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'Scandalous driving test waiting times hammering Tipperary'

By **DYLAN WHITE**
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Twitter: @TipperaryLive

Young people in Tipperary are being forced to emigrate over "scandalous" driving test waiting times, "draconian" driving laws and "astronomical" insurance premiums, according to Mayor of the Clonmel Borough District Cllr Richie Molloy.

Average driving test waiting times (in weeks) for County Tipperary include Tipperary Town (15.2), Clonmel (16.7), Thurles (20.2) and Nenagh (17.6). Some drivers in County Tipperary have waited 28 weeks to sit their test, according to Road Safety Authority (RSA) figures.

Mayor Molloy says driving test waiting times and insurance premiums - combined with new legislation meaning that an unaccompanied learner driver is liable to have their vehicle impounded, in addition to up to four penalty points and a fine of up to €120 - are hindering young people entering the workforce.

"Young people and their parents are coming to me saying that the waiting times

are stopping them taking a job. It's impractical and draconian to think that a learner driver must be accompanied by a full licence driver all the time." Mayor Molloy says.

Mayor Molloy is calling for a system where driving test

waiting times are "two to three weeks maximum", continuing: "Minister for Transport Shane Ross should have made sure that more testers were in place before he brought in the unaccompanied learner driver law. If

someone fails their test, they have to sit back and wait months to do it again. It's penalising young people! Almost every job nowadays requires a full driving licence."

More on Page 27



Matilda Stapleton and Julia McHugh were among over 200 book lovers at the annual Tipperariana Book Fair in Fethard Ballroom on Sunday. More in this week's The Nationalist and on TipperaryLive.ie Picture: Joe Kenny

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Annette's Sea of Change cancer choir secure place at Ireland's Got Talent live shows

By DYLAN WHITE
e-mail: dylan.white@iconicnews.ie
Twitter: @TipperaryLive

A County Tipperary mother currently undergoing breast cancer treatment for the second time has made it to the live shows on Ireland's Got Talent.

Clerihan's Annette Hahessy was part of the inspirational Sea of Change choir that left the judges in tears when they auditioned for the talent show in November.

The Dublin-based female choir - which is made up of cancer survivors and those touched by cancer from across the country - performed This is Me, leaving them "shocked" when they got put through to the live shows thanks to Denise Van Outen's Golden Buzzer.

"The judges stood up with tears in their eyes the moment we started singing. We had the place rocking and everyone was so emotional. We couldn't believe it when Denise pushed her Golden Buzzer because we weren't expecting our story to be that strong. They were all hugging us backstage - it was a really great day," Annette says.

The 45 members of Sea of Change joined forces after meeting at a fundraiser last year for Aoiheann's Pink Tie, a national children's cancer charity set up following the tragic loss of an eight-year-old to cancer. Annette and her friends from Clerihan were among the 2,505 women who travelled to Magheramore beach in County Wicklow, setting a world record for skinny dipping while raising over €500,000 to support children suffering from cancer in Ireland and their families.

"It was a very empowering day because a lot of the

women had cancer scars and others had lost a loved one to cancer. Led by Dee Featherstone, a group of the women got together after the Dip in the Nip and decided to start the Sea of Change choir. It all happened so quickly, and now we are rehearsing twice a week up in Dublin for the Ireland's Got Talent semi-finals," an excited Annette says.

Similar to her friends in Sea of Change, Annette's journey to the bright lights of the popular Virgin Media One talent show has been heart-wrenching. Her life did a "somersault" in 2016 when she was first diagnosed with breast cancer. "I can't even begin to describe how devastating and shocking it was when I found out I had cancer. It's unbelievable because you never think it's going to happen to you and when it does your stomach flips out and the room starts spinning," Annette recalls.

Annette underwent four months of chemotherapy, followed by surgery and radiotherapy. Owner of Tumblelots Playschool in Clerihan, Annette was just getting her life back on track when breast cancer returned last November. "Treatment worked very good for me the first time and I got two years of good health.

"I was just starting to build my life again when unfortunately it came back. I was driving up to Dublin to rehearse with Sea of Change for Ireland's Got Talent when I discovered a lump on my neck. Given my history, I was paranoid and got it checked. I'm back getting chemotherapy down in Cork every Friday now, and I would need a magic ball to know what's going to happen in the future. I'm not planning too far ahead, but hopefully things will go well," a positive Annette continues.



Annette with her husband George and their sons Sean, Luke, Ben and Michael. Family and friends have been "amazing" throughout her cancer battle

Annette praises her family and friends for their support throughout her journey with cancer, in particular her husband George and their four sons. "George is by my side 24/7 and is living the fight with me. My sons Sean (23), Luke (20), Ben (16) and Michael (8) are amazing. My really close group of friends in Clerihan, and family in Clonmel and Dublin are also a huge support."

Annette says being part of Sea of Change is "a great distraction" as she battles breast cancer and has made her "a stronger person". She adds: "Ireland's Got Talent has come at just the right time for me. There were days after getting the Golden Buzzer that I forgot I had cancer and had to have a reality check.

"Sea of Change has changed my life. Talking to the women about cancer is like talking to someone else about the weather and it has helped me to open up to people without shedding a tear. I don't know where all this inner strength has come from. Two years ago I would have been bawling crying, but I have really toughened up as a person.

"Cancer is becoming my norm. I'm trying to balance having chemotherapy with rehearsals but it's worth it. I'm on a chemotherapy-free week ahead of the live semi-finals so I will have loads of energy. Hopefully we will go all the way to the final."

Hosted by Lucy Kennedy, Sea of Change's pre-recorded audition aired on Virgin

Media One this month, receiving widespread acclaim from the judges. Denise Van Outen described Sea of Change's audition as "so moving and so inspirational", adding: "I've had a very turbulent two years with my best friend who was diagnosed with breast cancer, so what you just did meant so much and really touched my heart. I think you're all fantastic and an inspiration, and you're everything that this show is about."

Jason Byrne praised the "fantastic" performance. "You're all such brave women and I absolutely commend you. Denise was dead right to hit that Golden Buzzer - you deserve it."

Michelle Visage said the Sea of Change choir are

"changing lives", adding: "We have all been affected by cancer and I lost my mother to cancer, so this was so moving to me in so many ways and I'm so glad that Denise hit the Golden Buzzer for you. That was such a body positive, inspirational number, so keep doing what you ladies are doing."

Louise Walsh tipped the Sea of Change choir, who will star live on Ireland's Got Talent at the end of March, to win it outright. "That was so uplifting to hear that song being sung by so many amazing people on one stage. It was a brilliant song, you're brilliant people and I'm going to say it now - I think you're going to win this competition."

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Clonmel estate agents Dougan/Fitzgerald announce merger with Tom Pollard & Co.

Two of Clonmel's best known estate agents have joined forces to provide a one-stop-shop for their clients.

Dougan Fitzgerald have acquired the business of Tom Pollard and Company in a merger that Dougan Fitzgerald partner John Fitzgerald has described as

positive for both firms.

"This will provide an enhanced property service for Clonmel," Mr Fitzgerald said.

Dougan Fitzgerald will relocate from Abbey Street to the iconic site at the corner of Emmet Street and Market Street, formerly the Penny Bank and also the Banna Chluain Meala bandhall.

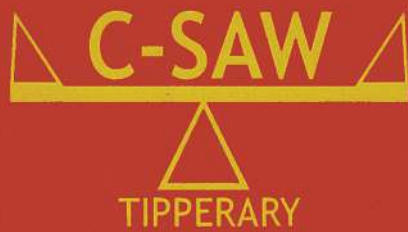
The new business will be

known as Dougan Fitzgerald, incorporating Tom Pollard and Company.

Mr Fitzgerald pointed out that the late Tom Pollard was highly respected in the business and wider community of Clonmel and South Tipperary, and the merger would not only respect and maintain his legacy but build on it.

"Our two businesses were

started around the same time and survived through good times and bad. Between the two, we have built up a strong business in new and second hand houses, commercial property and land sales and now we can offer that expertise to our clients under one roof," said Mr Fitzgerald, who partners the business with Donagh Dougan.



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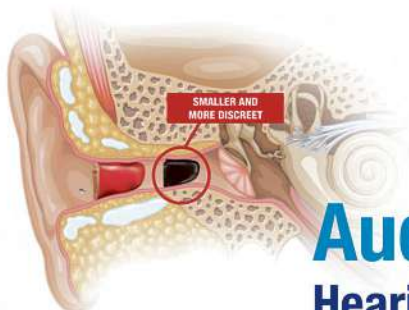
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Step on town plaza problematic for wheelchair users

A "step" on a section of the new plaza outside the re-vamped Carrick-on-Suir Town Hall is making it difficult for wheelchair users and parents pushing buggies to access the municipal building, according to a local councillor.

Fianna Fáil's Cllr Kieran Bourke called on the council to remove the step in a motion tabled at Carrick-on-Suir Municipal District monthly meeting.

One of the main reasons the County Council refurbished and extended the Town Hall was to make it accessible to people with disabilities. The plaza - a raised platform linking the Town Hall with New Street Car Park - was one of the measures designed to make wheelchair users' journey to the municipal building easier.

Cllr Bourke, whose daughter is a wheelchair user, tabled a motion at the meeting calling on the council to carry out works to ensure all areas of the plaza

were wheelchair friendly. It was seconded by fellow Carrick-on-Suir councillor David Dunne.

The council responded that all areas of the new Town Hall Plaza are suitable for wheelchairs and buggies, other than a section of kerbing at the exit from the

car park.

"This kerb was not lowered due to the presence of an Eircom chamber and would have involved excavation of the walls and resetting of a new frame and cover," the council explained.

The statement added:

"The tight work programme during the week of November 19 to 23 last year did not facilitate consultation with Eircom. This matter is now receiving attention as part of snag list items."

Cllr Bourke said he was "disappointed" and "shocked"

at the council's reply. This renovation of the Town Hall had been talked about for years and the project required Part 8 planning permission before it could proceed.

"I don't think it's good enough that you put in a new

structure outside (the Town Hall) and it's not wheelchair friendly. I am calling on the council to get the contractor back as soon as possible."

Cllr Bourke declared the council should admit a mistake was made, face it, get rid of the step and move on.



Residents in Clogheen supported nurses on the picket line outside St Theresa's Hospital last week

Concern that Carrick-on-Suir road project won't proceed

The condition of the N24 at O'Mahony Avenue in Carrick-on-Suir was condemned as "deplorable" at a council meeting and it's feared a project to resurface the road in the town won't go ahead this year.

That was the concern voiced by Fianna Fáil's Cllr Kieran Bourke at Carrick-on-Suir Municipal District monthly meeting where he criticised the state of O'Mahony Avenue and declared the crocodile cracks on it were like

something from the Stone Age.

The district meeting heard Transport Infrastructure Ireland (TII) plans to resurface 3.5km of the N24 in Carrick-on-Suir, but Cllr Bourke said he feared funding won't be allocated to do this project this year because €4m has already been set aside for works on the Clonmel Bypass.

He outlined he was part of a deputation of public representatives that met with TII senior management in Dublin the day before the Dis-

trict meeting. He appealed to the TII for the N24 in his hometown to be upgraded and outlined a shopping list of health and safety projects needed on the route in addition to the main resurfacing project.

APPEAL TO COUNCIL MANAGEMENT

If the TII wasn't going to resurface the N24 in Carrick-on-Suir this year, he appealed to Co. Council management to use whatever influence they had to at least get the health and safety projects carried out. They include

moving the 50km speed sign at Lissadell out as far as the Cottage Boreen on the Clonmel Road, providing a footpath and public lighting on the Clonmel Road out to Cottage Boreen, installing pedestrian crossings at Lidl and O'Mahony Avenue, erect railings under the Pill Road rail bridge, and road safety measures at Scoil Mhuire and the CBS.

District engineer Willie Corby said the council planned to move forward with doing patching repairs on O'Mahony Avenue because

it needed to be urgently carried out. He pledged the council would push hard to secure the improvements to the N24 highlighted by Cllr Bourke.

Cllr Bourke said he was concerned and scared to hear from the district engineer that he was going to move on with repairs on O'Mahony Avenue as this indicated the TII was unlikely to upgrade the N24 this year. He argued the health and safety projects were separate to the resurfacing. He pointed out that he had pushed for the road

safety measures on the Pill Road for five years.

The councillor reminded council officials the Council's former roads director Marcus O'Connor gave assurances in 2015 that funding was secured for this project. There were 800 to 900 children crossing the N24 Pill Road every day, he pointed out.

Mr Corby responded that the TII had a limited budget and the council was in a queue waiting for projects to proceed like every other local authority.

Former Labour councillor Michael Cleere to run for Healy team

A former Labour councillor from Killenaule is to contest the Tipperary County Council election in the Carrick-on-Suir Municipal District as a Workers and Unemployment Action Group candidate.

Former Tipp hurler Declan Fanning from Killenaule launched Michael Cleere's local election campaign in Ardagh House in Killenaule last Saturday, February 9.

Deputy Seamus Healy, who leads the Workers and Unemployment Action Group, said he was delighted to give Michael Cleere his full

support in the local elections.

The Commons native, who lives in Castlequarter, Killenaule, is a former member of the Defence Forces and coalminer at the mines in Ballingarry. He is married to Margaret and the couple have two grown up daughters and four grandchildren. He is well known in Killenaule for his work as a bus driver for the Fethard and District Care Centre for the past 13 years and his community work.

Before joining the Workers & Unemployment Action Group, Mr Cleere was involved in the Labour Party. He contested the 2009 South

Tipperary Co. Council election for Labour in the Fethard Electoral Area but was unsuccessful. However, he was co-opted onto South Tipperary Co. Council in October, 2013 to fill the council seat vacated by Bobby Fitzgerald from Carrick-on-Suir.

He wasn't elected to the new Tipperary Co. Council in the local elections seven months later.

Mr Cleere said he resigned from Labour on the day of the local election count in 2014 because he felt he got no support from the party during his election campaign. He particularly criticised Labour for running a second candidate,

who was geographically close to him, in the Carrick Municipal District election race.

He also felt Labour Party failed to represent working class people when it was in coalition with Fine Gael in the last Government and grassroots Labour activists and councillors like him got the backlash from the voters during the 2014 local election campaign. "Labour were supposed to stand up for the working class but I found out differently," he added.

His top priorities if elected to the Co. Council include development of the mining heritage of the Slieveardagh area for tourism and job creation,



Michael Cleere

the building of more social housing and maintenance of roads and footpaths. Improving pay and conditions

for members of the Defence Forces and nurses and improving health services are his other top priority issues.

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Michael lands post with world mountain group

Clonmel man Michael Maunsell has been elected as the first-ever vice-president for the Union International des Associations d'Alpinisme (UIAA) International Mountain Protection Commission.

The UIAA is the world governing body for alpine climbing and mountaineering. The organisation works for the sustainable development of mountain regions and their communities across the world.

The UIAA, which is based in Switzerland, was founded in 1932 and has a global presence on six continents, working to ensure that the

mountain ecosystems are safeguarded for current and future generations, especially in the protection of mountain river catchments that supply freshwaters to societies across the globe.

Last year, Michael was involved with the UIAA in assessing and grant-aiding a Biogas project in the Himalayas, aimed at turning human waste from tourists into gas for local communities. This waste normally ends up contaminating glaciers and local water supplies used by local communities for drinking washing and cooking.

The UIAA co-operates closely with governments

and international organisations - including the UN Food and Agriculture Organisation and the UN World Tourism Organisation - on issues including biodiversity, climate change, ecosystem services and sustainable development.

The UIAA works with scientists on research and publishes papers on environmental issues, and regularly participates in UN and other international conferences.

GUEST SPEAKER AT A UN CONFERENCE

Michael will be representing the UIAA as a guest speaker at a UN conference in

Germany in March and in Azerbaijan in May on global climate change issues and their impacts on society.

In 2014, he became a Fellow of the Royal Geographical Society. Michael, who lives in Russelstown, Clonmel, works as a science lecturer in the Department of Applied Science at Limerick Institute of Technology on a BSc (Honours) Environmental and Geographical Science programme.

This time last year, he and Matt Joy from Killenaule conducted the first-ever research on mountain plants and geology on the Howling Ridge approach to Carrantuohill, Ireland's highest mountain.



Clonmel's Michael Maunsell with president of the UIAA Mountain Protection Commission Carolina Adler

New spaces earmarked for Clonmel car park

It's hoped that work on the new car park at Davis Road, Clonmel, will start later this year.

The car park, which is part of the overall masterplan for the former Kickham Barracks site, will have 120 spaces. These will include 65 for the new Limerick Institute of Technology (LIT) campus and 55 public spaces.

There will be a single-lane entrance to and a double-lane

exit (so that traffic can turn left and right) from the car park. That entrance and exit are located on the site of the former Burke, Higgins and McNulty steelworks site, opposite The Showgrounds Shopping Centre.

The site covers 1.1 acres and is located 50 metres from the roundabout on the Davis Road at The Showgrounds Shopping Centre.

The project was given the green light at a special meeting of Clonmel Borough

District Council, when district engineer Eamon Lonergan said it was hoped that work would start by the end of the year.

Funding for the car park had been included in the URDF (Urban Regeneration and Development) fund which was made available before Christmas, and they were under a tight timeframe to spend that money, he said.

Cllr Pat English said that while he supported the car park, he had serious con-

cerns about traffic flow and congestion in the area. However, he was glad that the concerns of nearby residents had been addressed.

A POSITIVE DEVELOPMENT

Cllr Michael Murphy said the car park was a positive development and was a sign that the entire Kickham Barracks project was starting to come together. It was important that the sod would be turned on the public realm part of the site.

Cllr Murphy suggested that a roundabout would be better than traffic lights at the nearby location of The Mall on Davis Road. He said the flow of traffic would be substantially better with a roundabout, which was the case with the roundabout at the end of Parnell Street, where there was an excellent flow of traffic.

Cllr Siobhan Ambrose said the car park was a wonderful development and a very positive message that

Clonmel was open for business. It would be a marvellous asset and amenity for Kickham Barracks.

It also had the support of nearby residents, many of whom were elderly, and who had difficulty parking outside of their front doors when there was an overflow from the car park at The Showgrounds.

District Mayor Richie Molloy also welcomed the car park, which he said would be a big addition to the town.

Cycle to cherish Sarah Dillon's 'short but very full life'

A group of leisure cyclists will gather at the Clonmel Park Hotel to embark on a two-day cycle to honour the memory of beautiful Sarah Dillon who passed away suddenly in April 2014, aged just nine.

The cycle, taking place on February 23 and 24, is organised each year as a training spin for the annual Tour de Munster four-day cycle in aid of the six Munster county branches of Down Syndrome Ireland.

Sarah, along with her parents Trisha McGrath and Brian Dillon, have been an integral part of both events. "Sarah touched so many lives in a very special way that it was only fitting that her beautiful memory should be honoured and remembered," says Tour de Munster organiser Paul Sheridan.

An open invitation is extended to all cycling enthusiasts to join the cycle and share the journey to honour Sarah's memory.

There are two main routes on Saturday. On the 60km route, cyclists will travel from

Clonmel Park Hotel to Fethard, Cashel and back to the Park Hotel via Rosegreen and Clerihan.

The 90km cycle will follow a route from Clonmel to Fethard, Killenaule, Dualla, Cashel, Cahir, Ardfinnan and back to Clonmel, with a lunch option in Cashel.

On Sunday, the cyclists will proceed from Clonmel to Carrick-on-Suir, through Rathgormack and back to Clonmel in a 65km loop, with an option to climb Seskin Hill.

Registration, which begins at 9am each day, is free. Voluntary donations to Down Syndrome Ireland's Tipperary branch will be gratefully accepted. Both stages will commence at 10am.

All interested cyclists are requested to check out the Down Syndrome Tipperary Facebook page for cycle routes and further details.

Down Syndrome Tipperary is very grateful to the Which Way Now Crew for their stewarding and marshalling of this event each year. Thanks are also extended to The Bike Doctor, Richie Burke and Dee Hou-



Looking forward to Sarah's Cycle are Mary O'Flynn, Annmarié Keane, Sarah Kenny, Des Dillon, Millie O'Flynn, Trisha McGrath, Des Dillon, Noah O'Flynn and Marie Kenny, along with Joe, Cillian and Conor Keane

lihan for their help along the route. Sureprint has once again sponsored posters and flyers advertising Sarah's Cycle and for this the organisers are very grateful.

Down Syndrome Ireland is a voluntary organisation and its main objective is to ensure that each individual has the opportunity to develop to his/her full potential. Ser-

vices provided include speech and language therapy, educational tutoring, fitness and art therapy, cookery, computer and dance classes, along with a host of supports and resources for members and their families. This all takes funding and through the support and great work of the cyclists more people with Down Syndrome will be

helped in a practical way.

"Sarah was so full of life. She loved to dance and was a member of the On Your Toes Dance Group in Clonmel, winning many trophies and she loved the costumes, the glitz and the sparkle of it all. Sarah was so proud of herself having mastered the one-handed cartwheel," organisers say.

"She also played football with Clonmel Town's Football for All and was a member of the Dolphin Swimming Club.

"We will cherish the memory of Miss Sarah Dillon, with her cheeky grin and sparkle in her eye, and remember to speak her name and celebrate her very short but very full life."

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Ref: J0015



General:

- John Morrison Motors Ltd. owns a state of the art premises at Cork Road, Cahir, Co. Tipperary and is an approved BMW and MINI Retail Centre for both sales and aftersales.
- Applications are now invited for the position of Apprentice Mechanic/Technician.

Duration:

- The apprenticeship will be approximately 4-4½ years in duration. During this period the successful candidate will undergo 7 discrete phases of training consisting of both "on-the-job" and "off-the-job" training.

Hours of Work / Salary:

- Weekly Hours: Standard of 40 (9am to 5.30pm, Monday to Friday). But workload may dictate different hours.
- Salary will be appropriate for the position.

Main Duties:

- The successful candidate will undergo a comprehensive training program during the apprenticeship.
- On-The-Job training will consist of:
 - (1) Servicing Vehicles - in accordance with manufacturer's standards and procedures.
 - (2) Diagnosis - Fault finding, recommending repairs and carrying out repairs.
 - (3) Warranty repairs - to BMW/MINI standards.
 - (4) New Car Inspections.
 - (5) General workshop training - safety, environmental, job card write ups, use of equipment, time management, recording of time, vehicle electronic systems.
 - (6) Weekly Workshop and Valet Bay Cleaning.
- Off-The-Job training will consist of:
 - (1) Classroom training - Mainly theoretical including maths and science.
 - (2) Practical skills training relating to the role of technician.

Requirements:

- Over 18 years of age.
- Grade D or above in 5 Leaving Certificate subjects. High grades in maths, English and science or technical subjects will be given special consideration.

Personal Characteristics:

- Practical ability with a high level of technical knowledge.
- Physically fit with the ability to stretch, lift and bend. Nimble fingers to handle small parts and hand tools.
- Punctual, enthusiastic, positive and willing to learn.

Application:

Anyone interested in applying should submit a CV and coverletter to hr@morrisonbmw.ie no later than Monday 11th March 2019.

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Nominations now open for the Eileen Anderson Award

Nominations are now being sought for a Tipperary award that honours people who carry out invaluable voluntary work in their community.

The 2019 Eileen Anderson Unsung Hero Award will be awarded to this year's recipient at a ceremony on Friday, March 8, in Clonmel Town Hall. Previous winners include Martin Fennessey, Michele Meagher, Bridie Norris, Dermot O'Connor, Patsy McGurk and Amanda Quigley.

The annual award is presented in memory of the late Eileen Anderson, who was deeply committed to community development, social inclusion and voluntary work in her native Clonmel and in particular her community of Cooleens Close.

This year the award is supported and sponsored by Clonmel Borough District Council and Clonmel Rotary Club, both of whom are delighted to continue the acknowledgement of Eileen's contribution to the community and voluntary sector.

Speaking at the launch, Clonmel Mayor Richie Molloy said he is delighted that the initiative is being run again this year, as it is a great opportunity to show appreciation for the work being done by committed individuals in the community.

He extended invitations for nominations from Clonmel, Cahir, Ardfinnan, Clogheen, Ballyclerihan, Kilsheelan and the wider Borough District.

President of Clonmel Rotary Club Joe O'Sullivan is calling on all groups within

the district to submit nominations for the award, acknowledging the work, efforts and impact of local volunteers in their community.

Clonmel Rotary Club member Darren Ryan, who initiated the award back in 2011, said he was delighted that the Borough District Council and the Rotary Club were again working in partnership this year.

Clonmel Rotary Club is particularly delighted to be involved this year as they are celebrating their 50th anniversary and are looking forward to working on further enhancing this award in honour of Eileen.

The criteria for eligible nominations are based on four categories of assessment which include community-based person, level of community involvement, commitment to community life and commitment to develop community spirit.

Nominations are welcome for those aged 18 years and older. While there are no specific application forms, initial nominations are simply requested to be submitted in writing - in no less than 100 words and no more than 500 words - for the initial adjudication process.

Written submissions, in a sealed envelope marked Eileen Anderson Award 2019, can be handed into the Customer Services Desk, Tipperary County Council Offices, Clonmel, or nominations can be emailed to unsunghero@tipperarycoco.ie.

The closing date for the receipt of applications is 4.30pm on Friday, February 22. Further information is available from Darren Ryan on 086-8414432.



A gala concert at Hotel Minella raised over €8,000 for South Tipperary Hospice. At the presentation of the cheque - seated l-r: Sean O'Donovan (event organiser), Phil Kehoe (chairperson, South Tipperary Hospice), Liz Nallen (Hotel Minella), Danny Carroll (musical director). Standing: Ruth Butler (publicity), Aine Ryan (programme advertising), Michael Kiely (stage manager), and Angela Keaveney and Gail McGrath (sponsorship)

Beds needed for Cycle Against Suicide participants

Registrations are now open for Cycle Against Suicide's annual cycle, which takes place from April 27 to May 6, and includes a Cashel stopover on May 3.

Cycle Against Suicide is an awareness charity that makes a valuable contribution to the public education of mental health by changing the narrative surrounding suicide.

Cycle against Suicide operates a homestay programme that sees people and families from across Ireland open their doors to participants of the cycle each year, providing them with a warm

meal, a chance to freshen up and a bed for the night. This provides the opportunity to lend your support without necessarily having to get on a bike.

The national co-ordination team is trying to put a homestay co-ordination team into Cashel in order to secure a homestay for 200 cyclists and back up crew. Over the last number of years, community groups have come together to secure and allocate the beds needed for the overnight stop.

Contact homestays@cycleagainstsui-cide.com for more information.

Civic reception to be accorded to Carrick Christian Brothers

Carrick-on-Suir Municipal District has decided to accord a civic reception to the Christian Brothers, honouring their contribution to education in Carrick-on-Suir.

The district's highest honour is being accorded to mark the departure of the last Christian Brothers from Carrick-on-Suir last summer following the sale of their Monastery house on the Pill Road.

Carrick-on-Suir Municipal District administrator Martin Nolan announced plans for the civic reception at the January meeting of the district's councillors. He said the provisional date for the function in the newly refur-

bished Town Hall is May 1.

The departure of the last three Christian Brothers from Carrick-on-Suir last August ended the religious order's 213 years presence in Carrick-on-Suir.

The Monastery on the Pill Road, renamed Brú na Cruinne Cosmology and Spirituality Centre in more recent years, had been the order's Carrick-on-Suir home since 1805. It was the second CBS monastery founded by Edmund Ignatius Rice.

The Christian Brothers legacy in Carrick-on-Suir lives on through the Greenschool Boys Primary School and Edmund Rice Secondary School, which they founded.

IDA 'actively marketing' Tipperary town for investment

The Industrial Development Authority has said it actively markets Tipperary town for investment. It was responding to a call for Cllr Tom Wood for greater foreign direct investment in the town.

Cllr Wood wrote to IDA regional business development manager Brendan McDonald. Mr McDonald replied that IDA Ireland actively

markets Tipperary town and county as part of the south east region.

He said that in working to attract foreign direct investment (FDI) to the town and county, it markets both its own IDA properties and privately-owned commercial property which is suitable for FDI.

He cited as an example the the Sky Innovation Park in Tipperary

town which it gives details of to prospective clients seeking office or manufacturing space, targeting, in particular, large scale investments that require a property solution of scale.

"Tipperary town is considered a cost effective location for enterprise and our overseas teams actively market the town as such," he said.

"Attracting foreign direct investment into Tipperary, as with all regional locations, remains a challenge as multinationals seek to locate in larger urban areas where there is critical mass with the ready availability of a skilled workforce to call on and with good access and well developed infrastructure."

He said that despite the chal-

lenges posed by the current geopolitical and economic climate in which every investment for Ireland is hard won, the IDA continues to work to attract investment to the town and county and is actively engaged with the Co Council and local stakeholders to present the best value proposition to investors.

Pride organisers hand over funds to Autism Group

Members of the Pride of Tipperary committee were delighted to present a cheque for €3,170 to the Tipperary Town Autism Group from the events held at the Pride of Tipperary festival in 2018.

"It is with great pleasure that we present this cheque to the Tipperary Town Autism Group," said Pride committee member Sharon O'Dwyer.

"The ethos of the Pride of Tipperary annual festival has always been based on raising money for local charities."

The Tipperary Autism group were having a ball at their Christmas party for children and their families at the Cappawhite Resource Centre when they paused to accept the cheque.

Sharon Lowry-Sheehan from the Tipperary Autism Group is very grateful for the amount raised. "This is an amazing amount of money that will be put towards more activities throughout the year for our children, including a personalised summer camp to meet the physical and



Tipperary Town Autism Group members receiving a cheque for €3,170 from the Pride of Tipperary festival committee

sensory needs of our children, providing a sense of community for them despite their disability. And most importantly, to continue to provide peer supports for each other.

"Thank you again to the Pride of Tipperary for choosing us as their beneficiary charity for 2018 and thank you to everyone around Tipperary who supported the Pride of Tipperary events."

Rosegreen's Denise Manton 'excited' after landing top job

Rosegreen's Denise Manton has been appointed business development and commercialisation manager of Lero, the Irish Software Research Centre.

Denise replaces Tipperary man Joe Gibbs, who has been appointed general manager of the Science Foundation Ireland backed organisation

Denise attended Cashel Community School before graduating from Cork Institute of Technology with a BSc in Computer Applications. She later went on to obtain an MSc in Technology Management from UCC.

University of Limerick headquartered Lero, which works with multinational and indigenous companies, harnesses 200 software researchers from nine third level institutions including all of the Republic of Ireland's universities.

"Lero is recognised as a world class software research resource, which can be accessed by indigenous and multinational companies," she says.

"Every sector of Irish business, from agribusiness to healthcare or manufacturing to services, relies on software to increase competitiveness both on a local and interna-



Denise Manton has been appointed business development and commercialisation manager of Lero

tional platform.

"This is an exciting opportunity as Lero is involved in cutting edge software research from driverless cars and automation to artificial intelligence and cybersecurity."

Denise was formerly technology gateway manager of TSSG, an ICT research centre, and prior to that held senior management roles in the technology and life science sectors.

She has also worked as an engineer and technical lead on large scale control system and automation projects for multinationals such as Janssen Pharmaceuticals and MSD.



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Comhairle Contae Thiobraid Árann
Tipperary County Council

BURIAL GROUND MAINTENANCE GRANT 2019

Burial Ground Committees in Tipperary are invited to apply for Maintenance Grants under the 2019 Scheme. The purpose of the Grant Scheme is to provide funding to Burial Ground Committees who carry out burial ground maintenance works. The Local Authority would like to acknowledge the excellent work undertaken by these voluntary committees.

Each Burial Ground Committee will be awarded a grant on the basis of the number of applications received and the funding available.

Grant Qualifying Criteria:

- Registered with the Tipperary Public Participation Network (PPN Registration No.).
- Copy of current Bank Statement

All applications will be assessed during the Summer of 2019.

Closing date for completed applications is Wednesday, 13th March, 2019. Please return to the relevant Municipal District highlighted on your application form.

All works in burial grounds carried out under the Scheme must comply with Department of Arts, Heritage and Gaeltacht – Historic Monument Service requirements. These are detailed in a booklet called "The Care and Conservation of Graveyards" available on the Tipperary County Council website www.tipperarycoco.ie

Forms for **New Applicants Only** are available from:

Aine Brett, Environment Section, Tipperary County Council, Civic Offices, Clonmel, County Tipperary.
Tel: 0761 06 5000 aine.brett@tipperarycoco.ie

and also on the Tipperary County Council website www.tipperarycoco.ie

TIDY TOWNS GRANT SCHEME 2019

Applications are invited from Tidy Towns/Community Groups, under the above Scheme for projects/work carried out in 2019, which will enhance the appearance of the local area/village/town.

Eligibility:

- Applicants must be a recognised Community/Tidy Towns Group involved in activities to enhance and improve the appearance of the local area/village/town.
- All applicants must submit a one page Action Plan for their area.
- Grants will be awarded on the basis of the number of applications received and the funding available.

Grant Qualifying Criteria:

- Registered with the Tipperary Public Participation Network (PPN Registration No.)
- Copy of current Bank Statement
- Copy of Insurance Cover Certificate

Closing date for completed applications is Wednesday, 13th March, 2019. Please return to the relevant Municipal District highlighted on your application form.

Forms for **New Applicants Only** are available from:

Aine Brett, Environment Section, Tipperary County Council, Civic Offices, Clonmel, County Tipperary.
Tel: 0761 06 5000 aine.brett@tipperarycoco.ie

and also on the Tipperary County Council website www.tipperarycoco.ie

Celebrating wetlands

Wildlife Matters

Albert Nolan

World Wetland Day was celebrated on February 3, and I was invited to Cabragh Wetlands to help lead a walk.

I normally wouldn't travel too far on a Sunday, but the centre does tremendous work with schools and communities raising awareness around nature, and it was great to be able to support them. I joined Sean Gleeson, Eamon Brennan, Tom Gallagher, Michael Long and Jimmy Duggan and it was brilliant to be able to learn from these very knowledgeable and enthusiastic environmentalists.

The wetlands is situated near the town of Thurles on the Holycross road. The first class visitor centre has evolved around the old tailings pond from the sugar beet factory and was destined to become a dump. Luckily the values was recognised and the wetlands were protected for future generations. Schools from across Tipperary can know learn about nature and the environment in the beautiful surroundings of Cabragh Wetlands.

I arrived early, and over tea and biscuits we sat in the comfort of the visitor centre while watching the birds. Sean had put up feeders along the hedgerow and they were full of birds. A metre long feeder full of sun flower hearts had attracted a charm of goldfinches. Their bright colours were a great boost on a cold spring's day. The nut feeders were guarded by great tits and housesparrows, and there was also a few greenfinches. These species appear to making a comeback.

We started off the talk indoors, and the telescope was set up to kid level so that they could examine the birds. Keeping your feeders near the house increases your interaction and enjoyment, and also serves as a visual prompt to top up.

Next we headed outside for a walk around the wetland. Everyone naturally gravitated towards the lake. It was half frozen, and there were a dozen mallards on the open water. We pointed out the dull brown mummies and the brighter males with their bottle green heads. One young boy spoke up that they were male and female - the awareness of young people through school and home life is another major generational change. I also learnt that it is mainly the females that quack.

Planting for nature will encourage in more birds. A thick hedgerow or woodland edge provides shelter/food and a safe place to hop into if a cat or hawk appears. There are also good native trees suitable for wet ground. Alder, willow and birch will attract hungry flocks of siskins and redpolls, who will search through the branches for seeds and insects.

Tom gave a lovely description of the function of a wetland. They are like the kidneys of the countryside, and help filter out impurities in the water. He also talked about the barn owls, and for the last several years this pair have successfully raised chicks in the barn owl box.

As we walked along we could hear a dunnoek calling, and a flock of lapwings languidly flew over the wetlands. The scent of wild mint wafted up with each step. By the edge of the path, the stems of the

rare summer snowflake were just peeking up. Those with no wellies soon learnt the true meaning of a wetland.

From spring to autumn, the wetlands are carpeted in a profusion of wildflowers. Marsh marigold, purple loosestrife and meadow sweet make this a rich habitat for bees, butterflies and moths. I was handed a reed with a caterpillar sticking out. He would have overwintered here, and is relatively safe from birds. Insects feed birds like resident wrens and summer swallows, and they are vital in the overall food chain.

After the walk there was a very welcome cup of tea and cake, and the opportunity to chat. Sharing our experience and stories around nature is important as it helps build awareness and actions.

I only stayed for a short while as dinner and preparation for school needed to be done. Some of the more energetic souls went pond dipping with the kids, and this activity is another amazing journey of discovery.

Upcoming event

Shake off the winter blues with a visit to the bird hide at Ashton Callows on the River Brosna. Meeting at Birr Castle at 2pm on February 24. Bring wellies or strong boots and a warm clothes. Please contact the Tipperary Birdwatch branch nearer the time to confirm event is going ahead.

Comments/questions to albert.nolan@rocket-mail.com or 089-4230502. Albert is also available to give walks/talks to schools, tidy towns, youth and community groups.

Rainy Day games to beat pet boredom!

Rainy Days? Here are five indoor games for you and your pet to beat boredom

House pets want to be challenged both physically and mentally, regardless of the weather outside. Disruptive behaviour can be the pay-back for boredom. So that it doesn't come to this, dog owners can be brought into play. The experts at Maxi Zoo have put together five indoor games for pets.

1. INTELLIGENCE GAME

Nowadays retailers offer a wide choice of board games which challenge the instincts of our four-legged friends for play and food. For dogs there are some really tricky mental

The new Domestic Violence Act brings a number of changes

John M Lynch

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PSYCHOLOGICAL ABUSE REFORM BY THE DOMESTIC VIOLENCE ACT 2018

The Domestic Violence Act 2018 took effect on 1st January 2019 and has brought some welcome reform to the law governing domestic violence.

It provides for additional protections for victims of domestic violence by broadening the scope of Safety, Protection and Barring Orders, reintroducing Emergency Barring Orders and creating a new offence to deal with psychological abuse.

WHAT IS DOMESTIC VIOLENCE?

Domestic violence refers to the use of physical or emotional force or threat of physical force, including sexual violence, in an intimate relationship. As well as physical violence, domestic violence can also involve; emotional abuse, the destruction of property, controlling behaviour such as isolation from friends, family and other potential sources of support, threats to others including children, stalking and control over access to money, personal items, food, transportation and communication.

SO WHAT'S NEW?

The new Act brings in a number of changes seeking to protect the victims of Domestic Abuse. We have previously written on the range and scope of Barring Orders and Safety Orders and the new act has expanded these. In addition we now see the creation of a new offence, coercive control to deal with psychological abuse.

COERCIVE CONTROL (PSYCHOLOGICAL ABUSE):

One of the key provisions introduced by the new act is the recognition that violence is not always physical. To this end the new offence of coercive control has been introduced which is intended to deal with threatening behaviour, intimidation or humiliation, amounting to psychological abuse.

EMERGENCY BARRING ORDERS:

The act has reintroduced the Emergency Barring Order. An emergency barring order requires the violent person to leave the home, and prohibits the person from entering the home. This is an immediate order where there is reasonable grounds to believe

there is an immediate risk of significant harm to you or a dependent.

Unlike an interim barring order, the applicant does not have to satisfy the property test to be able to get an emergency barring order. This means the applicant does not need to own, co-own or have their name on the lease of the property. An emergency barring order can last for a maximum of 8 working days. It prohibits the same behaviours as a barring order.

LOOKING AHEAD

Recognising coercive control as a crime is an important step forward as victims suffer great harm by having their self-esteem eroded and living in constant fear. Ultimately the legislation will only be truly effective if the Garda Síochána are given the training and resources to recognise and combat psychological abuse and coercive control.

For further advice or if you wish to discuss any other legal area please contact reception@lynchsolicitors.ie or telephone 052-6124344.

The material contained in this blog is provided for general information purposes only and does not amount to legal or other professional advice. While every care has been taken in the preparation of the information, we advise you to seek specific advice from us about any legal decision or course of action.



A swan pictured at Cabragh Wetlands, Thurles

'Horrendous dumping is attracting rats and mice'

By EAMON WYNNE
e-mail: eamon.wynne@nationalist.ie
Twitter: @TipperaryLive

The dumping of household refuse and other rubbish near a centre that caters for people with intellectual disabilities has been described as "horrendous".

Colette Basquille, whose 22-year-old daughter Sarah is a service user at the Rehab-Care centre at Bridgewater House in Clonmel, says that the problem is getting worse and is a health hazard.

"What's going on is just horrendous", she says.

"The rubbish is attracting rats and mice from the

nearby riverbank, as well as wild cats, and they are all tearing at the bags."

She had recently seen a cat eating a dead animal, although she was unsure if it was a rat, a mouse or another cat.

She says that her daughter has been attending the centre for the past two years. "Her immune system is low enough without the risk that this rubbish is posing to her health."

Some of the service users are wheelchair-bound and the bags of rubbish sometimes block the path that they use to access the centre.

As well as household rubbish, she says that discarded

furniture is also being dumped there.

However, she says that many of the nearby residents are using the bins provided to dispose of their rubbish.

Council staff cleared the rubbish last week, but more dumping took place this week. "Anyone with any consideration for other people wouldn't do that," she adds.

Miriam Cleary, community services manager with RehabCare, agreed that the problem was worsening and was a health hazard for the 32 service users, eight staff and four others who worked on Tús and Community Employment schemes.



Householders to be questioned by inspectors on rubbish disposal

Tipperary householders will soon be questioned by litter inspectors as to how they dispose of their rubbish, heard this month's Cashel-Tipperary municipal district.

Director of environment services at Tipperary County Council Sean Keating said they had adopted new waste management bylaws at the end of last year, and will be carrying out inspections on individual households regarding refuse.

The burial grounds at

Waller's Lot in Cashel and Donohill had attracted illegal dumping. Some six littering fines had been handed out in the district in 2018, combined with anti dog-fouling initiatives in Cahir and Clonmel.

Huge improvements have been seen along the River Ara in Tipperary Town, and County Tipperary has also adopted a new climate adaptation strategy, added Mr Keating.

Cllr Michael Fitzgerald claimed the council is unable to stop the scourge of ongoing littering in the county. He said the Thomastown to Bansha

road seems to be a particular target for dumping, with old tyres, mattresses and cookers thrown out.

"It's a disgrace. People indiscriminately doing things like that is not good enough."

Cllr Fitzgerald suggested an initiative whereby one day a week would be designated a 'free day' to legally dispose of rubbish in local waste management facilities.

Meanwhile, election candidates were asked to confine their posters to areas not being judged in the tidy towns contests. With 467 complaints, it shows that "people

really do care about their environment," said Cllr Denis Leahy.

An inspection of the River Ara had found 26 mobile phones in one area. The disposal of old mattresses is especially difficult as they have to be broken up using expensive equipment that the council cannot afford, explained Mr Keating. The mattresses take up a lot of space in local landfills, and space in these landfills is already scarce.

"Some individuals have no sense of community, and are dumping even in the most

scenic parts of the Glen of Ahlerlow," added Cllr Leahy.

Cllr Mary Hanna Hourigan suggested a total ban on election posters. "I think they are a blight to the countryside completely."

Cllr Roger Kennedy said there was a lot of dumping between Dundrum and Tipperary Town. The people who are dumping are not doing so "outside their own door" but travel elsewhere to do so.

Cllr Tom Wood said the only way to enforce the dog fouling laws was to have an enforcement officer catch somebody in the act by

patrolling areas where dog fouling is common.

Cllr Martin Browne called attention to certain banned species of dogs being reared in local estates. Some are being walked around "without muzzles".

Mr Keating said they cannot legally ban posters. Posters are considered a form of litter, but there is a special exemption to allow election posters go up at election time.

Mr Keating said that in relation to dogs there is now an awareness campaign to ensure licences are enforced.

Derelict properties in Carrick-on-Suir to be demolished

Tipperary County Council is to demolish two derelict buildings it owns in Carrick-on-Suir and incorporate the sites into two existing local authority car parks.

One of the buildings is located along the Quay next to the Strand Car Park and the town's marina, while the other is located at the rear of Carrick-on-Suir Garda Sta-

tion next to the Greenside Car Park.

Carrick-on-Suir Municipal District engineer Willie Corby announced the council's decision at the monthly meeting of the district's councillors in Carrick-on-Suir Town Hall after Fianna Fail Cllr Kieran Bourke complained again about the derelict council

building near the Strand Car Park. The building was formerly used by the council's roads department.

Last year, Carrick-on-Suir's two councillors condemned the property as an eyesore and called on the council to demolish it.

Mr Corby told them at the time that the council first had to go through a process of of-

fering it for alternative uses within the County Council and then within the public service. He reported back to the municipal district's monthly meeting two weeks ago that this process was completed and no other council department of public service had a use for the building and it was deemed not to be really of sale value.

Mr Corby said the council plan to knock this building and council property at the rear of Carrick-on-Suir Garda Station and incorporate the sites into the adjacent car parks.

The council hopes to fund the demolition work from its 2019 roads programme.

Sinn Féin's Cllr David Dunne welcomed the

council's decision to demolish the old roads section building. He proposed the council erect signage to advertise the Strand Car Park as it was often nearly empty of vehicles.

District engineer Willie Corby said he would take note of Cllr Dunne's proposal about the car park signage.

Cashel Chamber of Commerce concerned at rising cost of insurance for local businesses

President of Cashel Chamber of Commerce Martin Lynch has expressed concern at the rising cost of insurance for businesses, following contact from "a number" of local businesses in Cashel over the last couple of months.

"A number of businesses have been in contact with me expressing concern and frus-

tration after they have received their Insurance renewals. While these concerns are across all business sectors, they are most notably from a number of local publicans, hairdressers and restaurateurs," he said.

"On a daily basis, business owners are crying out for action on the rising costs of insurance and in particular the

continuous rise in public liability insurance. These increases are putting local businesses under financial pressure, with the risk of business closures and job losses a genuine fear for many.

"However, until the Government issues legislation or guidelines to tackle fraudulent insurance claims in a bid

to tackle the high cost of insurance, business owners are without doubt facing yearly insurance premium increases."

Mr Lynch said local businesses are the backbone of the economy and provide much need local employment. "The Government's decision to increase the nine per cent VAT rate for the hospit-

ality sector to 13.5 per cent since January 1 was already a serious blow to local businesses. These businesses need support, they need Government to tackle the rising cost of insurance and in particular the need to address fraudulent insurance claims, which has resulted in a profound rise of insurance premiums."



Cashel Chamber of Commerce president Martin Lynch

'Fight for the Leaving Cert grade you deserve'

A Clonmel student who discovered that two of her Leaving Certificate examination papers had been incorrectly marked has urged other students to follow her example and get papers re-checked if they think they have been unfairly treated.

Alia Sheikh received five H1s and two H2s, equating to 613 points in her Leaving Cert, enough to pursue her chosen career in medicine.

"A form accompanying the results allowed for the re-viewing of marked scripts in the school. Although happy with my grades, I wanted to avail of the opportunity to view my scripts and to analyse where I had been penalised and why," says Alia, who embarked on a lengthy process that eventually bore fruit, bringing her final points total to 625.

And her advice to student now preparing for their Leaving Cert? "If you aren't satisfied with your grade but know that you worked hard and knew what you were doing when you tackled the questions on your exam, then keep fighting for the grade you feel you deserve."

Alia says that after viewing her own scripts, she found that in Maths she had received 89%, and that her German paper had been awarded 86%.

"With Maths, I could immediately spot about three mistakenly deducted marks,

bringing my percentage up to 89.9%. I needed literally one more mark to secure me a H1, which would have awarded me the total 625.

"With German, it was difficult to know where I stood percentage-wise with the subject as a whole, since the only part of my exam available to me was the written, not the oral.

"It was later that I found that under the GDPR laws, results from the oral exam could also now be obtained.

"Not knowing one's exact mark in a subject can prove difficult when it comes to deciding whether to appeal or not, as a remarking can go either way.

"But viewing my German script with my grinds teacher, we were equally convinced that I had marks deducted for many answers which were, by all accounts, perfectly acceptable.

"We found many questions in which the discrepancies between my answers and those provided in the marking scheme were very obviously not grave enough to penalise me. Yet penalised I was, as indeed were unknown numbers of students across the country.

"By the end of the re-viewing period, I had ample evidence that the grades I had been awarded were not those I deserved. I decided to go ahead and appeal the grades I had received in both subjects.

"This meant that my

scripts would be sent to be re-marked by SEC examiners, the fee for which was €40 per subject. Around the beginning of October, after approximately one month/six weeks wait, the results of this appeal were sent to the school, and I was disappointed to find that neither grade had been changed."

But Alia was not finished yet in her pursuit of justice. She was now able to appeal to independent scrutineers. She filled out the necessary forms and also discovered that the results of the oral examinations can be obtained.

And five weeks later, she received the results of all her endeavours. "Although my Maths script had been previously marked by three examiners and my German script by two, the chief examiner found that errors had been made in marking every single time.

"Having reassessed my scripts alongside the CV2 form I had submitted, my marks in both subjects were brought up and my grades in both subjects were then upgraded. I now had seven H1s, which equates to the full 625.

"As happy as I was at this news, it came as quite a shock to me that even after five examiners, it took the chief examiner to award me with the grades I had deserved.

"I think back to those long days in June, after each and every paper sat, handing those precious script books over to the superintendent



Alia Sheikh's perseverance paid off when she got her Leaving Cert results checked

with a shaky sigh and a sweaty hand. It was an almost necessary comfort, I think, to put our faith in those faceless examiners, to assume that our proverbial blood, sweat and tears would be treated with deference. Appraised justly and fairly, though I see now that comfort was inevitably naïve."

Alia adds that she doesn't mean to be too critical of the examiners, but wants to alert Leaving Cert students to the measures that now exist when it comes to challenging their final grades. Alia says that the crux of her advice to all Leaving Cert students would be to take charge, not only of their studies but also of their entitlements as a stu-

dent.

"Find out all the information there is to find out before you begin your exams. Be aware of the different protocols that exist following the release of results.

"Of course, it goes without saying that the appeals process shouldn't be used as a vehicle for bartering for higher grades, but to rectify unfair dismissal of honest work.

"I would advise all students to keep pushing forward with their scripts until they have a satisfactory answer. Because otherwise you may end up suffering due to a mistake you never made to begin with.

"I am currently taking a

gap year as I realise that once studies begin again, to have time will become a foreign concept and the opportunities to pursue hobbies and interests will become numbered.

"At present, I am participating in voluntary community work. I am also utilising my time to go traveling and to practice driving.

"As sixth year students now edge closer to their mocks, and closer yet to the final exams in June, I wish them the very best of luck in all their studies.

"Remember to eat well, sleep well and to get some exercise. But most importantly, remember that hard work always pays off."

Blue Health Week a tonic for Clonmel High School

Blue Health Week kicked off the year at Clonmel High School in County Tipperary, with a spirited campaign strengthening the physical, mental and emotional well-being of the school community.

Marie Keating Foundation representative and nurse Eileen O'Riordan spoke to senior students about looking after their physical and emotional health in order to safeguard against illness later in life.

In conjunction with the issues raised during this presentation, Jessica Rowe, a teacher from the school's science department, presented a workshop on the effects of smoking.

Dental nurse Marion Twomey inspired all first years to look after their teeth, protecting their pearly smiles for years to come.

Operations director with

Suir Engineering Paul Cremmins kindly gave his time to speak to the senior students about a range of topics. These included valuable advice on finding their niche in the workplace, the fantastic newly-emerging opportunities for students in the area of apprenticeships, and how this option can open up doors to better meet the needs of the school community.

Walkabout stations were set up by Sheena Hanrahan as part of a healthy eating initiative for all junior students in relation to diet and healthy eating. The 'I'll Eat Some Breakfast Then Change The World!' breakfast stand detailed healthy breakfast options that take five minutes to make, as well as the benefits of eating a healthy breakfast - increased concentration improved memory and better mental health to list a few.

The Too Much! stand featured figures constructed by the diversity committee to

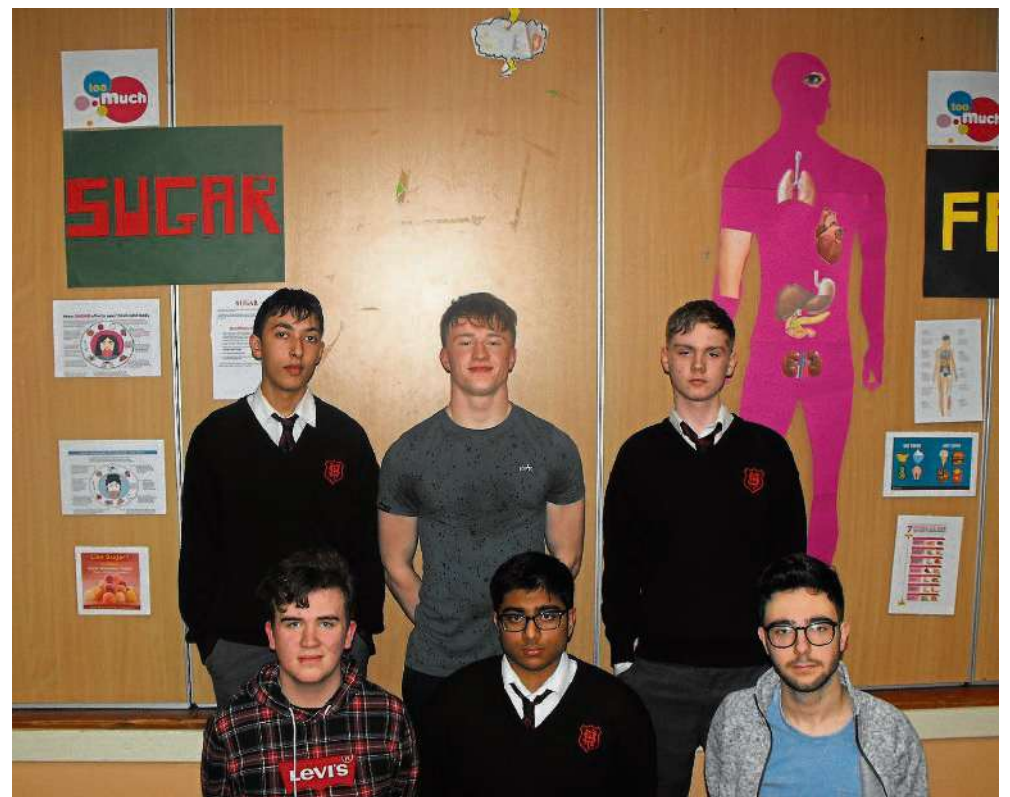
highlight the dangers of excess consumption of foods and drinks that are high in salt, fat and sugar.

The 'What's On Your Plate?' station ensured that all bases were covered for the optimal growth and development of all students at the school. It highlighted what needs to be on your plate each day and the correct portion sizes.

Questionnaires were assigned to all classes and conversations were hugely informative and thought-provoking.

The students all learned the power of a protein-enriched breakfast and the benefits of adequate hydration.

Friday yoga for students and teachers, facilitated by Tash Hennessey, was a welcome wind down from another busy week of studies and extracurricular activities at the High School.



Max Igoe, John Askins and John O'Mahony, Kieran Deegan, Joseph James and Conor Hogan

Rockwell ease past Limerick side in FAI Schools Cup

Rockwell College eased into the quarter-finals of the First Year FAI Schools Cup with a 3-1 win over St Clement's College (Limerick). Early strikes from Darragh Walsh, Darragh O Connor and Jack Bergin ensured the win for the Tipperary school. However, Rockwell will need to improve their focus for the next round, with needless fouls being responsible for enticing the opposition back into this contest.

The game started at break-neck speed, with both sides intent on establishing dominance in midfield. Thomas Charles, not for the first time during this game, won the ball in midfield, which led to Darragh O'Connor breaking down the right flank and sending an enticing cross into the box where Walsh finished, with aplomb, to the bottom corner.

Within the first 15 minutes, Rockwell had stretched their lead to three goals, with great link up play between Joe Higgins, Jack Bergin and O'Connor resulting in two quick fire goals on the counter attack, which left the Limerick opposition in a state of shock.

To Clement's credit, they did not throw in the towel. They began to find their feet and one could state that a sense of complacency on the Rockwell side may have aided their cause. The Limerick side began to move the ball well on the astroturf surface and earned a couple of set pieces within the arc of the Rockwell goal. Rockwell's discipline in this regard must

be highlighted, with several needless fouls highlighting the way in which the performance had become lacklustre. This resulted in a tremendous strike from Clement's striker nestling in Adam Daly's top left hand corner.

After this, Darragh O'Connor forced a tremendous save from Clement's keeper from a set piece, as Joe Higgins narrowly hit the side netting with his follow up effort.

The Tipperary side held a two-goal advantage going into the break, something which they would hold until the full-time whistle.

Clement's again started the second half well. However, it was clear Rockwell's defensive shape was much more secure during this half. Led by Tadhg Sheehan, the backline did a fantastic job of dealing comfortably with their Limerick opponents. Mark Neville began to cause major problems down the flanks, which probably should have resulted in two penalties going the way of the home side. Darragh Walsh, Joe Higgins, Darragh O'Connor and Ronan Walsh were all unlucky not to have added to the scoreline in the second period, which would have provided more security for the hosts.

Excellent performances were produced by Thomas Charles, Tadhg Sheehan, Darragh Walsh, Darragh O'Connor and Sam O'Sullivan throughout the course of the game, as Rockwell sealed progress to the next round.

Rockwell panel: Adam Daly, Finn Fitzgerald

Madigan, Sam O'Sullivan, Tadhg Sheehan, Joe Higgins, Peter Heaney, Thomas Charles, Mark Neville, Darragh Walsh, Jack Bergin, Darragh O'Connor, Ronan Walsh, Thomas Hickey, Fionn O'Grady, Peter Cody, Muiri Lambe, Martin Baggot Hennessey, Michael Colwell, Alex Harold Barry, Ronan O'Connor, Padraic Hefernan, Padraig Duggan, Mathuin Carey, Ross Conroy, Ben O'Sullivan.



Ben McDonald has been honoured for getting top marks in his Leaving Certificate Business Studies exam at Rockwell College last year by the Business Studies Teachers' Association of Ireland. Rockwell teacher Michael Doyle says that Ben truly deserves this recognition as he was an extremely diligent and dedicated student, and was a credit to his school and his family. Pictured: Rockwell principal Audrey O'Byrne, Ben McDonald and Michael Doyle at the awards ceremony in Dublin



French Exchange students from St Joseph's, Nay, have arrived at Rockwell College. Since their arrival on Friday, they have climbed Slievenamon, gone bowling and visited local gym classes. They are pictured with their hosts Ivan Green, Conor Hogan, Siobhan Whelan, Matthew Burke, Zac Lynch, Edmund Hayes and John Hynes. Rockwell has been running this very successful language exchange programme for the past 15 years. This particular group of eight French students will immerse themselves in the Irish education system for the next three weeks. At this stage, the Rockwell transition year students will return to France to enable them to brush up on their French, ultimately to help them enhance their Leaving Certificate grades.

'Incredible' experience for Sean and Alix immersed at EU Parliament

Two students from Tipperary were among 24 students aged between 16 and 18 from across Ireland who competed in one of Rotary Ireland's longest-running projects.

Sean Curtin, a student at Gaelcholáiste Chéitinn in Clonmel and Alix Noonan, a student at Cashel Community School, took part in the Youth Leadership Development Competition, which has been running for over 20 years.

The successful students enjoyed the experience of a lifetime, giving them a real taste of what it's like to make decisions and to lead.

The students visited Stormont in Belfast, the EU Office, Dáil Éireann in Dublin and the EU Parliament in Stras-

bourg, where they took part in the Euroscola event.

Euroscola is an annual event which offers the winners an immersive experience in the debating chamber of the European Parliament in Strasbourg, allowing them to learn about European integration by experiencing it first-hand.

Over 600 students from the 28 EU member states get the chance to become members of the European Parliament for the day. They took to the floor in plenary and committee sessions to debate and vote on resolutions on current affairs.

This year, a new element was added, which allowed one student the opportunity to become a journalist for the trip.

That student was responsible for covering the event by taking pictures, conducting interviews and compiling a report on the event.

"Last week's experience was truly amazing," said Alix and Sean.

"We met some amazing people and have made new friendships, which we know will last a lifetime.

"Getting to see how the EU parliament works was incredible. It's a week we will never forget and we would like to thank Rotary for making it happen."

These 'leaders of tomorrow' discussed the issues of today and set forth a vision for the future that they will be proud to be a part of.

The successful 24 students competed against more

than 1,000 young people from across Ireland to secure themselves a place on this trip of a lifetime.

Spanning five days, the students further developed their debating and leadership skills, made new friends along with making important contacts, and also gained a platform to speak at a time when their future is at stake.

Topics up for debate included the environment, human rights and security, European elections, migration and integration, youth employment, and the future of Europe with Brexit featuring heavily on the agenda.

Past competitors have included Health Minister Simon Harris and Robert Troy TD, along with BBC journalist Claire Savage.



Alix Noonan from Cashel and Sean Curtin from Clonmel took part in Rotary Ireland's Youth Leadership Development Competition. They are pictured on the steps of the EU Parliament offices in Dublin with Colette O'Neill and Monica Robertson from Rotary

Tipp grandparents get the red carpet treatment

Carrick-on-Suir's Presentation Primary School and Our Lady of Mercy Primary School in Cahir welcomed its pupils grandparents and great-grandparents as special guests this month.

Pupils shared their activities at the school, showed them their progress in subjects, paintings and books during Grandparents Day, which was organised as part of Catholic Schools Week.

"This is an annual event in the school and one that is always a joy to host," said Presentation acting principal Anne Millea.

The visiting grandparents were welcomed by the older pupils, who then guided them to the classrooms of their grandchildren. Refreshments were served and all grandparents were offered a healthy snack parcel as they left.



Grandfather PJ Slater, uncle Derek Slater, and grandmothers Eileen Slater and Catherine Hogan at Presentation Primary School



Thomas Lynch with his granddaughter at Carrick Presentation



Grandmother Ruth Walsh and great grandparents Bernie and Bernie Walsh at Presentation Primary School



Breda Power visiting her grandson at Presentation Primary School



Grandparents Noel and Caroline O'Keeffe and Yvonne and Liam McCallum visiting their grandson at Presentation Primary School



Simone Conran, Alyssa Enright, Jessica and Emma O'Brien with proud nanny Maureen at Our Lady of Mercy



James and Isidore Cahalan with their grandchildren Nora and Margaret Molan at Our Lady of Mercy



Amy and Chloe Fitzgerald with their nanny Bernie Halley at Our Lady of Mercy Primary School



Pat and Kathleen Tobin with their granddaughter Katie Tobin at Our Lady of Mercy Primary School



Mia Kilgallen with her nanny Charlotte Smith at Our Lady of Mercy Primary School



Rosie Sheehy with her nanny Kathleen Lynch at Our Lady of Mercy Primary School

Rotary honoured for its sterling community service

Clonmel Rotary Club has been lauded for raising "many thousands of euro" for many deserving charities in the community over the last 50 years.

District Mayor Richie Molloy paid a glowing tribute to the club when he hosted a civic reception at Clonmel's Town Hall last Friday night in recognition of the club's 50th anniversary.

He said that one very notable collaboration between Rotary, Tipperary County Council and a number of voluntary organisations had led to the provision of the sensory playground at Mulcahy Park. Mayor Molloy said that the playground, designed for children with autism and special needs, had proved a great success and was widely used by children in the town and surrounding areas.

He said that the Rotary Club's weekly meetings were held at the Cluain Training Centre in Nelson Street, which provided facilities to train people with disabilities in catering, cookery, pottery and computers. The fact that Rotary held its weekly meet-

ings at the centre was very much appreciated by the management and staff at Cluain and brought a certain status to the centre, said Mayor Molloy.

He welcomed all club members, in particular founder member Con Moroney, whom he presented with a special scroll.

The Mayor also praised Rotary's great work internationally, pointing out that former Clonmel club president John O'Sullivan and his late brother Mícheál Ó'Súilleabháin had organised a concert that raised more than €20,000 for a project to build a well in Malawi, east Africa.

Clonmel president Joe O'Sullivan said that Rotary International had been established from very humble beginnings in the Unity Building in Chicago in 1905 to encourage and foster service to the community in an ethical manner, recognising the worth of each individual and to promote better understanding, goodwill and peace among like-minded individuals in the ideal of service.

"From the very humble beginnings and noble aspirations of the small founding group, Rotary has advanced and grown worldwide to a



At the civic reception for Clonmel Rotary Club were - seated: Cllr Michael Murphy, Clonmel Rotary Club founding member Con Moroney, Clonmel Mayor Richie Molloy, Clonmel Rotary Club president Joe O'Sullivan, Rotary district governor Monica Robertson. Standing: Deputy Mattie McGrath, Cllr Martin Lonergan, Cllr Andy Moloney, Cllr Pat English, Cllr Marie Murphy, Cllr Micheál Anglim, Deputy Seamus Healy, Cllr Siobhan Ambrose and Tipperary County Council staff officer Marie O'Donnell

stage where there are now 35,000 clubs in 125 countries and a membership of 1.2 million people," he said.

Mr O'Sullivan said that at local level, Clonmel Rotary was longstanding supporters of many organisations including South Tipperary Hos-

pice, St Vincent de Paul, Funded Housing in South Tipperary (FHIST) and the Kids Out programme.

More recently, the club had acted as lead partner with South Tipperary Autism Group and the local authority in the development of the

sensory playground at Mulcahy Park.

He said the support received for the many worthwhile causes couldn't have happened without the goodwill and engagement of the public and businesses, who had willingly embraced the

many projects with which the club had been associated.

He thanked his fellow members and paid tribute to founder member Con Moroney, who he said still played an active role in the club's business.



Frank Patterson



Charles J. Kickham



Tomás MacDonagh



Jimmy Doyle

Our quest to find Tipperary's All Time Great is turning in to a ding dong battle with the semi-finalists now chosen - and what a line up it is turning out to be.

Two historical figures, who played crucial roles in Tipperary history, are among the final four and they are pitted against two more modern day heroes, both of whom excelled in sporting and musical spheres.

In the quarter finals executed 1916 leader, Thomas McDonagh, who hailed from

Cloughjordan, staved off the challenge of comedy duo The 2 Johnnies while Mullinahone's famous son, scribe Charles J. Kickham out-performed one of the founders of the most iconic organisation in the country, the GAA, Maurice Davin of Carrick-on-Suir.

Famed tenor Frank Patterson was locked in battle with another Clonmel native, Adi Roche of Chernobyl Childrens International but in this hotly contested battle the singing sensation emerged

Down to final four for Tipp's All Time Great

TipperaryLive

www.tipperaryliver.ie

all time greats

HAVE YOUR SAY ON THE GREATEST IN TIPPERARY



victorious.

Yet another famed Tipperary son, Jimmy Doyle, regarded as one of the best hurlers of all time, was pitted against Carrick-on-Suir's Clancy Brothers, known throughout the world for their musical talents but it was the Sarsfields man who emerged victorious.

The semi-finals now see patriot Thomas McDonagh pitted against All-Ireland hurling champion Jimmy Doyle, while Charles J. Kickham, famed for his epic novel Knocknagow, takes on famed singer Frank Patterson

It is certainly turning out to be an epic battle with heavy

hitters from Tipperary's past now taking on heroes from a more modern day.

The contest to select Tipperary's All-Time Great has gathered huge momentum over the past few weeks, with people Tipperary taking their candidates to their hearts and voting in huge numbers.

Now that the final four have been chosen, it is time to get behind your Tipperary All-Time Great and ensure that you get your candidate through to the final two.

So get voting and choose who you think should be the all time great in Tipperary on our hugely popular online poll.

EASTER - FUN-FILLED BUSY TIMES FOR KIDS

Busy Bees - A fun-packed week of healthy activities

Be a Busy Bee this Easter at **BUSY BEES EASTER CAMP** based in the Presentation Secondary School Gym in Clonmel. A fun packed week for children aged 4-12 years of age.

Drop off from 8.45-2pm and just €15 per day or €60 per week.

- Cookery
 - Dodgeball
 - Easter Egg Hunt Party
 - Badminton
 - Volleyball Soccer
 - Basketball
 - Zumba
 - Rounders Hurling
 - Cheer leading
- Full day and early morning

drop off also available. We also run our after-school service in the presentation primary school check out our website www.busybeesclonmel.com or add us on Facebook at Busy Bees After-School clonmel contact Vanessa for booking on 086 0444202 or book online on our website limited places available.

Phone: 052 6182548 • Mobile: 086 0444202.



EASTER HOLIDAYS will be coming soon so its time to plan ahead ! Two weeks off school in theory is fantastic, but after the first few days, are you stuck for ideas for Easter activities for your little ones - ideas other than eating chocolate?!

Not to worry! From egg hunts to Zumba Dance, Media art and crafts, fun and games and lots more , to keep the little ones from under your feet and the bigger ones from climbing the walls, you are sure to find an Easter Camp below suitable for your little ones lots of fun and games guaranteed. Book your place today..



Easter Camps at Kool School - a proven success for kids

Easter Camps at **KOOL SCHOOL**. Tel Karen 087 9152377.

Here in Kool School our Easter Camps are sure to guarantee that your kids will have a fun filled time.

We have lots of wonderful activities daily ranging from arts and crafts junior golf, Zumba kids fitness Easter egg hunts and lots lots more fun and games.

With such a large variety of games and activities to choose from our camps have proven to be a great success each year, along with our summer camps. Kool school works with primary schools through the year also pro-



moting fitness through games, Zumba and gymnastics.

So make sure your little ones have a fun filled Easter this year and call us today to reserve their place. Contact Karen 087 9152377 , Kool School Easter Camp 2019, Lots of fun and games.

Kool School Easter Camps

Age Groups from 4 and up.
 Week 1: Monday 15th - Friday 19th April
 Week 2: Tuesday 23rd - Friday 26th April
 9.30am - 2.00pm each day
 Cost €50 for the first week / €40 for the second week (reduction for families!!)

Activities Include:
 Art, Soccer, Hockey, Junior Golf, Parachute, Dodge Ball, Basketball, Zumba Kids, Easter Egg Hunt, Easter Partyand lots more.....!

Must wear tracksuit and runners and bring a packed lunch

Venue: St Peter and Pauls Primary School, Clonmel
 Must Pre Book

Contact Karen
 087 9152377

Follow us on Facebook



BUSY Bees EASTER CAMP

Presentation Secondary School Gym
 Time: 8.45am-2.00pm Daily

Full Day Service Also Available until 6.15pm

Week 1
 Monday - Friday
 15th - 19th April

Week 2
 Tuesday to Friday
 23rd - 26th April

€15 per Day or €60 per Week

- Arts & Crafts • Drama
- Cookery • Dodgeball
- Easter Egg Hunt Party
- Badminton • Volleyball
- Soccer • Basketball
- Zumba • Rounders
- Hurling • Cheer leading

Booking Essential:

Phone: 052 6182548 • Mobile: 086 0444202



Cahir panto Beauty and the Beast simply fantastic

Cahir Pantomime Society's had a fantastic turnout for its recent production of Beauty and the Beast.

The first night's performance was in aid of Cahir Men's Shed, who had been busy for weeks in the background making props and painting sets among many other things.

There were no complaints when they were encouraged on stage to participate in the Baby Shark routine either.

There was amazing individual performances by first timer Aimee Shine who played Beauty and Kevin O'Connor who played the Prince/ Beast with some beautiful duets. There were some very funny performances by old hands Paddy

Caplice who played Jacques, Vinny Conron who played Ma, Catherine McVicker playing Malabelle, Louise Garcia as Felix the Dog and Aine Guerin who played Capucine.

And who knew furniture could act? With Michael Duggan as Cogsworth the Clock, Rachel Downey as Lumiere, Barbara Binchy as Mrs Potts, Caitlin Fanning as Chip, Emily Burke as the Table, Tia Casey Simpson as Madam Wardrobe and Esther Wills as the Rug, there wasn't a wooden or woolly performance among them.

The Pages Petit and Filous played by Michaela Fogarty and Kaja Gorwa were in all the right places at all the right times. There were beautiful performances also from

members of Cahir Youth Choir, Cahir Majorettes, the chorus, musicians Gary, Paul and Pat, with the lads of Altec Light and Sound making this a production to remember.

Cahir Pantomime Society has an amazing production team that put everything seamlessly together and with tireless enthusiasm. From musical director Kayla Maher, choreographer Sandra Quinn, assistant producer Valerie Condon, set designer Tina Looby, kings of sets Pat O'Donnell and Barry Condon, and prompter Eimear Grogan along with many others who help in the wings - all overseen by the creative and omnipresent producer John Hally.



The amazing Cahir Majorettes performed during the interval of Beauty and the Beast



Barbara Binchy (Mrs Potts), Caitlin Fanning (Chip), Emily Burke (Table), Esther Wills (Rug), Rachel Downey (Lumiere) and Tia Casey Simpson (Madam Wardrobe)



Aine Guerin (Capucine), Patrick Caplice (Jacques), Kevin O'Connor (Prince/Beast) and Aimee Shine (Beauty)

Tickets selling fast for Chicago musical production

Tickets went on sale this week for Carrick-on-Suir Musical Society's 117th annual show Chicago, which is expected to be a sell out given the big demand for tickets so far.

The hit Broadway musical, featuring a cast of more than 60 actors, dancers and singers, will be staged at the Strand Theatre from March 2-9.

Carrick Musical Society PRO Caolán Deehy-Power said tickets for the show "ran out the door" when the Strand Theatre's box office opened at 11am on Monday.

"This show is sure to be a sell out for the Society between patrons booking tickets the previous week and

the new online booking system in the Strand Theatre," he told South Tipp Today.

He pointed out that tickets are still available for the show, but urged people planning to attend to book them as soon as possible.

Chicago is set in the US city of the same name during the Roaring 1920s and tells the story of two rival vaudeville murderesses - nightclub star Velma Kelly and chorus girl Roxie Hart - who are locked up in Cook County jail.

The show is being directed by Liam Butler and choreographed by Edel Quinlan. Eamon O'Malley is the chorus master and Fergal Carroll is the musical director.

Sandra Power, who was nominated for an AIMS Best

Actress award for her portrayal of the Baker's Wife in last year's production of Into The Woods, plays the role of Velma.

Louise Mulcahy plays the role of Roxie Hart. Like Sandra, Louise has played numerous lead roles with the society such as Elle Woods in Legally Blonde and Cinderella in Into The Woods last year.

Irene Malone, who has won multiple AIMS awards for her singing and acting, takes on the third female lead role of Matron Mama Morton.

Sheridan Brady, Sarah Power, Tarryn Attlee, Siobhan Grace-Regan and Aisling Healy will perform the famous fast moving Cell Block Tango number in the

show. These singers and dancers have put in a lot of hard working perfecting the routine.

The male lead character Billy Flynn is being played by Neill Bourke, whom the musical society is delighted to welcome back to the Strand Theatre stage. He will be singing the well known hits All I Care About and Razzle Dazzle.

Caolán Deehy-Power plays the role of Amos Hart, Roxie Hart's sad little husband.

Other cast members include D. O'Donovan, who plays Mary Sunshine, Siobhan McCarthy is Go-to-Hell Kitty and Dennis Barry plays Fred Casely. Fergus Power is D.A. Harrison, Deckie Smith-Robinson is Sergeant Fogarty and Jim



Neill Bourke plays Billy Flynn in Carrick Musical Society's Chicago

Kennedy plays Aaron. The show also includes a large chorus cast.

The Strand Theatre's box office is open Monday, Wednesday and Friday from 11am to 3pm and can be contacted

on 051-645050 or 086-3571403. You can also book through the new online service booking service by logging onto www.carrickmusicals.com.

Mairéad loving life on Dancing with the Stars

By **DYLAN WHITE**
 e-mail: dylan.white@iconicnews.ie
 Twitter: @TipperaryLive

The wife of a County Tipperary businessman is enjoying the experience of a lifetime on hit RTÉ One series Dancing with the Stars.

Married to Clonmel's Louis Ronan, broadcaster and entrepreneur Mairéad Ronan says deciding to take part in Dancing with the Stars was the "best decision" of her career, praising her husband and Clonmel family for their support throughout the journey.

"I have always loved the show and was flattered when they asked me to take part back in September, but I immediately said no because I was just after having Bonnie. Louis said I was mad to turn down something I love, so we had long chats about how I would be missing from home life and decided to go for it," Mairéad tells South Tipp Today.

"It is really, really hard. As the saying goes, 'it takes a village to raise a child' and I am leaning heavily on my village people right now - Louis' parents Kate and Louis are up and down from Clonmel all the time, my childminder who has been with us for 10

years, and my family. We have loads of support."

Mairéad and Louis got married in Ballyclerihan in 2015 and have three children - Dara (11), make-up mad Eliza (2) and Bonnie (five months). She praises her professional dance partner, Kilkenny native John Nolan, for accommodating family life. "John has been brilliant. We start rehearsals at seven in the morning and finish at three o'clock most days so I can get home to be with the kids."

Mairéad had never been for dance lessons before Dancing with the Stars, admitting that she only danced in nightclubs and at weddings. "My first dance lesson was with John in December. Some dances are easier to pick up than others. I would know some dances by Thursday from start to finish and spend Friday putting the finesse on it."

This season's Dancing with the Stars features an impressive line-up, which includes Irish rugby legend Peter Stringer, Young Offenders star Demi Isaac Oviawe, five-time Dublin All-Ireland winning footballer Denis Bastick, comedian Fred Cooke and Fair City actress Clelia Murphy. Mairéad says everyone is "really supportive" of each other, smiling that she has made friends for life from Dancing



Dancing with the Stars celebrity Mairéad Ronan with her Clonmel husband Louis and their three kids

with the Stars.

"John and I train out in his dance studio - it's great, you get loads of work done and there's no interruptions. When we train with the group, you can see when someone is struggling with a dance and having a bad day. You might of had their dance before and can give advice on what worked for you.

"We are all getting on really well. Clelia and I talk on the phone every day and John's going to struggle to get rid of me after I'm kicked out of the competition. I've known Peter Stringer with 10 years and we were chatting before the series wondering what we had left ourselves in for. I also knew Fred, and I've been in Croke Park so many

times screaming for Denis so it's nice to be in the same competition as him. The competitiveness might start to pick up when it gets down to the last four or five."

Mairéad needs your vote when Dancing with Stars returns to RTÉ One on Sunday at 6.30pm. "Before we come down the steps ahead of the show is when I feel the most

nervous and that's where I have the biggest knot in my stomach because you realise the show is live on air and you can't escape out an exit," Mairéad laughs.

"Dancing with the Stars has definitely been the best experience I have ever had work wise. Getaways times a million," Mairéad adds.

Wedding showcase at captivating Aherlow House Hotel

A wedding showcase takes place at the captivating Aherlow House Hotel on Sunday, February 24.

Immerse yourself in the alluring beauty of Aherlow House and its surroundings on the day.

Meet the dedicated wed-

ding team and get a glimpse into what your wedding day could be like at the award-winning hotel. Take time to enjoy a viewing of the Diarmuid and Grainne Ballroom Suite and the Muskry Bridal Suite.

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ACKNOWLEDGMENTS

BURKE

(Months Mind)



Dolores Burke

27 Queen St,
Clonmel

Months Mind Mass for the late Dolores Burke who passed away on 8th January 2019 will take place in Ss. Peter and Paul's Church, Clonmel on Saturday night 16th February at 7.30pm.

CUNNINGHAM

(Acknowledgement & Months Mind)



John Cunningham

Ballyneety
Ardfinnan

Died 17th January 2019

John's brothers and sisters would like to offer our heartfelt gratitude to all who sympathised with us and who send Mass cards.

Thanks to South Tipperary General Hospital for their kindness and care of John. Our grateful thanks to Christy Barrett, Undertaker for his help, kindness and professionalism in carrying out John's funeral arrangements.

Please accept this acknowledgement as a token of our appreciation.

John's Months Mind Mass will take place on Saturday 16th February in Ardfinnan Church at 6.15pm.

ACKNOWLEDGMENTS

COSGRAVE

(Acknowledgement & Months Mind)



Noel (Rubber) Cosgrave

Old Bridge, Clonmel.

The family of the late Noel Cosgrave, who passed away on 27th December 2018, wish to thank most sincerely all those who sympathised with us on our recent loss.

We are extremely grateful to all those who attended the removal, requiem Mass, burial and those who sent messages and Mass cards.

Thank you to all our relatives, neighbours and friends who supported us throughout Noel's illness and the sad and difficult time when he passed away.

Thank you to Fr. Toomey for celebrating the beautiful Funeral Mass and for his kind words of support. Thank you also to Fr. Condon (Piltown) for co-celebrating the Mass and visiting Noel in his final days. Thank you to the organist and Amy O'Driscoll for her beautiful singing.

Thank you to Condon's Undertakers for their professionalism and excellent service and to all those who helped prepare the grave.

We would also like to thank all in the medical and nursing profession who cared for Noel, especially Mr. Skinner's team in Univeristy Hospital Waterford, his GP Dr. Lynch and the community nurses. A particular word of thanks to the Home Care team in Clonmel and Waterford who ensured Noel's comfort in his final days and were a great support to the family.

Sincere thank you to the Irish Army, the Veterans' Association and the Pipe players whose presence throughout the removal, Mass and burial provided such a respectful farewell to a gentleman.

As it would be impossible to thank everyone individually, we hope that this acknowledgement conveys our deepest appreciation.

Noel's Months Mind Mass will take place on Saturday 23rd February at 7.30pm in Ss. Peter and Paul's Church.

ACKNOWLEDGMENTS

FENLON

(Acknowledgement & 1st Anniversary)



William (Willie) Fenlon

69 Baron Park,
Clonmel.

Died 20th February 2018.

Willie's wife, Frances, and family wish to express our sincere gratitude to all who sympathised with us on the occasion of our sad loss; to those who attended the removal, funeral Mass and burial; to those who sent Mass cards and called to the house; to those who travelled long distances to support us. To our neighbours in Baron Park, a sincere thank you.

Sincere thanks to Father Michael Hegarty and Father Michael Twomey for co-celebrating Willie's funeral Mass; to Liam O'Shea and St. Oliver's Church Choir for enhancing the Liturgy; to John Perry, Sacristan; to John O'Donoghue, Undertaker, and staff, to the grave diggers and to Barry and staff of O'Reilly's Pharmacy for their help and professionalism.

Thank you to the members of the Defence Forces for providing the Pall Bearing Party, bugler and for dressing Willie's coffin. Also to the members of I.U.N.V.A. for the Guard of Honour at the church and at the graveside.

Once again our gratitude to Fr. Michael Hegarty for visiting Willie in South Tipperary General Hospital and in St. Anthony's Care Unit and for attending to his spiritual needs.

Thank you to Dr. Bolger, the Medical Team and staff of South Tipperary General Hospital.

Our gratitude to Dr. Bernie Rouse, to Verona and all the nursing and care staff of St. Anthony's Care Unit who looked after Willie in the final weeks of his life.

As it would be impossible to thank everyone individually, please accept this acknowledgment as a token of our gratitude and appreciation. The Holy Sacrifice of the Mass has been offered for your intentions.

ACKNOWLEDGMENTS

MCGRATH

(Acknowledgement & 1st Anniversary)

Denis McGrath

Suir Castle, Cashel,
Co. Tipperary.

14th February 2018

Brigid, Louise and Ciaran and all our extended family wish to thank everybody who sympathised with us on the very sad loss of our dear husband, father and grandfather Denis RIP.

Sincere thanks to our wonderful friends, neighbours and relations who called to the house, attended the removal and funeral Mass; to those who travelled long distances to be with us and those who sent flowers, Mass cards and messages of condolence.

Our deepest appreciation is extended to Dr. Ivor Hanrahan for all his care of Denis over the years, to the staff at South Tipperary General Hospital, Rehabilitation Unit Cashel and to the Ambulance crews that did everything they could for Denis and were so supportive to us on that sad day and to Rockwell Rovers GAA Club for their Guard of Honour on the evening of the removal.

We are truly grateful to all the priests who attended, to Archbishop Dermot Clifford, Dr. William Lee, to the Undertaker, Sacristan, readers, to Maria and Lena for the singing and music, to the gravediggers and all those who helped out in any way, we are, and will be, forever grateful.

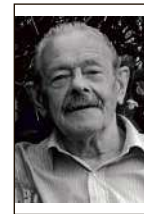
As it would be impossible to thank everyone individually, please accept this acknowledgement as an expression of our deepest gratitude.

Denis's First Anniversary Mass will be held on Saturday 16th February 2019 in the Church of Our Lady Queen, New Inn at 7.30pm

BIRTHDAY MEMORIES

BARRY

(Birthday Remembrance)



In loving memory of John (Jacky) Barry, late of Clarke Villas, Clonmel, whose birthday occurs on 19th February.

Sad are the hearts that love you, silent the tears that fall. Living our lives without you, is the hardest part of all. Missing you is the heartache that will never go away, not only on your birthday, but every single day.

Loved always by your wife Betty, sons, daughters, grandchildren and great-grandchildren. xxxxx

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Sympathy Prayer

Dear Lord,
please comfort
those in grief,

Love them,
lift them, give
relief

For loss
they've
suffered,
sadness felt,

Make this
sorrow slowly
melt.

Lord, let
happy
memories ease,

Creating
peace like a
gentle breeze,

And as you
help them
make it
through.

Draw them
closer, Lord,
to you.



Please God

Take this cloud of
darkness away.

Shine your light upon me.

Give me the courage and
strength to start

to feel joy in
my life again.

Rest in Peace



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BIRTHDAY MEMORIES

BURKE

(50th Birthday Remembrance)

In loving memory of our daughter and sister Valerie Jude, 11 Clarke Villas, Clonmel whose 50th birthday occurs on 13th February.

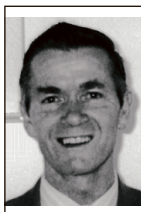
As you celebrate among the Angels, on your birthday high above. Please know we miss you very much and send you all our love.

If tomorrow starts without me, don't think we're far apart. Just hold me in your thoughts, I'm right there in your heart.

Always loved, forever missed by Mam, Dad, Mary, Helen, Kathleen, Patricia, Sandra, Breda, Aisling and families xxxx

FURLONG

(80th Birthday Remembrance)



In loving memory of Johnny, late of 90 Elm Park, Clonmel, a loving Husband, Dad, Grandad and Great-Grandad whose 80th Birthday occurs on 19th February.

Happy 80th Birthday to my wonderful husband in Heaven.

Those we love are together with us in heart and forever with us in memory.

- from your loving wife Eileen.

God took the strength of a mountain, the majesty of a tree, the warmth of a summer sun, the calm of a quiet sea. The generous soul of nature, the comforting arm of night, the wisdom of the ages, the power of the eagle's flight. Then God combined these qualities, when there was nothing more to add, He knew his masterpiece was complete, and so, He called it.....Dad.

Happy 80th Birthday Dad

Love from your sons and daughters, sons-in-law, daughters-in-law, grand children and great-grandchildren.

IN MEMORIAM

BARRY

(nee Cahill)



(5th Anniversary)

In loving memory of our dear mother Kathleen Barry, late of Tullamaine, Fethard, who died on February 18th 2014. Also remembering her husband Jimmy at this time.

No matter how we spend our days, no matter what we do, no morning dawns, no evening falls, without a thought of you.

Loved and remembered by her daughters Kay and Mary, sons Seamus, Tom, Michael, Eamonn, John, Noel, Paul and extended family.

Anniversary Mass for Kathleen will be celebrated at The Holy Trinity Parish Church, Fethard on Sunday 17th February at 11am.

BRETT

(6th Anniversary)



In loving memory of Margaret Brett (nee Lonergan), Lisnagaul, Bansha, Co. Tipperary, whose anniversary occurs on 14th February.

You always had a smile to share, a laugh, a joke and time to care. A wonderful nature, warm and true, these are the memories we have of you.

Always remembered and sadly missed by your loving husband Sean, son Brendan, daughter Veronica and son-in-law Adrian.

Anniversary Mass will be held in The Church of the Annunciation Bansha on Saturday 2nd March at 7pm.

IN MEMORIAM

BURKE

(5th Anniversary)



In loving memory of Michael Burke, late of Weirview House, Glenegad, Clonmel who died on 18th February 2014 RIP.

Deep are the memories, precious they stay, no passing of time can take them away. They bring a smile, sometimes a tear, but always a wish that you were still here.

Always remembered by your loving wife Mary, Sarah, Vincent, Sarah and Brooke.

Anniversary Mass in St. Josephs, Ferryhouse at 5.15pm on Monday 18th February 2019.

CONNOLLY

(2nd Anniversary)



In loving memory of Sheila Connolly (nee Clancy), late of Marian Court, Morton Street and formerly of Laganore, Clonmel who died on 27th February 2017.

Also remembering Sheila's sister Betty Kennedy (nee Clancy), Dublin, whose second anniversary occurs on 20th February.

God looked around His garden, and saw an empty space. He then looked down upon the earth and saw your tired face. He put His arms around you and lifted you to rest. God's garden must be beautiful, He only takes the best.

Always remembered with love by your nephew Liam and his wife Norma.

With fond memories - Sorcha and sons Tiernan, Cathal and Senan; Aisling, Seán and Odhran; Róisín, Cormac and Liam; Ciarán and Amy.

Anniversary Mass for Sheila and Betty in The Friary on Saturday 23rd February at 7pm.

IN MEMORIAM

CUNNINGHAM

(6th & 40th Anniversaries)



In loving memory of a dear mother Elizabeth (Bessie) and father Jimmy Cunningham, late of 46 Bianconi Drive, Clonmel whose anniversaries occur at this time RIP.

Will those who think of Bessie and Jimmy today, a little prayer to Jesus say.

Sadly missed by your son Michael, Meta and family.

Mass offered

DWAN

(21st Anniversary)



In loving memory of Thomas (Mossy) Dwan late of 20 William Street, Clonmel who died on 7th February 1998.

As each day dawns we think of you. As each night falls we pray for you. Throughout our lives, no matter where, in our hearts you are always there.

Sadly missed by Joan and Frankie Kelly and family, Paul and Sinead and family, Pearse Park.

Mass offered.

FARRELL

(6th Anniversary)



In loving memory of Mary Farrell, 23 Slievenamon Road, Clonmel, Co. Tipperary, whose anniversary occurs on 21st February.

Those we love don't go away, they walk beside us everyday.

Always remembered and missed by your sons Noel, Danny, P.J., Michael, Francis, Thomas and Denis (Henry), your daughters Josephine, Winnie, Mary, Eileen, Ann and Rosemary, their wives, husbands and partners, grandchildren and great-grandchildren.

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Another Leaf Has Fallen

*Another leaf has fallen,
another soul has gone.
But still we have God's promises,
in every robin's song.
For he is in His heaven,
and though He takes away,
He always leaves to mortals,
the bright sun's kindly ray.
He leaves the fragrant blossoms,
and lovely forest, green.
And gives us new found comfort,
when we on Him will lean.*

When someone you love becomes a memory, the memory becomes a treasure.

Author Unknown

In Memoriam



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IN MEMORIAM

GRACE
 (7th & 5th Anniversaries)



In loving memory of Patrick (Paddy) and Mary Grace, 22 Beech Park, Tramore and late of College Avenue, Clonmel, whose anniversaries occur on 18th July and 20th February.

It does not take a special day, to bring you both to mind. A day without a thought of you is very hard to find.

- Caroline, Cyril, Christopher, Gillian and Niall.

Happy memories we keep forever, of days when we were all together. They bring a smile, and often a tear and always a wish that you were still here.

- Fiona, Frankie, Kevin and Coia.

Time will pass and fade away, but silent thoughts and memories stay. No longer in our lives to share, but in our hearts you are always there.

- Tony, Siobhan and Dillon.

The happy hours we once enjoyed, how sweet their memory still, but death has left a vacant place, this world can never fill.

- Patricia, Loucas, George, Christopher and Alex.

Anniversary Mass in Fethard Parish Church on Saturday 23rd February at 7pm.

GRACE
 (5th Anniversary)



In loving memory of Mary, 22 Beech Park, Tramore and late of College Avenue, Clonmel, whose 5th Anniversary occurs on 20th February.

Your life is a lovely memory, your absence a silent grief, but now you rest in God's garden, beside a rose called peace.

Always loved and missed - Cora, Conor, Wade and Reece xxxx

IN MEMORIAM

GRANT
 (10th Anniversary)



In loving memory of my dear wife Susan Grant, late of 71 Wilderness Grove, Clonmel whose 10th anniversary occurs on 19th February.

I wander to your graveside and flowers I place with care, but no one knows the heartache as I turn and leave you there.

I remember the day I met you and the day God made you mine, I remember the day He took you back and will till the end of time.

Love and miss you Sue

- from Brian xxxxx

Sending you hugs and kisses Nannie.

- from your grand-daughter Mia Susan and grandson Mason xxxxxx

Love and miss you always Mam

- from Andrew and Deirdre xxxxx

Mass offered on Tuesday 19th February at 9.30am in the Church of the Resurrection.

GRANT
 (10th Anniversary)



In loving memory of my dear Mam, Susan Grant, late of 71 Wilderness Grove, Clonmel whose 10th anniversary occurs on 19th February.

I'm sending this message to you Mam, its filled with hugs and kisses. To let you know how much I love and miss you since you went away. There's not a second of a day, that I don't think of you. My heart broke into a million pieces the day I lost you.

Love and miss you always Mam. From your daughter Kate xxxxx

IN MEMORIAM

GUIRY
 (nee Whelan)



(4th Anniversary)

In loving memory of our dear mother Nora (Nannie) Guiry, Knockaune, Nire Valley, Ballymacarbry who died on 15th February 2015.

Your photo stands in pride of place, a loving smile lights up your face. You always seem to be so near, how we wish Mam you were still here.

Always loved and remembered by your loving family - Mary, Michael, Pat, Bridget, Theresa, Rita, Thomas and extended families.

Anniversary Mass on Tuesday morning 19th February in St. Helena's Church, Nire Valley at 10am.

LILLIS
 (4th Anniversary)



In loving memory of Tony Lillis, 64 Cherrymount, Clonmel, died on 10th February 2015.

We miss you from your fireside chair, your loving smile and gentle air. Your vacant place no one can fill, we miss you so much and always will.

You were a husband and father so very rare, content in your home and always there. On earth you toiled, in Heaven you rest. God keep you safe, you were one of the best.

Always loved and never forgotten - your wife Ursula, daughters Rachel and Andrea and grandchildren.

"Please God, Take this cloud of darkness away. Shine your light upon me. Give me the courage and strength to start to feel the joy in my life again."



IN MEMORIAM

MCLOUGHLIN
 (3rd Anniversary & Birthday Remembrance)



Joe (Joseph) McLoughlin

Gillinham, Kent, UK & formerly of 7 Mountain View Drive, Cahir.

In loving memory of a brother, father, grandfather who sadly passed away on 13th February 2016 RIP

A daily thought, a silent tear, a constant wish that you were here.

Always remembered, loved and never forgotten by your sons, grand-daughter, brothers, sisters and their families.

Mass offered.

MULLINS
 (11th Anniversary)

In loving memory of William Mullins, late of Albert Street, Clonmel, whose 11th Anniversary occurs on 15th February.

Also remembering his wife Bridie and son Seanie at this time.

Will those who think of them today, a little prayer to Jesus say.

Always loved and remembered by their sons, daughters and families.

O'DONNELL
 (5th Anniversary)



14th February 2014

Fifth anniversary of Adam O'Donnell, treasured son and much loved brother, late of Willow Wood Lane, Moorstown, Fethard.

Though we no longer hear the sound of your laughter, nor see your quirky smile, with every breath we take, we hold you in our hearts with love as strong as the moment you were born.

Always Remembered, Always Treasured, Always Loved.

- Mam, Dad, Rebecca and Leah.

Adam's Anniversary Mass takes place on Saturday evening February 16th at 7.30pm in St. Michael's Church Clerihan.

In Memoriam



THANKSGIVINGS

ST THERESA THE LITTLE FLOWER
 Please pick a flower from your Heavenly garden and send it to me with a message of love. Ask God to grant me the favour I thee employ and tell Him I will love Him each day, more and more. Amen. Say with Our Father, Hail Mary and Glory Be for 9 consecutive days. In Thanksgiving. MOS

When someone you love becomes a memory, the memory becomes a treasure.
 AUTHOR UNKNOWN

FAMILY ANNOUNCEMENTS

Tel: 052-6172500

Email: sales@southtipptoday.ie

Post or Call to Queen Street, Clonmel, Co. Tipperary

Deadline: Tuesdays @ 11.00am



IN MEMORIAM

O'DONNELL
(2nd Anniversary)



In loving memory of Grainne O'Donnell, late of South Clonmore, Cahir, whose anniversary occurs on 16th February.

Dearly loved and sadly missed everyday

- Dad, Mam, Eoin, Kate, Brian, Emma, Brian, Kieran and Jack, Eva, Darragh, grandparents, cousins, aunts and uncles.

Anniversary Mass at 11.30am on Sunday 17th February in St. Mary's Church, Cahir.

IN MEMORIAM

SMITH
(1st Anniversary)



In loving memory of Eric Smith, late of Boherduff, Clonmel, whose anniversary occurs on 22nd February.

The pain we feel within our hearts is the same as the day you died. But living each day without you Eric, makes the pain even harder to hide. We think about you always Eric, your memories we hold tight in our hearts, but printed in our minds forever is the day we had to part.

Always remembered by Susan and Keane, Paula and Hayden.

IN MEMORIAM

SWEENEY
(3rd & 16th Anniversaries)



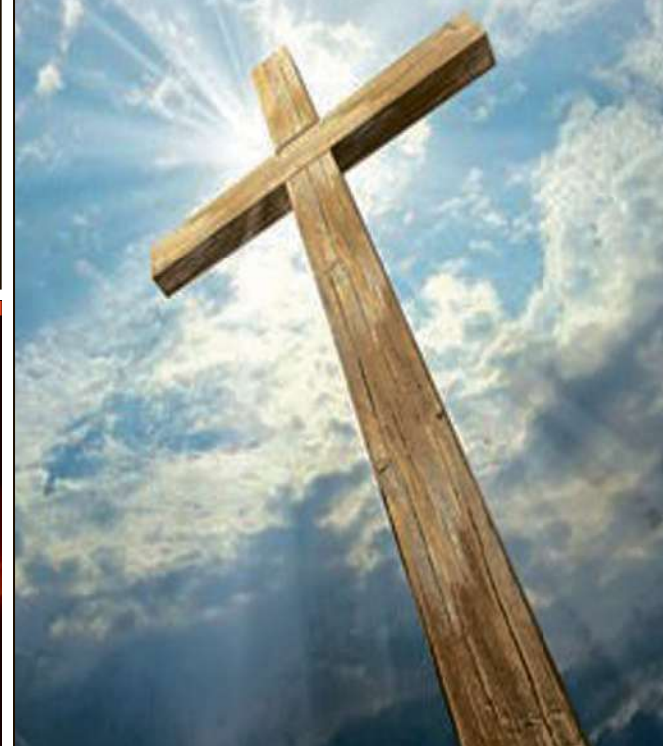
In loving memory of our parents Mary and Eddie Sweeney, late of Merlin Lodge, Coleville Road, Clonmel, whose anniversaries occur at this time.

Just a prayer from the family who loved you, just a memory fond and true. In our hearts you will live forever, because we thought the world of you.

Always remembered by your daughter Geraldine, son Eamon and all the family.

Anniversary Mass offered.

The Hand of God



*Though today, you walk in sorrow
You will not be alone.
There is One whose loving wisdom
Is far greater than our own.*

*Put your trusting hand in His,
As a little child would do
And He like a loving father
Will guide and comfort you!*

*Day by day, there will come to you
New faith, new hope, new light.
You'll find that stars unseen by day,
Shine through the darkest night*

*And though your heart is longing,
For the dear one who's at rest.
You'll know before the journey's end,
That God's dear ways are best!*

O'DWYER
(9th & 11th Anniversaries)



In loving memory of our parents John and Catherine O'Dwyer, late of 78 Ard na Greine, Clonmel, whose anniversaries occur around this time.

Always in our thoughts and prayers.

- Timmy, Mary, Andy, Michael and their families.

SMITH
(1st Anniversary)



In loving memory of my nephew Eric Smith, late of Boherduff, Clonmel, whose anniversary occurs on 22nd February.

His face is ever before us, his voice we cannot forget. His smile will linger forever, in memory we see him yet.

Always remembered by your Aunt Mary, Paddy and family.

PYKE
(19th Anniversary)



In loving memory of Marie Pyke, 5 Kickham Park, Clonmel, who passed away on 22nd February 2000.

May the winds of love blow gently and whisper for you to hear, how much we love and miss you and wish that we had you here.

Always remembered by your loving sons Leslie and family, Frankie and Adrian.

Mass at 1pm in Ss Peter and Paul's Church on Wednesday 20th February 2019.

SMITH
(1st Anniversary)



In loving memory of Eric Smith, late of Boherduff, Clonmel, whose anniversary occurs on 22nd February.

Will those who think of him today, a little prayer to Jesus say.

Always remembered by Melissa, Rocky and family.



Light a Candle...

A candle to remember, may it burn ever so bright

As we look to the heavens on this very night.

Beyond the stars, our dear loved ones soars

Embraced by their Savior on heaven's shores.

*As the angels protect them
and sing their sweet name*

We honor their life with the glow of this flame.

So we light this candle for our loved ones tonight

As a symbol of our love and their eternal life.

Rest in Peace



'We are struggling to keep young people in the country'

CONTINUED FROM PAGE 1

RSA statistics show that 35 of the 47 fatal crashes involving learner drivers between 2014 and 2017 involved unaccompanied drivers.

Acknowledging the statistics, Mayor Molloy hit out at Minister Ross for "hammering" rural Ireland and forcing young people to emigrate over the country's driving laws.

"I can see the difficulty of someone going for their test, failing and being allowed to drive having looked at the statistics on road deaths. However, it's scandalous in this day and age to be waiting four to five months to do the test. We are struggling to keep young people in the country! They are starting to emigrate because the process of getting a licence abroad is easier and there are more job opportunities.

"The minister is trying to make a name for himself the

past 12 months by showing that he is passing legislation, but he is really hitting the people of rural Ireland hard. Even with the drink driving laws, people are being breathalysed on the way to work in the morning - that's really getting in their faces! I accept that people shouldn't drink and drive, but half of it seems to be a way of getting word out there that the minister is cracking down hard on things."

Mayor Molloy wants Irish drivers to be able to get insurance from companies across Europe, suggesting that competition in the market would force Irish insurance companies to give more reasonable quotes. "The cost of insurance for a young person starting off in Ireland is astronomical. Some of the quotes being reported by young people locally are outrageous and even encourage them to take the chance of driving without insurance, but they are almost ruined for life if

they get caught because of the fine and endorsement on their licence.

"Claims should be de-

creasing since the new unaccompanied learner driver law was introduced, yet the price of insurance doesn't seem to

be coming down. In Ireland, we are hampered that there are only a small number of

companies providing insurance. The current system is very unfair," he adds.



Tipperary Musical Society's highly anticipated production Jesus Christ Superstar runs at Tipperary Excel from February 18-23. Tickets are on sale now from 062-80520. Helen Colbert once again takes on the dual role as musical director and chorus mistress, Miriam Ball reprises her role as choreographer, and Waterford native Bill Stafford brings a fresh new approach as director

Gymnast Kellie to compete in four events at World Games

Carrick-on-Suir gymnast Kellie O'Donnell will compete in four events at the Special Olympics World Games in Abu Dhabi in the United Arab Emirates next month.

The 24 year-old, who is daughter of Tara and Leslie O'Donnell, will compete for Ireland in the artistic floor exercise, beam, bars and vault gymnastic competitions.

She is part of a team of 91 athletes from Ireland who will be competing in the World Special Olympics Summer Games that run from March 14 to 21.

A total of 7,500 athletes from 170 countries are taking part in the World Games.

Kellie's passion for gymnastics began at the Special Olympic Club in Waterford, which she has been a member of since the age of eight.

She qualified for the World Games by winning a gold medal in the national Special Olympics in July last year. She won silver medals in 2006, 2010 and 2014.

Names of gold medal winners are entered into a pool of qualified athletes and only so many are picked out. Kellie was one of those chosen and is thrilled with the news. She is training six days a week for the World Games with a day off on Sundays.

Kellie trains at the Special Olympics Waterford Club two days a week and does two

days pilates with Ciara Conway in Carrick-on-Suir, which helps her balance and core muscle strength.

She also does high intensity classes at Carrick's 5 Star Fitness for two days with her mam Tara, who helps her with her bar training.

Kellie also enjoys horse riding, basketball, cycling and walking, and bakes cakes in Waterford three days a week. She is grateful to all who have supported and encouraged her to get to the World Games. They include her family, especially her mam Tara, who drove her to Dublin to weekend training camps over the years, her voluntary gymnastics coach Anne Marie Cahill-Byrne at Special Olympics Waterford,

and pilates trainer Ciara Conway.

A number of fundraising events have taken place in Carrick-on-Suir to help fund Kellie's trip to Abu Dhabi. Castleview Tennis Club in Carrick-on-Suir recently organised a fundraising tournament, which raised over €300.

Five Star Fitness raised €500, while Noel O'Donnell and friends from Carrick donated €250 from their annual charity soccer match on St Stephen's Day.

All in Carrick wish Kellie every success and her parents Leslie and Tara, brothers Jamie and Aaron, sister Clodagh, and extended family are very proud of her achievements.



Carrick-on-Suir's Kellie O'Donnell is a member of Team Ireland

Anthony's top tips on how to lose weight for your big day

Clonmel Park Hotel Leisure Centre manager Anthony Hewitt shares his top tips on how to lose weight for your big day.

TIP #1: DON'T 'DIET', JUST ALTER

It is far easier to alter or change your eating habits over time, rather than trying a whole new way of eating straight away.

Try over the period of a few weeks, weed out the bad foods and substitute them, one at a time with more desirable healthier alternatives.

For example, try removing sugar from your tea or breakfast cereal. It may take a week or two, but slowly reduce the amount you use each time, and before long your desire for it will decrease.

In short, take it slow and don't just throw the whole kitchen press out for a fruit bowl. Remember abs are first made in the kitchen, but it takes time and patience.

TIP #2: STAY CALM AND KEEP SLEEPING

Adequate sleep surges melatonin production which



is a body's natural antioxidant and prevents the accumulation of stomach fat and increases leptin sensitivity helping healthy weight man-

agement. Getting a good night's sleep is vital in any weight management programme.

TIP #3: MINIMISE REST DURING EXERCISE

During exercise your heart rate becomes elevated. A heart rate where you are working efficiently and at optimum capacity is known as your "training zone".

By reducing rest periods during exercise your anaerobic and aerobic systems are forced to work harder with little time to recover.

These factors combined, help you burn more calories and fat during exercise. Only rest for as long as it takes to recover enough so you can continue training as hard as possible.

REMEMBER, NO PAIN-NO GAIN

TIP #4: It's water you wear! Lastly, water makes up over 50% of our bodies and is used in all our bodily functions. Exercising depletes this vital element through sweat, evaporation and urine. Buy yourself a handy bottle

and drink throughout the day to feel replenished and you will feel the difference after two weeks.

Just like the diet, drinking water slow and steady wins the race to a healthy lifestyle that you can sustain.

For more information and advice on exercise and fitness, speak with the experts at Clonmel Park Hotel Leisure Centre on 052-6188733 or email leisurecentre@clonmelpark-hotel.com.

CAHIR DAY CARE CENTRE

Many of the Centres clients attended the recent Seniors Party where they enjoyed a wonderful night of food, entertainment, dancing and maybe a little tippie.

One of our clients Michael Burke received a special prize for being the oldest man at the party, congratulations Michael.

There was a fantastic crowd and many thanks to the Cahir Garda District for organising the party and ensuring everyone got home safe. Thanks also to Billy Coffey and Pascal O'Dwyer for their dedication to this event and we thank Billy Coffey for the donation of gifts to the Day Centre.

We had two lucky dip winners in the community lotto Pat O'Brien & Peter Fahey, congratulations to both.

CAHIR TIDY TOWNS

The daffodils are starting to appear around town and spring is in the air. This week we will see the new 'Welcome to Cahir' signs going up and they look very well indeed.

We would like to thank Cahir House Hotel and SAP Nurseries for sponsorship of the flower bed in front of the Hotel. This is an important flower bed in the town so no pressure on the design for 2019.

The woodland walk is near completion and some wild-flower seed needs to go in to be flowering for summer. We will now concentrate on getting St. Paul's back on track after the drought last year. We might have to rethink the planting scheme as this was a €6000 investment.

We continue to litter pick and touch up what we can during the next few weeks and will be back on full duty once the evenings improve.

MEALS ON WHEELS

Please note Cahir Meals on Wheels telephone number has been changed to 085-8226865. Cahir Meals on Wheels announce a new and improved service to the Cahir Community, beginning on 4 February. Meals are delivered 4 days a week from September to end of June. Anyone wishing to avail of this service, please contact above number.

WOOL DONATIONS FOR CANCER CARE

If anyone is getting rid of knitting wool it doesn't matter what colour or size. Please call Maurice on 087 7760766 or contact through Facebook or Messenger. The Wool is for making blankets, hats, scarves and gloves etc for cancer patients. If anyone wants to look it up Cork Cancer Care Centre is where the wool is being donated. Maurice is going to visit the centre to see what it is like on



Caroline scoops the Cahir GAA Club Joker Jackpot!

Cahir GAA Club chairman Pat O'Brien, Caroline Conron, winner Caroline Grace and Gerry O'Donnell at the Cahir GAA cheque presentation in The Galtee Inn last Sunday

Thursday 14 February. Any wool donations can be dropped into Cahir & District Lions Club Bookshop behind the Lazy Bean Cafe on the right hand side at the back or leave it Cahir House Hotel with Maurice's name on it. Thank you, all donations appreciated.

CAHIR MEET & TRAIN

The Group completed week 5 of the current Couch to 5km programme. Last week saw the group increase their training to a 25 minute Run. While there has been a substantial drop off since the first week, it's very encouraging to see how many have seen it through and to think that in 5 weeks they have progressed from 90second runs to 25 minutes shows what can be done when you persevere.

We look forward to a big turnout on Saturday 23 February for the National Operation Transformation 5km in Cahir starting at 11am. There are very few events allowed outside of Dublin and Cork so we are delighted to be hosts again this year.

Congratulations this week to Ann Marie Halpin who received her National half Marathon silver medal last weekend along with Cahir lady Aine Roche and another great supporter of our events, Keeley Tideswell.

We continue to meet on Tuesdays and Thursdays at 7.30pm and high vis vest is required.

ACTIVE RETIREMENT

Our Annual Lunch is in Cahir House Hotel on today, Wednesday February 13 at 2.30 pm. Mass will be said in the hotel at 1.30 pm. Our guest speaker is Alice Leahy, Director and Co-Founder of Trust, and we are looking forward to an enjoyable evening with prizes, music and entertainment. Classes in Chair Yoga and Art funded by the ETB will commence at the end of February. Anybody wishing to renew their membership must do so before the

end of February as we now have a waiting list for new members. We look forward to meeting you all.

Results of card game held on last Friday 8 February was as follows; winners with 9 Games were Jo Dyle and Tom O'Mahoney. Second with 8 games were Harry Tobin, Sheila Slattery, Red Burke and Kieran O'Brien. The next Game is on this Friday 15 February. All welcome.

CAHIR COMMUNITY LOTTO

There was no winner of the Draw that took place on Wednesday 6 February, 2019. The Draw was witnessed by Mary Guthrie. The numbers drawn were 1, 22, 27 and 29. The 4 lucky dips winners each receiving €25 were Ann Lonergan, C/o Day Care Centre Cahir Patricia Healy, Lisnagaul, Bansha Richie Rowe, Reiska Road, Cahir and the Hennessy Family, Ballydrehid. Congratulations to all.

The next Draw takes place on today Wednesday the 13 February in the Day Care Centre at 12 noon with results next week. The Jackpot is now €2,500 and tickets are available in the Enterprise Centre and in local shops too.

PARISH NEWS

Holy Family Mission, Glencomeragh House in Kilsheelan, invite you to their Family Day on Sunday March 3, from 10am - 3pm. The day will include Mass, music, drama, and input for parents and led activities for children of all ages. Lunch will be provided and all are welcome. For more info/book a place please contact Holy Family Mission on 052 - 613 3181 or email info@holymission.ie

Notice: Free conversational English Classes for immigrants take place every Tuesday in St. Mary's Parish Room. Time 7.30pm

CAHIR PARK AFC

TSDL Premier League - Clonmel Town 3, Cahir Park 1

We took a youthful squad to Clonmel Town for our final game of the season and well done to Adam Gallagher and William O'Dwyer on making their debuts with the first team.

The home team started the brighter and forced an early save out of A team debutant Adam Gallagher. The keeper once again kept Town at bay after 15 minutes. The home team continued to dominate and on 39 minutes took the lead through a dubious goal when Ian Cleary put them ahead. Half Time score 1-0.

The Park was hit with another sucker punch two minutes into the second half when Ian Cleary got his and Towns second. To our credit we didn't give up and pushed hard to get back into the game. In the 66 minute Town made the game safe when Craig Guiry finished from close range.

At this stage we had 4 youths on the field with William O'Dwyer making his junior debut also. We still kept fighting and we got a deserved goal if only a consolation when Shane Murphy finished to the corner on 85 minutes.

And so the curtain comes down on a successful return to the premier division.

TSDL Youth League - Clonmel Town 0, Cahir Park AFC 10

On last Saturday our Youths played their final League game of the season when they travelled to Ferryhouse to play Clonmel Town, the only team to take points off of Cahir this season. Having clinched the title a few weeks ago a full strength Park Team met a very young Clonmel outfit - effectively the Town's Under 16 team and ran out comfortable winners. Scorers on the day were: Cathal Berrigan with a Hat trick, David Brannigan and David Clifford both scored twice and William O'Dwyer, Tommy McDonagh and David Murphy each found the net. Well done to this young

Clonmel Town squad who kept going all afternoon without ever giving up.

With the league season completed, The Youths still have a Joe Delaney Cup Quarter Final (draw yet to be made) and a Tipperary Cup Final against Clerihan to look forward to. Munster Youth Cup Quare Final.

Next up in 2 weeks time on Sunday 24 February, the lads travel away in the Quarter Final of the Munster Youths where they will face a very highly fancied Tramore. Please travel and give the lads all the support you can in what promises to be a very difficult fixture. Cork City v Kilkenny Utd - We had the wonderful privilege on Sunday of hosting the Womens friendly between Cork City and Kilkenny Utd.

Before that we would like to thank the Cork City coaches who put on a great 3 hour coaching session with our Park girl's teams. We wish the best of luck to both teams in the coming season.

CAHIR GAA CLUB NOTES

U21 Football - On last Sunday morning we were in Monroe for our second U21 football match where we played Grangemockler/Ballyneale. Cahir were the slower of the two starting off but were in touch for the first half, a goal from Captain Ger Quinn helped our cause and at the break were three points down 1-04 to 2-04.

As soon as the whistle blew to start the second half a good move from our team saw Connor Cashman find the back of the net. More scores would follow back and forth for the rest of the match. The last kick of the game saw Stephen Grogan get our third goal to see the lads over the line for a good win to keep us in the championship. Final score Cahir 3-09 to 2-08.

Full team and scorers: Patrick O'Donovan, Colin McEniry, Christopher McDonagh (0-1), Eoghan Kelly, Tommy McDonagh (0-1), Patrick Meehan, Dylan Fitzgerald, Ger Quinn (1-1), Kevin Grogan, Conor O'Brien (0-2), Stephen Grogan (1-1), Nicholas Reidy, Alan O'Connor (0-1), Conor Cashman (1-0), Sean Murphy (0-1). Subs Used: Francie Delaney, Eoin Wyse, Jake Kiely (0-1).

Joker Draw - As you know by now, we had a winner of our big Jackpot of €10,400, last week and that lucky person was Caroline Grace. Well done Caroline and spend it well. This week our jackpot started off at a cool €4,000 and last Sunday we were in the beautiful surroundings of the Galtee Inn. This week's winners are as follows: Tracey Flood, Jimmy Murphy, Jack Malone, Sanita Vildae and Betty Halley.

Juvenile News - Parish League - Round 1 of the Parish League football got under way on last Saturday in Duneske. We had six teams competing and all six matches were played. The next Round, Round 2, continues on this Saturday 16 in Duneske at 2pm.

U15 South Tipp Divisional - Congratulations to Sean Leahy, Oisín Maher, Colin Barrett and Francie McDonagh who were part of the U15 Divisional Squad who played Mid Tipp in the Mick Crawley Cup Final last weekend. South Tipp fought hard throughout the game and was narrowly beaten by a point.

U14 Divisional Football - In the Dom Brown U14 Cup Final, South Tipperary played against North Tipperary. Congratulations to Dylan Butler, Tom Delaney and Jesse Kiely who were part of the South Tipp Divisional team that beat North Tipp in the Cup Final.

Inter-County - Another week of county league games last week with football being the main event. Our hurlers had a break so our county footballers took to the stage when they played Donegal in Semple Stadium. There was a great result and win for the county 3-9 to 0-13, with club man Liam Casey getting 1-1 to help the cause.

Ladies - Our ladies were also in action over last weekend when they played Dublin in division 1 of their league. Sadly it was not to be for our ladies and final score in that one was 6-09 TO 2-08. As we are on ladies football, big congratulations to club and county player Aisling McCarthy who made her debut for the Western Bulldogs down under last weekend. To top it off Aisling scored a goal to announce her arrival! Well done Aisling. It is a tradition in that part of the world that anyone starting for the Bulldogs gets a shower from their team mates after the game as they sing their anthem song and we are sure that was fun!

Congratulations to Kilkummin on winning the All Ireland Intermediate Club Championship, we know a proud Kilkummin man in our committee and that is Hughie O'Donoghue.

TABLE QUIZ

Ballybacon Community Alert will hold a fundraising General Knowledge Table Quiz in The Glenview Lounge, Goatenbridge on Friday next, 15 February at 9pm! Your support would be much appreciated. Monies raised will go towards the on-going cost of the Text Alert Scheme and other activities of the Group! Tables of 4 - €20 and there will be a raffle and prizes on the night

CLONMEL

Al Anon

Is your home unhappy because someone you love drinks too much? There is help available. Local meetings at Clonmel Resource Centre on Tuesdays at 8pm and at St Mary's Day Care Centre on Thursdays at 8.15pm.

Probus

Next meeting in Raheen House Hotel on February 21 at 10.30am with a talk entitled 'GROW and mental health' by Sr. Gertrude. Contact Jim Trehy on 087-9608713.

Daffodil Day

Clonmel Daffodil Day Group will hold a coffee morning at Clonmel Greyhound Stadium February 23 at 10.30am to launch their fundraising drive for the year. Essential services funded by Daffodil Day include free counselling sessions to help people cope with a cancer diagnosis, transport for cancer patients to receive their chemotherapy provided by volunteer drivers and end of life care from dedicated night nurses.

GIY

Planning, potting up, pruning and planting! Get your hands dirty with us and start preparing your vegetable garden. GIY monthly meetings resume on February 27 at 7pm in Clonmel Library.

Golf Club

MEN'S NOTES CHOOSE YOUR PARTNER

After losing last week due to the inclement weather, the course was again a hive of activity with 58 pairs teeing up on Saturday and Sunday in the 4th leg of the Choose Your Partner series. The format this week is a 2-man scramble and the competition continues until Friday next.

On Saturday next February 16th Round 5 commences with a "Mullinahone" fourball. This is a novel format which sees both partners playing the hole in a stableford format and then multiplying their scores to determine the team's score at each hole.

So far in this series there has been 185 players playing in at least one round which is a huge turnout and the format seems to be very popular with members.

The top 40 and equal will qualify for the March final which will be run as a singles stableford. So, if you haven't played yet it is still not too late to join in and qualify for the final.

TABLE QUIZ

The club's now annual Table Quiz / Social night takes place in The Clubhouse on Friday night, March 8 at



There was a fantastic turnout for the annual Carrick-on-Suir Credit Union Schools Quiz at the Carraig Hotel. Pictured are the Gaelcoil Charraig na Siúire team of Millie Ni Fhinn, Lucas Ó Daighneain, Gearóid Ó hAlluráin and Cillian Breathnach who won the under 11 category

8pm. This promises to be an event with the emphasis on fun and a social occasion and first prize is kindly sponsored by newly opened The Bunker Restaurant. Members are asked to support this event so why not see if your regular fourball can answer a question or two by organising a team for the night. All are welcome.

LOTTO

The club lotto has reached 5 figures with the prize fund now at €10,100. Last week's jackpot was not won while two matching 3 receiving €50 each. Numbers drawn were 1,5,9, 13. Next draw on Saturday at 4.45pm in the clubhouse.

LADIES NOTES

February 2 and February 6: 1st. Betty Lonergan (20) 22pts. c/b; 2nd. Breda Hogan (31) 22pts.

FIXTURES

February 9 and February 13 - Weekly Competition. Draws at 9-9.15am, 10-10.15am & 11am

The 12 On Going and the Winter League can be played at all times.

FUN SCRAMBLE

The Fun Monday Scramble will continue every Monday morning. Draw at 10.30am. This is sociable, fun morning, 3 Person Scramble, 9 Holes. Coffee and chat in the club house after.

Looking forward to seeing as many as possible take part.

WINTER LEAGUE

The Winter League will run until Mid-March. This will give plenty of time to complete the required four rounds. The teams are now up in the Ladies Locker Room. Please try and get your games started...this fine weather might not last. You can play as often as possible.

Best 3 Cards to count.

Congratulations to Katherine Morrissey who has been selected to play for North Munster in an upcoming match against South Munster.

DATES FOR THE DIARY

Minor Alliance: The Minor Alliance will be held at Clonmel Golf Club on March 25 (Monday)

Lady Captain's Day: Lady Captains Day: June 29. (Saturday)

Brian Boru Golf Classic

Brian Borus Senior Ladies Football Team are holding a Golf Classic in Cahir Golf Club on Friday and Saturday, April 11 and 12, 2019. This is the first venture by the club into a golf classic and we are hoping the public can assist in our fundraising efforts.

We would be very grateful for any contribution you might make to ensure our fundraising event is successful.

Tee box sponsorship is available for €50 per advert, also should you wish, we enclose some team entry forms-cost per team €160.

All sponsors names will be displayed prominently on the day of the Golf Classic - both in the clubhouse and on the course. Sponsors names will also be displayed at club functions throughout the year.

If you have any further questions, please contact fundraising committee members Pat Burke, Marie Davey, Mary Condon and Eileen Myles.

CARRICK-ON-SUIR

Brewery Lane

A free two-night drama workshop for adults will be by

run Rose Anne Glascoot at Brewery Lane Theatre in Carrick-on-Suir this Thursday February 14 and next Thursday, February 21.

The workshop is for anyone with an interest in acting, directing or backstage involvement in the Theatre. Please contact 086-1274736.

Brewery Lane Drama Group's AGM takes place on Monday, February 18 at 8.15 pm.

All are welcome. The Drama Group is hoping to attract new members of all age groups.

Carrick Swan GAA

Carrick Swan senior hurling team has found out what teams it will play in Division Two, Group One of the revamped County Senior Hurling League.

Their opponents will be Templederry Kenyon's, Silvermines, Holycross-Ballycahill, Clonakenny, St. Mary's, Cashel King Cormac's, and Borrisokane in Division Two, Group One of the revamped County Senior Hurling League.

The Club's adult hurlers played Clonea in a challenge game in Davin Park last weekend as part of their preparations for the season ahead.

MINORS

The Swan Minor footballers expect to play their first game this weekend.

NEW PITCH

Grass on the Club's new playing pitch at Ballyrichard was cut for the first time last Thursday.

Some nutrients were also added to the soil to help with grass growth. The grass is maturing nicely at the moment.

All club members are invited to a mass in St Nicholas's

Church in Carrick-on-Suir on March 13 for all the sports clubs in the parish.

CONGRATULATIONS

Well done to Oranmore-Maree, who won the All-Ireland Intermediate Club Hurling Final in Croke Park on Sunday last.

The Swan Club hosted their U-14 team for Féile na nGael in 2016 which was a great experience for everyone.

LOTTO

The Club's lotto jackpot of €7000 wasn't won last week. Four players matched three numbers and won €50 each. Numbers drawn were 07, 16, 19, 25. This week's jackpot is €7,250.

LATE JACKIE O'NEILL

The Club was saddened to learn of the passing of Jackie O'Neill formerly of Town Wall and 33 St Nicholas Park, who recently died peacefully in Devon, England in his 83rd year.

Jackie emigrated to England in the 1950s but never lost his love for the Swan Club.

He came from a loyal Swan family. When he visited home, particularly in the 1970s and 1980s, he enjoyed nothing more than watching Swan teams play.

He was a wonderful conversationalist and was great company. He was particularly proud of his uncle, the late Jock Barry, who of course was on the 1947 county senior hurling team.

His loss will be felt most of all by the O'Neill family to whom the Club extends its deepest sympathy. Ar dheis Dé go raibh a anam dílis.

Davins GAA Club

The upgrade of Carrick Davins GAA Club's changing room is nearly finished.

New flooring, benches and clothing pegs are being installed in the revamp.

Mass will be celebrated in the Davin Club on Wednesday, February 20 and there will be a Mass for all sports clubs in the town in St Nicholas Church on March 13.

The club's lotto jackpot wasn't won last week. Numbers drawn were 6, 14, 16, 23. One player, Bernie Walsh from Woodland Heights, matched three numbers and won €200.

Fostering Information event

Fostering First Ireland is hosting an information event on becoming a foster carer in Carrick-on-Suir's Nano Nagle Community Resource Centre on Tuesday, February 19 from 11am to 1pm.

A fostering advisor will be available at the information session to answer any visitors' questions. For more information on visit www.fosteringfirstireland.ie.

Children's Charity gets crib donations

Tony and Mary Fitzgerald of Ash Park, Carrick-on-Suir thank everyone who visited the beautiful illuminated crib at their home over the Christmas period and generously donated to their designated charity the Make a Wish Foundation. A total of €572 was donated and has been presented to the charity.

Comeragh College

Forty-three Comeragh College students, who completed their Junior Cert exams last year, were presented with Junior Cycle Profile Achievement Awards at their school.

The JCPA awards consist of the State examination results, classroom-based assessments results and other areas of learning including extra-curricular activities.

The ceremony took place at the school on Tuesday, January 29, and was presented by Transition Year students Jake Hanrahan, Roisin Torpey, Nichole Vaughan and Taylor Hanlon.

The event was attended by Principal Kevin Langton and Deputy Principal Ms O'Donovan Ryan and organised by Ms Emily O'Dwyer, Dylan Murphy, Alina Urban, Evan Dignam and Conor Oahey of Comeragh College.

The students thanked Year Head Mrs Eimir Blackmore for all her dedication and support throughout the three years and they also thanked school secretary Elaine O'Dwyer.

LOCAL SPOTLIGHT

Send community news/photos to dylan.white@iconicnews.ie

KILLENAULE

SINN FÉIN MEETING

Tipperary Sinn Féin are holding a public meeting on Monday, February 11 at 8pm in Gortnahoe Community Centre.

We invite everyone to come along to discuss local issues in the region of Gortnahoe, Glengoose, Ballysloe, Ballynonty, Littleton, The Commons, Ballingarry, Two Mile Borris and surrounding areas.

COFFEE MORNING

A coffee morning and cake sale in aid of Killenaule / Moyglass Lourdes Invalid Fund on Sunday, February 17 in St. Mary's Hall, Killenaule after 11am Mass. Donation of cakes/ buns would be appreciated / any unwanted Christmas gifts for the raffle.

ST. MARY'S CENTRAL NS

Enrolment Open Night on Wednesday, March 13 from 6-8pm.

G.A.A. SOCIAL

Don't forget the Killenaule GAA Social on Saturday night next, February 16 in The Anner Hotel, Thurles.

WOMEN'S GROUP

Killenaule Women's Group are hosting a 10 week Health & Wellbeing Programme Thursday mornings 10.30 to 12.30 in the Adult Education Centre Killenaule - €2 per session. To book a place contact Julie on 052 9157992. This Programme is supported by Tipperary ETB.

BRIDGED

Results Thursday January 24t: 1st Noreen Kealy & Teresa Norton, 2nd Eileen Frewen & Marie Delaney, 3rd Tom & Kathleen Simpson, 4th Mgt. Mary McCormack & Padraig Mullins.

Thursday January 31: 1st Alice Gleeson & Marie Delaney, 2nd Jimmy Lahert & Joe Dufficy, 3rd Margaret Mary McCormack & Padraig Mullins, 4th Claire Ryan & Mary Quinn.

Congratulations and well done club player Cian Johnson who won the Tom Collum Cup with the U16 South Tipp team recently.

KILLENAULE GAA

Well done to U14 South Tipp team including Killenaule players Finn Nolan, Fionn Fitzgerald, David McCormack, Oisín Shelly and Nathan Barrett who won the Dom Browne Cup.

NEW INN

STEPHEN'S BUCKET LIST

Benefit night in aid of Stephen's Bucket List is on Saturday, February 23 in Cahir House Hotel. Doors open at 9pm. "Rebel Hearts" band will be playing and there will be a raffle on the night. Tickets are on sale for €15 and can be got from Cahir House Hotel, M1 Purcell, The Shop, New Inn and Eamon Gleeson Tyre & Garage in Cahir. For more info on Stephen's bucket list you can check out



John Fogarty and Gerard Healy retired from Corman Miloko in Carrick-on-Suir recently. Back l-r: Richard Lyons, David Walsh, Michael Halpin, Gerry Walsh, Martin O'Neill, Kevin O'Brien, Sean Lonergan, Lorraine O'Gorman, Sandra O'Neill, James Geraghty. Middle: Chris Bowles, Madge Healy, Gerard Healy, Neil O'Dwyer, John Fogarty, Nina Fogarty, Terence Carey. Front: Tommy O'Shea, John Russell, Michael Quirke, John Hickey, John Walsh, Robert Dunne, Eoin Carey

his Facebook page or you can contact Nicola on 085 1669513.

NEW INN COMMUNITY CENTRE (NICC)

Work will be starting on the third week in February. Once building works start, there will **NO access** to the hall. For any more info please contact Hall Committee Secretary: Breda O'Donnell on 086 1203438 after 6 pm. Extension to the hall will include toilets & showers for all, new entrance and meeting room.

CYCLE AGAINST SUICIDE

The 2019 cycle will take place around Ireland between Saturday, April 27 and Monday, May 6 (Bank Holiday). It passes through New Inn on Friday, May 3 before going onto Cashel. We are looking for home stays in the New Inn area (B&B) for the night. If interested, please contact Co-ordinators Mary O'Connor on (086) 3778884 or Zoe O'Connor on (087) 266 5083.

CAMOGIE CLUB

Our Health & Conditioning training continues every Monday night in Rockwell college from 7.30 to 8.30pm. Registration forms are given out in the schools can be returned to Evelyn O'Donnell or Annette Carroll. Forms can also be returned on Monday, February 18 at Rockwell College. Forms and monies to be returned together. Also, if anyone wants just to call to Rockwell college gym (back of swimming pool) on February 18. All ages will be back in action shortly, with our U16s already out training every Saturday from 10-11am.

PROGRESSIVE 25

Joint winners last Wednesday, February 6 at the Old School, Knockgraffon with 11 games each were Chas Keane & Tom Tobin and Kitty Byrne

and Bernie Farrell. Cards 8.30pm.

SCHOOL ENROLMENT

Scoil Mhuire Gan Smál, New Inn is now accepting applications for enrolment for September 2019. Please contact the school (052 7462122) for an application form or alternatively you may download it from our website: - www.newinngirls.school.ie. Closing date for receipt of application forms, together with a copy of your child's birth certificate, is next Wednesday, February 20.

NEW INN TIDY TOWNS

If you have an hour to spare, we are meeting at the Grotto at our usual time of 11.30am this Saturday, February 16.

OPERATION TRANSFORMATION

Thanks to all the 125 walkers who joined the Operation Transformation walk last Thursday evening. It was another enjoyable evening with a great community atmosphere.

On Thursday evening Tipp Footballer Jennifer Grant will do the warm up.

WOMENS GROUP

Monthly meeting on Tuesday, February 19 at 8pm in the GAA Club house. Guest speaker re: Beauty Access Techniques. Membership €30 is also due and will be taken up.

LADIES FOOTBALL

Physical Fitness training continues every Monday evening in Rockwell College gym at 7.30pm. Club Officers travelled to Croke Park last Saturday as part of the Club2Gether programme which will assist us to build a sustainable and successful club for all our girls. We are looking forward to a lively year ahead from u-6 challenges & blitz right up to u-14 competitive matches. Also

coming soon U-6 & U-8 Girls Football Six Week Indoor Skills Camp. Please contact one of the coaches or Martina (087) 6340133 for further information. New members welcome from U6 to U14.

ROCKWELL ROVERS LOTTO

Saturday, February 9 results from Ollie's bar the no's are 3, 8, 9 & 31. No winner.

Lucky Dips x 4 : (Blue & White) Sean O'Carroll, Sean & Mary O'Donnell, Philly Fahey and Johnny Fahey to be entered a draw for €500 on Saturday 2 March.

Sellers x 4: Sandra English, Wally O'Donnell, Philly Fahey x 2 to be entered a draw for €100 on Saturday 2 March.

Jackpot is €6,800 and draw in The Rovers Inn on Saturday, February 16.

ARDFINNAN

CARDIAC PULMONARY RESUSCITATION DEMONSTRATION

Ardfinnan Community Council is organising a demonstration in CPR and the use of a defibrillator. It will be held in Ardfinnan Community Centre on Friday, March 1 at 8pm. Facilitator is T.J. White of South Tipperary General Hospital. Admission is €5. All proceeds will go towards the purchase of both an outdoor heated defibrillator cabinet and a second defibrillator for Ardfinnan. Please support this very important training for the public which is vital for the saving of lives. Donation boxes are available throughout the village. Please give generously to this important fundraiser.

TIDY TOWN COMMITTEE

The Annual General Meeting of Ardfinnan Tidy Towns Committee will be held on Thursday, February

21 at 8.30 pm in Ardfinnan Community Centre.

LECTURE

Pieces Of Our History Through Paintings and Literature from a Local Perspective: Ardfinnan Community Council is delighted to host this lecture by Paul Buckley which will be held in Ardfinnan Community Centre on Friday, March 15 at 8pm. Paul, from Cahir, is a graduate of University College Cork. He is an author and historian. Admission is free and light refreshments serve

GRANGE

PROGRESSIVE 25 DRIVE

February 6, 2019: 1st Agnes Hyland & Shay Hughes; 2nd Brian Purcell & Donal Keating

Raffle: Agnes Hyland, John Phelan, Alice Hally, Donal Keating.

GRANGE COMMUNITY COFFEE MORNING

The first monthly Grange Community Coffee Morning for 2019 took place on Wednesday, February 6 from 9.30 to 12 at the Community Hall.

NEW DEFIBRILLATOR AND TRAINING

The order has been placed by the Grange Development Association for the AED/Automatic External Defibrillator and heated cabinet which will be placed on the wall of the Community Hall this coming week. Sophia Doheny is gathering names and making the arrangements for training at Grange School on Tuesday, February 19 at 6 pm. We particularly want volunteers from the village and surrounding areas to train in using this life saving device.

Please contact Sophia asap at 0871938823 if you want to do the training or for further information. The

total cost for this community project is €2,599.60 which will be paid using the funding received from Tipperary County Council, Clonmel Lions Club and proceeds from the table quiz organised by the Doheny family.

COMMUNITY WALKWAY

The good news is that the walkway is being used regularly by all age groups in the community and also by the children, parents and staff at the school. There is an enthusiastic and committed parents' group who meet on Monday, Wednesday and Friday mornings at 9.30. to walk, jog or run on the walkway and local roads. Spread the word. Arrangements for the official opening of the walkway will be discussed at our AGM in March.

NEW SIGNAGE FOR FIELD AND WALKWAY

An aluminium sign for the Field and Walkway will be put up this week on one half of the entrance gate to the field and walkway and signs for the agreed Rules and Requests will be put on the wall beside the entrance gate. The children in Grange School have been invited to submit their suggestions for a suitable motto for the field and walkway. The closing date for entries is Friday, February 15.

TIDY VILLAGE AND TÚS WORKER

Please get your plans and ideas for 2019 ready for discussion at our AGM. Our TÚS worker Richard Quirke is doing great work keeping the village tidy and attractive.

PA QUIZ

The Parents' Association are organising a table quiz on Friday, February 22 at 8 pm in Grange Community Hall. All proceeds are going to the Grange Community Council for the upkeep of the hall.

AGMS OF GDA AND TIDY VILLAGE GROUP

The AGMs of the Grange Development Association and Tidy Village Group will be held on Monday, March 4 at 8 pm in Grange School. Come along to show your support for the current community projects organised by the Development Association in co-operation with local organisations, the school and wider community and to discuss ideas and recommendations.

GRANGE NS ENROLMENT

Reminder that closing date for enrolments for Grange NS is February 15. Enrolment forms can be found on our website www.grangens.net or by contacting the office at 052 6138252 or nsgrange1956@gmail.com.

TABLE QUIZ

The Ballybacon Development Association and Community Alert will hold a table quiz in the Glenview Lounge Goatenbridge on Friday night, February 15 at 8.30pm. Table of 4 €20 Juvenile Table of 4 €10.

LOCAL SPOTLIGHT

Send community news/photos to dylan.white@iconicnews.ie

NEWCASTLE

TABLE QUIZ

Ballybacon Community Alert will hold a fundraising General Knowledge Table Quiz in The Glenview Lounge, Goatbridge on Friday next, February 15 at 9pm! Your support would be much appreciated. Monies raised will go towards the ongoing cost of the Text Alert Scheme and other activities of the Group! Tables of 4 - €20 and there will be a raffle and prizes on the night.

JUNIOR SCÓR

We wish continued success to our junior figure dancers who are completing in the All Ireland finals of Scor taking place in Castlebar, Co Mayo this coming weekend.

MUINTIR CLUB DRAW

The Muintir na Tíre 300 Club Draw will take place in the Community Hall on Wednesday, February 20 and all are welcome. New draw will commence in March.

Powerstown/Lisronagh

BAPTISMS

We welcome into the Christian community of Powerstown Samuel Augustin and Pippa Holly Slattery and we congratulate their parents Richard and Sharon.

RATHKEEVIN ICA

Monthly Meeting Wednesday 20 at 7.30pm.

Catering: Poppy Group, Maureen Flynn, Mary Kirby, Kathleen Hogg and May O'Dwyer. Competition: Toy Made from Sock. Guest Speaker: Gráinie from Zip Yard.

Gráinie will be showing us how to up recycle our clothes so if you have an item you need advice on bring it..

TABLE QUIZ

Thursday February 21 at 7.30 Mulcahy's Clonmel. Table of 3 €15. Winning team will represent South Tipperary Federation at An Griánan on March 30.

BAKING COMPETITION

Gempack Baking Competition: Oxford Lunch Cake - 2 lb Loaf Tin using Gempack products with proof of same. Judging will take place at Table Quiz on February 21 with winner to represent South Tipperary at An Griánan on March 9. Full Details from Betty Williams 0868609173.

PARLEZ VOUS FRANCAIS?

International Women's Day March 8 Minella Hotel Clonmel €35 Dinner Music International Guests. Rathkeevin have been allocated France so any ideas for our table please discuss at meeting.

RATHKEEVIN CARDS

Winners of the weekly card game held on Thursday February 7: Jim & Mary Garrett on 12 games; Jim Phelan & John Donovan; Michael Prendergast & Kate Hallinan; Nuala Hogan & Eileen



Margaret Moroney has retired as postmistress of Clogheen Post Office. She was presented with a token of gratitude by Cllr Marie Murphy, Margaret Moroney, Mattie Maher, PJ English and Colm Brown

Howley; All on 10 games

Table Prizes on 19th & 20th games John Phelan & Paddy Franey with Ann Dowling & Mary Ann Healy.

Cards again on Thursday February 14 at 8.30 pm.

POWERSTOWN N.S

Powerstown N.S. is currently enrolling new pupils for September 2019. Please contact the school secretary for forms on 052 6123178 or email powerstownns@gmail.com

MULLINAHONE

CREDIT UNION QUIZ

Congrats to the Mullinahone U11 team of Killian Bolger, Eve Rowan, John Costelloe and Ned O'Meara who came first in the Clonmel Credit Union Quiz recently. The U13 team finished fourth in their competition.

DARTS

The Well, Fethard defeated The Stack of Barley, Mullinahone in the Tipperary Darts League last weekend. Next up for Eamon Bretts team are Gibbs of Ballypatrick in a tie which was postponed recently as a mark of respect to the late Teresa Hickey R.I.P. whose husband Paddy and son Kevin play for the Stack of Barley.

GAA CAR WASH

A massive thank you to everyone who made the recent Car Wash a great success. All of the funds raised will go towards gym equipment.

Special thanks to Lonergans Gala for providing much needed nourishment on a cold morning, John Shelly, Powerwashing for supplying all the equipment and T.J. Macs Bar for sponsoring the event.

Reminder to all that membership for 2019 is now due. Please contact membership

officer, Rita or any club officer. It would be great to be able to welcome some new members into the club in 2019.

U21 FOOTBALL

The U21 football game Mullinahone C.J.K. v. Ballyporeen/Clonmel Og did not take place on Sunday last as arranged with Ballyporeen giving a walk over to the locals. We now await the decision of the South Board re. future progress in the competition.

LOTTO RESULTS

The last local lotto jackpot draw took place on Monday February 4. The numbers drawn were 11,26,27 and 28. We had no jackpot winner nor did we have a Match 3 winner, so Lucky Dips were drawn. The dippers were Bridget Fennelly, Johnny Mullally, S. & J. Birmingham, Donal and Claire and Bee Cahill who shared €150. Next draw will take place on February 18 when the jackpot could be worth €5,950. It could be won for only €2.

KILSHEELAN

KPLAN

KPLAN Community Centre: Facility available for bookings, we have new email set up. KilsheelanCommunityCentre@gmail.com - Thank you to everyone using the new booking system. We would appreciate, if anyone has to cancel, to also use the email to log the cancellation.

Fitness Class: On Monday nights, kindly contact Graham on 087 4324058.

Yoga: On Wednesday evenings, please contact Muireann on 083 4371710 to book your place or for further information.

Other Activities: For information on the Irish Dance class, Foroige, Active Retire-

ment meetings, please email in your query.

DEFIBRILLATOR COURSE

KPLAN are delighted to avail of the services of local expert William Lonergan who will deliver the course. Its for all groups who are using the Centre, KPLAN hope to encourage many householders within the village and further afield to attend. You will never regret possessing such vital information. As William is one of the ten male dancers and with a little competitive edge now creeping into the dance practice, William will defer the course until Strictly is over in April. Once again KPLAN would like to publicly thank local firm MSD for their kind sponsorship of the defibrillator; you never know someday this machine may save someone's life.

KILLURNEY SPORTS & SOCIAL CLUB

February committee meeting will be held on Monday 18 at 8.15pm. Membership fees for the coming year can now be paid.

KILSHEELAN N.S.

To enrol your child for September 2019 please contact the school either by calling in person or ringing the office on 052-6133317 (9am - 2pm).

LADIES ARE 45!

Kilcash Ladies Club will celebrate 45 years of Club activities in the parish this month. For this very special occasion we will have Mass at 7pm in Kilcash Church followed by a celebratory dinner in the Community Centre on Friday March 8. Three course meal at €25 per person. All are cordially invited.

Please contact any Ladies Club member if you are interested or phone Phil Flood 052 6133171 or Margaret O'Keefe on 087 3811723 for further de-

tails.

CLOGHEEN

COMMUNITY HALL AGM

Clogheen Community Council will hold their Annual General Meeting in St Pauls on Saturday, 16 February at 7pm. The renovation during the last year carried out in St Pauls Community Hall has been admired by all, from a complete painting of the main hall to the purchase of over 200 seats, and many impressive plans for the year ahead, we would urge everyone to make a great effort to attend the AGM. We need a strong committee of young and not so young to progress the plans and work as a UNITED team to make this wonderful facility the gem that it is. Please pass the word to your family and friends and lets work together.

POST OFFICE TO CLOSE

As Clogheen Post Office is set to close this Friday, February 15, a big thank you to each and everyone who tried in vain to keep a service going in Clogheen. Sadly An Post had different ideas. I would like to thank Colm Brown XL Clogheen who has installed an ATM in his shop and also has a Post Point to facilitate Post Offices customers.

AGNES SAYS THANKS

Agnes Maher Barrack Hill Clogheen would like to say a huge thank you to everyone who sent mass cards, gifts and get well wishes over the course of the past weeks and months, it is greatly appreciated. Thank you.

TABLE QUIZ

Ballybacon Community Alert will hold a fundraising General Knowledge Table Quiz in The Glenview Lounge, Goatbridge on Friday next, February 15 at 9pm! Your sup-

port would be much appreciated. Monies raised will go towards the ongoing cost of the Text Alert Scheme and other activities of the Group! Tables of 4 - €20 and there will be a raffle and prizes on the night.

NURSES STRIKE

Last Thursday from 12 to 2pm the nurses joined their colleagues and placed a picket outside St Teresa's Hospital, Clogheen. The nurses were joined by Dr O'Reilly and the receptionist Ann Marie. The Day Care Centre supervisor Lorraine Taylor and Chairman PJ English, Rita and Ollie Keaty. We support the nurses in their endeavours to be treated fairly.

BRIAN BORUS REGISTRATION

Our registration night will be held on Thursday, February 21 from 7-8.30pm in Ballylooby clubhouse. New members always welcome.

BURNCOURT

HOSPICE COMMITTEE PRESENTATION

Presentations were made from Burncourt Hospice Committee last Friday night in Ryan's Bar, Burncourt. €20,000 was presented to South Tipperary Hospice with €5,000 being presented to Marymount Hospice. This is the culmination of a number of fundraising events over the last three years for which the local committee is very appreciative.

Aside from these presentations, €9000 is being held by the committee to add to the facilities when the new Hospice Suite in St. Theresa's Hospital is complete.

GRANDPARENTS' DAY

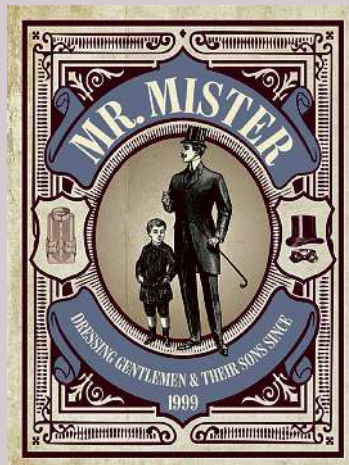
As part of Catholic Schools Week, Grandparents' Day was held in Burncourt National School last week. It was a lovely occasion with Mass celebrated and tea and chat to follow in the local school. Thanks to Fr. Bobby for celebrating Mass, to Maureen for preparing the church and to all the grandparents who were present.

BURNCOURT YOUTH CLUB

Burncourt Youth Club is up and running in Burncourt Community Hall on Fridays from 7.30pm to 9.30pm for young people from 12 years upwards. This is the place to go to catch up with friends, have some fun and chill out and also enjoy some refreshments. For further information contact 0868196733.

TIPPERARY DECADE OF COMMEMORATION

Burncourt Community Council is planning an event to acknowledge Tipperary Decade of Commemoration. If you would like to be involved in this event please contact any community council member. Anyone who has memorabilia from the period or a story to tell would be most appreciated.



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