannot be taken for granted.

Newport have assembled a very impressive squad including former FAI winner Dave Ryan. With plenty of goal scorers in their ranks you feel the LDL will have another representative in the last 32.

Last up are Regional United. The Dooradoyle club were denied a semi final berth last season in a manner that did few favours to the FAI but they have regrouped and have a neat side challenging this season.

They travel to meet Leinster Senior League side Willow Park and while little is known of the opposition you can be assured they are more than capable. They regularly appear in the latter stages of

the competition so will prove a formidable challenge for the Limerick side.

In the PJ Matthews Premier league Kilmallock and Prospect meet in a relegation six pointer while Nenagh could also do with a few points when they host Janesboro.

The Open Cup kicks off this weekend with glory on offer for teams from the last three Divisions. This competition always proves fierce competitive and this year should be no different.

There are two games up for decision in the FAI Youth Cup. Fairview travel to Tipperary side Peakville while Murroe host Aisling.

In the Premier A League, leaders Moyross can open further distance from the chasing pack if they can beat Fairview Rgs B while in Division 1A, a rest day for leaders Castle Rvs gives Hyde Rgs, Patrickswell, Southend and Kilfrush a chance to close the gap and keep the pressure on.

Tomorrow (Thursday) the Tuohy Cup continues with an exciting tie on offer.

Ballynanty Rvs, smarting from their exit in FAI and MFA Cups return their attention to local fare and the come up against Janesboro, another side whose main hope of silverware this season would be the Tuohy Cup. The game has a 7.00pm kick off in Jackman Park.



Killian Hayes, Kilmallock, under pressure from Paddy O'Malley, Pike Rovers in the Munster Junior Cup Third Round PICTURE: BRENDAN GLEESON

SOCCER FIXTURES

THURSDAY NOV 28

TUOHY CUP

Ballynanty Rvs v Janesboro, 7.00
Jackman Park, A Hall, D Power, S Rooney

SATURDAY NOV 30

FAI YOUTH CUP

Peakville v Fairview Rgs, 2.00

OPEN CUP

Athlunkard Villa C v Caherconlish, 7.00, T Joyce
Aisling Annacotty D v Coonagh Utd C, 7.00, M Blake

SUNDAY DEC 1

FAI JUNIOR CUP

Pike Rovers v Newcastle West Town, 2.00, R McCann, B Higgins, M Kennedy

Fairview Rangers (Limerick) v Castlevue FC (Cork), 2.00, N Casey, D Power, A Hall

Coonagh Utd v Finglas Utd (Dublin), 2.00, J McNamara, G Clancy, R Broe

Carrig Celtic v Newport Town, 2.00,

Willow Park (Combined Counties) v Regional Utd, 2.00

FAI YOUTH CUP

Murroe v Aisling, 2.00, Martin Monaghan

PJ MATTHEWS PREMIER LEAGUE

Kilmallock v Prospect, 11.00, R Broe
Nenagh v Janesboro, 11.00, A Hall

MC GETTIGANS PREMIER A

Cappamore v Murroe, 11.00, B Higgins
Moyross v Fairview Rgs B, 11.00, G Clancy

MC GETTIGANS DIV 1A

Hyde Rgs v Star Rvs, 11.00, Martin Monaghan
Patrickswell v Southend, 11.00, G Collopy
Knockainey v Summerville Rvs, 11.00, S Rooney
Kilfrush v Granville Rgs, 11.00, M Kennedy
Geraldines B v Ballylanders, 11.00, A Galvin

STA FURNITURE DIV 1B

Mungret Reg v Caledonians, 11.00, J Rooney
Glenview Rvs v Aisling, 11.00, Mike Monahan
Caherdavin v Charleville, 11.00, M Murphy

OPEN CUP

Caledonians B v Mungret Reg C, 11.00, L Somers
Lisnagry B v Abbey Rvs, 11.00, J Clancy

Murroe C v Kilmallock B, 2.00, K McCormack

Shelbourne B v Knockainey B, 2.00 P O'Brien

Parkville B v Corbally Utd B, 2.00, J Clancy

Castle Utd v Kilfrush B, 11.00, M Bourke

Moyross B v Brazuca United, 2.00, S Scully

Meanus v Northside, 11.00, T O'Sullivan
Wembley Rvs v Newport C, 11.00, A Walsh

Nenagh B v Hyde Rgs B, 2.00, F O'Neill

Fairview Rgs C v Janesboro B, 11.00, K McCormack

Dromore Celtic v Prospect Priory B, 2.00, T Mannion

YOUTH DIV ONE

Aisling B v Kilfrush, 2.00, S Rooney
Caherdavin v Charleville, 2.00, M Murphy

YOUTH DIV TWO

Mungret Reg v Corbally Utd, 2.00, M Kavanagh

THURSDAY DECEMBER 5

TUOHY CUP

Prospect Priory v Nenagh, 7.00,
Jackman Park, R McCann, D Power, M Kennedy

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ON THE BALL

“Limerick to the core...”

JEROME O'CONNELL

A departing duo that let their hurling do the talking

TWO gentlemen of Limerick hurling retired from the inter-county scene this week – Paul Browne and Richie McCarthy.

In times good and bad, Mr Consistent could be applied to both in the green and white of Limerick on championship day.

A duo that went about their business without any fuss – neither demanding the limelight, in fact both more comfortable to allow their hurling do the talking.

And, that's what they did on almost every occasion they pulled on a Limerick jersey, be it, minor, U21, intermediate or senior level.

There was no better sight than McCarthy bursting through challenges from his full back position to clear his lines or the yellow helmet of Browne like an energiser bunny covering the ground to link defence and attack.

As Mackey Cup divisional winners at Primary School level with South Limerick (not the same year) there was no doubting the hurling ability of this duo but just as important they applied themselves in a manner that saw both span over a decade in green and work under five different Limerick senior hurling managers.

An insight into Paul Browne came in the splendid 'At Last' book published last Winter by Joe Lyons

and Ciaran Crowe.

"I'd be hugely into the mental side of things myself. I've read a good few books about it, always looking to hop off professional sports people to see what they're doing – whether they'd be giving interviews or stuff might leak out, or whatever. It's a huge part of the thing, I mean the top five inches are the most important thing in hurling. You have to be able to work on automatic and, if you not in the right mental space, you won't be able to do that," said Browne.

Both confirmed their retirements with statements via Limerick GAA. In his announcement Richie McCarthy checked how raising the Liam MacCarthy Cup to the Limerick support in Hill 16 was one of his most cherished memories.

Like Browne, he spoke of the importance of mental preparation in a Limerick Leader interview the morning after the All-Ireland SHC win.

"I always had an image in my head of running around Croke Park with that trophy in my hands and to go up to Hill 16 and go nuts – which I did! I would use visualisation and I don't want to think too far ahead but that was something I wanted to do. We did a lot of work with our psychologist



Richie McCarthy and Paul Browne pictured six years ago this week at Dublin Airport prior to their departure for Shanghai on the 2013 GAA GPA All Star Tour

and you have to keep in the moment and she (Caroline Currid) always says that. Keep calm, keep realistic and keeping playing the ball out and through the lines – don't panic," outlined McCarthy.

Both first appeared in a Limerick senior panel in 2009 and depart with an inter-county medals cabinet not held by another in green and white since the early 1970s – 2018 All-Ireland SHC winners, Munster SHC winners in 2013 and 2019 and Allianz Hurling League winners in 2011 (Division Two) and 2019 (Division One).

McCarthy is one of just 32 Limerick men to win an All-Star – honoured in 2013 but also nominated in 2012 and 2014. He was

also the Munster GAA Senior Hurler of the Year in 2013.

Browne was an All-Star nominee in 2013 and '14 and in 2018 he was Limerick vice-captain and lifted the Munster Hurling League title in January that set John Kiely's men on their way to Croke Park Liam MacCarthy Cup glory seven months later.

Given Limerick waited 45 long and painful years for All-Ireland SHC honours it would now be wrong to dismiss any medals as an aside but Browne and McCarthy leave legacies on top of silverware in terms of Limerick hurling.

Proof that just sometimes in life the good guys do get rewarded for honesty and hard work.

COLM KINSELLA

Munster fever takes hold after slow start

IT'S fair to say that the club rugby season had been a slow burner for a good chunk of Munster supporters prior to last weekend.

The Rugby World Cup dominated the landscape through the opening months of the Guinness PRO14 season and there was something of a hangover around in the wake of Ireland's tame exit from the competition.

Of course the province's die-hard supporters were out in force for the opening home games of the Pro 14 against the Dragons, Ospreys and Ulster.

However, the start of the Heineken Champions Cup has seen interest in Munster among the province's more casual supporters crank up several notches.

It was great to see Thomond Park hopping for Saturday night's fixture against star-studded Racing 92.

The biggest cheer prior to kick-off was reserved for ex-Munster player Simon Zebo as he made his way out on the pitch to begin the warm-up. Zebo's still held dear by Munster fans.

Both the full-back and Donnacha Ryan got a nice, warm reception as they made their way off the pitch at full-time.

It's great to have big-time club rugby back at Thomond Park. The place should be rocking for the visit of Sarries' on Saturday week.

DONN O'SULLIVAN

Worrying times for GAA as CPA and GPA can't seem to get along

The internal workings of the GAA can be hard to understand at times. There are CCCs, there is an Ard Stiúrthóir and there are committees on top of committees.

For those with a passing knowledge it can be hard to figure out who or what is in charge of anything.

If the GAA's strength is 'belonging' then its weakness is without doubt its fixtures calendar.

From All-Ireland club finals in March, to league formats, to

championship structures to back doors, to second tiers, the GAA struggles to get everything done in one calendar year.

Work has been done to try and improve this mess, but club players and volunteers on the ground, the core of the GAA, are becoming more and more disenfranchised with the sports they love.

The GAA allowed the



creation of the GPA for the 'elite' players. Then the CPA was created to give a voice to the club players.

All three were 'tasked' with fixing the fixtures. However it seems, following this week's decision by the CPA to withdraw from the process, that the GAA, GPA and CPA can't get along, never mind fix the biggest issue facing the organisation.

When three factions can't agree over a game they all claim to support, then there are worrying times ahead for us all.



Andrew Conway scores for Munster against Racing 92

COLM KINSELLA

Plenty to like about Honeysuckle in the Hatton's Grace

ONE of the real highlights of the pre-Christmas jumps racing season in Ireland takes place this Sunday when Fairyhouse stages the Bar One Racing Hatton's Grace Hurdle, the second day feature of their two-day Winter Festival.

Sunday's exciting card at Fairyhouse includes three Grade 1

races and the addition of a new €100,000 Handicap Hurdle.

But most of the attention will be on the Hatton's Grace Hurdle, won in recent years by the likes of Hurricane Fly, Jezki and most recently Apples Jade.

Apples Jade, currently a 5/1 shot with the layers, will be looking to make history and make it four

wins in a row in the race on Sunday.

Willie Mullins saddles the favourite for Sunday's big race in Benie Des Dieux, currently on offer at odds of 11/10.

Her only defeat in eight races since arriving from France came when she fell at the last when clear in the Mares' Hurdle at

Cheltenham in March.

'Benie' sets a high standard for sure, but Honeysuckle, who has won on all four of her trips to Fairyhouse, has plenty of appeal, despite facing her toughest task to date on the racecourse this weekend.

Honeysuckle is currently on offer at 11 to 4.



Our tip this weekend, Honeysuckle

IS THAT ON THE BOX?

Wednesday

GOLF
ALFRED DUNHILL
SKY SPORTS 11.30AM

SOCCER
VALENCIA V CHELSEA
BT SPORT 5.55PM

POOL
MOSCONI CUP
SKY SPORTS 7PM

SOCCER
WEST BROM V BRISTOL CITY
SKY SPORTS 8PM

SOCCER
LIVERPOOL V NAPOLI
BT SPORTS 8PM

Thursday

GOLF
ANDALUCIA OPEN
SKY SPORTS 1.30PM

SOCCER
FC ASTANA V MAN UTD
BT SPORT 3.50PM

AMERICAN FOOTBALL
BEARS @ LIONS
SKY SPORTS 5.30PM

SOCCER
CELTIC V RENNES
BT SPORT 8PM

AMERICAN FOOTBALL
BILLS @ COWBOYS
SKY SPORTS 9.30PM

Friday

GOLF
ALFRED DUNHILL
SKY SPORTS 10.30AM

GOLF
ANDALUCIA OPEN
SKY SPORTS 1.30PM

BASKETBALL
NETS @ CELTICS
SKY SPORTS 5PM

RUGBY UNION
MUNSTER V EDINBURGH
EIR SPORT 7.35PM

RUGBY UNION
ULSTER V SCARLETS
EIR SPORT 7.35PM

Saturday



Munster Rugby's JJ Hanrahan looks on following his side's draw with Racing 92 last Saturday. This week the men in red host Edinburgh in Cork

GOLF
ALFRED DUNHILL
SKY SPORTS 9.30AM

SOCCER
CHARLTON V SHEFF WED
SKY SPORTS 12.30PM

SOCCER
NEWCASTLE V MAN CITY
BT SPORT 12.30PM

SNOOKER
UK CHAMPIONSHIPS
BBC1 1PM

MOTOR SPORT
ABU DHABI GRAND PRIX
SKY SPORTS 1PM

GOLF
ANDALUCIA OPEN
SKY SPORTS 2.30PM

RUGBY UNION
NORTHAMPTON V TIGERS
BT SPORT 3PM

AMERICAN FOOTBALL
CLEMSON @ S CAROLINA
ESPN 5PM

RUGBY UNION
CONNACHT V KINGS
EIR SPORT 5.15PM

SOCCER
EASTLEIGH V CREWE
BT SPORT 5.30PM

SOCCER
SOUTHAMPTON V WATFORD
SKY SPORTS 5.30PM

RUGBY UNION
OSPREYS V CHEETAHS
EIR SPORTS 6.35PM

RUGBY UNION
GLASGOW V LEINSTER
EIR SPORT 7.35PM

AMERICAN FOOTBALL
ALABAMA @ AUBURN
BT ESPN 8.30PM

Sunday

SNOOKER
UK CHAMPIONSHIPS
BBC1 1PM

MOTOR SPORT
ABU DHABI GRAND PRIX
SKY SPORTS 1.30PM

SOCCER
NORWICH V ARSENAL
SKY SPORTS 2PM

GOLF
ANDALUCIA OPEN
SKY SPORTS 2.30PM

SOCCER
LEICESTER V EVERTON
SKY SPORTS 4.30PM

AMERICAN FOOTBALL
NFL REDZONE
SKY SPORTS MIX 6PM

BASKETBALL
LAKERS @ MAVERICKS
SKY SPORTS 9PM

Ezekiel Elliott will lead the Dallas Cowboys in Thanksgiving Thursday's NFL tie against the Buffalo Bills



LeBron James will lead his Lakers against the Mavs on Sunday

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