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'We can win the wars against suicide and self-harm'

BY DYLAN WHITE
 e-mail: dylan.white@iconicnews.ie

'We can win the wars against suicide and self-harm' was the message delivered at the launch of Carrick-on-Suir, Dungarvan and Waterford city Darkness Into Light walks at the Tower Hotel in Waterford recently.

Darkness Into Light, which accounts for nearly 40 per cent of Pieta House's budget, takes place across the globe on Saturday 12th May at 04.15am.

Now in its 10th year, the flagship fundraiser has blossomed from humble beginnings into a global movement against suicide and self-harm. Darkness Into Light kick-started when Joan Freeman led approximately 400 people through the Phoenix Park in Dublin in 2009, and it now takes place in around 180 locations worldwide, including in Carrick-on-Suir, Cashel, Tipperary Town, Thurles, Nenagh and Roscrea.

Carrick-on-Suir Darkness Into Light raised approximately €49,000 in its first two years and it is estimated that



Carrick-on-Suir Darkness Into Light committee members Mary Power, Shauna Power, Karen McGrath and Hollie Hickey at the launch of the Pieta House fundraiser in the Tower Hotel, Waterford, recently.

1,000 people will take to the 5km route around the town again this year. Participants will start at CBS Greenschool, continuing onto Árd Mhuire, Park View, Ash Park, Castle Park, Castle Street, Dillion Bridge, Waterford Road,

Woodland Heights, St. Mollerans, Hillview, Mass Road, Friary Heights, Lower Friary Heights, Old Bridge, Castle Lane, Main Street, Bridge Street, North Quay, N24, O'Mahony Avenue and returning back to Árd

Mhuire.

"Suicide and self-harm are problems in Waterford and the South East and we need to face them together and that is what Pieta is all about," explained Waterford city committee chairperson Des Purcell.

Des praised Joan Freeman's vision and said the concept encapsulated what Pieta House is essentially about. "If I was in the room when she got the brainstorm that she was going to convince young people to get out of the feathers to walk at 04.15 in the morning, I have told her since half a dozen times that I would have thought she was off her head. Well, 120,000 proved that was nonsense out of me because that's how many walked last year and that number will grow and grow and grow because it just touches a vein," Des continued.

This is the first year that all walkers must register online. "Every other year up until now you could rock up at four in the morning, pay your money and away you went. The walk has become too big, there's too much money involved and the regulations have tightened," Des underlined.

Continued on Page 2.



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'Darkness Into Light is a phenomenal fundraiser for Pieta House'

Continued from front page.

Mayor of Waterford City and County Council, Cllr. Pat Nugent, said Darkness Into Light is a "phenomenal" fundraiser for Pieta House. He praised the volunteers who have helped the unique event go from strength to strength. "It's a fantastic honour to be asked to launch the 2018 Darkness Into Light walks [for Carrick-on-Suir, Dungarvan and Waterford city]. It's a very important awareness and fundraising event for Pieta House," he told those in attendance, which included Carrick-on-Suir committee members Karen McGrath, Shauna Power, Hollie Hickey and Mary Power.

"Darkness Into Light is about hope and hope is something we endeavour to give each person who comes to us in their time of need. We help them feel more hopeful about the future as we continue to tackle the grave issues of suicide and self-harm in Ireland," Mayor Nugent continued.

Mayor Nugent slammed social media for "taking too many people by storm". He suggested that "people are living in a false place" and

urged today's generation to rediscover the art of conversation. "[People] are bringing their iPads and phones to bed with them and it's affecting their sleep and their mind as well.

"A lot of problems would be sorted out if people can just spend more time talking to each other like the Ireland of old.

"If this generation is taken over by social media and other modern media and if they don't know the art of conversation, what will their children be like in 20 or 30 years time? And that's why I think it's so so important to talk.

"A teacher told me that when some students come into school they actually show them how to hold a pencil or pen. When you go to that depth it's tragic. All of us have to stand back and try to improve this wonderful country," Mayor Nugent added.

Fundraising executive for Pieta House South East, Olive Ruane, said the walking and talking that happens at Darkness Into Light is invaluable. She praised the Carrick-on-Suir, Dungarvan and Waterford

city committees, highlighting that the work of Pieta House could not go ahead without them. "The three committees here are closest to my heart. I am blown away by the volunteerism I see around me," Olive commended.

Director of funding and advocacy for Pieta House, Kieran Brady, emphasised the importance of fighting suicide and self-harm. He said Pieta House has helped 30,000 'friends' since its foundation, acknowledging the role of volunteers in bringing hope and support to those in need. "We are in a war on two fronts - a war against suicide and a war against self-harm. We are in a fight against stigma, we are in a fight against ignorance and we are in a fight when psychologically vulnerable minds are attacked and suggestions come into those minds that 'you're worth nothing and you'll never get out of this problem. There is no hope. There is nowhere to go'.

"There is hope and it's people like yourselves who have helped Pieta deliver hope to 30,000 clients since we were founded [in 2006]. Pieta is actually all of you with



Darkness Into Light celebrates its fifth year in Cashel on 12th May. The Cashel founding committee members - Declan Fitzgerald, Jackie Kennedy, the late Michael Purcell, Cher Quinlan, Bernie and Liam Ryan, Brendan Ryan, and Liz and Paul Quish - came together in 2013 in response to the rising number of suicides in the community. The new 5k route will be announced this month and a selection of photos from previous walks will be on display at the old Xtra-vision premises from Friday 6th April. Pictured are Jackie Kennedy, Paul Carew, Alison Hunt, Declan Fitzgerald, Liam Ryan, Declan Fitzgerald, Declan Burgess, Cher Quinlan, Killian Darcy, Brendan Ryan and Bernie Ryan.

us. We are not separate groups doing things to sup-

port Pieta House. You are Pieta House and what you do

is critical to the therapy that saves lives," Kieran reiterated.

Máirín McGrath selected for Washington Ireland Program

A Tipperary woman is feeling "humbled and excited" after being selected for the 2018 Washington Ireland Program for Service and Leadership (WIP).

Newcastle's Máirín McGrath will represent Ireland and Northern Ireland as part of WIP, which selects 30 talented students each year to join its network of leaders and influencers by com-

pleting a 12-month programme of service and leadership development, including spending a summer in Washington DC and New York City.

WIP inspires and develops promising leaders from a wide range of communities and backgrounds through an exceptional programme committed to building a future of peace and prosperity

for Ireland and Northern Ireland.

20-year-old Máirín, who is currently a 2nd year Politics and Law at Dublin City University, comes from a political family and has been involved in several community organisations, charities and campaigns. The Presentation Secondary School, Clonmel, graduate is the daughter of Deputy Mattie McGrath and has been a part-time member of staff for Cork South West's Deputy Michael Collins for the past year.

"I am humbled and ex-

cited to have been selected as a 2018 class member of this prestigious programme. WIP was originally founded to promote positive cross-border relationships between young people from different backgrounds across Ireland, but their work is as important as ever with the uncertainties surrounding Brexit and our unique Irish border. Each student has a deeply held commitment to look past differences and to resolve the pressing issues that will define the island of Ireland in the 21st century," Máirín



says.

Taoiseach Leo Varadkar, who was part of the WIP class

of 2000, recently launched WIP's New York Program and spoke about his experience at the Irish Consulate in New York City. "It helped me develop my view of the wider world...and without it perhaps I wouldn't be standing here today," he noted.

Selection for WIP 2018 was highly competitive, with 300 students from across the island of Ireland competing for the opportunity to be on the class and ultimately to become part of an active WIP network seeking to make a difference in their communities.



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Cashel transition year students discover Franglais

Cashel Community School transition year French students recently welcomed back past pupil Sinéad Magner to facilitate a workshop on Franglais, which is the rising trend of the use of English within the French language.

"It was a great honour for the school to have Sinéad facilitate this workshop as she has excelled in her study of French since leaving the school in 2013," a school spokesperson said.

Sinéad's accomplishments began in her undergraduate studies in Maynooth University when she was awarded several prizes for

her studies in French, most notably the prize for 'Best Final Year Dissertation', 'French Government Medal', the National University of Ireland prize for 'Proficiency in French' for her final year work, and the Dr. H.H. Stewart 'Literary Prize in French'.

Her studies of English and French included a year attending university in France. Sinéad is currently completing an LLM in Gender, Conflict and Human Rights at Ulster University. Whilst in Cashel Community School, Sinéad was taught by Ms. Lisa Williams.

Her workshop focused on

the use of Franglais and how the French are now borrowing words from social media and fashion in English and integrating them into modern day French. The transition year students from Ms. Barry's and Ms. Tierney's classes were thrilled to guess what these words meant and to discover how to use them correctly and in context.

Throughout her workshop Sinéad actively promoted the study of and the importance of language learning in secondary school and at third level. The general consensus at the end of the presentation was "Je Like"!



Sinéad Magner with French teacher Ms. Lisa Williams and students Torija Skietniece, Lorcan Reade and Nikita Walsh.



Cashel Community School transition year students from the woodwork project class presented a cheque to South Tipperary Hospice recently. The group made and sold personalised Christmas decorations to raise funds for Hospice. Pictured are transition year students with their teacher Des O'Connor presenting a cheque to Sinaida Jansen of South Tipperary Hospice.



Ireland South MEP Liadh Ni Riada recently visited Cashel Community School to address sixth year business, economics and accounting students about the European Union (EU). She was accompanied by local councillor Martin Browne. She dealt with areas such as EU policies, how the EU laws are created and the overall impact of the EU on Ireland since joining in 1973. Liadh also received lots of questions about the implications of Brexit on the EU as a whole and more importantly how it will impact Ireland. Pictured - back: Sean Ryan, business teacher Micheál Hassett, Quentin Thompson. Front: Matthew Hewitt, Jane Grogan, Liadh Ni Riada, Eimear Allisson, Dearbhla Minogue.

Catherine retires from teaching after 40 years service

The community of Rosegreen celebrated Catherine Moloney's retirement recently.

Catherine gave 40 years of service to the Department of Education and spent 39 of those years teaching at St. Thomas the Apostle National

School, Rosegreen.

Mass was celebrated by Fr. Enda Brady, Monseigneur Ryan, Fr. Tom Hearne and Fr. Jim Purcell. The children from the school led the mass with their contributions of song and verse.

This was followed by a reception in the hall where presentations were made on behalf of the school's board of management, the parents association and Rosegreen Players Drama Group of which Catherine is an active member.

Catherine was described as being kind and gentle, fair and firm, and a teacher who always inspired confidence in the children in her care. Catherine spoke on the night of her time at St. Thomas the Apostle National School, the many changes she

has seen and the great sense of positivity, friendship, professionalism and welcome that is ever present at the school.

All wished Catherine a healthy, happy and adventurous retirement.



Catherine Moloney with St. Thomas the Apostle National School staff.



Catherine Moloney with St. Thomas the Apostle National School board of management.



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Tipperary students win Gael Linn All-Ireland debating trophy

Talented talkers from Ursuline Secondary School, Thurles, won the junior trophy at the All-Ireland final of Comórtas an Phiarsaigh 2018 in Dublin recently, while students from St. Anne's Secondary School in Tipperary Town were runners-up in the senior debate. The annual debating competition was organised by Gael Linn for second level schools nationwide and there was a high level of entry again this year with over 150 teams taking part since the competition commenced last October.

The event started with the junior final, with plenty of debate on the timely topic 'Bheadh náire ar Naomh Pádraig faoin tsli ina ndéantar 17 Márta a cheiliúradh!' (St. Patrick would be ashamed at the way the 17th March is celebrated!). Teams from Sandford Park School, Ranelagh, Dublin, and Scoil Mhuire, Trim, Co. Meath, spoke in favour of the motion, while teams from Ursuline Secondary School, Thurles, along with St. Gerald's College, Castlebar, Co. Mayo, opposed it.

The large audience in attendance were won over by

the persuasive arguments of the Thurles team - consisting of Zoe Ní Bhracáin, Rachel Ní Mhaidín and Jennifer Ní Mhurchú - who jumped for joy when they were declared the winners. Regular participants in the competition over the years, this was the first time a team from the County Tipperary school has gone all the way to the top. Teachers Áine de Barra and Beartla Ó Dochartaigh, who helped and guided the team on their journey through the preliminary rounds all the way to their final victory, were justifiably delighted with their students great achievement.

Later on in the day, St. Anne's Secondary School, Tipperary Town, contested the senior debate with teams once more from Sandford Park School and St. Gerald's College, along with De La Salle College, Dundalk. The motion up for discussion was 'Tá mórchúiseanna gearáin ag mná na tíre seo (26 contae)!' (The women of this country - 26 counties - have good reason to complain!). The standard was excellent, with plenty of point-scoring and rebuttal throughout. The adjudicators - Máirín Uí Mhuirí, Antóin Delap, Áine Ní Ghlinn, Féilim Mac Don-

nchadha and Colm Ó Néill - took some time before choosing the winners of the highest award for Irish debating. In the end, the St. Anne's girls were pipped at the post by the Castlebar team, but as the saying goes 'Beidh lá eile ag an bPaorach'.

Guest chairperson for the event, author Anna Heusaff, recalled her own debating days and praised the skills displayed by the young orators. She expressed great interest in the views and opinions of all the participants on the topics deliberated on.

The winning teams in both the junior and senior sections of the competition were presented with a perpetual trophy and a cheque for €1,000, and all the other participating teams received consolation prizes of €250 each. Each speaker who took part in the debating final also received a part Gaeltacht scholarship to a Gael Linn Summer College of their choice.

Gael Linn CEO Antoine Ó Coileáin thanked the teachers who inspire their students to take part in the competition year on year. "The Gael Linn debates are very popular with schools because they give students the



St. Anne's Secondary School's Eve Ní Dhonnabháin, Ciara de Búrca and Ellie Ní Dhonnchú, along with teachers Máire Ní Aodha and Niamh Ní Riain were presented with special merit awards at the All-Ireland final of Comórtas an Phiarsaigh 2018 by Gael Linn's Seán Ó Ceallaigh and author Anna Heusaff.

opportunity to research topics and to present their case in public. The competition cultivates a growing network of young Irish speakers. We are delighted that, in Gael Linn's 65th anniversary year, Comórtas an Phiarsaigh is going from strength to strength. This year is also

Bliain na Gaeilge and the debate participants show that we can look forward to the future with hope and confidence," she added.

Past participants in Gael Linn debating competitions down through the years include a host of high profile journalists and broadcasters

such as Claire Byrne, Marian Finucane, Mary Kennedy, Evanne Ní Chuilinn and Harry McGee. Many have credited the Gael Linn debates with fostering their love of Irish and giving them confidence in public speaking.

TIPPERARY TEENAGERS GET CREATIVE WITH MENTAL HEALTH

Tipperary students were honoured for getting creative with mental health at an award ceremony in Dublin recently.

Over 1,500 Irish students drew and photographed what mental health means to them following a call for entries into Mental Health

Ireland's art and photography competition.

Loreto Secondary School, Clonmel, student Ceolla Dillon O'Rourke won the CEO's Choice award. Ceolla's painting of her little brother will appear in Mental Health Ireland's 2019 calendar.

St. Anne's Secondary School, Tipperary Town, stu-

dent Danielle Ryan and Rockwell College's Elaine Graves received Highly Commended awards.

Issues including anxiety, stress and depression can be difficult for teenagers to talk about. Feedback from teachers and students underlined the competition's importance in opening up a



Loreto Clonmel student Ceolla Dillon O'Rourke won the CEO's Choice award.



St. Anne's student Danielle Ryan received a Highly Commended award.

space for students to think about their own mental health and those around them.

"Young people in Ireland have taken a great interest in mental health and this is very obvious from the entries we have received this year. They are not just interested in their own mental health but show

interest in supporting others. This competition creates a platform for discussion that provokes and evokes a deeper conversation," CEO of Mental Health Ireland, Martin Rogan, said.

"The standard of work received was at a very high level in both categories and we were delighted to host our ex-

hibition in Dublin City Council to showcase the top 45 entries from all over Ireland," he added.

Mental Health Ireland had the support of esteemed artist Lisa Butterly in selecting the winning entries for art and support from Rosaleen Heavin for photography.

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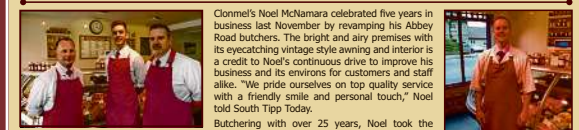
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Noel McNamara Butchers
Abbey Road, Clonmel



Noel pictured with Billy & Paul Tobin

Clonmel's Noel McNamara celebrated five years in business last November by revamping his Abbey Road Butchers. The bright and airy premises with its eye-catching vintage style awning and interior is a credit to Noel's continuous drive to improve his business and its environs for customers and staff alike. "We pride ourselves on top quality service with a friendly smile and personal touch," Noel told South Tipp Today.

Butchering with over 25 years, Noel took the plunge and set up his own shop five and a half years ago, establishing himself as a renowned butcher in the local community with his popular busy premises on Abbey Road, Clonmel.

A modest Noel prides his workforce - father and son duo Paul and Billy Tobin, along with Martin Keating - for epitomising the ethos of his establishment. Martin has 35 years experience in the trade and Martin has 20 years under his belt. Billy will be moving on to pastures new this year as he has been accepted to Garda training college and Noel wishes him every success in the future.

He is very grateful to his customers for supporting him in what has been a thoroughly enjoyable adventure that continues to reach new heights. "Customer feedback is always fantastic, and we continue to give back to the community with a top quality range of produce at affordable prices," Noel said.

Noel would like to thank all his suppliers especially those listed below and also Tom & Theresa Drohan for the daily delivery of fresh bread.

"As well as a vast array of prepared meats we also offer a wide range of allergen and gluten free products in store. Call in for an experience like no other!" Noel adds.

All at South Tipp Today wish the popular Noel and his team many more years of success at his Abbey Road premises.



HAIR BEAUTIQUE
Donna Cummins

Hair Beautique by Donna Cummins, a newly refurbished luxury salon at the Poppyfields in Clonmel had its official opening on Sunday 19th March. Clients, friends and family joined Donna and staff to celebrate the new venture. Donna aims to bring you the best possible hair experience with her team of highly qualified stylists. Originally from Piltown but working in Clonmel for years, Donna Cummins cut the ribbon on her first solo venture Hair Beautique hair salon last Sunday.

Together her team of stylists have 40 years experience working in the industry. Exceptionally creative and confident, Donna sees as a colourist who thrives on new experiences that further her skills as a hairdresser.

Located at the Poppyfield Retail Park, Hair Beautique is an exclusive stockists of leading luxury brands - Allaparf, Joico and Olaplex. Donna specialises in cutting, colour and creative up-styling and is a Essilocks Extensions certified stylist.

Call her or call in and see how she and her team can make your hair dreams a reality!

Address: Unit 9, Poppyfields Retail Park, Clonmel | Tel: (052) 617 2413

Opening Hours: Tuesday/Wednesday and Saturday 9am - 6pm
Thursday - Friday are 9am - 8pm. *Double Price Parking*

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Michelle Lawton (M.I.A.T.I., C.P.A.)



BROTHERS OF CHARITY SERVICES IRELAND SOUTH EAST REGION

In our services to Children and Adults with Intellectual Disabilities, the Brothers of Charity Services Ireland - South East Region seek to provide an environment in which the dignity of each person is recognised, respected and valued and they are supported to live their lives in ordinary settings.

We are committed to a person centred approach to service delivery and to working with the people who use our services to claim their rightful place in society as equal citizens. Inclusion underpins all aspects of our work and we endeavour to build inclusive and supportive networks that enable each individual to participate in, contribute to and enjoy all facets of community living.

We offer a wide range of supports in day, residential and respite services in Waterford and South Tipperary. The Brothers of Charity Services Ireland - South East Region are accredited by the Council on Quality and Leadership.

Temporary Full Time Social Worker (Professional Qualified) South Tipperary Services

You will work as a member of a multi-disciplinary team to develop and provide a varied service for people with intellectual disabilities and their families throughout South Tipperary.

Applicants should have a professional qualification in Social Work (NQSW/CQSW) or equivalent and also have current registration with CORU. Experience of working with people with an intellectual disability is essential.

Informal enquires to Mary Hurley, Principal Social Worker at 062-85050

*Full clean Driving Licence is essential

To view the job description and to make an application on-line,
please log onto the Brothers of Charity website at www.brothersofcharity.ie/southeast

Closing date is Wednesday 18th April 2018



The Brothers of Charity Services South East is an equal opportunities employer.

For further info call us today 052-6172500
or email: ads@nationalist.ie

Mind-blowing 'My Fair Lady' at Rockwell College

Rockwell College's sensational three-night musical extravaganza 'My Fair Lady' went down a treat with sold-out audiences recently.

Excellent produced by Suzanne Buttimer, who runs Rockwell College Music Academy, the production had it all - music, fabulous costumes, humour and acting.

'My Fair Lady' is a musical based on George Bernard Shaw's 'Pygmalion', with book and lyrics by Alan Jay Lerner and music by Frederick Loewe. The mid-20th century musical transcends

not only social class, but also time, to offer real lessons about the interactions between men and women, as well as the educated and the masses. The story concerns Eliza Doolittle, a cockney flower girl who takes speech lessons from Professor Henry Higgins, a phonetics expert, so that she may pass as a lady. The original Broadway and London shows starred Rex Harrison and Julie Andrews.

In Rockwell's production, Poppy Kane starred as Eliza Doolittle, Sam Rapport as Professor Higgins, and Theo

Martin as Colonel Pickering - each looked as if they were born to play their parts as they carried their roles with aplomb. The accents were superb and the audiences might be forgiven for feeling that they was back in the London of 1913.

Great credit must go to Suzanne Buttimer and her team, led by John McHugh, for putting the production together in just under two months, rehearsing largely at night. In all, 50 students were involved and there were also leading lights in some of the lesser roles.



Rockwell College students Faye Dowling and James Doyle with their teacher Ying Liu.

FAYE AND JAMES JET OFF TO CHINA

Rockwell College's Faye Dowling and James Doyle jetted off to Shanghai, China, recently after winning a two week scholarship to study Chinese Language and Culture.

They joined 90 other students from around Ireland and their teacher Ying Liu at Shanghai University for what is a very prestigious scholarship.

James and Faye beat 70 other students in Rockwell College to claim their prize in a Chinese Language and Culture exam. They studied Chinese literature and took part in cultural activities such as calligraphy and martial arts. They also visited the city of Hangzhou and went on a cruise on the Yellow River.

Cashel CS students visit Amneal

Cashel Community School fifth year engineering students enjoyed a very informative trip to Amneal Pharmaceuticals in Cashel recently.

Coordinated by the plant manager Gearoid McDermot, the students were given a tour of Amneal Pharmaceuticals and shown the assembly lines for making inhalers. Students also received a detailed account of what happens at the plant, and were guided in

the direction of career opportunities and further areas of study.

"The students found it highly beneficial and the school hopes to further the connection with the company by linking up with them for engineering projects and further visits. The school would like to acknowledge the welcome and professionalism shown in enhancing the students education," a school spokesperson added.



Rockwell Rovers under 16s camogie team played their first match of the season in Boherlahan recently.

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 - ✓ Room only
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 - ✓ Taxes and security charges
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- €150 per person deposit required at time of booking

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New York & Las Vegas

12 JANUARY 2019 (€799)

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- ✓ Return flights from Dublin
 - ✓ Taxes and security charges
 - ✓ 3 nights' accommodation in the Edison Hotel - NEW YORK
 - ✓ 4 nights' accommodation in the Excalibur Hotel - LAS VEGAS
 - ✓ Room only
- €150 per person deposit required at time of booking

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PER PERSON



LA, San Francisco & Las Vegas

9 JANUARY 2019 (€1039)

PRICE INCLUDES

- ✓ Return flights from Dublin
 - ✓ Taxes and security charges
 - ✓ 3 nights' accommodation in the Knotts Berry Farm, Anaheim - LOS ANGELES
 - ✓ 4 nights' accommodation in the Excalibur Hotel - LAS VEGAS
 - ✓ 3 nights' accommodation in the Metropolis - SAN FRANCISCO
 - ✓ Room only
- €150 per person deposit required at time of booking

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GREAT GETAWAYS
South Tipp
TODAY



WILD ABOUT SOUTH TIPP

Exploring dandelions

Wildlife Matters

Albert Nolan

I was carefully searching through a large bed of heather that was planted around seven years ago by the Tidy Towns group.

They keep it very well, with an annual trimming and removal of old leaves and litter. The day was sunny but still chilly and I was looking more in hope for the first queen bumblebee of the year. Of course I knew in my head that there was none around, but my heart really wanted the first insect of spring, so I persisted for a while.

Eventually I left the heather to explore a nearby hedgerow. It was planted on a wide bank and consisted mainly of hawthorn and blackthorn with a few tall ash trees. The ash trees could have been brought in by the wind or animals or originally planted for fuel.

Elderberries formed the understory of the hedge and these were deposited by birds who devour their berries. As I checked the branches, I found a few leaves that were already open. The elder was the first tree along the hedge to leaf and this can occur as early as January.

Along the sunny bank the leaves of cow parsley and broad leaved dock and were claiming their places in the sunlight. I slowly moved along to be greeted by the first dandelion flower of the year. After a winter without wildflowers, the first bloom is always very welcome. Its yellow head looked even more striking among all the

withered vegetation. Dandelions are flowers of the masses, and where there is one is located more are sure to follow.

A grassy bank I drive by most days in late spring turns a glorious yellow with dandelions. Years of cutting has given the plants shorter stems and a life that needs to be lived quickly. Fast growth is essential. If the council are busy they are left alone for a few vital weeks and soon hundreds of clocks (the seed heads of dandelions) are whipped along the road by the speeding trucks. They nod their small heads to the passing traffic and the sun. I don't mind being delayed for a few minutes as I can take in this natural wonder.

I sometimes see fields that are carpeted in dandelions and if the road is quiet I will pull in to watch. Like the heather, dandelions are excellent for bees, and a first taste of sweetness for the adult stages of bees and butterflies. After months of eating greens it must be a strange sensation to be sipping sweet nectar. The first green veined whites in my garden pay a visit to dandelions and this gives them energy to search out more flowers.

I remember reading that at this time of the year dandelions lose their grip in the soil. A winter of freezing and thawing creates space around the root. They are normally extremely tough to pull up, and the little bit of the long tap root left behind will grow into a new plant to torment the gardener.

The winged seeds travel for miles on the gentlest of currents and can end up in any nook and cranny. Cracks in pavements with a little bit of soil are quickly colonised, and they are often in the company of broad leaved plantain.

The leaves are quite bitter and add a sharpness to salads, with flowers making a good beer and wine. If you want to try the leaves, keep away from busy roads and any place that dogs might do their business.

Considered a weed by many, dandelions - if given a little space - can play a vital role for pollinators and are a simple yet effective project for Tidy Towns groups. Leaving an area of grass uncut will allow these flowers to grow and you are cutting down on the amount of work the group has to do. Queen bumblebees that emerge in early spring rely on flowers like the dandelion for pollen and nectar until more blooms arrive.

Upcoming event: Tipperary's Birdwatch Ireland branch host 'Engaging Young People with Nature', a talk by Sean Hartigan, on Monday 30th April at Cabragh Wetlands, Thurles, at 8pm. Sean works for An Taisce and is coordinator of their Living Limerick programme. He engages with schools, community groups and especially families to encourage them to connect with nature. Sean will talk about how we can get young people interested in wildlife, and this is a talk for any group or parent who wants kids to spend more time outdoors.

Comments/questions to albert.nolan@rocket-mail.com or 089-4230502. Albert is also available to give walks/talks to schools, Tidy Towns, youth and community groups.



Over €1,800 was raised for the Irish Cancer Society on Daffodil Day at Whitfield Clinic and UPMC Whitfield Cancer Centre. Events on the day included a bake sale, daffodil selfie frame, raffles and live music provided by local singer-songwriter Liam Merriman. Funds will go towards life-saving research and the provision of crucial services, ensuring cancer patients and their families are fully supported. Pictured l-r are Paula Bolger (Whitfield Clinic), Des Daunt (chairperson of Waterford Daffodil Day Committee) and Michelle Kearns (UPMC Whitfield Cancer Centre).

LEGAL ADVICE

Lynch 30
solicitors

Fatal Injuries Action

John M Lynch



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In certain circumstances, where a family member dies as a result of a wrongful act of another, an action can be taken against the wrongdoer.

This is called a fatal injury action and it most commonly comes about because of medical negligence, accidents in the workplace or road traffic accidents.

Bringing a case

Only certain people are allowed to bring a case when there has been a fatal injury. These persons are called statutory dependants and are in essence the immediate family of the deceased. Divorced spouses and cohabiting partners are included in the definition of statutory dependants. Only one case may be taken for each fatality and all statutory dependants must be named in that single case.

Investigating unnatural deaths

An inquest is held in the case of all unnatural deaths. You should be represented by your solicitor at the inquest as important information about the cause of death may be

come available from any key witnesses present.

The inquest is presided over by a coroner (not a judge) and there may be a jury also. The findings at the inquest may have a significant impact on the potential success of a civil claim.

There may be other types of inquiries following a fatality, for example, the Health and Safety Authority may hold an inquiry or the Medical Council about fitness to practice. We as advocate solicitors provide representation at these inquests.

Legal representation at an early stage is recommended to ensure full information is collected. Often, clients do pursue a civil case after an inquest, and as a result of the facts and findings that arise. This may be against an insurer, a public or corporate body which it appears are responsible for causing the death.

Whilst no allegations concerning liability can be made at an inquest, crucial information can be obtained which can be very useful in a subsequent claim for compensation.

Compensation

There are three types of compensation for a fatal injury claim and all are considered when the total amount of compensation is decided upon.

The first category is for out of pocket expenses resulting from the death, the second is for emotional distress (this is capped at an upper limit) and the third category is compensation for the loss of income and associated benefits caused by the loss of the deceased.

Act now or never

The time limit to bring a claim arising from a fatal injury is two years.

The clock starts to tick after the date of knowledge, which is usually the date of the accident or the date of the victim's death.

Some exceptions to this two-year rule do exist, for example, in situations where it is discovered some time after the death that it was due to negligence. Therefore, even if the fatality was more than two years ago it may be in the dependants interest to take legal advice about the possibility of bringing a claim.

Contact us

If you have been bereaved due to a fatal injury, please contact us at reception@lynchsolicitors.ie or telephone us at 052-6124344.

Maxi Zoo's care tips for dogs

Vets from Maxi Zoo have pinpointed the most important care tips for dogs.

Brushing is essential. It promotes a healthy coat and reduces unpleasant body odour and parasite infestation. Plus, dogs enjoy it. It strengthens the bond between dog and owner. Once or twice a week is sufficient for short-haired dogs,

but long-haired dogs should be brushed daily. Dogs with thick or wiry hair, like fox terriers for example, should have their coats trimmed three or four times a year to remove dead hair.

All dogs need to be brushed more frequently in the spring and autumn when the new coat grows. Rubber-toothed and horsehair

brushes, as well as those with wire bristles, are suitable since they comb out loose hair from the undercoat.

These are just a few simple pointers to ensure your dog is a barking beauty all year round. Call in to your local store this April for Take Care Grooming Range Demo Days. Find out more on maxizoo.ie.



Carers that completed a digital skills computer course received their certificates in Cahir recently. Front l-r: Cllr Richie Molloy, Mayor Catherine Carey, Karen O'Brien, Maureen Ryan. Back: Deputy Mattie McGrath, Esther Wills, Antonette Lonergan, Michael Houlihan, Frances Harding, Anne Marie Clifford, Helen Quirke, Michael Ryan, Colin Pressey.

TDs come up roses for Cystic Fibrosis Ireland fundraiser

Everything was rosy in the garden for Tipperary deputies Seamus Healy and Mattie McGrath at the recent launch of Cystic Fibrosis Ireland's 65 Roses Day fundraising appeal.

The local TDs are urging the people of Tipperary to "come up roses" for Cystic Fibrosis Ireland on Friday 13th April and buy a purple rose and help raise much-needed funds for cystic fibrosis services. Volunteers will be out and about on the streets of the county selling purple roses, including at Clonmel's Showgrounds Shopping Centre and Roscrea Shopping Centre, while purple roses will also be on sale in participating Spar stores.

The 65 Roses appeal gets its name from the way children with this condition are often first taught to say the words 'cystic fibrosis'. Apart from buying a purple rose, people can also support Cystic Fibrosis Ireland's 65 Roses Day by donating online, completing a 65 Roses challenge and texting 65ROSES to 50300 to donate €2 [Text costs €2. Cystic Fibrosis Ireland will receive a minimum of €1.80. Service Pro-



Seamus Healy TD.

vider: LIKE CHARITY. Helpline: 076 6805278].

Schools and companies are being especially encouraged to get behind 65 Roses Day by selling purple roses or organising their own 65 Roses

Challenges, such as a €6.5 bake sale, cycling 65 kilometres or swimming 65 lengths of a pool.

MOST SEVERE TYPES OF CYSTIC FIBROSIS

Ireland has the highest incidence of cystic fibrosis per head of population and some of the most severe types of the condition in the world.

Almost all of Cystic Fibrosis Ireland's funding comes from public donations and organisers are hoping to raise more than €100,000 for vital cystic fibrosis services in 2018. Services funded include the development of new cystic fibrosis units, incorporating in-patient, day care and outpatient facilities, specialist cystic fibrosis multi-disciplinary posts in hospitals, patient support grants, and medical and scientific research.

GET INVOLVED

If you would like to volunteer and lend your support on 65 Roses Day by selling purple roses in your community or workplace, simply call Peter on LoCall 1890 311 211, email fundraising@cfireland.ie or visit 65rosesday.ie.



Mattie McGrath TD, Bevin Murphy and Philip Watt (CEO, Cystic Fibrosis Ireland) at the launch of Cystic Fibrosis Ireland's 65 Roses Day fundraising appeal, which takes place nationwide on Friday 13th April.



Chrissie Carrigan, Mattie McGrath TD, Cllr. Martin Lonergan, Peggy Kennedy, Anna Mulligan, Margaret Egan, Lisa Ryan and Peggy Scanlon supported Daffodil Day recently.

Cllr. Richie Molloy welcomes grant of €338,464 for Family Carers Ireland

Tipperary councillor Richie Molloy has welcomed news that Family Carers Ireland (FCI) has been successful under the last round of Dormant Accounts funding in securing a grant of €338,464.

Cllr. Molloy, who is area manager of FCI Tipperary, has been long advocating that former carers are often forgotten about and says this particular funding will go along way to help former carers reintegrate into society.

The funding will allow FCI to roll out a number of initiatives across the country which support not only former carers, but also those who are preparing for the transition

from the caring role.

The flagship programme will be FCI's nationwide 'Plan C' Programme. Family carers have already had to make one hugely significant, life altering change in their lives. Their original life trajectory, Plan A, has been derailed by the necessity to provide full-time care to a family member, Plan B. The totality of a carer's role and responsibility mean that they rarely have the space to plan for the time that their caring role will end, Plan C. This was designed in response to feedback from carers regarding the difficulties of transitioning from the caring role, and adjusting to new circumstances.

For many, it means re-entry to the workforce; for

others, adapting to new roles later in life; and for some becoming more involved in activities they could not focus on while caring. The goal of the Plan C project is to give carers the space and structured support to consider their post-care future. Current carers and former carers will be supported to consider what life-skills they have acquired through their years of caregiving.

For some carers this will mean translating their caregiving-acquired skills into examples that will speak to prospective employers. For example, with support a carer could see that through the caring role they have become very adept at navigating bureaucracies in order to secure supports for the

person they care for. This could be presented as a very attractive skill to prospective employers.

The Plan C project will also be of benefit to those carers who do not envision returning to the workplace once their caring role has ended. Many carers experience loneliness and social isolation, and the post care transition can be very difficult to navigate. Plan C will support carers to consider how they might best reintegrate with their local community, through volunteering and participation. It will also support them to consider whether the Family Caring mentoring project would be appropriate for them as a way of putting

their years of caring experience to further use.

It is intended that all FCI carer groups will be visited by the programme manager, to be given the chance to avail of and participate in this exciting initiative.

The mentoring and befriending project is an initiative which will also be funded, and for which regional mentoring coordinators will be recruited. These will offer training to former carers who wish to give back to their community or to put their years of care to good account by mentoring current carers, or who wish to participate in a befriending programme in their local community.

The projects funded will

also include important actions to establish relationships with employers to work toward better facilitation of carers returning to the workplace following medium-term leave to meet caring obligations (e.g. carer's leave); to convene academic researchers in the field of life after care for an information sharing event; and to understand and support those making the unique transition(s) from the caring role required of carers for those with mental health difficulties.

Finally, it will fund counselling or life coaching sessions to former carers who would most benefit from the services in preparing for the life after care.

Snapping hip noise during running

By TOMÁS RYAN

Many athletes, ballet dancers and sports people experience an irritating ongoing symptom of snapping noise within their hip joint. The symptom is normally experienced when moving from seated to standing or when running when the hip joint moves from a bending motion to an extending backwards motion. This snapping sensation is known as snapping hip syndrome and is

caused by the following four different dysfunctions within the complexity of the hip.

Snapping sensation or snapping sound in and around the hip joint is most likely caused by a tight hip flexor tendon called the psoas tendon, flicking against a prominent bony landmark called the lesser trochanter. The psoas can also flick against the front aspect of the hip socket known as the acet-

abulum. Additionally the iliofemoral ligament which connects the ball and socket of the hip joint may criss-cross against the front of the hip joint, namely the head of the femur and cause this snapping noise. These hip snapping dysfunctions can be grouped together and referred to as internal hip snapping.

If the snapping noise is felt on the outer hip region it may well be caused by a tight

tensor fascia latae (TFL) hip muscle and the section of the gluteal maximus muscle slipping over the over bony surface of the thigh called the greater trochanter bone. This phenomenon of snapping is known as external snapping because it occurs on the outside of the hip joint.

Furthermore, hip snapping syndrome can be caused by the iliopsoas hip flexor tendon snapping over the bony landmark of the rim of the hip socket known as the iliopectineal eminence.

Finally, the snapping may

result from tears to the labral cartilage in acetabulum socket of the hip joint. Trauma or ongoing degeneration would have caused this labral degeneration and very often additional symptoms such as pain on hip rotation will be present. This labral cartilage snapping is known as intra-articular snapping because it happens within the hip joint.

Diagnosing which one of the four mechanisms is causing the snapping is important and is achieved through matching symptoms with hip examination. Spe-

cific manual release of the iliopsoas, gluteus maximus and TFL muscle coupled with specific hip stretching and strengthening programme is essential. Finally, to prevent recurrence we should improve how the athlete moves such as their running or dancing technique using 2D and 3D analysis.

Tomás Ryan is a registered physical therapist with the Irish Association of Physical Therapy, based in Thurles.

CAHIR CORNER

Send Cahir news/photos to caplicetaylor@hotmail.com



Maurice Quinlan is celebrating after winning €7,200 in Draw the Joker.



Young and old enjoying the Operation Transformation 5k in Cahir.



Celina Healy and Catriona O'Sullivan at the Operation Transformation 5k in Cahir.



Cahir GAA Club's Gerry O'Donnell and Tommy Barrett at Draw the Joker in the Abbey Tavern when Bridie Kendrick drew the Joker worth €7,200 for lucky local man Maurice Quinlan.



Ailis Ryan, Lauren Slattery, Grace Quinn and Ciara Slattery at the Operation Transformation 5k in Cahir.



Frances Coffey and Catherine Reidy at the Operation Transformation 5k in Cahir.



Cahir to Sing choir members Colette Butler, Kira Makela, Fidelma Nugent, Maura Kiely and Louise McNamara presenting a €650 cheque to Tony and Geraldine Duggan and John Connolly of Cahir River Search and Rescue.



Grainne, Margaret and Jim O'Donnell at the Operation Transformation 5k in Cahir.

CAHIR CORNER

Want South Tipp Today to cover an event? Contact dylan.white@iconicnews.ie or 052-6172535



Kirsty Keating (Girl Friday) and Michaela Fogarty (Harry the Gorilla) at Cahir Pantomime's production of Robinson Crusoe.



Louise Garcia (Major General), Mary Condon O'Connor (Polly) and Eoghan Keating (Robinson Crusoe) starred in Cahir Pantomime's



Michael Duggan (Neptune) and Killian O'Connor (Pizza Guy/Robin Hood) at Cahir Pantomime's production of Robinson Crusoe.



Patrick Caplice (Dame Dolly) and Nurse Ninny (Vinny Conran) enjoying Cahir Pantomime's production of Robinson Crusoe.



At the Active Retirement lunch in Cahir House Hotel were, back l-r: Ann Condon, Eileen Peters, Kay Bowe, Mary Ann Hartigan, Frances Egan. Front: Paddy Kennedy, Michael Healy, Eileen Fode, Tom Clancy.



Maura Horan presenting vice president Michael Maher and his wife Margaret with a token of appreciation at the Active Retirement lunch in Cahir House Hotel.



Eileen Cooney and Sadie Kinsella at the Active Retirement lunch in Cahir House Hotel.



Margaret Deegan and Pauline O'Donnell at the Active Retirement lunch in Cahir House Hotel.



John Hally (director) and Wally Costigan (MC) at Cahir Pantomime's production of Robinson Crusoe.

LOCAL SPOTLIGHT

Send community news/photos to dylan.white@iconicnews.ie

FETHARD

Daffodil Day

Many thanks to the generous support of the people of Fethard who helped raise €5,430 on Daffodil Day. Extra thanks to the daffodil pickers and sellers who were at work from early morning, the bakers and coffee makers who greeted everyone so warmly at the Town Hall, sponsors for their generous raffle prizes, and Patrician Presentation Secondary School transition year students for helping on the day and for wearing yellow to raise awareness.

COUNTY FINAL

A packed Halla Na Féile, Cashel, enjoyed the county final of Scór na bPaisti recently. Results: Rince Foirne - Newcastle. Solo Song - Portroe. Scealaíocht - Sean Treacy's. Ceol Uirlise - Shannon Rovers. Leiriu - Borrísleigh. Ballad Group - Sean Treacy's. Rince Seit - Newcastle. Rince Sean Nos - Holycross. Trath na gCeist - Loughmore.

BALLYLOOBY/DUHILL

GAA

The club welcome back Johnny Sweeney to the senior hurling and football squads. Johnny is a student at Carlow IT.

Duhill card drive

45 Drive continues every Sunday at 8.15pm.

P'TOWN/LISRONAGH

Wedding

Congratulations to Kevin O'Donnell and Patricia Leamy who got married in Powerstown recently.

Baptism

Congratulations to Adam

and Deirdre Coffey whose child Meabh Lisa was baptised in Powerstown recently.

Rathkeevin cards

Winners from card game on 29th March: Michael O'Gorman and Mary Moloney on 11 games, along with Paddy Franey and David Blissett and Jim and Mary Garrett on 10 games. Table prizes on 19th and 20th games went to John O'Conner and Dick Lonergan, along with Eddie and June Cooney. Hall committee and card organisers Frank Burke and Mick Dwyer wish to extend their deepest sympathy to Tony and Josephine Donaghy on the death of Tony's mother Josie.

Cards again on Thursday 5th April 2018 at 8.30pm. Partners available if required. All welcome.

DRANGAN

Whist Drive

Takes place in Drangan Community Hall in aid of Drangan Legion of Mary on Monday 9th April at 8.15pm.

Parish lotto

Jackpot of €9,200 is up for grabs on 10th April. .

Progressive 25

Winners on 29th March were Kieran Browne and Seamus Moloney; Tess Maher and Moira Cullivan; Breda Wilson and John StJohn; and Margaret Fallon. Jackpot winners for February were Breda Nolan, Tony and Brian Cullivan, Lory Byrne and Joseph Meagher.

St. Patricks GAA

Under 12 D football: Lost to Cahir in Anner Park Cloneen 4-8 to 1-2. Team: Diesel Outram, Harry Barton, Dane Outram, Cathal Keane, Cormac Duggan, Seán Fitzgerald Mi-

chael Hayden, Tom Lee, Mike O'Dwyer. Under 16 B football: Defeated Ballingarry 2-8 to 1-7. Team: Tyler McCormack, Ryan Crannitch, Keith Morrissey, Luke Fox, Darragh Spillane, Cathal O'Mahoney, Tommy O'Brien, Darragh Hurley, Ryan Walsh, Cian Crannitch, Ciarán Moroney, Aidan Fitzgerald, Cathal Foley, Robert Hackett, Neville Healy, Jamie Brett, Jack Quinlan, Keenan Aherne, Cathal Ryan.

Minor football: Defeated by Kilsheelan-Kilcass 1-11 to 2-5, but beat Killenaule 0-18 to 3-4. Team: Tyler McCormack, Shane Neville, Peter Wall, Cathal O'Mahoney, Richie Anglim, Eoin Ryan, Seán Ryan, Conor Duggan, Ryan Walsh, Stephen Crotty, Conor Harrington, Robert Hackett, Pauric O'Brien, Darragh Hurley, Tommy O'Brien, Ciarán Moroney, Mikey O'Brien, Aidan Fitzgerald, Cathal Foley.

Under 14 football fixtures: 5th April in Clonmel at 7.15pm v Clonmel Commercials, 12th April in Anner Park Cloneen at 6pm v Mullinahone, 19th April in Ballingarry at 6.30pm v Ballingarry, 26th April in Anner Park Cloneen at 6.30pm v Fethard, 3rd May in Anner Park Cloneen at 6.30pm v Killenaule. Under 16 football fixtures: 7th April in Fethard at 12pm v Mullinahone, 9th April in Clerihan at 6.15pm v Clerihan, 16th April in Fethard at 6.30pm v Killenaule, 23rd April in Clonmel at 6.30pm v Commercials, 30th April in Fethard at 6.30pm v Ballylooby-Fr. Sheehys, 7th May in Kilsheelan at 6.30pm v Kilsheelan/Kilcass. Lotto: Jackpot of €6,800 is up for grabs on 10th April.

CLOGHEEN

AGM

AGM of St. Paul's Community Centre takes place on 6th April at 7.30pm.

CLONMEL

Flower Club

The April meeting of Clonmel Flower Club takes place on Tuesday 10th April at Hotel Minella. Club president Mildred Stokes will give a class for beginners and visitors at 7.45pm. Mildred will also talk at the meeting about Clonmel Horticultural Society's annual Spring Flower Show. The event will showcase flower arrangements, beautiful daffodils, tulips and other spring flowers and shrubs at Hotel Minella on Sunday 15th April at 2pm. The titles for the club competitions are: Beginners 'Just a Few' 60cm, Interme-

diated 'Modern Approach' 60cm and Advanced 'Doing the Continental' 80cm. The guest speaker will be Muireann Morris who runs the Source Yoga School in Clonmel. New members and visitors are always welcome.

Mary Coughlan

Clonmel World Music welcomes Mary Coughlan at Raheen House on Thursday 05th April. Mary will play with her full band, just before they embark on an extensive UK tour. Tickets are on sale on www.clonmel-worldmusic.com, Premier Music Centre on 052-6129811, Gerry Lawless on 086-338961, Marians Bookshop on O'Connell Street and South Tipperary Arts Centre on Nelson Street. Doors for the gig open at 8pm. There will be no support act, and the band will start at 9pm.

Table quiz

Takes place in Moynihans Lounge, Gladstone Street, on Friday 6th April at 8.30pm in aid of St. Anthony's Unit. Tables of 4 are €20. Lots of spot prizes to be won.

Whist

Whist on Sunday 8th April at 2.30pm in the Bridge Centre. All welcome.

NEW INN

Walk

The annual Lagganstown-Knockgraffon Community alert walk takes place on Sunday 8th April at 1.30pm from Old School, Knockgraffon. €5 per person and children are free. Light refreshments afterwards. All are welcome.

Women's Group

At the recent AGM, the following officers were returned: chairperson Breda Culleton, assistant chairperson Carmel Leonard, secretary Patricia Wilson, assistant secretary Caroline Ryan, treasurer Mary Frances Barron and assistant treasurer Margaret Barron. Yoga continues every Tuesday night at 7.20pm in New Inn Community Centre.

Knockgraffon cards

Recent winners were Kitty Peters and Anne Burke, with John Oliver Looby and William Burke finishing as runners-up.

Lotto

Numbers drawn on 31st March were 4, 17, 21, 22. No winners. Lucky Dips went to Mary and Paddy Holleran, Knockgraffon, and Peter Wall c/o Eoin O'Gorman. Blue tickets went to Mark Hally, Carriegen, and Willie and Mary Flynn, Out Rath. Sellers were Colm Heaney and PJ Moloney. A jackpot of €15,000

is up for grabs at the draw in The Rovers Inn on 7th April.

NEWCASTLE

Memorial mass

The 95th General Liam Lynch memorial mass takes place in Newcastle Church on Sunday 8th April. Rising of the Tri-colour at Tigh na nDaoine at 12pm, Mass celebrated by Fr. Gareth Desmond at Newcastle Church at 12.30pm, followed by refreshments in the Community Hall where the oration will be delivered by Dr. Martin Mansergh. Dr. Mansergh previously delivered the oration in 1998, a week after the signing of the Good Friday Agreement in Belfast. As a senior adviser to successive Taoisigh, Dr. Mansergh played a key role in the Northern Ireland peace process.

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Duhill Card Drive

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MARLFIELD

New trees

The two replacement cherry trees to replace the pair which were uprooted during the storm have been planted. Marlfield village committee Catherine Alton and her staff for sponsoring the trees.

The Famine

The final sign in the Marlfield Heritage Way series has been erected to remember the famine years in Ireland. In 1847, 500 people died in Clonmel and many thousands were kept alive by the work of the unsung heroes who daily cooked and distributed soup, bread and porridge to help hold body and soul together. The work of these unpaid and forgotten heroes who gave of their time, health and often their fortune in the service of their fellow man, woman and child deserves more than a brief mention in the history of that dreadful period. When reading the description on the lectern sign at the St Patrick's Well cross roads, a minutes reflection would be appropriate in remembrance.

Wildflower bed

Work will start shortly on the cleaning and planting of the wildflower bed at the roundabout.



Sinaida Jansen accepted a cheque for South Tipperary Hospice Movement from Clonmel Flower Club chairperson Anne Morrissey at the March meeting of the club. The money was raised at a Christmas gala flower arranging demonstration at Hotel Minella last November.



Swimming instructors Shane, Roisin and Sam were very busy at Clonmel Park Hotel's Easter camps recently.



St. Mary's National School's junior quiz team won the regional final of the Credit Unions table quiz in Waterford recently. The Clogheen pupils - Piper O'Regan, Padraig Hickey, Sarah English and Ella Allen - are now preparing to take part in the All-Ireland final at the RDS, Dublin.

Tipperary Musical Society's pirates set sail at the Excel

Tipperary Musical Society wowed audiences recently with their 2018 production of the Gilbert and Sullivan classic 'Pirates of Penzance'.

Pirates of Penzance was the very first musical ever staged by Tipperary Musical Society back in 1947 and again in 1982 when the society reformed. Coincidentally, the director that year was Michael O'Donoghue who also directed this year's production. While perhaps not the most straight forward plot ever, this somewhat farcical and witty story of Pirates of Penzance was wonderfully played out by the members of Tipperary Musical Society.

The entertainment began before the curtain went up - once inside the newly refurbished Excel foyer, we were greeted by both pirate and policeman, who had cast aside their rivalries to welcome the incoming audience. Once we had taken our seats in the front row of the balcony, my pint-sized comrades (aged seven and nine) were tickled pink to see the orchestra

decked out in pirate and maiden garb.

Tipperary Musical Society has a wealth of talent to choose from and front line was particularly well cast. Newcomers to the society - Emmet Donlon and Sinead O'Donovan - were superb in their roles as Frederic and Mabel respectively, while society stalwart Deirdre Ryan gave another stellar performance as Frederic's nursemaid Ruth.

The society were delighted to welcome back Cathal O'Donoghue and John Murphy - both gave outstanding and highly entertaining performances as Major General Stanley and the Pirate King. Aidan O'Connell (Sergeant of Police) and his band of ruddy-faced policemen drew huge laughs from the audience in Act Two, while Jack Sharpe (Samuel), Olwyn Grogan (Edith), Siobhan Scanlon (Kate) and Alma Quinn (Isobel) gave wonderful performances in their supporting roles.

It would be remiss of me

not to mention the chorus and in this particular case, what a chorus they were! Under the expert tutelage of Helen Colbert and Dermot O'Dwyer, both leads and chorus were finely tuned and effortlessly delivered four and five part harmonies throughout. A special mention must go to 'Hail Poetry' in Act One, sung acapella by a chorus of 40 plus.

Choreographer Miriam Ball did a fantastic job with the choreography as policeman and pirate, and maiden and Major General moved seamlessly around the stage. The choreography was very much in keeping with the era and stereotype of each group and was particularly well thought out by the choreographer and executed by a fantastically able cast and chorus.

Huge congratulations to director Michael O'Donoghue and Tipperary Musical Society for delivering a highly entertaining production of Pirates of Penzance.



Grange Easter walk raises funds for Tomás Kelly

The community of Grange gathered for a 5k fun walk and run in aid of the Tomás Kelly Trust Fund recently. Tomás is a past pupil of Grange National School and is undergoing rehabilitation following a back operation.

Grange National School board of management and parents association, Grange Development Association, Grange Community Council, Grange Tidy Villages and Grange Community and Text Alert joined forces to organise the fundraiser, which was a resounding

success.

The day started with a warm-up led by Bernie Connolly and then the starting bell was rung by Sarah and Liam Kelly who are siblings of Tomás. An estimated 500 men, women and children began the 5k route which went from Grange to Ballindoney, Loughryan and then back to Grange.

All the children who completed the run were given an Easter chocolate lollipop and were greeted by the Easter bunny and Big Bird on their return. Refreshments were provided in Grange Community Hall afterwards. Over €10,000 was raised from this wonderful community effort.

Grange annual cycle takes place on April 22nd.



Cllr. Michael Anglim, Liam Ahearne and Sheila Cronin.



Lucy Kearney and her dog Rory took part in the Easter Walk at Grange.



Michael O'Dwyer and Cathal Morris.



Marie Liston and Nancy Phelan.



Salome, Jim, David, James and Aoiheann Halpin.



Gloria, Paul, Callum and Cian Boles.

Protesters call for horse warden

A crowd of over 250 people gathered in Clonmel last Thursday to protest at recent incidents of horse cruelty in the town and county and to call for the appointment of a horse warden.

They marched from Irishtown to Tipperary County Council offices led by two beautiful rescue ponies, Beyonce and Spirit.

They all signed and delivered letters to Tipperary County Council. They were joined by Mayor Catherine

Carey, who has highlighted cases of horse cruelty in recent months.

"What do we want, a horse warden. No excuse for animal abuse," marchers chanted.

More protests will follow and a national protest is on the cards for October. "All we want is for the laws to be upheld and enforced. A horse warden would help greatly in getting the job done. We want no more cruelty or unnecessary cruelty," a spokesperson said.



Ned O'Brien and Johnny Casey.

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Cahir Antiques Fair is back by popular demand

An Antiques Fair takes place at Cahir House Hotel on Sunday 8th April from 11am - 6pm. Now in its third year, the Cahir fair has gone from strength to strength and has proven a must for all lovers of everything old and collectible.

There will be 30 antique shops, dealers art galleries and vintage dealers from the four corners of Ireland. For sale at the Fair will be jewellery to die for including both top end diamonds right through to vintage and costume.

Weldon's of Dublin's leading antique, jewellery and silver retailers will be amongst several members of the Irish Antique Dealers Association.

Others include Gerry Casserly, Green's Antiques, William Hartnett, Marie Curran, Edward McMahon, Patricia

Looby, West Gate Antiques Clonmel, Garry McConnell,

Joseph Sheehan, Patrick O'Rourke and much more. Something for everybody at the Antiques Fair is a guarantee. Children free and most welcome. Adults €3.50 each, which includes raffle.



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OUT AND ABOUT

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Sandra Power, Maria O'Shea-Enright and Sheenagh Raggett enjoyed 'A Story of Destiny' at Brewery Lane Theatre in Carrick-on-Suir.



Elizabeth Brennan, Siobhan McCarthy, president of AIMS Seamus Power, Ann Lonergan and Ellen Foley at Carrick-on-Suir Musical Society's production of Into the Woods.



Cancer Care and Share's meeting at the Nano Nagle Resource Centre in Carrick-on-Suir was well attended recently.



ABOVE: At the launch of Aileen Atcheson's book 'Tales of the Copper Coast' were: Pat Casey, Leo Swift, Aileen Atcheson, Rev. Barbara Fryday, Seamus Healy TD, Yvonne Burke and Betty Parsons.
BELOW: Aileen Atcheson with Seamus Healy TD at the launch of her book 'Tales of the Copper Coast'.



Eamonn Byrne, Robert Power and Noeleen Doherty relaxing after Robert's successful play 'A Story of Destiny' at Brewery Lane Theatre.



ABOVE: Clonmel Vintage and Classic Car Club's Michael Lavin and Family Carers Ireland area manager Cllr. Richie Molloy were selling raffle tickets for a BMW as part of a fundraiser for Family Carers Ireland at the Vintage Car Exhibition in the RDS Dublin recently. The raffle takes place at the annual May bank holiday weekend Vintage Car Exhibition in Powerstown. Tickets are €5 each or three for €10 and can be purchased from Family Carers Ireland's Clonmel office on Sarsfield Street and from Clonmel Vintage and Classic Car Club committee members
LEFT: South Tipperary Carers attended the recent Family Carers Ireland National Convention in Dublin. L-r: Cllr. Richie Molloy, Ann Fitzgerald, Noreen Murphy, Mary Terry, Barbara Kovach, Catherine Maher and Eilish Smith.



To celebrate the 50th anniversary of Cahir Park Golf Club, the Pro Am will be held at the club on August 14th. Pictured at the announcement are David Walsh (men's captain), Arthur O'Donnell, Yvonne Cassidy (PGA) and David Ryan (PGA professional).

Tickets on sale for St. Mary's Choral Society's Grease

St. Mary's Choral Society's 123rd production 'Grease' runs at the White Memorial Theatre from April 7-14. Grease will be directed by the award-winning Des Henn, with Laura Cotter as musical director and Barbara Meany as choreographer. Tickets are €20 and are on sale at Marian's Bookshop, O'Connell Street, Clonmel.



Kevin Twohig plays Sonny.



Grace Hogan plays Frenchy.



Jason Ryan takes on the role of class geek Eugene.

JAPANESE FILM FESTIVAL IS COMING TO COUNTY TIPPERARY

The Japanese Film Festival, which celebrates its 10th edition this year, will visit County Tipperary for the first

time this month as part of its eight location national event. Local Tipperary audiences will have the oppor-

tunity to catch animation master Masaaki Yuasa's *The Night Is Short, Walk On Girl* - which recently won the Best Animated Feature Prize at the Japanese Academy Awards - on April 9th at 1pm on LIT Clonmel campus.

Family-friendly titles *Lu Over the Wall* (April 14th at 3pm) and *Anthem of the Heart* (April 15th at 3pm) will run at Tipperary Excel.

Visit www.jff.ie for the full screening schedule, ticket sales information and updates.



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Friday 13th April	Bar THE GAMBLER Ballroom NIALL DOORHY Jive Course
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PLANNING NOTICES

TIPPERARY COUNTY COUNCIL We, Cummins and Voortman Ltd (Architects www.cvltltd.ie), on behalf of our client David McElroy, intend to apply for Permission for development to construct extension to rear/east of existing farmhouse dwelling, demolition of existing sunroom to south and replacement with feature bay window to south, new window to southern elevation at first floor, extension of the dwelling to the west/northwest and reuse of existing adjoining agricultural out-house as habitable accommodation and this to be integrated into the main dwelling to function as one dwelling, alterations, refurbishment and upgrading of existing dwelling, repair and re-roofing of existing damaged out-house, to the south east, to be used as garage, upgrading of the existing site effluent system as appropriate, modification of external walls and fencing as appropriate and all associated works, all at The Glebe, Colman, Fethard, Co. Tipperary E91 X450 This planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee 20euros, within the period of five weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL I, Andy Hennessy am applying for a) Permission for Retention of minor physical external changes to existing multi-purpose commercial (Office and Light Industrial/Class 4) building. Namely: original solid timber workshop doors replaced with predominately glass Alu-Clad units on the north eastern elevation, inclusion of roof windows on the south western pitched roof slope and construction of a large feature window on the south eastern roadside elevation/gable in lieu of original small high level unit, and all associated works, b) Permission for Development for use of the Light Industrial (Class 4) portion of the existing building as a Dedicated Commercial Storage area ancillary to the existing office located within the same building. all at Knockgraffon, Cahir, Co. Tipperary. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee, 20, within the period of 5 weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application.

TIPPERARY COUNTY COUNCIL

I Olivia McCarthy intend to apply to the above Authority for Planning Permission for a dwelling, garage, entrance & all associated site development works at Lissava, Cahir, Co. Tipperary.

The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee (20) within the period of 5 weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL

We, Edmond and Mary O'Donnell intend to apply for retention permission at this site at Derrycloney, New Inn, Cashel, Co. Tipperary.

The development consists of an attic conversion consisting of stairs, landing, 2 bedrooms, 2 velux windows to the front and one window on north gable.

The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee (20) within the period of 5 weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL

I, Patrick McHugh am applying to the above Authority for permission to construct a two storey dwelling house, entrance, treatment unit, percolation area and all associated site works at Glenpaudeen, Hollyford, Co Tipperary.

This Planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee of 20 within the period of 5 weeks beginning on the date of receipt by the authority of the planning application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL

I, Dhruva Selvaratnum intend to apply to the above authority for permission to retain, as constructed.

1. Re-located entrance and driveway
2. Carport
3. Converted attic space and access thereto
4. Extensions to front and rear of existing dwelling house

All at Lyonstown, Rosegreen, Co. Tipperary. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee (20) within the period of 5 weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL

We Pat and Hanna Price intend to apply to the above Authority for Planning Permission to construct an extension to an existing dwelling including minor elevational amendments to the existing dwelling to accommodate the proposed extension and all associated site works at 4 Upper Friar Street, Cashel, Co. Tipperary.

The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee (20) within the period of 5 weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL

I Breda Lonergan intend to apply to the above Authority for (i) Planning Permission to demolish an existing outbuilding, (ii) Planning Permission to construct an extension to an existing dwelling, (iii) Retention Planning Permission for an existing porch extension to the front of the existing dwelling and (iv) Retention Planning Permission for an existing garage and all associated site works at 6 Hogan Square, Cahir, Co. Tipperary.

The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee (20) within the period of 5 weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL

We, Steven & Mary-Claire Shiels are applying to the above Authority for permission to construct a two storey dwelling house, entrance, treatment unit, percolation area and all associated site works at Reafadda, Hollyford, Co Tipperary.

This Planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee of 20 within the period of 5 weeks beginning on the date of receipt by the authority of the planning application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL

Take notice that I, Laura O'Gorman, intend to apply to the above Authority for Planning Permission to amend the Site boundaries (including the re-location of the proposed Polishing Filter associated with the Waste Water Treatment System) and all associated site works from where Granted under Planning Ref. 17/601204 (Dwelling, Garage, Effluent Treatment System & Entrance) at Ballydavid, Bansha, Co. Tipperary. This Application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours and a submission or observation in relation to this application may be made to the authority in writing on payment of the prescribed fee (20) within the period of 5 weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

PLANNING NOTICES**TIPPERARY COUNTY COUNCIL**

I Aidan Kelly Agricultural Design & Planning Services (ADPS ,085 7466211, www.adps.ie) intend to apply to Tipperary County Council on behalf of my clients Marian and Edmond Hearn. Permission to construct (i) Milking parlour with Dairy, crush yard, Meal Bin and collecting yard incorporating underground effluent tanks and flow channel (ii) calf house extension and all associated site works at Ballyneale Castle, Carrick On Suir, County Tipperary The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee, 20, within the period of 5 weeks beginning on the date of receipt by the authority of the application, and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

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ACKNOWLEDGEMENTS

AHEARNE

(Acknowledgement & Months Mind)



Nicola

11 Liam Lynch Tce
Newcastle

March 15th 2018

Jim, Trisha and family would like to express sincere gratitude to all our neighbours and friends all who visited our house brought food, sympathised with us gave Mass cards, donated to SEESAW, over the 3 days

We would especially like to thank Guards in Tramore, Fr. Bobby Power, Fr. Desmond and Fr Gerry O'Connor, music by Mary and Majella, Funeral Director Christy Barrett for all his kindness, gravediggers and all who helped out in the hall.

As it would be impossible to thank everyone please accept this acknowledgement as a token of our sincere appreciation and gratitude.

Months Mind Mass in Newcastle Church on Wednesday 11th of April at 7pm.

Missed daily by her Dad Jim, Mam Trisha, brother and sisters, nephew, nieces, brother-in-laws and sister-in-law, relatives, her partner Paula, Jacob and family.

O'REILLY

(Acknowledgement & 1st Anniversary)



Dr. Aidan

Ballypatrick, Clonmel

April 15th 2017

On the first anniversary of Aidan's death, his brothers and sisters Breda, Tony, Ebbie, Anne, Bill, Jack, Bunny and Terry, and extended family, including the family of our sister, Katy (RIP) wish to thank most sincerely all those who supported, comforted and sympathised with us during that sad time.

We offer our heartfelt thanks also to neighbours, friends and former colleagues of Aidan who attended his memorial service and interment, many of whom travelled long distances.

To those who sent cards, flowers and messages of sympathy, thank you for your kindness.

IN MEMORIAM

BARRETT

(15th Anniversary)



In loving memory of Patrick Barrett, late of Balloughboy, Ballinure, Thurles who died on April 6th 2003.

"Never thought it could be you, I never wanted it to be. The other half of me just disappeared. Darkness came as fast as you got your Angel wings, my heart feels like its been thrown away. When I heard the news I fell to my knees, not wanting to get up. I heard you say it'll be ok."

Sadly missed by your sister Kathleen and the Heffernan family.

Anniversary Mass on Saturday 28th April at 1pm in Ss Peter and Paul's Church, Clonmel.

BOURKE

(9th Anniversary)



In loving memory of my dear Mam, May Bourke, late of 16 Mary Street, Clonmel, whose anniversary occurs on 2nd April, 2008.

To your graveside I often go, and picture your face so clear. In silence I stand in sorrow, for you I loved so dear.

Flowers I place upon your grave will wither and decay. But the love I've buried with you, will never fade away.

Loved and sadly missed by your loving daughter Kathleen, son-in-law Jim, grandchildren Grainne, Brian and Ciaran and families.

Mass offered.

IN MEMORIAM

BRANNIGAN

(17th Anniversary)

In loving memory of our son PJ Brannigan, late of 44 Dromard, Clonmel, whose 17th Anniversary occurs this week.

An Angel in the book of life, wrote down our babies birth. He whispered as he closed the book, too beautiful for this earth. Tear drops slow and steady, the pain so real and true, God took another Angel, and that Angel dear was you

Loved and missed everyday

Love - Mam, Dad, your brother Adam and sister Ava.

BRANNIGAN

(17th Anniversary)

In loving memory of my beautiful grandson PJ whose 17th Anniversary occurs at this time.

PJ - There is a star in Heaven, the first one out at night. We know it's you PJ, who has come out to say goodnight..

Miss and love you - Nanny Kathleen xxx.

BRANNIGAN

(17th Anniversary)

To our grandson and nephew PJ Brannigan whose anniversary occurs on 4th April.

We'd like to say so many things we don't know where to start, we only know we miss you P.J. from the bottom of our hearts.

Always loved by your Grandad and Nana Brannigan and family xxxx

Love you so much xx

BRANNIGAN

(Anniversary and Birthday Remembrance)

PJ

We are sending our thoughts to Heaven, on the day you went away. And hope you know you are missed more than words could ever say.

For you were someone special that we think of everyday. Today like many other days, we send all our love your way.

Always in our thoughts,
Richard, Irene, Eoin, Kelly and David x

BRANNIGAN

(17th Anniversary)

In loving memory of our nephew and cousin PJ Brannigan whose anniversary occurs this week.

Every time you look at a twinkling star, just remember that it is me smiling from afar.

- Deirdre, Jim, Aislinn and Claire-Ann

IN MEMORIAM

BURKE

(48th & 11th Anniversaries)



Treasured memories of Jack and Christy Burke, beloved father and brother and Christy's lovely wife Josie whose anniversaries occur at this time. RIP

Today is a day we light a candle and say a special prayer. We take a step down memory lane and know we will find you there. We know you walk beside us and when our lives are through, we pray that God will take our hands and lead us straight to you.

Sadly missed and never forgotten by May, Donal and family, Ellen, John and family, grandchildren, great-grand-children and extended family.

Love ye always xxxx

Masses offered.

BURKE

(22nd & 8th Anniversaries)



Paddy & Teresa

In loving memory of Paddy Burke and his wife Teresa (Tess) nee Clancy, late of Baron Park, Clonmel who died on 7th April 1996 and 11th April 2010.

We cannot bring the old days back when we were altogether. The family chain is broken now but memories live forever.

Today we light a candle and say a special prayer. We know you walk beside us and when our lives are through. We pray that God will take our hands and lead us straight to you.

Lovingly remembered - daughter Kathleen, son-in-law Derek, granddaughter Rachel, husband Ted, Sarah and Alice.

Masses offered.

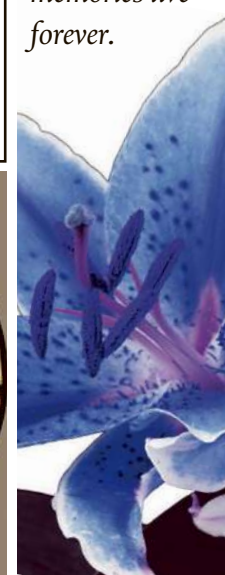


*Memories
Live
Forever*

*A bouquet
of beautiful
memories,
sprayed with a
million tears,
wishing God
could have
spared you,
if just for a few
more years.*

*It does not take
a special day,
for us to think
of you, each
Mass we hear,
each prayer we
say, is offered
up for you.*

*We cannot
bring the old
days back,
when we were
all together,
our family
chain is broken
now, but
memories live
forever.*



When someone
you love becomes
a memory, the
memory becomes
a treasure.

Author Unknown

FAMILY ANNOUNCEMENTS

Tel: 052-6172500

Email: sales@southtipptoday.ie

Post or Call to Queen Street, Clonmel, Co. Tipperary

Deadline: Tuesdays @ 11.00am



IN MEMORIAM

CAHILL

(12th Anniversary)



Owen Cahill

Ballydrehid,
Cahir & Clonmel

Who died 2nd April 2006

Just the average family, we don't ask for more, then life changed completely with that knock upon the door. This awful thing had happened, and none of us knew why - you were never coming back, Owen, and we did not say goodbye.

Our world just fell to pieces, we cried in disbelief; we had to stick together, to overcome our grief. We will never understand it, it all seems so unfair; we wish we could hear your voice again, and see you standing there.

Love always

- your heartbroken Mam and Dick xxx

Mass offered.

CAHILL

(12th Anniversary)



I often am awake at night, when the world is fast asleep, and I think about the son I lost, with tears upon my cheek.

I can't get over losing you Owen, no matter how I try. I will always keep you in my heart, until the day I die.

Loved and missed always and forever - Dad

IN MEMORIAM

CAHILL

(12th Anniversary)



Owen Cahill

Ballydrehid,
Cahir and Clonmel

Who died on April 2nd 2006

No special day is needed for me to think of you, to me you were someone special, and I thought the world of you. I think of you in silence, I talk about you too, I have some wonderful memories, but I wish I still had you.

Love from your son Bryan xx

CAHILL

(12th Anniversary)



Put your arms around him, Lord, don't leave him on his own, for today is Owen's anniversary and we know he can't come home.

Your resting place we visit, flowers we place with care, but no one knows the heartache, as we turn and leave you there.

Quietly today your memory we treasure, loving you always, forgetting you never. No length of time can take away our thoughts of you from day to day.

- Love from Nanny Cahill, Uncle Pat, Mary Cahill, Pamela, Cara and family.

CAHILL

(12th Anniversary)



Owen Cahill

Ballydrehid, Cahir
& Clonmel

Who died on April 2nd 2006

Your face is ever before me, your voice we cannot forget. Your smile will linger forever, in memory we see you yet.

Gone but never forgotten - your friend always Kenneth.

IN MEMORIAM

CAREY

(5th Anniversary)



In loving memory of Tommy Carey, late of St. Patrick's Well, Clonmel, whose anniversary occur at this time R.I.P.

Nothing is past; nothing is lost. One brief moment and all will be as it was before - only better, infinitely happier and for ever - we will all be one together with Christ.

Will those who think of Tommy today, a little prayer to Jesus say.

Always remembered by family and friends.

Mass offered.

DILLON

Sarah



(4th Anniversary)

In loving memory of our beautiful daughter Sarah, who died on 12th April 2014 RIP.

There is a star in Heaven, so bright for all to see, the star is our Sarah, who is watching over us.

Time slips by and life goes on, but from our hearts you are never gone.

Little Angels up above, give our Sarah a great big hug.

Dancing with the Angels

Love and miss you always
- Mammy and Daddy xxxx

Anniversary Mass on Saturday 7th April, in St. Oliver's Church at 7.30pm.

IN MEMORIAM

KEARNEY

(12th Anniversary)



In loving memory of Angela Kearney, a loving wife, mother and grandmother, late of Upper Clashaniska Upper, Rathronan, Clonmel, who died the 13th of April 2006.

Lonely is the home without you, life to me is not the same, all the world would be like Heaven, if I could have you back again.

The happy hours we once enjoyed, how sweet the memory still, but death has left a vacant place, no-one could ever fill.

Sadly missed by your husband John, son Michael and daughter-in-law Frances, son-in-law Tom, and grandchild Roisin.

Anniversary Mass on Sunday 15th April in St. Helena's Church, The Nire Valley at 10am.

LALOR

(50th Anniversary)



Eoin

In loving memory of our dear father Eoin, husband of the late Margaret Lalor, Richmond House, Kickham Street, Clonmel who died on 3rd April 1968. RIP.

Always remembered by your loving children John, Anne, Carmel, Michael (R.I.P.), Matt and Eoin.

Anniversary Mass in Ss. Peter and Paul's Church on Tuesday 24th April at 1pm.



Memories Live Forever

A bouquet of beautiful memories, sprayed with a million tears, wishing God could have spared you, if just for a few more years.

It does not take a special day, for us to think of you, each Mass we hear, each prayer we say, is offered up for you.

We cannot bring the old days back, when we were all together, our family chain is broken now, but memories live forever.

Another Leaf Has Fallen

Another leaf has fallen,
another soul has gone.
But still we have God's promises,
in every robin's song.
For he is in His heaven,
and though He takes away,
He always leaves to mortals,
the bright sun's kindly ray.
He leaves the fragrant blossoms,
and lovely forest, green.
And gives us new found comfort,
when we on Him will lean.

When someone you love becomes a memory, the memory becomes a treasure.

Author Unknown

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IN MEMORIAM**MULLERY***(10th Anniversary - 16th April)*

Theresa

62 Bianconi Drive,
Clonmel.

Flowers may die, the sun may set, but memories of you Theresa, we will never forget.

Sadly missed by your loving husband Tommy xxx

Anniversary Mass in St. Olivers Church on Saturday April 28th at 5pm.

MULLERY*(10th Anniversary & Birthday Remembrance)*

In loving memory of my mother, Theresa Mullery, late of 62 Bianconi Drive, who died on the 16th April 2008 and whose birthday occurs on 23rd April.

I often talk about you, I never cease to care; I wish I could go home again, and find you waiting there. I want to tell you something, so there can be no doubt - you're so wonderful to think of and so hard to be without.

Love and miss you more each day - from your loving daughter Lizzie, Chilly, Gabby and Daniel. xxxxx

MULLERY*(10th Anniversary & Birthday Remembrance)*

In loving memory of my mother, Theresa Mullery, late of 62 Bianconi Drive, who died on the 16th April 2008 and whose birthday occurs on 23rd April.

Your special day I cannot share, my gift to you must be a prayer. With a broken heart I whisper low. Happy Birthday Mam, I miss you so.

A daily thought, a silent tear, a constant wish that you were here. An empty space no one can fill. I miss you Mam and always will.

Love and miss you more each day - from your loving daughter Sinead, son-in-law Pat and grandsons Sean and Harry. xxxxx

Also remembering Sean Gallagher of Cooraclare, Co. Clare, whose 12th Anniversary occurs on April 17th.

Anniversary Mass in St. Oliver's Church on Saturday April 28th at 5pm.



FAMILY ANNOUNCEMENTS

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Email: sales@southtipptoday.ie

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Deadline: Tuesdays @ 11.00am

**IN MEMORIAM****MULLERY***(10th Anniversary - 16th April)*

Theresa

62 Bianconi Drive,
Clonmel.

Look around your garden Lord, Mam won't be hard to find. For she has a face so full of love and a heart that's good and kind.

Sadly missed by your loving son Liam xxx

O'CONNOR*(9th Anniversary)*

Treasured memories of Marion, a loving wife, mother and nanny late of Kilmacomma, Clonmel, who died on 8th April 2009.

They say there is a reason, they say that time will heal, but neither time nor reason will change the way we feel.

We still miss the sound of your voice, the stories of your life and just being in your presence. We miss you as much today as we did the day you died.

Love you and miss you forever.

Loved and remembered always by Jim, Jimmy, Philip, Ann, Ken, Susan, Kevin, David and Sarah.

Anniversary Mass on Friday 6th April in St. Mary's Church, Irishtown at 7pm.

O'FLAHERTY*(12th Anniversary)*

In loving memory of a dear brother, uncle and granduncle, Jim O'Flaherty, late of Sheehy Tce., Clonmel who died on 6th April, 2006.

Sadly missed and always remembered by your sister Mary, nieces, nephews and families.

Mass offered.

IN MEMORIAM**ORANGE***(1st Anniversary)*

In loving memory of Michael Orange, 43 Treacy Park, Carrick-on Suir, whose First Anniversary occurs on 31st March.

The moment that you died, my heart was torn in two, one side filled with heartache, the other died with you.

I often lie awake at night when the world is fast asleep and take a walk down memory lane with tears upon my cheeks.

Remembering you is easy, I do it every day, but missing you is heartache that never goes away.

I hold you tightly within my heart and there you will remain, until the joyous day arrives that we will meet again.

Loved and missed everyday by his family - Christina, Suzie, Julie, Ray and Jimmy.

Grandad, You've always been our anchor of love, our source of strength and our well of wisdom.

Thank you for loving us because we will always love you.

- Evan, Michaela, Aaron, Lee, Jack, Ava and Darragh.

WHELAN*(22nd Anniversary)*

In loving memory of our dear father, Joe Whelan, 46 Heywood Road, Clonmel, who died on 5th April, 1996. R.I.P.

Simple words, but very true, we will always love and remember you. Happy memories we keep forever, of days when we were all together.

From your sons, daughters, grandchildren and great-grandchild.

Mass in St. Marys Church, Irishtown, on Thursday 5th April at 10.00am.

**BIRTHDAY MEMORIES****DROHAN***(Birthday Remembrance)*

In loving memory of Sally Drohan nee Connery, late of 14 Inis Oir, Clonmel, whose second birthday away from home occurs on 5th April.

Happy Birthday in Heaven Sally.

A special time, a special face, a special daughter and sister we can't replace. With an aching heart, we whisper low, we miss you Sally and love you so.

Always remembered love from;

Mam and Dad, brothers Michael and Edward, sisters Mary and Catherine, brother in law Ian, nieces and nephews. xxxxx

**THANKSGIVINGS**

Oh GLORIOUS ST THERESA whom almighty God has raised up to aid and council mankind, I implore your miraculous intercession. So powerful are you in obtaining every need of body and soul our Holy Mother Church proclaims you a Prodigy of Miracles, the greatest Saint of modern times. I fervently beseege you to answer my petition (mention here) and to carry out your promise of letting fall from Heaven a shower of roses. Little flower I will fulfill your plea to be made known everywhere. Amen
Say for 9 days. Many thanks for favours received. MOS

THE MEMORARE

Remember, O Most Gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of Virgins, my mother, to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen S.S.

THE MIRACULOUS PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time is ask You this very special one (mention request). Take it, Dear Heart of Jesus and place it within Your own broken heart where your Father sees it. Then in His merciful eyes it will become Your favour, not mine. Amen. Say this prayer for three days. Promise publication and favour will be granted no matter how impossible (never known to fail) GMC



Memories Live Forever

A bouquet of beautiful memories, sprayed with a million tears, wishing God could have spared you, if just for a few more years.

It does not take a special day, for us to think of you, each Mass we hear, each prayer we say, is offered up for you.

We cannot bring the old days back, when we were all together, our family chain is broken now, but memories live forever.



Munster four-in-a-row for Carrick-on-Suir CBS

CBS SECONDARY SCHOOL 3 SCOIL MUIRE AND IDE 2

Shane McCormack's under 15 Carrick-on-Suir CBS Secondary School team capped off another great season by defeating a strongly fancied Scoil Mhuire and Ide, Newcastle West, side in the Munster Minor Trophy final at Cullen/Lattin FC last week.

The game proved to be very entertaining with plenty of goalmouth action at both ends. Newcastle West settled better and were gaining good ground but could find no way past CBS's well-disciplined back line of Reece O'Mahony, Dylan Casey, Oscar Geoghan and Paudie O'Shea.

CBS were finding it difficult to retain much possession in the early stages, but an early goal from Evan Foley settled the nerves and allowed them to get into the game. A great kick from Kieran Barry in the CBS goal skimmed off a Newcastle West player and deflected out to Evan Foley on the right hand side, who stormed into the box and smashed the ball

into the roof of the net.

Braedon Wheeler was starting to be dominant in midfield, with Pdraig Fahey and Neil Moriarty getting more space to control the game. Francis Roche set up a chance for Braedon Wheeler which drifted wide. Paudie O'Shea was next to try his luck after a darting run but was also off target. Tyler Dunphy was causing plenty of problems down the left wing and as Newcastle West doubled up on him more space was being created.

The free count was very much against CBS and as a result pressure built up again as Newcastle West pushed for an equaliser before half time. The Limerick side came close following a goalmouth scramble but Dylan Casey smothered the attempt at the near post.

CBS extended their lead on the stroke of half time. Braedon Wheeler played a great ball into the channel for Francis Roche, who cut into the box and squared a perfect ball to the on running Evan Foley who finished well at the

far post.

CBS were put under a lot of pressure in the second half, but Jack Hegarty came in to firm up the defence with Ronaldo Kivankufi also entering to put pressure on the Newcastle West backline.

Within seconds, Ronaldo Kivankufi had his first shot which drifted just wide and moments later he had another attempt well held by the keeper.

Newcastle West applied pressure again and a great tackle from Oscar Geoghan kept them out. However, with 18 minutes remaining the Newcastle West pressure paid off as they pulled one back.

The CBS charges showed character and moments later Kieran Barry split the defence once more and Ronaldo Kivankufi was on hand to jump above the on rushing keeper and head the ball into the top corner.

CBS were looking comfortable heading for full time before Newcastle West pulled another goal back to set up a frantic finish. Newcastle West threw everyone forward



as the final whistle never seemed like coming, but Glen Power and Danny Murphy gave CBS some control in possession. After yet another free against CBS in the sixth minute of stoppage time was cleared, the final whistle blew to the delight of the entire squad.

"It is a fantastic achievement for the school to win this competition four years in a row and a great credit to this

team and the teams before them. Our thanks to the clubs who have supported us - Carrick United and Piltown AFC for the use of their facilities over the season," manager Shane McCormack said.

CBS squad: Kieran Barry, Reece O'Mahony, Paudie O'Shea, Oscar Geoghan, Dylan Casey (captain), Braedon Wheeler, Pdraig Fahey, Neil Moriarty, Evan Foley, Francis Roche, Tyler

Dunphy, Danny Murphy, Ronaldo Kivankufi, Jack Hegarty, Glen Power, Liam Eachthigheirn, Senan Campbell, Sean Power, Danny Prout, Karl McCoy, Ryan Comerford, Sean O'Meara, Daryl Hanrahan, Kieran O'Donnell, William Sullivan, Adam Keane, Bill Nolan, Larry O'Shea, Ger Hahessy, Ryan Nolan. Management: Shane McCormack and Alan Casey.

Victory for Rockwell students at the University of Limerick

Rockwell College students were victorious in Munster junior and senior 11's rugby blitzes at the University of Limerick recently.

In the senior competition, Rockwell won their group by defeating Abbeyfeale (Limerick) 4-0, St. Mary's (Nenagh) 5-0 and Salesian College (Limerick) 8-0.

Rockwell then beat Presentation Thurles 4-0 in the final. Rockwell took the match to a much vaunted Presentation side, with Jill Shanahan's pace and Claire Bennett's carrying - ably sup-

ported by Faye Dowling and Ellie O'Sullivan - seeing them over the line.

In the Junior competition, Rockwell overcame St. Anne's Killaloe (Clare) 4-1, St. Mary's (Limerick) 3-1 and Abbeyfeale 7-0 to qualify for the final. They went on to beat Coláiste na Sceilge (Kerry) 5-0 in the final, with tries coming from Lucy Murphy, Orlaith Breen, Caoimhe O'Connor, Karen Bennett and Kate Flannery. Their coaches Polly Murphy and Patrique Kelly are very proud of 'the great achievement for a very

sporting group of committed girls'.

Rockwell senior team: C. Bennett, E. O'Sullivan, A. Stock, F. Dowling, J. Shanahan, L. Dooley, E. Brennan, D. Achimugu, O. Cashman, E. Walsh, O. Noonan, E. Graves, N. Carlos, L. Byron, N. Harrington, E. Magan, M. Leahy, S. Henahan.

Rockwell junior team: L. Murphy, K. Bennett, S. Finnane, C. O'Connor, A. O'Sullivan, K. Flannery, O. Breen, M. Gonzalez, H. Green, I. Polard, E. Daly, S. Parker.



Cashel Community School crowned Munster League champions

CASHEL COMMUNITY SCHOOL 3-12 ST. AUGUSTINE'S COLLEGE DUNGARVAN 2-10.

Cashel Community School's senior camogie team rounded off a fantastic year by beating St. Augustine's College from Dungarvan, County Waterford, in the Munster League final at Leahy Park, Cashel.

Captained by Ciara Moloney, Cashel got off to a flying start with Caoimhe Perdue and Aine O'Dwyer showing their experience in midfield and Sorcha Ryan was very strong at centre back. The physicality of the game was relentless as the girls from both sides battled hard to get

the upper hand.

Cashel came out on top by half time thanks to goals from Leah Baskin and Aoife Linehan, who had worked tirelessly in the half forward line. The scoreline stood at 2-6 to 1-5.

The second half was riveting to watch, with both Cashel and St. Augustine's picking off some incredible scores. With the gap reduced to just a goal for a large part of the second half, the Cashel girls had to battle hard to maintain the lead, with Katelyn Fleming holding strong at full-back.

In the closing minutes, Lauren Horgan - who had already made three fantastic

saves in the goal - trapped the sliotar dead on her hurley from a 21 yard free and cleared her lines. This was a massive boost in confidence for Cashel and the ever dependable Caoimhe Perdue burst out of the half back line, soloing the length of the field and put the ball over the bar. This was followed by a fantastic point from Karin Blair, giving Cashel a more comfortable cushion as the clock wound down.

This was a fantastic way to end the year for many of the Cashel students, who already won Munster honours in ladies football earlier this year.



Cashel Community School celebrating winning the Munster League final.

40th annual Tipperary Golf Club senior citizens party



Moving health, fitness, nutrition and wellbeing in the right direction

Health and Fitness Ireland is a company dedicated and passionate about providing a service that will enhance and improve the quality of our clients lives by putting them back in control of their own health, fitness, nutrition and wellbeing needs through education, advice and motivation. Health and Fitness Ireland's aim and focus is to assist each individual in striving to reach their own specific goal. That goal maybe to lose weight, to mentally feel better, to excel in a sport or become more mobile in your maturing years.

Health and Fitness Ireland have opened a wellness clinic due to the demand of people of all ages needing help. At Health and Fitness Ireland's wellness clinic, we will work with you on a one to one basis in a totally private setting. Health and Fit-

ness Ireland's team of experts will help you reach your goals in any of the following areas: Nutrition - weight loss/weight gain, health screening, food intolerance issues and specialised diets. Exercise - training plans, back to exercise and quality movement programmes, mobility and flexibility, and obesity management. Mental Empowerment - self empowerment/ self help, wellness/mindfulness and resilience, coping skills, stress and anxiety management.

Health and Fitness Ireland give you the tools to help yourself in a very realistic way that you can sustain for the future. Client satisfaction and wellbeing is very important to Health and Fitness Ireland, and they have a fantastic track record of clients reaching their targets.



Our player and athlete development programme will educate and empower you as a

player/ athlete to take your sport to the next level. Health and Fitness Ireland provide

sports nutrition and hydration strategies, along with specialised diets to increase energy levels, increase lean body mass and cutting for weight categories. They also provide functional movement screening; mobility, flexibility, speed, agility, strength and power training, which are very important for young adults going through development phase. Sports psychology, building confidence, performance diaries and goal setting are also provided.

To date, Health and Fitness Ireland have made a major impact with many individuals both young and old in the Munster region. If you want more information on any of the above topics or to talk to one of our team, call 087-4154998 or email healthandfitnessireland@mail.com.

Success for Shane Buckley at Juvenile Indoor Championships

Shane Buckley competed in the boys under 13 600m contest at the Irish Life Health National Juvenile Indoor Championships in Athlone. He won the heat in 1:43.19 and went on to win silver in the final in a personal best time of 1:40.58. Shane has had great help from his coaches John, Michael and Brid Moore; the Wilsons; mentor Gareth McGlinchey who brings him to the Templemore track; and of course his very proud and supporting parents Declan and Triona.

ENNIS 10K

Dermot Hayes placed 3rd overall in a personal best time of 34:25 at the Ennis 10k.

MALLOW 10 MILE

Christina Fryday placed 602nd in a field of over 1,200 at the Mallow 10 Mile. She was 111th Lady over 40 in a personal best time of 1:22:29.

6K SERIES

Five Dundrum AC athletes took part at the first race of the Morrison BMW 6k Series. Club results included



Stephen Ryan, Eamonn Morrissey, John Shanahan Jnr, John McCormack and Michael Browne at the County Novice B Road Championships.

was 39th Laura McCarthy Armstrong (26:31), 45th Noel Casey (27:22), 114th Dymphna Ryan (36:05), 115th Martina Butler (36:10) and 122nd Naomh Dooley (36:40).

COUNTY NOVICE

Hosted by Coolquill AC, the County Novice B Road Championships took place in Ballygarry recently. The ladies raced over 3k and the men raced over 6k. Ladies res-

ults included 6th was Laura McCarthy Armstrong (12:48), 7th Martha Quirke (12:56) and 11th Rebecca Lenehan (13:24). The Ladies won silver in the team event.

Men's results included 6th Eamonn Morrissey (22:14), 10th Stephen Ryan (22:41), 21st John Shanahan Jnr (24:08), 24th John McCor-

mack (24:16) and 33rd Michael Browne (26:52).

STREETS OF KILKENNY 5K

15th Gareth McGlinchey in 16:37 and 107th Noel Casey in 20:28.

EAMONN MOLONEY 10K

12 Dundrum AC ladies competed at Eamonn Moloney 10k, which was the third of four races in the Run Clare Series. Dymphna Ryan finished 2nd lady in 38:53. Next were 11 of Fit4Life ladies who Dymphna coaches. Christina Fryday placed 4th over 40 lady in in 47:56. Other results included Elaine Murphy (54:04), Jan O'Dwyer (54:32), Patricia Moloney (54:53), Colette Alley (58:55), Claire Ryan (1:01:38), Naomh Dooley (1:04:08), Kathleen O'Brien (1:12:01), Mary Shanahan (1:12:02), Lorna Duggan (1:12:02) and Tracie O'Dwyer (1:38:50). A special well done to Lorna Duggan who ran the last 3k in her socks due to her runners giving her hassle.



Christina Fryday at the Mallow 10 Mile Road Race.



Shane Buckley with Dundrum AC coach Michael Moore.



Martha Quirke, Rebecca Lenehan and Laura McCarthy Armstrong at the County Novice B Road Championships.



Dundrum AC ladies at the Eamonn Moloney 10k. Back l-r: Christina Fryday, Dymphna Ryan, Elaine Murphy, Jan O'Dwyer, Colette Alley, Kathleen O'Brien. Front: Mary Shanahan, Claire Ryan, Patricia Moloney, Lorna Duggan.



Dundrum AC's Dermot Hayes (left) was 3rd at the Ennis 10k.

LOCAL SPOTLIGHT

Send Cahir news/photos to caplicetaylor@hotmail.com and Carrick-on-Suir to ammagorrian@eircom.net

CARRICK-ON-SUIR

Swan GAA

Carrick Swan GAA Club received written approval from the Sports Capital Programme following the submission of paperwork required for a provisional grant approval. This means that work can now commence on the field project at Ballyrichard. The field project began at a strategic general meeting in the juvenile hall in November 2012. It has taken five and a half years of hard work by the club to get to this point, and in the coming weeks the field at Ballyrichard will begin its transformation into state of the art facility that will cater for generations to come. The club would like to say a huge thank you to everybody who has helped get this project to this stage.

Due to Tipperary hurlers qualifying for the League Final, the club's South senior fixture vs Killenaule has been pushed back to April 11th at 6.30pm in Monroe. On April 14th, the seniors travel to Littleton to take on reigning County champions Thurles Sarsfields in the first round of the championship. The u12 C team lost to Fethard recently. The u12 A team play Fethard and u12 C team travel to Clonmel to take on Commercials this weekend. On April 5th, the u14s begin their football championship against Grangemockler-Ballyneale on The Green at 6pm. On April 9th, the u16s begin their championship against Grangemockler-Ballyneale in Davin Park at 6.15pm. The juvenile lotto jackpot last week was €2,500. The numbers drawn were 02, 06, 18, 28. There was no winner. Four Match 3s won €50 each. Next jackpot is €2,750.

All in the club were shocked and deeply saddened by the passing of Noel Murphy. "Noel was a lovely, genuine man who endeared himself to everyone he met in life and he will be missed by many. He always had the Swan Club's interests at heart and he was a staunch supporter of the club through thick and thin. We offer our deepest sympathy to Noel's heartbroken family, his wife Tina, daughters Lynn, Helena and Sarah, brother and sisters, sons-in-law, grandchildren and extended family. Carrick Swan would also like to pass on condolences to the Cronin family, Kilsheelan and Lisadell, and the Grace family, St. John's and Piltown, on their recent bereavements," a club statement read.

Athletics Club

Dunhill-Fenor 10 Mile: Four

Carrick-on-Suir AC athletes took part in aid of Crumlin Children's Hospital. Brian Murphy won the race in 56:00. Other club results included 64th Mary Molloy (1st over 35) in 1:14.36, 74th Seamus Ward in 1:16.11 and 219th Geraldine Houlihan in 1:40.19.

Clonmel AC 6k Road Series: James Sullivan sponsored four Carrick on Suir AC teams at the series. The team consisting of Tom Egan(captain), Tommy Falconer, Mary Molloy, Eoghan Coughlan and Darren O'Loughlin finished 3rd in Division 4 on 28th March. The team of Deirdre Power(captain), Mags Power, Ber Glascott, Jackie Dunne and Sinead Dunne placed 4th in Division 5. The team of James Fox (captain), Maura O'Neill, Michael Freaney, John Carroll and Jimmy Power placed 5th in Division 3. The team of Ann Cronin (captain), James Sullivan, Jeff Brophy, Derek O'Dwyer and Sean Dunne placed 7th in Division 2. Michael O'Sullivan and Andrew Downey were part of the Mac Attack team that finished in 7th place in Division 1.

Kenmare Bridge Run: Jeff Brophy finished in 4th place overall in the 5k race in a time 19:12. Easter Bunny 5 Mile Charity Run/Walk Waterford: Brian Murphy won the Christopher Long Memorial Cup in a time of 26:38. Easter Bunny Run at Tullaroan AC: John Carroll finished 6th in a time of 1:14.10.

Clancy Festival

The incredible sight of yarn bombing returns to Carrick-on-Suir this year for the Clancy Brothers Festival Art Trail on the June bank holiday.

Last seen in Carrick-on-Suir on the 2013 Art Trail, yarn bombing is pure artistic expression in the spirit of beautification and fun, and brings colour to urban areas by clothing trees in bright woollen pullovers. With plans to yarn bomb more extensively than before, and with the support of the Lions Club and the Carrick Business Centre, the Art Trail is looking for volunteer knitters. Individuals, community groups, clubs and schools are all welcome. All you need are some basic skills, brightly coloured wool, needles and your imagination. If you can knit or crochet a patch, you can yarn bomb a tree. And if you don't know how to knit/crochet and would like to be involved, you can learn at special urban knitting workshops at Seán Healy Library on Monday mornings at 10am. The finished knitted masterpieces will go on display

throughout Carrick-on-Suir in the week running up to the June bank holiday weekend.

Wool and supplies for knitters will be provided, but donations of wool will be gladly accepted at the library. Suggested dimensions for knitted pieces and further updates will be available in the library and posted up on 'Tudor Artisan Hub' and 'Clancy Brothers Festival Art Trail' Facebook pages. Knitters can drop off their completed pieces to the Tudor Artisan Hub or Carrick-on-Suir Library any time before May 18th. The Art Trail is also seeking new, emerging and established artists and photographers for solo or group exhibitions to participate in the Clancy Brothers Festival Art Trail 2018 from Friday 1st June to Monday 4th June. The deadline for registration is Friday 13th April. Contact tudorartisanhub@gmail.com, drop in to the Tudor Artisan Hub or call 051-640921 or 086-2560609.

Brewery Lane

Brewery Lane Theatre presents 'The Mai' from April 14-21. Written by Marina Carr, the play portrays an accomplished and beautiful woman called 'The Mai' who is deserted by her cellist husband Robert after 17 years. The Mai sets upon building a dream home in the hope that he will return to her one day.

Set in the West of Ireland, the play opens with the return of Robert after fours years. Amidst the turmoil are the 'idiosyncratic characters' of the family. An intense drama, The Mai is an epic tale of love and loss and elusive dreams shattered by inescapable reality. This production is directed by Tom Nealon. Tickets are available from the Heritage Centre on 051-640200.

AGM

Nano Nagle Community Resource Centre AGM takes place on 17th April at 7pm.

Athletics Club

Tipperary County Novice B Road Championships: 11th Eoghan Coughlan (22:49), 19th Miguel Ponce De Leon (24:03) and 25th John Carroll (24:26) took part in the men's 6k race. Wicklow Gaol Break Half Marathon and 10K: Brian Graham (42:30) finished 2nd in the senior men's race and 3rd overall in a field of over 500 runners. Daffodil 5k: Brian Murphy took part in the fun run and walk at Kilmacthomas in aid of the Irish Cancer Society.

Bridge Club

Results from Tuesday Night Bridge Club 13th March - 1st Mary Arrigan and Tilly O'Donnell, 2nd Marie Cooney and Joan English, 3rd Kitty Lalor and Joan O'Sullivan. 88 Bridge Club 15th March - 1st Honora Murphy and Bernie Casey, 2nd Ita Power and Bernadette Cleary, 3rd Maudie Walsh and Kevin Curran.

Ormond Castle

Ormond Castle in Carrick-on-Suir has reopened. Daily opening hours are 10am to 6pm with last admission at 17.15pm. Free admission on Wednesdays. Schools also have free admission under the Free Schools Scheme. Access to the castle is by guided tour only, which lasts 45 minutes. Tel: 051-640787 or email ormond-castle@opw.ie.

Cancer Care and Share

Carrick-on-Suir Cancer Care and Share group meet every Monday from 11am to 12pm at the Nano Nagle Community Resource Centre. All are welcome.

CAHIR

Walk

Knockmealdown Active's promotion of St. Declan's Way saw over 250 people walk the Cashel to Cahir stage of the route recently. The group have been promoting the Irish Camino 100km walk along the St Declan's pilgrim path for many years and a lot of work has been done locally for walkers along the route. "The planning for this day doesn't happen by chance and many people have persevered to date to promote the Cashel to Ardmore pilgrim path. Cahir Tidy Towns, as well as Cashel Tidy Towns, have both constructed focal points in their towns and the St. Declan's Grove in Cahir now comes into a league of its own. Those who donated to this project can now be proud of being part of a fantastic venture. This was a big undertaking by the group who had the vision some years ago to promote the route and be ready for the new Camino," said Cllr. Andy Moloney.

Deer running wild

A motion put before the March monthly meeting of Clonmel Municipal District by Cllr. Andy Moloney will see more signage about stray deer being erected to help motorists. Cllr. Moloney had been contacted by residents in the Kilcoran, Cahir area about the amount of deer wandering along the R639 between Tincurry and Glenarra. "There have been several collisions this year

so far with deers and motorists have written off or badly damaged cars as a result. A lot of deer have been killed also but a lot more have limped away badly injured. While the cost of damage to vehicles continues to rise, we are lucky that we are not dealing with a human fatality instead," Cllr. Andy Moloney said. Cllr. Moloney's said that although the motion may not stop the carnage, it will help reduce the number of accidents and make people aware of the issue.

Country Market

Continues every Friday in the community hall (beside Cahir post office) from 9-11am.

Craft Granary

An art exhibition by New Inn's Sue Bickley and Cashel's Damien McCarrons is free to view until 6th May. Both work with oils and silk. Sue also runs an art group in Cahir.

SafeTALK

A SafeTALK Suicide Alertness for Everyone workshop will take place on Tuesday 17th April in Cahir House Hotel from 9.30am - 2pm. All participants must be over 18 to complete this workshop and there will be a registration fee of €5. Refreshments will be provided. Places are limited. To book a place or for further information, contact 067-44888 or email ecullinan@tipperarysports.ie or info@tipperarysports.ie before 10th April.

Tidy Towns

The Group planted a new flower bed in the Castle car park recently. The Council have erected some new signage near the fish and one sign, which displays a picture of the bronze medal that was won last year. A substantial amount of work has been completed just below the Ice House and it

opens up to another part of the wood for the kids to explore. Members promoted the St Declan's Way walk, which saw over pilgrims descend on Cahir having completed 22.20km from Cashel along the Old Road via Loughkent and Knockagh. Thanks to our partners in the Cahir Men's Shed who were on hand to steward the car parking. Group meets on Wednesdays at 7pm.

Meet and Train

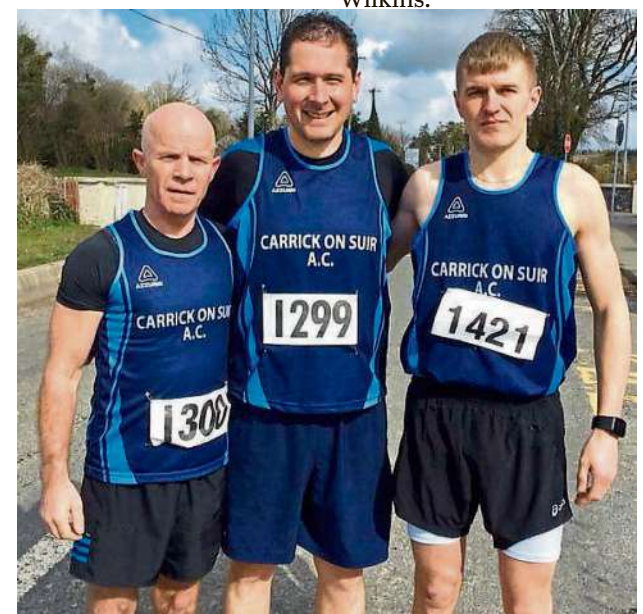
The group provided stewards for the Cashel to Cahir St. Declan's Walk. Congratulations to chairperson Deborah Boles on reaching a milestone birthday recently. Meetings on Tuesdays and Thursdays at 7.30pm.

Ladies football

The club made history on March 30th when they held their first ever Easter Camp for girls aged 8 to 10 years. The club thank Jim Halpin, Mary and Emma Walsh, Brenda Burke, Fiona McEniry, John Murphy, Shane Ronayne and Liam Shinnick for all their help. Cahir beat Templemore in a senior league clash on March 31st. Congratulations to Aisling Moloney who captained DCU to win the O'Connor Cup final, where Aisling was presented with the Player of the Match Award. Congratulations to Shane Ronayne, Alan O'Connor and the senior county players who are unbeaten in Division 2 of the League.

Cahir GAA

The club lost to Thurles Gaels in the County Hurling League 2-09 to 0-08. Recent Draw the Joker winners were Willie Keane, David O'Gorman, Mary Howard and Aoibe Glynn, Margaret O'Connor and Michael Byron. Best wishes to Cathy O'Donoghue, daughter of Hughie and Margaret, on getting married to Mark Wilkins.



Carrick-on-Suir Athletics Club's John Carroll, Miguel Ponce De Leon and Eoghan Coughlan at the County Novice B Road Championships.



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